



WEIGHT NO MORE - MEDICAL HISTORY

| | | | |
|---|------------|----------------------------|--|
| First Name | MI | Last Name | Date of Birth |
| Physical Address | | City | State Zip |
| Mailing Address | | City | State Zip |
| Home Phone | Work Phone | Cell Phone | Ok to Contact? If yes, where? |
| Height | Weight | Marital Status | Do you want to receive blogs? <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Email Address | | How did you hear about us? | |
| Occupation | | | |
| Family Physician | | Phone No | Last Exam |
| Permission to consult with your doctor? <input type="checkbox"/> Yes <input type="checkbox"/> No | | If yes, sign here: | |
| Do you have any current medical problems? (please explain) | | | |
| List any <u>significant past</u> medical problems: (your medical history is on the back of this sheet) | | | |
| In your family is there a history of: <input type="checkbox"/> Heart Problems <input type="checkbox"/> Stroke <input type="checkbox"/> Diabetes <input type="checkbox"/> Cancer <input type="checkbox"/> Kidney Disease <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Endocrine Disorders <input type="checkbox"/> Or anything else you think might be important? | | | |
| Weight problem in the family? <input type="checkbox"/> Yes <input type="checkbox"/> No | | | |
| Have you ever had thyroid, cholesterol, or triglyceride tests? <input type="checkbox"/> Yes <input type="checkbox"/> No If so, when and explain results: | | | |
| Do you take any medications? <input type="checkbox"/> Yes <input type="checkbox"/> No Please List if YES: _____ _____ _____ | | | |
| Allergies to any medications? | | | |
| Have you ever taken prescription or non-prescription meds/products for appetite control? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, when and what? | | | |
| Do you have any history of Thyroid problems? Have you taken a Thyroid Hormone or Cortisone? <input type="checkbox"/> Yes <input type="checkbox"/> No If so, please explain: | | | |

History or any of the following? If Yes, Please Explain

Anemia Yes No Cancer Yes No Chronic Fatigue or Weakness Yes No
Diabetes Yes No Glaucoma Yes No
If YES, Please Explain:

Chest Pain Yes No Heart Attack Yes No Heart Disease Yes No
High Blood Pressure Yes No Irregular Heart Beat Yes No Palpitations Yes No
If YES, Please Explain:

Have you ever been given an EKG? Yes No If so, when and why?

Shortness of breath on mild exertion or when lying down? Yes No
Swelling of the ankles or leg cramps? Yes No
If YES, Please Explain:

Asthma Yes No Chronic or bloody cough Yes No Difficulty Breathing Yes No
Lung Disease Yes No TB Yes No Wheezing Yes No
If YES, Please Explain:

Bladder Disease, Infection, or Stones Yes No Blood Urine Yes No
Frequent or painful urination Yes No Kidney Disease Yes No
If YES, Please Explain:

Fractures Yes No Freq or Severe Headaches Yes No
Head Injuries/Loss of Consciousness Yes No
If YES, Please Explain:

Bi-polar Illness Yes No Convulsions/Seizures Yes No Dizzy Spells Yes No
Emotional Problems Yes No Fainting Yes No Insomnia Yes No
If YES, Please Explain:

Arthritis Yes No Back, Joint, or Bone Problems Yes No Skin Problems Yes No
If YES, Please Explain:

Abdominal Pain Yes No Constipation or Diarrhea Yes No Liver Disease Yes No
Stomach or Digestion Trouble Yes No
If YES , Please Explain:

Menstrual difficulties, hot flashes, bloating, headaches before or with period, or PMS?
Are your periods regular? Yes No Last period?

| | | | |
|---|---------------------|---|---------------------|
| Do you use Tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No | How Much/How Often: | Do you use Alcohol? <input type="checkbox"/> Yes <input type="checkbox"/> No | How Much/How Often: |
|---|---------------------|---|---------------------|

Anything else you think your doctor should know? Yes No If yes, please explain:



WEIGHT NO MORE – NOTICE OF PRIVACY PRACTICES

| | |
|---------------|----------------|
| Patient Name: | Date of Birth: |
|---------------|----------------|

Due to government regulations we are required to have you sign the Privacy Policy for this office. If you would like to read the entire policy, please request a copy from the front desk. Your privacy is strictly guarded and no information is released without your signed authorization.

We want you to know that we respect and protect the privacy of your personal information. As healthcare providers, we are governed by the Health Insurance Portability and Accountability Act (HIPAA) and the “Privacy Rule”. As such, we need your consent for the use and disclosure of your personal healthcare information (PHI) in order to carry out your treatment.

It is our policy to properly determine the appropriate use of PHI in accordance with the government rules and regulations. As a part of this plan, we have implemented a compliance program that oversees the use of PHI. All employees, managers, nurses, and physicians continually undergo training on how to comply with government rules and regulations regarding HIPAA and the “Privacy Rule”. We strive to achieve the highest standard of ethics and integrity in performing services for our patients. Only when it is deemed appropriate and necessary to carry out treatment, payment, or other healthcare operations will we provide other entities with your PHI (examples of such entities are hospitals, surgery centers, laboratories, and billing companies).

You have the right to revoke this consent except where we have already made disclosures based upon your prior consent. You may use our “Authorization for Release of Information Form” to revoke your consent or you may simply send us a letter.

I have read and understand the policy as outlined above. I understand my rights under the HIPAA regulations and those of this medical office. I authorize Weight No More to use and disclose my PHI for treatment, payment or other healthcare operations. I understand that if I do not sign this form Weight No More has the right to refuse to treat me.

| | |
|-----------------------|-------|
| Signature of Patient: | Date: |
|-----------------------|-------|

PATIENT CONSENT

I authorize Weight No More to release information pertaining to my treatment and care to the following:

| | |
|-------|---------------|
| Name: | Relationship: |
| Name: | Relationship: |
| Name: | Relationship: |

OFFICE USE ONLY

I attempted to obtain the patient’s signature in acknowledgement on this Notice of Privacy Practices, but was unable to do so as documented below:

Date: _____ Initials: _____ Reason: _____



WEIGHT NO MORE – PRESCRIPTION PICK UP

I, _____, hereby authorize the individual(s) listed below to pick up my prescription(s) for me at Weight No More:

| | |
|-------|---------------|
| Name: | Relationship: |
| Name: | Relationship: |

I understand that my agent/representative must provide a valid photo identification each time he/she picks up my prescription(s). This authorization will remain active until I revoke it by contacting the staff at Weight No More.

| | |
|--------------------|-------|
| Patient Signature: | Date: |
|--------------------|-------|

Only complete below if request has been revoked:

| | |
|-------------|-----|
| Revoked On: | By: |
|-------------|-----|