



BI-MONTHLY HEALTH JOURNAL & GUIDE JUNE 2020



PRESIDENT'S MESSAGE DR. LERLA G. JOSEPH

I am exhausted about imagining what tomorrow will bring. You may be as well. While I have not a magic wand to correct for the devastation from COVID-19, I am leaning on my skills, experience, education and network of professionals and ordinary people to plow through the obstacles. Sometimes, we can't methodically get to another place using traditional approaches and I am all in for thinking out of the box to reach our patients and provide the highest quality and affordable care as possible. CVCHIP has done exactly that as captured in the table below:

KEY STATS				
PERFORMANCE YEAR	DISTRIBUTION YEAR	TOTAL RECEIVED BY CVCHIP ACO FROM CMS	TOTAL DISTRIBUTIONS TO CVCHIP ACO PARTICIPANTS	% OF FUNDS DISTRIBUTED TO CVCHIP ACO PARTICIPANTS
2016	2017	\$1,734,251.00	\$239,648.00	13.8 %
2017	2018	\$1,456,808.00	\$386,896.74	26.5 %
2018	2019	\$2,477,240.97	\$749,632.45	30.0 %
QUALITY SCORE PER PERFORMANCE YEAR				
	2016	100.00 %		
	2017	83.44 %		
	2018	92.60 %		

Transparency in our communications is more important than ever at this time. There are a number of platforms that CVCHIP is embracing to help make sure that you are up to date on our successes and aware of the key forces that impact us. **We will use a new website at cvchip.org**, hold Bi-Weekly CHATS, distribute A Bi-Monthly (sometimes more often) Journal and Guide, will Live Stream on **FACEBOOK** and roll out a Speakers Bureau.

While the list of factors that we must address appears to be growing, when I peel back the onion, the ingredients that govern our livelihood are the same to a great extent as they have always been albeit somewhat supersized. We do not run from challenges and we continue to strength our capacity to take advantages of opportunities. A few of the anticipated outcomes from our efforts are visible through the availability of a high performance organization, high quality and affordable care, higher patient satisfaction scores, the presence credentialed staff and clinicians, expanded partnerships and a strategic plan. As important is to know when we need to pause for ourselves and mind our own physical and mental health. I am programmed to help you so please call on me. **Thank you for your support.**

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WORDS OF INSPIRATION

Hang on to one or more of the following statements from men and women who enjoyed success by overcoming the odds that they would not. You can restore success that you believe may have dwindled somewhat and keep moving upward.

The ultimate measure of a man (woman) is not where he stands in moments of comfort and convenience but where he stands in times of challenge and controversy.
Martin Luther King Jr.

Opportunities to find deeper powers within ourselves come when life seems most challenging. **Joseph Campbell, author**

Danger gathers upon our path. We cannot afford — we have no right — to look back. We must look forward.
Sir Winston Churchill

Logic will get you from A to Z; Imagination will get you everywhere.
Albert Einstein

What lies behind us and what lies ahead of us are tiny matters compared to what lies within us.
Ralph Waldo Emerson

My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style. **Maya Angelou**

CVCHIP is about Continuous Improvement.

DON'T MISS OUT ON MONEY IN THE BANK TO SUPPORT YOUR PRACTICE THRU

THE MEDICARE SHARED SAVINGS PROGRAM

There is a proven opportunity to increase your revenue stream through the Medical Shared Savings Program. It could help to offset some of the likely decline in your disposable income that is needed to help a brighter future for your practice. To this end, it is essential that CVCHIP ACO practices complete the following two-page form.

<https://www.wrike.com/form/eyJhY2NvdW50SWQiOjZzNzgwNywidGFza0Zvcm1JZCI6MjkzMjkYfQk0NzM0NjA3ODg4NjA3CTBIZGE4ZmYwMGM5NjExNGUwMDM0NGRiZWZiMGQwMmYyYmlwNzc1NTE1NjZiNzBjND EwM2JhZDQ0MWM5ZDFhYmU=>

Call Heather McConnell of OnePartner for Assistance at: 423-571-4231 or hmccconnell@onepartner.com

There are other options such as the following that are likely to be renewed or revamped to help improve your **BOTTOM LINE !**

THE PAYROLL PROTECTION PLAN

CARES Act Provider Relief Fund

SBA LOANS AND GRANTS for Small businesses

ADDITIONAL GO TO RESOURCES THAT CAN BRING VALUE DURING AND POST COVID-19 ARE AT OUR WEBSITE ON BOTH THE HOME PAGE AND RESOURCES PAGE, THE LINKS FOR WHICH ARE SHOWN BELOW:

**cvchip.org
cvchip.org/RESOURCES**

**Don't Burn Out and Embrace the
Guidance We Give Our Patients**

**LEANING ON TELEHEALTH
OFFERS SOME RELIEF TO
HOLDING ON TO PATIENTS
AND OBTAINING
REPLACEMENT INCOME
DURING AND POST COVID-19**

Under the Coronavirus Preparedness and Response Supplemental Appropriations Act and Section 1135 waiver authority, the Centers for Medicare & Medicaid Services (CMS) broadened access to Medicare telehealth services, so beneficiaries can get a wider range of services from their doctors and other clinicians without traveling to a health care facility. On March 6, 2020, Medicare began temporarily paying clinicians to furnish beneficiary Telehealth services residing across the entire country.

CVCHIP APPRECIATION



GUEST SPEAKERS

MAY 6 BI-WEEKLY CHAT

Dr. Danny Avula
**Richmond City and Henrico County
Health District Director**

Dr. Stephen Richard
**Henrico County Health District
Clinical Director**

May 9 BOARD MEETING

ROBERT "Bobby" C. Scott
US CONGRESSMAN
3RD Congressional District of Virginia

Dr. Patricia King
Psychiatrist

Justin Mason
President
MINDHEALTHY

Kristin Smith, PMH-NP
Psychologist
MINDHEALTHY

JUNE 2020

REMINDERS

CELEBRATE CELEBRATIONS

MONTHLY

African-American Music
Appreciation
Alzheimer's & Brain Awareness
Cataract Awareness
Dementia Care Professionals
Effective Communications
International Men's
National Smile
National Soul Food
Oral Health

DAILY

Call Your Doctor - 6/9
Father's Day-6/21
National Hydration-6/23
Elder Abuse Awareness-6/15

JOIN THE BI-WEEKLY CHAT
VIA ZOOM
ON 6/3/, 6/17. 7/1 & 7/15
AT 7:30 AM
CHECK THE WEBSITE FOR DETAILS
cvchip.org



CVCHIP BOARD MEETING

JULY 11, 2020,
9 AM – 2 PM
ANTICIPATED VIRTUAL (Details Later)

**SIGN YOUR BA AND NON-
DISCLOSURE AGREEMENTS AND
RETURN ASAP TO LERLA BY TEXT,
EMAIL, FAX OR PRINT MAIL**

COMPLETE YOUR HIE FORM AND
TRANSMIT TO HEATHER
MCCONNELL AT [423-571-4231](tel:423-571-4231)
hmccconnell@onepartner.com

**COMPLETE THE NEW CVCHIP ON-
LINE SURVEY TO BE RELEASED ON
JUNE 3.** WE ARE DETERMINING THE
SEVERITY OF COVID-19 ON OUR
PRACTICES BEFORE FINALIZING A
DRAFT BLEUEPRINT FOR MOVING
FORWARD

**POST YOUR EMERGENT POSTERS
AND SHARE INFORMATION WITH
YOUR PATIENTS.**

CONTACT MARILYN for more details at
mhwestcon@aol.com

CONTINUE TO EXPRESS
APPRECIATION 2 YOUR PATIENTS
AND STAFF WHENEVER U CAN!



STAFF ENGAGEMENT

UPCOMING EVENTS



TOPIC

COVID-19 AND HEIGHTENED
PRIMARY CARE PHYSICIAN AND
HEALTHCARE WORKER NEED

COMING SOON

KEISHA L. SMITH

EXECUTIVE DIRECTOR

**VIRGINIA HEALTH WORKFORCE
DEVELOPMENT AUTHORITY**

VHWA.ORG

 **BI-WEEKLY CHAT**

JUNE 3, 2020-7:30 AM

VIA ZOOM

Meeting ID: 871 6246 4083

Password: 213005

1 301 715 8592 US (TEL)

BI-WEEKLY CHAT

TOPIC: HCC CODING

PART 1

June 17, 2020 – 7:30 AM

Part 2

July 1, 2020 – 7:30 AM

SUBJECT MATTER EXPERT

Mrs. Monica Green

ACO, Practice Administrator

Charles City Medical Group, LLC

Certified Professional Coder

CHARLES CITY MEDICAL GROUP, LLC



cvchip.org is now LIVE!

**VISIT US FREQUENTLY
FOR HEALTHCARE INFO YOU CAN USE**

*** An Accountable Care
Organization (ACO)**



MORE NEWS YOU CAN USE

TELEHEALTH...

A GOLDEN OPPORTUNITY FOR CVCHIP ACO PRACTICES

- ▶ **PCPs Are the Backbone of US Health System**
- ▶ Primary Care is the foundation of the Triad Health System of America
- ▶ PCPs are entrusted to send the patient to the right place, at the right time
- ▶ COVID-19 has placed inordinate stress on the secondary and tertiary health system, requiring PCP's to be ready to manage the simple to the complex.
- ▶ Must insure that PCP's, their staff, and patients remain safe and healthy during this time (Social distancing) and available to provide care
- ▶ Telehealth, Virtual Visits, eVisits
- ▶ Due to risk, must STOP unnecessary face to face visits
- ▶ Medicare/ Commercials are relaxing the rules so that patients can have proper access to their providers.
- ▶ HIPAA and locations of patient have been relaxed only during the PHE(public health emergency)
- ▶ Most stable chronic care visits can be managed by telehealth
- ▶ Proper triage prior to going to ED is essential to prevent from overwhelming the system.

MORE PERTIENT INFORMATION ABOUT TELEHEALTH

- ▶ Stable, chronic disease especially suited to televisits
 - ▶ Remote Patient Monitoring and Chronic Care Management are additional services to insure early detection and intervention for regressing status
 - ▶ Urgent, non-respiratory illnesses are suitable
 - ▶ AWW's(self reported vitals), Transitional Care
 - ▶ Closing Care Gaps, Screening for Disorders
 - ▶ Group education
-
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TELEHEALTH PAYMENTS 99241 - 99245

Code	Description	2020 wRVU	National non-facility payment	National facility payment
99241	Office consult – Level 1	0.64	\$48.72	\$33.56
99242	Office consult – Level 2	1.34	\$92.03	\$70.74
99243	Office consult – Level 3	1.88	\$125.95	\$98.89
99244	Office consult – Level 4	3.02	\$188.75	\$159.16
99245	Office consult – Level 5	3.77	\$229.89	\$196.69

Virtual, eVisit - 99421-99423 *

Code	Description	2020 Work RVU's	National non-facility payment	National facility payment
99421	Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes	0.25	\$15.52	\$13.35
99422	11-20 minutes	0.50	\$31.04	\$27.43
99423	21 or more minutes	0.80	\$50.16	\$43.67

PLATFORMS NEEDED TO SUPPORT TELEHEALTH

- ▶ **EHR-** most vendors partner with services that provide this, price ranges from low to high, HIPAA compliant
- ▶ **Doxy.me-** entry level free, but add-ons such as email, archiving for a fee, price range low to medium, HIPAA compliant
- ▶ **Garage-** \$0.25/ppm, price low to high, depending on volume, allows texting and email, archiving, HIPAA compliant

- ▶ **Virtual visits**
 - Same as above
 - Smart Phone
 - eVisits
 - Patient Portal

- ▶ **CCM/TCM**
 - Garage- negotiable(presently a part of CVCHIP's PHT)
 - CareAdopt- onboarding fee, 50-50 split
 - Axum—no onboarding fee
 - In-house



CVCHIP ACO PARTICIPANTS AND BOARD MEMBERS

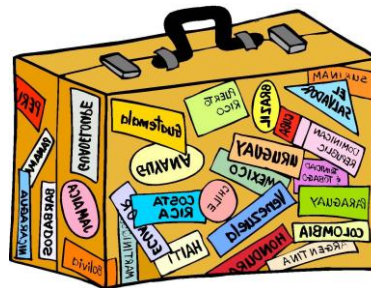
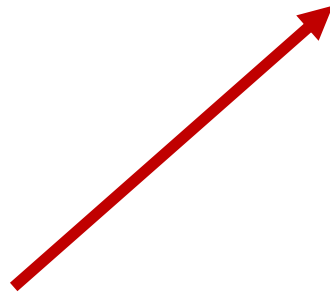
John Gehman, HouseCalls, MD
Leo Bowers, MD, Old Hampton
Family Medical Associates, PC
Jerome Smith, MD
Lind Chinnery, MD Divine Healthcare, LLC
Horace J. Jackson, MD
Graisse Abdelshaheed, MD,
Family Medicine Healthcare LLC

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Makini Ainsworth, MD, Wellness and Health Center
Leon Brown, Jr. MD
Lindley Smith, MD
James Cook, MD, Family Medical Center, PC
Zainab Dumbuya, PM, Cardiac Connections Home Health
Melissia Hill, RN, Professional Health Care, Inc
Lerla Joseph, MD, Charles City Medical Group, Inc.
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Shakara Elam, Quality Assurance Officer, CVCHIP LLC
Dr. Tania Akers-White, Lifestyle and Wellness LLC
Anna Peoples, PharmD, Peoples Pharmacy

WE ARE CONTINUING TO TRAVEL TO THE NEXT LEVEL...
VISIT FREQUENTLY OUR WEBSITE AT cvchip.org

STAY ON TRACK WITH US!



SEND NEWSLETTER TOPIC SUGGESTIONS TO

Dr. Lerla Joseph
Lerla.joseph@cvchip.org
cvchip.org

THANK YOU EVERYONE FOR
YOUR CONTINUING SUPPORT
&
2020 PROMISES TO BE
A GREAT YEAR EVEN WITH THE EFFECTS OF COVID-19

Marilyn H. West, Editor
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