



EXPLORE. EXPERIENCE. ENJOY.



A UNIT OF  
The Chennai Silks

# *Sri Nachammal Vidyavani* *Senior Secondary School - CBSE*

AFFILIATION NO : 1930499



**YOUR KIDS  
DESERVE  
THE BEST  
EDUCATION**

## **One & Only School**

- To have an International Standard Football Court with Korean Grass.
- To have well maintained 400 mts athletic track.
- To have internships for higher secondary streams.
- A world class state of art indoor AC auditorium.



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# Principal's Note

*"Education is the passport to the future, for tomorrow belongs to those who prepare for it today".*

I feel elated to mention that our school is scaling new heights with the sign of progressive and quality education. With team of dedicated teachers, we always aim to create an environment where students eagerly look forward to come to school.

This newsletter is a platform that reflects vibrant talents of our future ready children.

## My Heartiest Accolade

My heartiest accolade goes to all my wonderful students who have made this newsletter more meaningful by contributing effectively and making it to the mark.



A "Education is the key that unlocks the golden door to freedom."

B "Education's purpose is to replace an empty mind with an open one."

C "Education is not preparation for life; education is life itself."

# JUNE JOURNEYS

Learning, Laughter &  
New Beginnings





## LEARNING ENHANCEMENT PROGRAMS

### Welcome Note – New Academic Year Pooja

As we begin this beautiful journey of a new academic year, we invoke the blessings of the Almighty with a humble pooja. Today marks not just the start of school, but the opening of little minds to wonder, learning, and joy.

With hearts full of hope and hands joined in prayer, we seek wisdom, patience, and happiness for all our children. May this year be filled with laughter in the classroom, curiosity in their eyes, and kindness in their hearts.

Let us begin this new chapter with positivity, togetherness, and faith – stepping into a year of growth, discovery, and success.

Welcome, dear students – may your learning be as joyful as the sunshine and as bright as the stars.





## ★ Interview with Farmers – Tejith T. Gna, Grade 8 'I'

Tejith T. Gna from Grade 8 'I' recognizes the importance of farmers and their valuable contributions.

As part of this initiative, Tejith conducted interviews with farmers to learn about their experiences, the types of crops they cultivate, and the farming methods they follow. This was a meaningful and enriching experience that deepened his understanding of farmers, who are the backbone of our nation..





## Tiny Treats, Big Imagination!

Our Students Anjana and Aradhana of grade 6, enthusiastically participated in creating miniature food art, showcasing their creativity and attention to detail.

Each tiny dish reflected their imagination and patience in replicating real foods in miniature form. The activity encouraged artistic expression and hands-on learning in a fun and engaging way.

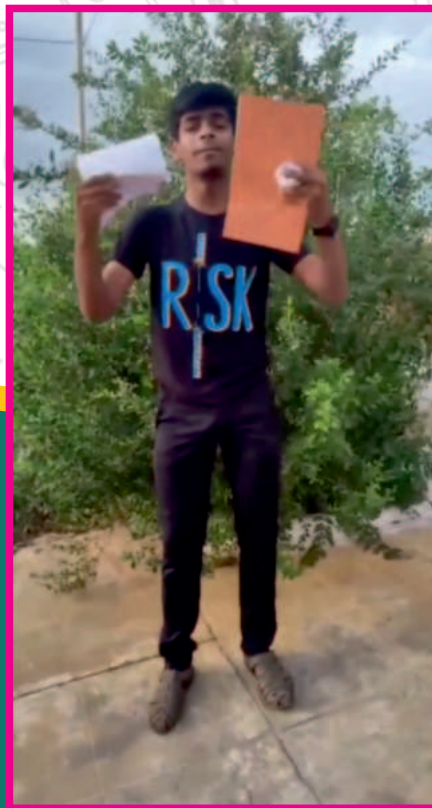


## Gravity in Action: Vikash Demonstrates Galileo's Principle!

Witness the power of curiosity and creativity in action! Master Vikash from Grade XII brilliantly demonstrated how air resistance impacts falling objects through a simple yet striking physics experiment.

By showcasing Galileo's principle using everyday items, he proved that without air resistance, all objects fall at the same rate - governed by gravity!

This thought-provoking experiment challenges common assumptions and highlights the crucial role of air resistance in motion. A perfect blend of science and ingenuity, reminding us that discovery often lies in the simplest of things.





## Snapchat Meets School Spirit: Thanvanth's AR Magic!

Meet Thanvanth, a Grade 9 Digital Artist Extraordinaire! He's just leveled up his skills with Lens Studio Software and created an epic Snapchat filter featuring our school!

Get ready to experience the magic of Augmented Reality as Thanvanth brings our school to life in a whole new way . Do try out his amazing filter on Snapchat and show some love !

Try the filter now on Snapchat!

Stay tuned for more AR creations from this talented young artist!

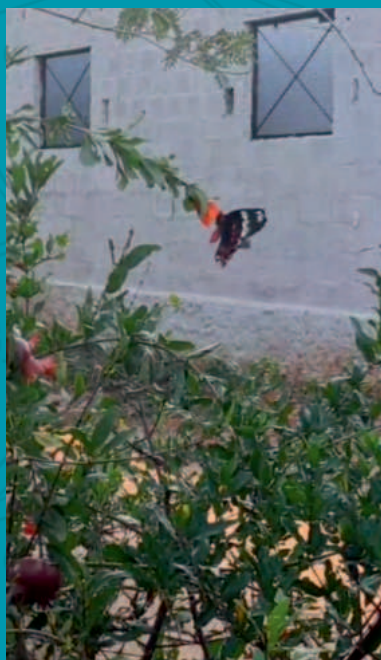
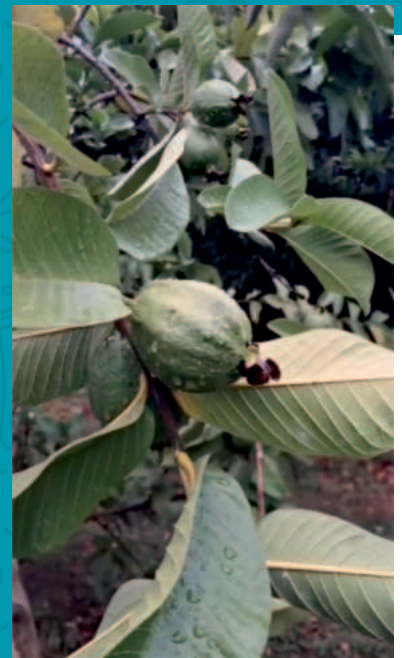


## Nurturing Minds and Gardens – Mrs. Kowsalya's Green Touch

### Beyond the Classroom

Our Kindergarten Teacher, Mrs.Kowsalya grows young minds and gardens with love. She has a hobby of gardening that brings life and health to the outdoors. With every seed she plants, and every flower she tends, she grows a world filled with greenery, kindness and care .

Her classroom blooms with laughter , her garden with life. In both she sows love.





## First Day of School Highlights

We welcomed students and parents with excitement and positivity as we began a New academic year 2025-26.

Our esteemed Correspondent, Thiru K. Vinayagam Avl, led a special assembly, inspiring students to dream big and stay curious.

A Vision Board showcased parent's heartfelt expectations for their children's growth, emphasizing joyful learning, holistic development and strong values.

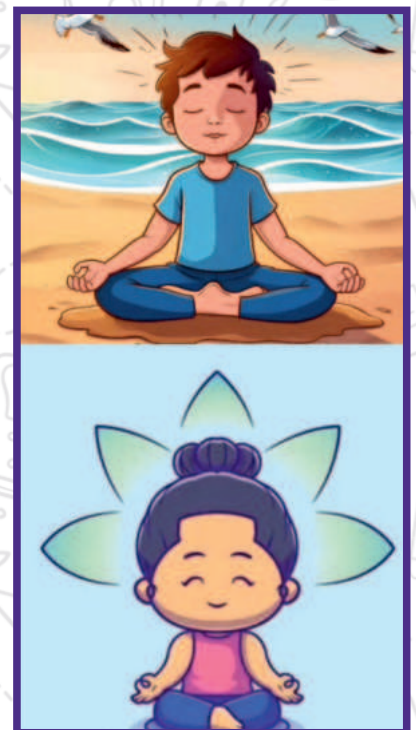
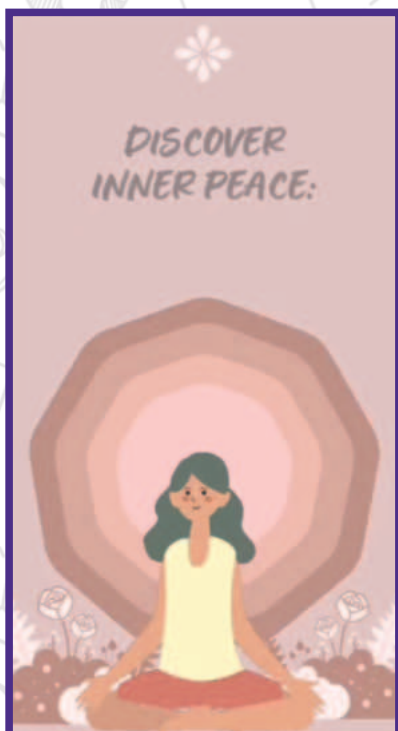
Personalized welcome tags made each student feel special. The FIRST DAY day marked the beginning of a beautiful journey filled with discovery, togetherness and inspiration.



## Tips for Total Wellness -Episode-1

Discover inner peace and improve your life with meditation! Our Physical Education teacher, Ms. Bhuvana, shares this valuable tip: take a few minutes daily to sit quietly, focus on your breath, and calm your mind.

Regular meditation reduces stress and anxiety, boosts concentration, confidence, and memory, and leads to better sleep and emotional well-being. Start your journey to a more balanced and joyful life!





## Tips for Total Wellness-Episode: 2

Strengthen family bonds and create happy memories! Ms. Selvakumari, our Physical Education teacher, reminds us that emotional strength comes from staying connected with loved ones. Simple moments like sharing meals, stories, and laughter with family bring joy, reduce stress, and build confidence. Prioritize quality time with family and watch your relationships flourish!

*Good Morning*

Each morning we are  
born again,  
what we do today is  
what matters most



## Tips for Total Wellness

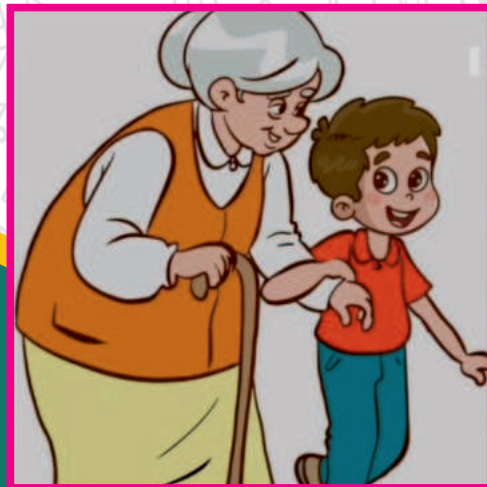


## Tips for Total Wellness- Episode: 3

Take the #ScreenFreeChallenge! Our Physical Education Teacher Ms. Yogeshwari, suggests setting aside just 1 hour a day without screens. Use that time to play, create, or connect with others.

You'll feel more relaxed, focused, and energized. Boost your mood, creativity, and sleep quality with this simple yet powerful habit!

**YOGESHWARI**





## "Badge of Me!" – A Creative Start to the Year

Badge Making Activity was an engaging and creative session where students of Grade VIII had the opportunity to design unique badges that represented themselves or their friends.

Through colors, symbols, and words, students expressed their personalities, values, and positive traits. This hands-on Activity encouraged self reflection, appreciation of peers, and artistic expression.

It was a fun-filled experience that combined creativity with character-building.



## Mindfulness Activity – Heartbeat Hugs

Students practice a calming activity called Heartbeat Hugs. After gentle movements, they sit quietly, place a hand on their chest, and feel their heartbeat.

They give themselves a soft hug, helping them feel calm and safe. This simple routine builds body awareness and emotional balance.





## A Year of Growth: Reflections on Grade 11

"This year has been a journey of transformation for our Grade 11 students — a time of stepping up, leaning in, and discovering more about who they are and where they're headed." From tackling more complex academic work to balancing leadership roles, extracurriculars, and community involvement, our students are building independence, resilience, and purpose.

As one of their teachers, Ms. Divya.M shares how far students have come — and excited for all that lies ahead in Grade 12 and beyond.



## Summer Creativity in Full Bloom!

Even during the summer holidays, our talented students continue to amaze us with their creativity! Meet our student Eniya Varshini. M VII B who poured her imagination and artistic skills into creating a beautiful flipbook that tells a powerful story — the journey of a plant's life.

From a tiny seed sprouting, to a vibrant flower blooming, and finally to the petals falling away, leaving behind emptiness — her artwork beautifully captures the cycle of nature and life.

We're proud of her thoughtful creation, which reminds us that every ending makes way for a new beginning.





## Morning Assembly on Punctualit

Common assembly revolved around the vital theme of Punctuality — a habit that builds discipline, respect, and responsibility.

With solemn hoisting of the National Flag our students of Grade XI shared thoughtful reflections, quotes, and exciting quiz segments highlighting the importance of being on time in school and life.

### Meaningful Mime:

A powerful mime performance on "Punctuality" reminded us all about the value of time and discipline in our daily lives. The silent act spoke volumes, leaving a strong impact on every heart present. Assemblies like these don't just begin our day — they shape our values and build our school spirit!



## Proud Participants in the Interschool Recycling Championship!

We are delighted to share that our school received a Participation Certificate in the Interschool Recycling Championship from ITC WOW Project Head, Mr. Ravichandran, at The Grand Regent, Coimbatore."

This initiative showcased our students' commitment to sustainability and environmental responsibility.

We proudly contributed 2571 kg of recyclable materials! Kudos to our young eco-champions for making a difference! Congratulations to all involved!





## Dad Olympics: A Fun-Filled Celebration of Fatherhood!

On the account of Father's Day, our school hosted an exciting event - Dad Olympics! The program brought together fathers and their children for a morning full of fun, laughter and bonding.

The event featured a series of entertaining games and activities that tested teamwork, coordination and communication between dads and their little champions which they wouldn't have done anywhere. From obstacle courses to puzzle-solving challenges, every activity was designed to bring out the playful side of our superhero dads.


All mothers had a good time watching the performance of their better halves and kids

The Dad Olympics was a resounding success, with every Dad and Child walking away with memories to cherish. Congratulations to all the participants! We're grateful to our dads for making this event so special.




## Yoga Day invitation

The Management, Principal, Staff, and Teachers cordially invite you all to the International Yoga Day 2025 celebration.



**Sri Nachammal Vidyavani**  
**Senior Secondary School - CBSE**  
AFFILIATION NO : 1930499


A Branch School of Sri Nachammal Vidyavani



**SRI NACHAAKIDS**  
**PLAY SCHOOL**  
HAPPY SCHOOL | HAPPY CHILDREN |

The Management, Principal, Staff and Students Cordially  
Invite You All For The

# 11<sup>th</sup> INTERNATIONAL YOGA DAY – 2025



## International Yoga Day


**JUNE**

**21**

**SATURDAY**


Timing: 08.30 am to 09.30 am  
Venue: School Campus

**CHIEF GUEST**



**DR. N. ELANGOVAN**  
MD MINIFACHE | LEADING PSYCHIATRIST USA  
FOUNDER DIRECTOR OF MOUNAM

**SPECIAL GUEST**



**A. GOPALAKRISHNAN**  
UNITY OVERSEAS TIRUPUR  
EMBROIDERY ASSOCIATION HEAD

YOGA IS A LIGHT, WHICH ONCE LIT, WILL NEVER DIM  
HAPPY INTERNATIONAL YOGA DAY

📍 Devarayampalayam Bypass Road, Avinashi, Tirupur-641 654

🌐 [www.snvcbeschool.com](http://www.snvcbeschool.com)

✉ [info@nachammal.com](mailto:info@nachammal.com)

📱 [sri\\_nachammal\\_vidyavani](#)

📍 Sri Nachammal Vidyavani



## International yoga day celebration at Sri Nachammal Vidyavani.

We proudly celebrated 11th international yoga day with great enthusiasm and serenity.

The event was graced by our esteemed chief guest Dr. Elangovan, leading psychiatrist in New York who enlightened us on the therapeutic power of yoga.

A special address was delivered by Thiru Gopalakrishnan, Embroidery association head and our special guest of the day, Thiru Ravi Avkl added great value to the occasion.

The presence of our Correspondent Sir, Correspondent Madam, Executive director and Directress added immense Grace and warmth to the celebration.

Parents, students and staff participated actively by performing various asanas making the session truly therapeutic and transformative.

We at Nachammal will continue this journey of wellness and harmony through the path of yoga!





## Mindfulness Activity – Heartbeat Hugs

To end the month mindfully, students took part in a calming activity called Heartbeat Hugs. They jumped lightly, paused to feel their heartbeat, and gave themselves a warm self-hug. This simple practice promotes relaxation, self-awareness, and emotional well-being.





## Animal Kingdom Relay Race

In this exciting activity, students were divided into teams named after animals like Lions, Elephants, and Monkeys. They took part in relay races by copying the movements of their team's animals.

This fun game helped improve coordination and built team spirit among the children.





## A Morning of Mindset, Motivation & Meaning – Grade 11 Assembly

**Assembly Theme: Positive Attitude Presented by Grade 11 Students**

The morning began with a peaceful prayer and the national pledge, fostering unity and focus. A riddle session, Thirukkural, and a thoughtful quote set an inspiring tone.

A powerful skit on "Positive Attitude while Selecting Workers" emphasized that character and mindset matter more than qualifications. A reading pledge encouraged regular reading habits, and an inspiring speech highlighted the role of optimism and self-belief in shaping a better future. The assembly was a perfect blend of creativity and values, reminding everyone: "A positive attitude is a small thing that makes a big difference!"





## Wall of Gratitude: Rooted in Thankfulness

As part of a positive start to the school year, students took part in the Wall of Gratitude activity. They wrote or drew something they love about their school and placed it on a classroom board designed as a "Gratitude Tree."

This meaningful activity helped children reflect on the good things around them, encouraged appreciation, and created a warm classroom environment filled with thankfulness.



## Breathing Buddies: Mindfulness for Little Juniors

The Breathing Buddies mindfulness activity was conducted for students of our Little Juniors to help them relax and focus. Children lay down and placed a soft toy on their stomach, observing its gentle rise and fall as they breathed in and out. This simple exercise helped them become aware of their breathing and supported calmness and emotional control in a fun and easy way.





## India's Rich Culture and Heritage

As part of the Young World Explorers theme, students beautifully showcased the diverse and vibrant culture of our country through a colourful and informative display. The booth featured the traditional attire, classical music and dance forms, regional cuisines, and famous monuments and festivals of various states.

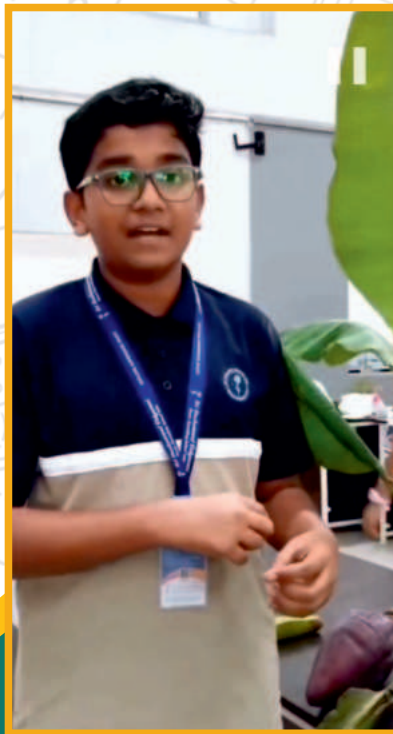
This engaging activity enhanced students' communication skills, built confidence, and fostered a sense of pride and appreciation for their roots while encouraging global cultural understanding.





## Eco Treasure Hunt

Students enthusiastically participated in a garden-based Eco Treasure Hunt, exploring sustainability through fun and interactive clues. The activity focused on key environmental topics such as recycling, composting, and plant identification. It was thoughtfully designed to combine physical movement with environmental awareness, helping children learn the value of nature while actively engaging with it. Through this hands-on experience, students discovered how small actions can make a big difference in protecting our planet.





## Grade 12 Internship Exposure Program

Our Grade 12, Batch 2024-25 students recently had an enriching internship experience across garment units, textile showrooms, and jewellery stores, gaining valuable insights into the real-world business procedures. From understanding inventory and customer handling, to observing billing systems, display techniques, and product detailing, the students explored the practical side of retail and entrepreneurship.

Our students also received an Internship Certificate from our Honorable Correspondent for their active participation.

This hands-on learning opportunity helped bridge classroom concepts with industry practices, sparking curiosity and building confidence for their future career paths!





## TRAINING & ENRICHMENT PROGRAMS

### "பூத்துக் குலுங்கும் புன்னகை" – A Day of Laughter, Learning & Inspiration with Mr. Lakshmi Narayan

Our monthly gathering was centered around the uplifting theme "பூத்துக் குலுங்கும் புன்னகை." The event was honored by the presence of our distinguished Chief Guest, Mr. Lakshmi Narayan.

He is an Actor, comedian, singer, motivational orator, lyricist and a social activist.

He is very popular through SunTV's Kalyanamalai. His session was very humorous and his thought-provoking speech deeply resonated with our staff.

All teaching, non-teaching and administrative staff members took part with great enthusiasm. The auditorium was howled with laughter but at the same time the speaker's words encouraged and uplifted everyone. It was a delightful and enriching experience for all who attended.





## Beyond Boundaries: Educational Explorations and Fieldtrip

### Well-Deserved Break for Our Pillars Behind the Scenes!

Our dedicated non-teaching staff members recently embarked on a rejuvenating trip to Perur temple, Isha yoga, Veliangiri— a well-earned break filled with joy, bonding, and beautiful memories!

From handling school logistics to supporting every little need of our institution, these silent heroes play a crucial role in ensuring smooth operations every day. This trip was a small token of appreciation for their unwavering commitment and hard work.





## Little Explorers in Action!

Our Totys had a delightful day exploring nature on their field trip to the plant nursery! With curious eyes and tiny hands, they learned about different types of plants, flowers and how greenery grows.

From smelling fresh herbs to spotting colourful blooms, every moment was filled with joy, wonder and hands-on learning.








## SPORTS ACHIEVEMENTS

### Champions in the Making!

Sri Nachammal Vidyavani School proudly wishes our talented students the very best as they compete in the Basketball State Championship Tournament. Your hard work, passion, and dedication have earned you the honor of representing Tirupur District — a moment of pride for all of us. Play with heart, aim high, and bring home the glory!



 **Sri Nachammal Vidyavani**  
**Senior Secondary School - CBSE**  
AFFILIATION NO.1930499

 **SRI NACHAANKIDS**  
**PLAY SCHOOL**

Devarayampalayam, Bypass Road, Avinashi, Tirupur - 641 654.  
Contact: 7708007988 | 77086 22232. E-mail: info@nachammal.com | www.snvschools.com



**REPRESENTING TIRUPUR DISTRICT WITH PRIDE!**



**Basket Ball State Championship Tournament**

*Play With Heart, Hustle With Purpose  
and Represent With Pride.*



**WISHING YOU  
ALL THE BEST!**

**Boys Under-18 Team**

 **Jivithis.R**  
Grade-12 

 **Dharani.S.R**  
Grade-12 

**Girls Under-18 Team**

 **Anuska.S.K**  
Grade-10 

**YOU ARE ALREADY A CHAMPION  
IN OUR HEARTS.**



# Thank You!

We express our heartfelt gratitude to our students, teachers and parents for their valuable contributions and also for their incredible support to make every event happen in a great manner. Together we make learning and development good, better and best

## Thank You!



# Why Choose Us



- Focussing on nurturing happy children
- 12 Acres learning environment wrapped in nature
- State of the art infrastructure with A/C Auditorium
- Warm and friendly teachers with Ideal Student – teachers' ratio



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