



October 2024

MONTHLY



WELCOME TO KEEP MOVING FORWARD NEWS...

**"People (Patients) will never forget how you made them feel."
Maya Angelou**

CVCHIP, LLC is dedicated to delivering the highest quality, value based care to especially marginalized communities nationwide. The founders are a diverse group of physicians with a vision for physician lead and governed healthcare programs that enhance the patient experience, improve population health, reduce the cost of care, boost care team well being, and advance health equity.

We have held tight to our **Vision** to "Promote and sustain healthy living and vibrancy for Medicare Beneficiaries through the highest quality, value-based care through highly credential providers and staff." At CVCHIP, we believe that health is not just the absence of disease, but a state of complete physical, mental, and social well-being.

Our **Core Principles** are the foundation of our business.

- Unquestioned ethics and values
- Superb quality, accessible and affordable care
- Best practices to elevate organizational and professional performance, accountability and advocacy
- Principled leadership
- Exceptional patient engagement and service

Our reach since 2012 has been nationwide and we are so appreciative of the providers, partners and patients who have

journeyed with us in areas such as Virginia, Texas, Florida, California, and Pennsylvania.

Demonstration of our capability is captured in outcomes such as the following:

- ...**12 years** of MSSP & REACH ACO Experience
- ...**19+ million \$\$\$** in Shared Savings Distribution
- ...**8 Years** of Consistent Triple Aim Experience
- ...**2023 NATIONAL RANKING**
- # 14** of Most Cost-effective of 580 CMS Approved ACOs
- # 10** Without Health Systems Affiliation
- # 6** Managing Complex Care

We are excited about the Breaking News we recently shared about the decisions of Equality Health and Oasis Partners Virginia to invite CVCHIP, LLC as a partner. We too are moving forward to strengthening our relationship with the National Medical Association and other organizations that can help complement and enhance the performance of our practices to help ensure their sustainability and vibrancy!

Stay Healthy and Safe!

Leola G. Joseph, MD
FOUNDER, CHAIR & CEO

In This Newsletter:

STORY OF
IMPACT: Health
Equity
is A Proven
Pathway to
Healthy Living

Education &
Awareness
Makes Sense

Featured
Monthly Health
Celebrations

Why Health
Literacy Is
Important &
Should Be a
Priority

WOW NOW
Page !!!!

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That Made a Difference

MONTHLY IMPACT STORY

Health Equity is a Pathway to Healthy Living

Health equity is the state in which everyone has a fair and just opportunity to attain their highest level of health according to the CDC

Foundational Principles as taken from Healthy People to 2030 that Embrace Health Equity are:

- The health and well-being of all people and communities is essential to a thriving, equitable society.
- Promoting health and well-being and preventing disease are linked efforts that encompass physical, mental, and social health dimensions.
- Investing to achieve the full potential for health and well-being for all provides valuable benefits to society.
- Achieving health and well-being requires eliminating health disparities, achieving health equity, and attaining health literacy.
- Healthy physical, social, and economic environments strengthen the potential to achieve health and well-being.
- Promoting and achieving health and well-being nationwide is a shared responsibility that is distributed across the national, state, tribal, and community levels, including the public, private, and not-for-profit sectors.
- Working to attain the full potential for health and well-being of the population is a component of decision-making and policy formulation across all sectors.

In the months ahead, CVCHIP, LLC intends to roll out healthy equity strategies that can help providers to prevent and manage chronic disease. See some of the reasons focusing on Chronic Disease should be a priority.

An estimated 129 million people in the US have at least 1 major chronic disease (1) (eg, heart disease, cancer, diabetes, obesity, hypertension) as defined by the US Department of Health and Human Services (2). Five of the top 10 leading causes of death in the US are, or are strongly associated with, preventable and treatable chronic diseases (3). Over the past 2 decades prevalence has increased steadily, and this trend is expected to continue (4). An increasing proportion of people in America are dealing with multiple chronic conditions; 42% have 2 or more, and 12% have at least 5 (5). Besides the personal impact, chronic disease has a substantial effect on the US health care system. About 90% of the annual \$4.1 trillion health care expenditure is attributed to managing and treating chronic diseases and mental health conditions (6).

The Healthy Living Center in Norfolk, Virginia founded and led by Dr. Olivia Newby has proven outcomes about the positive impact that health equity has on chronic diseases and more. CVCHIP, LLC is proud to recognize Dr. Olivia Newby and all associated with her copyrighted program including her spouse, Dr. James Newby of Primary Care Specialists of Norfolk, Va. Dr. James Newby has played a significant role with CVCHIP, LLC serving on its board and a strong advocate for ACOs.

**Learn More
about the Healthy Living Center:**



REFERENCES:

<https://health.gov/healthypeople/about/healthy-people-2030-framework>

https://www.cdc.gov/pcd/issues/2024/23_0267.htm

<https://www.cdc.gov/health-equity/what-is/index.html>

It makes SENSE

“Strengthening Primary Care Reimbursement Models To Improve Medicare’s Outcomes And Efficiency” (An Excerpt)

On a national level, policymakers are acknowledging the challenges that patients face as they seek primary care. Primary care offers patients a true medical home: a trusted, usual source of care where they are known and can access early detection and treatment of disease and preventive care. The benefits of primary care go beyond better outcomes; it promotes cost savings within Medicare. High-performing primary care providers have delivered billions of dollars in savings to the federal government. Data from the Medicare Shared Savings Program (MSSP), Medicare’s largest Accountable Care Organization (ACO) program serving 11 million beneficiaries, indicates that primary care-focused ACOs provide higher-value services on a population basis. In 2022 alone, MSSP saved Medicare \$1.8 billion. In Medicare’s ACO REACH program, primary care-led ACOs contributed to the \$371.5 million Medicare gained. Strengthening primary care through programs that incentivize new entrants into value-based care is critical; equally important is support for practices already in mature value-based payment models.

Read More

<https://www.healthaffairs.org/content/forefront/strengthening-primary-care-reimbursement-models-improve-medicare-s-outcomes-and>



OCTOBER 2024

FEATURED HEALTH CELEBRATIONS

- Breast Cancer Awareness
- Domestic Violence Awareness
- Emotional Wellness
- Health Literacy
- Long Term Care Planning
- National Depression Education & Awareness
- National Substance Abuse Prevention



Spotlight on Health Literacy...THE WHY !!!

Health Literacy Affects Everyone

Health literacy is important for everyone because, at some point in our lives, we all need to be able to find, understand, and use health information and services. Taking care of our health is part of everyday life, not just when we visit a doctor, clinic, or hospital. Health literacy can help us prevent health problems, protect our health, and better manage health problems when they arise.

Source: CDC

WOW!

NOW PAGE !!!!



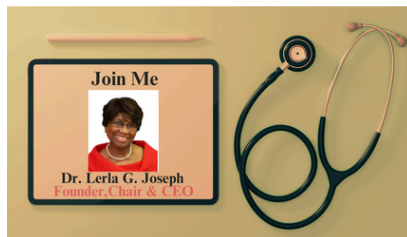
Oasis Health Partners & Equality Health partner with CVCHIP, LLC to enhance opportunities for Virginia Primary Care Providers and their patients who choose to align with these organizations

LEARN MORE
<https://equalityhealth.com/>
<https://oasishealth.com/>

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Lerla G. Joseph, MD
Founder, Chair & CEO



CHATS



LEARN MORE VIRTUALLY ABOUT
VALUED-BASED CARE &
THE CVCHIP JOURNEY AS AN ACO;
RESOURCES TO HELP PROMOTE OUTCOMES
FOR PRACTICES & BENEFICIARIES

MONTHLY
7:30-8:00 AM
Beginning October 1, 2024



HIGHLY RECOMMENDED

"What an Extraordinary Exhibition!
THANK YOU BHIMVA for Your
VISION and Your SPONSORS! I am
Honored to be One of the Black Voices
Shaping Healthcare in Virginia."
Dr. Lerla G. Joseph
Founder, Chair & CEO



See More:



A Prescription for Change:
Black Voices Shaping Healthcare in Virginia

September 18th, 2024 | 5:30PM - 8:00 PM



HOW TO USE PROVEN STRATEGIES TO GENERATE, PRESERVE AND GROW ORGANIZATIONAL AND PERSONAL WEALTH. A BALANCING ACT



MEET THE INNOVATORS



CVCHIP, LLC

LERLA G. JOSEPH, MD, CEO
LEI S. CHARLTON, MD, CMO

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Thank You for Reading & See You Next Month
Dr. Marilyn West, Editor