



Sri Nachammal Vidyavani
Senior Secondary School - CBSE

AFFILIATED TO CBSE, NEW DELHI NO.1930499

www.snvvschools.com

7708007988 | 7708622232

A UNIT OF
The Chennai Silks



Food Menu -November 2025(1st & 3rd Week Menu)

Day	Breakfast	Morning refreshment	Lunch	Fruits/Desserts	Evening Snacks
Monday	Semiya, Coconut Chutney	Kambu Koozh , Salt	White Rice, Sambar Potato Kara Curry Poriyal Rasam	Kesari	Mixture,Milk
Tuesday	Idly Brinjal Kadaiyal	Amla Juice	Chappathi Channa Kurma White Rice, Rasam	Wheat payasam	Milk Biscuit
Wednesday	Ven pongal Sambar	Veg Soup	White Rice, Cauliflower Kuzhambu, Beetroot Poriyal Butter Milk	Banana	Turmeric Milk Maravalli Kilanku
Thursday	Ragi Dosa Kara Chutney	ABC Juice	Veg Biryani, Curd Rice Soya Gravy	Avul Payasam	Wheat Bonda Tomato Soup
Friday	Idly Thakkali Kulambu	Murunga Keerai soup	White Rice, Sambar, Kovakaai Poriyal, Butter Milk	Cucumber	Sundal Nattusakkarai Milk
Saturday	Chappathi Veg, Kuruma	Health Mix	White Rice, Vendakkai Puli Kuzhambu, Kootu, Rasam	Javvarisi Payasam	Sweet Bonda Masala Milk



Sri Nachammal Vidyavani
Senior Secondary School - CBSE

AFFILIATED TO CBSE, NEW DELHI NO.1930499

www.snvschools.com

7708007988 | 7708622232

A UNIT OF
The Chennai Silks



Food Menu -November 2025 (2nd & 4th Week Menu)

Day	Breakfast	Morning Refreshment	Lunch	Fruits/Desserts	Evening Snacks
Monday	Idly Sambar	Nannari Juice With Chia Seeds	Tomato Rice, Curd Rice Raw Banana Fry	Cucumber	Avul Uppuma Valathandu Soup
Tuesday	Wheat Dasai,Kara Chutney	Tomato Soup	Chappathi Veg Kurma Tomato Rice	Paruppu Payasam	Boiled Corn Milk
Wednesday	Kurunai Arisi Upma Peanut Chutney	Ragi Koozh	White Rice, Green Gram, Cabbage Poriyal , Rasam	Green Gram payasam	Keerai Vadai,Brown Sugar Milk
Thursday	Uttapam, Veg Sambar	Sirukeerai Soup	White Rice Puli Kuzhambu Kootu Butter Milk	Water Melon	Boiled Peanut Milk
Friday	Idly Sambar	Ash Gourd Juice	White Rice, Keerai Sambar Rasam ,Yam Fry	Banana	Idly upma Kollu Soup
Saturday	Poori, Potato Masala	Butter Milk	Sambar Sadam, Curd Rice Wheel vadaam	Semiya payasam	Medhu Vadai Badam Milk

- 3rd Week Friday Special Lunch