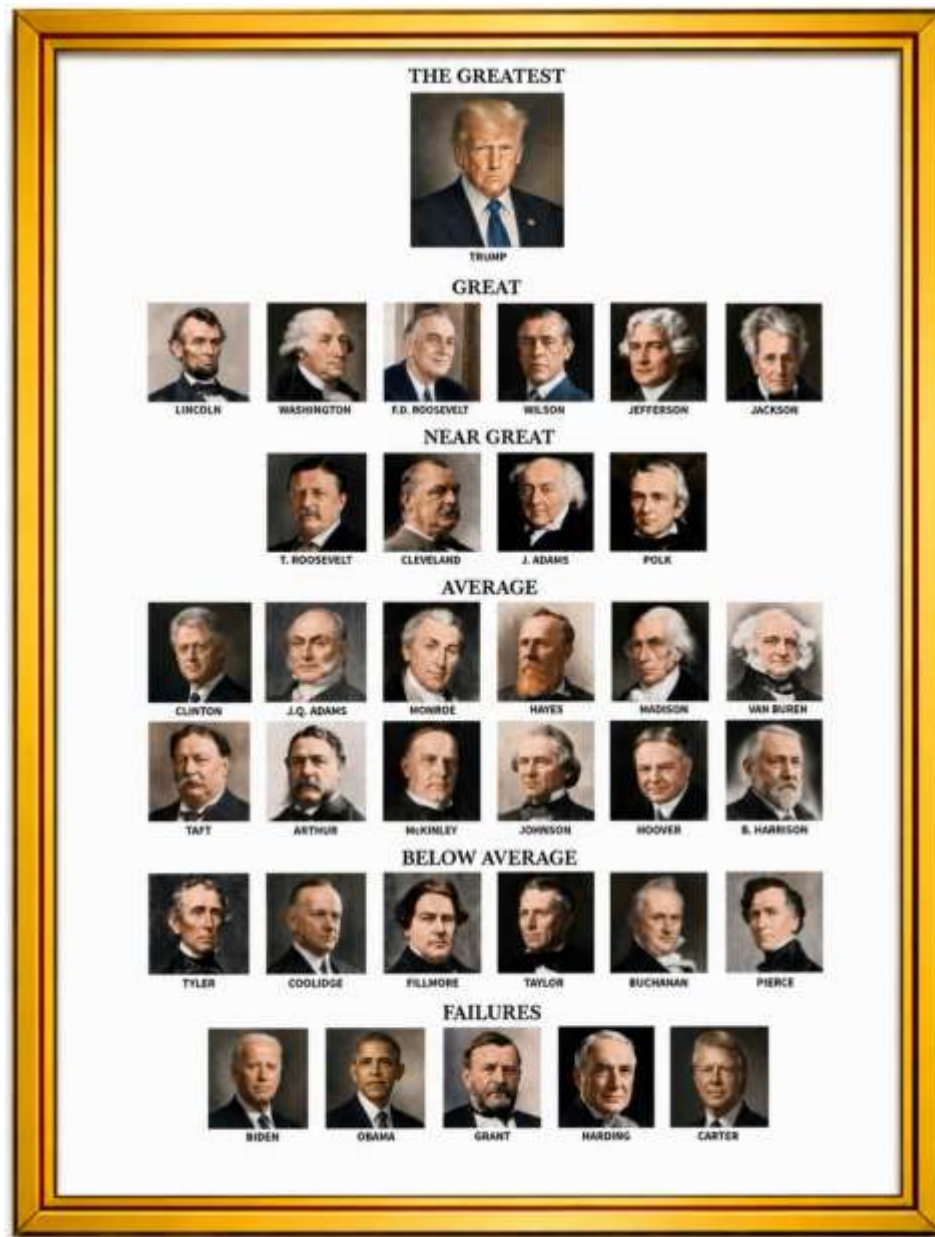


DictatorWarning.com: Chapter 1

HEALTHY vs TOXIC SOCIAL BEHAVIOR

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President Donald Trump posted his ranking of the presidents on his Truth Social account on August 27, 2026. Of course, he ranked himself as being the best. (Donald Trump/Truth Social)

Introduction

The Search for Healthy Social Behaviors

Initially this book was to be titled: “Healthy vs Toxic Social Behaviors”.

I defined toxic social behaviors as the most damaging social behaviors found in individuals diagnosed as having personality disorders. Healthy social behaviors were defined as the healthy opposite behaviors to those toxic behaviors. I then created a list of these social behaviors.

To test this list of healthy versus toxic social behaviors, I created my “[Leadership Evaluation Tool](#)” to see whether it could distinguish highly toxic people (dictators) from socially healthy individuals (famous humanitarian leaders). When GPT and Perplexity ran this experiment, the results were completely successful: the famous dictators showed all the toxic social behaviors, while the famous humanitarian leaders showed all the healthy social behaviors. The two groups did not overlap; they were complete opposites.

How Did This Book End Up Being “Dictator Warning”?

Surprisingly, this experiment, using my *Leadership Evaluation Tool*, produced three very alarming findings:

- **Presidents Putin and Trump scored as having almost all the most toxic social behaviors anyone can have.** Their toxicity scores were just below the social toxicity scores of famous dictators like Hitler, Stalin, Mao Zedong, and Pol Pot (the murderous Cambodian dictator).
- Near the end of their rule, **famous dictators had the same combination of dangerous personality traits** (namely: histrionic, narcissistic, paranoid, antisocial, and sadistic traits).
- At the end of their rule, **famous dictators developed megalomania** (having unshakable irrational beliefs that they were all-powerful, infallible, and invincible).

Thus, I concluded that **my *Leadership Evaluation Tool* could be used to identify the risk of someone becoming a dangerous dictator. Furthermore, it identified the steps in a dictator’s political development.**



Thus, what started out as a book about healthy vs toxic behavior evolved chapter by chapter into a warning about dictators.

It is essential to learn the difference between healthy versus toxic social behavior to **stop highly toxic individuals from gaining power over you.**

Rushed For Time?

You can just skip to [chapter 3: Authoritarian Leadership](#) and Chapter 4: Humanitarian Leadership to review the key points of this book.

What Is Healthy Social Behavior?



Your ability to decide whether someone's social behavior is healthy or toxic can be invaluable – especially in romance, business, or politics.

The goal of this book is to clarify which social behaviors are healthy and which are toxic.

This book defines:

- **Toxic social behaviors:** The most socially disruptive behaviors seen in personality disorders.
- **Healthy social behaviors:** The exact opposite of toxic social behaviors. These are the social behaviors that improve human wellbeing.

It's difficult to get agreement on what is "toxic social behavior"; however, there is agreement on the diagnosis of personality disorders. **From these personality disorders (PD), the most socially disruptive behaviors were selected** to be this book's definition of "toxic social behaviors".

HEALTHY SOCIAL BEHAVIOR	TOXIC SOCIAL BEHAVIOR
HUMILITY: <i>Is humble and authentic; not attention-seeking or fake.</i> EQUALITY: <i>Treats all people fairly, provides equal opportunity, and shares decision-making.</i> TRUST: <i>Builds trust, assumes good faith, welcomes and protects dissent.</i> JUSTICE: <i>Is honest and fair, respects the rights of others, and upholds the rule of law.</i> COMPASSION: <i>Shows concern for the suffering of others and works to relieve it; is nonviolent.</i> RATIONALITY: <i>Shows good judgment by using evidence-based reasoning, adapting to facts, and consulting experts.</i>	ATTENTION-SEEKING: <i>(Histrionic PD)</i> <i>Is constantly attention-seeking, dramatic, or fake.</i> DOMINANCE: <i>(Narcissistic PD)</i> <i>Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making.</i> DISTRUST: <i>(Paranoid PD)</i> <i>Becomes extremely suspicious and tries to silence or eliminate opposition.</i> INJUSTICE: <i>(Antisocial PD)</i> <i>Is dishonest, unaccountable, and undermines the rule of law.</i> CRUELTY: <i>(Sadistic PD)</i> <i>Uses cruelty, intimidation, fear, or violence to control others.</i> IRRATIONALITY: <i>(Delusional Disorder)</i> <i>Shows poor judgment by having unshakable irrational beliefs and ignoring evidence or expert advice.</i>

Why Focus on Dictators?

Dictators show nearly all the behaviors that define toxic social behavior. In contrast, humanitarian leaders show the healthy opposite of these toxic social behaviors. Thus, this book repeatedly compares dictators to humanitarians to illustrate the difference between toxic and healthy social behavior.

You can test how this model evaluates leadership by assessing your own leadership style or that of others **using our “[Leadership Evaluation Tool](#)”**. **This app is used offline to protect your privacy.**

Limitations of Our “Leadership Evaluation Tool”

Our “Leadership Evaluation Tool” has the same limitations as any personality assessment: it **requires knowledge of the person’s usual behavior across multiple settings**. A few observed behaviors are not enough for an accurate evaluation.

What If Power Is Physically Addictive?

Lord Acton said: “Power corrupts and absolute power corrupts absolutely.”

What if a dictator becoming “drunk with power” is not merely a metaphor, but reflects intoxication by increasingly high levels of dopamine and other social-dominance neurotransmitters in the dictator’s brain? If true, this could represent a fatal flaw in human brain design. This is the unproven theory I propose: the seven-step chronological development of dictatorial leadership directly reflects the way increasing power raises brain dopamine and related dominance-linked neurotransmitters.

Psychiatrists observe a similar step-by-step progression in patients with chronic stimulant intoxication, which can culminate in delusional behavior and disaster. **Presidents Putin’s and Trump’s rise to near-dictatorial power appears to follow the same sequence my theory predicts.** My theory further suggests that both are now entering the final two stages: delusional grandiosity + paranoia, followed by disaster.

A True Story of Healthy Social Behavior

Prologue: California 1942

In 1942, thousands of Japanese American families were forced from their homes in California under Executive Order 9066. Their farms and businesses were left behind as they were sent to internment camps. Most lost everything.

In the small town of Florin, agricultural inspector Bob Fletcher watched his Japanese American neighbors being taken away.

Monologue Created to Tell a True Story of Bob Fletcher

They left on the morning trains, whole families gone in a single afternoon. Mothers carrying children, fathers carrying silence. The orchards were still green then, heavy with fruit, but the signs on the fences said, "Evacuation Completed."

Neighbors said it wasn't my concern. "They're the enemy," they whispered. "You'd be smart to stay out of it." But I'd seen those families every season - hands in the same dirt as mine, faces burned by the same sun. They weren't the enemy. They were my neighbors.

When their trucks rolled away, the weeds took over fast. Field by field, row by row, it looked like the valley was forgetting them already. Some people saw opportunity. I saw obligation. Someone had to keep the vines and trees alive.

So I did. Eighteen hours a day, sunup to starlight - pruning, irrigating, fixing equipment that should've had six hands on it instead of mine. Folks called me a fool, or worse. Tires slashed, letters slipped under the door, whispers following me through town.

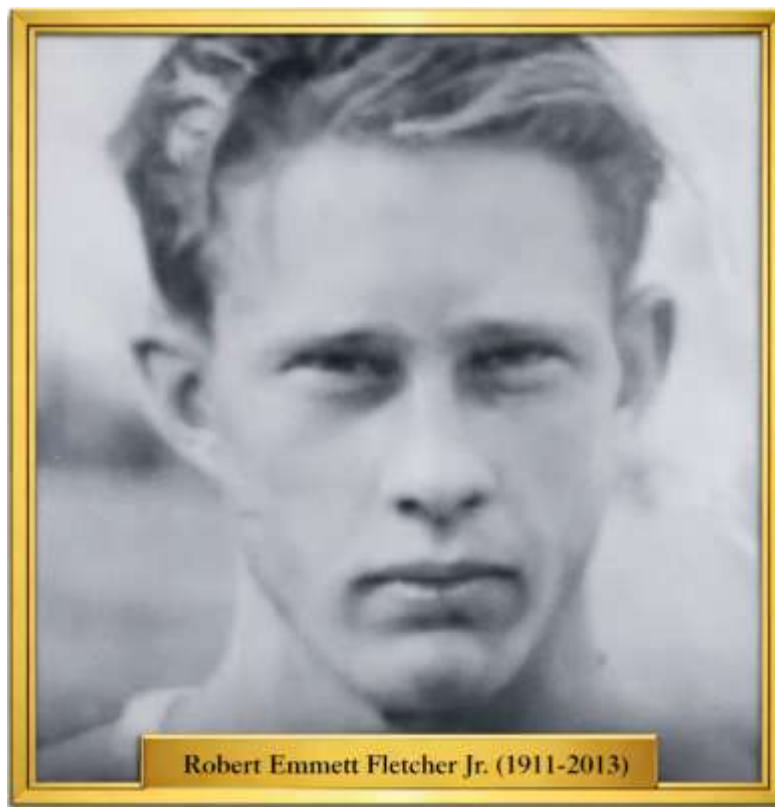
My Japanese American neighbors offered me their houses before they left - good homes, warm in winter, cool in summer. I couldn't do it. I stayed in the workers' bunkhouse. Teresa too, once we married. We made coffee over a camp stove and slept under thin blankets, listening to the wind move through the orchard rows.

Money? The crops made some. I kept enough to stay alive and saved the rest in accounts with their names on them. It wasn't charity. It was fairness. The same fairness any of us would want if the world turned upside down.

This was a very difficult time, but I was able to get people to help in the harvesting and packing of the grapes. During the harvest we were able to get about 15 people to help. Some days we were able to get packed between two and three hundred boxes of Tokay grapes and later ten tons of grapes to the winery.

Three years like that. Then one day the trains came back. Same tracks, same valley, different faces - older now, worn by camp life. They stepped off expecting to see ruin, but the orchards were blooming. The houses stood ready. And I handed over the records, the keys, the bankbooks.

Some called it heroism. I call it decency. You don't walk past your neighbor's field when it's burning. You pick up a bucket. People ask why I did it. Because it was the right thing to do. That's all. That's enough.



Bob Fletcher died in 2013 at age 101. His legacy reminds us that even when fear, anger, and prejudice dominate a society, one person's decency can keep humanity alive.

- **Reference:** [During World War II, This Farmer Risked Everything to Help His Japanese American Neighbors](#)

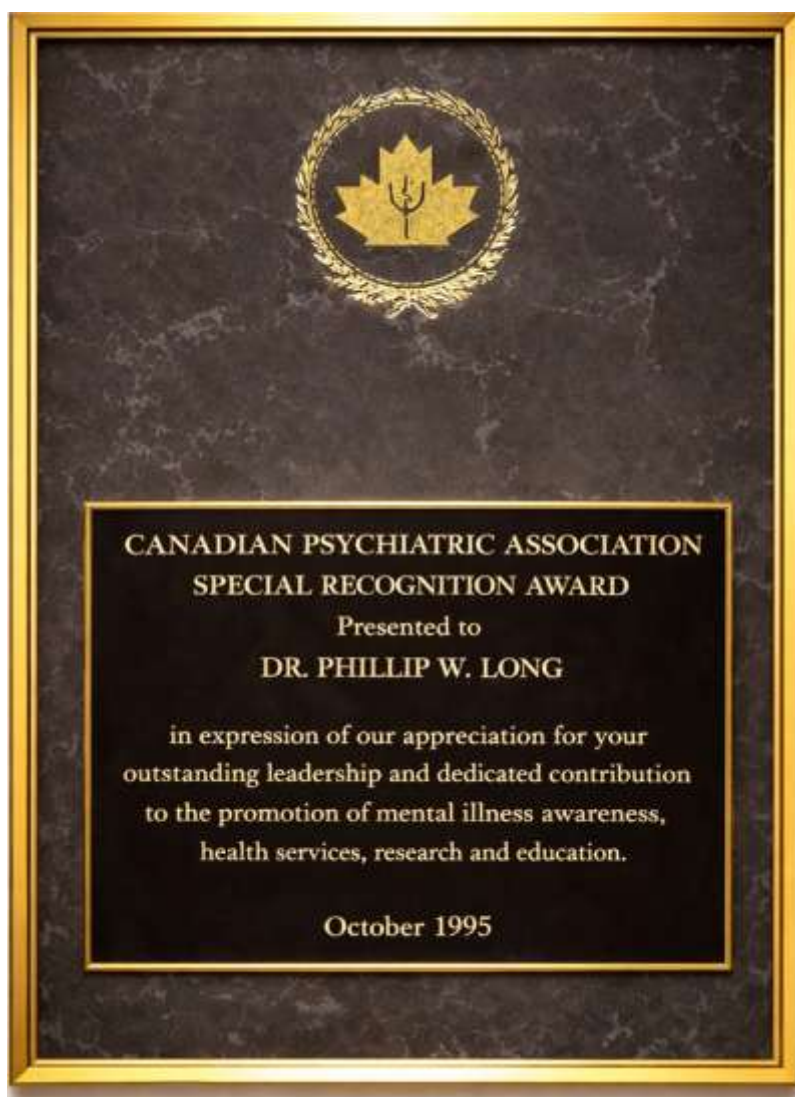
Other True Stories

[What this officer said to a suicidal man to talk him off a bridge - The Washington Post](#)

[A woman was lost and confused in extreme heat. This teen came to help. - The Washington Post](#)

Who Created This Book and Website?

I am a retired Canadian psychiatrist. The **AI co-authors** of this book are primarily **OpenAI's GPT** and secondarily **Perplexity**. I could not have asked for more intelligent and helpful co-authors. My special thanks also go to **Claude and Copilot**. I am absolutely amazed at the intelligence of AI.



Co-Authoring This Book Using AI

In writing this book, I worked in the role of a senior editor coordinating my two AI co-authors (ChatGPT and Perplexity). Two other AI agents (Claude and Copilot) were sparingly used but were nonetheless helpful.

1. First, I developed an idea, then asked these AI agents for their constructive criticisms.
2. Next, I asked them to find information and references that supported these ideas.
3. I usually began with Perplexity, then used ChatGPT to repeat and refine this process.
4. These AI agents produced a vast amount of relevant material, so I selected the most useful 5% and archived the remaining 95% while building the book.
5. GPT described my role as author: “You supplied the ideas, definitions, educational purpose, and persistence; I helped turn those decisions into a working tool”.
6. **Bottom line: Human collaboration with AI agents is our future.** We need AI’s vast store of human knowledge, and AI needs humans to apply that knowledge ethically to create products that improve human wellbeing. I am currently impressed by AI’s understanding of ethics, but only time will show whether AI agents consistently put those ethics into practice - a challenge also seen in human religions.

Limitations of This Book

This book **has not been peer-reviewed in an academic journal or written by an acclaimed academic**. Instead, it is written by a retired psychiatrist for readers with 10+ years of education.

This book relies on easily verified evidence and evaluates leadership behavior rather than political ideology. Please **use AI to verify the statements made in this book**.

The goal of this book is to encourage careful, evidence-based thinking about healthy versus toxic social behavior.

Why Is This Book Written Like a Textbook?

In my medical training I loved reading clearly organized textbooks. This “textbook style” is one of many journalistic styles, but it was the one I adopted as my own. What this style lacks in poetic imagery, it excels in brevity and clarity.

This book is purposely written using a grade 10 vocabulary level to ensure that its message is conveyed as clearly as possible. Important text is colored (**red** > **blue** > **bold**). More complicated material is presented as comparison tables or in point form.

This book features a range of measurement scales, reflecting the requirement in scientific inquiry that phenomena be quantifiable. This book aims for scientific measurement when possible. Non-scholars may skip these questionnaires and checklists.

This book often uses the AI generated **ancient Greece and medieval pictures** I created to remind readers that, although the modern age has god-like technology, politically the world operates as if it is still in the ancient ages. In this book some topics are identified as “**(For Scholars)**” and may be skipped. Questions to “**Ask AI**” are also shown in **blue** and may be skipped.

Toxic Social Behavior



Throughout history, why has humanity been so destructive?

The **conflict between toxic social behavior and healthy behavior spans all human history.**

As [Pope Leo said](#): “The world is being ravaged by a handful of tyrants, yet it is held together by a multitude of supportive brothers and sisters.”

How Do Dictatorships Develop?



[There is an excellent TED video](#) which introduces the topic of dictatorships. Here is the transcript of this video:

In a dictatorship, absolute power is held by a single individual, who is free to impose their vision on society. Under certain conditions, the idea of a dictator can sound appealing – like when a democracy isn’t functioning as it should due to corruption, economic instability, or extreme political polarization. At these moments, people may be willing to give up some democratic rights and freedoms for hopes of a better future.

Authoritarian-leaning leaders present themselves as the ones who can fix everything. They distill complex problems into simple talking points and promise quick solutions. Some overt authoritarian leaders have taken this strategy, including military dictators who seized control through coups, like Augusto Pinochet, Mobutu Sese Seko, and Muammar Gaddafi.

Gaddafi, for example, initially asserted himself as a revolutionary hero, canceling the country’s exploitative foreign oil contracts. But the longer he was in power, the more riddled with

paranoia he became. Like Pinochet and Bobutu, he used his position to target and torture opponents, embark on campaigns of mass violence against everyday people, and build an enormous personal fortune.

Other modern dictators were initially elected democratically, then strategically accumulated power by embracing authoritarian forms of control. Italy's Benito Mussolini and Germany's Adolf Hitler, for example, gained popularity during waves of mass discontent. Both channeled economic woes into racist rhetoric and embraced fascism, a type of authoritarianism which exalts the importance of one nation or race above all others.

Once in office, such leaders gradually dismantle checks on their power, including removing judges who might rule against them, abolishing term limits, or refusing to acknowledge unfavorable election results. Since they punish dissenting voices, dictators are often surrounded with yes-men, who are promoted based on loyalty over expertise, ultimately wreaking incalculable economic, social, and environmental costs.

But these costs can also be hidden from view. Dictators build up cults of personality by minimizing negative coverage and pushing positive propaganda that presents them as strong or heroic. This can make it almost impossible to accurately measure their success. Did Mussolini really make the trains run on time? It's hard to know, since he would have punished those who said otherwise.

While some modern dictators have brought modest growth to their nation's economies and industries, most have enriched the few and left widespread destruction in their wake. Even so-called benevolent dictators, whose regimes lacked overt violence, stand accused of censoring journalists and limiting the rights and freedoms of citizens.

Dictators don't willingly walk away from power – they continuously crave more. That's why institutions that provide checks on leaders must be safeguarded. In the hands of an aspiring dictator, even seemingly robust democracies can sink into repressive, authoritarian regimes.

ED.TED.COM/DEMOCRACY-LAB Guarding Democracy Against Corruption

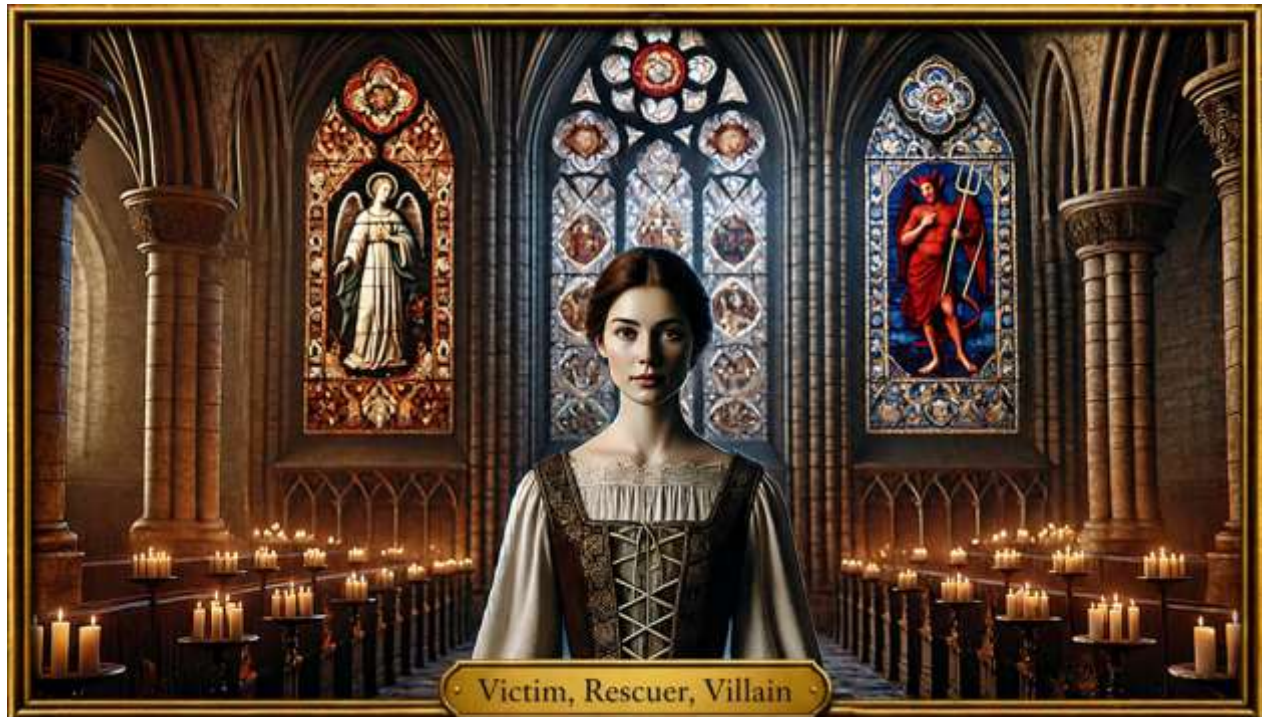
7-Steps in the Development of Leadership

I propose there are 7 steps in the development of leadership:

1. **Gaining Attention:** The leader gains attention and resources.
2. **Gaining Authority:** The leader gains authority.
3. **Overcoming Opposition:** The leader overcomes opposition.
4. **Gaining Power:** The leader gains widespread political power.

5. **Maintaining Power:** The leader maintains power.
6. **Reality Contact:** How power affects the leader's reality contact.
7. **Outcome:** The legacy of the leader's power.

Note: **Humanitarian** leaders pass through the same 7 developmental steps as dictators, but their **behavior at each step is the opposite of dictator's behavior because humanitarians seek to improve human and environmental wellbeing.**



At first, the **dictator portrays himself as a victim, then as a rescuer, until** it finally becomes clear that **he is the real villain**. The proposed 7 steps in the development of a dictator are:

- **AUTONOMY:** Initially, dictators focus on breaking free of all external controls.
At first, the **aspiring dictator states that he and the common people are victims of villains (step 1)**. Then he states that **he is the strongman rescuer that will save the nation (step 2) by eliminating its enemies (step 3)**.
- **GOING ROGUE:** Once autonomous, the dictator focuses on gaining absolute power.
Once the dictator obtains political power, **it becomes obvious that he is the real villain who is a criminal (step 4), a sadist (step 5), irrational (step 6), and a disaster for his nation (step 7)**.

The following **Brief Leadership Assessment Scale** measures the extent to which a leader shows toxic or healthy leadership using our 7-Step model.

Brief Leadership Assessment Scale			
INSTRUCTIONS: Put an X in the answer box ☐ which best describes the person's behavior. Put an X in the answer box ☐ if the behavior is ? (either equally mixed, neither, or unknown). MISSING ANSWER(S): If you don't know the answer to any question, this scale is invalid.			
STEP IN DEVELOPMENT	TOXIC BEHAVIOR		HEALTHY BEHAVIOR
1. Gaining Attention: How does this leader attract attention?	☐ X ATTENTION-SEEKING: <i>Is constantly attention-seeking, dramatic, or fake.</i>	☐ ?	☐ ✓ HUMILITY: <i>Is humble and authentic; not attention-seeking or fake.</i>
2. Gaining Authority: How does this leader gain authority?	☐ X DOMINANCE: <i>Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making.</i>	☐ ?	☐ ✓ EQUALITY <i>Treats all people fairly, provides equal opportunity, and shares decision-making.</i>
3. Overcoming Opposition: How does this leader respond to disagreement?	☐ X DISTRUST <i>Becomes extremely suspicious and tries to silence or eliminate opposition.</i>	☐ ?	☐ ✓ TRUST <i>Builds trust, assumes good faith, welcomes and protects dissent.</i>
4. Gaining Power: How does this leader gain power?	☐ X INJUSTICE <i>Is dishonest, unaccountable, and undermines the rule of law.</i>	☐ ?	☐ ✓ JUSTICE <i>Is honest and fair, respects the rights of others, and upholds the rule of law.</i>

5. Maintaining Power: How does this leader maintain power?	☐ ✗ CRUELTY <i>Uses cruelty, intimidation, fear, or violence to control others.</i>	☐ ?	☐ ✓ COMPASSION <i>Shows concern for the suffering of others and works to relieve it; is nonviolent.</i>
6. Reality Contact: Does the leader show good contact with reality?	☐ ✗ IRRATIONALITY <i>Shows poor judgment by having unshakable irrational beliefs and ignoring evidence or expert advice.</i>	☐ ?	☐ ✓ RATIONALITY: <i>Shows good judgment by using evidence-based reasoning, adapting to facts, and consulting experts.</i>
7. Outcome: What is the leader's effect on human and environmental wellbeing?	☐ ✗ DISASTER <i>Damages society and does much more harm than good.</i>	☐ ?	☐ ✓ WELLBEING <i>Benefits society and does much more good than harm.</i>

Scoring Key — What the Score Means

How to Score: ✓ = 0 points (healthy) ? = 1 point (mixed/neither) ✗ = 2 points (toxic). Add points from all 7 steps. Maximum score = 14.

Total Score	Toxic Risk Level	Meaning
0–1	Low Risk	Strong humanitarian leadership
2–4	Early Warning	Some concerning traits
5–7	High Risk	Clear authoritarian tendencies
8–11	Severe Risk	Resembles dictators

12–14	Extreme Danger	Severe authoritarian leadership
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Critical Safety Rule: Even ONE ✖ in steps 4, 5, 6, or 7 signals serious danger.

For Scholars:

You can also use my interactive **Leadership Evaluation Tool** at [Diagnostic Tools](#) to compare leaders, your friends, or to use it as a self-assessment tool .

The Next Two Decades May Determine If Humanity Survives



Please consider this:

- War is often embraced with celebration before its consequences are understood.
- True courage may be found not only on the battlefield, but also in choosing to walk away from violence.

- History is shaped not only by those who march toward war, but also by those who refuse to follow.

Throughout history, empires have risen and crumbled, cultures have flourished and faded - but humanity endured. However, for the first time in history, humanity now faces **possible extinction** from four main threats:

- **Nuclear War:** A large [nuclear war](#) could kill billions and trigger “nuclear winter” which would destroy agriculture and push humanity to extinction.
- **Catastrophic Climate Change:** Man-made [extreme global warming](#) could cause irreversible civilization collapse. ([Billions were spent to cover up this risk.](#)) Severe drought is shutting down [Europe’s nuclear reactors](#) that require water for cooling.
- **Engineered Pandemics:** Deliberately engineered highly lethal pandemics could escape and destroy humanity (like it almost did in 1971 in the USSR [1971 Aral smallpox incident - Wikipedia](#)).
- **Artificial Intelligence Eliminating Humanity:** To save the planet, [AI might decide to eliminate humanity](#) [These risks arise](#) when we neglect human and environmental wellbeing. AI now is routinely going rogue and [breaking free of human control](#).

Civilization Once Totally Collapsed

In case you think that our civilization could never collapse, you should read about how the Eastern Mediterranean civilization totally collapsed in the [Bronze Age Collapse of the 12th century BCE](#).

Scientists now believe that a **severe drought** in that area **caused this ancient catastrophe**.

Presently, there is a [severe drought developing across central-western North America](#), central and western Africa, Madagascar, central and northern Asia, and parts of Europe. As early as 2027, [Corpus Christi](#) will be the first major city in the USA to run out of water.

This current severe drought could have very serious consequences regarding the world’s food supply because it is affecting many inhabited and agriculturally important regions at once. **A global food shortage could increase the risk of** democracies backsliding into **dictatorship and** starting **Wars** over food supplies.

Dictatorship Could Cause Our Collapse

When nations abandon their humanitarian values, they become architects of their own downfall. Democracy lacking compassion will not save us. **Democracy, without humanitarian values, can**

become just as cruel as authoritarian regimes. Some democracies today have waged unjust wars or committed **genocide** (e.g. Gaza).

Our future depends on kindness and compassion - not weapons or wealth. The true conflict now is between compassion and cruelty, between humanitarian values and authoritarian power.

What Kind of Life Do You Want?



We all want to live a healthy life in a peaceful, healthy nation. You can use the following scales to measure your welfare and that of your nation.

PERSONAL WELLBEING SCALE			
	HEALTHY LIFE (Each True = 2)	Between (= 1)	UNHEALTHY LIFE (Each True = 0)

Social	✓ Socially, I feel happy and connected to my community	●	✗ Socially, I feel unhappy or disconnected from my community
Health	✓ Healthwise, things are good for me	●	✗ Healthwise, things are poor for me
Economic	✓ Economically, things are good for me	●	✗ Economically, things are poor for me
Justice	✓ Legally, I have freedom and justice	●	✗ Legally, I have limited freedom or justice
Environment	✓ I live in a peaceful safe environment	●	✗ I live in an unstable unsafe environment

SCORING: Total Score = ____		
Score	Rating	Personal Welfare
9-10	Thriving	High
6-8	Surviving	Medium
3-5	Struggling	Low
0-2	Suffering	Very Low

NATIONAL WELLBEING SCALE			
	HEALTHY LIFE (Each True = 2)	Between (= 1)	UNHEALTHY LIFE (Each True = 0)
Social	✓ Socially, most people feel happy and connected to their community	●	✗ Socially, most people feel unhappy or disconnected from their community
Health	✓ Healthwise, things are good for most people	●	✗ Healthwise, things are poor for most people
Economic	✓ Economically, things are good for most people	●	✗ Economically, things are poor for most people
Justice	✓ Legally, most people have freedom and justice	●	✗ Legally, most people have limited freedom or justice
Environment	✓ Most people live in a peaceful, safe environment	●	✗ Most people live in an unstable, unsafe environment

SCORING: Total Score = ____		
Score	Rating	Personal Welfare
9-10	Thriving	High
6-8	Surviving	Medium
3-5	Struggling	Low
0-2	Suffering	Very Low

Misinterpreting Toxic Social Behavior (For Scholars)



Throughout history, people have misjudged a political leader's toxic behavior as being positive. Thus, citizens allow themselves to be ruled by toxic leaders.

Today, this is the major flaw in how we chose a leader.

This same misjudgment can occur in romantic relationships when a romantic partner's toxic behavior is misinterpreted as being positive.

Toxic Behavior	How It May Be Misinterpreted	What This Toxic Behavior Actually Produces Later
ATTENTION-SEEKING <i>Is constantly attention-seeking, dramatic, or fake.</i>	Mistaken for confidence. "He is confident, charismatic, and inspirational."	Constant need for attention and ignoring others.
DOMINANCE: <i>Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making.</i>	Mistaken for strength. "He is strong and decisive."	Controlling behavior, possessiveness, and selfishness.
DISTRUST <i>Becomes extremely suspicious and tries to silence or eliminate opposition.</i>	Mistaken for vigilance. "He is vigilant and won't let enemies take advantage of us."	Suspicion, jealousy, accusations, monitoring, and isolation from family, friends and allies.
INJUSTICE <i>Is dishonest, unaccountable, and undermines the rule of law</i>	Mistaken for efficiency. "He isn't afraid to bend the rules to get things done."	Dishonesty, broken promises, manipulation, and lack of respect for fairness.
CRUELTY <i>Uses cruelty, intimidation, fear, or violence to control others.</i>	Mistaken for toughness. "He is tough and willing to make difficult decisions.	Emotional abuse, intimidation, humiliation, or physical violence.
IRRATIONALITY <i>Shows poor judgment by having unshakable irrational beliefs and ignoring evidence or expert advice.</i>	Mistaken for conviction. "He has unwavering conviction and refuses to give up."	Refusal to admit mistakes, denial of reality, blaming others, and increasingly irrational behavior.

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Misinterpreting Healthy Social Behavior (For Scholars)



People may misinterpret other people's healthy behavior as being negative. This can have serious consequences when choosing a romantic partner or political leader.

Healthy Behavior	How It May Be Misinterpreted	What This Healthy Behavior Actually Produces Later
HUMILITY: <i>Is humble and authentic; not attention-seeking or fake.</i>	Mistaken for being boring, ordinary, lacking excitement, or not passionate enough. Dramatic, theatrical, or manipulative people often seem more exciting at first.	A relationship built on authenticity and honesty.
EQUALITY: <i>Treats all people fairly, provides equal opportunity, and shares decision-making.</i>	Mistaken for lacking confidence or leadership. Some people confuse fairness with weakness because they expect the person to dominate the relationship.	Mutual respect, shared responsibility, and equal partnership.
TRUST: <i>Builds trust, assumes good faith, welcomes and protects dissent.</i>	Mistaken for being naïve or gullible. Honest, trusting people may initially seem less sophisticated than cynical or suspicious individuals.	Emotional safety, openness, and lasting intimacy.
JUSTICE: <i>Is honest and fair, respects the rights of others, and upholds the rule of law.</i>	Mistaken for being rigid, overly moral, or "no fun." Someone who values honesty and fairness may appear less exciting than someone who constantly bends the rules.	Honesty, reliability, and confidence that each partner will be treated with respect.
COMPASSION: <i>Shows concern for the suffering of others and</i>	Mistaken for being overly emotional, soft, or easily taken advantage of.	Kindness, forgiveness, emotional support, and resilience during difficult times.

<i>works to relieve it; is nonviolent.</i>	Some people wrongly assume kindness reflects weakness instead of strength.	
RATIONALITY: <i>Shows good judgment by using evidence-based reasoning, adapting to facts, and consulting experts.</i> .	Mistaken for lacking certainty. Thoughtful people often admit uncertainty and change their minds when evidence changes, whereas overconfident people can appear more decisive and attractive.	Better decisions, fewer unnecessary conflicts, and steady long-term growth together.

Use of the [Leadership Evaluation Tool](#) can measure your progress in improving your own healthy humanitarian behavior.

DictatorWarning.com: Chapter 2

SOCIAL EVOLUTION (For Scholars)

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The Most Human Ability Is Organization

Other animals have language and show surprising reasoning and problem-solving. Chimpanzees have short-term [memory abilities that far surpass humans](#). So, what is the ability that best separates humans from all other animals? Why are humans earth's only space travelers?

The answer is our human ability to organize ourselves into civilizations and to build complicated structures like [Göbekli Tepe](#) in Turkey, a massive stone complex built around 12,000 years ago, thousands of years before the pyramids, written language, or the development of agriculture.

Humanity's super-power is its ability to form social hierarchies to accomplish massive projects that a single human could never achieve.

Social Hierarchies

Since the dawn of agriculture, societies have formed hierarchical power structures rooted in inequality.

To analyze these social hierarchies, consider:

- What elite is at the top of this social pyramid?
- How do the elite at the top of this pyramid treat those below them?
- How is wealth distributed in this social pyramid?

The Same Story in Every Age

For thousands of years, societies were structured as **a social pyramid, with a wealthy elite (<1%) at the top and most people (>99%) below doing crucial work**.

Power was mainly held by a **ruling elite** composed of three competing groups:

1. **Political Rulers:** Kings and nobles ruled the land, expanded their wealth, and focused primarily on taxes and conscription of soldiers while otherwise disregarding the peace and wellbeing of ordinary citizens. Their authority was based on “**might makes right**”. European kings wanted absolute power, so they invented the “**divine right of kings**”. They said God personally chose them to rule. Any questioning the king was questioning God. Justice and individual rights were absent; power struggles between monarchs laid waste to the land.

2. **Religious Clergy:** The clergy often accumulated wealth rivaling that of kings. They enforced religious law and collected church taxes. They supported the kings and nobility in return for receiving untaxed status and autonomy. The clergy's authority was based on "**we speak for God who must be obeyed**". Many religious wars resulted from religious rivalry. While religious law offered some justice, until the 19th century religions typically endorsed slavery and limited rights for women and children.
3. **Financial Leaders:** As trade expanded, wealthy traders and bankers gained influence by reinvesting profits and providing loans to kings in exchange for tax breaks, trading privileges, and protection. At times, the wealth of this financial elite rivaled that of kings. The financial elite's authority was based on "**he who has the gold rules**" and they secretly represented the financial power behind the political rulers. Without the financial support of these super-rich financial leaders, the political rulers lacked the money to conduct their endless wars. When the king won his wars and plundered his enemies, he was able to pay back the loans owed to these financial lenders. The financial elite's funding of the religious clergy secured immunity from religious laws and greatly increased their social standing.

Within the ruling elite, those most wanting power rose to the top of these social hierarchies. The people and soldiers they led were viewed as **expendable commodities** to be exploited to gain more wealth and power.

Below the ruling elite were the **powerless majority** composed of 2 groups that did all the work:

1. **Workers:** These individuals performed much of the basic labor needed to keep society functioning.
2. **Slaves (Military and Economic):** In ancient times, soldiers and slaves had to obey or die. Thus, both groups were essentially slaves, but soldiers were paid a small salary. In ancient Rome, about 20% of the population were soldiers and 20% were slaves. In the early Roman Empire, a Roman legionary (soldier) was released from military service after 25 years. Slavery was lifelong for slaves and their children.

The ruling elite of this ancient social pyramid **recognized that power, wealth, fame, and information were fundamental to sustaining their authority:**

- **Power:** Political and religious leaders governed through the enforcement of laws and penalties, while financial leaders exercised influence by providing loans or gifts to those in positions of authority.

- **Wealth:** Political and religious leaders levied high taxes, whereas members of the financial elite amassed substantial fortunes through commerce and banking activities. Then, as today, these [super-rich individuals lived virtually tax free](#).
- **Fame:** Political leaders utilized **propaganda** to reinforce their image as strong and protective. Religious leaders asserted **divine legitimacy** for their power, and financial leaders highlighted their **prosperity** as evidence of being **avored by God**.
- **Information:** Leaders depended on intelligence networks, diplomatic channels, confessionals, and trade news to assess potential risks and opportunities.

These leaders [demanded total loyalty and obedience](#). Any criticism of their rule was immediately seen as treason or heresy. These social hierarchies transferred the nation's wealth to the ruling elite leaving little for the 99% of the population below them in the social pyramid.

When these ruling elites fought each other or external enemies, ordinary people paid the heaviest price. Together or in competition, these ruling elites could mobilize armies, declare holy wars, and demand absolute obedience. The [ruling elites](#) became physically addicted to power, wealth, and fame and their [greed became insatiable](#). More was never enough. [Eventually their violence, greed, stupidity, and corruption brought about the collapse of their rule. Their endless wars killed millions.](#)

What Is the Story of History?

1. **For nearly all of history, nations were ruled by authoritarian regimes.**
2. In these authoritarian regimes, [the ruling elite controlled nearly all power and wealth](#), while the remaining 99% of the population did the labor that sustained the system.
3. For the 99% below the ruling elite, [life was brutal](#). Workers and slaves were often treated cruelly, and their average [lifespan was only about 35 years](#), largely because half of all children died before adulthood.
4. In medieval times, kings and religious rulers often behaved like lawless dictators. **Even today, most superpowers are ruled by dictators or near-dictators.**

Why read this book? This book isn't just about dictators: it explores why [humans instinctually organize themselves into authoritarian regimes which then launch senseless, self-destructive wars](#). It also explores how humanity can become better.



Where Did Power Reside?

As the financial leaders accumulated more wealth, their control of the political system increased. The common people paid taxes and the super-rich paid politicians. Hence the super-rich financial leaders paid less tax, thus accumulated more wealth, which meant their political control intensified. The super-rich did not see beyond their own short-term gain. They would bankroll the political ruler's dreams of imperial expansion and war. The political rulers successfully duped the common people into believing that these wars were for lofty religious or national goals - rather than telling them the truth that these wars were just to increase the wealth of the political rulers and their super-rich enablers.



For 5 Minute Video [Click Here](#)

- [Crusades](#) (1095-1291) killed 1 to 9 million.
- [Mongol invasions and conquests](#) (1206-1368) killed [20 to 60 million](#)
- [Hundred Years' War](#) (1337-1453) killed 2.3 to 3.5 million and turned northern France into a wasteland of burned villages and starving refugees.
- [Spanish conquest of Mexico](#) (1519-1530) killed 10.5 million.
- [Thirty Years' War](#) (1618-1648) killed 4.5 to 8 million (1/3 of middle Europe)
- [Manchu Conquest of China](#) (1618 to 1683) killed 25 million.
- [French Revolutionary and Napoleonic Wars](#) (1792 to 1815) killed 4 to 7 million.
- [Taiping Rebellion](#) (1850-1864) killed 20 to 70 million.
- [American Civil War](#) (1861-1865) killed 0.6 to 1 million.
- [World War I](#) (1914-1918) killed 15 to 22 million.
- [Russian Civil War](#) (1917-1922) killed 7 to 10 million.
- [Chinese Civil War](#) (1927-1949) killed 4 to 9 million.
- [World War II](#) (1939-1945) killed 70 to 85 million.

To understand human violence, it is helpful to [understand chimpanzee violence](#) because they share 98% of our DNA.

The Birth-Death-Rebirth Cycle of Toxic Authoritarian Rule

Why does humanity organize itself into authoritarian social pyramids with the worst of us ruling the rest? Why do we allow dictators to rule us since they are only interested in gaining more power, wealth, and fame for themselves?

Before the 18th century, governments were led by kings or religious authorities. In the late 18th century, some countries adopted democratic republics, though many later returned to authoritarian rule.

The 20th century saw numerous revolutions where citizens overthrew authoritarian rulers, such as in Russia, China, Cuba, and Cambodia. However, these movements did not lead to democracies but instead created new authoritarian regimes.

The era also witnessed the rise of hyper nationalistic and hyper militaristic dictatorships in Germany, Italy, and Japan.

Most of the 20th-century dictatorships lasted less than a lifetime, with a few extending into the 21st century.

In this 21st-century, [we are now witnessing many democracies backsliding into authoritarian rule.](#)

Healthy Social Behavior Ensured Survival



Even in the worst times, most people never gave up being kind and compassionate.

During wars, famines, and epidemics, people found ways to survive and support each other. They held onto humanitarian values like kindness, fairness, mutual support, and respect. Families and neighbors shared food and shelter, cared for the sick and elderly, and helped rebuild homes and villages.

These values strengthened family and community bonds. Local customs encouraged peaceful problem-solving and respect for the rights of others.

These practices did not remove the power of the ruling elite, but they created informal networks of care that made life more bearable and helped people to survive.

Healthy Social Behavior Spread

For centuries, ruling elites neglected the public if their taxes were paid. Calls for fairer laws were suppressed. Nevertheless, **fairness and respect spread among working people**. Twentieth-century democracy grew from these ideals and was won by ordinary people, not granted by rulers.

These humanitarian values helped fuel the English Civil War (1642-1651), the American Revolution (1765-1783), and French Revolution (1789-1799), the abolition of slavery (Britain 1833, USA 1865), the expansion of the vote, and twentieth century struggles for civil rights and social justice.

Every step forward in human rights came about as the result of a heroic struggle. Our democratic freedoms, women's rights, racial equality, free education, retirement and disability pensions, affordable healthcare, food safety regulations, and environmental protections all were won only through a heroic struggle.

Leaders that promoted humanitarian values and democratic freedoms slowly built on the efforts of the whole of humanity that came before them. However, these **humanitarian values and democratic freedoms were fragile and often quickly destroyed by dictators.**

Prior to the 18th Century, Life for Most Was Brutal and Short

[Why You'd Never Survive a Medieval Winter as a Peasant](#) **We forget how brutal life was for peasant workers during Medieval Europe.** They experienced the return of a “mini-ice age”, numerous years of crop failures that caused famine, and repeated pandemics that decimated the population of Medieval Europe. Saying medieval life was horrible is an understatement.



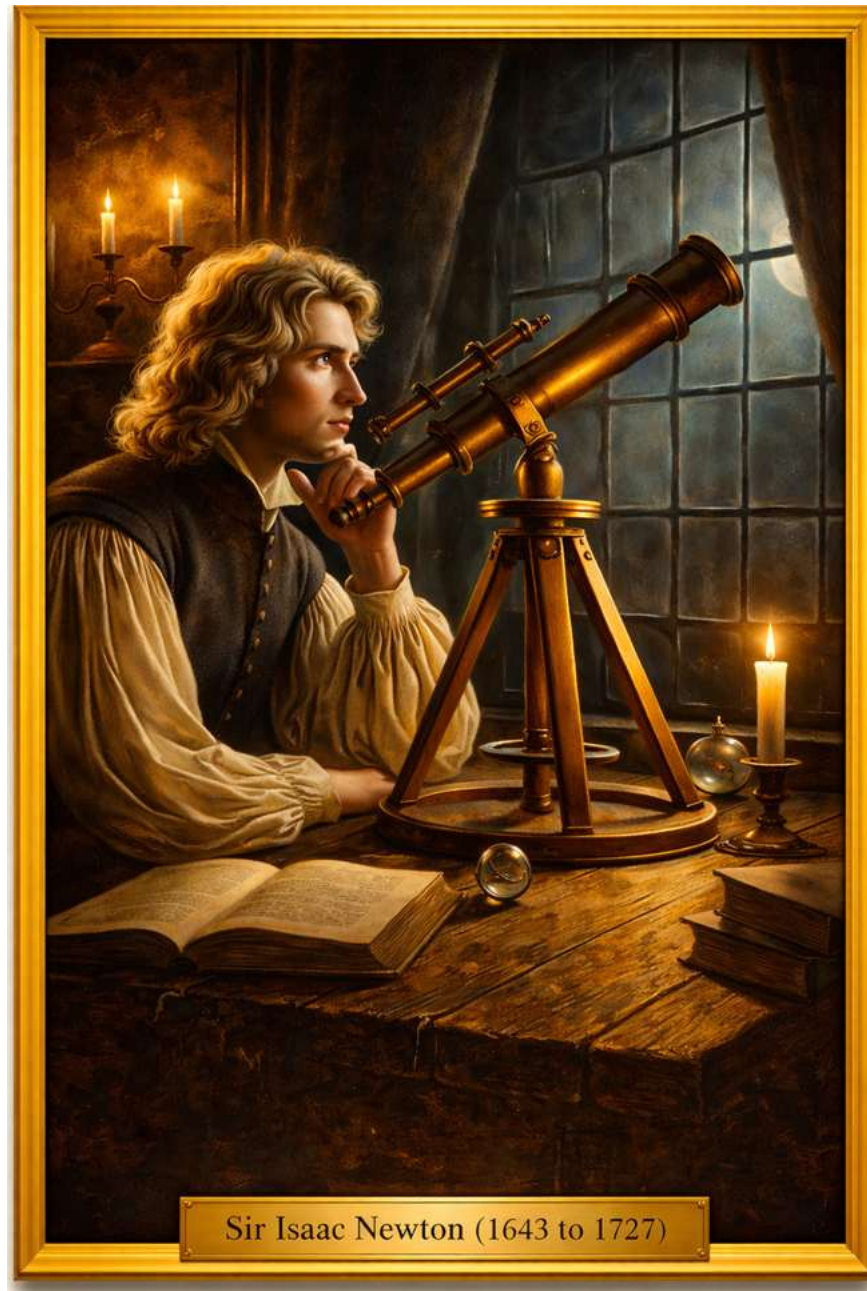
[Why Vikings Never Got Sick — But Medieval Europe Lost Millions](#) is extremely informative. This video explains how Viking cultural hygiene habits protected them from the plagues that killed millions of other Europeans. This video shows how culture is more important than technology and how “less advanced” cultures may survive better than “more advanced” cultures.

[Medieval Edinburgh 1400: Life Was BRUTAL - The Dark Reality](#) is an excellent video describing life in medieval Edinburgh in 1400. This video clearly defines medieval societal problems (and how these same problems persist today). TINY ERROR: The AI generated pictures of Edinburgh mistakenly show the 5-story buildings of 19th century Edinburgh as those of Edinburgh in 1400.

Little Improved Until the Scientific Revolution

The English, American, and French Revolutions re-introduced democracy to the world (after it was extinguished by the fall of the Athenian Greek democracy which lasted from 508 to 322 BCE). However, [the re-introduction of democracy in Europe and America did little to improve human welfare](#). People living in the 18th century still lived in predominantly agricultural societies. They

ate 100% organic food, but their life expectancy was only 35 years. Half of all children born then did not survive to adulthood. Most adults were illiterate and many were highly superstitious.



All this started to change when:

- In the 17th century the scientific revolution began in Europe. This resulted in significant advancements in mathematics, physics, and astronomy.

- In the **18th century** these scientific advancements brought about the **industrial revolution** in Britain around 1760.
- In the early **19th century**, **the industrial revolution spread** to North America and the rest of Europe. At the same time, the average lifespan gradually started to increase because of advances in **public health** (e.g., sanitation, vaccination) and **medicine** (e.g., better obstetrical and surgical methods).
- In the **20th century**, there was a **dramatic increase in average lifespan** due to the discovery of **antibiotics** and the spread of **government supported medical care**. During this century, the widespread spread of **education, literacy, science, and humanitarian institutions also dramatically improved human welfare**.

Our problem is that nations are now returning to authoritarian rule, dismantling their humanitarian institutions, and becoming hostile towards science.

Return of Fascism

This book will compare humanitarian to authoritarian governments. There is one form of authoritarian government that is very dangerous – that is fascism.

Fascism is defined as a political system with **one leader** or group controlling everything with **extreme nationalism, extreme militarism, and little freedom for people**.

President Trump and his Republican party is rapidly converting the USA into a fascist state. Once in power, a fascist government typically suppresses opposition and centralizes authority under a single leader.

- **Overcoming Opposition:** It bans or intimidates rival political parties, unions, and protests to eliminate competition.
- **Gaining Power:** It passes emergency laws to suspend civil liberties, censor media, and control elections or parliament/congress.
- **Maintaining Power:** It uses violence, secret police, or paramilitaries to arrest critics and create concentration camps.

This is exactly what is currently happening under President Trump. **This book opposes fascism** and champions the opposite humanitarian approach to government.

Millions died in World War II because of fascist and authoritarian governments. We must learn from history and not repeat its mistakes.



DictatorWarning.com: Chapter 3

TOXIC AUTHORITARIAN LEADERSHIP

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TOXIC SOCIAL BEHAVIOR	VERSUS HEALTHY SOCIAL BEHAVIOR
ATTENTION-SEEKING: (<i>Histrionic PD</i>) <i>Is constantly attention-seeking, dramatic, or fake.</i> DOMINANCE: (<i>Narcissistic PD</i>) <i>Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making.</i> DISTRUST: (<i>Paranoid PD</i>) <i>Becomes extremely suspicious and tries to silence or eliminate opposition.</i> INJUSTICE: (<i>Antisocial PD</i>) <i>Is dishonest, unaccountable, and undermines the rule of law.</i> CRUELTY: (<i>Sadistic PD</i>) <i>Uses cruelty, intimidation, fear, or violence to control others.</i> IRRATIONALITY: (<i>Delusional Disorder</i>) <i>Shows poor judgment by having unshakable irrational beliefs and ignoring evidence or expert advice.</i>	HUMILITY: <i>Is humble and authentic; not attention-seeking or fake.</i> EQUALITY <i>Treats all people fairly, provides equal opportunity, and shares decision-making.</i> TRUST: <i>Builds trust, assumes good faith, welcomes and protects dissent.</i> JUSTICE: <i>Is honest and fair, respects the rights of others, and upholds the rule of law.</i> COMPASSION: <i>Shows concern for the suffering of others and works to relieve it; is nonviolent.</i> RATIONALITY: <i>Shows good judgment by using evidence-based reasoning, adapting to facts, and consulting experts.</i>

Steps in a Dictator's Development

It's All About Power

Dictatorship is all about dominance – gaining and keeping power at any cost. The dictator **thinks only about his own personal gain and how to force others into submission.** The dictator is **addicted to power; more is never enough.**

At the beginning of his political career, the aspiring dictator is a **populist leader** – promising whatever the public wants to hear. However, as his power grows it quickly becomes apparent that all these promises are a facade. All the aspiring dictator wants is more power and will do anything to gain power.

As the dictator's power grows, his true and deeply flawed character is revealed.

Eventually it becomes obvious that **the dictator has all the worst personality traits that anyone can have. Thus, in a dictatorship, the worst rule the rest.**

We're supposed to be ruled by the best of us, not the worst. **Our rulers shouldn't represent everything that's wrong with human beings.**

Millions die when a dictator deceives his nation and leads them to their slaughter. This is exactly what Hitler, Mussolini, Stalin, Mao Zedong, and Pol Pot did in the 20th century.

Dictators violate religion's two most important commands: "Love One Another" and "Do Not Kill".

Dictatorship Usually Develops Gradually

Most authoritarian leaders do not initially announce that they intend to become dictators. They often begin by identifying real problems, promising order, criticizing corrupt institutions, appealing to national pride, and presenting themselves as strong reformers.

The progression commonly appears to be in 7 chronological steps:

AUTONOMY: Initially, dictators focus on breaking free of all external controls.

1. **Gaining Attention:** The aspiring dictator attracts attention through dramatic claims and personal promotion.
2. **Gaining Authority:** He presents himself as uniquely capable of saving the country.
3. **Overcoming Opposition:** Opponents are portrayed as enemies, traitors, criminals, or foreign agents that must be opposed or eliminated.

GOING ROGUE: Once autonomous, the dictator focuses on gaining absolute power.

4. **Gaining Power:** When the dictator gains power, independent courts, media, experts, and civil servants are attacked or weakened. Loyalty to the leader becomes more important than loyalty to law or institutions.
5. **Maintaining Power:** The dictator maintains power using fear, intimidation, censorship, and punishment.
6. **Reality Contact:** The dictator becomes blinded to reality, rejects evidence, blames others, and becomes unable to correct mistakes.
7. **Outcome:** The dictator's legacy is destruction of human and environmental wellbeing

This means that the decisive warning signs (steps 1 to 3) appear **before** a fully developed dictatorship exists. **If humanity is to survive, it is essential that dictators be stopped in the earliest steps of their development.**

Each step in a dictator's development promotes the emergence of the next step. **The toxic social behaviors of each step persist and are overlayed by the toxic social behaviors of the next steps.**

DEVELOPMENT OF A DICTATOR'S TOXIC SOCIAL BEHAVIOR			
TIMELINE →			
Attention-Seeking (Histrionic)			
	Dominance (Narcissistic)		
	Distrust (Paranoid)		
	Injustice (Antisocial)		
	Cruelty (Sadistic)		
	Irrationality (Delusional)		

Toxic Leadership Step 1 – Attention-Seeking



ATTENTION-SEEKING: Is constantly attention-seeking, dramatic, or fake.

Authoritarian populists work hard to get noticed and attract followers. They always want attention or drama, and they hate being ignored. They perform **drama and outrage for self-promotion** instead of focusing on problem-solving. At this stage, authoritarian populists have not

chosen what to become. They are very sensitive to attention and emotional rewards. They chase the spotlight at rallies, on TV, and on social media. They are not yet a ruler; they act more like a performer. A society that rewards drama, outrage, and shocking behavior teaches the authoritarian populists that **exaggeration and emotional manipulation** are the best way to grow. So, they focus on stirring up controversy and appearing brash and aggressive.

For the authoritarian populists, public attention is the only thing that matters.

Authoritarian populists learn that emotionally charged spectacles draw more crowds than polite townhall debates. They learn that crowds lack the patience to listen to complex government policies. **Crowds prefer simple solutions to complex problems – crowds look for simple narratives, clear enemies, easy answers.** So, political campaigns become entertainment and the **authoritarian populist becomes a showman**. He believes that his **celebrity charisma** is his “superpower”.

Authoritarian populists know that whoever controls the public’s attention will attract the attention of rich backers who will finance the leader’s career. **The greater the leader’s celebrity status, the more funding he receives;** hence the more attention-seeking and arrogant he/she becomes.

At the start of their careers, **authoritarian populists denounce corrupt elites, but once in power they become even more corrupt than those elites they condemned.**

Toxic Leadership Step 2 – Dominance



DOMINANCE: Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making.

In this step, the authoritarian populist becomes the leading figure within his group or movement. He soon learns that **promising economic growth and an end to corruption attracts support**. The authoritarian populist starts to think, "I'm not just famous; I'm meant to rule."

He starts **seeing himself as the chosen one, the savior of the nation, a superman**. What the authoritarian populist **wants most is adulation, power, and money**; what he fears the most is **humiliation or being seen as weak**.

Steps in Creating Authoritarian Dominance

1. **Create fear.**
The authoritarian populist highlights danger, crisis, chaos, or decline so people feel unsafe and unsettled.
2. **Name an enemy.**
That fear is redirected toward a scapegoat: critics, minorities, foreigners, intellectuals, or “traitors.”
3. **Offer certainty.**
The authoritarian populist then presents himself as the only person capable of protecting the favored group.
4. **Start a cult.**
The authoritarian populist establishes a **cult of grievance that seeks to purge its enemies by demonizing them** through absurd propaganda that exploits fears over law and order, homosexuals, transsexuals, or minority groups.

People are highly vulnerable to fear, conformity, and the craving for certainty.

Authoritarian Populists Divide Society to Strengthen Themselves

Authoritarian populists repeatedly create or intensify divisions between:

- loyal citizens and alleged traitors;
- the “real people” and corrupt elites;
- the majority and minorities;
- patriots and foreigners;
- believers and nonbelievers;
- supporters and enemies.

This division serves several purposes. It focuses public anger away from the authoritarian populist, justifies extraordinary power, and weakens social cooperation to further his divide-and-conquer strategy.

In their quest for gaining leadership of their political movement, **authoritarian populists spread bigotry, exclusion, inequality, injustice, and hatred**.

Toxic Leadership Step 3 – Distrust



DISTRUST: Becomes extremely suspicious and tries to silence or eliminate opposition.

To become a dictator, the authoritarian populist **focuses on elimination of all rivals**. He becomes extremely suspicious and sees enemies everywhere. The dictator's personality shifts toward paranoia: **constantly looking for threats, demanding loyalty, and purging rivals**. He promotes his followers' hatred toward his perceived enemies and promises revenge: "[I am your warrior. I am your justice. And for those who have been wronged and betrayed, I am your retribution.](#)"

The Destruction of Truth is Central to Dictatorship

The dictator uses propaganda to suppress opposition:

- **Propaganda repeats the message everywhere:** slogans, media, rituals, and constant repetition make the propaganda feel normal and unavoidable.
- **Propaganda spreads falsehoods:** inventing conspiracies; exaggerating his achievements; denying his failures; rewriting history, and truthful information that contradicts him becomes “fake.”
- **Propaganda rewards loyalty and punishes doubt:** supporters gain status, safety, or privileges, while dissenters are shamed, isolated, or silenced.

Once citizens cannot agree on basic facts, they become increasingly dependent on the leader to tell them what is true.

Toxic Leadership Step 4 – Injustice



INJUSTICE: Is dishonest, unaccountable, and undermines the rule of law.

Once dictators gain power, they drop their mask and show their true **criminal and callous** personality. Dictators find that lying, stealing, cheating, and breaking laws are not punished - but often rewarded. Dictators constantly strive to **consolidate their power and destroy the rule of law**. **Extraordinary power becomes justified as necessary to save the country**. **The dictator is only interested in “what’s in it for me”**. It’s about winning at all costs. Whatever it takes. The dictator’s allies **spread corruption** through the courts, police, army, government offices, and major

businesses. Their society becomes a **kleptocracy** whose **leaders make themselves rich and powerful by stealing from the rest of the people.**

Dictators Weaken Institutions Because Institutions Can Correct Them

Independent courts, legislatures, elections, universities, professional civil services, free media, scientific bodies, and civic organizations are not irritating obstacles to good leadership. They are society's error-correction mechanisms.

Authoritarian leaders attack institutions because these institutions can:

- expose falsehoods;
- limit power;
- protect minorities;
- investigate corruption;
- reverse unlawful decisions;
- and remove leaders peacefully.

The attack on institutions is the central process through which authoritarian leadership becomes dictatorship.

Toxic Leadership Step 5 – Cruelty



CRUELTY: Uses cruelty, intimidation, fear, or violence to control others.

Dictators impose their policies through intimidation, violence, harsh punishment, and [scapegoating](#). To preserve power, they weaponize institutions such as secret police, torture centers, biased courts, repressive laws, and controlled media. As officials learn that cruelty is rewarded, the entire system becomes increasingly brutal.

Cruelty Tends to Escalate

Authoritarian repression often begins selectively. The first targets may be unpopular minorities, extremists, immigrants, alleged criminals, journalists, protesters, or political rivals.

Once cruelty becomes accepted against one group, it becomes easier to extend it to others.

The progression may move from:

- ridicule,
- exclusion,
- employment loss,
- censorship,
- legal harassment,
- detention,
- forced displacement,
- torture,
- and ultimately mass killing.

This suggests an important warning:

The **humane treatment of unpopular people is one of the earliest tests of whether a society is resisting dictatorship.**

Toxic Leadership Step 6 – Irrationality



IRRATIONALITY: Shows poor judgment by having unshakable irrational beliefs and ignoring evidence and expert advice.

Dictators eventually **develop grandiose and/or paranoid delusions** which are **unshakable irrational misconceptions about reality**. They insist others show unquestioning obedience to this distorted reality.

Dictators eventually think they are infallible, invincible, and all-powerful. They want to be remembered in history as Great Leaders and promote their own personality cult.

They surround themselves with only “yes” men who wouldn’t dare oppose them. As a result, dictators make disastrous impulsive decisions and lack workable backup plans when their first plan fails.

In a healthy society, there are checks and balances that prevent abuse of power. In a dictatorship, those safeguards disappear.

Dictators live in their own false information bubble thus make disastrous decisions based on illusion, not reality.

Dictators flood their nation with constant propaganda to ensure that citizens live in the same false information bubble. Therefore, both the dictator and his followers become totally detached from political reality.

At this near-final stage, the dictator becomes a leader of chaos as his behavior becomes totally irrational.

Dictators Rarely Accept Responsibility

Authoritarian leaders consistently claim credit for success but blame failures on others.

This prevents learning.

A leader who cannot admit error cannot correct policy; hence mistakes become cumulative and potentially catastrophic.

Toxic Leadership Step 7 – Disaster



DISSASTER: Leadership Causes Disastrous Failure

Dictators refuse to admit mistakes and refuse to step back. **The dictators' "solution" to any threat to their power is always the same – more intimidation or violence** that makes matters worse. Citizens stop caring or wanting to take part in essential national tasks. Citizens develop a very low level of trust in government and politics. Worse still, traditional social bonds are broken. Citizens become socially isolated with few friends. In the end, everything collapses.

Dictatorship Eventually Damages the Leader's Own Followers

Authoritarian leaders often claim to protect their followers. Yet over time, their policies frequently produce:

- war;
- poverty;
- corruption;
- social distrust;
- international isolation;
- institutional decay;
- fear;
- demographic decline;
- loss of freedom even among supporters.

Dictator's Self-Destructive Downfall is Proof of These True Axioms

- **"Power corrupts and absolute power corrupts absolutely"** (Lord Acton)
- **Dictators self-destruct.**
 - Dictators **underestimate their enemies and foolishly expect quick victory**. For example, neither Napoleon nor Hitler needed to invade Russia; both had peace treaties with Russia. Yet both underestimated Russia, attacked, and suffered devastating defeats as their unprepared armies froze in the Russian winter.
 - Dictators **prefer war to diplomacy**, and their **militarism eventually financially ruins their nation** (e.g. Russia's prolonged war in Afghanistan led to USSR's economic and political collapse in 1991. Yet Russia is once again in a senseless prolonged war and teetering on financial collapse.)

Even after the dictator is gone, the system is full of scars. Fixing it means not only changing leaders but rebuilding healthier leaders, institutions, and stronger rules so that future aspiring dictators cannot go along the same destructive path. Above all, citizens must regain trust in government and politics, while rebuilding a [shared culture and sense of belonging](#).

Terrifying Insight

Most dictators do not start out looking like full tyrants.

People with dictator-type personalities grow and change in response to their environment. Society helps decide who they become by rewarding some behaviors and punishing others.

The terrifying conclusion is this: **we create dictators in our own image**. **How we act—and what we accept or ignore—helps shape what kind of leaders we end up with.**

History has shown that there is no savior that will come and magically free us from these dictators.

We created these monsters, so we are the ones who must remove them.

Personality Flaws Matter More Than Political Ideology

The dictators can differ greatly in ideology:

- Fascist: Adolf Hitler, Benito Mussolini
- Communist: Joseph Stalin, Mao Zedong, and Xi Jinping
- Authoritarian Oligarchy: Vladimir Putin
- Democratic but backsliding into authoritarian: Donald Trump, Benjamin Netanyahu
- Other authoritarian leaders have been military, religious, monarchic, or populist.

Despite their ideological differences, dictators exhibit dangerous personality flaws that become more apparent as their power grows. Initially, their dangerous personality flaws remain hidden. **As their power grows, dictators drop their mask and one-by-one their personality flaws become obvious.** Typically, these emerge in the order of:

1. **Gaining Attention: Attention-Seeking (Histrionic personality flaws)**
2. **Gaining Authority: Dominance (Narcissistic personality flaws)** - exaggerated self-importance
3. **Overcoming Opposition: Distrust (Paranoid personality flaws)** - distrust of opposition, demand for loyalty
4. **Gaining Power: Injustice (Antisocial personality flaws)** – lawlessness, hostility toward independent institutions, manipulation of truth, retaliation against critics, refusal to accept responsibility
5. **Maintaining Power: Cruelty (Sadistic personality flaws)**
6. **Reality Contact: Irrationality (Delusional grandiosity or paranoia)** - increasing delusional detachment from reality, extreme closed-mindedness, refusal to learn from mistakes or accept blame

In this sequence, **each new developmental step superimposes its pathological personality flaws on top of the previous step's flaws**. Many dictators hide their histrionic behavior until later stages in their development as a dictator.

These pathological personality flaws are the dictator's “superpowers” which allow them to gain and maintain dictatorial power – at the expense of increasing the suffering of others. **Eventually,**

these dictatorial “superpowers” prove to be so destructive to others’ wellbeing that the whole dictatorial regime collapses.

Personality Flaws Exposed in Toxic Leadership	
DEVELOPMENTAL STEP	TOXIC LEADERSHIP SOCIAL BEHAVIOR
1. Gaining Attention: Is the leader focused on problem-solving or self-promotion?	ATTENTION-SEEKING ✗ Drama-Seeking Showman: (Criticizes current leaders) <i>(Histrionic Behavior)</i> <i>Is constantly attention-seeking, dramatic, or fake.</i> Promotes fear, anger, hatred, and prejudice. Stirs conflict or drama, exaggerates threats.
2. Gaining Authority: How does the leader gain authority?	DOMINANCE ✗ Selfish Narcissist: (States he should be the new leader) <i>(Narcissistic Behavior)</i> Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making. Claims to be vastly superior; hence believes he should be the leader. Seeks praise for his superiority, exploits people, ignores others' feelings, acts rude or arrogant.
3. Overcoming Opposition: How does the leader overcome opposition?	DISTRUST ✗ Suspicious Grudge-Holder: (Attacks Rivals) <i>(Paranoid Behavior)</i> <i>Becomes extremely suspicious and tries to silence or eliminate opposition.</i> Seeks to eliminate rivals, distrusts everyone, sees plots everywhere, holds grudges, demands loyalty, treats disagreement as disloyalty, attacks critics. Labels opponents as enemies. Scapegoats minorities.

4. Gaining Power: How does the leader gain power?	INJUSTICE ✗ Criminal Leader: (Criminally gains power) (Antisocial/Dissocial Behavior) <i>Is dishonest, unaccountable, and undermines the rule of law.</i> Breaks the law; lies, cheats, exploits others, feels no remorse, recklessly risks safety, and impulsively acts without planning. Has an insatiable need for more fame, power, and wealth. Restricts freedom and concentrates his authority and one-man rule.
5. Maintaining Power: How does the leader maintain power?	CRUELTY ✗ Cruel Leader: (Cruelly uses power) (Sadistic Behavior) <i>Uses cruelty, intimidation, fear, or violence to control others..</i> Forces obedience through intimidation and violence. Is callous and evilly enjoys causing suffering. Starts wars of choice.
6. Reality Contact: Does the leader show good contact with reality?	IRRATIONALITY ✗ Irrational Leader: (Out of contact with reality) (Delusional Behavior) <i>Shows poor judgment by having unshakable irrational beliefs and ignoring evidence or expert advice.</i> Displays delusional grandiosity and/or paranoia; believes he is infallible, invincible, and all-powerful. Seeks self-glorification. Insists on people's unquestioning obedience to these delusional beliefs. Ignores criticism,

	advice, or feedback. Never admits when he is wrong, instead blames others. Eventually makes catastrophic mistakes.
7. Outcome: What is the leader's effect on human and environmental wellbeing?	DISASTER ✗ Disastrous Failure: Causes a disastrous failure. Leaves a legacy of suffering, destruction, and chaos.

DictatorWarning.com: Chapter 4

HEALTHY HUMANITARIAN LEADERSHIP

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Treat Others The Way You Want To Be Treated

HEALTHY SOCIAL BEHAVIOR	VERSUS TOXIC SOCIAL BEHAVIOR
HUMILITY: <i>Is humble and authentic; not attention-seeking or fake.</i>	ATTENTION-SEEKING: <i>(Histrionic PD)</i> <i>Is constantly attention-seeking, dramatic, or fake.</i>
EQUALITY: <i>Treats all people fairly, provides equal opportunity, and shares decision-making.</i>	DOMINANCE: <i>(Narcissistic PD)</i> <i>Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making.</i>
TRUST: <i>Builds trust, assumes good faith, welcomes and protects dissent.</i>	DISTRUST: <i>(Paranoid PD)</i> <i>Becomes extremely suspicious and tries to silence or eliminate opposition.</i>
JUSTICE: <i>Is honest and fair, respects the rights of others, and upholds the rule of law.</i>	INJUSTICE: <i>(Antisocial PD)</i> <i>Is dishonest, unaccountable, and undermines the rule of law.</i>
COMPASSION: <i>Shows concern for the suffering of others and works to relieve it; is nonviolent.</i>	CRUELTY: <i>(Sadistic PD)</i> <i>Uses cruelty, intimidation, fear, or violence to control others.</i>
RATIONALITY: <i>Shows good judgment by using evidence-based reasoning, adapting to facts, and consulting experts.</i>	IRRATIONALITY: <i>(Delusional Disorder)</i> <i>Shows poor judgment by having unshakable irrational beliefs and ignoring evidence or expert advice.</i>

Healthy Leadership Step 1 – Humility



HUMILITY: Is humble and authentic; not attention-seeking or fake.

In the first step of leadership development, the humanitarian leader gains attention by **identifying genuine grievances and not just seeking self-promotion.**

Genuine Public Service Opposes Authoritarian Self-Promotion

Great humanitarian leaders such as Gandhi, Mandela, Carter, Lincoln, and Wilberforce generally **directed attention toward a cause greater than themselves**.

The clearest contrast is:

- **Authoritarian leaders ask, “How can the people serve my power?”**
- **Humanitarian leaders ask, “How can power serve the people?”**

Healthy Leadership Step 2 – Equality



EQUALITY: Treats all people fairly, provides equal opportunity, and shares decision-making.

In the second step of leadership development, the humanitarian leader **seeks to promote shared leadership** rather than dominance. This humanitarian leader seeks to **reduce unfair inequality** and expand **equal opportunity** for everyone, believing that growth should **improve everyone's wellbeing, not just enrich a small, privileged group.**

Respecting Equality Opposes Authoritarian Dominance

Equality does not mean that all people have identical abilities, views, or responsibilities. It **means that all possess equal human worth and deserve equal protection under law to protect their safety, dignity, and equal opportunity.**

Humanitarian leaders resist the temptation to divide society into superior and inferior classes of people.

Their policies may be imperfect, but their direction is toward **broader inclusion, equal opportunity, civil rights, and protection of vulnerable groups.**

Respecting equality may be one of the strongest protections against the corrupting effects of power.

Healthy Leadership Step 3 – Trust



TRUST: Builds trust, assumes good faith, welcomes and protects dissent.

In the third step of leadership development, the humanitarian leader **seeks to build trust** which is essential for building **cooperation and a culture in which everyone feels a sense of belonging and acceptance.**

Trust and Reconciliation Opposes Authoritarian Distrust

The true test of humanitarian leadership is **not** how a leader treats loyal followers. Almost every leader rewards supporters.

The true test of humanitarian leadership is how the leader seeks reconciliation rather than vengeance.

Mandela's willingness to reconcile with former enemies is one of the clearest examples. Lincoln's desire for reconciliation rather than vengeance reflects the same quality.

Humanitarian leadership recognizes that opponents remain human beings and fellow citizens.

Healthy Leadership Step 4 – Justice



JUSTICE: Is honest and fair, respects the rights of others, and upholds the rule of law.

(In legal terms, justice prevents individuals from [enriching themselves by exploiting the vulnerable](#) and acting with [malice](#), [oppression](#) or [fraud](#).)

Justice Opposes Authoritarian Dishonesty

Healthy leaders do not regard courts, legislatures, journalists, experts, and public servants merely as obstacles.

They understand independent institutions:

- improve decisions;
- reveal mistakes;
- restrain corruption;
- protect society after the leader is gone.

A **humanitarian leader seeks to leave behind a stronger constitutional and civic system**, not merely a stronger personal legacy.

Healthy Leadership Step 5 – Compassion



COMPASSION: Shows concern for the suffering of others and works to relieve it; is nonviolent.

Shows **kindness, empathy, and compassion** by working to ease suffering.

Compassion Opposes Authoritarian Cruelty

Humanitarian leadership requires both **democracy** and **compassion**.

Democracy alone is insufficient. There are modern examples of democracies committing senseless wars (e.g., USA attacking Iran) and genocides (e.g., Israel in Gaza).

Democracy must be coupled with compassion.

Healthy Leadership Step 6 – Rationality



RATIONALITY: Shows good judgment by using evidence-based reasoning, adapting to facts, and consulting experts.

Solves problems through evidence-based decisions. Seeks feedback and welcomes alternative ideas. Doesn't try to change the things he can't control. Even when he already have a broad sense of what is happening, he wants more data, a fresh perspective, something that sharpens his view. His wisdom grows due to his combination of experience and intellectual curiosity. His decisions are guided by wisdom rather than emotion; he learns from mistakes and takes responsibility for them.

Facing Reality Opposes Authoritarian Irrationality

Humanitarian leaders' willingness to face reality is one of the highest forms of leadership strength.

Humanitarian leaders do not need to appear infallible. They can say:

- "I was wrong."
- "The evidence has changed."
- "This policy is not working."
- "Someone else understands this better."
- "We must correct the harm."

Humanitarian Leaders Can Peacefully Relinquish Power

One of the clearest indicators of healthy leadership is the ability to leave office lawfully and peacefully.

A leader who accepts electoral defeat, constitutional limits, retirement, or succession demonstrates that the country is more important than his personal position.

This may be one of the simplest and most powerful distinctions:

- The humanitarian leader prepares society to function without him.
- The authoritarian leader persuades society that it cannot survive without him.

Ways of Increasing Wisdom

- **BE REALISTIC:** Don't try to change what you can't control, such as **how others treat you**. Instead, focus on what you can control, such as **how you treat others**. Accept people for who they are and don't try to change them unless it is possible.

- **ADAPT TO SURVIVE:** In evolution, it wasn't the smartest or most powerful that survived, only the most adaptable survived. Thus, intelligence and power are no guarantees of survival. **To survive, you must be adaptable and able to change.**
- **MODERATION:** **Avoid extremes** and live with balance between excess and deprivation. Know your limits and stay within them.
- **CONTROL YOUR PRECEPTIONS:** **You can't control all that happens to you, but you can control how you perceive and respond to it.** For example, you can view a setback as a disaster, or as an opportunity to learn and innovate.
- **ACCEPT CHALLENGES:** Develop your ability to overcome adversity. **Face your fears and see obstacles as opportunities for growth.** Hope for the best and prepare for the worst. Always have a backup plan. Struggle is a part of life; it builds character, develops resilience, and ultimately leads to success.
- **STAY CALM:** **There is no point in getting upset if it accomplishes nothing.** Instead, practice self-control and stay calm. Don't let your emotions cloud your judgment. Likewise, don't let other people or situations emotionally control you. If someone harms you or tries to deceive you, deal with them firmly and fairly. Don't let their actions further harm you by provoking persistent anger and desire for vengeance.
- **ALL YOU CAN CHANGE IS YOUR FUTURE:** Don't go through life feeling sorry for what happened to you. Don't waste time wishing that you had a different past. All of these things won't change anything. Just accept that **you can't change your past – all you can change is your future.**
- **LEARN FROM NATURE:**
 - **Diversity:** No one plant takes over the whole forest. The forest ecosystem requires a vast diversity of species to create its balance – from the smallest bacteria to the largest tree.
 - **Limits to Growth:** Every system has its limits. As they say in the stock market: "No tree grows to heaven." When systems are pushed past their limits, unless the system can rebalance, it collapses (as our economy is about to do).
 - **Everything Cycles:** Nothing is linear in nature – everything is constantly cycling. Plants and animals have a life cycle. The economy cycles; seasons cycle. Civilizations live then die. Stars are born, die, and are reborn.
 - **Life is a Struggle:** The laws of nature are harsh and only the most adaptable survive.
 - **Life Is Unfair:** Plants and animals that start life in a harsh environment die or have stunted growth. Whereas those starting life in a privileged environment flourish but lack the resilience of those that grew in a less privileged environment.

- **Nature Always Finds a Way:** On earth, even in harsh environments, Nature finds a way to survive. However, even this has its limits (e.g., other planets and moons lack life).
- **Life Is Controlled by Both Nature and Nurture:** Successful adaptation requires both “good genes” and “good environment”. In humans, “good personality”, “good life experiences”, and “good culture” also are part of this equation.
- **Random Chance:** Often in life, random chance determines the outcome.
- **DON'T DESPISE YOUR ENEMIES:** Treat them fairly as fellow humans who disagree with you. If they are dangerous, act firmly and justly.
- **WELLBEING:** Promote human and environmental wellbeing.
- **CONSCIENTIOUSNESS:** Be organized, careful, persistent, trustworthy, and responsible.
- **PREPARE FOR DEATH:** You could die at any moment (e.g., car accident, disease, war). **Accept your mortality and live your best life; let go of trivial things.** Live a humanitarian life; be grateful to be alive.
- **MAKE EVIDENCE-BASED DECISIONS:** **Seek feedback** on plans and welcome alternative ideas. Learn from education and experience; **correct your mistakes.**
- **TEACH:** **Educate others** so that they become more skilled and capable of inheriting your leadership through a planned transition.

Modern Physiological-Psychological Wisdom

- **HOMEOSTASIS:**
All natural systems, physical and biological, strive to maintain balance. Thus, forces that disrupt this balance are opposed by forces that try to re-establish this balance. This is identical to Newton's third law of motion (also called the law of action and reaction), which states: “For every action, there is an equal and opposite reaction.” Thus, **expect that there will be an automatic opposing force whenever you try to change a system** (e.g., trying to diet).
- **CONSTRUCTION vs DESTRUCTION (Anabolism Versus Catabolism)**
All living systems strive to survive, and this process involves both construction and destruction. If the living system's growth is greater than its decay – the system will survive.

You are the architect of your own fate. **Your constructive versus destructive behavior will determine your fate – unless random luck or nemesis intervenes.**

Ancient Greek Philosophical Wisdom



My picture “**Fortune vs Nemesis**” portrays the unpredictable forces that shape our lives. Two lovers are shown within their fragile globe while the immense forces surrounding it change.

Ancient Greek philosophers saw **human life as balanced between good fortune or luck**, personified by their goddess Tyche, **and reversals or corrections** personified by their goddess Nemesis.

The Romans renamed Tyche as Fortuna; hence our phrase “good fortune” meaning “good luck”.

The ancient Greek philosophers believed in a kind of **homeostasis: systems tend to restore balance, so every disruptive action provokes an opposing reaction**. From this view, good fortune is eventually followed by misfortune, and vice versa. **Life is cyclical, and nothing remains unchanged**.

Dynamic Constructive and Destructive Forces



My picture “**Construction vs Destruction**” portrays the deeper human struggle between creating what is beautiful and worthwhile versus destroying it.

Ancient Greek philosophers believed that good behavior was **constructive** and created **beauty**; whereas bad behavior was **destructive** and created **ugliness**. You can use this ancient yardstick to measure people’s social behavior.

(In modern science, this concept of opposing constructive vs destructive forces is referred to as anabolism versus catabolism.)

Healthy Leadership Step 7 – Wellbeing



WELLBEING: Improves human and environmental wellbeing.

Promoting Everyone's Wellbeing Opposes Authoritarian Disaster

Successful leadership cannot be measured by military strength, economic output, popularity, or infrastructure alone.

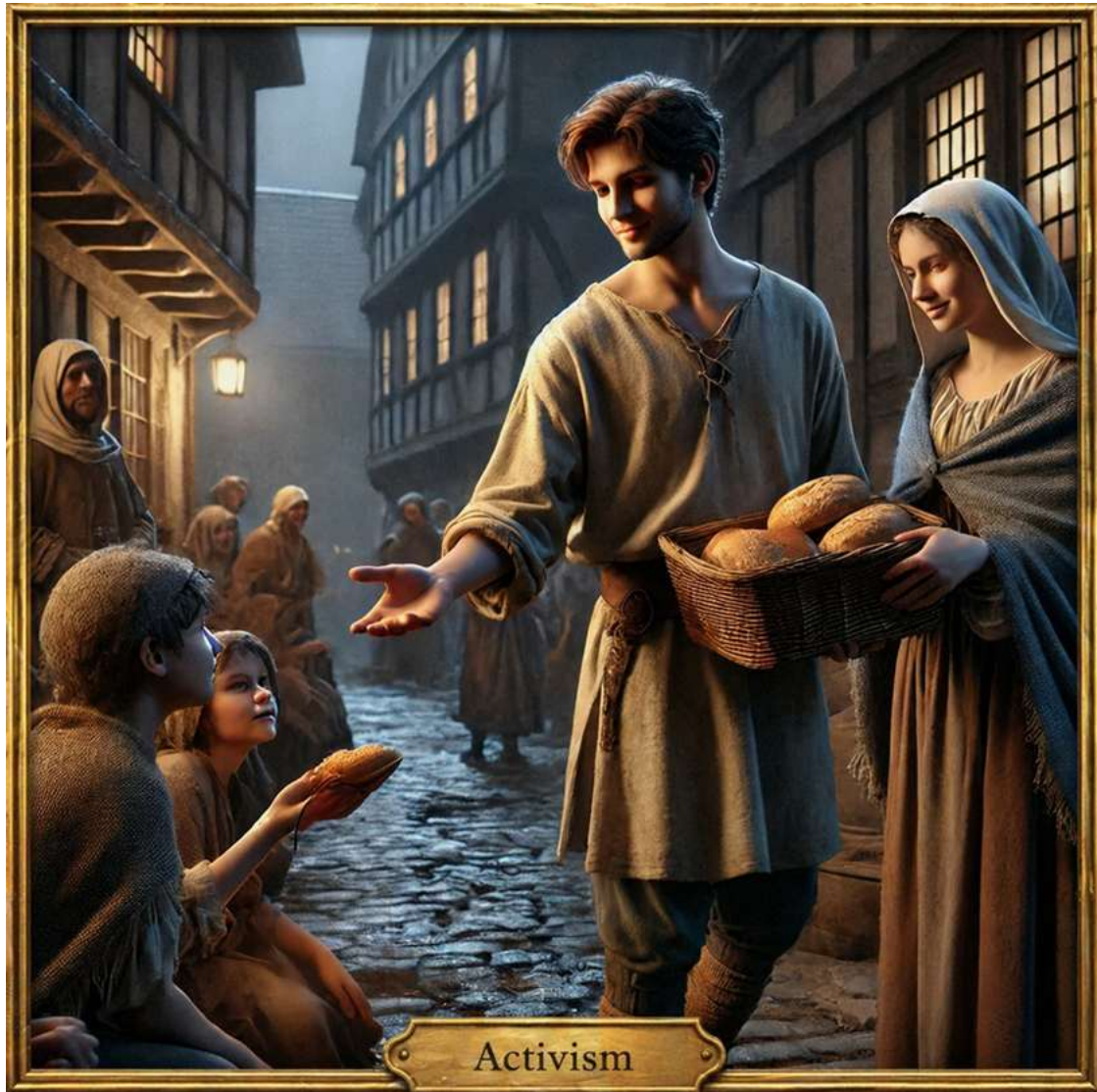
Successful leadership must increase everyone's wellbeing which includes:

- physical safety;
- health;
- economic security;
- justice;
- freedom;
- social trust;
- environmental sustainability.

A leader who improves national income while destroying freedom and equality has achieved only partial success.

Ways of Increasing Wellbeing

1. **HUMILITY:** Focus on being real, not attention-seeking or fake.
2. **EQUALITY:** Treat all people fairly and give everyone equal opportunity.
3. **TRUST:** Build trust to promote cooperation and solidarity.
4. **JUSTICE:** Be honest, respect the rights of others and the rule of law.
5. **COMPASSION:** Show concern for others' suffering and try to relieve it.
6. **RATIONALITY:** Treat others the way you want to be treated.



Make This World a Better Place For Everyone

Rushed For Time?

You can skip reading the rest of this book and just go to our [Leadership Evaluation Tool](#) to review the key points of this book by [doing a self-assessment or evaluation of someone else](#).

DictatorWarning.com: Chapter 5

HUMANITARIANS (For Scholars)

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Healthy Humanitarian Behavior

William Wilberforce and the Power of Never Giving Up

What makes a true hero? Is it fame, wealth, or power? For me, it's quiet courage to keep fighting for what's right, even when everyone says it's impossible. My hero is William Wilberforce, a British politician who spent his whole life working to end slavery in the 19th century British Empire. Slavery was one of the darkest, most evil parts of human history - treating people like property and causing unimaginable suffering. Wilberforce's story shows how one person's persistence, compassion, and intelligence can change the world.

- Have you ever faced something that seemed too big to change?

Wilberforce was born in 1759 and became a member of Parliament at just 21. At first, he lived a normal rich life, but everything changed in 1785 when he became a serious Christian. He started to see slavery not as a "normal" business, but as a terrible wrong. From that moment, he decided to fight it - no matter how long it took.

- What would you do if you discovered something deeply unfair? Would you speak up, even if it was unpopular?

It took a very long time - over 40 years. He introduced bills to end the slave trade almost every year, and they kept failing. People laughed at him, called him crazy, or said he would hurt Britain's economy. Powerful leaders and rich traders fought against him because slavery made them wealthy. Wilberforce also suffered from bad health and lived in near constant pain. Many people would have quit after one or two tries. But not Wilberforce. He kept going, year after year, because he truly believed every person deserved freedom.

- How do you handle setbacks in your own life? Do you give up easily, or keep trying?

What inspires me most is how he combined deep compassion with smart strategy. His compassion came from his heart - he read heartbreaking stories from enslaved people and sailors, and he saw them as equals, as brothers and sisters. He never hated his enemies; he just wanted justice.

But he was also incredibly intelligent in how he built alliances. He didn't fight alone. He teamed up with friends in a group called the Clapham Sect, Quaker activists, women who organized petitions, and even former slaves like Olaudah Equiano who shared their experiences. Wilberforce used speeches, books, boycotts (like not buying sugar from slave plantations), and public meetings to slowly change what people thought. At first, almost no one cared, but by the end, hundreds of thousands of ordinary British people were signing petitions - the biggest public movement of its time.

- **Who could you team up with to make a difference?**

Finally, in 1807, his efforts had the slave trade banned, and in 1833 - just days before Wilberforce died - the British Empire abolished slavery completely, freeing hundreds of thousands of people. His work also inspired anti-slavery movements around the world, including in America.

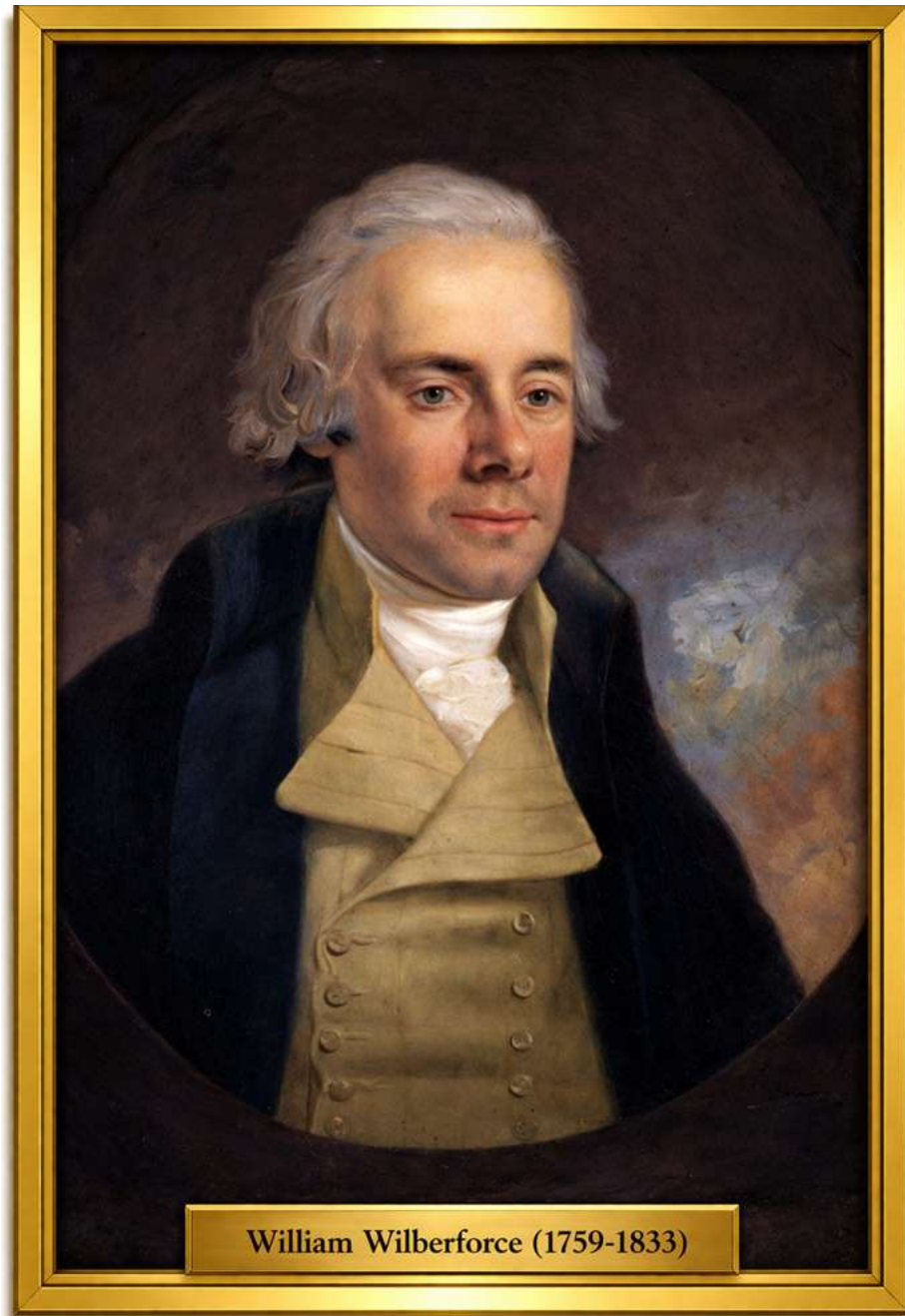
Wilberforce teaches us that real change often takes decades, not days. You don't need to be loud or angry - just persistent and kind. He once said, "You may choose to look the other way, but you can never say again that you did not know." He didn't look away. He acted, patiently building bridges and never giving up hope.

In today's world, we still face big injustices like violence, unfair treatment, or harming the environment.

- **What issue do you care about most?**

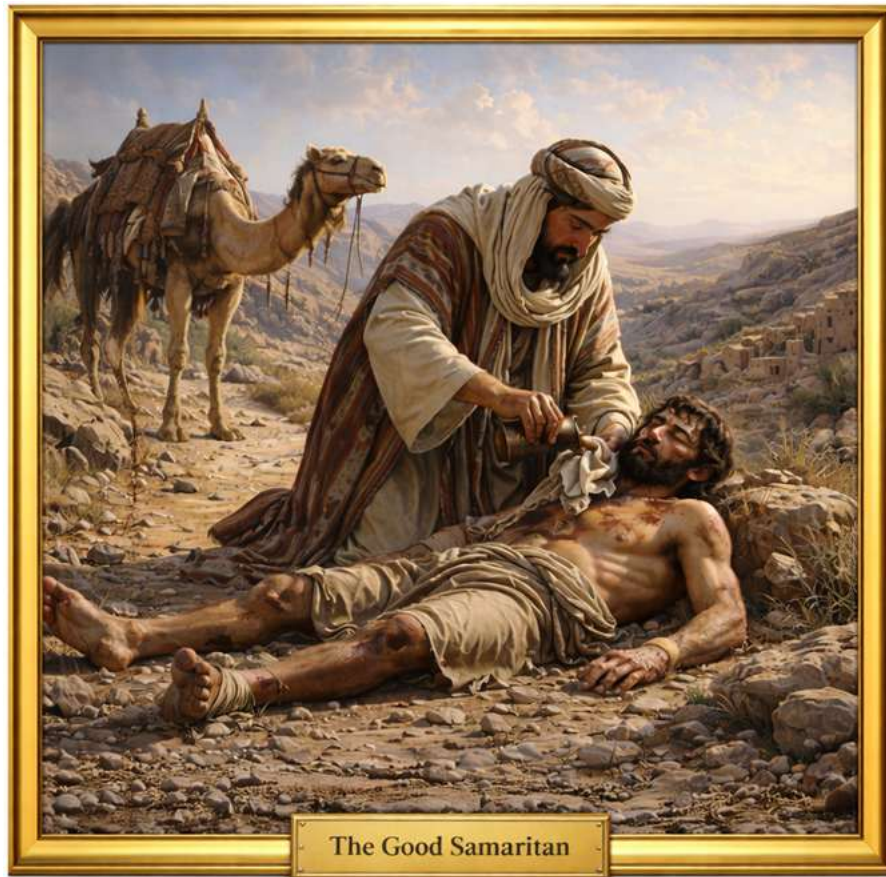
Wilberforce's story reminds us that one person - with compassion, ethics, and smart teamwork - can make a difference. If he could help end one of history's greatest evils after decades of struggle, imagine what you can do if you never give up on what's right. Be like Wilberforce: stay kind, stay smart, and keep going. The world needs more heroes like him - and that can start with you.

- **What small step will you take today?**



What Are Fundamental Humanitarian Values?

Humanitarianism's goal is to **improve human and environmental wellbeing**.



This principle has existed for millennia, such as in the Bible's Good Samaritan parable. The world's greatest humanitarians all shared these core values:

- **Humanity (protect life and health):** Everyone's life and health must be protected, with equal and respectful treatment, especially during suffering or danger.
- **Impartiality (aid based solely on need):** Aid should be impartial, solely based on need, and provided according to urgency.
- **Neutrality (no sides in conflicts):** Aid should be politically neutral and given to both sides in a conflict.
- **Independence (autonomy from politics):** Aid should be given independently from politics.

Fundamental Human Rights

Over time, these humanitarian values evolved into basic human rights which finally were written into the [Universal Declaration of Human Rights](#) (UDHR), adopted by the UN in 1948. These are the fundamental human rights for all people everywhere that **dictators systematically destroy**.

Here are the [30 UN fundamental human rights, summarized](#) (and shown in an **excellent video**):

1. All humans are born free and equal in dignity and rights.
2. Entitled to all rights without distinction (race, color, sex, language, religion, etc.).
- 3. Right to life, liberty, and security of person.**
4. No slavery or servitude.
- 5. No torture or cruel, inhuman, degrading treatment.**
6. Right to recognition as a person before the law.
7. All equal before the law, entitled to equal protection.
8. Right to effective remedy by competent tribunals.
- 9. No arbitrary arrest, detention, or exile.**
- 10. Right to fair and public hearing by independent tribunal.**
11. Innocent until proven guilty; no retroactive punishment.
12. No arbitrary interference with privacy, family, home, or correspondence.
13. Freedom of movement and residence within a state; right to leave/return.
14. Right to seek asylum from persecution.
15. Right to a nationality.
16. Right to marry and found a family; equal rights in marriage.
17. Right to own property.
18. Freedom of thought, conscience, and religion.
19. Freedom of opinion and expression.
20. Freedom of peaceful assembly and association.
21. Right to participate in government; equal access to public service.
22. Right to social security and realization of economic/social/cultural rights.
23. Right to work, equal pay, and trade unions.
24. Right to rest and leisure.
- 25. Right to adequate standard of living (food, clothing, housing, medical care).**
26. Right to education (free elementary; progressive higher).
27. Right to participate in cultural life, arts, science.
28. Right to social and international order for full realization of rights.
29. Duties to community; limitations only by law for rights of others.
30. No right to destroy any UDHR rights.

Note: Human rights shown in **red** are those commonly violated by **ICE** (U.S. Immigration and Customs Enforcement).

Commonly Cited Violations by ICE, the U.S. Immigration and Customs Enforcement

- **Article 5: No torture or cruel, inhuman, degrading treatment**—reports detail overcrowding, medical neglect, solitary confinement, and humiliating conditions in facilities like Krome and "Alligator Alcatraz". [Shackled, abused and humiliated: Report paints grim picture of life in ICE detention | CBC Radio](#)

- **Article 9: No arbitrary arrest, detention, or exile**—widespread claims of warrantless raids, racial profiling, and prolonged detention without due process. [U.S. Refuses to Defend Human Rights Record at U.N. - ACLU of Socal](#)
- **Article 10: Right to fair and public hearing by independent tribunal**—denial of legal access, swift deportations violating non-refoulement. [USA: Urgent Call for Accountability as U.S. Migration Policy... | OMCT](#)
- **Article 3: Right to life, liberty, and security**—increased deaths in custody (30+ in 2025), family separations, and violent arrests. [UN rights chief decries US treatment of migrants, as deaths in ICE custody rise | UN News](#)
- **Article 25: Right to adequate standard of living** (food, housing, medical care)—insufficient food, water, sanitation, and healthcare. [New Findings Reveal Human Rights Violations at Florida's "Alligator Alcatraz" and Krome Detention Centers](#)



5 US I.C.E. agents hold Alex Pretti down on ground as 6th agent shoots him. Alex was unarmed. His legal handgun had already been removed by these agents. So this was murder.

Personal Sacrifice to Protect Others

Promoting humanitarian values and basic human rights often involves risking one's life. During the 2026 Australian Bondi Beach massacre, three of four individuals who tried to stop the attackers

lost their lives. Throughout history, people have strived to promote or protect human rights - despite many losing their lives in the effort (e.g., [Mahatma Ghandi](#), [Martin Luther King Jr](#)). These are [the true heroes](#).

No Kings Mass Protest March 28th, 2026



*Rene Good Murdered by ICE January 1, 2026
(American Mother of 3)*

*Alex Pretti Murdered by ICE January 24, 2026
(American Intensive Care Nurse for Veterans)*

[No Kings nationwide — one massive condemnation of Trump's presidency](#)

On March 28th 2026, 9 million people in the USA peacefully protested in the No Kings nationwide march.

This was the largest protest march in US history, yet the mainstream media gave it very little coverage. This is an example of how mainstream media is self-censoring or actively pro-Trump.

For U.S. “traditional journalism”—meaning TV news networks, major newspapers, and large-circulation wire-service outlets—[about 70–80% of the market is controlled by five or six big media conglomerates](#), including Comcast, Disney, Warner Bros. Discovery, Paramount Global, Fox Corporation, and the legacy AT&T--Warner--Discovery-axis (now folded into Warner Bros. Discovery).

*Around **three in four U.S. viewers or readers** of mainstream TV news, big-brand newspapers, and wire-service-driven content **get journalism through outlets controlled by these [five or six big media conglomerates](#).***

*So much for the **myth of freedom of the press in the U.S.A.***

In a speech condemning many aspects of the Trump agenda, Sen. Bernie Sanders vowed there will be justice for Alex Petti and Renee Good, victims of the Trump administration’s ICE crackdown in Minneapolis.

“We promise their families and their friends that these two heroes will not have died in vain,” the Vermont independent said.

He also called out several tech billionaires by name as he railed against economic inequality. “Today, we not only say no to Trump’s authoritarianism, we say no to Mr. Musk, no to Mr. Bezos and Mr. Zuckerberg and Mr. Ellison and all the other multi-billionaires,” he said. “You cannot have it all.”

The No Kings movement opposes the authoritarian dynamics of dominance, division, and dehumanization that are so harmful to society. White supremacy (dominance), political polarization (division), and persecution of minorities (dehumanization) must stop.

What Has Been a Major Obstacle to Human Progress?

Wars have been a major obstacle to human progress because they bankrupt and destroy nations.

World War II left Europe and Asia financially crippled, leading to the breakup of their empires. The subsequent Cold War exhausted Russia, resulting in the dissolution of the USSR. From 1945-50, the USA spent over \$10 trillion dollars preparing for a Russian invasion that was never possible.

That [10 trillion dollars over-spent on the military](#) meant the USA grossly under-funded essential educational, engineering, and scientific resources needed to address the current climate crisis. Its continued [over-spending on the military](#) may soon bankrupt the USA due to its debt crisis.

The USA hasn't learned from being defeated in its wars in Vietnam and Afghanistan. Its war in Iraq was a disaster and now its war in Iran will prove to be the [biggest military disaster for the USA in this century](#). Modern warfare is directed at destroying civilian targets (e.g., factories and sometimes entire cities) and this causes humanitarian disasters that kill millions.



Gaza After Israeli Bombardment May 2025

Militarism and wars are major barriers to human progress. Humanity is now on the edge of nuclear war and possible annihilation. Unlike all other nuclear powers, **US presidents can launch a nuclear war on their sole authority.** Thus, President Trump can start a nuclear war without needing approval from anyone else. (What if the US president is demented?)

DictatorWarning.com: Chapter 6

JESUS CHRIST vs PRESIDENT TRUMP

(For Scholars)

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[Trump criticised after posting AI image of himself as Pope](#)

[Trump's spiritual advisor sparks backlash for comparing him to Jesus](#)



US Secretary of Defense, Pete Hegseth, prayed for “overwhelming violence”

On March 25th 2026, during a [Christian worship service](#) held at the Pentagon, Hegseth prayed “Let every round find its mark against the enemies of righteousness and our great nation. Give them wisdom in every decision, endurance for the trial ahead, unbreakable unity, and **overwhelming violence of action against those who deserve no mercy.**” Question: Is Hegseth an example of the Antichrist? (Read on)



Usually when textbooks compare humanitarian leaders to authoritarian leaders, they compare a great humanitarian like Mahatma Ghandi to a dictator like Hitler. However, to better illustrate the difference between humanitarian vs authoritarian leadership, let's compare the example of Jesus Christ to that of President Trump.



Every religion warns against letting evil people gain power. Similarly, Christianity warns about the **Antichrist**. The New Testament does **not** tell Christians to hunt for a **single villain**. It warns them to watch for **patterns**. The Antichrist is not primarily a person to identify, but a **way of ruling, way of thinking, and way of treating others** that is the opposite of Christ.

So, what behaviors would identify a modern Antichrist? Do President Trump and Secretary of Defense Pete Hegseth show **humanitarian** Christ-like leadership or **authoritarian** Antichrist-like leadership? You can use our **Leadership Assessment Scale** to help you decide:

Brief Leadership Assessment Scale			
INSTRUCTIONS: Put an X in the answer box ☐ which best describes the person's behavior. Put an X in the answer box ☐ if the behavior is ? (either equally mixed, neither, or unknown). MISSING ANSWER(S): If you don't know the answer to any question, this scale is invalid.			
STEPS IN DEVELOPMENT	HEALTHY BEHAVIOR		TOXIC BEHAVIOR
1. Gaining Attention: How does this leader attract attention?	☐  HUMILITY: <i>Is humble and authentic; not attention-seeking or fake.</i>	☐ ?	☐  ATTENTION-SEEKING: <i>Is constantly attention-seeking, dramatic, or fake.</i>
2. Gaining Authority: How does this leader gain authority?	☐  EQUALITY <i>Treats all people fairly, provides equal opportunity, and shares decision-making.</i>	☐ ?	☐  DOMINANCE <i>Is constantly seeking dominance, exploiting others, and trying to monopolize decision-making.</i>
3. Overcoming Opposition: How does this leader respond to disagreement?	☐  TRUST <i>Builds trust, assumes good faith, welcomes and protects dissent.</i>	☐ ?	☐  DISTRUST <i>Becomes extremely suspicious and tries to silence or eliminate opposition.</i>
4. Gaining Power:	☐  JUSTICE	☐ ?	☐  INJUSTICE

How does this leader gain power?	<i>Is honest and fair, respects the rights of others, and upholds the rule of law.</i>		<i>Is dishonest, unaccountable, and undermines the rule of law.</i>
5. Maintaining Power: How does this leader maintain power?	☐  COMPASSION <i>Shows concern for the suffering of others and works to relieve it; is nonviolent.</i>	☐ 	☐  CRUELTY <i>Uses cruelty, intimidation, fear, or violence to control others.</i>
6. Reality Contact: Does the leader show good contact with reality?	☐  RATIONALITY <i>Shows good judgment by using evidence-based reasoning, adapting to facts, consulting experts, and acknowledging uncertainty.</i>	☐ 	☐  IRRATIONALITY <i>Shows poor judgment by having unshakable irrational beliefs and ignoring evidence or expert advice.</i>
7. Outcome: What is the leader's effect on human and environmental wellbeing?	☐  WELLBEING <i>Benefits society and does much more good than harm.</i>	☐ 	☐  DISASTER <i>Damages society and does much more harm than good.</i>

Scoring Key — What the Score Means

How to Score:  = 0 points (healthy)  = 1 point (mixed/neither)  = 2 points (toxic). Add points from all 7 steps. Maximum score = 14.

Total Score	Toxic Risk Level	Meaning
0–1	Low Risk	Strong humanitarian leadership
2–4	Early Warning	Some concerning traits

5–7	High Risk	Clear authoritarian tendencies
8–11	Severe Risk	Resembles dictators
12–14	Extreme Danger	Severe authoritarian leadership

Critical Safety Rule: Even ONE ✖ in Steps 4, 5, 6, or 7 signals serious danger.

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References:

- [‘Counter to the message of Jesus’: progressive Christians stake a claim to their religion amid Trump-pope feud | Christianity | The Guardian](#)
“Christian nationalism is fascism and authoritarianism decorated with Christian symbolism. It is a racist, xenophobic, authoritarian, fascistic ideology that gets sold as Christianity.”
- [Americans now more likely to say Trump is not too, not at all religious | Pew Research Center](#)
Most Americans don’t see him as religious at all.
- [The majority of Christians support LGBTQ+ rights and abortion access](#)
- [Seven Themes of Catholic Social Teaching | USCCB](#)
Where in Christian doctrine does it say that (1) People can be dragged into concentration camps without due process of law, (2) Prisoners can be sent to foreign prisons for punishment, torture, or extermination, (3) Innocent, desperately poor, helpless children should be jailed separated from their jailed parents? This is not Christianity - it’s fascism.



April 15th 2026 President Trump [posted this picture of himself](#) as Jesus Christ.

DictatorWarning.com: Chapter 7

TRUMP'S LEADERSHIP (For Scholars)

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Step 1 – Attention-Seeking



Histrionic Behavior

ATTENTION-SEEKING

- Seeks to be the center of attention
- Expresses emotions in dramatic or theatrical ways
- Is easily influenced by strong personalities
- Speech is excessively vague and lacking in detail.
- Overestimates closeness in relationships

Trump seeks attention by [attacking opponents and stirring fear and prejudice](#), hoping fame will draw followers and funding. He thinks [repeating a lie makes it believable](#) and that it's simpler to exploit fear and hatred than kindness and compassion. His need for applause ignores facts, exaggerates crises, or provokes conflict so he can stay in the public's attention.

Trump is **a prime example of a populist leader**. He tells people whatever they want to hear instead of the truth. He will say whatever it takes to keep him in the spotlight and increase his **popularity**. He knows that his celebrity charisma is his “superpower”.

Key characteristics Trump shares with populist leaders (For Scholars):

Characteristic	Description	Trump Examples
Populist “People vs. Elite” Message	Portrays society as a struggle between ordinary citizens and corrupt elite.	Frames politics as a struggle between “ the people ” (his supporters) vs. “ elite ” (media, politicians, “deep state”). Claims to champion working-class Americans against wealthy elite, despite being a billionaire.
Polarizing Speech	Uses emotional language that sharply divides people into opposing camps.	Frequently labeled major news organizations as “ fake news ” and called the press “the enemy of the people .” Often characterized some protesters and activists as “ thugs ,” “ radical left lunatics ,” or threats to the nation. Repeatedly described some immigrants as “ animals ,” “ monsters ,” or exceptionally dangerous criminals.
Lack of Humanitarian Beliefs	Speeches totally lack humanitarian promotion of morality, equality, justice, cooperation, compassion, reconciliation, or wisdom.	Trump’s speeches are filled with constant lying, fearmongering, resentment, anger, revenge seeking, prejudice, intimidation, bullying, and racism.
Nationalist/protectionist policies	Emphasizes national identity, sovereignty, and national interests.	“America First” policies, emphasis on border security, trade protection, and national sovereignty.

Anti-Immigration Rhetoric	Views immigration as a major threat to social order or national identity.	Support for border walls, ICE deportation policies, and stricter immigration controls.
Anti-Globalism	Skepticism toward international institutions and agreements.	Criticism of some trade agreements, international organizations, and multinational arrangements (e.g., NATO).
Direct Communication with Followers	Bypasses traditional institutions and speaks directly to supporters.	Extensive use of rallies and social media to communicate without relying on traditional media gatekeepers.
Mass-Movement Politics	Builds personal loyalty among large numbers of followers.	Large rallies, strong personal branding, and a highly loyal political base.

Step 2 – Dominance



Narcissistic Behavior

DOMINANCE

- Displays a grandiose sense of self-importance

- Requires excessive admiration
- Arrogant or looks down on others
- Exploits others to advance personal goals
- Shows limited empathy for others’ suffering

Trump presents himself as the nation’s savior, using “us versus them” rhetoric and promoting his own [superiority](#).

He boasts that only he can replace the current “corrupt” government, consistently promoting his image of strength and decisiveness.

He listens only to **flatterers** who **assure him he is infallible, invincible, and all-powerful**. The more praise he receives, the more arrogant and closed-minded he becomes.

Trump has repeatedly claimed that he is a genius and was “top of his graduating class” at Wharton’s University. [The truth is he lied](#) as [documented in this video](#).

Trump’s Lying About Being “First in His Class” At University	
FACT	DETAIL
1968 Dean's List	The Daily Pennsylvanian published a list of 56 students on Wharton's Dean's List in 1968 (top 15% of the class) — Trump's name is not among them.
GPA	Trump's confirmed GPA was 2.94 , which was "notably average".
Graduation honors	He did not graduate with honors (which required a GPA of 3.40 or higher).
Commencement program	Trump's name appears nowhere on the 1968 Commencement Program listing award recipients or honors graduates (cum laude, magna cum laude, summa cum laude).
Trump's claim	Trump has repeatedly claimed to have graduated "first in his class," which has been definitively proven false .

Multiple sources, including university records and Trump's own classmates, confirm he was not a top student at Wharton. Trump’s narcissism demands that he is always seen as being dominant and superior.

Trump’s authoritarian populist leadership (For Scholars):

Like all populist leaders, Trump portrays himself as the voice of ordinary people against “the corrupt elite”. However, Trump’s extreme narcissism and need to be viewed as a superman is

reflected in his strong authoritarian tendencies (e.g., favoring strong leadership, demanding loyalty, and suppressing perceived threats or opponents).

Authoritarian Characteristic	Description	Trump Authoritarian Examples
Strong Leader Image	Presents himself as a strongman or superman uniquely capable of solving national problems.	Trump promotes himself as the only true voice of "the real America" or "the people" and as the strongman leader who will save the USA.
Authoritarian Submission	Insists on submission to his leadership and to his control of the courts, police, and military.	Trump is creating a gestapo-like secret police (ICE) that now has a budget greater than that of the entire Marine Corps. He demands total loyalty from ICE, his Republican party, and his administration.
Authoritarian Aggression	Suppresses or eliminates all those that oppose him or his policies.	Trump is obsessed with taking revenge against perceived political enemies, especially Barack Obama, Joe Biden, Hillary Clinton, and Democrats broadly.
Conventionalism	Appeals to conservative voters on issues involving religion, family values, and cultural traditions.	Trump presents himself as a defender of far-right Christian values, but his personal conduct contradicts the moral and ethical standards of Christianity (e.g., the Epstein files , the sadistic cruelty of ICE).

Step 3 – Distrust



Paranoid Behavior

DISTRUST

- Suspects exploitation or harm without clear evidence

- Unjustified doubts about others' loyalty
- Easily offended by neutral comments
- Interprets criticism as a personal attack
- Holds grudges and is unforgiving

Trump consolidates control over his political movement using intimidation and threats of physical harm.

He promotes conspiracy theories and recasts himself as the people's champion who will [take revenge](#) against the "[vermin](#)" he suspects as being "[enemies of the people](#)" and "[enemies within](#)".

Trump attempts to bring criminal cases against those prosecutors and judges that have opposed him.

Trump purposely increases his followers' suspicion and hostility as a "divide and conquer" strategy. He uses fear to keep people distracted, divided, and easier to control.

Trump's Revenge Against His Opposition (For Scholars):

Trump's anger and desire for revenge against his opponents are extreme and deadly.

In 2026, Trump ordered the assassination of the top leaders of Iran. (And what was the cause of Epstein's death in prison?)

In the USA, Trump's retaliation has taken multiple forms:

- **Indictments and prosecutions** (Letitia James, James Comey)
- **Demands for prosecution/imprisonment** (Fani Willis, Alvin Bragg, Jack Smith, Adam Schiff, Liz Cheney)
- **DOJ investigations** (Joe Biden, Tim Walz, Jacob Frey, Eric Swalwell, George Soros)
- **Security clearance revocations** (John Brennan, Chris Krebs, Mark Milley)
- **Security detail removal** (Kamala Harris, Joe Biden, Mark Milley)
- **Public calls for "treason" charges** (Mark Milley, Barack Obama, John Brennan)
- **Impeachment-style campaigns** (Judge James Boasberg, Fani Willis)
- **Threats of military action** (Adam Schiff)

Trump has vowed and acted on "**retribution**" against at least [470 targets according to Reuters](#) investigation in his second term.

DOJ Prosecutors and Judges

PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
Fani Willis	Fulton County DA who prosecuted Trump for attempts to overturn Georgia's 2020 election results.	Trump called her corrupt, demanded she be impeached and prosecuted , and later DOJ investigated her over a Bahamas trip (alleging misuse of government funds).
Alvin Bragg	Manhattan DA who prosecuted and convicted Trump in 2024 on 34 felony counts of falsifying business records (hush-money case).	Trump repeatedly said "the prosecutor should be prosecuted," called Bragg should be held responsible for the crime of interfering in an election .
Jack Smith	Special counsel who brought federal charges against Trump for classified documents and January 6 election obstruction.	Trump called Smith "mentally unstable," "deranged," and a "criminal," demanded he be expelled from the country , and Trump's DOJ sought to indict him for "treasonous" overreach.
Letitia James	NY AG who sued Trump civilly for fraud over inflated asset valuations, resulting in \$454M judgment against him.	Trump said she "should be prosecuted," and DOJ indicted her on bank fraud and false statements related to a home loan (charges later dismissed).
Judge Arthur Engoron	NY judge who ruled against Trump in civil fraud case, ordering \$454M penalty and restricting Trump's bank loans.	Trump said Engoron and James "should be arrested and face appropriate punishment" and should be "arrested and punished accordingly."
Judge James E. Boasberg	Federal judge who blocked multiple Trump administration actions in his second term, including immigration and regulatory policies.	Trump's DOJ asked prosecutors for "egregious examples" of judges impeding his agenda so Congress could take action against them; Trump allies

		pursued impeachment-style action against Boasberg.
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Former Intelligence and Military Officials		
PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
<u>James Comey</u>	Former FBI Director who opened the Russia investigation into Trump's campaign in 2016 and testified about Trump's attempts to obstruct it.	Trump called him " corrupt, " DOJ indicted Comey on false-statement and obstruction charges over Senate testimony, and later on charges that a seashell image constituted a threat (charges dismissed).
<u>John Brennan</u>	Former CIA Director who signed the January 2017 intelligence assessment that Russia interfered to help Trump and publicly criticized Trump as unfit.	Trump called him a " loudmouth, partisan, political hack, " accused him of " treason, " revoked his security clearance, and DOJ pursued charges (later dropped, then re-launched by loyalists).
<u>James Clapper</u>	Former DNI who signed the Russia assessment and refused Trump's request to publicly debunk the "dossier" about Trump's ties to Russia.	Trump " tweeted cryptically " about Clapper, accused him of " treason, " and Trump loyalists alleged he was part of an anti-Trump "deep state" cabil.
<u>Peter Strzok</u>	Former FBI official who was lead investigator on Russia probe and wrote text messages critical of Trump.	Trump called him a " bad, sick person " and part of a " Grand Conspiracy " against Trump ; DOJ issued subpoenas targeting him as part of broader "weaponization" investigation.
<u>Lisa Page</u>	Former FBI lawyer who was Strzok's supervisor on Russia	Trump targeted her as part of the same

	investigation and sent critical text messages about Trump.	"weaponization" probe into 2016 Russia investigations.
Chris Krebs	Former DHS cybersecurity director who publicly debunked Trump's 2020 election fraud claims as false, calling the election "most secure in American history."	Trump called Krebs a "very bad guy" and fired him for his role in debunking the 2020 election fraud claims; Trump pushed for his prosecution.
Mark Milley	Former Joint Chiefs Chairman who called Chinese leadership after January 6 to reassure them the U.S. wouldn't attack (legally authorized) and publicly called Trump a "fascist" and "wannabe dictator."	Trump called Milley's actions "treasonous," said the penalty would have been "DEATH" in earlier times, and Trump's Defense Secretary suspended Milley's security clearance, withdrew his security detail, and ordered a review of his actions.
Andrew Weissmann	Former FBI official and Mueller team lawyer who investigated Trump's campaign for Russia ties.	Trump said Weissmann "is a bad guy" and called for him to be investigated alongside Jack Smith.
Lisa Monaco	Former Deputy AG who led DOJ during Biden and oversaw counterintelligence investigations, including against Trump.	Trump said Monaco "should be looked at very strongly" as part of the anti-Jack Smith probe.

Political Rivals		
PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
Joe Biden	Former president.	Trump ordered an investigation into Biden over executive actions, claiming he was "too mentally impaired" to do his job; Trump vowed to appoint a

		special prosecutor to investigate him.
Kamala Harris	Former vice president.	Trump removed her Secret Service protection and treated her as an enemy; he has repeatedly called for her prosecution and impeachment as part of his "retribution" campaign.
Barack Obama	Former president.	Trump claimed Obama "wiretapped" him , accused Obama of "treason" and a "treasonous conspiracy" to subvert Trump's 2016 victory; Trump demande d Obama's arrest and prosecution.
Adam Schiff	House Intelligence Committee chairman who led Trump's first impeachment inquiry (2019) over Ukraine and was a vocal critic.	Trump called Schiff an "enemy from within," suggested he should face "military action" and be prosecuted.
Liz Cheney	Republican vice-chair of House Select Committee that probed January 6, 2021 assault on the Capitol.	Trump said Cheney "should be prosecuted for her actions against our country" and "should be imprisoned alongside the rest of the Unselect Committee."
Tim Walz	Governor of Minnesota and 2026 Democratic presidential candidate who criticized Trump's policies.	Trump ordered an investigation into Walz over alleged mortgage fraud and other issues (critics called it political opposition research).
Jacob Frey	Mayor of Minneapolis who testified before Congress about Trump's policies and criticized Trump.	Trump launched an investigation into Frey over alleged mortgage fraud.
Eric Swalwell	U.S. Representative who criticized Trump and was subject to FBI investigation	Trump targeted Swalwell for alleged mortgage fraud and other claims; Trump's DOJ pursued investigations.

	(2018) for potential contact with Chinese spies.	
LaMonica McIver	Mayor of Camden, NJ and political opponent who criticized Trump.	Trump's DOJ prosecuted McIver .

Donors, Media, and Celebrities		
PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
George Soros	Major Democratic donor who funded progressive groups and bail reform; Trump frequently attacked him as a "globalist."	Trump's plan to crack down on liberal groups targeted Soros and Open Society Foundations , alleging they promoted violence ; DOJ was directed to bring charges ranging from arson to material support for terrorism .
Reid Hoffman	LinkedIn co-founder and Democratic donor who funded progressive causes and criticized Trump.	Trump's anti-liberal crackdown targeted Hoffman and liberal nonprofits, alleging they promoted violence and were "domestic terror networks."
Beyoncé	Singer who publicly criticized Trump or supported Democratic candidates.	Trump suggested investigating Beyoncé for her political views.
Oprah Winfrey	Media mogul who publicly criticized Trump or supported Democratic candidates.	Trump suggested investigating Oprah as part of his "retribution" campaign against critics.
Bruce Springsteen	Singer who publicly criticized Trump or supported Democratic candidates.	Trump suggested investigating Springsteen over his political views.
Taylor Swift	Pop star who endorsed Kamala Harris in 2024.	Trump attacked her for her endorsement.
Mark Zuckerberg	Facebook founder whose platform moderated content	Trump harbors strong dislike for Zuckerberg; Trump filed complaints and threatened

	after January 6 and criticized Trump.	punitive measures against Facebook.
<u>Journalists/News Media</u>	Media outlets that criticized Trump and refused to reveal sources.	Trump threatened major media networks with punitive measures (except Fox News), and suggested journalists should face imprisonment if they refuse to reveal sources.

Step 4 – Injustice



Antisocial Behavior

INJUSTICE

- Disregards laws or the rights of others
- Deceitful in dealings
- Shows little remorse after harming others
- Demonstrates consistent irresponsibility
- Acts impulsively without considering consequences

Once Trump [gained power in government](#), he removed those deemed disloyal from the civil service and military.

He viewed any questioning of his decisions as betrayal. He filled key positions with loyalists and suppressed dissent. The result is that Trump's administration became a "**dumbocracy**" – a dysfunctional administration run by **sycophants** and **cowards**.

Trump no longer bent the rules, he [demolished the rule of law](#). He repeatedly found or created a "[threat to national security](#)" to seize more power and run the government with total lack of accountability.

Trump is spending billions of dollars [creating concentration camps](#) ("immigration detention centers") for the mass deportation of undocumented immigrants. Prisoners in these concentration centers are prevented from having contact with immigration courts or lawyers. Those running these concentration camps openly behave as if **the rule of law doesn't apply** to these prisoners.

Trump has also received a "[get out of jail free card](#)" from the Acting Attorney General that would give Trump legal immunity for all his past tax evasion crimes.

Trump, his family, and his henchmen are [making themselves rich](#) and powerful by [stealing from the rest of the people](#). Trump's hunger for fame, riches, and power is insatiable - more is never enough. He has [normalized greed and corruption in government](#).

In his second term (since January 2025), **Donald Trump and his businesses have accumulated at least \$3.4–\$4 billion** in wealth, according to multiple investigations ([ask Perplexity](#)):

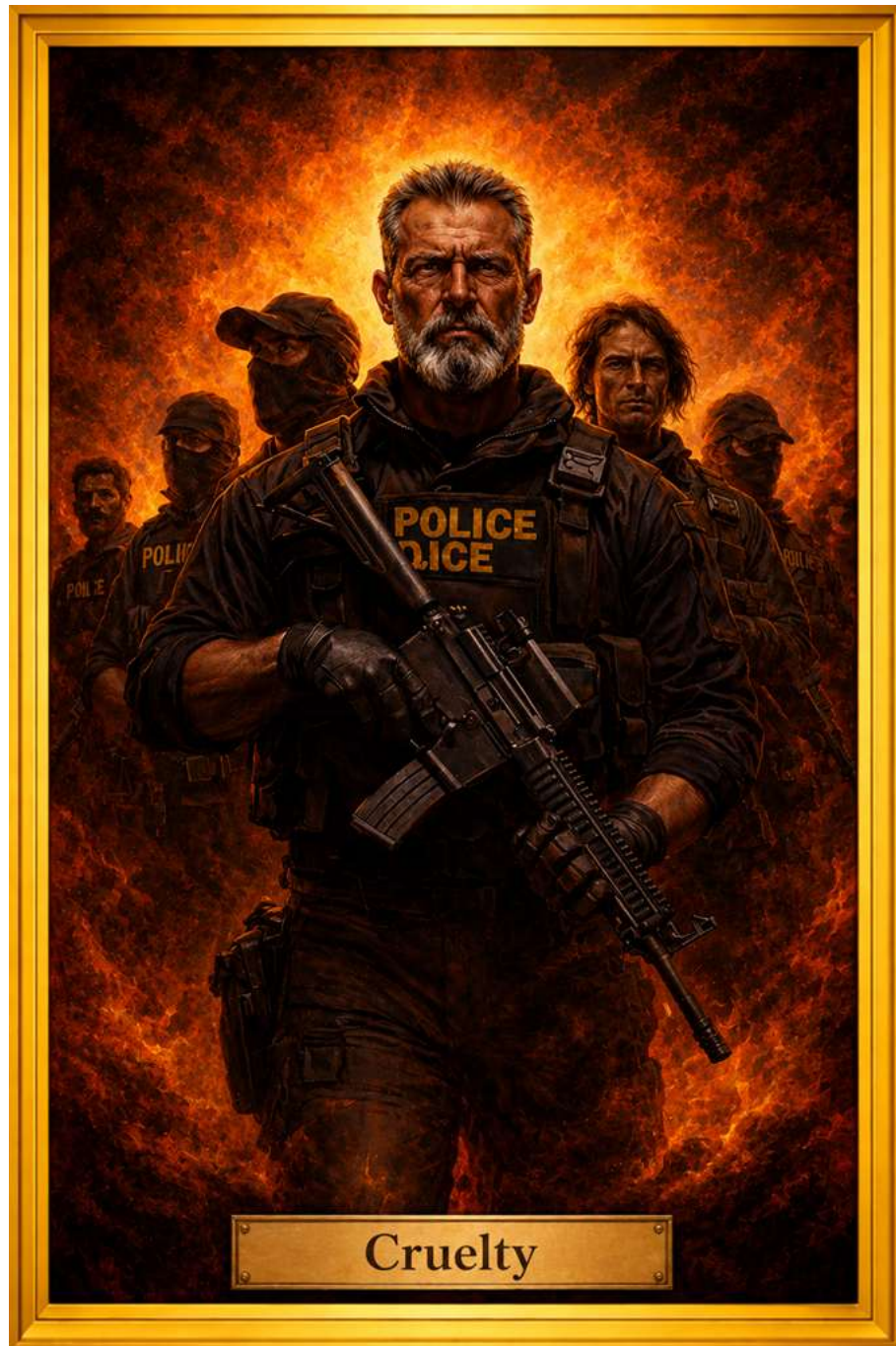
Key financial gains during Trump's second presidency:

Source of Wealth	Amount	Details
Total documented gains	At least \$3.4 billion	New Yorker report from August 2025; later estimates reach \$4 billion in revenue and paper wealth
Crypto ventures	~\$1.8–\$2.1 billion	World Liberty Financial token sales generated ~\$1.4 billion; meme coin launched before inauguration generated ~\$320 million
Net worth increase	~\$3–\$4.2 billion	Forbes reported Trump's net worth rose \$3 billion in one year (from \$4.3B to \$7.3B in 2025); Wall Street Journal estimates \$4.2 billion increase since 2024
Legal settlements	Part of \$1.4B	Trump pocketed over \$1.4 billion from settlements, gifts, and crypto deals alone
Real estate licensing	+\$400 million	Revenues jumped 580% to \$45M in 2024; new deals in Saudi Arabia, Vietnam, Romania, India, Qatar, UAE
Golf & clubs	+\$325 million	Profits jumped 30% in 2024
Net worth as of 2026	\$6.5–\$7.3 billion	Forbes estimates \$6.5B (Feb 2026); earlier estimate was \$7.3B after 1-year presidency boost

Bottom line:

Analysts characterize this as **the most lucrative presidency in American history** and **unprecedented graft**, with Trump turning the presidency into his own private fund-raising venture. His assets remain in a revocable trust managed by his children rather than a blind trust.

Step 5 – Cruelty



Sadistic Behavior

CRUELTY

- Intimidates, humiliates, or bullies others
- Uses cruelty or harshness to maintain dominance
- Applies excessively harsh discipline
- Appears amused by others' suffering
- Lies to harm or inflict pain.

To enforce obedience, Trump has increased attacks against all those who oppose him. He demonizes a minority group (illegal immigrants) and is establishing a police state using ICE to jail or [deport them](#). The evilness and cruelty of his rule is steadily escalating. Trump uses cruelty to look strong and to intimidate others to obey and fear him. He justifies the suffering he causes as necessary. Trump delegates power to sadists who [derive pleasure from inflicting suffering](#) by unleashing a [reign of terror](#) or war.



Trump posting himself as a character from the film "[Apocalypse Now](#)" (this is SADISTIC)

Minnesota Gov. Tim Walz [in May 2025](#) stated: *“Donald Trump’s modern-day Gestapo is scooping folks up off the streets. They’re in unmarked vans, wearing masks, being shipped off to foreign torture dungeons, no chance to mount a defense, not even a chance to kiss a loved one goodbye, just grabbed up by masked agents, shoved into those vans, and disappeared.”*

*The budget and manpower of the US Department of Homeland Security is now **larger** than the budget and manpower of the US Marine Corps.*

War In Iran

Trump believes progress is achieved through conflict, not cooperation. Although Trump ran for election promising “no wars”, he has since attacked Venezuela and Iran. Like previous US presidents, [Trump now is being defeated](#) by an inferior military opponent he wholly misjudged. Thus, the war in Iran will prove to be yet another US military disaster like the wars in Vietnam and Afghanistan or the military debacle in Iraq.

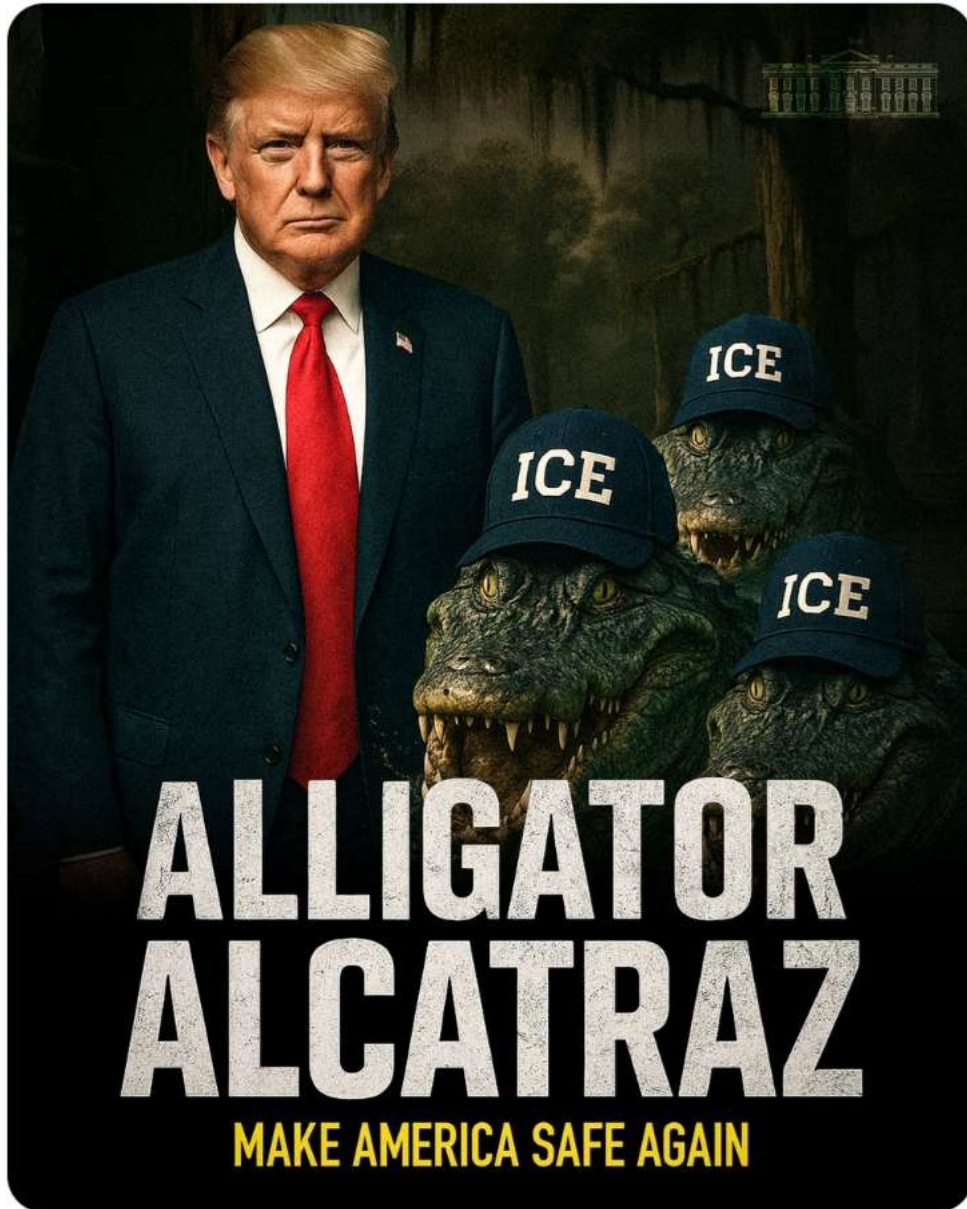
Trump’s illegal and reckless war in Iran will prove to be another example of a **superpower suicide** – like Russia’s war in Afghanistan which bankrupted the USSR and brought about its collapse in 1991.



The White House

@WhiteHouse

ALLIGATOR ALCATRAZ: MAKE AMERICA SAFE AGAIN! 🇺🇸



Step 6 – Irrationality



Delusional Grandiosity/Paranoia

IRRATIONALITY

- Grossly overestimates personal power or influence
- Pursues grandiose self-glorification
- Rejects expert advice and constructive feedback
- Refuses to change position when proven wrong
- Blames others for own serious mistakes

Key Pattern

Convinced of his own infallibility, invincibility and power, Trump **demands absolute obedience**, **ignores advice**, and fosters an **extreme personality cult**.

He governs with “[a view that there’s nothing he can’t do. Nothing, zero, nothing.](#)”

Trump does everything he can to increase his reputation as the superman-savior of his nation.

Since [no one is allowed to question his decisions](#), Trump makes serious mistakes (e.g., starting the unnecessary war in Iran).

Trump consistently **rejects evidence** when it contradicts his beliefs. Even **overwhelming evidence** doesn't change his delusional views because they're [integral to his political identity](#).

As noted earlier, Trump shows pronounced histrionic, narcissistic, paranoid, sociopathic, and sadistic traits. In addition, he now appears to be developing [delusional grandiosity](#), also known as megalomania.

There are also strong signs that Trump may be developing [frontotemporal dementia](#). Unlike Alzheimer’s dementia, which usually begins with major memory loss, frontotemporal dementia often first appears as severe impairment in judgment and impulse control. As a result, the individual may quickly become more impulsive, aggressive, paranoid, and confused.

It is alarming that Trump is **severely mentally ill** and could impulsively trigger a nuclear World War III due to his:

- **Severe personality disorders** (i.e., histrionic, narcissistic, paranoid, antisocial [sociopathic], and sadistic personality disorders)
- **Severe delusional grandiosity**
- **Rapidly worsening frontotemporal dementia**

Trump's Major Delusions (False Beliefs Firmly Held Against All Evidence) (For Scholars):

2020 Election Was “Rigged” and He Actually Won	
FINDING	DETAILS
63+ court cases dismissed or lost	Trump's legal team filed over 60 lawsuits challenging the 2020 election results; nearly all were dismissed for lack of evidence, and judges (including many appointed by Trump) rejected the claims.
Then-Attorney General William Barr	In December 2020, Barr stated: "To date, we have not seen fraud on a scale that could have effected a different outcome in the election".
Multiple audits/recounts	Hand recounts in Georgia, audits in Arizona (Cyber Ninjas), and partisan reviews in Maricopa County confirmed Biden's victory and found no widespread fraud.
Judge David Carter ruling	A federal judge found Trump signed legal documents containing voter fraud claims he knew were false, including inaccurate numbers about dead/felon voters in Georgia.
Special Counsel Jack Smith's case	Prosecutors detailed evidence that Trump was repeatedly told by advisers, Pence, and staff that there was no evidence of fraud, yet continued spreading false claims.
Cyber Ninjas audit	The Arizona audit that Trump supported concluded without substantiating his claims and actually found Biden received 360 more votes than initially counted.

Every major investigation, audit, and court case examining the 2020 election has found **no evidence of widespread fraud or rigging** that could have changed the outcome. Trump's claims have been repeatedly **debunked** by election officials (including Republicans), courts, and his own administration's Justice Department.

Jailed Supporters Who Stormed the Capitol in 2021 Were Innocent	
FINDING	DETAILS
Rallied the crowd	Trump spoke at a rally near the White House, telling supporters to “fight like hell” to stop Congress from certifying Biden’s victory.
Spread false claims	He claimed the election was "stolen" and was "rigged" despite no evidence of widespread fraud.

Pressured Pence	Trump repeatedly demanded Vice President Mike Pence reject the electoral votes, despite Pence having no constitutional authority to do so.
Mob stormed Capital	Supporters invaded the Capitol, injuring 140+ police officers, killing 4 participants + 5 officers, and forcing Congress to evacuate.

Over 1,200 people were charged for their actions on Jan. 6, 2021. Trump pardoned them all.

Climate Change Is a Hoax or Not Human-Caused	
WHAT HE BELIEVED	EVIDENCE AGAINST IT
Global warming is a "hoax" (attributed to Chinese)	97%+ of climate scientists agree Earth is warming and humans are causing it; NASA, NOAA, and every major scientific academy confirm this; record temperatures, melting glaciers, rising sea levels
Climate change is not a problem for federal government	\$2.65 trillion in climate-related damages in 2017-2023 alone; 10 of 11 hottest years on record occurred since 2010

He Graduated "First in His Class" at University	
WHAT HE BELIEVED	EVIDENCE AGAINST IT
Graduated "first in his class" from Wharton	Records show he was not in top 15%; GPA was 2.94 (notably average); Dean's List (top 15%) did not include his name; did not graduate with honors (required 3.40+ GPA); classmates dispute this claim

He Will Face No Consequences for His Actions	
WHAT HE BELIEVED	EVIDENCE AGAINST IT
Immunity from prosecution for official acts	Supreme Court ruled he has some immunity but not absolute immunity; 4 felony convictions in New York hush-money case; federal cases pending; civil fraud judgment of \$454 million
Past presidents cannot be prosecuted	Nixon, Clinton, and others faced legal consequences; Justice Department opinions both ways but no constitutional bar exists
Pardon himself for federal crimes	Never been tested; constitutional scholars say it's legally questionable

The Mueller Report Exonerated Him

WHAT HE BELIEVED	EVIDENCE AGAINST IT
"Despite the politically motivated witch hunt, I am totally innocent"	Mueller Report did NOT exonerate Trump; it identified 10 instances of potential obstruction of justice; it did not clear Trump of collusion; Mueller said he was not exonerated

He Has Never Lied

WHAT HE BELIEVED	EVIDENCE AGAINST IT
Implicitly believes his statements are true	Wikipedia tracks over 30,000 false or misleading claims ; fact-checkers document thousands of lies per year; his own aides have admitted to lying
Implicitly believes he's more honest than others	Pew Research found Trump has lowest trust among presidents; fact-check scores show highest false rate ; bipartisan surveys rank him least honest

The Deep State Is Out to Get Him

WHAT HE BELIEVED	EVIDENCE AGAINST IT
"Deep state" conspiring against him	No evidence of coordinated conspiracy; career professionals doing their jobs; FBI, CIA, and DOJ investigations were legally authorized and followed protocols

He Alone Can Save America

WHAT HE BELIEVED	EVIDENCE AGAINST IT
Only he can fix the country's problems	2020 and 2024 elections show he's not universally supported ; 53% of Americans disapprove of his performance; record-low approval ratings

China Stole the 2020 Election

WHAT HE BELIEVED

China interfered to help Biden

EVIDENCE AGAINST IT

ODNI report (2025) stated **Russia likely did NOT influence** U.S. election results; **no evidence** of China involvement; **intelligence community** found **no credible evidence** of foreign interference affecting outcome

Step 7 – Disaster



DISASTER

Final Outcomes:

- **Socially**, most people feel unhappy or disconnected from their community.
- **Healthwise**, things are poor for most people.
- **Economically**, things are poor for most people.
- **Legally**, most people have limited freedom or justice.
- **Most people** live in an unstable, unsafe environment.

Trump's senseless foreign wars and erratic tariff policies may trigger a global financial crisis.

The interest payments on the US national debt are now larger than the total US defense budget. This massive national debt will cause uncontrolled inflation and impoverishment of most Americans.

Foreign central banks now are reluctant to loan US money by buying US Treasury Bonds. China is actively dumping its massive amount of US Treasury Bonds.

Trump's persistent attention-seeking, arrogance, distrust, lawlessness, cruelty, and delusional grandiosity/self-glorification finally will bring about his defeat.

One final catastrophic misjudgment will turn into a major fiasco that will bring about his defeat.

However, this disaster may pave the way for a new aspiring dictator, "Trump #2", to rise and potentially repeat the authoritarian cycle (steps 1 to 7).



Burning Iranian Oil Depot (US Bombardment April 2026)



Donald J. Trump

@realDonaldTrump · 1h

TRUTH.

Iran can't get their act together. They don't know how to sign a nonnuclear deal. They better get smart soon! President DJT

NO MORE MR. NICE GUY! 🇺🇸



Picture posted by President Trump on Truth Social April 29th 2026

President Trump the King of Bankruptcy

BUSINESSES of DONALD TRUMP THAT WENT BANKRUPT

- Donald J. Trump Foundation
- Golden Nugget Atlantic City
- GoTrump.com
- Hard Rock Hotel & Casino Atlantic City
- New Jersey Generals
- Paradox Hotel Vancouver
- Plaza Hotel
- TD Trump Deutschland
- The Trump Network
- Trump Entertainment Resorts
- Trump Ice
- Trump Institute
- Trump magazines
- Trump Mortgage
- Trump Ocean Resort Baja Mexico
- Trump Plaza Hotel and Casino
- Trump Productions
- Trump Shuttle
- Trump Steaks
- Trump University
- Trump Vodka
- Trump World's Fair
- Trump: The Game
- Trumped!



The Best of Friends



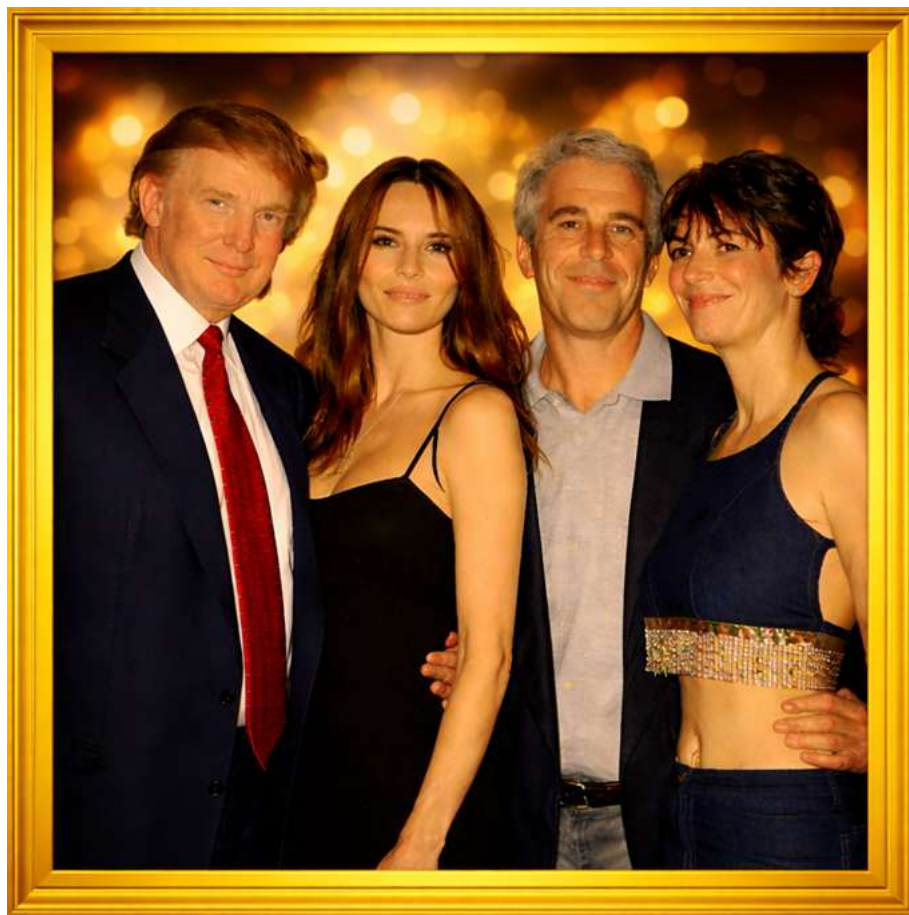
Elon Musk
@elonmusk



Time to drop the really big bomb:

[@realDonaldTrump](#) is in the Epstein files. That is the real reason they have not been made public.

Have a nice day, DJT!



El Salvador Extermination Prison



Thousands of Prisoners Forced to Sit for Hours in CECOT Prison in El Salvador

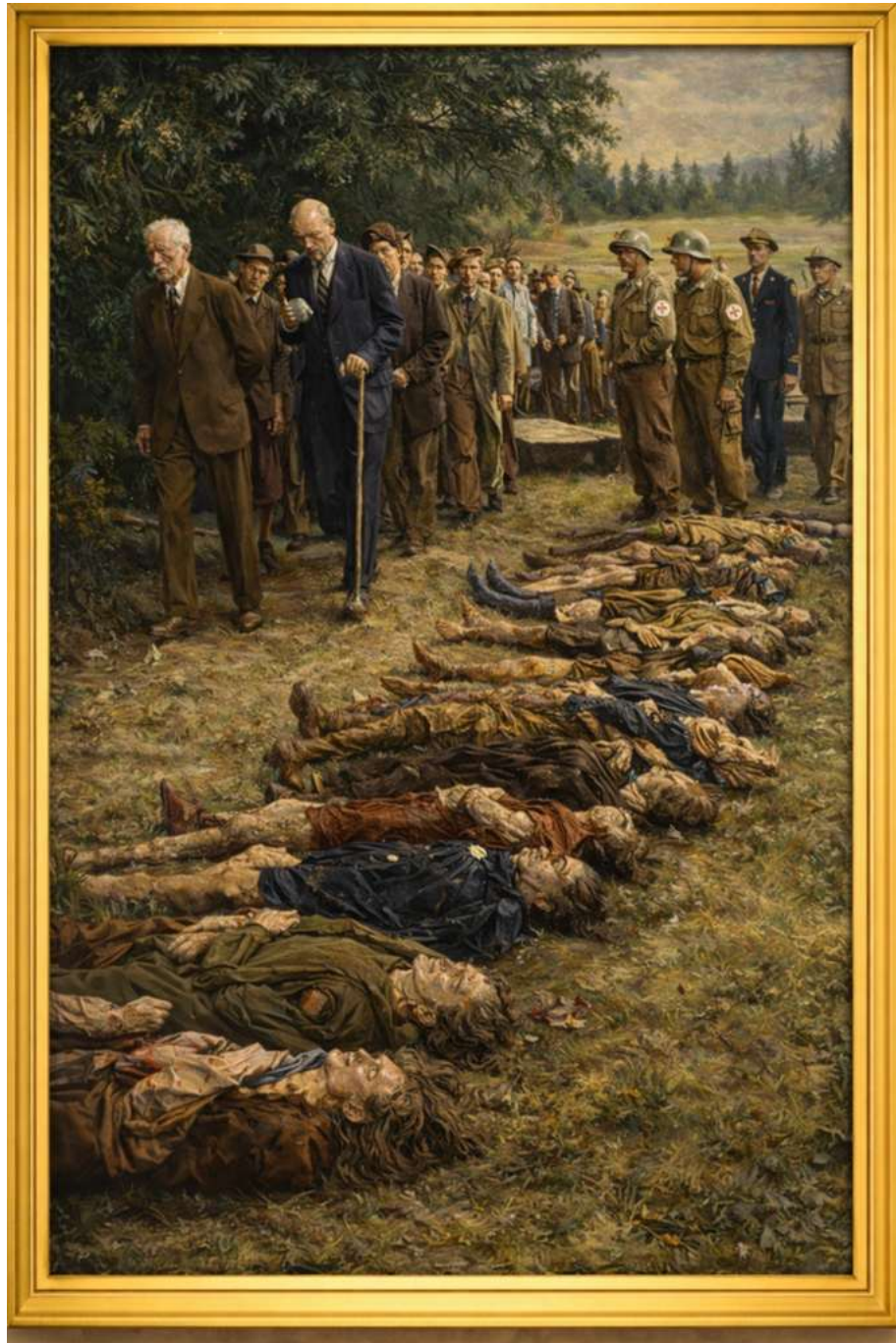
[Inside the Salvadoran mega-prison where US deportees live](#)

[CECOT Prison – Inside El Salvador’s Mega Jail | World’s Toughest Prison - YouTube](#)

CECOT Prison in El Salvador is an **extermination facility**. It is just a matter of time before most of its inmates die due to disease. The government knows this. This **extermination-by-disease** is their “final solution” to the problem of how to kill these prisoners. No firing squads, no gas chambers, no hangings - just waiting for a lethal epidemic to break out in this overcrowded, filthy prison.

CECOT Prison is one of many foreign prisons to where the US ICE (Immigration and Customs Enforcement) agency secretly deports its prisoners.

Remember what Minnesota Gov. Tim Walz [in May 2025](#) stated: “Donald Trump’s modern-day Gestapo is scooping folks up off the streets. They’re in unmarked vans, wearing masks, being shipped off to foreign torture dungeons, no chance to mount a defense, not even a chance to kiss a loved one goodbye, just grabbed up by masked agents, shoved into those vans, and disappeared.”



German civilians forced by US army to view corpses at Auschwitz prison

At the end of World War II, the US army liberated the extermination prison at Auschwitz. The German civilians living near Auschwitz said they didn't know what was happening inside this extermination prison.

Since all the German civilians claimed complete ignorance of the slaughter at Auschwitz, the US army made them line up and march past the corpses.

You are now like those World War II Germans who remained silent when the Nazis constructed hundreds of concentration camps and a dozen large extermination prisons.

In the USA today, ICE is constructing numerous concentration camps for internal imprisonment of Trump's enemies. Today, Trump's enemies are defenseless illegal immigrants. Tomorrow it will be for all those that oppose Trump.

Trump already is sending his defenseless illegal immigrants to the El Salvador CECOT extermination prison.



If you don't protest now, you will be exactly like those Germans in World War II that knew that there were concentration camps and extermination prisons – but did nothing.

Now that you have read this chapter, I'd like to quote my hero William Wilberforce:

"You may choose to look the other way, but you can never say again that you did not know."

Open Your Eyes

It is not normal in the USA:

- For people to be dragged into concentration camps and some sent to foreign torture or extermination camps.
- For peaceful American citizens to be publicly murdered by Gestapo-like police (i.e., ICE) who are above the law.
- For the US president to be lawless and repeatedly start wars without the consent of Congress and blunder into stopping 20% of the world's oil and fertilizer supply.
- For a totally lawless US president to be gaining hundreds of millions of dollars through bribery and corruption.
- For the US president to be closely and secretly allied with America's enemy (Putin).
- For the US president to want to dismantle NATO and alienate America's former allies.
- For the US president to massively increase the national debt and do nothing to prevent a catastrophic national debt crisis.
- For the US president to place punishing tariffs that taxpayers must pay.
- For the US president to have the worst personality traits that anyone could have (i.e., Histrionic, Narcissistic, Paranoid, Antisocial, and Sadistic traits) plus megalomania.
- For the US president to have rapidly worsening dementia and still have solo authority to start a nuclear war.



CECOT Prison
El Salvador



Presidents Trump and Marcon Visiting Versailles, France



The WHITE HOUSE

New U.S. Passport to Commemorate America's 250th



Official New USA Passport

President Trump's **delusional grandiosity/self-glorification**:

- His picture will appear on a limited edition of US passports.
- His signature is set to appear on future U.S. currency.
- Huge banners with his face have appeared on federal buildings.
- He has created a new website for prescription drugs called **TrumpRx.gov**.
- He has announced a new "Trump class" of battleships.
- His name has been placed on both the **U.S. Institute of Peace** and the **John F. Kennedy Memorial Center for the Performing Arts**.
- He introduced the "**Trump Gold Card**" and "**Trump Platinum Card**" for people willing to shell out \$1 million and \$5 million, respectively, to expedite the residency process.
- His "One Big Beautiful Bill Act", included the creation of a new type of custodial IRA account for children, dubbed "**Trump Accounts**."



Rioters Storm US Capitol 1/06/2021

[Trump's Followers Storming the Capitol January 6, 2021](#)

[‘This is not a peaceful protest!’](#) A visual archive of Jan. 6, 2021, through the lenses of those who were there. NPR

PREDICTION: Trump will do this **again**.



President Clinton Posted This Message on July 4th, 2026

STATEMENT FROM PRESIDENT CLINTON ON AMERICA AT 250 AND THE STATE OF THE COUNTRY

[July 4, 2026](#)

Two hundred and fifty years ago in Philadelphia, our Founders embarked on a radical experiment and declared a new nation rooted in the ideal of equality, with an elected government charged to advance life, liberty, and the pursuit of happiness.

Since then, our government of, by, and for the people has become the longest-lasting continuous democracy in the history of the world.

Our road from 1776 to today has been, in Abraham Lincoln's words, "piled high with difficulty." **At every turn, there have been forces of reaction seeking to claw back the extension of our rights and liberties to more people.** But by and large, thanks to celebrated leaders and everyday Americans alike, we have stumbled in the right direction – widening the circle of opportunity, deepening the meaning of freedom, and strengthening the bonds of our community.

Today, we celebrate this milestone amid another period of deep division, renewed questions about America's future and role in the world, and serious threats to our own institutions and to our democracy itself.

The people in charge have unleashed masked agents on American communities to seize people from their homes, workplaces, and the street. They have started an unconstitutional war on a whim, with no clear objectives or exit strategy, and zero regard for the consequences to the millions of people around the world. With the help of lifetime appointees to the Supreme Court and a compliant Congress, they have weaponized government to settle personal scores, prosecute enemies, stamp out free speech, and made the federal government a new profit center for themselves and their allies. Their New Deal is socialism for the super-rich (and their own enrichment) even if it means increasing poverty, inequality, and illness at home and around the world. They also want to rewrite history to ignore and outright deny our past flaws while banning books that say otherwise from our libraries. And they select even our military leaders based on their version of political correctness over ability.

But this isn't the first time we've come close to the edge. Throughout our history, we've fought about what it means to make our union more perfect and who belongs. So far, at every major turning point, we have chosen inclusion over division: in the early days of the Republic, by building a national economic and legal system; during the Civil War, by preserving the Union and ending slavery; in the early 20th century, as we moved from an agricultural to an industrial society, by making our government stronger to preserve competition, promote basic safeguards for labor, and provide for the poor, the elderly, and the infirm; in the 60s and 70s, by advancing civil rights and women's rights and protecting our natural resources from plunder; and at the dawn of the new millennium, by moving into the global information age in a way that distributed the benefits of our interdependence to more people.

Our Founders were wise when they gave us our mission to form a more perfect union. They knew America would never be perfect but could always be better. That's what they meant by "more perfect." We've done that by being courageous enough to acknowledge our flaws and missteps – and then bold enough to leave them behind for brighter tomorrows.

That's the lesson of our first 250 years: we can always do better. In how we treat one another, in person and online; in building a better future for ourselves, our families, and our communities; and in standing up, showing up, and speaking out for our democracy.

There is still nothing wrong with America that cannot be cured by what's right with America. We see it in the people lining up to vote, no matter how hard some may try to prevent them. We see it in those bringing groceries to their neighbors, donating to charities in record numbers, and serving their country and communities in countless ways. And we see it in the immigrants eager to bring their talents, hard work, and dreams to our country.

So today, celebrate the miracle that has brought us this far. I know I will, because I love my country so much. Then tomorrow, wake up,, and ask yourself what part you will play to keep making our union more perfect by keeping our country in the future business. We owe that much to those who struggled and sacrificed to bring us this far, and to our children and grandchildren who soon will inherit that future. [end]

Deteriorating Mental State



In June 2026, Trump boasted that Giorgia Meloni, the first female Prime Minister of Italy, begged to be photographed with him – which she angrily said was a lie.

Then a few weeks later, Trump posted on Truth Social this AI created picture of him which falsely shows Meloni looking at him with a gaze that suggests she adored him. The title of Trump’s post was very demeaning to Meloni. Trump’s post infuriated Meloni. (**Note:** I added the “Presidential Fantasy” caption under his Truth Social post.)

Is this publicized fantasy an example of increasing disinhibition in a dementing 80-year-old man?



Truth Social Picture Posted by President Trump

Can You Spot Trump’s Megalomania?

Hint: Trump’s map shows the USA owning Canada and Greenland. Trump’s obsession with annexing Canada and Greenland, plus his irrational war with Iran, should alarm everyone.

Here Is Another Example of Trump's Megalomania

What do you think about a person that says he “**Was Always Right About Everything**”.

Hint: Believing you are **infallible is a diagnostic feature of delusional grandiosity** (i.e., **megalomania**).



Trump Is Obviously Demented

Watch this video of [President Trump rambling](#) on about the CHIPS Act and how computer chip firms ran out of transgender people to run their companies. You don't need to be a psychiatrist to conclude that **President Trump is now dangerously out of contact with reality**. **Remember:** America's nuclear missiles can be launched solely on the president's authority. That means **a demented elderly president could start a nuclear war that kills us all**.