



Sri Nachammal Vidyavani
Senior Secondary School - CBSE

AFFILIATED TO CBSE, NEW DELHI NO.1930499

A UNIT OF
The Chennai Silks

 www.snvvschools.com

 7708007988 | 7708622232



SEPTEMBER 1st & 3rd Week Menu

Day	Breakfast	Morning Refreshment	Lunch	Evening Snacks
Monday	Idly Sambar	Murungai Keerai Soup	Ghee pulao Rice, Curd Rice Dalcha , Pickle	Potato masala Bonda Karupatti Milk
Tuesday	Semiya Coconut Chutney	Ginger Butter Milk	White Rice, Dal, Rasam, Potato Kara Curry, Butter Milk	Keerai Vadai Milk
Wednesday	Dosa, Thakkali Kurma	Ash Gourd juice	Chappathi, Soya Kurma Tomato Rice	Masala Pori Turmeric Milk
Thursday	Ven pongal Sambar	Kambu Koozh Salt	White Rice, Puli Kulambu, Veg Pachadi ,Butter Milk	Banana Rose Milk
Friday	Idly Veg Sambar	Lemon Juice with Chia Seeds	Tomato Rice ,Curd Rice Soya Pepper fry	Sundal Masala Milk
Saturday	Ragi Dosa Kara Chutney	Health Mix	White Rice, Sambar, Rasam Yam Fry, Butter Milk	Banana Cake Badam Milk



Sri Nachammal Vidyavani
Senior Secondary School - CBSE

AFFILIATED TO CBSE, NEW DELHI NO.1930499

A UNIT OF
The Chennai Silks

www.snvvschools.com

7708007988 | 7708622232



SEPTEMBER 2nd & 4th Week Menu

Day	Breakfast	Morning Refreshment	Lunch	Evening Snacks
Monday	Idly Veg Sambar	Ragi Koozh Salt	White Rice, Kollu dal Cabbage Poriyal Butter milk	Turmeric Milk Boiled Peanuts
Tuesday	Veg Masala Noodles	Tomato Soup	Chappathi, White Veg Kurma Lemon Rice, Pickle	Milk Carrot Cake
Wednesday	Dosa Sambar	Water Melon juice	Soya Biryani ,Curd Rice, Kurma	Methu Vada Pepper milk
Thursday	Chappathi, Thakkali Thokku/kurma	Health Mix	White Rice, Sambar, Rasam Mixed veg poriyal , Butter Milk	Sweet Aval Pana Kalakand Milk
Friday	Idly Mint Chutney	Musk Melon Juice	Bread Biryani ,Curd Rice, Cucumber Onion Pachadi	Nattusakkarai milk Onion Pakoda/Bajji
Saturday	Mini podi Uttapam Sambar	Masala Butter Milk	White Rice, Mor Kulambu, Potato Fry Rasam,	Jam Bun

- 3rd Week Friday- Special Lunch

