



## Medical Mailbox Model @ Bonner Springs Integrative Health

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Turn your passion into a practice—faster than you think. Whether you're building a side gig or ready to leave traditional systems behind, our Medical Mailbox Program gives you the infrastructure, digital tools, and supportive community to launch with confidence. Stop talking about starting your own practice someday—and realize you can launch it tomorrow morning!

We offer a supportive environment where you can grow your business with clarity and ease. Our diverse network blends traditional Western medicine with Eastern mind-body approaches, modern communication systems, and technology—redefining how we connect with patients and provide care. We've already done the heavy lifting—setting up systems and workflows—so you can focus on the care and service you want to deliver! We've built a modern, all-in-one platform that makes launching your practice simple and seamless within a network of colleagues.

From billing, prescribing, and ordering labs to secure messaging and virtual visits - our tools help you stay connected with patients and grow your practice efficiently, authentically, and profitably.

### ✓ Included in Every Medical Mailbox:

- Physical and Mailing Address for Licensure, Credentialing, and Billing
- Visibility and Website Listing at [www.bonnerrsprings.health](http://www.bonnerrsprings.health)
- The ability to use our online billing systems through **AtlasMD** and **MindBody** – cutting-edge platforms for modern healthcare, yoga, and bodywork services. These systems are typically expensive and time-consuming to set up on your own—but they're cost-effective and fully accessible through our shared community platform.
- Access to clinical office space, lab services, injectables/infusions & yoga studio
- Community referrals, collaboration, and support from other practitioners

## **Independent Providers** (NPs, PAs, MD/DO, Mental Health Providers)

### **For licensed prescribers with independent systems or those using the BSIH EMR**

- Full access to **HIPAA-compliant all-in-one EMR**: eRx, labs and discounted pricing, easy online patient billing, text/email/phone communication with patients, controlled substance prescribing, clinic email address. Work telehealth, in person, or hybrid from your phone or laptop.
- AtlasMD platform charges \$300/month for “prescribing providers” MD/DO/NP/PA to use EMR platform.
- The Operating Overhead is 15% of billing on AtlasMD, which covers: credit card processing fees (3.5%), IT infrastructure, clinic supply costs and maintenance, internet, utilities, advertising, and office staffing.

### **Option 1: Providers With Their Own Billing & Scheduling System**

- **\$145/month Medical Mailbox**: physical address, website listing, access to BSIH network
- **\$385/month Medical Mailbox + One Day per Week Clinic at BSIH**

### **Option 2: Prescribing Providers Using the AtlasMD EMR Platform**

#### **Providers Using the AtlasMD EMR Platform + One Day per Week Clinic at BSIH**

- **\$445/month EMR Platform + 15% overhead**

#### **Providers Using the AtlasMD EMR Platform {Telehealth Only}**

- **\$300/month EMR Platform + 15% overhead**

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## **Body and Energy Workers, Health and Wellness Coaches**

### **For massage therapists, Reiki providers, acupuncturist, reflexologists, life/health coaches, etc**

- Free inclusion of **MindBody Accelerate 2.0** bundle (\$300/month subscription)
  - MindBody support, in-app promotions, web design, card processing
- Visibility on our bonnersprings.health site + promotional social channels/feeds
- Studio space available for sessions & workshops (2 body rooms, 3 offices)
- **\$145/month BSIH platform + 15% of billing** (BSIH covers credit card and bank fees, typically 3.5–4%)



### **Certified Health Providers - Nutritionists, pharmacists, chiropractors**

- Full access to **AtlasMD EMR**: e-prescribing, labs, billing, scheduling
- Integrated with **Quest Diagnostics & Vibrant Wellness**
- One mobile platform for secure text, email, charting, billing, & telehealth
- HIPPA-compliant tele visits from your phone, laptop, or mobile office
- Customize memberships & cash-based consult fees
- **\$145/month BSIH platform + 15% of billing** on services run through the BSIH platform
- Great for **telehealth or hybrid** practices, including those practicing in multiple locations or who already have multiple addresses across the metro



### **Community Builders**

#### **For KC Wellness Organizers and Community Builders**

Meal Prep and Food Services, Support Groups, Literature and Bible Study, Book Clubs, Community Sports Teams, and other memberships — please use our billing system to help promote your community-based organization! Use our platform to be technologically advanced and effective in delivering your community health approach!

For example, your service may look like: a \$25/month CSA with produce from the local farmers market, \$600 Feng Shui home consults, private Cacao or remote energy work, a \$17/month Essential Oil of the Month Club or donation-based online meditation group via Zoom! There are endless possibilities—and having a real platform makes your offering accessible to the public.

- Listings on our website & wellness calendar and optional event/yoga space for programs
- Online MindBody access for scheduling, billing, and membership plans



### **Contact Us**

#### **Ready to build your practice—or your movement?**

Visit [BonnerSprings.Health](https://bonnersprings.health) or reach out:

- **Amy Armstrong** – Studio Manager: *info@bonnersprings.health*
- **Angie Moss** – Medical Assistant/Nursing: *care@bonnersprings.health*
- **Dr. Shawn Lillig** – Owner/DPC Physician/Head Yoga Floor Sweeper: *docshawn@bonnersprings.health*