

RELEASE AGREEMENT AND WAIVER OF LIABILITY

Thank you for choosing to participate in offerings provided by **Yogini Kel**. Please read the following agreement carefully.

I hereby agree to the following:

1. Voluntary Participation

I understand that I am voluntarily participating in yoga instruction, meditation, breathwork, energy healing, wellness programming, workshops, private sessions, retreats, online classes, and/or in-person experiences offered by Yogini Kel ("Offerings"), during which I may receive information and instruction related to yoga, movement, meditation, wellness, spirituality, and holistic health.

I acknowledge that participation in these activities may require physical exertion, which can be strenuous and may involve risks of physical injury, emotional discomfort, illness, or other unforeseen conditions. I fully understand and accept these risks.

2. Medical Responsibility

I understand that it is my responsibility to consult with a physician or other qualified healthcare provider prior to and regarding my participation in any Offerings provided by Yogini Kel. I affirm that I am aware of any medical, physical, emotional, or psychological conditions that may affect my participation and agree to disclose any relevant information prior to participating.

3. Assumption of Risk

In consideration of being permitted to participate in the Offerings, I knowingly and voluntarily assume full responsibility for any and all risks, injuries, damages, losses, or expenses, whether known or unknown, that I may incur as a result of my participation.

4. Waiver of Liability

I knowingly, voluntarily, and expressly waive any claim I may have against Yogini Kel, its owners, employees, contractors, assistants, teachers, facilitators, venue partners, and representatives for any injury, illness, loss, damage, or liability that may arise from my participation in the Offerings.

5. Release and Covenant Not to Sue

I, on behalf of myself, my heirs, executors, administrators, and legal representatives, forever release, waive, discharge, and agree not to sue Yogini Kel, its owners, employees, contractors, assistants, teachers, facilitators, venue partners, and representatives for any injury, illness, disability, death, or damages arising from participation in the Offerings, including those resulting from negligence to the fullest extent permitted by law.

6. Health and Safety

I acknowledge that Yogini Kel takes reasonable precautions to maintain a safe environment for all participants. However, I understand that participation in group activities carries inherent risks, including exposure to illness or injury, and I agree not to hold Yogini Kel responsible for any illness, injury, or health-related complications that may occur.

7. Physical Adjustments and Wellness Practices

I understand that, during yoga classes, workshops, retreats, or private sessions, Yogini Kel or designated instructors may offer verbal cues, demonstrations, physical adjustments, energetic practices, breathwork guidance, meditation instruction, or other wellness modalities. I consent to receiving such instruction and voluntarily release Yogini Kel from any claim arising from these practices or services rendered during or following participation.

8. Personal Property

I understand that I am solely responsible for my personal belongings and agree that Yogini Kel shall not be held responsible for any lost, stolen, or damaged personal property during participation in any Offering.

9. Travel and Transportation

For retreats, off-site events, or travel experiences, I understand that Yogini Kel is not responsible for any travel disruptions, transportation delays, accidents, transfers, cancellations, weather events, injuries, or additional expenses incurred before, during, or after travel. I agree not to hold Yogini Kel financially or legally responsible for travel arrangements or transportation services beyond those expressly provided.

10. Photography and Media Release

I grant permission to Yogini Kel to photograph, video record, or otherwise capture my participation during classes, workshops, retreats, or events. I understand that these images or recordings may be used for educational, promotional, marketing, website, or social media purposes without compensation. If I do not wish to be photographed or recorded, I will notify Yogini Kel in writing prior to the event.

11. Payment Authorization

I authorize Yogini Kel to charge my payment method for the amount(s) and payment date(s) that I have agreed to. I understand that my payment information will not be used for any unrelated charges without my explicit authorization.

Acknowledgment

I have carefully read this Release Agreement and Waiver of Liability and fully understand its contents. I understand that by signing this agreement, I am waiving certain legal rights, including the right to sue. I voluntarily agree to all terms and conditions stated above.