



SPECIAL EDITION HEALTH JOURNAL & GUIDE APRIL 2020



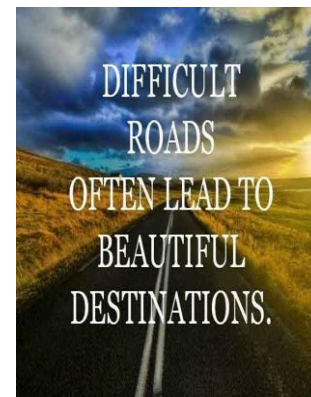
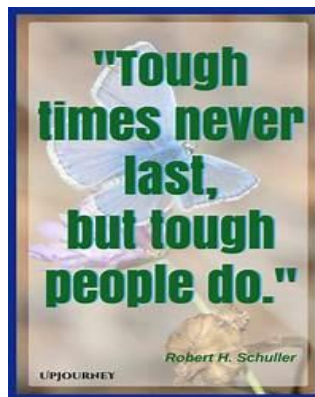
PRESIDENT'S MESSAGE DR. LERLA G. JOSEPH

At no time in my lifetime would I have even dreamed of the COVID-19 pandemic in a world that is filled with substantial intellectual capital, resources and research. The impact has been severe and wrecking havoc void of discretion in its impact on individuals and businesses. As we ride through the storms, we must equip ourselves with as many interventions as possible to insure sustainability on the way of vibrancy down the road.

Telemedicine represents a pathway forward and the time is now to come aboard. I recognize that some practices have more capability than others to hit the ground running but it is essential that you take action now to experience the benefits from these resources. **The time is NOW as I believe ACO's will experience marked cost increases in 2020 and beyond.** More detailed information about telemedicine, payments and resources may be referenced on pages 4 thru 8.

Through it all, I believe that we can overcome and continue our love of medicine to help those in need. It clearly won't be easy and we must be prepared for some disappointments in failing to reach our goals. But the lows will be outranked by the highs in my opinion.

Please recall the following as you set the agenda for your days ahead:



Stay Safe And Healthy and Share Your Thoughts With Me At Any Time. CVCHIP is about continuous improvement.
Thank you for your continuing support!

MONEY IN THE BANK!

MONEY SHARES SAVINGS PROGRAM

Don't Miss Out on the opportunity to earn cash from the Medical Shared Savings Program. It should help insure your ACO practice has a brighter future. Join your CVCHIP colleagues who have already completed the following form. They know that this is a first step towards this benefit and to finalize CVCHIP's practices with Emergent ACO.

<https://www.wrike.com/form/eyJhY2NvdW50SWQjQzNzgwNjYwZGFza0ZvcmlJZCI6MjkzMjk5fQk0NzMONjA3ODg4NjA3CTBIZGE4ZmYwMGM5NjExNGUwMDM0NGRiZWZiMGQwMmYyYmlwNzc1NTE1NjZiNzBjNDEwM2JhZDQ0MWM5ZDFhYmU=>

Call Heather McConnell of OnePartner for Assistance at: 423-571-4231 or hmccconnell@onepartner.com

THE PAYROLL PROTECTION PLAN

The PPP represents an additional opportunity to keep funds flowing as a means of retaining staff during the COVID-19 pandemic. You may also find value in applying for this stimulus to help stabilize employment during COVID-19. See more details on Page 4.

CARES Act Provider Relief Fund

The President signed the bipartisan CARES legislation that provides \$100 billion in relief funds to hospitals and other healthcare providers on the front lines of the coronavirus response.

Recognizing the importance of delivering funds in a fast and transparent manner, the Department of Health and Human Services (HHS) is distributing \$30 billion of the relief funds immediately.

These are payments to healthcare providers, not loans, and will not need to be repaid.

See the link below:

hhs.gov/providerrelief

TELEHEALTH

Under the Coronavirus Preparedness and Response Supplemental Appropriations Act and Section 1135 waiver authority, the Centers for Medicare & Medicaid Services (CMS) broadened access to Medicare telehealth services, so beneficiaries can

get a wider range of services from their doctors and other clinicians without traveling to a health care facility. On March 6, 2020, Medicare began temporarily paying clinicians to furnish beneficiary Telehealth services residing across the entire country.

See more on Pages 5-8

COVID-19 Updates

PLEASE READ

**ALL THAT YOU CAN AND DETERMINE
THE BEST APPROACH FOR
RESPONDING TO YOUR PATIENTS'
NEEDS, ANXIETIES AND A PATH
FORWARD!**

**Don't Burn Out and Embrace the
Guidance We Give Our Patients**

BELOW ARE A FEW OF CVCHIPS WEBSITE PICS

<https://www.cdc.gov/library/researchguides/2019novelcoronavirus/websites.html>

<http://aaaccountablecare.org/>

<https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/TelehealthSrvcsfctsht.pdf>

<http://covid19.healthdata.org/united-states-of-america>

www.sba.org

<https://www.virginia.gov/>

<https://seniorconnections-va.org/>

APRIL 2020

REMINDERS

CELEBRATE MONTHLY CELEBRATIONS

Alcohol Awareness
Autism Awareness
Cancer Control
Child Abuse Prevention
Defeat Diabetes
Emotional Overeating Awareness
Financial Literacy
Black Women's History
Jazz Appreciation
National Donate Life
National Humor
National Minority Health
Physical Wellness
Stress Awareness

**JOIN THE BI-WEEKLY CHAT
VIA ZOOM
ON 4/22, 5/6 & 5/20
AT 7:30 AM**



BOARD MEETING

**MAY 9, 2020,
9 AM – 2 PM
VIRTUAL (Details Later)**

**SIGN YOUR BA AND NON-
DISCLOSURE AGREEMENTS AND
RETURN ASAP TO LERLA BY TEXT,
EMAIL, FAX OR PRINT MAIL**

**COMPLETE THE CVCHIP ON-LINE
SURVEY ABOUT THE ECONOMIC
IMPACT OF COVID-19 ON YOUR
PRACTICE. THE RESULTS WILL BE
USED TO DESIGN A BLUEPRINT FOR
CVCHIP'S FUTURE**

**POST YOUR EMERGENT POSTERS
AND SHARE INFORMATION WITH
YOUR PATIENTS THROUGH
CORRESPONDENCE.**

CONTACT MARILYN for more details at
mhwestcon@aol.com

**EXPRESS APPRECIATION TO
YOUR STAFF AND PATIENTS
WHENEVER YOU CAN!**

STAFF ENGAGEMENT



USE YOUR BANK OF PREFERENCE FOR ASSITANCWE

Paycheck Protection Program Overview	
Covered Loan Period	Retroactive to February 15, 2020 through June 30, 2020
Eligible Businesses	Small businesses, nonprofits, Tribal business concerns, and veteran's organizations that: <ul style="list-style-type: none"> • Have less than 500 employees or the applicable size standard for the industry as provided by SBA, or • Are sole proprietors, self-employed individuals, or independent contractors • Were in business on Feb 15, 2020
Maximum Loan Amount	The lesser of: <ul style="list-style-type: none"> • 2.5X average monthly payroll costs during the 1-year period* before the date on which the loan is made, or • \$10 million <i>*For new businesses, the measurement period would be Jan 1 to Feb 29, 2020</i> <p>The legislation also temporarily increases the maximum amount for an SBA Express loan from \$350,000 to \$1 million through December 31, 2020.</p>
Guarantees	Increases the government guarantee of 7(a) loans to 100 percent through December 31, 2020
Allowable Uses	<ul style="list-style-type: none"> • Payroll costs • Health care benefits (including paid sick or medical leave, and insurance premiums) • Mortgage interest obligations • Rent obligations • Utility payments • Interest on other debt obligations incurred previous to Feb 15, 2020
Eligible Lenders	SBA and the Department of the Treasury are granted authority to determine additional lenders to administer the Payment Protection Program loans.
Maturity Schedule	Maximum 10-year maturity after application for loan forgiveness
Interest Rate	Not to exceed 4 percent during the covered period
Payment Deferral	Not less than 6 months and not more than 1 year (including payment of principal, interest, and fees)
Terms of Loan Forgiveness (Sec. 1106)	<ul style="list-style-type: none"> • Loan recipients will be eligible for loan forgiveness for an 8-week period after the loan's origination date in the amount equal to the sum of the following costs incurred during that period: <ul style="list-style-type: none"> • Payroll costs (compensation above \$100,000 excluded) • Payment of interest on mortgage obligation • Rent obligations • Utility payments • The amount forgiven cannot exceed the amount borrowed. • Loan forgiveness will be proportionally reduced if the average number of employees is reduced during the covered period as compared to the same period in 2019. The amount of loan forgiveness will be reduced by the amount of any reduction in total employee salary or wages during the covered period that is in excess of 25 percent of the total salary or wages. <ul style="list-style-type: none"> • Payroll documentation and documentation of expenses are required to receive forgiveness, to ensure the forgiveness was used to retain employees and pay expenses. • Borrowers that rehire laid off workers by June 30 won't be penalized for having a smaller workforce at the beginning of the period. • Borrowers with tipped workers may receive loan forgiveness for the additional wages paid to those employees. • Lenders have 60 days to issue a decision on the application. • The canceled loan amount will not count towards gross income for tax purposes.
Waivers	<ul style="list-style-type: none"> • Borrower and lender fees are waived • Prepayment fees are waived
Borrower Requirements	<ul style="list-style-type: none"> • Good faith certification that the loan is necessary because of economic uncertainty caused by COVID-19 and will be applied to maintain payroll and make required payments. • Borrower must also certify that they are not receiving this assistance and duplicative funds for the same uses from another SBA program. • No collateral or personal guarantee are required.
Nonbinding Guidance	Lenders should prioritize small businesses, entities in underserved and rural markets, veterans and members of the military community, small business concerns owned by socially and economically disadvantaged individuals, women, and businesses in operation for less than 2 years.
Appropriated Amounts for Program	\$349 billion

This is not a commitment to lend or extend credit. Approval of a loan is subject to the customer's satisfaction of all eligibility and documentation requirements. This information is updated as of 3/27/2020. Terms and conditions are subject to change. Member FDIC. Equal Housing Lender.



TELEHEALTH...

A GOLDEN OPPORTUNITY FOR CVCHIP ACO PRACTICES

- ▶ **PCPs Are the Backbone of US Health System**

- ▶ Primary Care is the foundation of the Triad Health System of America
- ▶ PCPs are entrusted to send the patient to the right place, at the right time
- ▶ COVID-19 has placed inordinate stress on the secondary and tertiary health system, requiring PCP's to be ready to manage the simple to the complex.
- ▶ Must insure that PCP's, their staff, and patients remain safe and healthy during this time (Social distancing) and available to provide care

- ▶ **Telehealth, Virtual Visits, eVisits**

- ▶ Due to risk, must STOP unnecessary face to face visits
- ▶ Medicare/ Commercials are relaxing the rules so that patients can have proper access to their providers.
- ▶ HIPAA and locations of patient have been relaxed only during the PHE(public health emergency)
- ▶ Most stable chronic care visits can be managed by telehealth
- ▶ Proper triage prior to going to ED is essential to prevent from overwhelming the system.

MORE PERTIENT INFORMATION ABOUT TELEHEALTH

- ▶ Stable, chronic disease especially suited to televisits
 - ▶ Remote Patient Monitoring and Chronic Care Management are additional services to insure early detection and intervention for regressing status
 - ▶ Urgent, non-respiratory illnesses are suitable
 - ▶ AWW's(self reported vitals), Transitional Care
 - ▶ Closing Care Gaps, Screening for Disorders
 - ▶ Group education
-
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TELEHEALTH PAYMENTS 99241 - 99245

Code	Description	2020 wRVU	National non- facility payment	National facility payment
99241	Office consult – Level 1	0.64	\$48.72	\$33.56
99242	Office consult – Level 2	1.34	\$92.03	\$70.74
99243	Office consult – Level 3	1.88	\$125.95	\$98.89
99244	Office consult – Level 4	3.02	\$188.75	\$159.16
99245	Office consult – Level 5	3.77	\$229.89	\$196.69

Virtual, eVisit - 99421-99423 *

Code	Description	2020 Work RVU's	National non-facility payment	National facility payment
99421	Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes	0.25	\$15.52	\$13.35
99422	11-20 minutes	0.50	\$31.04	\$27.43
99423	21 or more minutes	0.80	\$50.16	\$43.67

PLATFORMS NEEDED TO SUPPORT TELEHEALTH

- ▶ **EHR-** most vendors partner with services that provide this, price ranges from low to high, HIPAA compliant
- ▶ **Doxy.me-** entry level free, but add-ons such as email, archiving for a fee, price range low to medium, HIPAA compliant
- ▶ **Garage-** \$0.25/ppm, price low to high, depending on volume, allows texting and email, archiving, HIPAA compliant
- ▶ **Virtual visits**
 - Same as above
 - Smart Phone
 - **eVisits**
 - Patient Portal
- ▶ **CCM/TCM**
 - Garage- negotiable(presently a part of CVCHIP's PHT)
 - CareAdopt- onboarding fee, 50-50 split
 - Axum—no onboarding fee
 - In-house

CVCHIP ACO PARTICIPANTS



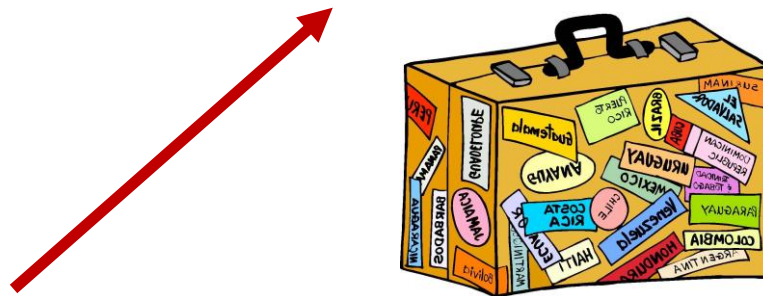
John Gehman, HouseCalls, MD
Leo Bowers, MD, Old Hampton
Family Medical Associates, PC
Jerome Smith, MD
Lind Chinnery, MD Divine Healthcare, LLC
Horace J. Jackson, MD
Graisse Abdelshaheed, MD,
Family Medicine Healthcare LLC

Lei S. Charlton, MD, Lei S. Charlton, MD, PC
Vernis Beverly, MD, Adult and Pediatric Medical Associates
Makini Ainsworth, MD, Wellness and Health Center
Leon Brown, Jr. MD
Lindley Smith, MD
James Cook, MD, Family Medical Center, PC
Zainab Dumbuya, PM, Cardiac Connections Home Health
Melissia Hill, RN, Professional Health Care, Inc
Lerla Joseph, MD, Charles City Medical Group, Inc.
Stacy Riedt, ANP, Virginia Family Practice, PC
James Newby, MD, Primary Care Specialist
Mitzi Sampson, MD, Central VA Family Medicine, PC

Keith Newby, MD, Fort Norfolk Plaza Medical Associates
Edward G. West, Board Member, CVCHIP LLC
Dr. Thelma B. Watson, Board Member. CVCHIP LLC
Michael Perriccio, Board Member, CVCHIP LLC
Earl R. King, Jr., Compliance Officer, CVCHIP LLC
Munica Green, Practice Administrator, CVCHIP LLC
Marva Fretheim, Patient Consultant, CVCHIP LLC
Shakara Elam, Quality Assurance Officer, CVCHIP LLC
Dr. Tania Akers-White, Lifestyle and Wellness LLC
Anna Peoples, PharmD, Peoples Pharmacy

**WE ARE CONTINUING TO TRAVEL TO THE NEXT LEVEL...WE ARE AT THE
SECOND STOP IN RICHMOND VIRGINIA**

STAY ON TRACK WITH US!



SEND NEWSLETTER TOPIC SUGGESTIONS TO

Dr. Lerla Joseph
Lerla.joseph@cvchip.com

**THANK YOU EVERYONE FOR
YOUR CONTINUING SUPPORT
&**

**2020 PROMISES TO BE
A GREAT YEAR EVEN WITH THE EFFECTS OF COVID-19**

Marilyn H. West, Editor
Consulting@mhwest.com
804.337.7575