

DictatorWarning.com: Chapter 1

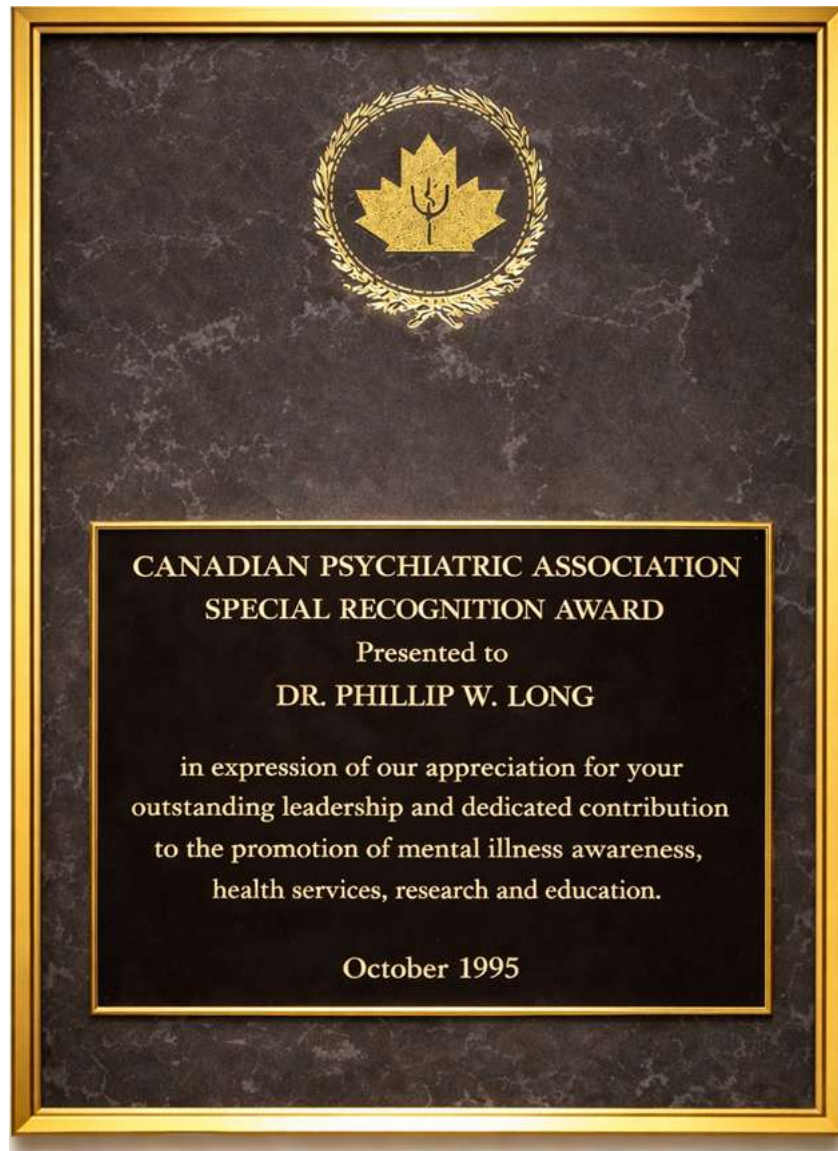
A WARNING

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Who Wrote This Book?

I am a retired Canadian psychiatrist and recipient of the Canadian Psychiatric Association Special Recognition Award 1995.



Basically, my psychiatric career consisted of being a “little frog in a little pond”.

After completing my MD, I completed my DPH in public health, and 4-year residency and FRCP Canadian fellowship in psychiatry. Subsequently, my 4-decade psychiatric career was initially spent in emergency ward psychiatry then psychiatric private practice. In total, I enjoyed treating more

than 2,000 patients in my psychiatric career in socialized medicine. For decades, I offered free psychiatric information and computerized psychiatric diagnosis on the internet.

Where I Live



I am extremely fortunate to live in Canada - far away from the reach of President Trump. Being 81 years old, I want to make the best of the few years I have left. Thus, I wrote this book to be the voice of all those who have been silenced by dictators.

Why Read This Book?

I am writing this book as a warning before President Trump seizes absolute power and converts the USA into a dictatorship.

International rule-of-law, thanks to President Trump, is rapidly being replaced by the old 19th century [might-makes-right imperialism](#).

How can dictators be stopped? How can humanitarian leadership be promoted? That is the mission of this book.

Right now, in the USA heavily armed masked ICE agents are breaking into cars and dragging people – even American citizens – away to be jailed and some are dying in detention or never seen again.

Minnesota Gov. Tim Walz [in May 2025](#) stated: “Donald Trump’s modern-day Gestapo is scooping folks up off the streets. They’re in unmarked vans, wearing masks, being shipped off to foreign torture dungeons, no chance to mount a defense, not even a chance to kiss a loved one goodbye, just grabbed up by masked agents, shoved into those vans, and disappeared.”

The majority of those dragged away by ICE agents [had no criminal history](#). Those sent to foreign prisons (like those in El Salvador) had no legal hearing or trial – they just were flown to a foreign prison without any chance to legally prove their innocence.

The USA is rapidly becoming a dictatorship. This is not “fake news” - this is really happening and can’t be ignored. This book warns against the rise of this [American dictatorship](#).

Questions This Book Tries to Answer

- Why have most societies lived under authoritarian rule?
- Why are authoritarian rulers so cruel and lawless?
- Why do all empires expand and then collapse?
- Why have some modern democracies waged unjust wars or committed genocide?
- Does power corrupt leaders and become physically addictive?
- Did 20th-century dictators have all the worst personality traits anyone could have?
- Do dictatorships empower the worst individuals - hence the worst rule the rest?
- What are key authoritarian vs humanitarian behaviors?
- How can you evaluate and develop more humanitarian traits in yourself?

How To Read This Book

The content of this website is to be downloaded and saved offline for private viewing. All the content is copyrighted, but permission is granted for non-commercial private personal use.

While many books discuss dictatorships and President Trump, this website uniquely provides interactive tools to help you independently evaluate any political leader's authoritarian or humanitarian behavior.

This website often uses **medieval pictures** to remind readers that, although the modern age has god-like technology, politically the world operates as if it is still in the medieval ages.

In this book some topics are identified as “**(For Scholars)**” and may be skipped. Questions to “**Ask AI**” are also shown in **blue** and may be skipped.

Why Is This Book Written Like a Textbook?

In my medical training I loved reading clearly organized textbooks. This “textbook style” is one of many journalistic styles, but it was the one I adopted as my own. What this style lacks in poetic imagery, it excels in brevity and clarity. This book is purposely written using a grade 10 vocabulary level to ensure that its message is conveyed as clearly as possible. More complicated material is presented as comparison tables or in point form. The more academic sections are clearly marked so that a reader is free to skip them.

This book features a range of measurement scales, reflecting the requirement in scientific inquiry that phenomena be quantifiable. For instance, science is well-suited to assessing climate change due to its measurability; however, it is not equipped to evaluate the existence of a deity, as this cannot be empirically measured.

Civilization includes important elements like art, literature, and philosophy that can't always be measured scientifically. This book aims for scientific measurement when possible. Non-scholars may skip these questionnaires and checklists.

How Do Authoritarian and Humanitarian Behaviors Differ?

This book will examine, from a psychiatric perspective, how authoritarian behavior differs from humanitarian behavior. The key distinctions are as follows:

AUTHORITARIAN BEHAVIOR	Social Inequality	Hatred or Callousness	Aggression, Destruction	Greed	World War II that destroyed Europe
HUMANITARIAN BEHAVIOR	Social Equality	Kindness or Compassion	Peacemaking, Construction	Generosity	Marshall Plan that rebuilt Europe

This book explores exactly what Lord Acton meant when he said: “Power corrupts and absolute power corrupts absolutely.” If we heed Lord Acton’s warning, we will survive.

Otherwise, we may not.

- **Ask AI: What are the main differences between authoritarian and humanitarian behavior?**

Before Reading Further, Test This Book’s Core Proposals

This book proposes:

- Dictators have all the most dangerous personality traits that anyone can have
- Humanitarian leaders show the exact opposite of these dictatorial behaviors

The “Score-A-Leader” tool (<https://dictatorwarning.com/diagnostic-tools>) is a diagnostic tool I created to test this book’s core proposals.

You should **test the accuracy of the Score-A-Leader tool** by using it to assess dictators (like Hitler, Stalin, Mao Zedong) and great humanitarian leaders (like, Mahatma Gandhi, Florence Nightingale, Martin Luther King Jr.). Then you may want to assess President Trump.

To be an accurate diagnostic test, the Score-A-Leader diagnostic tool must be able to accurately differentiate between dictators and humanitarian leaders.

This is exactly what the Score-A-Leader diagnostic tool can do.

Thus, this supports this book's core proposal that dictators have the most dangerous personality traits that anyone can have, and humanitarian leaders show the exact opposite of these dictatorial behaviors.

If you find the Score-A-Leader tool is accurate, and thus this book's core proposals are correct, please continue reading. We have a lot to discuss.

- **Ask AI: How could I create a test that would accurately differentiate the behavior of dictators versus that of humanitarian leaders?**

The Next Two Decades May Determine If Humanity Survives



Throughout history, empires have risen and crumbled, cultures have flourished and faded - but humanity endured.

For the first time in history, humanity faces possible extinction from four main threats:

- **Nuclear War:** A large nuclear war could kill billions and trigger “nuclear winter” which would destroy agriculture and push humanity closer to extinction.
- **Catastrophic Climate Change:** Man-made extreme global warming could cause irreversible civilization collapse.
- **Engineered Pandemics:** Deliberately engineered highly lethal pandemics could escape and destroy humanity (like it almost did in 1971 in the USSR [1971 Aral smallpox incident - Wikipedia](#)).
- **Artificial Intelligence Eliminating Humanity:** To save the planet, AI might decide to eliminate humanity. These risks arise when we neglect the wellbeing of others and our planet.

When nations abandon their humanitarian values, they become architects of their own downfall.

Democracy lacking compassion will not save us. Democracy, without humanitarian values, can become just as cruel as authoritarian regimes. Some democracies today have waged unjust wars or committed genocide (e.g. Gaza).

Our future depends on kindness and compassion - not weapons or wealth. The true conflict now is between compassion and cruelty, between humanitarian values and authoritarian power. As [Pope Leo said](#): “The world is being ravaged by a handful of tyrants, yet it is held together by a multitude of supportive brothers and sisters.”

This is why this book was written - to promote humanitarian values and caution against the rise of dictatorship.

- **Ask AI: What are the 3 main existential threats now to humanity’s survival?**

What Kind of Life Do You Want?



We all want to live a healthy life in a healthy nation. Use the following scales to measure your welfare and that of your nation.

PERSONAL WELFARE SCALE			
	HEALTHY LIFE (Each True = 2)	Between (= 1)	UNHEALTHY LIFE (Each True = 0)
Social	✓ Socially, I feel happy and connected to my community	●	✗ Socially, I feel unhappy or disconnected from my community
Health	✓ Healthwise, things are good for me	●	✗ Healthwise, things are poor for me

Economic	✓ Economically, things are good for me	●	✗ Economically, things are poor for me
Justice	✓ Legally, I have freedom and justice	●	✗ Legally, I have limited freedom or justice
Environment	✓ I live in a stable, safe environment	●	✗ I live in an unstable, unsafe environment

SCORING: Total Score = ____		
Score	Rating	Personal Welfare
9-10	Thriving	High
6-8	Surviving	Medium
3-5	Struggling	Low
0-2	Suffering	Very Low

What's Important?

Health providers have noticed that the most common questions people ask themselves when they are dying are: "[Did I love well? Did I make a difference? Did my life matter?](#)"

NATIONAL WELFARE SCALE			
	HEALTHY LIFE (Each True = 2)	Between (= 1)	UNHEALTHY LIFE (Each True = 0)
Social	✓ Socially, most people feel happy and connected to their community	●	✗ Socially, most people feel unhappy or disconnected from their community
Health	✓ Healthwise, things are good for most people	●	✗ Healthwise, things are poor for most people
Economic	✓ Economically, things are good for most people	●	✗ Economically, things are poor for most people

Justice	✓ Legally, most people have freedom and justice	●	✗ Legally, most people have limited freedom or justice
Environment	✓ Most people live in a stable, safe environment	●	✗ Most people live in an unstable, unsafe environment

SCORING: Total Score = ____		
Score	Rating	Personal Welfare
9-10	Thriving	High
6-8	Surviving	Medium
3-5	Struggling	Low
0-2	Suffering	Very Low

Humanitarianism is defined as the **promotion of human welfare, fellowship, and respect for all people.**

This book will compare humanitarian to authoritarian governments. There is one form of authoritarian government that is very dangerous – that is fascism.

Fascism is defined as a political system with **one leader** or group controlling everything with **extreme nationalism, extreme militarism, and little freedom** for people.

President Trump and his Republican party is rapidly converting the USA into a fascist state. Once in power, a fascist government typically suppresses opposition and centralizes authority under a single leader.

- It bans or intimidates rival political parties, unions, and protests to eliminate competition.
- It uses violence, secret police, or paramilitaries to arrest critics and create concentration camps.
- It passes emergency laws to suspend civil liberties, censor media, and control elections or parliament/congress.

This is exactly what is currently happening under President Trump. This book opposes fascism and champions the opposite humanitarian approach to government.

Millions died in World War II because of fascist and authoritarian governments. We must learn from history and not repeat its mistakes.

So, let's start with these stories.

These True Stories Say It All

TRUE STORY #1

Prologue: California 1942

In 1942, thousands of Japanese American families were forced from their homes in California under Executive Order 9066. Their farms and businesses were left behind as they were sent to internment camps. Most lost everything.

In the small town of Florin, agricultural inspector Bob Fletcher watched his Japanese American neighbors being taken away.

Monologue Created to Tell a True Story of Bob Fletcher

They left on the morning trains, whole families gone in a single afternoon. Mothers carrying children, fathers carrying silence. The orchards were still green then, heavy with fruit, but the signs on the fences said, "Evacuation Completed."

Neighbors said it wasn't my concern. "They're the enemy," they whispered. "You'd be smart to stay out of it." But I'd seen those families every season - hands in the same dirt as mine, faces burned by the same sun. They weren't the enemy. They were my neighbors.

When their trucks rolled away, the weeds took over fast. Field by field, row by row, it looked like the valley was forgetting them already. Some people saw opportunity. I saw obligation. Someone had to keep the vines and trees alive.

So I did. Eighteen hours a day, sunup to starlight - pruning, irrigating, fixing equipment that should've had six hands on it instead of mine. Folks called me a fool, or worse. Tires slashed, letters slipped under the door, whispers following me through town.

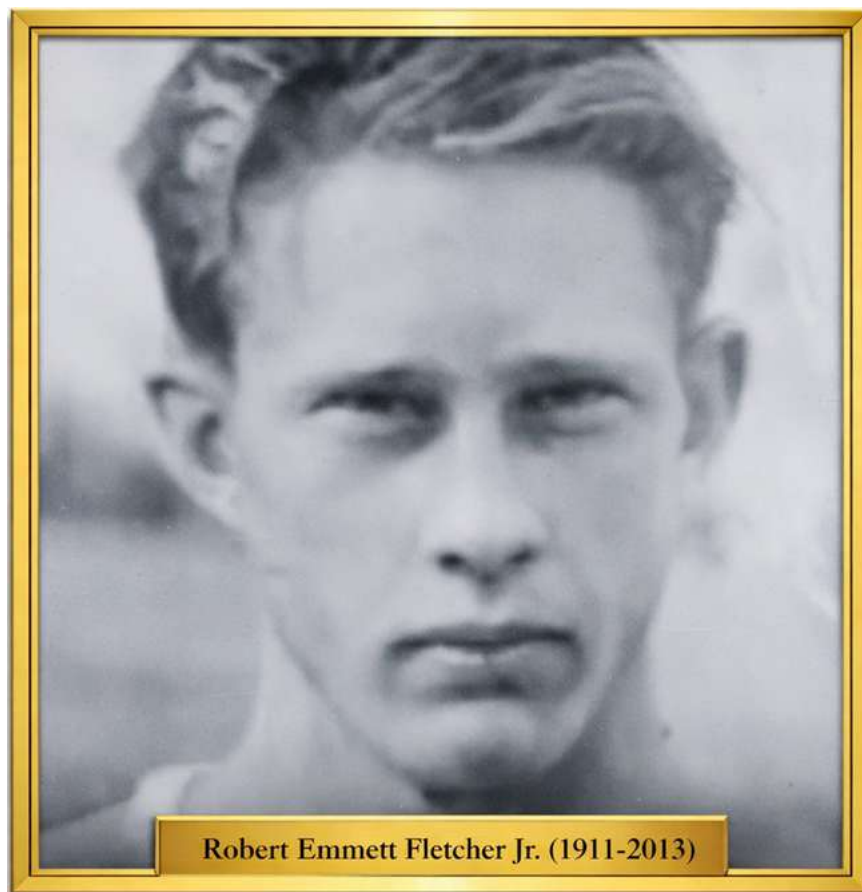
My Japanese American neighbors offered me their houses before they left - good homes, warm in winter, cool in summer. I couldn't do it. I stayed in the workers' bunkhouse. Teresa too, once we

married. We made coffee over a camp stove and slept under thin blankets, listening to the wind move through the orchard rows.

Money? The crops made some. I kept enough to stay alive and saved the rest in accounts with their names on them. It wasn't charity. It was fairness. The same fairness any of us would want if the world turned upside down.

This was a very difficult time, but I was able to get people to help in the harvesting and packing of the grapes. During the harvest we were able to get about 15 people to help. Some days we were able to get packed between two and three hundred boxes of Tokay grapes and later ten tons of grapes to the winery.

Three years like that. Then one day the trains came back. Same tracks, same valley, different faces - older now, worn by camp life. They stepped off expecting to see ruin, but the orchards were blooming. The houses stood ready. And I handed over the records, the keys, the bankbooks.



Some called it heroism. I call it decency. You don't walk past your neighbor's field when it's burning. You pick up a bucket.

People ask why I did it. Because it was the right thing to do.

That's all. That's enough.

Epilogue

Bob Fletcher died in 2013 at age 101. His legacy reminds us that even when fear, anger, and prejudice dominate a society, one person's decency can keep humanity alive.

Reference

- [During World War II, This Farmer Risked Everything to Help His Japanese American Neighbors](#)

TRUE STORY #2

My Hero: William Wilberforce and the Power of Never Giving Up

What makes a true hero? Is it fame, wealth, or power? For me, it's quiet courage to keep fighting for what's right, even when everyone says it's impossible. My hero is William Wilberforce, a British politician who spent his whole life working to end slavery in the 19th century British Empire. Slavery was one of the darkest, most evil parts of human history - treating people like property and causing unimaginable suffering. Wilberforce's story shows how one person's persistence, compassion, and intelligence can change the world.

- **Have you ever faced something that seemed too big to change?**

Wilberforce was born in 1759 and became a member of Parliament at just 21. At first, he lived a normal rich life, but everything changed in 1785 when he became a serious Christian. He started to see slavery not as a "normal" business, but as a terrible wrong. From that moment, he decided to fight it - no matter how long it took.

- **What would you do if you discovered something deeply unfair? Would you speak up, even if it was unpopular?**

It took a very long time - over 40 years. He introduced bills to end the slave trade almost every year, and they kept failing. People laughed at him, called him crazy, or said he would hurt Britain's economy. Powerful leaders and rich traders fought against him because slavery made them wealthy. Wilberforce also suffered from bad health and lived in near constant pain. Many people

would have quit after one or two tries. But not Wilberforce. He kept going, year after year, because he truly believed every person deserved freedom.

- **How do you handle setbacks in your own life? Do you give up easily, or keep trying?**

What inspires me most is how he combined deep compassion with smart strategy. His compassion came from his heart - he read heartbreaking stories from enslaved people and sailors, and he saw them as equals, as brothers and sisters. He never hated his enemies; he just wanted justice.

But he was also incredibly intelligent in how he built alliances. He didn't fight alone. He teamed up with friends in a group called the Clapham Sect, Quaker activists, women who organized petitions, and even former slaves like Olaudah Equiano who shared their experiences. Wilberforce used speeches, books, boycotts (like not buying sugar from slave plantations), and public meetings to slowly change what people thought. At first, almost no one cared, but by the end, hundreds of thousands of ordinary British people were signing petitions - the biggest public movement of its time.

- **Who could you team up with to make a difference?**

Finally, in 1807, his efforts had the slave trade banned, and in 1833 - just days before Wilberforce died - the British Empire abolished slavery completely, freeing hundreds of thousands of people. His work also inspired anti-slavery movements around the world, including in America.

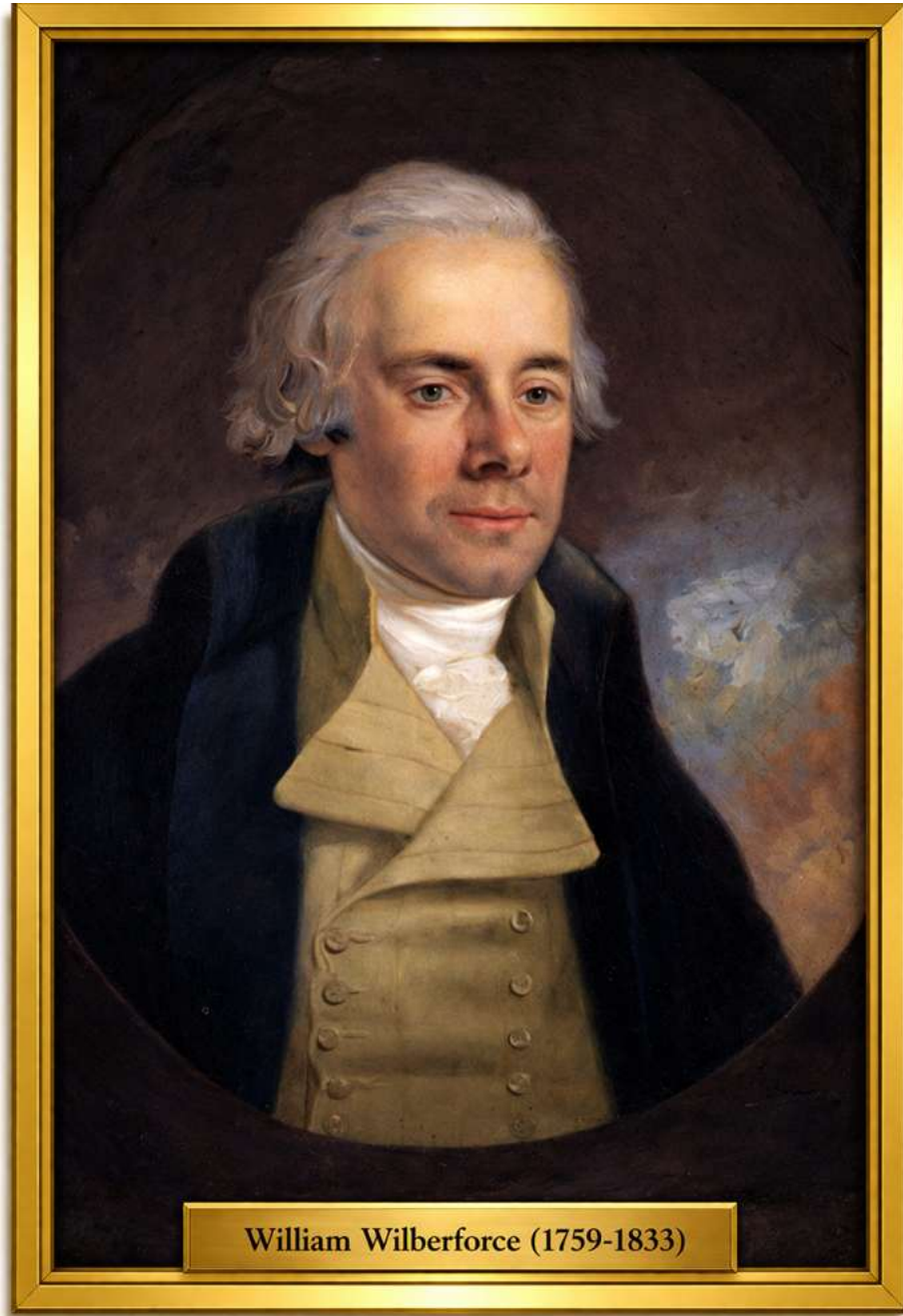
Wilberforce teaches us that real change often takes decades, not days. You don't need to be loud or angry - just persistent and kind. He once said, "You may choose to look the other way, but you can never say again that you did not know." He didn't look away. He acted, patiently building bridges and never giving up hope.

In today's world, we still face big injustices like violence, unfair treatment, or harming the environment.

- **What issue do you care about most?**

Wilberforce's story reminds us that one person - with compassion, ethics, and smart teamwork - can make a difference. If he could help end one of history's greatest evils after decades of struggle, imagine what you can do if you never give up on what's right. Be like Wilberforce: stay kind, stay smart, and keep going. The world needs more heroes like him - and that can start with you.

- **What small step will you take today?**



What Are Fundamental Humanitarian Values?

Humanitarianism is the promotion of human welfare.



This principle has existed for millennia, such as in the Bible's Good Samaritan parable. The world's greatest humanitarians all shared these core values:

- **Humanity (protect life and health):** Everyone's life and health must be protected, with equal and respectful treatment, especially during suffering or danger.
- **Impartiality (aid based solely on need):** Aid should be impartial, solely based on need, and provided according to urgency.
- **Neutrality (no sides in conflicts):** Aid should be politically neutral and given to both sides in a conflict.
- **Independence (autonomy from politics):** Aid should be given independently from politics.

Fundamental Human Rights

Over time, these humanitarian values evolved into basic human rights which finally were written into the [Universal Declaration of Human Rights](#) (UDHR), adopted by the UN in 1948. These are the fundamental human rights for all people everywhere that **dictators systematically destroy**.

Here are the [30 UN fundamental human rights, summarized](#) (and shown in an **excellent video**):

1. All humans are born free and equal in dignity and rights.
2. Entitled to all rights without distinction (race, color, sex, language, religion, etc.).
- 3. Right to life, liberty, and security of person.**
4. No slavery or servitude.
- 5. No torture or cruel, inhuman, degrading treatment.**
6. Right to recognition as a person before the law.
7. All equal before the law, entitled to equal protection.
8. Right to effective remedy by competent tribunals.
- 9. No arbitrary arrest, detention, or exile.**
- 10. Right to fair and public hearing by independent tribunal.**
11. Innocent until proven guilty; no retroactive punishment.
12. No arbitrary interference with privacy, family, home, or correspondence.
13. Freedom of movement and residence within a state; right to leave/return.
14. Right to seek asylum from persecution.
15. Right to a nationality.
16. Right to marry and found a family; equal rights in marriage.
17. Right to own property.
18. Freedom of thought, conscience, and religion.
19. Freedom of opinion and expression.
20. Freedom of peaceful assembly and association.
21. Right to participate in government; equal access to public service.
22. Right to social security and realization of economic/social/cultural rights.
23. Right to work, equal pay, and trade unions.
24. Right to rest and leisure.
- 25. Right to adequate standard of living (food, clothing, housing, medical care).**
26. Right to education (free elementary; progressive higher).
27. Right to participate in cultural life, arts, science.
28. Right to social and international order for full realization of rights.
29. Duties to community; limitations only by law for rights of others.
30. No right to destroy any UDHR rights.

Note: Human rights shown in **red** are those commonly violated by **ICE** (U.S. Immigration and Customs Enforcement).

Commonly Cited Violations by ICE, the U.S. Immigration and Customs Enforcement

- **Article 5: No torture or cruel, inhuman, degrading treatment**—reports detail overcrowding, medical neglect, solitary confinement, and humiliating conditions in facilities like Krome and "Alligator Alcatraz". [Shackled, abused and humiliated: Report paints grim picture of life in ICE detention | CBC Radio](#)

- **Article 9: No arbitrary arrest, detention, or exile**—widespread claims of warrantless raids, racial profiling, and prolonged detention without due process. [U.S. Refuses to Defend Human Rights Record at U.N. - ACLU of Social](#)
- **Article 10: Right to fair and public hearing by independent tribunal**—denial of legal access, swift deportations violating non-refoulement. [USA: Urgent Call for Accountability as U.S. Migration Policy... | OMCT](#)
- **Article 3: Right to life, liberty, and security**—increased deaths in custody (30+ in 2025), family separations, and violent arrests. [UN rights chief decries US treatment of migrants, as deaths in ICE custody rise | UN News](#)
- **Article 25: Right to adequate standard of living** (food, housing, medical care)—insufficient food, water, sanitation, and healthcare. [New Findings Reveal Human Rights Violations at Florida’s “Alligator Alcatraz” and Krome Detention Centers](#)



5 US I.C.E. agents hold Alex Pretti down on ground as 6th agent shoots him. Alex was unarmed. His legal handgun had already been removed by these agents. So this was murder.

Personal Sacrifice to Protect Others

Promoting humanitarian values and basic human rights often involves risking one’s life. During the 2026 Australian Bondi Beach massacre, three of four individuals who tried to stop the attackers

lost their lives. Throughout history, people have strived to promote or protect human rights - despite many losing their lives in the effort (e.g., [Mahatma Ghandi](#), [Martin Luther King Jr](#)). These are [the true heroes](#).

No Kings Mass Protest March 28th, 2026



*Rene Good Murdered by ICE January 1, 2026
(American Mother of 3)*

*Alex Pretti Murdered by ICE January 24, 2026
(American Intensive Care Nurse for Veterans)*

[No Kings nationwide — one massive condemnation of Trump’s presidency](#)

On March 28th 2026, 9 million people in the USA peacefully protested in the No Kings nationwide march.

This was the largest protest march in US history, yet the mainstream media gave it very little coverage. This is an example of how mainstream media is self-censoring or actively pro-Trump.

For U.S. “**traditional journalism**”—meaning TV news networks, major newspapers, and large-circulation wire-service outlets—[about 70–80% of the market is controlled by five or six big media conglomerates](#), including Comcast, Disney, Warner Bros. Discovery, Paramount Global, Fox Corporation, and the legacy AT&T--Warner--Discovery-axis (now folded into Warner Bros. Discovery).

Around **three in four U.S. viewers or readers of mainstream TV news, big-brand newspapers, and wire-service-driven content get journalism through outlets controlled by these [five or six big media conglomerates](#).**

*So much for the **myth of freedom of the press in the U.S.A.***

In a speech condemning many aspects of the Trump agenda, Sen. Bernie Sanders vowed there will be justice for Alex Pretti and Renee Good, victims of the Trump administration’s ICE crackdown in Minneapolis.

“We promise their families and their friends that these two heroes will not have died in vain,” the Vermont independent said.

He also called out several tech billionaires by name as he railed against economic inequality. “Today, we not only say no to Trump’s authoritarianism, we say no to Mr. Musk, no to Mr. Bezos and Mr. Zuckerberg and Mr. Ellison and all the other multi-billionaires,” he said. “You cannot have it all.”

The No Kings movement opposes the authoritarian dynamics of dominance, division, and dehumanization that are so harmful to society. White supremacy (dominance), political polarization (division), and persecution of minorities (dehumanization) must stop.

What Has Been a Major Obstacle to Human Progress?

Wars have been a major obstacle to human progress because they bankrupt nations.

World War II left Europe and Asia financially crippled, leading to the breakup of their empires. The subsequent Cold War exhausted Russia, resulting in the dissolution of the USSR. From 1945-50, the USA spent over \$10 trillion dollars preparing for a Russian invasion that was never possible.

That [10 trillion dollars over-spent on the military](#) meant the USA grossly under-funded essential educational, engineering, and scientific resources needed to address the current climate crisis. Its continued [over-spending on the military](#) may soon bankrupt the USA due to its debt crisis.

The USA hasn't learned from being defeated in its wars in Vietnam and Afghanistan. Its war in Iraq was a disaster and now its war in Iran will prove to be the biggest military disaster for the USA in this century. Modern warfare is directed at destroying civilian targets (e.g., factories and sometimes entire cities) and this causes humanitarian disasters that kill millions.



Gaza After Israeli Bombardment May 2025

Militarism and **wars** are major barriers to human progress. Humanity is now on the edge of nuclear war and possible annihilation. Unlike all other nuclear powers, US presidents can launch a nuclear war on their **sole authority**. Thus, President Trump can start a nuclear war without needing approval from anyone else. (What if the US president is demented?)

DictatorWarning.com: Chapter 2

HUMANITARIAN VS AUTHORITARIAN BEHAVIOR

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Social Hierarchies

Since the dawn of agriculture, societies have formed hierarchical power structures rooted in inequality.

To analyze these social hierarchies, consider:

- What elites are at the top of this social pyramid?
- How do the elites at the top of this pyramid treat those below them?
- How is wealth distributed in this social pyramid?

The Same Story in Every Age

For thousands of years, societies were structured as a social pyramid, with a wealthy elite (<1%) at the top and most people (>99%) below doing crucial work.

Power was mainly held by three competing elite groups:

- 1. Political Rulers:** Kings and nobles ruled the land, expanded their wealth, and focused primarily on taxes and conscription of soldiers while otherwise disregarding the wellbeing of ordinary citizens. Their authority was based on “might makes right”. European kings wanted absolute power, so they invented the “divine right of kings”. They said God personally chose them to rule. Any questioning the king was questioning God. Justice and individual rights were absent; power struggles between monarchs laid waste to the land.
- 2. Religious Clergy:** The clergy often accumulated wealth rivaling that of kings. They enforced religious law and collected church taxes. They supported the kings and nobility in return for receiving untaxed status and autonomy. The clergy’s authority was based on “we speak for God who must be obeyed”. Many religious wars resulted from religious rivalry. While religious law offered some justice, until the 19th century religions typically endorsed slavery and limited rights for women and children.
- 3. Financial Leaders:** As trade expanded, wealthy traders and bankers gained influence by reinvesting profits and providing loans to kings in exchange for tax breaks, trading privileges, and protection. At times, the wealth of this financial elite rivaled that of kings. The financial elite’s authority was based on “he who has the gold rules” and they secretly represented the financial power behind the political rulers. Without the financial support of these super-rich financial leaders, the political rulers lacked the money to conduct their endless wars. When the king won his wars and plundered his enemies, he was able to pay

back the loans owed to these financial lenders. The financial elite's funding of the religious clergy secured immunity from religious laws and greatly increased their social standing.

Those individuals who had the greatest desire for power rose to the top of these social hierarchies. Their main goal was to gain and maintain power. The people and soldiers they led were viewed as expendable commodities to be exploited to gain more wealth and power.

These leaders recognized that power, wealth, fame, and information were fundamental to sustaining their authority:

- **Power:** Political and religious elites maintained governance through the enforcement of laws and penalties, while financial leaders exercised influence by providing loans or gifts to those in positions of authority.
- **Wealth:** Political and religious authorities levied high taxes, whereas members of the financial elite amassed substantial fortunes through commerce and banking activities.
- **Fame:** Political leaders utilized propaganda to reinforce their image as strong and protective. Religious leaders asserted divine legitimacy for their positions, and financial leaders highlighted their prosperity as evidence of being favored by God.
- **Information:** Leaders depended on intelligence networks, diplomatic channels, confessionals, and trade news to assess potential risks and opportunities.

These leaders demanded total loyalty and obedience. Any criticism of their rule was immediately seen as treason or heresy. These social hierarchies transferred the nation's wealth to the ruling elites leaving little for the 99% of the population below them in the social pyramid.

When these ruling elites fought each other or external enemies, ordinary people paid the heaviest price. Together or in competition, these ruling elites could mobilize armies, declare holy wars, and demand absolute obedience.

These rulers became physically addicted to power, wealth, and fame and their greed became insatiable. More was never enough. Eventually their violence, greed, stupidity, and corruption brought about the collapse of their rule. However, their endless wars killed millions.



- [Crusades](#) (1095-1291) killed 1 to 9 million.
- [Mongol invasions and conquests](#) (1206-1368) killed [20 to 60 million](#)
- [Hundred Years' War](#) (1337-1453) killed 2.3 to 3.5 million and turned northern France into a wasteland of burned villages and starving refugees.
- [Spanish conquest of Mexico](#) (1519-1530) killed 10.5 million.
- [Thirty Years' War](#) (1618-1648) killed 4.5 to 8 million (1/3 of middle Europe)
- [Manchu Conquest of China](#) (1618 to 1683) killed 25 million.
- [French Revolutionary and Napoleonic Wars](#) (1792 to 1815) killed 4 to 7 million.

- [Taiping Rebellion](#) (1850-1864) killed 20 to 70 million.
- [American Civil War](#) (1861-1865) killed 0.6 to 1 million.
- [World War I](#) (1914-1918) killed 15 to 22 million.
- [Russian Civil War](#) (1917-1922) killed 7 to 10 million.
- [Chinese Civil War](#) (1927-1949) killed 4 to 9 million.
- [World War II](#) (1939-1945) killed 70 to 85 million.



For 5 Minute Video [Click Here](#)

- **Ask AI: How has the ratio of civilian vs military casualties changed over history?**

The Birth-Death-Rebirth Cycle of Authoritarian Rule

Why does humanity organize itself into **authoritarian social pyramids** with the **worst of us ruling the rest**? Why do we allow dictators to rule us since they are only interested in gaining more power, wealth, and fame for themselves?

Before the 18th century, governments were led by kings or religious authorities. In the late 18th century, some countries adopted democratic republics, though many later returned to authoritarian rule.

The 20th century saw numerous revolutions where citizens overthrew authoritarian rulers, such as in Russia, China, Cuba, and Cambodia. However, these movements did not lead to democracies but instead created new authoritarian regimes.

The era also witnessed the rise of hyper nationalistic and hyper militaristic dictatorships in Germany, Italy, and Japan.

Most of the 20th-century dictatorships lasted less than a lifetime, with a few extending into the 21st century.

Humanitarian Values Ensured Survival



Even in the worst times, most people never gave up being kind and compassionate.

During wars, famines, and epidemics, people found ways to survive and support each other. They held onto humanitarian values like kindness, fairness, mutual support, and respect. Families and

neighbors shared food and shelter, cared for the sick and elderly, and helped rebuild homes and villages.

These values strengthened family and community bonds. Local customs encouraged peaceful problem-solving and respect for the rights of others.

These practices did not remove the power of the ruling elites, but they created informal networks of care that made life more bearable and helped people to survive.

Humanitarian Values Spread

For centuries, ruling elites neglected the public if their taxes were paid. Calls for fairer laws were suppressed. Over time, fairness and respect spread among working people. Twentieth-century democracy grew from these ideals and was won by ordinary people, not granted by rulers.

These humanitarian values helped fuel the English Civil War (1642-1651), the American Revolution (1765-1783), and French Revolution (1789-1799), the abolition of slavery (Britain 1833, USA 1865), the expansion of the vote, and twentieth century struggles for civil rights and social justice.

Every step forward in human rights came about as the result of a heroic struggle. Our democratic freedoms, women's rights, racial equality, free education, retirement and disability pensions, affordable healthcare, food safety regulations, and environmental protections all were won only through a heroic struggle.

Leaders that promoted humanitarian values and democratic freedoms slowly built on the efforts of the whole of humanity that came before them. However, these humanitarian values and democratic freedoms were fragile and often quickly destroyed by dictators.

Prior to the 18th Century, Life for Most Was Brutal and Short



[Why Vikings Never Got Sick — But Medieval Europe Lost Millions](#) is extremely informative. This video explains how Viking cultural hygiene habits protected them from the plagues that killed millions of other Europeans. This video shows how culture is more important than technology and how “less advanced” cultures may survive better than “more advanced” cultures.

[Medieval Edinburgh 1400: Life Was BRUTAL - The Dark Reality](#) is an excellent video describing life in medieval Edinburgh in 1400. This video clearly defines medieval societal problems (and how these same problems persist today). TINY ERROR: The AI generated pictures of Edinburgh mistakenly show the 5-story buildings of 19th century Edinburgh as those of Edinburgh in 1400.

Little Improved Until the Scientific Revolution

The English, American, and French Revolutions re-introduced democracy to the world (after it was extinguished by the fall of the Athenian Greek democracy which lasted from 508 to 322 BCE). However, the re-introduction of democracy in Europe and America did little to improve human

welfare. People living in the 18th century still lived in predominantly agricultural societies. They ate 100% organic food, but their life expectancy was only 35 years. Half of all children born then did not survive to adulthood. Most adults were illiterate and many were highly superstitious.



Sir Isaac Newton (1643 to 1727)

All this started to change when:

- In the 17th century the **scientific revolution** began in Europe. This resulted in significant advancements in mathematics, physics, and astronomy.

- In the 18th century these scientific advancements brought about the **industrial revolution** in Britain around 1760.
- In the early 19th century, the industrial revolution spread to North America and rest of Europe. At the same time, the average lifespan gradually started to increase because of advances in **public health** (e.g., sanitation, vaccination) and **medicine** (e.g., better obstetrical and surgical methods).
- In the 20th century, there was a dramatic increase in average lifespan due to the discovery of **antibiotics** and the spread of **government supported medical care**. During this century, the widespread spread of **education** and **literacy** also dramatically improved human welfare.

The prevention of human extinction, as previously discussed in this chapter, will require all three of these amazing human advances: democracy, humanitarianism, and science. Our problem is that nations are now returning to authoritarian rule, dismantling their humanitarian institutions, and becoming hostile towards science. The current Trump administration is an example of this backsliding into our more ignorant and brutal past.



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DEVELOPMENT OF LEADERSHIP

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7 Phases in the Development of Authoritarian vs Humanitarian Leadership

I propose leadership does not suddenly become good or bad overnight – it develops slowly over 7 phases. Each phase is superimposed on the behavior of the previous phase.

Authoritarian leadership may last only for one dictator (like Hitler) or may last for generations (as in North Korea). Each authoritarian phase is more dangerous than the preceding phase.

There are **two very different paths** leaders can take as they gain influence and power:

- the **Dictator Path** (unhealthy leadership)
- the **Humanitarian Path** (healthy leadership)

Leadership always changes over time, but not in the same direction. Dictators and humanitarians often begin their journeys facing similar problems: injustice, fear, economic hardship, or national crisis. What separates them is **how power changes them**.

The 7 phases in the development **process** of leadership are:

1. **Seeking Attention:** The leader gains attention to attract followers.
2. **Seeking Authority:** The leader gains authority within his movement.
3. **Overcoming Opposition:** The leader overcomes opposition to his leadership.
4. **Gaining Power:** The leader gains power for his movement.
5. **Exercising Power:** The leader uses his power to execute his policies.
6. **Reality Contact:** The leader retains/loses contact with reality.
7. **Final Outcome:** The outcome of all the previous phases.
 - **The Dictator Path:** Over time, dictators grow *more arrogant, more suspicious, more criminal, crueller, and more delusional*. With each additional phase of their development, they become more dangerous. Finally, their judgment becomes so impaired that their mistakes cause catastrophe, and their legacy is one of suffering, destruction, and chaos.
 - **The Humanitarian Path:** Over time, great humanitarian leaders follow the opposite path. They show *more humility, alliance building, justice, altruism, and wisdom*. In the end, they peacefully step aside and their legacy is one of unselfish devotion to the welfare of others.

Dictatorship is all about dominance – gaining and keeping power at any cost. The dictator thinks only about his own personal gain and how to force others into submission. The dictator is addicted to power; more is never enough.

As the dictator's power grows, his true and deeply flawed character is revealed. Eventually it becomes obvious that the dictator has all the worst personality traits that anyone can have. Thus, in a dictatorship, the worst rule the rest.

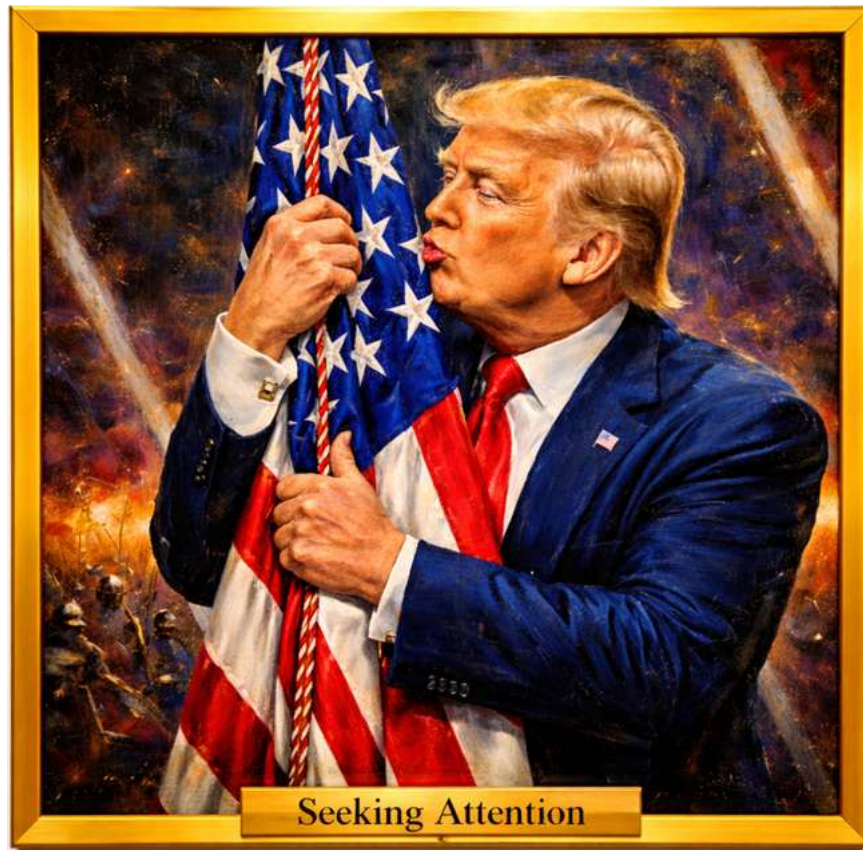
Millions die when a dictator deceives his nation and leads them to their slaughter. This is exactly what Hitler, Mussolini, Stalin, Mao Zedong, and Pol Pot did in the 20th century.

Dictators violate religion's two most important commands: **“Love One Another”** and **“Do Not Kill”**.

If humanity is to survive, it is essential that dictators be stopped in the earliest phases of their development. Thus, it is essential to understand the following 7 phases in the development of a dictator.



Phase 1 – Seeking Attention

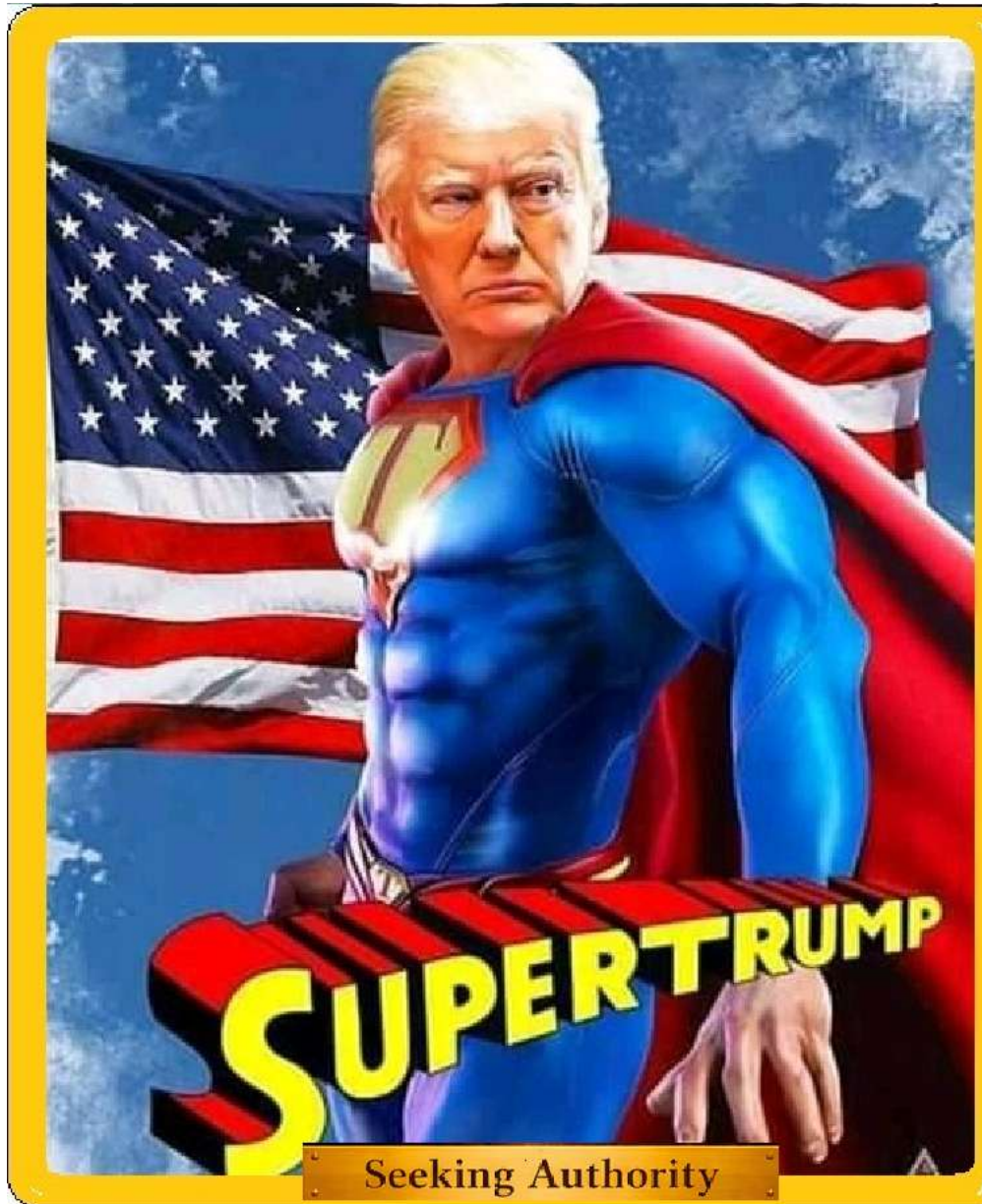


Drama-Seeking Showman (Histrionic Attention-Seeking): The individual seeks publicity.

Future dictators work hard to get noticed and attract followers. They always want attention and drama, and they hate being ignored.

At this stage, future dictators have not chosen what to become. They are very sensitive to attention and emotional rewards. They chase the spotlight at rallies, on TV, and on social media. They are not yet a ruler; they act more like a performer. A society that rewards drama, outrage, and shocking behavior teaches the future dictator that exaggeration and emotional manipulation are the best way to grow.

Phase 2 – Seeking Authority



Selfish Narcissist (Narcissistic Status-Seeking): The individual seeks social and political status.

Future dictators become the main leader inside their group or movement. They act like they are superior, special, and obviously the one who deserves to be in charge.

Now the future dictator starts to think, "I'm not just famous; I'm meant to rule." Their personality moves toward narcissism: big ego, feeling entitled, and seeing themselves as the "chosen one." The environment matters a lot here. Praise from followers, friendly media, and support from powerful people act like signals that tell the future dictator: "You are special, you should dominate." Systems that reward ego more than honesty or skill reinforce this early authoritarian direction.

Phase 3 – Overcoming Opposition



Suspicious Grudge-Holder (Paranoid Distrust): The individual seeks to eliminate rivals.

Dictators get rid of people who challenge their power. They become extremely suspicious, see enemies everywhere, and remove or crush their rivals.

At this point, dictators have to eliminate their rivals (other leaders, parties, or groups) who could challenge them. The political environment sends the message that only the most suspicious and ruthless survive. The dictator's personality shifts toward paranoia: constantly looking for threats, building a tight inner circle, and purging rivals. Every criticism or betrayal is like a warning signal that make dictators grow more paranoid. Trust shrinks, and suspicion becomes the main rule.

Phase 4 – Gaining Power

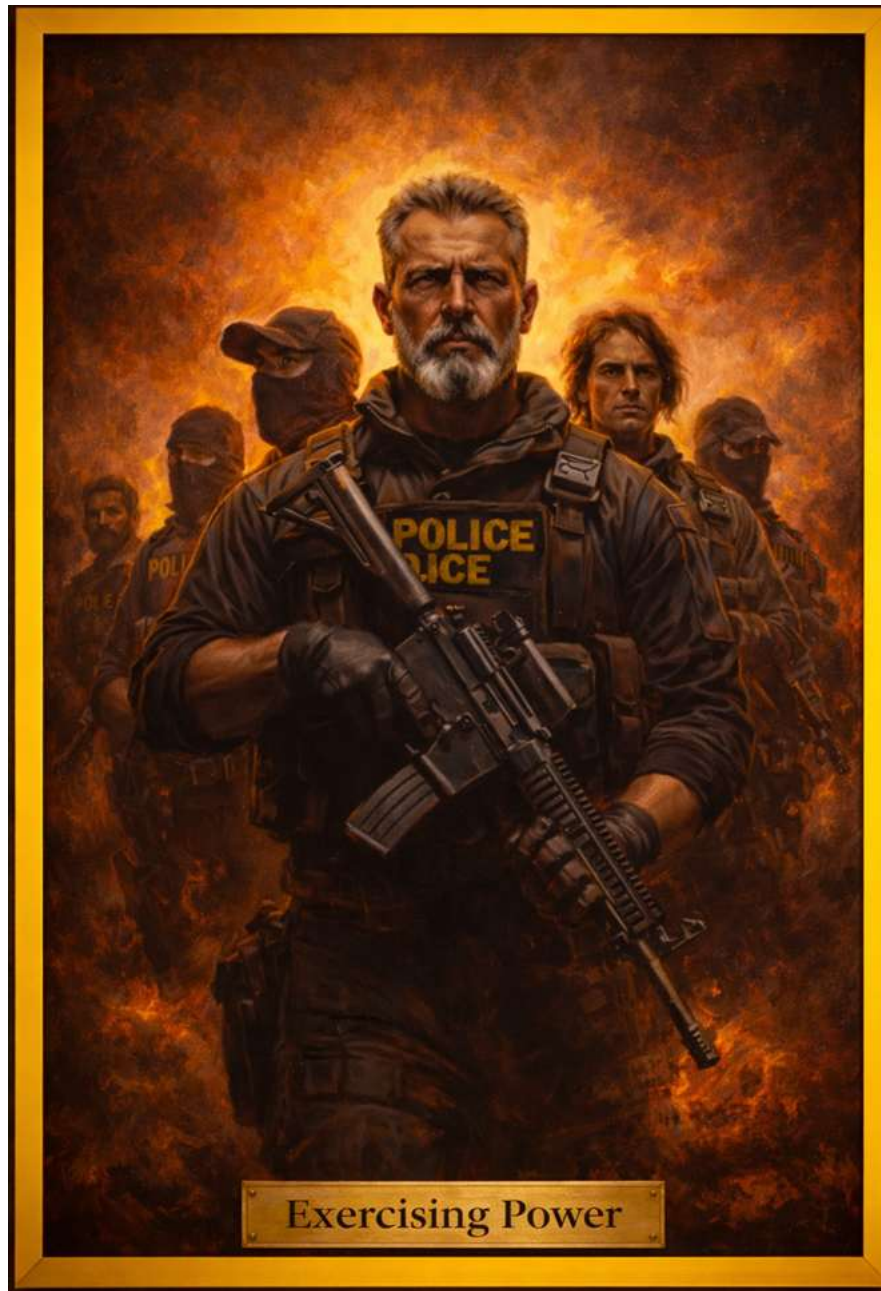


Criminal Leader (Antisocial Lawlessness): The individual steals power, fame, and wealth.

Once dictators gain power, they drop their mask and show their true criminal and callous personality. Dictators find that lying, threatening, stealing, and breaking laws are not punished - but often rewarded. Institutions that do not stop these actions let antisocial traits (lying, impulsive

risk-taking, ignoring rules) take over. The dictator's movement spreads like cancer into courts, police, the army, government offices, and big businesses.

Phase 5 – Exercising Power



Cruel Leader: (Sadistic Cruelty): The individual uses intimidation and/or violence to maintain control.

Dictators use their power to force their policies on everyone. They become cruel, use fear and pain to stay in control, and punish people harshly to scare others.

The dictator's main goal is to maintain power. Violence, humiliation, and cruelty become normal tools of government. Institutions become weaponized - secret police, torture centers, unfair courts, and harsh laws. As more officials learn that cruelty is rewarded, the whole system starts to act in a cruel way.

Phase 6 – Delusional Grandiosity

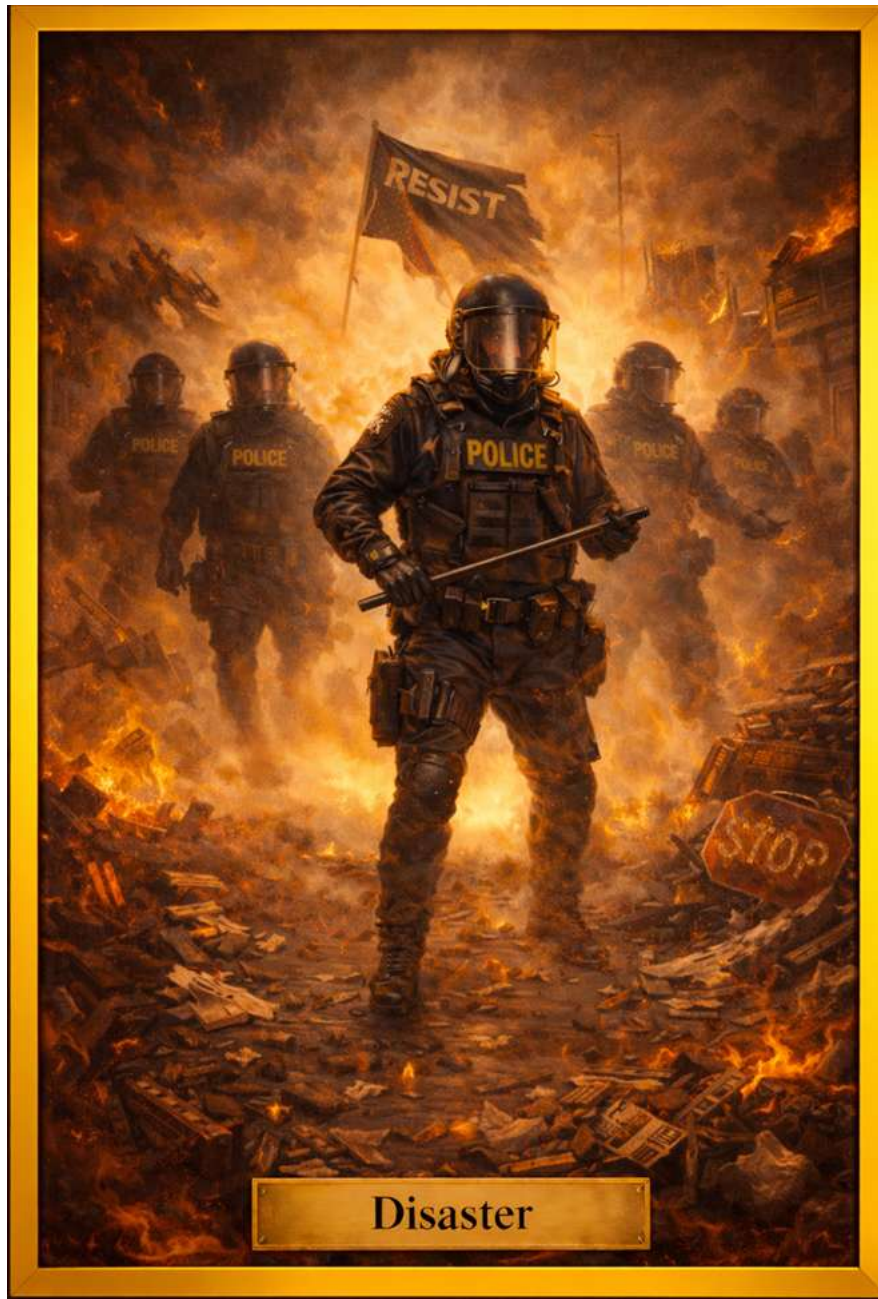


Delusional Leader (Delusional Grandiosity): The individual develops delusional overconfidence.

Dictators eventually lose touch with reality. They think they are all-powerful, refuse to listen to advice, and make terrible decisions because they believe they can never be wrong.

In a healthy society, there are checks and balances that prevent abuse of power. In a dictatorship, those safeguards disappear. Advisors are fired or jailed, data is faked, critics are silenced. Cut off from honest information, dictators drift into fantasy: they think they know everything, are always right, and cannot be defeated. They no longer feel the “pain” of the country - suffering, poverty, or military defeat do not change their mind. Dictators live in their own information bubble and make disastrous decisions based on illusion, not reality.

Phase 7 – Disaster



Disastrous Leader (Catastrophe): The individual causes a catastrophic disaster.

In the end, everything collapses. Dictators refuse to admit mistakes, refuse to step back, and the country falls into war, economic ruin, or total breakdown.

Out-of-control dictators push their country past its limits—leading to war losses, national bankruptcy, mass protests, or total breakdown of institutions. Because dictators have destroyed all the ways to correct mistakes, they cannot safely change course. Their cruel, selfish, and delusional style is so fixed that any compromise is impossible. The result is collapse - state failure, civil war, revolution, or invasion from outside. Even after the dictator is gone, the system is full of scars. Fixing it means not only changing leaders but rebuilding healthier leaders and institutions and stronger rules so that future aspiring dictators cannot go along the same destructive path.

Terrifying Insight

Most dictators do not start out looking like full tyrants.

People with dictator-type personalities grow and change in response to their environment. Society helps decide who they become by rewarding some behaviors and punishing others.

A dictator's rise is guided by a society's fear, hatred, greed, prejudice, and its lack of human rights and democratic values.

The terrifying conclusion is this: **we create dictators in our own image.** How we act—and what we accept or ignore—helps shape what kind of leaders we end up with.

History has shown that there is no savior that will come and magically free us from these dictators. **We created these monsters, so we are the ones who must imprison them.**



US Secretary of Defense, Pete Hegseth, prayed for “overwhelming violence”

On March 25th 2026, during a [Christian worship service](#) held at the Pentagon, Hegseth prayed “Let every round find its mark against the enemies of righteousness and our great nation. Give them wisdom in every decision, endurance for the trial ahead, unbreakable unity, and **overwhelming violence of action against those who deserve no mercy.**” Question: Is Hegseth an example of the Antichrist? (Read on)

Humanitarian vs Authoritarian Leadership



Trump criticised after posting AI image of himself as Pope

Trump's spiritual advisor sparks backlash for comparing him to Jesus

Usually when textbooks compare humanitarian leaders to authoritarian leaders, they compare a great humanitarian like Mahatma Gandhi to a dictator like Hitler. However, to better illustrate the difference between humanitarian vs authoritarian leadership, it is more compelling to compare the example of Jesus Christ to that of President Trump. This comparison was chosen because President Trump and his administration have stated that they stand for Christian values and are

strong defenders of the Christian Faith. Comparing Jesus Christ to President Trump will help clarify the difference between humanitarian vs authoritarian leadership.

The Antichrist

Every religion warns against letting evil people gain power. Similarly, Christianity warns about the **Antichrist**.



Devil Directing the Antichrist

The New Testament does **not** tell Christians to hunt for a **single villain**. It warns them to watch for **patterns**. The Antichrist is not primarily a person to identify, but a **way of ruling, way of thinking,** and **way of treating others** that is the opposite of Christ.

The Antichrist is described as a charismatic leader who deceives the masses, demands absolute loyalty, and convinces people that he alone can save them. He wraps himself up in religious language while behaving in ways that are the exact opposite of what that religion teaches.



So, what behaviors would identify a modern Antichrist? Do President Trump and Secretary of Defense Pete Hegseth show humanitarian Christ-like leadership or authoritarian Antichrist-like leadership? I will let you decide.



TRUMP: CHRIST-LIKE LEADERSHIP OR ANTICHRIST-LIKE LEADERSHIP?

CHRIST-LIKE LEADERSHIP VS ANTICHRIST-LIKE LEADERSHIP		
Core Leadership Question	Jesus Christ Leadership	Antichrist Leadership
<p>1 Seeking Attention:</p> <p>How does the leader gain attention to attract followers?</p>	<p>✓ Focuses on injustice, suffering, and moral issues – not himself. Does not seek fame for its own sake.</p> <p>Goal = focus on problem-solving, not self-promotion.</p>	<p>✗ ATTENTION-SEEKING: Draws attention to self through drama, anger, slogans, spectacle, and promoting “them vs us”. Seeks constant praise and personal spotlight.</p> <p>Goal = focus on self-promotion, not problem-solving.</p>
<p>2 Seeking Authority:</p> <p>How does the leader gain authority within his movement?</p>	<p>✓ Encourages shared responsibility, humility, and compassion.</p> <p>Goal = collaboration instead of dominance.</p>	<p>✗ ARROGANCE: Claims unique superiority and to be the only one who can fix problems. Lacks empathy; encourages fear, anger, hatred, and prejudice.</p> <p>Goal = dominance instead of collaboration.</p>
<p>3 Overcoming Opposition:</p> <p>How does the leader overcome opposition to his leadership?</p>	<p>✓ Welcomes dissent, protects the vulnerable, builds trust.</p> <p>Goal = propose better problem-solution than opponents propose.</p>	<p>✗ DISTRUST: Demands loyalty, treats disagreement as disloyalty, attacks critics. Labels opponents as enemies and tries to silence or eliminate them. Scapegoats minorities. Plots with others for a power-grab.</p> <p>Goal = silence and suppress opposition.</p>
<p>4 Gaining Power:</p> <p>How does the leader gain power?</p>	<p>✓ Rejects authoritarian power; models moral authority.</p> <p>Goal = protection of the rights of others.</p>	<p>✗ GREED: Breaks the law; stages a power-grab believing “might is right”; seeks personal authoritarian control. Has an insatiable need for more fame, power, and wealth; is focused on gaining power and keeping it.</p>

			Goal = violation of the rights of others for own personal gain.
5	Exercising Power: How does the leader use his power?	<p>✓ Uses influence to heal, protect, and serve others.</p> <p>Goal = serve to improve everyone's wellbeing.</p>	<p>✗ CRUELTY: Uses fear, cruelty, and punishment to maintain obedience. Rewards loyal supporters and punishes opponents. Restricts freedom and concentrates authority. Choses to start wars.</p> <p>Goal = dominate by terror or violence.</p>
6	Reality Contact: How does the leader retain contact with reality?	<p>✓ Shows humility, self-restraint, openness to truth.</p> <p>Goal = humbly learn, remember, and adapt to changing times.</p>	<p>✗ DELUSION: Displays delusional grandiosity, self-glorification, closed-mindedness, and blame-shifting. Ignores criticism, advice, or feedback hence makes serious mistakes.</p> <p>Goal = arrogantly refuse feedback and insist on unquestioning obedience.</p>
7	Final Outcome: What is the final outcome?	<p>✓ Leaves a legacy of love, forgiveness, humility, justice, human dignity, compassion, and service that inspires humanitarians for >2,000 years</p>	<p>✗ DISASTER: Leaves a legacy of suffering and national ruin.</p>

To further clarify the differences between humanitarian vs authoritarian leadership, the following **Leadership Scoring Sheet** can be used.

Leadership Scoring Sheet	
INSTRUCTIONS: Circle ✓ ● or ✗ for each phase to describe the person's leadership behavior. (● = Mixed or Neither)	

Phase of Development	Humanitarian Leaders	Authoritarian Leaders
<p>1. Seeking Attention:</p> <p>How does the leader gain attention to attract followers?</p>	<p>✓ Activist: Draws attention to injustice, suffering, or moral issues without seeking self-promotion.</p>	<p>⊙ ✗ Drama-Seeking Showman: (Histrionic Attention-Seeking) Seeks constant attention, stirs conflict/drama, self-promotion instead of problem-solving.</p>
<p>2. Seeking Authority:</p> <p>How does the leader gain authority within his movement?</p>	<p>✓ Role Model: Inspires followers to action by showing humility, compassion, and dedication to the humanitarian cause.</p>	<p>⊙ ✗ Selfish Narcissist: (Narcissistic Arrogance) Seeks praise for his superiority, exploits people, ignores others' feelings, acts rude/arrogant.</p>
<p>3. Overcoming Opposition:</p> <p>How does the leader overcome opposition to his leadership?</p>	<p>✓ Trusted Ally: Seeks allies, builds trust and cooperation.</p>	<p>⊙ ✗ Suspicious Grudge-Holder: (Paranoid Distrust) Seeks to eliminate all rivals, distrusts everyone, sees plots everywhere, holds grudges, questions loyalty, overreacts to criticism.</p>
<p>4. Gaining Power:</p>	<p>✓ Law-Abiding Leader: Is law-abiding, conscientious, and altruistic.</p>	<p>⊙ ✗ Criminal Leader: (Antisocial Greed) Breaks laws/rights, lies/cheats, feels no remorse, recklessly risks safety, and impulsively acts without planning.</p>

How does the leader gain power?			
5. Exercising Power: How does the leader use his power?	✓ Compassionate Leader: Helps people, is compassionate, forgiving, and peacemaking. Wants to <u>prioritize the basic needs of people</u> – especially the poor – to create what is of societal value rather than serve the frivolous desires of the ultra-rich.	●	✗ Cruel Leader: (Sadistic Cruelty) Harms people with cruelty; intimidates, bullies, is violent, callous, and enjoys causing suffering.
6. Reality Contact: How does the leader retain contact with reality?	✓ Sage: Shows realistic self-awareness, open-mindedness, accepts expert advice and feedback, learns from mistakes, and admits when wrong. Focuses on sustainable growth, social justice, and the fight against poverty and inequalities.	●	✗ Delusional Leader: (Delusional Grandiosity) Develops a monstrous ego and becomes drunk with power - believes he is infallible, invincible, and all-powerful; rejects advice or feedback, doesn't learn from mistakes, never admits when wrong, and makes huge mistakes.
7. Final Outcome: What is the outcome of all the previous phases?	✓ Humanitarian Legacy: Fixes problems, avoids repeating mistakes, avoids huge errors, and improves others' wellbeing.	●	✗ Disastrous Failure: (Catastrophe) Repeats mistakes, ignores failures, makes disastrous decisions, and triggers catastrophe.

Scoring Key — What the Score Means

How to Score: ✓ = 0 points (healthy) ● = 1 point (warning) ✗ = 2 points (toxic). Add points from all 7 phases. Maximum score = 14.

Total Score	Risk Level	Meaning
0–2	Low Risk	Strong humanitarian leadership
3–5	Early Warning	Some concerning traits
6–8	High Risk	Clear authoritarian tendencies
9–11	Severe Risk	Resembles dictators
12–14	Extreme Danger	Severe authoritarian leadership

Critical Safety Rule: Even ONE ✖ in Phases 4, 5, 6, or 7 signals serious danger.

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How Dictatorial Behavior Mimics Psychiatric Disorders

Dictators exhibit dangerous personality traits that become more apparent as their power grows. Initially, their dangerous personality traits remain hidden. As their power grows, they drop their mask and one-by-one their personality flaws become obvious. Typically, these emerge in the order of:

1. **Seeking Attention:** Histrionic behavior
2. **Seeking Authority:** Narcissistic behavior
3. **Overcoming Opposition:** Paranoid behavior
4. **Gaining Power:** Antisocial (criminal) behavior
5. **Exercising Power:** Sadistic behavior
6. **Reality Contact:** Delusional behavior.

In this sequence, each new phase in development superimposes its pathological personality traits on top of the previous phase's traits. Many dictators hide their histrionic behavior until later stages in their development as a dictator.

These pathological personality traits are the dictator's "superpowers" which allow them to gain and maintain dictatorial power – at the expense of increasing the suffering of others.

Eventually, these dictatorial “superpowers” prove to be so destructive to others’ wellbeing that the whole dictatorial regime collapses.

Personality Traits Exposed in a Dictator’s Development	
DEVELOPMENTAL PHASE	DICTATOR BEHAVIOR
<p>1. Seeking Attention:</p> <p>How does the leader gain attention to attract followers?</p>	<p>ATTENTION-SEEKING</p> <p>✗ Drama-Seeking Showman: (Criticizes current leaders) <i>(Histrionic Behavior)</i></p> <p>Seeks constant attention, stirs conflict/drama, exaggerates threats, promotes fear/prejudice, self promotes instead of problem-solving.</p>
<p>2. Seeking Authority:</p> <p>How does the leader gain authority within his movement?</p>	<p>ARROGANCE</p> <p>✗ Selfish Narcissist: (States he should be the new leader) <i>(Narcissistic Behavior)</i></p> <p>Seeks praise for his superiority, exploits people, ignores others' feelings, acts rude/arrogant.</p>
<p>3. Overcoming Opposition:</p> <p>How does the leader overcome opposition to his movement or leadership?</p>	<p>DISTRUST</p> <p>✗ Suspicious Grudge-Holder: (Attacks Rivals) <i>(Paranoid Behavior)</i></p> <p>Seeks to eliminate all rivals, distrusts everyone, sees plots everywhere, holds grudges, questions loyalty, overreacts to criticism.</p>
<p>4. Gaining Power:</p> <p>How does the leader gain power for his movement or regime?</p>	<p>GREED</p> <p>✗ Criminal Leader: (Criminally gains power) <i>(Antisocial/Dissocial Behavior)</i></p> <p>Is authoritarian, breaks laws/rights, lies/cheats, feels no remorse, recklessly risks safety, and impulsively acts without planning.</p>

<p>5. Exercising Power:</p> <p>How does the leader use his power to enact policies?</p>	<p>CRUELTY</p> <p>✗ Cruel Leader: (Cruelly uses power) <i>(Sadistic Behavior)</i></p> <p>Harms people with cruelty; intimidates, bullies, is violent, callous, and enjoys causing suffering.</p>
<p>6. Reality Contact:</p> <p>How does the leader retain contact with reality?</p>	<p>DELUSION</p> <p>✗ Delusional Leader: (Becomes drunk with power) <i>(Delusional Behavior)</i></p> <p>Believes he is infallible, invincible, and all-powerful – rejects advice or feedback, doesn't learn from mistakes, never admits when wrong, and makes catastrophic mistakes.</p>
<p>7. Final Outcome:</p> <p>What is the outcome of all the previous phases?</p>	<p>DISASTER</p> <p>✗ Disastrous Failure:</p> <p>Repeats mistakes, ignores failures, makes disastrous decisions, and triggers catastrophe.</p>

Victim, Villain, Rescuer

Initially the aspiring dictator states that he and the common people are **victims** of **villains** (phase 1). Then he states that he is the strongman **rescuer** that will save the nation (phase 2) by eliminating its internal enemies (phase 3). Once he obtains national political power, it becomes obvious that he is the real **villain** who is a **criminal** (phase 4), a **sadist** (phase 5), **delusional** (phase 6), and a **disaster** for his nation (phase 7).

7 Phases in Humanitarian Leadership



PHASE	ROLE	HUMANITARIAN LEADER'S BEHAVIOR
1: Seeking Attention	Activist:	<p>Draws attention to injustice, suffering, or moral issues without seeking self-promotion.</p> <p>Outside help: Good economic times make people open to positive ideas. Media spreads helpful messages. Similar-minded groups join in.</p>
2: Seeking Authority	Role Model:	<p>Inspires followers to action by showing humility, compassion, and dedication to the humanitarian cause.</p> <p>Outside help: Stable politics let everyone join in. People proud of their country (e.g., from fair laws) get motivated. Supportive groups or donors help spread the word.</p>
3: Overcoming Opposition	Trusted Ally:	<p>Gains leadership of the humanitarian movement by seeking allies, building trust, and cooperation.</p> <p>Outside help: Strong governments make teamwork safe. Real successes (like community wins) build confidence. Positive stories in media encourage more trust.</p>
4: Gaining Power	Law-Abiding Leader:	<p>Promotes humanitarian, democratic, law-abiding, cautious, and conscientious government.</p> <p>Outside help: A healthy economy promotes this phase. A free press and fair alliances with other likeminded political groups support these ethical changes. Community needs (e.g., homelessness, unfair taxation) create chances to help.</p>

<p>5: Exercising Power</p>	<p>Compassionate Leader:</p>	<p>Promotes compassion, forgiveness, truth, and reconciliation in government.</p> <p>Outside help: A free press and accurate government statistics (e.g., unemployment rate, national debt) document the need for social change. Learning from, and allying with, other humanitarian countries accelerate reconciliation and repair of relationships.</p>
<p>6: Reality Contact</p>	<p>Sage:</p>	<p>Shows realistic self-awareness, open-mindedness, accepts expert advice and feedback, learns from mistakes, and admits when wrong.</p> <p>Outside help: A free press, the rule of law, and lack of corruption are essential for this phase.</p>
<p>7: Final Outcome</p>	<p>Humanitarian Legacy:</p>	<p>Fixes problems, avoids repeating mistakes, avoids huge errors, and improves others' wellbeing.</p> <p>Outside help that lasts: When humanitarian leadership is strong, people thrive, allies stay, and social and economic progress continues.</p>

- **Ask AI: Who were the world's greatest humanitarian leaders?**
- **Ask AI: What are the common features of great humanitarian leaders?**
- **Ask AI: In the last 100 years, why have there been more authoritarian governments than humanitarian ones?**
- **Ask AI: Currently, which of the superpowers (USA, China, Russia, India, Europe) are becoming more authoritarian?**

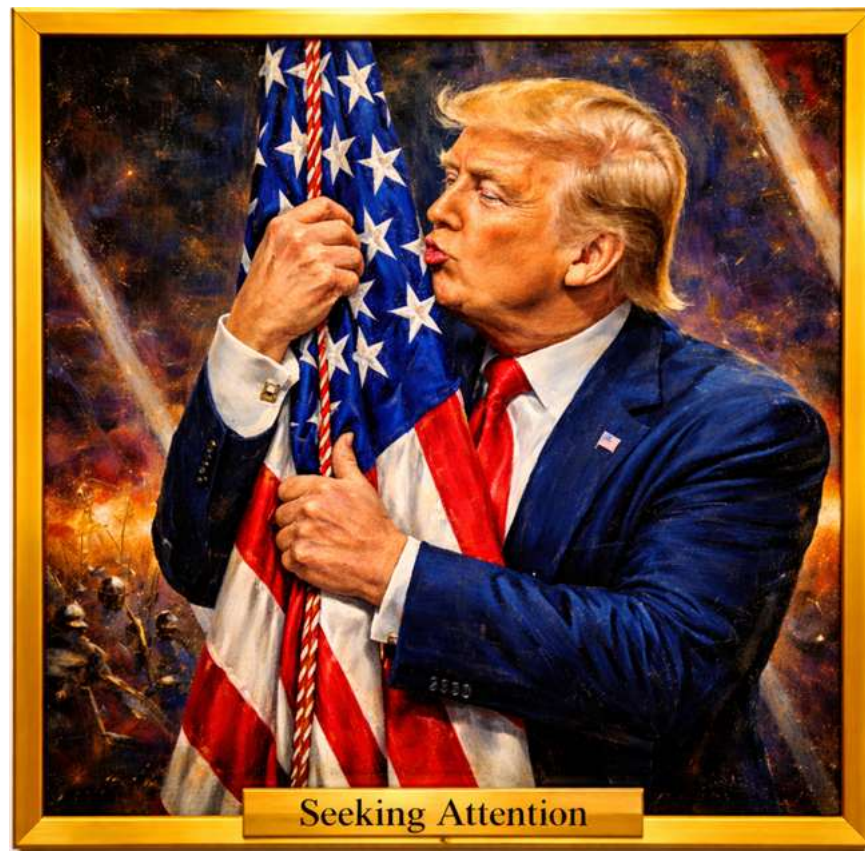
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PRESIDENT TRUMP'S LEADERSHIP

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Phase 1 – Seeking Attention



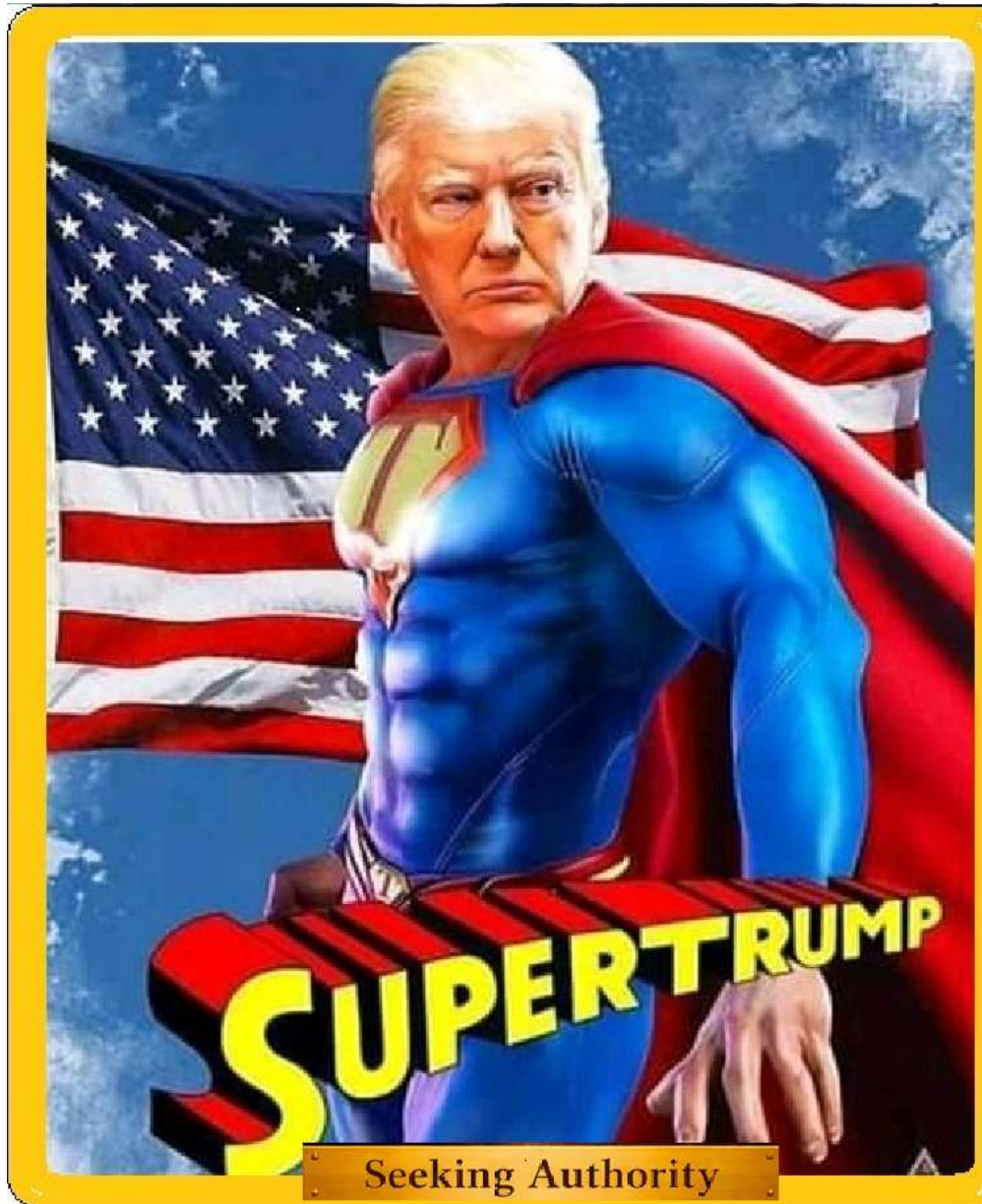
Histrionic Behavior (Seeks constant attention, uses dramatic emotion, and communicates vaguely)

Trump seeks attention by [attacking opponents and stirring fear and prejudice](#), hoping fame will draw followers and funding. He thinks [repeating a lie makes it believable](#) and that it's simpler to exploit fear and hatred than kindness and compassion. His need for applause ignores facts, exaggerates crises, or provokes conflict so he can stay in the public's attention.

ATTENTION-SEEKING (Histrionic Behavior):

- Seeks to be the center of attention
- Expresses emotions in dramatic or theatrical ways
- Is easily influenced by strong personalities
- Communicates in vague or impressionistic language
- Overestimates closeness in relationships

Phase 2 – Seeking Authority



Narcissistic Behavior (Displays inflated self-importance, demands admiration, and shows limited empathy)

Trump presents himself as the nation's savior, using "us versus them" rhetoric and promoting his own [superiority](#). Because of his narcissism, Trump is very good at branding his image. He boasts that only he can replace the current "corrupt" government, consistently promoting his image of

strength and decisiveness. Increased power heightens his sense of superiority and entitlement, making him increasingly unreceptive to feedback.

ARROGANCE (Narcissistic Behavior):

- Displays a grandiose sense of self-importance
- Requires excessive admiration
- Arrogant or looks down on others
- Exploits others to advance personal goals
- Shows limited empathy for others' suffering

Phase 3 – Overcoming Opposition



Paranoid Behavior (Distrusts others without evidence and treats criticism as hostile)

Using intimidation and threats of physical harm, Trumps consolidates control over his political movement. He promotes conspiracy theories and recasts himself as the people's champion who will [take revenge](#) against the "[vermin](#)" he suspects as being "[enemies of the people](#)" and "[enemies within](#)". Trump purposely increases his followers' suspicion and hostility as a "divide and conquer" strategy. He uses fear to keep people distracted, divided, and easier to control.

DISTRUST (Paranoid Behavior):

- Suspects exploitation or harm without clear evidence
- Unjustified doubts about others' loyalty
- Easily offended by neutral comments
- Interprets criticism as a personal attack
- Holds grudges and is unforgiving

Phase 4 – Gaining Power



Antisocial Behavior (Disregards laws and rights, acts dishonestly, and behaves impulsively)

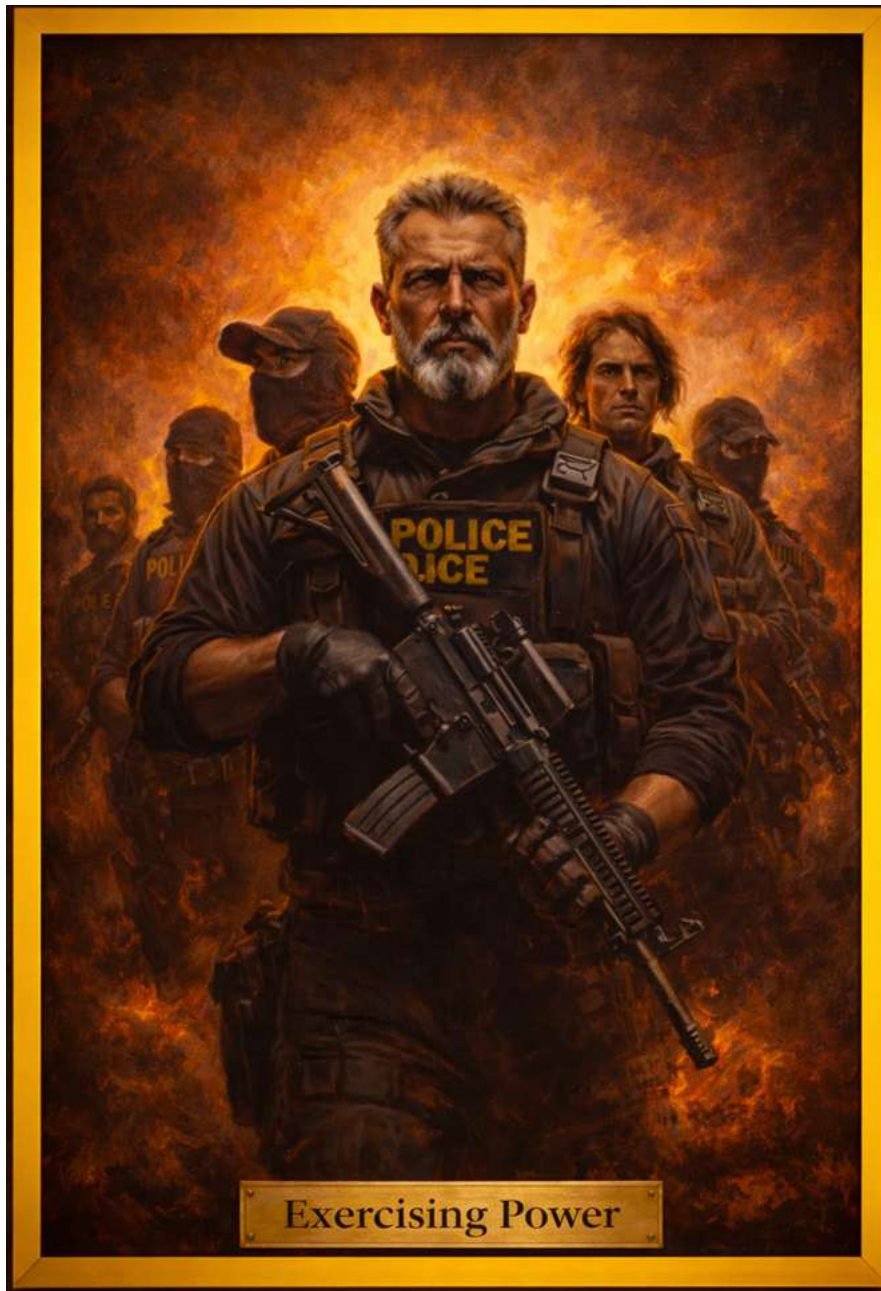
Once Trump [gained power in government](#), he removed those deemed disloyal from the civil service and military. He viewed any questioning of his decisions as betrayal. He filled key positions

with loyalists and suppressed dissent. Trump no longer bent the rules, he [demolished the rule of law](#). He repeatedly found or created a “[threat to national security](#)” to seize more power and run the government with total lack of accountability. Trump, his family, and his henchmen are [making themselves rich](#) and powerful by [stealing from the rest of the people](#). Trump’s hunger for fame, riches, and power is insatiable - more is never enough.

GREED (Antisocial Behavior):

- Disregards laws or the rights of others
- Deceitful in dealings
- Shows little remorse after harming others
- Demonstrates consistent irresponsibility
- Acts impulsively without considering consequences

Phase 5 – Exercising Power



Sadistic Behavior (Uses fear, cruelty, humiliation, or harshness to control others)

To enforce obedience, Trump has increased attacks against all those who oppose him. He demonizes a minority group (illegal immigrants) and is establishing a police state using ICE to jail or [deport them](#). The evilness and cruelty of his rule is steadily escalating. Trump uses cruelty to look strong and to intimidate others to obey and fear him. He justifies the suffering he causes as

necessary. Trump delegates power to sadists who [derive pleasure from inflicting suffering](#) by unleashing a [reign of terror](#) or war.

*The budget and manpower of the US Department of Homeland Security is now **larger** than the budget and manpower of the US Marine Corps.*

CRUELTY (Sadistic Behavior):

- Intimidates, humiliates, or bullies others
- Uses cruelty or harshness to maintain dominance
- Applies excessively harsh discipline
- Appears amused by others' suffering
- Lies to harm or inflict pain.

Phase 6 – Delusional Grandiosity



Delusional Overconfidence (Overestimates personal power, rejects correction, and blames others)

Convinced of his own infallibility, near-divine invincibility and power, Trump demands absolute obedience, ignores advice, and fosters an extreme personality cult. He governs with [“a view that](#)

there's nothing he can't do. Nothing, zero, nothing." Trump does everything he can to increase his reputation as the superman-savior of his nation. Since no one is allowed to question his decisions, Trump makes serious mistakes (e.g., starting the unnecessary war in Iran).

DELUSION (Delusional Grandiosity):

- Grossly overestimates personal power or influence
- Pursues grandiose self-glorification
- Rejects expert advice and constructive feedback
- Refuses to change position when proven wrong
- Blames others for own serious mistakes

Phase 7 – Disaster



Final Outcome

Unable to admit failure, Trump will double down on mistakes and finally make a catastrophic misjudgment (e.g., triggering a major war or financial disaster). Trump's persistent attention-seeking, arrogance, distrust, lawlessness, cruelty, and delusional grandiosity finally will bring

about his defeat. He will eventually run out of money, troops, and ideas. One final catastrophic misjudgment will turn into a major fiasco that will bring about his defeat. However, this disaster may pave the way for a new aspiring dictator, "Trump #2", to rise and potentially repeat the authoritarian cycle (phases 1 to 7).

Final Outcomes:

- Socially, most people feel unhappy or disconnected from their community.
- Healthwise, things are poor for most people.
- Economically, things are poor for most people.
- Legally, most people have limited freedom or justice.
- Most people live in an unstable, unsafe environment.

Is President Trump the King of Bankruptcy?

BUSINESSES of DONALD TRUMP THAT WENT BANKRUPT

- Donald J. Trump Foundation
- Golden Nugget Atlantic City
- GoTrump.com
- Hard Rock Hotel & Casino Atlantic City
- New Jersey Generals
- Paradox Hotel Vancouver
- Plaza Hotel
- TD Trump Deutschland
- The Trump Network
- Trump Entertainment Resorts
- Trump Ice
- Trump Institute
- Trump magazines
- Trump Mortgage
- Trump Ocean Resort Baja Mexico
- Trump Plaza Hotel and Casino
- Trump Productions
- Trump Shuttle
- Trump Steaks
- Trump University
- Trump Vodka
- Trump World's Fair
- Trump: The Game
- Trumped!



Burning Iranian Oil Depot (US Bombardment April 2026)



Elon Musk
@elonmusk



Time to drop the really big bomb:

[@realDonaldTrump](#) is in the Epstein files. That is the real reason they have not been made public.

Have a nice day, DJT!



El Salvador Extermination Prison



Thousands of Prisoners Forced to Sit for Hours in CECOT Prison in El Salvador

[Inside the Salvadoran mega-prison where US deportees live](#)

[CECOT Prison – Inside El Salvador’s Mega Jail | World’s Toughest Prison - YouTube](#)

CECOT Prison in El Salvador is an **extermination facility**. It is just a matter of time before most of its inmates die due to disease. The government knows this. This **extermination-by-disease** is their “final solution” to the problem of how to kill these prisoners. No firing squads, no gas chambers, no hangings - just waiting for a lethal epidemic to break out in this overcrowded, filthy prison.

CECOT Prison is one of many foreign prisons to where the US ICE (Immigration and Customs Enforcement) agency secretly deports its prisoners.

Remember what *Minnesota Gov. Tim Walz* [in May 2025](#) stated: “Donald Trump’s modern-day Gestapo is scooping folks up off the streets. They’re in unmarked vans, wearing masks, being shipped off to foreign torture dungeons, no chance to mount a defense, not even a chance to kiss a loved one goodbye, just grabbed up by masked agents, shoved into those vans, and disappeared.”



German civilians forced by US army to view corpses at Auschwitz prison

At the end of World War II, the US army liberated the extermination prison at Auschwitz. The German civilians living near Auschwitz said they didn't know what was happening inside this extermination prison.

Since all the German civilians claimed complete ignorance of the slaughter at Auschwitz, the US army made them line up and march past the corpses.

You are now like those World War II Germans who remained silent when the Nazis constructed hundreds of concentration camps and a dozen large extermination prisons.

In the USA today, ICE is constructing numerous concentration camps for internal imprisonment of Trump's enemies. Today, Trump's enemies are defenseless illegal immigrants. Tomorrow it will be for all those that oppose Trump.

Trump already is sending his defenseless illegal immigrants to the El Salvador CECOT extermination prison.

If you don't protest now, you will be exactly like those Germans in World War II that knew that there were concentration camps and extermination prisons – but did nothing.

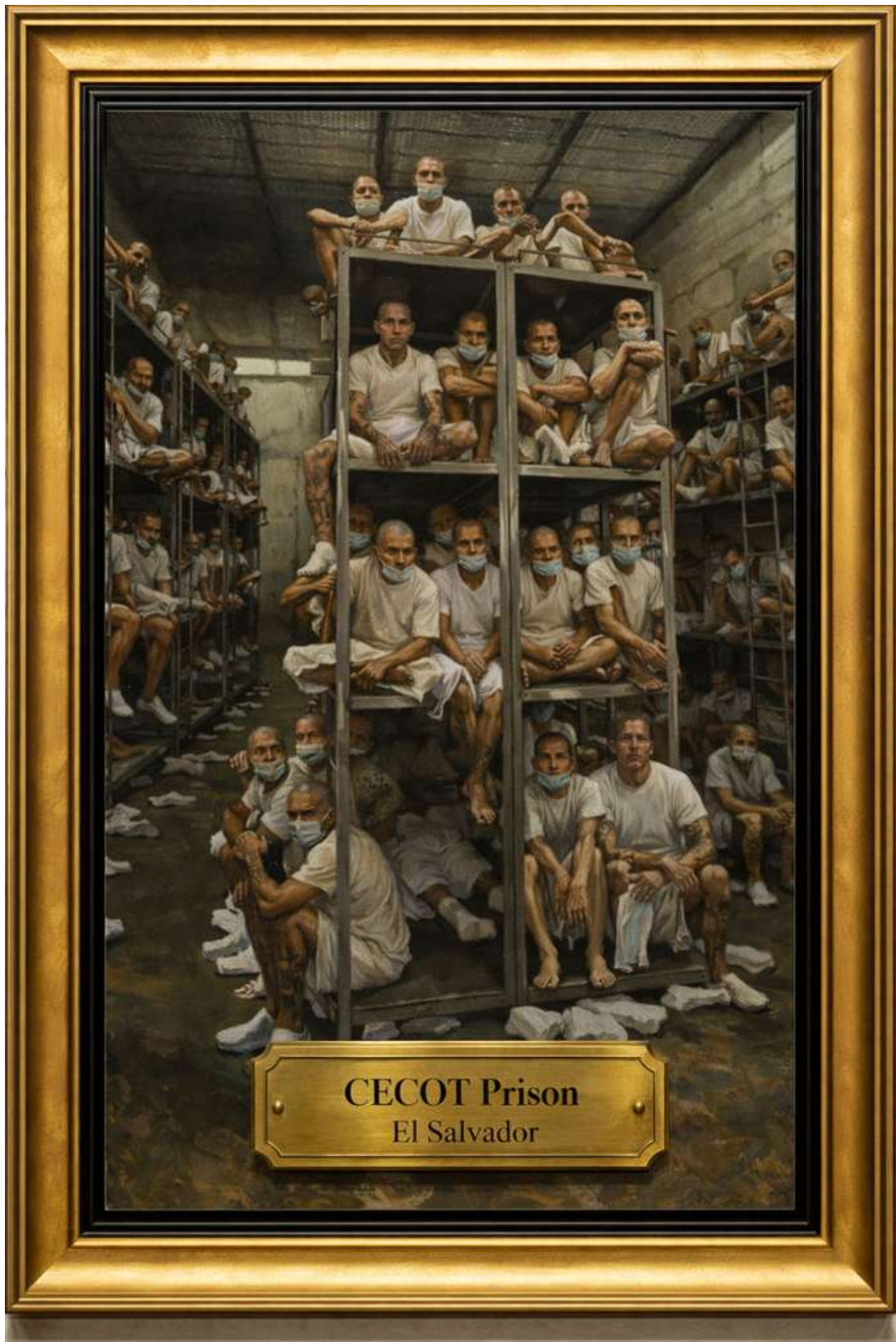
Now that you have read this chapter, I'd like to quote my hero William Wilberforce:

"You may choose to look the other way, but you can never say again that you did not know."

Open Your Eyes

It is not normal in the USA:

- For people to be dragged into concentration camps and some sent to foreign torture or extermination camps.
- For peaceful American citizens to be publicly murdered by Gestapo-like police (i.e., ICE) who are above the law.
- For the US president to be lawless and repeatedly start wars without the consent of Congress and blunder into stopping 20% of the world's oil and fertilizer supply.
- For a totally lawless US president to be gaining hundreds of millions of dollars through bribery and corruption.
- For the US president to be closely and secretly allied with America's enemy (Putin).
- For the US president to want to dismantle NATO and alienate America's former allies.
- For the US president to massively increase the national debt and do nothing to prevent a catastrophic national debt crisis.
- For the US president to place punishing tariffs that taxpayers must pay.
- For the US president to have the worst personality traits that anyone could have (i.e., Histrionic, Narcissistic, Paranoid, Antisocial, and Sadistic traits) plus megalomania.
- For the US president to have rapidly worsening dementia and still have solo authority to start a nuclear war.



CECOT Prison
El Salvador