

## WENDY NADHERNY FACHON, SPIRITUAL STORYWALKER

*Rhode Island Netwalking • Est. 2011*

*East Greenwich, RI • 401-529-6830 • StoryWalking.com*

Developed for youth and families, Story Walking improves physical, mental and spiritual well-being by activating the body, mind and spirit and bringing them into balance.

**Services offered:** Wendy creates personalized Story Walking programs and experiences. Her Story Walking Radio Hour podcasts, walking journal photo blogs and articles in *Natural Awakenings* magazine aim to educate and inspire.

**Areas of specialty:** Story walking helps with digital detox and nature immersion; experiential eco-detective learning; photography, nature drawing and creative journaling; green career exploration; student leadership training and more.

**Educational background:** Back in 2011, Wendy Nadherny Fachon was certified in Rhode Island Program Quality Assessment (RIPQA), a process developed to help guide the design and delivery of youth enrichment experiences that meet high standards of quality. She is a creative environmental educator, and her practice extends from her own daily mindful walks to out-of-school-time walking group facilitation.

**Philosophy of healing, health, natural living:** As Hippocrates, the “Father of Medicine” said, “Nature itself is the best physician!”

