

# gathering your creative possibility.

"I don't believe you have to drop everything in order to change your life – the simplest things can create the biggest shift." - Ellen Jenny Watkins

Creativity starts with simple steps that help you think outside the box, problem-solve, and look at life from new angles.

Let's explore ways to flex your creative muscles, inspired by the spirit of Cowboy Poetry and the endless potential of creativity.

**Take a few moments to reflect and jot down your thoughts in the spaces below.**

Think of at least 3 things that inspire you creatively. These could be books, music, movies, people, events, activities, places, etc.

  
  

When elements felt inspirational to you?

Recall a time when you felt most creative. What were you doing? What made it feel so fulfilling? What could that teach you?

What's one simple shift you could make to think more creatively this week?