

## CHASE CURLING CLUB

### COVID-19 – OPERATING/SAFETY PLAN

The Chase Curling Club has developed its operating and safety plan in compliance with both Government orders and guidelines provided by viaSport, Curl BC and Curl Canada. Input was provided by our members as well. The Chase Curling Club Board of Directors also met to work out a budget to determine if it would be financially viable to operate in the 2020 2021 season with the restraints caused by Covid-19 regulations while ensuring the safety of our members based on the guidelines and regulations provided.

Our goal is to provide a safe recreational environment for our members. The guidelines we are providing are subject to change based on the ongoing coronavirus requirements issued by the Provincial Health Officer, Minister of Public Safety, Solicitor General, WorkSafe BC, viaSport, Village of Chase, CurlBC and CurlCanada

#### **Return to Curling - Safety and Behaviour**

Our Safety Plan is based on **5 principles** - Personal Hygiene, Stay home if you are sick, Environmental Hygiene, Safe Physical Interactions, and Physical Modifications.

1. Personal Hygiene - handwashing upon entrance to the curling rink, utilizing the sanitizer prior to your game and upon completion. Cough into your sleeve, wear a non-medical mask (this is a personal choice; note that SportMedBC does not recommend wearing a mask while sweeping). No handshakes.
2. Stay Home if you are sick - Anyone with any symptoms must stay away from others. If you are a returning traveler you must self-isolate for the mandated period as per the BC Government before coming to our club. If a member of your team is ill and they show up to curl, we request team members ask their teammate to go home.
3. Environmental Hygiene - more frequent cleaning of the curling club lounge area and ice surface area. enhanced surface sanitation.
4. Safe physical interactions - At the club keep groups small, maintaining the proper physical distancing of 6ft/2m at all times on and off the ice. Remember the bigger the space the better.
5. Physical modifications - spacing within rooms, room design, movement of members within spaces, closure of congested areas.

## **ILLNESS PROTOCOL**

1. Appropriate notices will be posted at the entrance. We expect that people will respect others and not come to the Curling Club if they are experiencing any Covid-19 symptoms or if they have a reason to be in isolation. Specific guidelines are in the attached Participant Agreement.
2. Plan for a case or an outbreak. If we have someone develop symptoms while at the rink or after having been at the rink we will contact 811 immediately. From there we will follow their instructions.
3. After contacting 811 we will also inform the Village of Chase and notify members via email. Personal information will not be divulged.
4. All participants will be required to sign the Covid-19 Participant Agreement at the time of registration and will be required to sign in when they come to the club. In this way we'll have a record of who was at the club at any given time.

## **REGISTRATION**

Online is available for this season using the forms on the curling club web site. E-Transfer info will also be available on the website. As there are some members unable to proceed with the online process, arrangements can be made to complete the registration with Jan Winfield by phone or email. If registering in person, both parties must wear PPE and use hand sanitizer prior to and at completion of the registration.

## **CLUB OPERATIONS and SAFETY PLAN**

### **PRIOR TO GAME TIME**

1. Come to the rink ready to play. At home (i) do your warmups and stretching prior to coming to the rink and (ii) check the schedule to see what sheet you are on and what time your draw starts.
2. You will be able to enter the rink 15 minutes before your game time no sooner.
3. For the Wednesday night and Friday morning leagues there will be staggered start times. The games on sheets 1 and 3 will start at the regular time and the games on sheets 2 and 4 will start 15 minutes later. This will reduce congestion and allow for physical distancing while you prepare to go out on the ice.
4. Locker rooms are closed. Carry your broom/stick and shoes to the rink and bring your own water bottle There is no water cooler available at the rink.
5. SANITIZER is provided. Chase curling club will provide accessible handwashing facilities and sanitizers throughout the facility. Please sanitize your hands upon entrance to the building with the sanitizer provided. Reminders to wash hands often, sanitize often and posters to illustrate the proper technique will be provided.

6. There will be no league boards utilized in the lobby area. There will be a large whiteboard as you walk into the entrance area to the ice. Your game will be listed on the board with the sheet you are playing on.
7. Since the locker room is closed the dance floor area upstairs will be set up for putting on your shoes and getting ready to go onto the ice there will be room to store your shoes and broom bags in this area also. Try not to linger in this area, go to your ice sheet as soon as you get your shoes on.
8. MASKS - Masks are required when you enter the building and should be worn until you go out onto the ice. SportMedBC does not recommend wearing a mask when sweeping
9. PPE will be available for the volunteers maintaining the ice and facilities for use if physical distancing is not possible. Physical Distancing signs and clear directional signs have been installed throughout the facility.
10. Washrooms are provided. The maximum occupancy is 1 person per washroom. If you enter and see there is someone else in the washroom, please practice physical distancing and wait for the washroom to clear Washrooms will be sanitized on a regular basis and a sheet indicating the times will be posted outside the washroom area with the date, time and initial.

#### **ON THE ICE**

1. All potential high touch objects have been removed including rental brooms, sticks, stabilizers and sliders. No sharing of stabilizers or brooms. leaving the ice
2. The water cooler has been removed.
3. No handshakes, 3rds proceed to toss coin (bring your own). A friendly wave of good game is encouraged.
4. Each team designates 1 player to sanitize their stones. Sanitizer is provided behind the sheets.
5. The team with the hammer proceed to the indicated markers between the 2 hog lines and stay on the indicated marker until the rock and sweeper have moved past the hog line at the far end. Skip with hammer will proceed to the far end and take position on the backboard at the far end.
6. The team without the hammer proceed to position, one sweeper, one thrower, Skip at the other end, 4th player (if applicable) stands behind the thrower on the backboard.
7. Each curler throws the same 2 rocks the entire game. If for some reason there is a change, you must re sanitize your own throwing rocks.
8. Neither Skip is allowed to sweep behind the tee line. The throwing team sweeper who has followed the rock down the ice is the only sweeper to sweep the moving stone to the end.
9. Scoreboard The Skip of the Team with the hammer in the first end is responsible for the scoreboard for both teams. The numbers will be sanitized prior to your game.
10. Scoring All players physically distance and the 2 thirds determine the score. The team that scored the point(s) is responsible for clearing the entire house of rocks and putting them away in the corners. Do not use hands on the rocks, move them with your feet to their appropriate corners.

11. In the event of a measurement physical distance and both thirds sanitize prior to and after utilizing the measuring stick. Don't touch the measuring device with gloved hands since gloves cannot be easily sanitized.
12. At the completion of the game, sanitize your hands and exit the ice arena. After you leave the ice go directly up to the changing area.

#### **AFTER YOUR GAME**

1. The concession will not be operating this season.
2. The lounge will not be open to start the season. Once we're confident the safety measures we have in place are working well we'll look at opening the bar. Measures will be put in place to safeguard curlers and bar volunteers.
3. Once you leave the ice return to the lounge area to remove your curling shoes. In order to reduce congestion on the stairs and in the curling club entrance you'll be using the exit adjacent to the upstairs washroom on your way out.
4. Our Club is open to Members only. No outside visitors are allowed.

These guidelines have been established to ensure the safety, health and wellbeing of our members and volunteers and to minimize exposure to the coronavirus. We appreciate our members support as we proceed with our re start plan.

Attachments:

Chase Curling Club PARTICIPANT AGREEMENT

CurlBC Distancing Positions

CurlBC Covid-19 Ice Layout

Covid-19 Visual Primer

## Chase Curling Club PARTICIPANT AGREEMENT

Application – All athletes, coaches, members, volunteers, and participants (“Participants”)

All Participants of Chase Curling Club agree to abide by the following rules when entering club facilities and/or participating in club activities under the Covid-19 plan and the RTP protocol.

- I agree to symptom screening checks and will let my club know if I have experienced any Covid-19 symptoms in the last 14 days.
- I agree to stay home if feeling sick and stay away for 14 days if experiencing Covid-19 symptoms.
- I agree to sanitize my hands upon entering and exiting the facility with soap or sanitizer.
- I agree to sanitize the equipment upon entering and exiting the facility with soap or sanitizer.
- I agree to follow social distancing protocols including staying 2m away from others.
- I agree to not share my equipment during activities.
- I agree to abide by all of my club’s Covid-19 policies and guidelines.
- I understand that if I do not abide by the aforementioned policies and guidelines that I may be asked to leave the club for up to 14 days to help protect myself and other club members.
- I acknowledge that continued disregard for the policies and guidelines may result in suspension of my club membership.
- I acknowledge that there are risks associated with entering club facilities and/or participating in club activities, and that the measures taken by the club and participants, including those set out in the Chase CC Return to Curling Plan, will not entirely eliminate those risks.
- I further acknowledge and understand that the sport of curling has some inherent risks. The combination of heavy moving stones, sudden movement, physical exertion and a slippery ice surface may create conditions where the potential for physical injury to participants is very high. I state that I am in proper physical condition to participate in this event and I am aware that participation could result in injury.

Date: \_\_\_\_\_

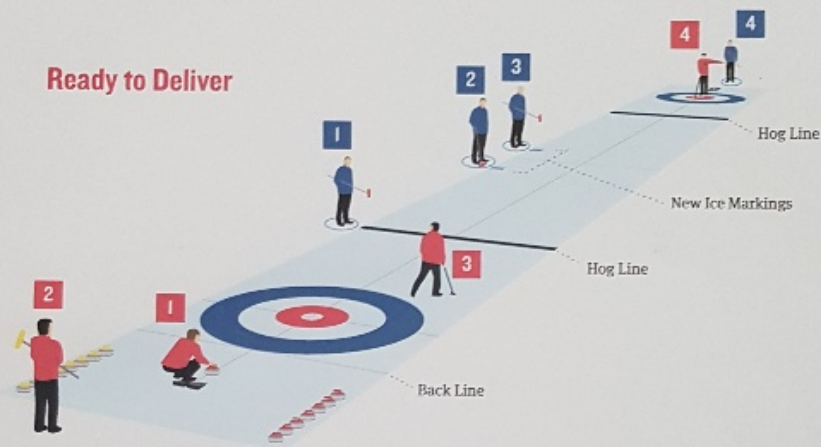
Print your First and Last Name: \_\_\_\_\_

Signature: \_\_\_\_\_

# Appendix 5: Distancing Illustrations

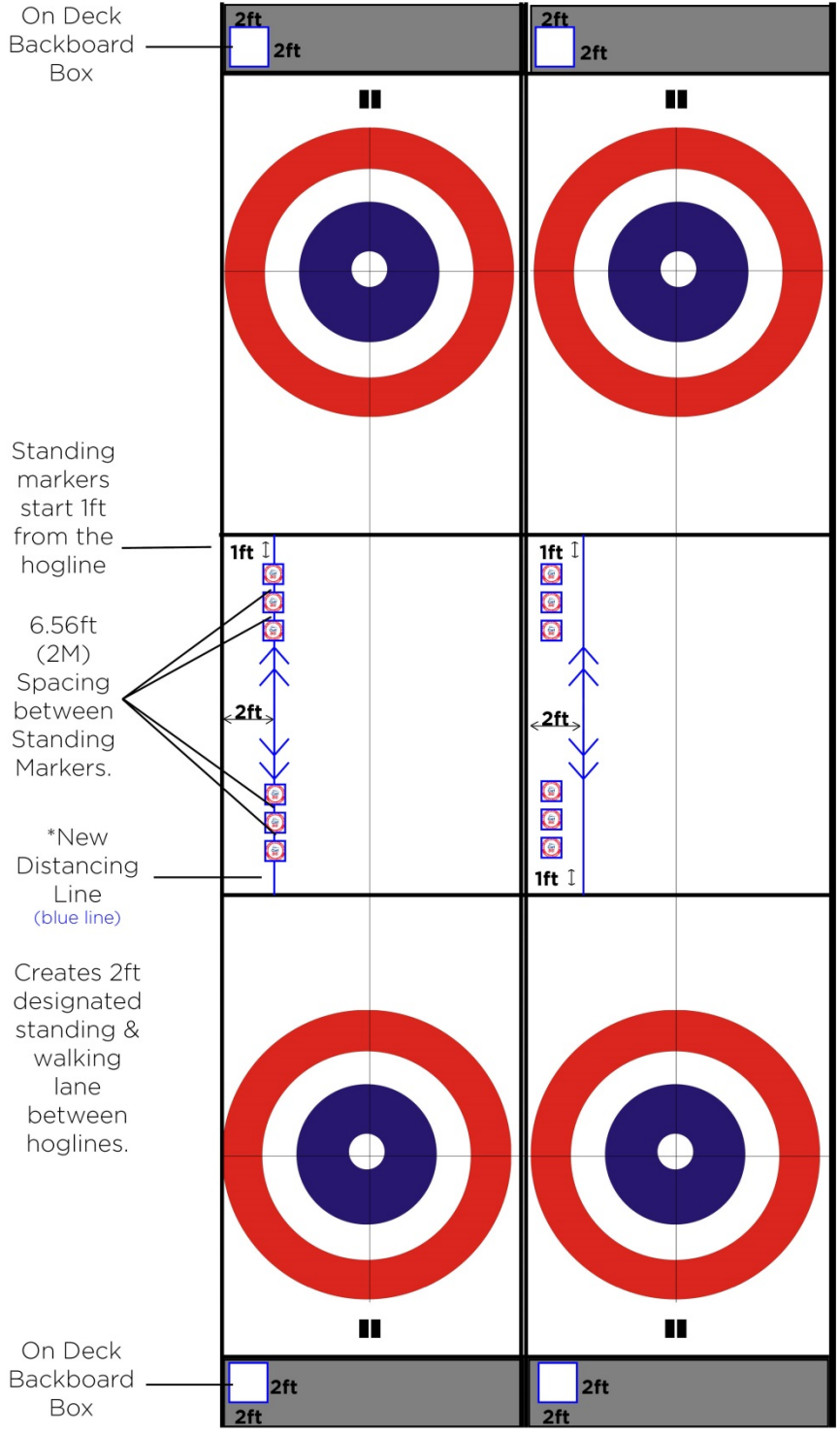


## Ready to Deliver



## Stone is Delivered





Measure minimum of 6.56ft (2m) from edge of markers.



Markers can be on the distancing line (sheet 1) or centered between the divider and distancing line. (Sheet 2)

# APPENDIX D: Covid-19 Visual Primer

## CORONAVIRUS

Covid-19 or 2019-nCov

**WHAT IS IT? Q**  
 COVID-19 is a new virus and so health officials are still learning about its impact and severity. At this time, it appears to cause an illness similar to the flu with the most common signs of infection being fever, cough and shortness of breath. In severe cases patients can develop pneumonia, severe respiratory distress, kidney failure and death.

### PREVENTION

- Stay at home when you are sick
- Avoid close contact with people who are sick
- Wash your hands at least 20 seconds
- Cover your cough or sneeze with a tissue
- Avoid touching eyes, nose, & mouth with unwashed hands
- Clean & disinfect frequently touched objects and surfaces
- Use a hand sanitizer that contains at least 60% alcohol
- Avoid crowded places and all unnecessary travel

### SYMPTOMS



**INCUBATION**  
**2-14 DAYS**  
 Because the early symptoms of COVID-19 are similar to other respiratory illnesses, if you have any of the common symptoms (fever, cough and shortness of breath) you should contact your doctor's office and arrange to have a consultation.