



Sri Nachammal Vidyavani
Senior Secondary School - CBSE

AFFILIATED TO CBSE, NEW DELHI NO.1930499

A UNIT OF
The Chennai Silks

www.snvvschools.com
7708007988 | 7708622232



December 1st & 3rd Week Menu

Day	Breakfast	Morning refreshment	Lunch	Fruits/Desserts	Evening Snacks
Monday	Ragi Semiya, Coconut Chutney	Kambu Koozh , Salt	White Rice, Sambar Potato Kara Curry Poriyal Rasam	Kesari	Kara Seva,Milk
Tuesday	Idly Brinjal Kadaiyal	Amla Juice	Chappathi Channa Kurma White Rice, Rasam	Wheat payasam	Milk Biscuit
Wednesday	Ven pongal Sambar	Veg Soup	White Rice, Cauliflower Kuzhambu, Beetroot Poriyal \Butter Milk	Banana	Turmeric Milk Sweet Bonda
Thursday	Ragi Dosa Kara Chutney	ABC Juice	Veg Biryani, Curd Rice Soya Gravy	Kesari	Wheat Bonda Pepper Milk
Friday	Idly Thakkali Kulambu	Murunga Keerai soup	White Rice, Thattaipayiru Brinjal Kulambu, Kovakaai Poriyal, Butter Milk	Cucumber	Boiled White Sundal Nattusakkarai Milk
Saturday	Chappathi Veg, Kuruma	Health Mix	White Rice, Vendakkai Puli Kuzhambu, Kootu, Rasam	Javvarisi Payasam	Maravalli Kilanku Masala Milk



Sri Nachammal Vidyavani
Senior Secondary School - CBSE

AFFILIATED TO CBSE, NEW DELHI NO.1930499

A UNIT OF
The Chennai Silks

www.snvvschools.com
7708007988 | 7708622232



December 2nd & 4th Week Menu

Day	Breakfast	Morning Refreshment	Lunch	Fruits/Desserts	Evening Snacks
Monday	Idly Sambar	Nannari Juice With Chia Seeds	Tomato Rice, Curd Rice Raw Banana Fry	Cucumber	Avul Kara Uppuma Turmaric Milk
Tuesday	Wheat Rava Upma Peanut Chutney	Tomato Soup	Chappathi Veg Kurma Tomato Rice	Paruppu Payasam	Boiled Corn Milk
Wednesday	Wheat Dosai,Kara Chutney	Ragi Koozh - Sweet	White Rice, Keerai Sambar, Cabbage Poriyal Rasam	Water Melon	Keerai Vadai,Brown Sugar Milk
Thursday	Uttapam, Veg Sambar	Sirukeerai Soup	White Rice Puli Kuzhambu Kootu Butter Milk	Pineapple Kesari	Sweet Ragi Semiya - Milk
Friday	Idly Thakkali Kadaiyal	Ash Gourd Juice	White Rice, Green Gram Rasam ,Yam Fry	Banana	Idly upma Masala Milk
Saturday	Poori, Potato Masala	Butter Milk	Sambar Sadam, Curd Rice Wheel vadaam	Semiya payasam	Medhu Vadai Badam Milk

***3rd Week Friday Special Lunch**