



Catering Menu
Website: monroesuggs.com
Phone-301-848-6010

~Cold Hors d'oeuvres~

- *Bruschetta w/Smoked Salmon & Dill Cream Cheese*
- *Deviled Eggs (Traditional)*
- *Deviled Eggs w/Saffron Poached Lobster & Fried Onion*
- *Fresh Fruit Skewers w/Mango Coulis*
- *Fresh Fruit Salad Shooter w/Cinnamon Tortilla Strips*
- *Fresh Fruit Sushi served w/Strawberry and/or Kiwi Dipping Sauce*
- *Poached Citrus & Rosemary Infused Shrimp Cocktail served with cocktail sauce and lemon*
- *Salmon Mousse served in a Phyllo Cup*
- *Seared Tuna w/Teriyaki Glaze (Cooked to medium unless otherwise requested)*
- *Sesame Garlic Shrimp Skewers*
- *Vegetable Spring Roll w/Sweet Thai Chili Sauce*
- *Vegetable Sushi w/Siracha Aioli*
- *Vegetable Summer Roll w/Sweet Thai Chili Sauce*

~Hot Hors d'oeuvres~

- *Broiled Crab Balls w/Old Bay Remoulade*
- *Chicken Satay w/Sweet Thai Chili Sauce*
- *Grilled Scallops w/Old Bay Remoulade*
- *Mini Beef Wellington w/Old Bay Remoulade*
- *Mini Crab Egg Rolls w/Old Bay Remoulade*
- *Minature Quiche Lorraine*
- *Mini Salmon Wellington w/Old Bay Remoulade*
- *Salmon Croquettes w/Old Bay Remoulade*
- *Meatballs (Brown Gravy Sauce, Marinara, Sweet & Sour, Swedish)*
- *Vegetable Kabobs*
- *Vegetable Spring Rolls w/Sweet Thai Chili Sauce*
- *Wings (Choice of sauce-Basil Balsamic, BBQ, Buffalo, Old Bay Hot Sauce, Old Bay Dry Rub, Lemon Pepper, Honey Garlic, Sweet & Sour, Teriyaki, Thai Chili)*



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~Platters~

- *Cheese Platter*
- *Deli Platter*
- *Crudités Platter*
- *Fruit & Cheese Platter w/Seasonal Berries & assorted International/Domestic Cheeses and Crackers*
- *Cheese & Vegetable Platter assorted International/Domestic Cheeses, Carrot, Celery, Cherry Tomatoes, & Cucumber.*
- *Fruit & Vegetable Platter assorted seasonal Fruit, Carrot, Celery, Cherry Tomatoes, & Cucumber.*
- *Pulled Chicken Sandwiches*
- *Curry Chicken Salad Sandwiches*
- *Tuna Salad Sandwiches*
- *Sushi (Fruit)*
- *Sushi (Traditional)*
- *Sushi (Vegetable)*

~Salads~

- *Asian Green Bean Salad w/Apple Sesame Vinaigrette*
- *Berry Summer Salad w/Mixed Greens, fresh berries, and aged smoked gouda served with balsamic glaze.*
- *Cesar Salad*
- *Crab Salad*
- *Egg Salad*
- *Chicken Salad*
- *Chicken & Vegetable Pasta Salad*
- *Crab & Shrimp Seafood Salad*
- *Cucumber & Tomato Salad w/Avocado Vinaigrette*
- *Curry Chicken Salad*
- *Kale Apple Salad w/Red Onion Pesto*
- *Lemon Parmesan Kale Salad w/Lemon Vinaigrette*
- *Macaroni Tuna Salad*



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- *Mixed Green Garden Salad w/Carrot Threads, Tomato, & Cucumber (Choice of 1 dressing Ranch, Italian, Balsamic Glaze, Vidalia, Blue Cheese, & French)*
- *Oriental Chicken Salad*
- *Potato Salad (Traditional)*
- *Shrimp Salad*
- *Spinach Salad w/Gorgonzola Crumbles, Red Onion, Cherry Tomato served w/Balsamic Vinaigrette*
- *Vegetable Pasta Salad*
- *Watermelon Salad w/ Lime Vinaigrette*
- *Wedge Salad w/charred iceberg lettuce, seasonal berries, gorgonzola served w/Vidalia vinaigrette*

~Soups~

- *Beef Consomme*
- *Corn Chowder*
- *Clam Chowder*
- *Cream of Crab*
- *Chicken Noodle*
- *Chicken & Tortilla*
- *Cream of Broccoli*
- *Cream of Tomato*
- *Lobster Bisque*
- *Potato Soup*
- *Sweet Tomato Basil*

~Pasta~

- *Creamy Pasta Primavera*
- *Shrimp Scampi*
- *Spaghetti w/Meat Sauce*
- *Fettuccini w/Alfredo Sauce*
- *Fettuccini w/Marinara Sauce*
- *Beef/Chicken/Turkey/Vegetable Lasagna*



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~Beef Entrées~

- *Asian Pepper Steak-Stir fried bell peppers and onions with tender cuts of beef simmered in a sesame soy glaze.*
- *Beef & Broccoli Stir Fry-Sliced seasoned beef, bell peppers, broccoli, carrots, and onions stir fried.*
- *Chili-Our hearty beef chili infused with garlic, onions, bell peppers, black beans, tomatoes, and spices. Garnished with cheddar cheese.*
- *Grilled Beef & Vegetable Kabobs*
- *Grilled NY Strip w/Balsamic Rosemary Reduction*
- *Meatloaf-Our tender meatloaf served with beef gravy.*
- *Petite 6 oz Grilled Fillet w/Merlot Reduction*
- *Stuffed Bell Pepper-Filled with seasoned ground beef, rice, and sautéed vegetables topped with cheese roasted until tender.*

~Lamb Entrées~

- *Braised Leg of Lamb*
- *Grilled Lamb Chops w/Cabernet Reduction*
- *Grilled Lamb Kabobs*
- *Herb Roasted Lamb Chops w/Chardonnay Reduction*
- *Lamb & Vegetable Kabobs*

~Pork Entrées~

- *Barbeque Ribs*
- *Braised Pork Ribs w/Brown Gravy*
- *Seared Pork Chop-Pan seared pork chop simmered in volute sauce with garlic, herbs, & onions.*
- *Grilled Sweet & Sour Pork Chop-Grilled pork chop with sweet and sour sauce*
- *Smoked Pork Shoulder w/Peach BBQ Sauce*



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~Poultry Entrées~

- *Blackened Chicken-Choice of white or dark meat seasoned with Cajun spices served with a Cajun cream sauce.*
- *Chicken & Broccoli Stir Fry-Seasoned chicken thighs, bell peppers, broccoli, carrots, and onions stir fried.*
- *Chicken Garden Salad-Roasted chicken salad bound with mayonnaise, celery, and onion and seasonings served with a bed of crisp romaine greens, carrot shreds, red onion, cucumber, and tomato.*
- *Chicken Marsalis*
- **Curry Chicken w/Rice & Black Beans-Moist curry chicken thighs, garlic, onion, bell pepper, and carrot served in a rich curry cream sauce.*
- *Fried Chicken (8 piece cut)*
- *Fried Chicken (dark meat)*
- *Fried Chicken Wings (whole)*
- *Fried Chicken Wing Pieces*
- *Grilled Chicken & Vegetable Kabobs (2 kabobs)*
Moist grilled chicken thighs and served on a kabob skewer grilled to perfection.
- *Grilled Mesquite Flavored Chicken Breast w/Fresh Pineapple Salsa*
- *Jerk Chicken w/Curry Rice & Black Beans*
Moist jerk chicken thighs s seasoned with Caribbean spices served with curry flavored rice and black beans. (The meal is served with 1 side)
- *Pan Seared Chicken Breast with Sherry Cream Sauce*
- *Pan Seared Chicken Breast w/Red Pepper Coulis*
- *Roasted Turkey (Whole Turkey)*
- *Roasted Turkey Breast*
- *Rotisserie Chicken (8 piece cut)-Slow roasted tender chicken cooked over an open flame seasoned with our signature rotisserie rub.*
- *Stuffed Bell Pepper-Filled with seasoned ground turkey, rice, and sautéed vegetables topped with cheese roasted until tender.*
- *Stuffed Chicken Breast w/Spinach & Cream Cheese served w/White Wine Cream Sauce*
- *Stuffed Chicken Breast w/Spinach & Smoked Gouda w/Chablis Cream Sauce*
- *Turkey Chili-Our hearty turkey chili includes infused with garlic, onions, bell peppers,black beans, tomatoes, and spices. Garnished with cheddar cheese.*



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- Turkey Meatloaf-Our tender meatloaf served with turkey gravy.
- Turkey Wings-Mesquite flavored roasted turkey wings served with turkey gravy.

~Seafood Entrées~

- Crab Cake-Our broiled lump crab cake served with lemon.
- Crab Cake Egg Rolls-Filled with lump crab...fried until golden. Served with our MonroeSuggs dipping sauce.
- Asian Salmon-Moist roasted salmon seasoned with garlic, ginger, and our special Asian spices.
- Broiled Tilapia-Infused with garlic and lemon.
- Fried Whiting
- Fried Trout
- Fried Croaker
- Fried Shrimp
- Glazed Salmon-Infused with sesame oil, soy sauce smoked on a cedar plank.
- Grilled Salmon w/Mango Salsa
- Grilled Salmon w/Pineapple Salsa
- Grilled Salmon w/Sweet Thai Chili Sauce
- Grilled Lobster Tail Basted in Garlic & Herb Butter
- Salmon w/Lemon Dill Sauce-This pan seared salmon with creamy lemon dill sauce will leave your mouth watering.
- Sautéed Shrimp w/Sea Salt & Lemon
- Sautéed Shrimp w/Chardonnay & Basil
- Stuffed Salmon-Stuffed with our lump crab meat...broiled to perfection...served with white wine cream sauce.
- Shrimp Alfredo-Sautéed shrimp with our parmesan garlic cream sauce served with pasta.
- Shrimp & Broccoli Stir Fry-Seasoned shrimp, bell peppers, broccoli, carrots, and onions stir fried.

~Vegan/Vegetarian Entrées~

- Stuffed Bell Pepper (vegan)-Filled with rice and sautéed vegetables roasted until tender.
- BBQ Jack Fruit (vegan)-Seasoned jackfruit with cajun spices, smoked and glazed with our tangy BBQ sauce.
- Teriyaki Vegetable Stir Fry (vegan)-Mushrooms, bell peppers, broccoli, carrots, onions stir fried.



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- **Jerk Lentils w/Curry Rice & Black Beans (vegan) -Slow cooked lentils infused with Caribbean spices served with curry flavored rice and black beans.*
- *Stuffed Mushrooms (vegan)-Portabella mushroom filled with quinoa, broccoli, bell peppers, and onions.*
- *Pasta Primavera-Tender linguini pasta sautéed with tomatoes, spinach, and broccoli with extra virgin olive oil and white wine.*
- *Cajun Penne Pasta-Bell peppers, broccoli, and tomato served with parmesan Cajun cream sauce.*

~Starches~

Note: All starch dishes can be made vegan and/or vegetarian by request.

- *Baked Beans*
- *Baked Sweet Potato*
- *Candied Yams*
- *Cauliflower Mash*
- *Cauliflower Rice*
- *Cilantro Lime Rice*
- *Coleslaw*
- *Corn Bread Dressing*
- *Corn on the Cob or Kernel Corn*
- *Creamy Parmesan Polenta*
- *Creamed Spinach w/garlic, shallots, & white wine*
- *Garlic Parmesan Rice*
- *Green Tea Infused Rice*
- *Grilled Potatoes w/Sage Butter*
- *Herb Roasted Potatoes*
- *Macaroni & Cheese*
- *Maque Choux-Cajun corn with sautéed bell peppers and onions.*
- *Macaroni Salad*
- *Mashed Potatoes*
- *Mexican Style Corn*



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- *Mushroom Risotto*
- *Poached Potatoes w/Garlic & Sage Butter*
- *Potatoes Au Gratin*
- *Potato Salad*
- *Rice Pilaf (Choice of Brown/White/Jasmine Rice)*
- *Rice & Gravy*
- *Roasted Potatoes*
- *Scalloped Potatoes*
- *Steamed Red Potatoes with Garlic Herb Butter*
- *Stir Fried Garlic Sesame Potatoes*

~Vegetables~

Note: All vegetable dishes can be made vegan and/or vegetarian by request.

- *Braised Collards & Kale w/Smoked Turkey*
- *Broccolini*
- *Creamed Spinach*
- *Grilled Asparagus w/Balsamic Reduction*
- *Poached Broccoli w/Chardonnay Butter*
- *Roasted Vegetables (Chef's Choice)*
- *Roasted Sweet Potatoes*
- *Sautéed Brussels Sprouts w/Bacon Bits & Roasted Red Peppers*
- *Sautéed Cabbage*
- *Sautéed Spinach with colored bell peppers*
- *Seasonal Vegetable Medley (Chef's Choice)*
- *Steamed Cabbage*
- *Steamed Bok Choy*
- *Steamed Broccoli*
- *Steamed Red Cabbage w/Vidalia Onion*
- *Stir Fried Asparagus & Carrots*
- *Stir Fried Cabbage w/Vidalia Onion & Carrot Threads*
- *String Beans w/Bell Peppers & Onions*



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- *Vegetable Medley (zucchini, onion, carrot, bell pepper)*

~Breads & Rolls~

Corn Bread
Yeast Dinner Rolls

~Beverages ~

<i>Bottled Water (8 oz)</i>	<i>\$1.50 per person</i>
<i>Bottled Water (16 oz)</i>	<i>\$2.00 per person</i>
<i>Ice Tea/Gallon</i>	<i>\$2.50 per person/\$6.99</i>
<i>Lemonade/Gallon</i>	<i>\$2.50 per person/\$6.99</i>
<i>Strawberry Lemonade/Gallon</i>	<i>\$2.75 per person/\$7.99</i>
<i>Spa Waters/Gallon</i>	<i>\$2.25 per person/\$5.99</i>

~Paper Products & Disposables~

<i>Standard Paper Products</i>	<i>\$3.15 per person</i>
<i>Premium Paper Products</i>	<i>\$4.00 per person</i>
<i>Chafing Fuel</i>	<i>\$2.50 per can</i>
<i>Warming Unit Kit</i>	<i>\$10.00</i>



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~Desserts & Treats~

- *Apple Crumb Cake-light coffee cake infused with cinnamon and brown sugar with sautéed apples.*
- *Apple Cobbler*
- *Banana Pudding*
- *Dessert Platter (Includes 2 dozen of assorted desserts to include cookies & brownies)*
- *8" (3 layer Dessert Cake)-Choice of cake flavor: carrot, chocolate, marble, red velvet, and/or vanilla cake. Icing Flavors include: Cream Cheese, Vanilla Butter Cream, & Chocolate Icing.*
- *Half Sheet Cakes*
- *Full Sheet Cakes*
- *Mini Dessert Shooters (2 dozen minimum per flavor is required): Banana Mousse, Chocolate Mousse, Lemon Mousse, Sweet Potato Mousse, Strawberry Shortcake, Strawberry Cheese Cake Mousse*
- *NY Style Cheesecake w/Fresh Berries & Carmel Sauce*
- *Freshly baked cookies (2 dozen minimum per flavor)*
- *Blondie's and/or brownie bites (2 dozen minimum per flavor)*
- *Peach Cobbler*

~Treats~

- *Chocolate Covered Strawberries*
- *Chocolate Candies*
- *Cupcakes (2 dozen minimum per flavor)*
- *Custom Decorated Sugar Cookies (1 dozen minimum per flavor)*
- *Candied Popcorn Party Pack (1 dozen minimum per flavor)*
- *Candy Apples (1 dozen minimum per flavor)*
- *Chocolate Covered Oreos (1 dozen minimum)*
- *Chocolate Covered Pretzels (1 dozen minimum)*
- *Cakesicles (1 dozen minimum per flavor)*
- *Rice Crispy Pops (1 dozen minimum)*
- *Chocolate Covered Rice Krispies (1 dozen minimum)*



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