

Newsletter 3: A guide to becoming involved in preventing this opioid crisis

Get Involved

There are numerous ways to contribute to opioid education initiatives for minority youth. Whether you're an educator, a parent, or a community member, your involvement can make a significant difference.

To Get Involved Contact:

Our Email: mayur.bhatt@insightfulawareness.org

Or Visit our Website to Learn More: insightfulawareness.org

**At Insightful Awareness,
we aim to make a deeper
change in the community
which is only possible
through your involvement!**



Ways to Get Involved:

- Volunteer:

- Join local organizations that focus on opioid education and support their programs through volunteering your time and skills.

- Donate:

- Financial contributions can help sustain and expand educational programs, ensuring they reach more youth.

- Advocate:

- Advocate for policy changes at the local and state levels that support comprehensive opioid education in schools and communities.

- Educate Yourself and Others:

- Stay informed about the latest information on opioids and share this knowledge with your community. Hosting informational sessions or discussions can help spread awareness.

Together, we can empower minority youth with the knowledge and resources they need to make informed decisions and lead healthy, drug-free lives.



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