



Nathaniel Rogers

Author • Speaker • Spiritual Freedom Advocate

Author of *Authenticity: A Return to Your God-Created Self*



nathanielrogers-author.com
nr@pdhfinancial.com

ABOUT NATHANIEL

Nathaniel Rogers knows what it feels like to perform your faith — to check every box, serve on every committee, and follow every rule, yet feel spiritually empty and completely lost inside your own religion.

His journey from performance-based religion back to the person God created him to be is at the heart of his message. As author of *Authenticity: A Return to Your God-Created Self*, Nathaniel brings honesty, hope, and deep scriptural grounding to audiences navigating spiritual exhaustion, identity, and genuine faith.

With experience speaking at churches, conferences, and small group settings, Nathaniel delivers messages that don't just challenge — they free people.

IDEAL AUDIENCES

- **Recovery Ministries & Support Groups**
Communities healing from controlling, high-demand, or spiritually abusive environments
- **Spiritual Direction Programs**
Programs focused on identity, authentic faith, and deeper relationship with God
- **Counseling & Therapy Centers**
Client workshops and CE events on religious trauma, identity loss, and spiritual recovery
- **Faith-Based Conferences & Retreats**
Events centered on spiritual formation, burnout recovery, and authentic living

NOW AVAILABLE

Authenticity:
A Return to Your God-Created Self

Available on Amazon and nathanielrogers-author.com

Bulk pricing available for ministries & organizations

SIGNATURE TALKS

Authenticity: Coming Home to Who God Created You to Be

The keynote drawn from his book. Nathaniel walks audiences through the journey from performance-based faith to a genuine, living relationship with God — and with themselves. Ideal for retreats, conferences, and recovery ministry events.

The Performance Trap: Why Trying Harder Is Making You Worse

A direct look at how performance culture infiltrates faith and what it costs spiritually, emotionally, and relationally. Practical steps for breaking free. Ideal for ministry teams, leadership gatherings, and counselor CE workshops.

Your True Self Is Not a Threat to God

Addressing the fear that authenticity and faith are in conflict. Nathaniel makes the case — from Scripture — that your God-created self is not something to suppress, but something to recover. Ideal for spiritual abuse recovery groups and counseling-adjacent settings.

The Wilderness Is Not the End: Navigating Faith Transition

For those in the disorienting in-between of spiritual change — a message of hope and direction for people navigating the space between who they were and who they're becoming. Ideal for deconstruction and recovery communities.

BOOKING & LOGISTICS

- Format:** Keynote • Workshop • Retreat session • Multi-session series
- Length:** 30 min / 45 min / 60 min / Half-day or full-day workshop
- Location:** Available nationwide — in-person and virtual
- Honorarium:** Starting at \$500 — contact for custom pricing
- Books:** Signed copies available at back-of-room pricing

"God isn't calling you to try harder. He's calling you home."

nathanielrogers-author.com • nr@pdhfinancial.com • Garner, NC