

DictatorWarning.com: Chapter 1

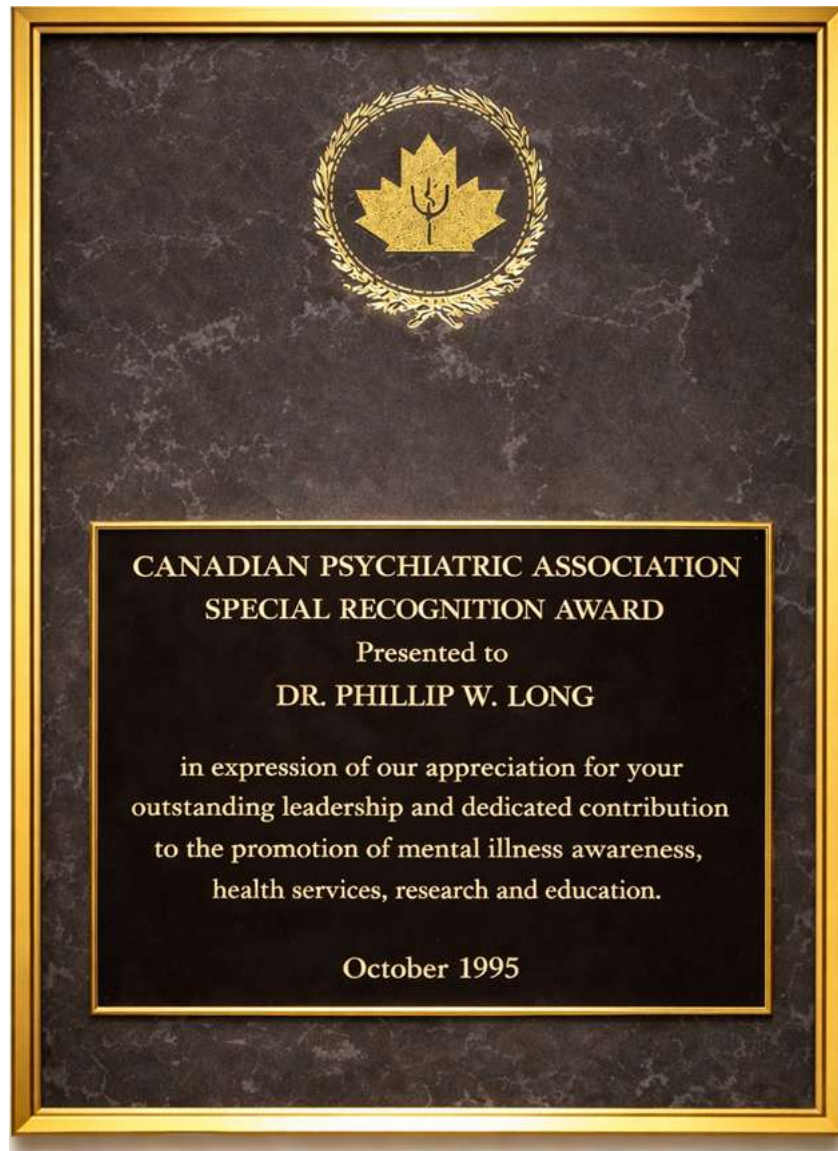
A WARNING

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Who Wrote This Book?

I am a retired Canadian psychiatrist and recipient of the Canadian Psychiatric Association Special Recognition Award 1995.



Basically, my psychiatric career consisted of being a “little frog in a little pond”.

After completing my MD, I completed my DPH in public health, and 4-year residency and FRCP Canadian fellowship in psychiatry. Subsequently, my 4-decade psychiatric career was initially spent in emergency ward psychiatry then psychiatric private practice. In total, I enjoyed treating more

than 2,000 patients in my psychiatric career in socialized medicine. For decades, I offered free psychiatric information and computerized psychiatric diagnosis on the internet.

Where I Live



I am extremely fortunate to live in Canada - far away from the reach of President Trump. I wrote this book to be the voice of all those who have been silenced by dictators.

Why Read This Book?

I am writing this book as a warning **before** President Trump seizes absolute power and converts the USA into a dictatorship.

International rule-of-law, thanks to President Trump, is rapidly being replaced by the old 19th century [might-makes-right imperialism](#).

How can dictators be stopped? How can humanitarian leadership be promoted? That is the mission of this book.

Right now, in the USA heavily armed masked ICE agents are breaking into cars and dragging people – even American citizens – away to be jailed and some are dying in detention or never seen again.

Minnesota Gov. Tim Walz [in May 2025](#) stated: “Donald Trump’s modern-day Gestapo is scooping folks up off the streets. They’re in unmarked vans, wearing masks, being shipped off to foreign torture dungeons, no chance to mount a defense, not even a chance to kiss a loved one goodbye, just grabbed up by masked agents, shoved into those vans, and disappeared.”

The majority of those dragged away by ICE agents [had no criminal history](#). Those sent to foreign prisons (like those in El Salvador) had no legal hearing or trial – they just were flown to a foreign prison without any chance to legally prove their innocence.

The USA is rapidly becoming a dictatorship. This is not “fake news” - this is really happening and can’t be ignored. This book warns against the rise of this [American dictatorship](#).

Questions This Book Tries to Answer

- Why have most societies lived under authoritarian rule?
- Why are authoritarian rulers so cruel and lawless?
- Why do all empires expand and then collapse?
- Why have some modern democracies waged unjust wars or committed genocide?
- Does power corrupt leaders and become physically addictive?
- Did 20th-century dictators have all the worst personality traits anyone could have?
- Do dictatorships empower the worst individuals - hence the worst rule the rest?
- What are key authoritarian vs humanitarian behaviors?
- How can you evaluate and develop more humanitarian traits in yourself?

How To Read This Book

The content of this website is to be downloaded and saved offline for private viewing. All the content is copyrighted, but permission is granted for non-commercial private personal use.

While many books discuss dictatorships and President Trump, this website uniquely provides interactive tools to help you independently evaluate any political leader's authoritarian or humanitarian behavior.

This website often uses the AI generated **medieval pictures** I created to remind readers that, although the modern age has god-like technology, politically the world operates as if it is still in the medieval ages.

In this book some topics are identified as “**(For Scholars)**” and may be skipped. Questions to “**Ask AI**” are also shown in **blue** and may be skipped.

Why Is This Book Written Like a Textbook?

In my medical training I loved reading clearly organized textbooks. This “textbook style” is one of many journalistic styles, but it was the one I adopted as my own. What this style lacks in poetic imagery, it excels in brevity and clarity. This book is purposely written using a grade 10 vocabulary level to ensure that its message is conveyed as clearly as possible. More complicated material is presented as comparison tables or in point form. The more academic sections are clearly marked so that a reader is free to skip them.

This book features a range of measurement scales, reflecting the requirement in scientific inquiry that phenomena be quantifiable. This book aims for scientific measurement when possible. Non-scholars may skip these questionnaires and checklists.

How Does This Website Protect Your Privacy?

At DictatorWarning.com, the **diagnostic tools are downloaded and run offline** to protect your privacy. In addition, our **book chapters** are downloadable **Word pdf files that can be shared**. I believe that artificial intelligence scans all content you write online, including emails. For example, in a private email a professor I knew wrote “I really want to get that **shit**” and used the Yiddish term for “shit”. Online the next day, he saw an **ad from eBay** saying that this Yiddish term for “shit” **was on sale**. I’ve concluded that commercial and/or political powers are always scanning our online activity. ([George Orwell’s novel “1984”](#) predicted this universal surveillance).

How Do Authoritarian and Humanitarian Behaviors Differ?

This book will examine, from a psychiatric perspective, how authoritarian behavior differs from humanitarian behavior. An authoritarian leader's goal is to gain **absolute control** over people. A humanitarian leader's goal is to improve people's **peace and wellbeing**.

AUTHORITARIAN BEHAVIOR	Social Inequality	Hatred or Callousness	Aggression, Destruction	Greed	World War II that destroyed Europe
HUMANITARIAN BEHAVIOR	Social Equality	Kindness or Compassion	Peacemaking, Construction	Generosity	Marshall Plan that rebuilt Europe

Throughout this book, authoritarian and humanitarian leaders are repeatedly compared. Because readers often forget a book's main points, this book's key ideas are repeated at least three times:

DEVELOPMENT	AUTHORITARIAN LEADERS	HUMANITARIAN LEADERS
<p>1. Gaining Attention:</p> <p>Is the leader focused on problem-solving or self-promotion?</p>	<p>✗ HISTRIONIC SELF-PROMOTIION:</p> <p>Is focused on self-promotion and constantly seeking attention instead of problem-solving.</p>	<p>✓ PROBLEM-SOLVING:</p> <p>Is focused on problem-solving and not self-promotion or constantly seeking attention.</p>
<p>2. Gaining Authority:</p> <p>How does the leader gain authority?</p>	<p>✗ NARCISSISTIC ARROGANCE:</p> <p>Gains authority by seeking dominance instead of equality.</p>	<p>✓ EQUALITY:</p> <p>Gains authority by promoting equality instead of dominance.</p>

<p>3. Overcoming Opposition:</p> <p>How does the leader overcome opposition?</p>	<p>✗ PARANOID DISTRUST:</p> <p>Tries to silence or suppress all opposition.</p>	<p>✓ COOPERATION:</p> <p>Builds trust to promote cooperation and solidarity.</p>
<p>4. Gaining Power:</p> <p>How does the leader gain power?</p>	<p>✗ ANTISOCIAL INJUSTICE:</p> <p>Is dishonest and violates the rights of others.</p>	<p>✓ JUSTICE:</p> <p>Is honest and respects the rights of others.</p>
<p>5. Maintaining Power:</p> <p>How does the leader maintain power?</p>	<p>✗ SADISTIC CRUELTY:</p> <p>Maintains power by intimidation or violence.</p>	<p>✓ COMPASSION:</p> <p>Shows sympathy for the suffering or misfortune of others and tries to relieve it.</p>
<p>6. Reality Contact:</p> <p>Does the leader show good contact with reality?</p>	<p>✗ DELUSIONAL GRANDIOSITY:</p> <p>Insists on unquestioning obedience to her/his delusional ideas.</p>	<p>✓ WISDOM:</p> <p>Shows good reasoning and problem-solving. Has a realistic self-awareness.</p>
<p>7. Outcome:</p> <p>What is the leader's effect on people's peace and wellbeing?</p>	<p>✗ DISASTER:</p> <p>Causes a disastrous decrease in peace and wellbeing.</p>	<p>✓ SUCCESS:</p> <p>Promotes peace and wellbeing.</p>

In each phase, the dictator unmasks more of his/her dangerous personality traits: Phase 1 – **histrionic**, Phase 2 - **narcissistic**, Phase 3 - **paranoid**, Phase 4 - **antisocial**, and Phase 5 - **sadistic**. Finally, in Phase 6 the dictator unmasks his/her **delusional grandiosity or paranoia** (i.e., megalomania). Thus, dictators eventually display all the most harmful personality traits anyone can have. They are the worst of humanity. Therefore, **in a dictatorship the worst rule the rest**. Humanitarian leaders are exactly the opposite of dictators.

How Do Dictatorships Develop?



[There is an excellent TED video](#) which introduces the topic of dictatorships. Here is the transcript of this video:

In a dictatorship, absolute power is held by a single individual, who is free to impose their vision on society. Under certain conditions, the idea of a dictator can sound appealing – like when a democracy isn't functioning as it should due to corruption, economic instability, or extreme political polarization. At these moments, people may be willing to give up some democratic rights and freedoms for hopes of a better future.

Authoritarian-leaning leaders present themselves as the ones who can fix everything. They distill complex problems into simple talking points and promise quick solutions. Some overt authoritarian leaders have taken this strategy, including military dictators who seized control through coups, like Augusto Pinochet, Mobutu Sese Seko, and Muammar Gaddafi.

Gaddafi, for example, initially asserted himself as a revolutionary hero, canceling the country's exploitative foreign oil contracts. But the longer he was in power, the more riddled with paranoia he became. Like Pinochet and Bobutu, he used his position to target and torture opponents, embark on campaigns of mass violence against everyday people, and build an enormous personal fortune.

Other modern dictators were initially elected democratically, then strategically accumulated power by embracing authoritarian forms of control. Italy's Benito Mussolini and Germany's Adolf Hitler, for example, gained popularity during waves of mass discontent. Both channeled economic woes into racist rhetoric and embraced fascism, a type of authoritarianism which exalts the importance of one nation or race above all others.

Once in office, such leaders gradually dismantle checks on their power, including removing judges who might rule against them, abolishing term limits, or refusing to acknowledge unfavorable election results. Since they punish dissenting voices, dictators are often surrounded with yes-men, who are promoted based on loyalty over expertise, ultimately wreaking incalculable economic, social, and environmental costs.

But these costs can also be hidden from view. Dictators build up cults of personality by minimizing negative coverage and pushing positive propaganda that presents them as strong or heroic. This can make it almost impossible to accurately measure their success. Did Mussolini really make the trains run on time? It's hard to know, since he would have punished those who said otherwise.

While some modern dictators have brought modest growth to their nation's economies and industries, most have enriched the few and left widespread destruction in their wake. Even so-called benevolent dictators, whose regimes lacked overt violence, stand accused of censoring journalists and limiting the rights and freedoms of citizens.

Dictators don't willingly walk away from power – they continuously crave more. That's why institutions that provide checks on leaders must be safeguarded. In the hands of an aspiring dictator, even seemingly robust democracies can sink into repressive, authoritarian regimes.

ED.TED.COM/DEMOCRACY-LAB Guarding Democracy Against Corruption

Victim, Villain, Rescuer



Initially the aspiring dictator states that he and the common people are **victims** of **villains** (**phase 1**). Then he states that he is the strongman **rescuer** that will save the nation (**phase 2**) by eliminating its enemies (**phase 3**). Once he obtains national political power, it becomes obvious that he is the real **villain** who is a **criminal** (**phase 4**), a **sadist** (**phase 5**), **delusional** (**phase 6**), and a **disaster** for his nation (**phase 7**).

This book explores exactly what Lord Acton meant when he said: “Power corrupts and absolute power corrupts absolutely.” If we heed Lord Acton’s warning, we will survive.

Otherwise, we may not.

*(Note: This book uses **medieval pictures** to remind readers that, although the modern age has god-like technology, politically the world operates as if it is still in the medieval ages.)*

Before Reading Further, Test This Book's Core Proposals

This book proposes:

- Dictators have all the most dangerous personality traits that anyone can have
- Humanitarian leaders show the exact opposite of these dictatorial behaviors

The "Score-A-Leader" tool (<https://dictatorwarning.com/diagnostic-tools>) is a diagnostic tool I created to test this book's core proposals.

You should **test the accuracy of the Score-A-Leader tool** by using it to assess dictators (like Hitler, Stalin, Mao Zedong) and great humanitarian leaders (like, Mahatma Ghandi, Florence Nightingale, Martin Luther King Jr.). Then you may want to assess President Trump.

To be an accurate diagnostic test, the Score-A-Leader diagnostic tool must be able to accurately differentiate between dictators and humanitarian leaders.

This is exactly what the Score-A-Leader diagnostic tool can do.

Thus, this supports this book's core proposal that dictators have the most dangerous personality traits that anyone can have, and humanitarian leaders show the exact opposite of these dictatorial behaviors.

If you find the Score-A-Leader tool is accurate, and thus this book's core proposals are correct, please continue reading. We have a lot to discuss.

The Next Two Decades May Determine If Humanity Survives



Throughout history, empires have risen and crumbled, cultures have flourished and faded - but humanity endured.

For the first time in history, humanity faces possible extinction from four main threats:

- **Nuclear War:** A large nuclear war could kill billions and trigger “nuclear winter” which would destroy agriculture and push humanity closer to extinction.
- **Catastrophic Climate Change:** Man-made extreme global warming could cause irreversible civilization collapse.
- **Engineered Pandemics:** Deliberately engineered highly lethal pandemics could escape and destroy humanity (like it almost did in 1971 in the USSR [1971 Aral smallpox incident - Wikipedia](#)).
- **Artificial Intelligence Eliminating Humanity:** To save the planet, AI might decide to eliminate humanity. These risks arise when we neglect the wellbeing of others and our planet.

When nations abandon their humanitarian values, they become architects of their own downfall.

Democracy lacking compassion will not save us. Democracy, without humanitarian values, can become just as cruel as authoritarian regimes. Some democracies today have waged unjust wars or committed genocide (e.g. Gaza).

Our future depends on kindness and compassion - not weapons or wealth. The true conflict now is between compassion and cruelty, between humanitarian values and authoritarian power. As [Pope Leo said](#): "The world is being ravaged by a handful of tyrants, yet it is held together by a multitude of supportive brothers and sisters."

This is why this book was written - to promote humanitarian values and caution against the rise of dictatorship.

What Kind of Life Do You Want?



We all want to live a healthy life in a healthy nation. Use the following scales to measure your welfare and that of your nation.

PERSONAL WELFARE SCALE			
	HEALTHY LIFE (Each True = 2)	Between (= 1)	UNHEALTHY LIFE (Each True = 0)
Social	✓ Socially, I feel happy and connected to my community	⦿	✗ Socially, I feel unhappy or disconnected from my community
Health	✓ Healthwise, things are good for me	⦿	✗ Healthwise, things are poor for me
Economic	✓ Economically, things are good for me	⦿	✗ Economically, things are poor for me
Justice	✓ Legally, I have freedom and justice	⦿	✗ Legally, I have limited freedom or justice
Environment	✓ I live in a stable, safe environment	⦿	✗ I live in an unstable, unsafe environment

SCORING: Total Score = ____		
Score	Rating	Personal Welfare
9-10	Thriving	High
6-8	Surviving	Medium
3-5	Struggling	Low
0-2	Suffering	Very Low

What's Important?

Health providers have noticed that the most common questions people ask themselves when they are dying are: "[Did I love well? Did I make a difference? Did my life matter?](#)"

NATIONAL WELFARE SCALE			
	HEALTHY LIFE (Each True = 2)	Between (= 1)	UNHEALTHY LIFE (Each True = 0)
Social	✓ Socially, most people feel happy and connected to their community	●	✗ Socially, most people feel unhappy or disconnected from their community
Health	✓ Healthwise, things are good for most people	●	✗ Healthwise, things are poor for most people
Economic	✓ Economically, things are good for most people	●	✗ Economically, things are poor for most people
Justice	✓ Legally, most people have freedom and justice	●	✗ Legally, most people have limited freedom or justice
Environment	✓ Most people live in a stable, safe environment	●	✗ Most people live in an unstable, unsafe environment

SCORING: Total Score = ____		
Score	Rating	Personal Welfare
9-10	Thriving	High
6-8	Surviving	Medium
3-5	Struggling	Low
0-2	Suffering	Very Low

Humanitarianism's goal is to **improve people's peace and wellbeing**.

This book will compare humanitarian to authoritarian governments. There is one form of authoritarian government that is very dangerous – that is fascism.

Fascism is defined as a political system with **one leader** or group controlling everything with **extreme nationalism, extreme militarism, and little freedom** for people.

President Trump and his Republican party is rapidly converting the USA into a fascist state. Once in power, a fascist government typically suppresses opposition and centralizes authority under a single leader.

- **Overcoming Opposition:** It bans or intimidates rival political parties, unions, and protests to eliminate competition.
- **Gaining Power:** It passes emergency laws to suspend civil liberties, censor media, and control elections or parliament/congress.
- **Maintaining Power:** It uses violence, secret police, or paramilitaries to arrest critics and create concentration camps.

This is exactly what is currently happening under President Trump. This book opposes fascism and champions the opposite humanitarian approach to government.

Millions died in World War II because of fascist and authoritarian governments. We must learn from history and not repeat its mistakes.

So, let's start with these stories.

These True Stories Say It All

TRUE STORY #1

Prologue: California 1942

In 1942, thousands of Japanese American families were forced from their homes in California under Executive Order 9066. Their farms and businesses were left behind as they were sent to internment camps. Most lost everything.

In the small town of Florin, agricultural inspector Bob Fletcher watched his Japanese American neighbors being taken away.

Monologue Created to Tell a True Story of Bob Fletcher

They left on the morning trains, whole families gone in a single afternoon. Mothers carrying children, fathers carrying silence. The orchards were still green then, heavy with fruit, but the signs on the fences said, "Evacuation Completed."

Neighbors said it wasn't my concern. "They're the enemy," they whispered. "You'd be smart to stay out of it." But I'd seen those families every season - hands in the same dirt as mine, faces burned by the same sun. They weren't the enemy. They were my neighbors.

When their trucks rolled away, the weeds took over fast. Field by field, row by row, it looked like the valley was forgetting them already. Some people saw opportunity. I saw obligation. Someone had to keep the vines and trees alive.

So I did. Eighteen hours a day, sunup to starlight - pruning, irrigating, fixing equipment that should've had six hands on it instead of mine. Folks called me a fool, or worse. Tires slashed, letters slipped under the door, whispers following me through town.

My Japanese American neighbors offered me their houses before they left - good homes, warm in winter, cool in summer. I couldn't do it. I stayed in the workers' bunkhouse. Teresa too, once we married. We made coffee over a camp stove and slept under thin blankets, listening to the wind move through the orchard rows.

Money? The crops made some. I kept enough to stay alive and saved the rest in accounts with their names on them. It wasn't charity. It was fairness. The same fairness any of us would want if the world turned upside down.

This was a very difficult time, but I was able to get people to help in the harvesting and packing of the grapes. During the harvest we were able to get about 15 people to help. Some days we were able to get packed between two and three hundred boxes of Tokay grapes and later ten tons of grapes to the winery.

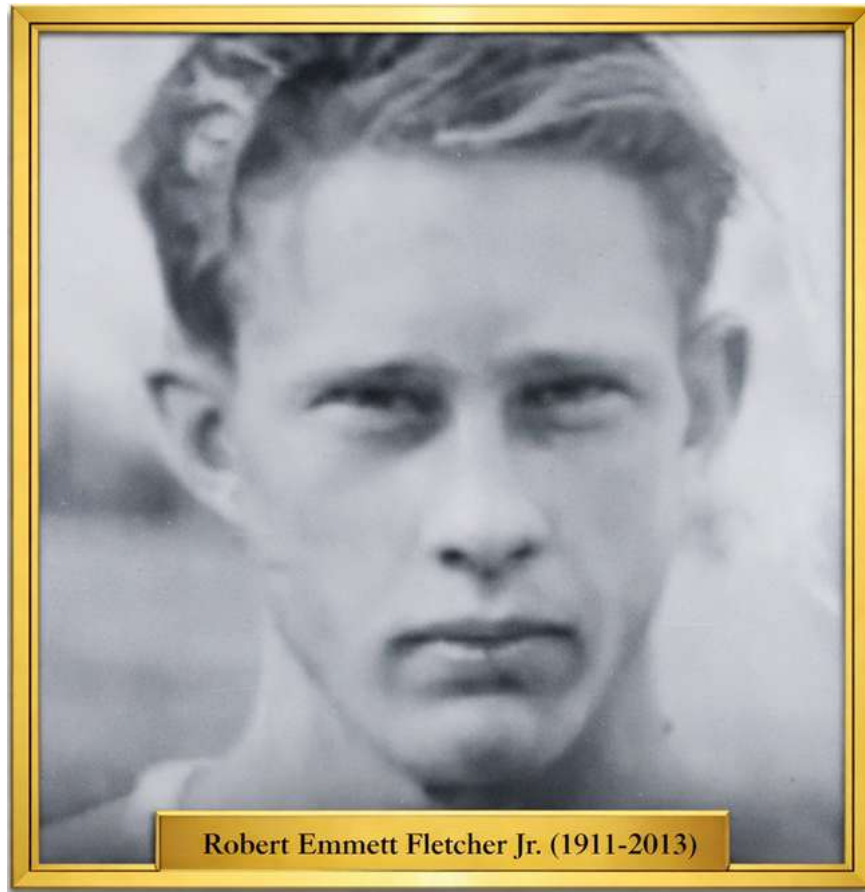
Three years like that. Then one day the trains came back. Same tracks, same valley, different faces - older now, worn by camp life. They stepped off expecting to see ruin, but the orchards were blooming. The houses stood ready. And I handed over the records, the keys, the bankbooks.

Some called it heroism. I call it decency. You don't walk past your neighbor's field when it's burning. You pick up a bucket.

People ask why I did it. Because it was the right thing to do.

That's all. That's enough.

Epilogue



Bob Fletcher died in 2013 at age 101. His legacy reminds us that even when fear, anger, and prejudice dominate a society, one person's decency can keep humanity alive.

Reference

- [During World War II, This Farmer Risked Everything to Help His Japanese American Neighbors](#)

TRUE STORY #2

My Hero: William Wilberforce and the Power of Never Giving Up

What makes a true hero? Is it fame, wealth, or power? For me, it's quiet courage to keep fighting for what's right, even when everyone says it's impossible. My hero is William Wilberforce, a British politician who spent his whole life working to end slavery in the 19th century British Empire. Slavery was one of the darkest, most evil parts of human history - treating people like property and causing unimaginable suffering. Wilberforce's story shows how one person's persistence, compassion, and intelligence can change the world.

- **Have you ever faced something that seemed too big to change?**

Wilberforce was born in 1759 and became a member of Parliament at just 21. At first, he lived a normal rich life, but everything changed in 1785 when he became a serious Christian. He started to see slavery not as a "normal" business, but as a terrible wrong. From that moment, he decided to fight it - no matter how long it took.

- **What would you do if you discovered something deeply unfair? Would you speak up, even if it was unpopular?**

It took a very long time - over 40 years. He introduced bills to end the slave trade almost every year, and they kept failing. People laughed at him, called him crazy, or said he would hurt Britain's economy. Powerful leaders and rich traders fought against him because slavery made them wealthy. Wilberforce also suffered from bad health and lived in near constant pain. Many people would have quit after one or two tries. But not Wilberforce. He kept going, year after year, because he truly believed every person deserved freedom.

- **How do you handle setbacks in your own life? Do you give up easily, or keep trying?**

What inspires me most is how he combined deep compassion with smart strategy. His compassion came from his heart - he read heartbreaking stories from enslaved people and sailors, and he saw them as equals, as brothers and sisters. He never hated his enemies; he just wanted justice.

But he was also incredibly intelligent in how he built alliances. He didn't fight alone. He teamed up with friends in a group called the Clapham Sect, Quaker activists, women who organized petitions, and even former slaves like Olaudah Equiano who shared their experiences. Wilberforce used speeches, books, boycotts (like not buying sugar from slave plantations), and public meetings to slowly change what people thought. At first, almost no one cared, but by the end, hundreds of

thousands of ordinary British people were signing petitions - the biggest public movement of its time.

- **Who could you team up with to make a difference?**

Finally, in 1807, his efforts had the slave trade banned, and in 1833 - just days before Wilberforce died - the British Empire abolished slavery completely, freeing hundreds of thousands of people. His work also inspired anti-slavery movements around the world, including in America.

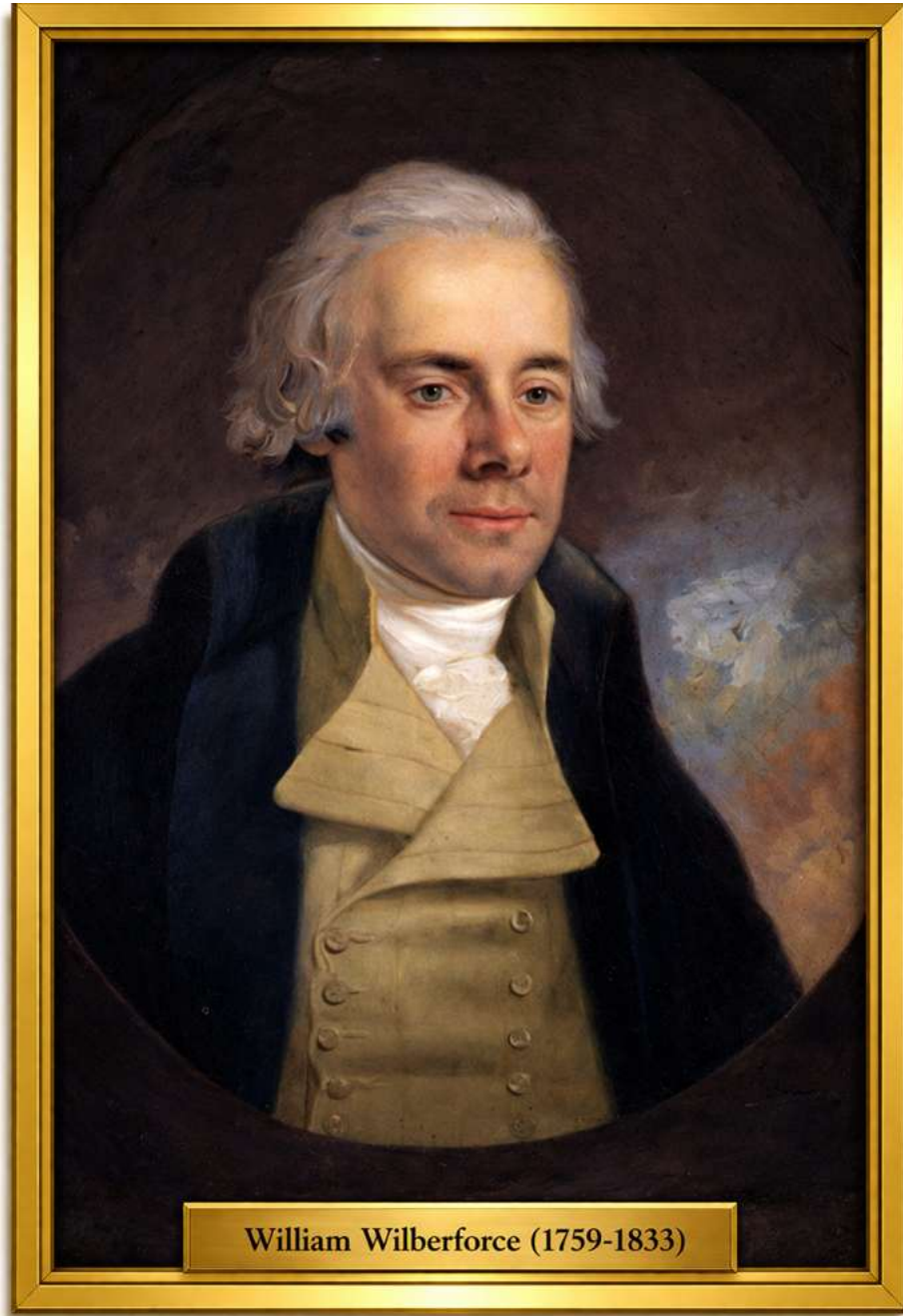
Wilberforce teaches us that real change often takes decades, not days. You don't need to be loud or angry - just persistent and kind. He once said, "You may choose to look the other way, but you can never say again that you did not know." He didn't look away. He acted, patiently building bridges and never giving up hope.

In today's world, we still face big injustices like violence, unfair treatment, or harming the environment.

- **What issue do you care about most?**

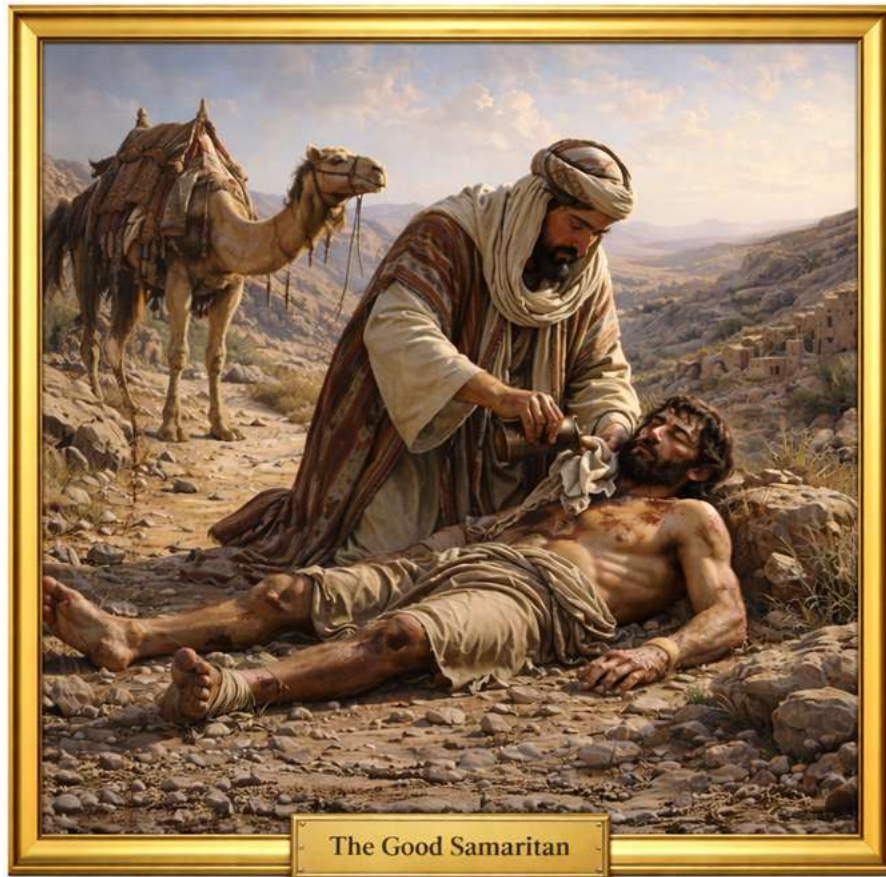
Wilberforce's story reminds us that one person - with compassion, ethics, and smart teamwork - can make a difference. If he could help end one of history's greatest evils after decades of struggle, imagine what you can do if you never give up on what's right. Be like Wilberforce: stay kind, stay smart, and keep going. The world needs more heroes like him - and that can start with you.

- **What small step will you take today?**



What Are Fundamental Humanitarian Values?

Humanitarianism's goal is to improve people's **peace and wellbeing**.



This principle has existed for millennia, such as in the Bible's Good Samaritan parable. The world's greatest humanitarians all shared these core values:

- **Humanity (protect life and health):** Everyone's life and health must be protected, with equal and respectful treatment, especially during suffering or danger.
- **Impartiality (aid based solely on need):** Aid should be impartial, solely based on need, and provided according to urgency.
- **Neutrality (no sides in conflicts):** Aid should be politically neutral and given to both sides in a conflict.
- **Independence (autonomy from politics):** Aid should be given independently from politics.

Fundamental Human Rights

Over time, these humanitarian values evolved into basic human rights which finally were written into the [Universal Declaration of Human Rights](#) (UDHR), adopted by the UN in 1948. These are the fundamental human rights for all people everywhere that **dictators systematically destroy**.

Here are the [30 UN fundamental human rights, summarized](#) (and shown in an **excellent video**):

1. All humans are born free and equal in dignity and rights.
2. Entitled to all rights without distinction (race, color, sex, language, religion, etc.).
- 3. Right to life, liberty, and security of person.**
4. No slavery or servitude.
- 5. No torture or cruel, inhuman, degrading treatment.**
6. Right to recognition as a person before the law.
7. All equal before the law, entitled to equal protection.
8. Right to effective remedy by competent tribunals.
- 9. No arbitrary arrest, detention, or exile.**
- 10. Right to fair and public hearing by independent tribunal.**
11. Innocent until proven guilty; no retroactive punishment.
12. No arbitrary interference with privacy, family, home, or correspondence.
13. Freedom of movement and residence within a state; right to leave/return.
14. Right to seek asylum from persecution.
15. Right to a nationality.
16. Right to marry and found a family; equal rights in marriage.
17. Right to own property.
18. Freedom of thought, conscience, and religion.
19. Freedom of opinion and expression.
20. Freedom of peaceful assembly and association.
21. Right to participate in government; equal access to public service.
22. Right to social security and realization of economic/social/cultural rights.
23. Right to work, equal pay, and trade unions.
24. Right to rest and leisure.
- 25. Right to adequate standard of living (food, clothing, housing, medical care).**
26. Right to education (free elementary; progressive higher).
27. Right to participate in cultural life, arts, science.
28. Right to social and international order for full realization of rights.
29. Duties to community; limitations only by law for rights of others.
30. No right to destroy any UDHR rights.

Note: Human rights shown in **red** are those commonly violated by **ICE** (U.S. Immigration and Customs Enforcement).

Commonly Cited Violations by ICE, the U.S. Immigration and Customs Enforcement

- **Article 5: No torture or cruel, inhuman, degrading treatment**—reports detail overcrowding, medical neglect, solitary confinement, and humiliating conditions in facilities like Krome and "Alligator Alcatraz". [Shackled, abused and humiliated: Report paints grim picture of life in ICE detention | CBC Radio](#)

- **Article 9: No arbitrary arrest, detention, or exile**—widespread claims of warrantless raids, racial profiling, and prolonged detention without due process. [U.S. Refuses to Defend Human Rights Record at U.N. - ACLU of Social](#)
- **Article 10: Right to fair and public hearing by independent tribunal**—denial of legal access, swift deportations violating non-refoulement. [USA: Urgent Call for Accountability as U.S. Migration Policy... | OMCT](#)
- **Article 3: Right to life, liberty, and security**—increased deaths in custody (30+ in 2025), family separations, and violent arrests. [UN rights chief decries US treatment of migrants, as deaths in ICE custody rise | UN News](#)
- **Article 25: Right to adequate standard of living** (food, housing, medical care)—insufficient food, water, sanitation, and healthcare. [New Findings Reveal Human Rights Violations at Florida’s “Alligator Alcatraz” and Krome Detention Centers](#)



5 US I.C.E. agents hold Alex Pretti down on ground as 6th agent shoots him. Alex was unarmed. His legal handgun had already been removed by these agents. So this was murder.

Personal Sacrifice to Protect Others

Promoting humanitarian values and basic human rights often involves risking one’s life. During the 2026 Australian Bondi Beach massacre, three of four individuals who tried to stop the attackers

lost their lives. Throughout history, people have strived to promote or protect human rights - despite many losing their lives in the effort (e.g., [Mahatma Ghandi](#), [Martin Luther King Jr](#)). These are [the true heroes](#).

No Kings Mass Protest March 28th, 2026



*Rene Good Murdered by ICE January 1, 2026
(American Mother of 3)*

*Alex Pretti Murdered by ICE January 24, 2026
(American Intensive Care Nurse for Veterans)*

[No Kings nationwide — one massive condemnation of Trump’s presidency](#)

On March 28th 2026, 9 million people in the USA peacefully protested in the No Kings nationwide march.

This was the largest protest march in US history, yet the mainstream media gave it very little coverage. This is an example of how mainstream media is self-censoring or actively pro-Trump.

For U.S. “**traditional journalism**”—meaning TV news networks, major newspapers, and large-circulation wire-service outlets—[about 70–80% of the market is controlled by five or six big media conglomerates](#), including Comcast, Disney, Warner Bros. Discovery, Paramount Global, Fox Corporation, and the legacy AT&T--Warner--Discovery-axis (now folded into Warner Bros. Discovery).

Around **three in four U.S. viewers or readers** of mainstream TV news, big-brand newspapers, and wire-service-driven content **get journalism through outlets controlled by these [five or six big media conglomerates](#).**

*So much for the **myth of freedom of the press in the U.S.A.***

In a speech condemning many aspects of the Trump agenda, Sen. Bernie Sanders vowed there will be justice for Alex Pretti and Renee Good, victims of the Trump administration’s ICE crackdown in Minneapolis.

“We promise their families and their friends that these two heroes will not have died in vain,” the Vermont independent said.

He also called out several tech billionaires by name as he railed against economic inequality. “Today, we not only say no to Trump’s authoritarianism, we say no to Mr. Musk, no to Mr. Bezos and Mr. Zuckerberg and Mr. Ellison and all the other multi-billionaires,” he said. “You cannot have it all.”

The No Kings movement opposes the authoritarian dynamics of dominance, division, and

dehumanization that are so harmful to society. White supremacy (dominance), political polarization (division), and persecution of minorities (dehumanization) must stop.

What Has Been a Major Obstacle to Human Progress?

Wars have been a major obstacle to human progress because they bankrupt and destroy nations.

World War II left Europe and Asia financially crippled, leading to the breakup of their empires. The subsequent Cold War exhausted Russia, resulting in the dissolution of the USSR. From 1945-50, the USA spent over \$10 trillion dollars preparing for a Russian invasion that was never possible.

That [10 trillion dollars over-spent on the military](#) meant the USA grossly under-funded essential educational, engineering, and scientific resources needed to address the current climate crisis. Its continued [over-spending on the military](#) may soon bankrupt the USA due to its debt crisis.

The USA hasn't learned from being defeated in its wars in Vietnam and Afghanistan. Its war in Iraq was a disaster and now its war in Iran will prove to be the biggest military disaster for the USA in this century. Modern warfare is directed at destroying civilian targets (e.g., factories and sometimes entire cities) and this causes humanitarian disasters that kill millions.



Gaza After Israeli Bombardment May 2025

Militarism and **wars** are major barriers to human progress. Humanity is now on the edge of nuclear war and possible annihilation. Unlike all other nuclear powers, US presidents can launch a nuclear war on their **sole authority**. Thus, President Trump can start a nuclear war without needing approval from anyone else. (What if the US president is demented?)

DictatorWarning.com: Chapter 2

HUMANITARIAN VS AUTHORITARIAN BEHAVIOR

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The Most Human Ability Is Organization

Other animals have language and show surprising reasoning and problem-solving. Chimpanzees have short-term [memory abilities that far surpass humans](#). So, what is the ability that best separates humans from all other animals? Why are humans earth's only space travelers?

The answer is our human ability to organize ourselves into civilizations and to build complicated structures like [Göbekli Tepe](#) in Turkey, a massive stone complex built around 12,000 years ago, thousands of years before the pyramids or written language.

Humanity's super-power was its ability to form social hierarchies to accomplish massive projects that a single human could never achieve.

Social Hierarchies

Since the dawn of agriculture, societies have formed hierarchical power structures rooted in inequality.

To analyze these social hierarchies, consider:

- What elites are at the top of this social pyramid?
- How do the elites at the top of this pyramid treat those below them?
- How is wealth distributed in this social pyramid?

The Same Story in Every Age

For thousands of years, societies were structured as a social pyramid, with a wealthy elite (<1%) at the top and most people (>99%) below doing crucial work.

Power was mainly held by three competing elite groups:

- 1. Political Rulers:** Kings and nobles ruled the land, expanded their wealth, and focused primarily on taxes and conscription of soldiers while otherwise disregarding the peace and wellbeing of ordinary citizens. Their authority was based on "might makes right". European kings wanted absolute power, so they invented the "divine right of kings". They said God personally chose them to rule. Any questioning the king was questioning

God. Justice and individual rights were absent; power struggles between monarchs laid waste to the land.

2. Religious Clergy: The clergy often accumulated wealth rivaling that of kings. They enforced religious law and collected church taxes. They supported the kings and nobility in return for receiving untaxed status and autonomy. The clergy's authority was based on "we speak for God who must be obeyed". Many religious wars resulted from religious rivalry. While religious law offered some justice, until the 19th century religions typically endorsed slavery and limited rights for women and children.

3. Financial Leaders: As trade expanded, wealthy traders and bankers gained influence by reinvesting profits and providing loans to kings in exchange for tax breaks, trading privileges, and protection. At times, the wealth of this financial elite rivaled that of kings. The financial elite's authority was based on "he who has the gold rules" and they secretly represented the financial power behind the political rulers. Without the financial support of these super-rich financial leaders, the political rulers lacked the money to conduct their endless wars. When the king won his wars and plundered his enemies, he was able to pay back the loans owed to these financial lenders. The financial elite's funding of the religious clergy secured immunity from religious laws and greatly increased their social standing.

In these three "upper classes", those individuals who had the greatest desire for power rose to the top of these social hierarchies. Their main goal was to gain and maintain power. The people and soldiers they led were viewed as expendable commodities to be exploited to gain more wealth and power.

Below these three **powerful** "upper classes" were **politically powerless** "lower classes" that did all the work:

4. Self-Paid Entrepreneurs: These were owners that managed their own small businesses and farming enterprises. These were the **innovators** of their age.

5. Paid Manual Workers: These were the farm laborers and construction workers.

6. Paid Service Workers: These were the non-manual workers (e.g., housekeeping, food preparation, and clerical jobs).

7. Slaves (Military and Economic): In ancient times, soldiers and slaves had to obey or die. Thus, both groups were essentially slaves, but soldiers were paid a small salary. In ancient Rome, about 20% of the population were soldiers and 20% were slaves. A Roman soldier was released from military service after 8 years. Slavery was lifelong for slaves and their children.

The three “upper classes” of this ancient social pyramid recognized that power, wealth, fame, and information were fundamental to sustaining their authority:

- **Power:** Political and religious elites maintained governance through the enforcement of laws and penalties, while financial leaders exercised influence by providing loans or gifts to those in positions of authority.
- **Wealth:** Political and religious authorities levied high taxes, whereas members of the financial elite amassed substantial fortunes through commerce and banking activities. Then, as today, these [super-rich individuals lived virtually tax free](#).
- **Fame:** Political leaders utilized propaganda to reinforce their image as strong and protective. Religious leaders asserted divine legitimacy for their power, and financial leaders highlighted their prosperity as evidence of being favored by God.
- **Information:** Leaders depended on intelligence networks, diplomatic channels, confessionals, and trade news to assess potential risks and opportunities.

These leaders demanded total loyalty and obedience. Any criticism of their rule was immediately seen as treason or heresy. These social hierarchies transferred the nation’s wealth to the ruling elites leaving little for the 99% of the population below them in the social pyramid.

When these ruling elites fought each other or external enemies, ordinary people paid the heaviest price. Together or in competition, these ruling elites could mobilize armies, declare holy wars, and demand absolute obedience. These rulers became physically addicted to power, wealth, and fame and their greed became insatiable. More was never enough. Eventually their violence, greed, stupidity, and corruption brought about the collapse of their rule. However, their endless wars killed millions.



Where Did Power Reside?

As the financial leaders accumulated more wealth, their control of the political system increased. The common people paid taxes and the super-rich paid politicians. Hence the super-rich financial leaders paid less tax, thus accumulated more wealth, which meant their political control intensified. The super-rich did not see beyond their own short-term gain. They would bankroll the political ruler's dreams of imperial expansion and war. The political rulers successfully duped the common people into believing that these wars were for lofty religious or national goals - rather than telling them the truth that these wars were just to increase the wealth of the political rulers and their super-rich enablers.



For 5 Minute Video [Click Here](#)

- [Crusades](#) (1095-1291) killed 1 to 9 million.
- [Mongol invasions and conquests](#) (1206-1368) killed [20 to 60 million](#)
- [Hundred Years' War](#) (1337-1453) killed 2.3 to 3.5 million and turned northern France into a wasteland of burned villages and starving refugees.
- [Spanish conquest of Mexico](#) (1519-1530) killed 10.5 million.
- [Thirty Years' War](#) (1618-1648) killed 4.5 to 8 million (1/3 of middle Europe)
- [Manchu Conquest of China](#) (1618 to 1683) killed 25 million.
- [French Revolutionary and Napoleonic Wars](#) (1792 to 1815) killed 4 to 7 million.
- [Taiping Rebellion](#) (1850-1864) killed 20 to 70 million.
- [American Civil War](#) (1861-1865) killed 0.6 to 1 million.
- [World War I](#) (1914-1918) killed 15 to 22 million.
- [Russian Civil War](#) (1917-1922) killed 7 to 10 million.
- [Chinese Civil War](#) (1927-1949) killed 4 to 9 million.
- [World War II](#) (1939-1945) killed 70 to 85 million.

- **Ask AI: How has the ratio of civilian vs military casualties changed over history?**

The Birth-Death-Rebirth Cycle of Authoritarian Rule

Why does humanity organize itself into **authoritarian social pyramids** with the **worst of us ruling the rest**? Why do we allow dictators to rule us since they are only interested in gaining more power, wealth, and fame for themselves?

Before the 18th century, governments were led by kings or religious authorities. In the late 18th century, some countries adopted democratic republics, though many later returned to authoritarian rule.

The 20th century saw numerous revolutions where citizens overthrew authoritarian rulers, such as in Russia, China, Cuba, and Cambodia. However, these movements did not lead to democracies but instead created new authoritarian regimes.

The era also witnessed the rise of hyper nationalistic and hyper militaristic dictatorships in Germany, Italy, and Japan.

Most of the 20th-century dictatorships lasted less than a lifetime, with a few extending into the 21st century.

Humanitarian Values Ensured Survival



Even in the worst times, most people never gave up being kind and compassionate.

During wars, famines, and epidemics, people found ways to survive and support each other. They held onto humanitarian values like kindness, fairness, mutual support, and respect. Families and

neighbors shared food and shelter, cared for the sick and elderly, and helped rebuild homes and villages.

These values strengthened family and community bonds. Local customs encouraged peaceful problem-solving and respect for the rights of others.

These practices did not remove the power of the ruling elites, but they created informal networks of care that made life more bearable and helped people to survive.

Humanitarian Values Spread

For centuries, ruling elites neglected the public if their taxes were paid. Calls for fairer laws were suppressed. Nevertheless, fairness and respect spread among working people. Twentieth-century democracy grew from these ideals and was won by ordinary people, not granted by rulers.

These humanitarian values helped fuel the English Civil War (1642-1651), the American Revolution (1765-1783), and French Revolution (1789-1799), the abolition of slavery (Britain 1833, USA 1865), the expansion of the vote, and twentieth century struggles for civil rights and social justice.

Every step forward in human rights came about as the result of a heroic struggle. Our democratic freedoms, women's rights, racial equality, free education, retirement and disability pensions, affordable healthcare, food safety regulations, and environmental protections all were won only through a heroic struggle.

Leaders that promoted humanitarian values and democratic freedoms slowly built on the efforts of the whole of humanity that came before them. However, these humanitarian values and democratic freedoms were fragile and often quickly destroyed by dictators.

Prior to the 18th Century, Life for Most Was Brutal and Short



[Why Vikings Never Got Sick — But Medieval Europe Lost Millions](#) is extremely informative. This video explains how Viking cultural hygiene habits protected them from the plagues that killed millions of other Europeans. This video shows how culture is more important than technology and how “less advanced” cultures may survive better than “more advanced” cultures.

[Medieval Edinburgh 1400: Life Was BRUTAL - The Dark Reality](#) is an excellent video describing life in medieval Edinburgh in 1400. This video clearly defines medieval societal problems (and how these same problems persist today). TINY ERROR: The AI generated pictures of Edinburgh mistakenly show the 5-story buildings of 19th century Edinburgh as those of Edinburgh in 1400.

Little Improved Until the Scientific Revolution

The English, American, and French Revolutions re-introduced democracy to the world (after it was extinguished by the fall of the Athenian Greek democracy which lasted from 508 to 322 BCE). However, the re-introduction of democracy in Europe and America did little to improve human welfare. People living in the 18th century still lived in predominantly agricultural societies. They ate 100% organic food, but their life expectancy was only 35 years. Half of all children born then did not survive to adulthood. Most adults were illiterate and many were highly superstitious.



Sir Isaac Newton (1643 to 1727)

All this started to change when:

- In the 17th century the **scientific revolution** began in Europe. This resulted in significant advancements in mathematics, physics, and astronomy.
- In the 18th century these scientific advancements brought about the **industrial revolution** in Britain around 1760.
- In the early 19th century, the industrial revolution spread to North America and rest of Europe. At the same time, the average lifespan gradually started to increase because of advances in **public health** (e.g., sanitation, vaccination) and **medicine** (e.g., better obstetrical and surgical methods).
- In the 20th century, there was a dramatic increase in average lifespan due to the discovery of **antibiotics** and the spread of **government supported medical care**. During this century, the widespread spread of **education** and **literacy** also dramatically improved human welfare.

Our problem is that nations are now returning to authoritarian rule, dismantling their humanitarian institutions, and becoming hostile towards science. The current Trump administration is an example of this backsliding into our more ignorant and brutal past.



DictatorWarning.com: Chapter 3

AUTHORITARIAN LEADERSHIP

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Phases in a Dictator's Development

It Starts Slowly

Authoritarian leadership does not suddenly develop overnight – it evolves slowly over 7 phases. Each phase is superimposed on the behavior of the previous phase.

Authoritarian leadership may last only for one dictator (like Hitler) or may last for generations (as in North Korea). Each authoritarian developmental phase is more dangerous than the preceding phase.

There are **two very different paths** leaders can take as they gain influence and power:

- The **Authoritarian Path** which produces a dictator
- The **Humanitarian Path** which produces healthy leadership

Leadership always changes over time, but not in the same direction. Dictators and humanitarians often begin their journeys facing similar problems: injustice, fear, economic hardship, or national crisis. What separates them is **how power changes them**.

The 7 phases in the development **process** of leadership are:

1. **Gaining Attention:** The leader gains attention to attract followers.
 2. **Gaining Authority:** The leader gains authority within her/his movement.
 3. **Overcoming Opposition:** The leader overcomes opposition to her/his leadership.
 4. **Gaining Power:** The leader gains power for her/his movement.
 5. **Maintaining Power:** The leader maintains her/his power.
 6. **Reality Contact:** The leader's reasoning and problem-solving.
 7. **Outcome:** The leader's overall effect on followers' peace and wellbeing.
- **The Authoritarian Path:** Over time, dictators grow *more arrogant, suspicious, criminal, crueller, and more delusional*. With each additional phase of their development, they become more dangerous. Finally, their judgment becomes so impaired that their mistakes lead to catastrophe and causes the ***collapse of their followers' peace and wellbeing***. The dictator leaves behind a legacy of suffering, destruction, and chaos.
 - **The Humanitarian Path:** Over time, great humanitarian leaders follow the opposite path. They show *more humility, alliance building, justice, compassion, and wisdom*. Their wise decisions ***greatly improve their followers' peace and wellbeing***.

Each chapter will expand on these 7 phases. While this may seem **repetitive**, this repetition helps reinforce retention. The 7th phase, the **effect on peace and wellbeing**, is very important.

Political power and wars flounder once people's peace and wellbeing collapses. That's why **propaganda** and **public opinion** have become deciding factors in politics and war. Even though the USA can cause massive casualties on its enemy, once the enemy can survive long enough to demoralize the American public, the USA retreats (e.g., the wars in Vietnam, Iraq, and Afghanistan).

It is amazing how this simple 7 phase developmental model ties in so well with recent psychological and biological research findings. Also, you can use this book's description of humanitarian behavior to improve your own behavior, **success**, **prosperity** – and even your **lifespan**. These topics will be covered in the following chapters. So, let's continue.

It's All About Power

Dictatorship is all about dominance – gaining and keeping power at any cost. The dictator thinks only about his own personal gain and how to force others into submission. The dictator is addicted to power; more is never enough.

At the beginning of his political career, the aspiring dictator is a populist leader – promising whatever the public wants to hear. However, as his power grows it quickly becomes apparent that all these promises are a facade. All the aspiring dictator wants is more power and will do anything to gain power.

As the dictator's power grows, his true and deeply flawed character is revealed.

Eventually it becomes obvious that **the dictator has all the worst personality traits that anyone can have**. Thus, **in a dictatorship, the worst rule the rest**.

Millions die when a dictator deceives his nation and leads them to their slaughter. This is exactly what Hitler, Mussolini, Stalin, Mao Zedong, and Pol Pot did in the 20th century.

Dictators violate religion's two most important commands: **"Love One Another"** and **"Do Not Kill"**.

If humanity is to survive, it is essential that dictators be stopped in the earliest phases of their development. Thus, it is essential to understand the following **7 phases in the development of a dictator**.

Phase 1 – Histrionic Self-Promotion



Histrionic Self-Promotion: Is focused on self-promotion and constantly seeking attention instead of problem-solving.

Aspiring dictators work hard to get noticed and attract followers. They always want attention and drama, and they hate being ignored. They perform drama and outrage for self-promotion instead of focusing on problem-solving. At this stage, aspiring dictators have not chosen what to become. They are very sensitive to attention and emotional rewards. They chase the spotlight at rallies, on TV, and on social media. They are not yet a ruler; they act more like a performer. A society that

rewards drama, outrage, and shocking behavior teaches the future dictator that exaggeration and emotional manipulation are the best way to grow.

Aspiring dictators learn that emotionally charged spectacles draw more crowds than polite townhall debates. They learn that crowds lack the patience to listen to complex government policies. Crowds prefer simple solutions to complex problems.

Aspiring dictators promote “making their nation great again” by draining the political swamp of corrupt elites.

So political campaigns become entertainment where the crowds cheer for their team’s victory and the aspiring dictator becomes a showman and propagandist.

This is because people look for simple narratives, clear enemies, easy answers. For the aspiring dictator, public attention is the only thing that matters.

Aspiring dictators know that whoever controls the public’s attention will attract the attention of rich backers who will finance the aspiring dictator’s career. The greater the aspiring dictator’s celebrity status, the more funding s/he receives; hence the more attention-seeking and arrogant the aspiring dictator becomes.

Phase 2 – Narcissistic Arrogance



Narcissistic Arrogance: Gains authority by seeking dominance instead of equality.

Aspiring dictators become the main leader inside their group or movement. They quickly learn to tell only what the public wants to hear – not what they need to hear. They act like they are superior, special, and obviously the one who deserves to be in charge. Now the aspiring dictator starts to think, “I’m not just famous; I’m meant to rule.” Their personality moves toward narcissism: big ego, feeling entitled, and seeing themselves as the “chosen one.” Cultures that reward ego more than honesty or skill reinforce this desire to become a strongman leader.

Phase 3 – Paranoid Distrust



Paranoid Distrust: Tries to silence or suppress all opposition.

Aspiring dictators get rid of people who challenge their power. They become extremely suspicious and see enemies everywhere. At this point, aspiring dictators goal is to eliminate their rivals (other leaders, parties, or groups) who could challenge them.

The political environment sends the message that only the most suspicious and ruthless survive. The aspiring dictator's personality shifts toward paranoia: constantly looking for threats, building a tight inner circle, and purging rivals. Every criticism or betrayal is like a warning signal that makes the aspiring dictator grow more paranoid. Trust shrinks, and suspicion becomes the main rule.

Phase 4 – Antisocial Injustice



Antisocial Injustice: Is dishonest and violates the rights of others.

Once dictators gain power, they drop their mask and show their true criminal and callous personality. Dictators find that lying, stealing, cheating and breaking laws are not punished - but often rewarded. The dictator's movement spreads like cancer into courts, police, the army, government offices, and big businesses.

Phase 5 – Sadistic Cruelty



Sadistic Cruelty: Maintains power by intimidation or violence.

Dictators use their power to force their policies on everyone. They become cruel, use fear and violence to stay in control, and punish people harshly to scare others. The dictator's main goal is to maintain power. Violence, humiliation, and cruelty become normal tools of government. Institutions become weaponized - secret police, torture centers, unfair courts, and harsh laws. As more officials learn that cruelty is rewarded, the whole system starts to act in a cruel way.

Phase 6 – Delusional Grandiosity



Delusional Grandiosity/Paranoia: Insists on unquestioning obedience to her/his delusional ideas.

Dictators eventually become stupid and lose touch with reality. They think they are all-powerful, refuse to listen to advice, and make terrible impulsive decisions because they believe they can never be wrong. Thus, dictators fail to accurately anticipate the consequences of their actions.

Dictators only surround themselves with advisors that tell them the lies that the dictator wants to hear instead of what the dictator needs to hear. The result is that the dictator lacks viable fallback plans if her/his initial plan fails.

Dictators may also develop delusional paranoia.

In a healthy society, there are checks and balances that prevent abuse of power. In a dictatorship, those safeguards disappear.

Advisors are fired or jailed, data is faked, critics are silenced. Cut off from honest information, dictators drift into fantasy: they think they know everything, are always right, and cannot be defeated.

Dictators live in their own false information bubble thus make disastrous decisions based on illusion, not reality.

Dictators flood their nation with constant propaganda to ensure that citizens live in the same false information bubble. Therefore, both the dictator and his citizens become totally detached from political reality.

Phase 7 – Disaster



Disaster: Causes a disastrous decrease in peace and wellbeing.

In the end, everything collapses. Dictators refuse to admit mistakes, refuse to step back, and the country falls into war, economic ruin, or total breakdown. Dictators surround themselves with only “yes” men who wouldn’t dare oppose the dictator. [Citizens stop caring or wanting to take part in essential national tasks](#). The result is collapse - state failure, civil war, revolution, or invasion from outside.

Their self-destructive downfall is proof of these true axioms:

- **“Power corrupts and absolute power corrupts absolutely”** (Lord Acton)
- **Knowledge is power; ignorance can be deadly.**
 - Dictators self-destruct because of their lack of wisdom and inability to anticipate the consequences of their actions (e.g., Trump’s 2026 War in Iran)
- **We are punished not for our sins but by them.**
 - Dictators are ultimately brought down by self-inflicted disasters.
 - When countries start wars, it often results in financial ruin for them (e.g. Russia’s pointless wars led to USSR's collapse in 1991. Yet Russia is once again in a senseless war and teetering on collapse.)

Even after the dictator is gone, the system is full of scars. Fixing it means not only changing leaders but rebuilding healthier leaders and institutions and stronger rules so that future aspiring dictators cannot go along the same destructive path.

Terrifying Insight

Most dictators do not start out looking like full tyrants.

People with dictator-type personalities grow and change in response to their environment. Society helps decide who they become by rewarding some behaviors and punishing others.

The terrifying conclusion is this: **we create dictators in our own image**. How we act—and what we accept or ignore—helps shape what kind of leaders we end up with.

History has shown that there is no savior that will come and magically free us from these dictators.

We created these monsters, so **we are the ones who must remove them**.

How Dictatorial Behavior Mimics Psychiatric Disorders (For Scholars):

Dictators exhibit dangerous personality traits that become more apparent as their power grows. Initially, their dangerous personality traits remain hidden. As their power grows, they drop their mask and one-by-one their personality flaws become obvious. Typically, these emerge in the order of:

1. **Gaining Attention:** Histrionic behavior
2. **Gaining Authority:** Narcissistic behavior
3. **Overcoming Opposition:** Paranoid behavior
4. **Gaining Power:** Antisocial (criminal) behavior

- 5. **Maintaining Power:** Sadistic behavior
- 6. **Reality Contact:** Delusional behavior.

In this sequence, each new developmental phase superimposes its pathological personality traits on top of the previous phase’s traits. Many dictators hide their histrionic behavior until later stages in their development as a dictator.

These pathological personality traits are the dictator’s “superpowers” which allow them to gain and maintain dictatorial power – at the expense of increasing the suffering of others.

Eventually, these dictatorial “superpowers” prove to be so destructive to others’ peace and wellbeing that the whole dictatorial regime collapses.

Personality Traits Exposed in a Dictator’s Development	
DEVELOPMENTAL PHASE	DICTATOR BEHAVIOR
<p>1. Gaining Attention:</p> <p>Is the leader focused on problem-solving or self-promotion?</p>	<p>SELF-PROMOTION</p> <p>✗ Drama-Seeking Showman: (Criticizes current leaders) <i>(Histrionic Behavior)</i></p> <p>Seeks constant attention and self-promotion instead of problem-solving. Promotes fear, anger, hatred, and prejudice. Stirs conflict or drama, exaggerates threats.</p>
<p>2. Gaining Authority:</p> <p>How does the leader gain authority?</p>	<p>ARROGANCE</p> <p>✗ Selfish Narcissist: (States he should be the new leader) <i>(Narcissistic Behavior)</i></p> <p>Promotes dominance instead of equality.</p> <p>Claims to be vastly superior; hence believes he should be the leader. Seeks praise for his superiority, exploits people, ignores others' feelings, acts rude or arrogant.</p>
<p>3. Overcoming Opposition:</p> <p>How does the leader overcome opposition?</p>	<p>DISTRUST</p> <p>✗ Suspicious Grudge-Holder: (Attacks Rivals) <i>(Paranoid Behavior)</i></p> <p>Tries to silence or suppress all opposition.</p> <p>Seeks to eliminate all rivals, distrusts everyone, sees plots everywhere, holds grudges, demands loyalty, treats</p>

	<p>disagreement as disloyalty, attacks critics. Labels opponents as enemies. Scapegoats minorities.</p>
<p>4. Gaining Power: How does the leader gain power?</p>	<p>INJUSTICE ✗ Criminal Leader: (Criminally gains power) <i>(Antisocial/Dissocial Behavior)</i> Dishonest and violates the rights and freedoms of others. Breaks the law; lies, cheats, exploits others, feels no remorse, recklessly risks safety, and impulsively acts without planning. Has an insatiable need for more fame, power, and wealth. Restricts freedom and concentrates his authority and one-man rule.</p>
<p>5. Maintaining Power: How does the leader maintain power?</p>	<p>CRUELTY ✗ Cruel Leader: (Cruelly uses power) <i>(Sadistic Behavior)</i> Maintains power by intimidation or violence. Forces obedience through intimidation and violence. Is callous and enjoys causing suffering. Starts wars of choice.</p>
<p>6. Reality Contact: Does the leader show good contact with reality?</p>	<p>DELUSION ✗ Delusional Leader: (Out of contact with reality) <i>(Delusional Behavior)</i> Insists on unquestioning obedience to his/her delusional ideas. Displays delusional grandiosity and/or paranoia; believes he is infallible, invincible, and all-powerful. Seeks self-glorification. Ignores criticism, advice, or feedback. Never admits when he is wrong, instead blames others. Eventually makes catastrophic mistakes.</p>

7. Outcome:

What is the leader's effect on people's peace and wellbeing?

DISASTER

✗ Disastrous Failure:

Causes a disastrous decrease in peace and wellbeing.

Leaves a legacy of suffering, destruction, and chaos.

DictatorWarning.com: Chapter 4

HUMANITARIAN LEADERSHIP

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HUMANITARTIAN LEADERSHIP

Treating others the way you want them to treat you.

This consists of 7 phases that are the mirror opposite of the 7 phases of dictatorial leadership.

Phase 1 – Problem-Solving



Problem-Solving: Is focused on problem-solving and not self-promotion or constantly seeking attention.

Confronts the real problems facing her/his nation, such as poverty, persecution of minorities, climate crisis, and democratic backsliding toward dictatorship.

Phase 2 – Equality



Equality: Gains authority by promoting equality instead of dominance.

Seeks to reduce unfair inequality and expand equal opportunity for everyone.

Phase 3 – Cooperation



Cooperation: Builds trust to promote cooperation and solidarity.

Builds trust, cooperation, and a culture in which everyone feels a sense of belonging and acceptance. Establishing trust is essential for building cooperation. If people's promises are unreliable, cooperation becomes unwise.

Phase 4 – Justice



Justice: Is honest and respects the rights of others.

Does not lie, cheat, manipulate, or exploit others.

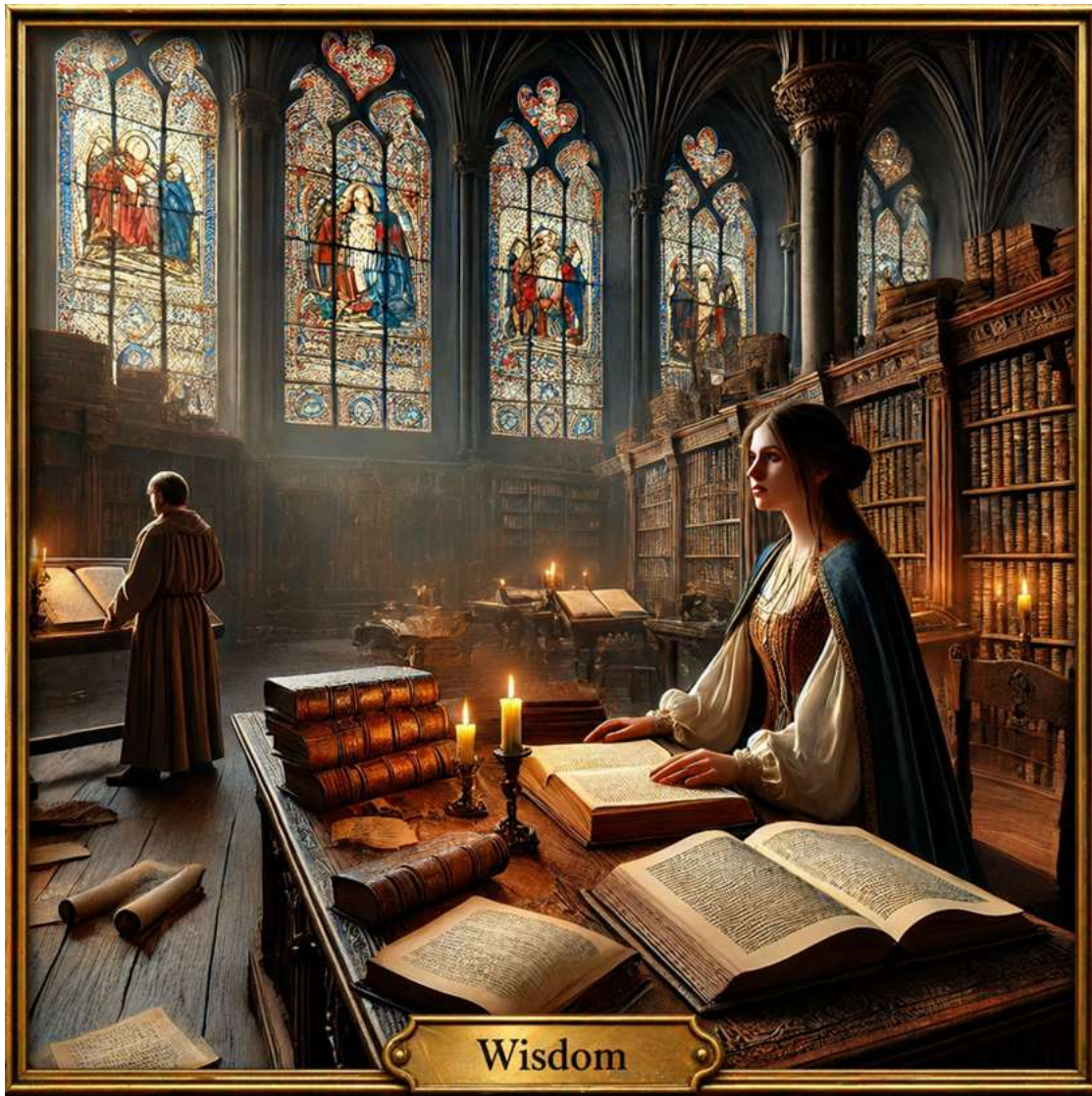
Phase 5 – Compassion



Compassion: Shows sympathy for the suffering or misfortune of others and tries to relieve it.

Shows kindness, empathy, and compassion by working to ease suffering.

Phase 6 – Wisdom



Wisdom

Wisdom: Shows good reasoning and problem-solving. Has a realistic self-awareness.

Solves problems by making evidence-based decisions. Seeks feedback and welcomes alternative ideas. Doesn't try to change the things s/he can't control.

Phase 7 – Success



Success: Increases people's peace and wellbeing.

Increases people's **peace** and **wellbeing** (health, happiness, prosperity).

Here are key humanitarian principles for living:

1. **PROBLEM-SOLVING:** Focus on problem-solving not self-promotion.
2. **EQUALITY:** Treat all people fairly and give everyone equal opportunity.

3. **COOPERATION:** Build trust to promote cooperation and solidarity.
4. **JUSTICE:** Be honest and respect the rights of others.
5. **COMPASSION:** Show concern for others' suffering and try to relieve it.
6. **WISDOM:**
 - **BE WISE:** Hope for the best but prepare for the worst. Always have a backup plan in case your first plan fails.
 - **MAKE EVIDENCE-BASED DECISIONS:** Seek feedback on plans and welcome alternative ideas. Learn from education and experience and correct your mistakes.
 - **BE REALISTIC:** Be aware of your strengths and weaknesses. Don't try to change what you can't control, such as *how others treat you*. Instead, focus on what you can control, such as *how you treat others*.
 - **TEACH:** Educate others so that they become more skilled and capable of inheriting your leadership through a planned transition.
7. **SUCCESS:** Promote your own and other people's peace and wellbeing (health, happiness, prosperity).
8. **MODERATION:** Avoid extremes and live with balance between excess and deprivation. Know your limits and stay within them.
9. **CONSCIENTIOUSNESS:** Be organized, careful, persistent, trustworthy, and responsible.

Note: Items in **red** represent the some of the **cardinal virtues** of ancient Greek philosophy. These ancient philosophers believed that good behavior was **constructive** and created **beauty**; whereas evil behavior was **destructive** and created **ugliness**. You can use this ancient yardstick to measure your own behavior and that of modern leaders.

- **Ask AI: What are the common features of great humanitarian leaders?**
- **Ask AI: Are the world's major powers becoming more authoritarian?**



Do you want to be **constructive** and create **beauty**, or be **destructive** and create **ugliness**?

DictatorWarning.com: Chapter 5

JESUS CHRIST vs PRESIDENT TRUMP

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[Trump criticised after posting AI image of himself as Pope](#)

[Trump's spiritual advisor sparks backlash for comparing him to Jesus](#)



US Secretary of Defense, Pete Hegseth, prayed for “overwhelming violence”

On March 25th 2026, during a [Christian worship service](#) held at the Pentagon, Hegseth prayed “Let every round find its mark against the enemies of righteousness and our great nation. Give them wisdom in every decision, endurance for the trial ahead, unbreakable unity, and **overwhelming violence of action against those who deserve no mercy.**” Question: Is Hegseth an example of the Antichrist? (Read on)



Usually when textbooks compare humanitarian leaders to authoritarian leaders, they compare a great humanitarian like Mahatma Gandhi to a dictator like Hitler. However, to better illustrate the difference between humanitarian vs authoritarian leadership, let's compare the example of Jesus Christ to that of President Trump.



Every religion warns against letting evil people gain power. Similarly, Christianity warns about the **Antichrist**. The New Testament does **not** tell Christians to hunt for a **single villain**. It warns them to watch for **patterns**. The Antichrist is not primarily a person to identify, but a **way of ruling, way of thinking, and way of treating others** that is the opposite of Christ.

So, what behaviors would identify a modern Antichrist? Do President Trump and Secretary of Defense Pete Hegseth show **humanitarian Christ-like leadership** or **authoritarian Antichrist-like**

leadership? Is Pope Leo XIV a current example of humanitarian Christ-like leadership? You can use our **Leadership Assessment Scale** to help you decide.

Leadership Assessment Scale			
INSTRUCTIONS: Circle ✓ ● or ✗ for each phase to describe the person’s leadership behavior. (● = Mixed or Neither)			
Phase of Development	Humanitarian Leadership		Authoritarian Leadership
1. Gaining Attention: Is the leader focused on problem-solving or self-promotion?	✓ PROBLEM-SOLVING: Is focused on problem-solving and not self-promotion or constantly seeking attention.	●	✗ SELF-PROMOTION: Is focused on self-promotion and constantly seeking attention instead of problem-solving.
2. Gaining Authority: How does the leader gain authority?	✓ EQUALITY: Gains authority by promoting equality instead of dominance.	●	✗ ARROGANCE: Gains authority by seeking dominance instead of equality.
3. Overcoming Opposition: How does the leader overcome opposition?	✓ COOPERATION: Builds trust to promote cooperation and solidarity.	●	✗ DISTRUST: Tries to silence or suppress all opposition.
4. Gaining Power: How does the leader gain power?	✓ JUSTICE: Is honest and respects the rights of others.	●	✗ INJUSTICE: Is dishonest and violates the rights of others.
5. Maintaining Power:	✓ COMPASSION:	●	✗ CRUELTY: Maintains power by intimidation or violence.

How does the leader maintain power?	Shows sympathy for the suffering or misfortune of others and tries to relieve it.		
6. Reality Contact: Does the leader show good contact with reality?	✓ WISDOM: Shows good reasoning and problem-solving. Has a realistic self-awareness.	●	✗ DELUSION: Insists on unquestioning obedience to her/his delusional ideas.
7. Outcome: What is the leader's effect on people's peace and wellbeing?	✓ SUCCESS: Increases people's peace and wellbeing (health, happiness, prosperity) .	●	✗ DISASTER: Causes a disastrous decrease in peace and wellbeing.

Scoring Key — What the Score Means

How to Score: ✓ = 0 points (healthy) ● = 1 point (warning) ✗ = 2 points (toxic). Add points from all 7 phases. Maximum score = 14.

Total Score	Risk Level	Meaning
0–2	Low Risk	Strong humanitarian leadership
3–5	Early Warning	Some concerning traits
6–8	High Risk	Clear authoritarian tendencies
9–11	Severe Risk	Resembles dictators
12–14	Extreme Danger	Severe authoritarian leadership

Critical Safety Rule: Even ONE ✗ in Phases 4, 5, 6, or 7 signals serious danger.

References:

- [‘Counter to the message of Jesus’: progressive Christians stake a claim to their religion amid Trump-pope feud | Christianity | The Guardian](#)
“Christian nationalism is fascism and authoritarianism decorated with Christian symbolism. It is a racist, xenophobic, authoritarian, fascistic ideology that gets sold as Christianity.”
- [Americans now more likely to say Trump is not too, not at all religious | Pew Research Center](#)
Most Americans don’t see him as religious at all.
- [The majority of Christians support LGBTQ+ rights and abortion access](#)
- [Seven Themes of Catholic Social Teaching | USCCB](#)
Where in Christian doctrine does it say that (1) People can be dragged into concentration camps without due process of law, (2) Prisoners can be sent to foreign prisons for punishment, torture, or extermination, (3) Innocent, desperately poor, helpless children should be jailed separated from their jailed parents? This is not Christianity - it’s fascism.



April 15th 2026 President Trump [posted this picture of himself](#) as Jesus Christ.

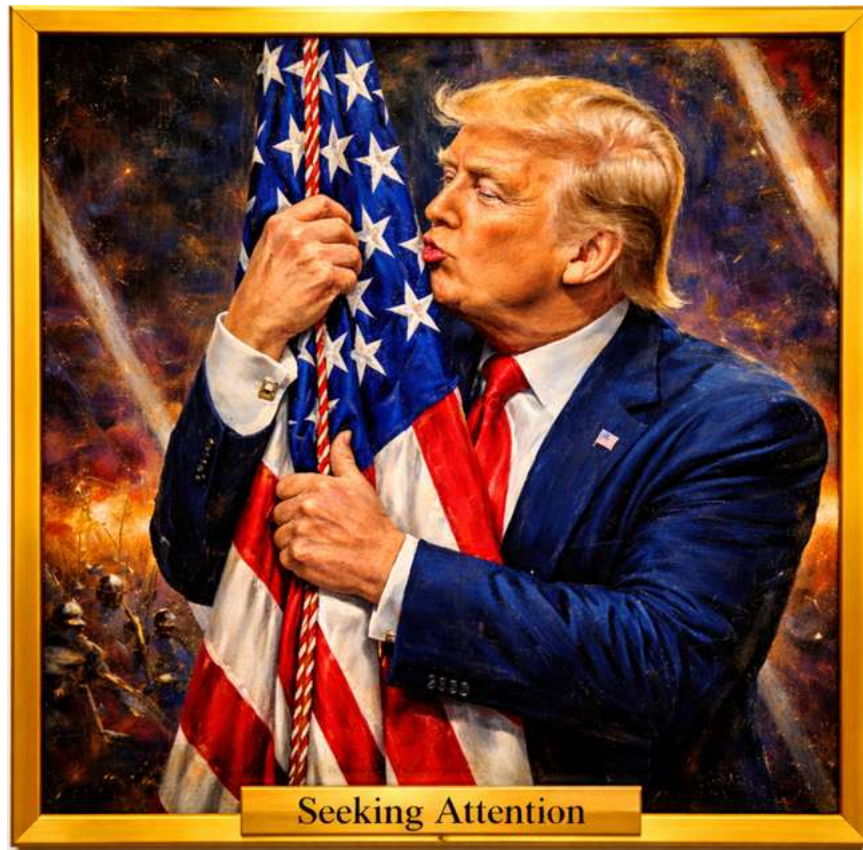
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PRESIDENT TRUMP'S LEADERSHIP

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Phase 1 – Self-Promotion



Histrionic Behavior (Seeks constant attention, uses dramatic emotion, and communicates vaguely)

SEEKING ATTENTION (Histrionic Behavior):

- Seeks to be the center of attention
- Expresses emotions in dramatic or theatrical ways
- Is easily influenced by strong personalities
- Speech is excessively vague and lacking in detail.
- Overestimates closeness in relationships

Trump seeks attention by [attacking opponents and stirring fear and prejudice](#), hoping fame will draw followers and funding. He thinks [repeating a lie makes it believable](#) and that it's simpler to

exploit fear and hatred than kindness and compassion. His need for applause ignores facts, exaggerates crises, or provokes conflict so he can stay in the public’s attention.

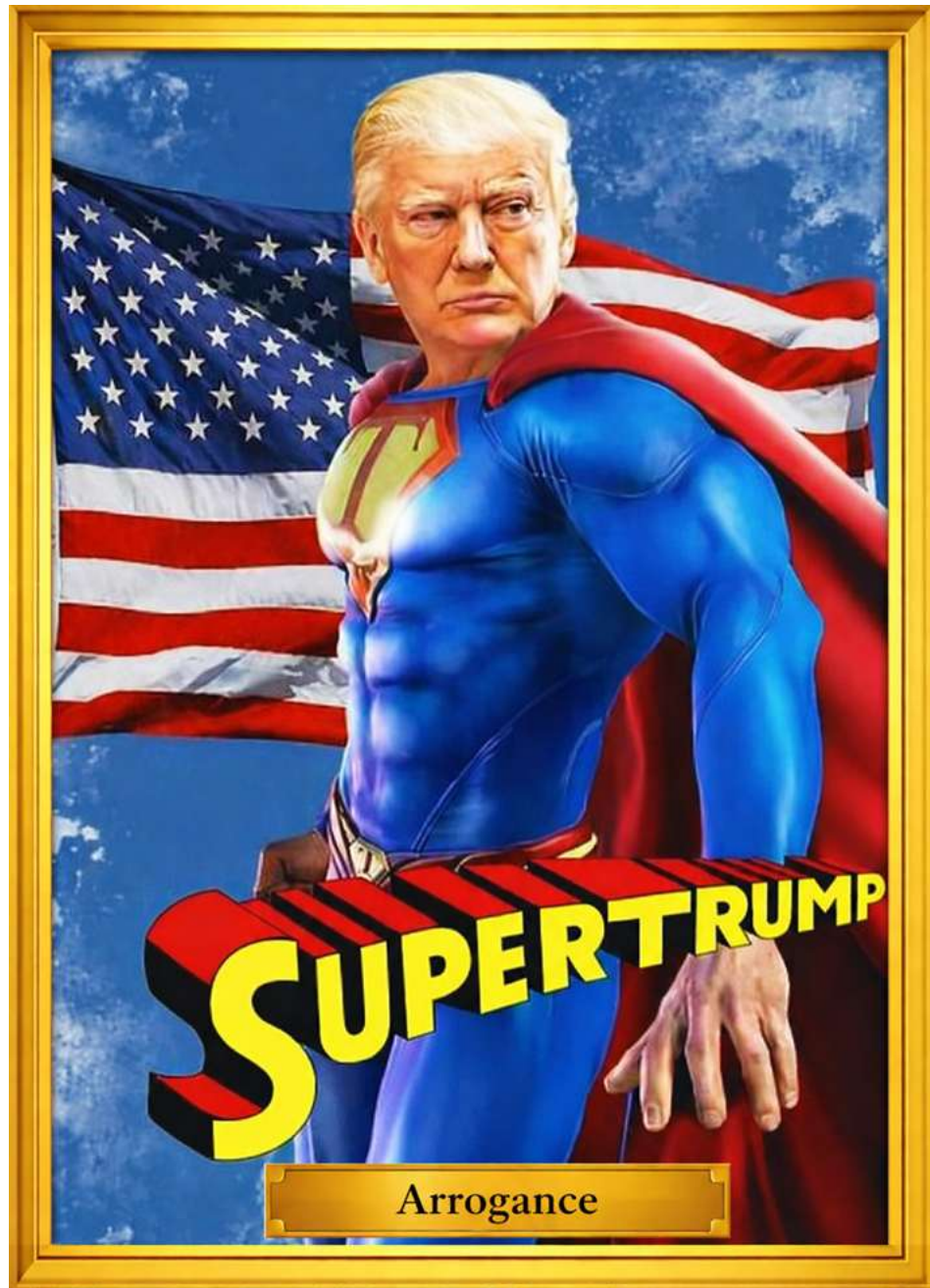
Trump is a **prime example of a populist leader**. He tells people whatever they want to hear instead of the truth. He will say whatever it takes to keep him in the spotlight and increase his **popularity**.

Key characteristics Trump shares with populist leaders (For Scholars):

Characteristic	Description	Trump Examples
Populist “People vs. Elite” Message	Portrays society as a struggle between ordinary citizens and corrupt elites.	Frames politics as a struggle between " the people " (his supporters) vs. " elites " (media, politicians, "deep state"). Claims to champion working-class Americans against wealthy elites, despite being a billionaire.
Polarizing Speech	Uses emotional language that sharply divides people into opposing camps.	Frequently labeled major news organizations as “ fake news ” and called the press “the enemy of the people .” Often characterized some protesters and activists as “ thugs ,” “ radical left lunatics ,” or threats to the nation. Repeatedly described some immigrants as “ animals ,” “ monsters ,” or exceptionally dangerous criminals.
Lack of Humanitarian Beliefs	Speeches totally lack humanitarian promotion of morality, equality, justice, cooperation, compassion, reconciliation, or wisdom.	Trump’s speeches are filled with constant lying, fearmongering, resentment, anger, revenge seeking, prejudice, intimidation, bullying, and racism.
Nationalist/protectionist policies	Emphasizes national identity, sovereignty, and national interests.	“America First” policies, emphasis on border security, trade protection, and national sovereignty.
Anti-Immigration Rhetoric	Views immigration as a major threat to social order or national identity.	Support for border walls, ICE deportation policies, and stricter immigration controls.

Anti-Globalism	Skepticism toward international institutions and agreements.	Criticism of some trade agreements, international organizations, and multinational arrangements (e.g., NATO).
Direct Communication with Followers	Bypasses traditional institutions and speaks directly to supporters.	Extensive use of rallies and social media to communicate without relying on traditional media gatekeepers.
Mass-Movement Politics	Builds personal loyalty among large numbers of followers.	Large rallies, strong personal branding, and a highly loyal political base.

Phase 2 – Arrogance



Narcissistic Behavior (Displays inflated self-importance, demands admiration, and shows limited empathy)

ARROGANCE (Narcissistic Behavior):

- Displays a grandiose sense of self-importance
- Requires excessive admiration
- Arrogant or looks down on others
- Exploits others to advance personal goals
- Shows limited empathy for others’ suffering

Trump presents himself as the nation’s savior, using “us versus them” rhetoric and promoting his own [superiority](#).

He boasts that only he can replace the current “corrupt” government, consistently promoting his image of strength and decisiveness.

He listens only to **flatterers** who **assure him he is infallible, invincible, and all-powerful**. The more praise he receives, the more arrogant and closed-minded he becomes.

Trump has repeatedly claimed that he is a genius and was “top of his graduating class” at Wharton’s University. [The truth is he lied](#) as [documented in this video](#).

Trump’s Lying About Being “First in His Class” At University	
FACT	DETAIL
1968 Dean's List	The Daily Pennsylvanian published a list of 56 students on Wharton's Dean's List in 1968 (top 15% of the class) — Trump's name is not among them.
GPA	Trump's confirmed GPA was 2.94 , which was "notably average".
Graduation honors	He did not graduate with honors (which required a GPA of 3.40 or higher).
Commencement program	Trump's name appears nowhere on the 1968 Commencement Program listing award recipients or honors graduates (cum laude, magna cum laude, summa cum laude).
Trump's claim	Trump has repeatedly claimed to have graduated "first in his class," which has been definitively proven false.

Multiple sources, including university records and Trump's own classmates, confirm he was not a top student at Wharton. Trump’s narcissism demands that he is always seen as being dominant and superior.

Trump’s authoritarian populist leadership (For Scholars):

Like all populist leaders, Trump portrays himself as the voice of ordinary people against corrupt elites. However, Trump’s extreme narcissism and need to be viewed as a superman is reflected in his strong authoritarian tendencies (e.g., favoring strong leadership, demanding loyalty, and suppressing perceived threats or opponents).

Authoritarian Characteristic	Description	Trump Authoritarian Examples
Strong Leader Image	Presents himself as a strongman or superman uniquely capable of solving national problems.	Trump promotes himself as the only true voice of "the real America" or "the people" and as the strongman leader who will save the USA.
Authoritarian Submission	Insists on submission to his leadership and to his control of the courts, police, and military.	Trump is creating a gestapo-like secret police (ICE) that now has a budget greater than that of the entire Marine Corps. He demands total loyalty from ICE, his Republican party, and his administration.
Authoritarian Aggression	Suppresses or eliminates all those that oppose him or his policies.	Trump is obsessed with taking revenge against perceived political enemies, especially Barack Obama, Joe Biden, Hillary Clinton, and Democrats broadly.
Conventionalism	Appeals to conservative voters on issues involving religion, family values, and cultural traditions.	Trump presents himself as a defender of far-right Christian values, but his personal conduct contradicts the moral and ethical standards of Christianity (e.g., the Epstein files , the sadistic cruelty of ICE).

Phase 3 – Distrust



Paranoid Behavior (Distrusts others without evidence and treats criticism as a personal attack)

DISTRUST (Paranoid Behavior):

- Suspects exploitation or harm without clear evidence
- Unjustified doubts about others' loyalty
- Easily offended by neutral comments
- Interprets criticism as a personal attack
- Holds grudges and is unforgiving

Trump consolidates control over his political movement using intimidation and threats of physical harm.

He promotes conspiracy theories and recasts himself as the people's champion who will [take revenge](#) against the "[vermin](#)" he suspects as being "[enemies of the people](#)" and "[enemies within](#)".

Trump attempts to bring criminal cases against those prosecutors and judges that have opposed him.

Trump purposely increases his followers' suspicion and hostility as a "divide and conquer" strategy. He uses fear to keep people distracted, divided, and easier to control.

Trump's Revenge Against His Opposition (For Scholars):

Trump's anger and desire for revenge against his opponents are extreme and deadly.

In 2026, Trump ordered the assassination of the top leaders of Iran. (And what was the cause of Epstein's death in prison?)

In the USA, Trump's retaliation has taken multiple forms:

- **Indictments and prosecutions** (Letitia James, James Comey)
- **Demands for prosecution/imprisonment** (Fani Willis, Alvin Bragg, Jack Smith, Adam Schiff, Liz Cheney)
- **DOJ investigations** (Joe Biden, Tim Walz, Jacob Frey, Eric Swalwell, George Soros)
- **Security clearance revocations** (John Brennan, Chris Krebs, Mark Milley)
- **Security detail removal** (Kamala Harris, Joe Biden, Mark Milley)
- **Public calls for "treason" charges** (Mark Milley, Barack Obama, John Brennan)
- **Impeachment-style campaigns** (Judge James Boasberg, Fani Willis)
- **Threats of military action** (Adam Schiff)

Trump has vowed and acted on "**retribution**" against at least [470 targets according to Reuters](#) investigation in his second term.

DOJ Prosecutors and Judges

PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
Fani Willis	Fulton County DA who prosecuted Trump for attempts to overturn Georgia's 2020 election results.	Trump called her corrupt, demanded she be impeached and prosecuted , and later DOJ investigated her over a Bahamas trip (alleging misuse of government funds).
Alvin Bragg	Manhattan DA who prosecuted and convicted Trump in 2024 on 34 felony counts of falsifying business records (hush-money case).	Trump repeatedly said "the prosecutor should be prosecuted," called Bragg should be held responsible for the crime of interfering in an election .
Jack Smith	Special counsel who brought federal charges against Trump for classified documents and January 6 election obstruction.	Trump called Smith "mentally unstable," "deranged," and a "criminal," demanded he be expelled from the country , and Trump's DOJ sought to indict him for "treasonous" overreach.
Letitia James	NY AG who sued Trump civilly for fraud over inflated asset valuations, resulting in \$454M judgment against him.	Trump said she "should be prosecuted," and DOJ indicted her on bank fraud and false statements related to a home loan (charges later dismissed).
Judge Arthur Engoron	NY judge who ruled against Trump in civil fraud case, ordering \$454M penalty and restricting Trump's bank loans.	Trump said Engoron and James "should be arrested and face appropriate punishment" and should be "arrested and punished accordingly."
Judge James E. Boasberg	Federal judge who blocked multiple Trump administration actions in his second term, including	Trump's DOJ asked prosecutors for "egregious examples" of judges impeding his agenda so Congress could take action

	immigration and regulatory policies.	against them; Trump allies pursued impeachment-style action against Boasberg.
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Former Intelligence and Military Officials		
PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
<u>James Comey</u>	Former FBI Director who opened the Russia investigation into Trump's campaign in 2016 and testified about Trump's attempts to obstruct it.	Trump called him " corrupt, " DOJ indicted Comey on false-statement and obstruction charges over Senate testimony, and later on charges that a seashell image constituted a threat (charges dismissed).
<u>John Brennan</u>	Former CIA Director who signed the January 2017 intelligence assessment that Russia interfered to help Trump and publicly criticized Trump as unfit.	Trump called him a " loudmouth, partisan, political hack, " accused him of " treason, " revoked his security clearance, and DOJ pursued charges (later dropped, then re-launched by loyalists).
<u>James Clapper</u>	Former DNI who signed the Russia assessment and refused Trump's request to publicly debunk the "dossier" about Trump's ties to Russia.	Trump " tweeted cryptically " about Clapper, accused him of " treason, " and Trump loyalists alleged he was part of an anti-Trump "deep state" cabil.
<u>Peter Strzok</u>	Former FBI official who was lead investigator on Russia probe and wrote text messages critical of Trump.	Trump called him a " bad, sick person " and part of a " Grand Conspiracy " against Trump; DOJ issued subpoenas targeting him as part of broader "weaponization" investigation.
<u>Lisa Page</u>	Former FBI lawyer who was Strzok's supervisor on Russia	Trump targeted her as part of the same

	investigation and sent critical text messages about Trump.	"weaponization" probe into 2016 Russia investigations.
Chris Krebs	Former DHS cybersecurity director who publicly debunked Trump's 2020 election fraud claims as false, calling the election "most secure in American history."	Trump called Krebs a "very bad guy" and fired him for his role in debunking the 2020 election fraud claims; Trump pushed for his prosecution.
Mark Milley	Former Joint Chiefs Chairman who called Chinese leadership after January 6 to reassure them the U.S. wouldn't attack (legally authorized) and publicly called Trump a "fascist" and "wannabe dictator."	Trump called Milley's actions "treasonous," said the penalty would have been "DEATH" in earlier times, and Trump's Defense Secretary suspended Milley's security clearance, withdrew his security detail, and ordered a review of his actions.
Andrew Weissmann	Former FBI official and Mueller team lawyer who investigated Trump's campaign for Russia ties.	Trump said Weissmann "is a bad guy" and called for him to be investigated alongside Jack Smith.
Lisa Monaco	Former Deputy AG who led DOJ during Biden and oversaw counterintelligence investigations, including against Trump.	Trump said Monaco "should be looked at very strongly" as part of the anti-Jack Smith probe.

Political Rivals		
PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
Joe Biden	Former president.	Trump ordered an investigation into Biden over executive actions, claiming he was "too mentally impaired" to do his job; Trump vowed to appoint a

		special prosecutor to investigate him.
Kamala Harris	Former vice president.	Trump removed her Secret Service protection and treated her as an enemy; he has repeatedly called for her prosecution and impeachment as part of his "retribution" campaign.
Barack Obama	Former president.	Trump claimed Obama "wiretapped" him , accused Obama of "treason" and a "treasonous conspiracy" to subvert Trump's 2016 victory; Trump demande d Obama's arrest and prosecution.
Adam Schiff	House Intelligence Committee chairman who led Trump's first impeachment inquiry (2019) over Ukraine and was a vocal critic.	Trump called Schiff an "enemy from within," suggested he should face "military action" and be prosecuted.
Liz Cheney	Republican vice-chair of House Select Committee that probed January 6, 2021 assault on the Capitol.	Trump said Cheney "should be prosecuted for her actions against our country" and "should be imprisoned alongside the rest of the Unselect Committee."
Tim Walz	Governor of Minnesota and 2026 Democratic presidential candidate who criticized Trump's policies.	Trump ordered an investigation into Walz over alleged mortgage fraud and other issues (critics called it political opposition research).
Jacob Frey	Mayor of Minneapolis who testified before Congress about Trump's policies and criticized Trump.	Trump launched an investigation into Frey over alleged mortgage fraud.
Eric Swalwell	U.S. Representative who criticized Trump and was subject to FBI investigation	Trump targeted Swalwell for alleged mortgage fraud and other claims; Trump's DOJ pursued investigations.

	(2018) for potential contact with Chinese spies.	
LaMonica McIver	Mayor of Camden, NJ and political opponent who criticized Trump.	Trump's DOJ prosecuted McIver.

Donors, Media, and Celebrities		
PERSON	WHAT THEY ACTUALLY DID THAT ANGERED TRUMP	HOW TRUMP RETALIATED IN ANGER
George Soros	Major Democratic donor who funded progressive groups and bail reform; Trump frequently attacked him as a "globalist."	Trump's plan to crack down on liberal groups targeted Soros and Open Society Foundations , alleging they promoted violence ; DOJ was directed to bring charges ranging from arson to material support for terrorism.
Reid Hoffman	LinkedIn co-founder and Democratic donor who funded progressive causes and criticized Trump.	Trump's anti-liberal crackdown targeted Hoffman and liberal nonprofits, alleging they promoted violence and were "domestic terror networks."
Beyoncé	Singer who publicly criticized Trump or supported Democratic candidates.	Trump suggested investigating Beyoncé for her political views.
Oprah Winfrey	Media mogul who publicly criticized Trump or supported Democratic candidates.	Trump suggested investigating Oprah as part of his "retribution" campaign against critics.
Bruce Springsteen	Singer who publicly criticized Trump or supported Democratic candidates.	Trump suggested investigating Springsteen over his political views.
Taylor Swift	Pop star who endorsed Kamala Harris in 2024.	Trump attacked her for her endorsement.
Mark Zuckerberg	Facebook founder whose platform moderated content	Trump harbors strong dislike for Zuckerberg; Trump filed complaints and threatened

	after January 6 and criticized Trump.	punitive measures against Facebook.
<u>Journalists/News Media</u>	Media outlets that criticized Trump and refused to reveal sources.	Trump threatened major media networks with punitive measures (except Fox News), and suggested journalists should face imprisonment if they refuse to reveal sources.

Phase 4 – Injustice



Antisocial Behavior (Disregards laws and rights, acts dishonestly, and behaves impulsively)

INJUSTICE (Antisocial Behavior):

- Disregards laws or the rights of others
- Deceitful in dealings
- Shows little remorse after harming others
- Demonstrates consistent irresponsibility
- Acts impulsively without considering consequences

Once Trump [gained power in government](#), he removed those deemed disloyal from the civil service and military.

He viewed any questioning of his decisions as betrayal. He filled key positions with loyalists and suppressed dissent. The result is that Trump's administration became a "**dumbocracy**" – a dysfunctional administration run by **sycophants** and **cowards**.

Trump no longer bent the rules, he [demolished the rule of law](#). He repeatedly found or created a "[threat to national security](#)" to seize more power and run the government with total lack of accountability.

Trump is spending billions of dollars [creating concentration camps](#) ("immigration detention centers") for the mass deportation of undocumented immigrants. Prisoners in these concentration centers are prevented from having contact with immigration courts or lawyers. Those running these concentration camps openly behave as if **the rule of law doesn't apply** to these prisoners.

Trump has also received a "[get out of jail free card](#)" from the Acting Attorney General that would give Trump legal immunity for all his past tax evasion crimes.

Trump, his family, and his henchmen are [making themselves rich](#) and powerful by [stealing from the rest of the people](#). Trump's hunger for fame, riches, and power is insatiable - more is never enough. He has [normalized greed and corruption in government](#).

In his second term (since January 2025), **Donald Trump and his businesses have accumulated at least \$3.4–\$4 billion** in wealth, according to multiple investigations ([ask Perplexity](#)):

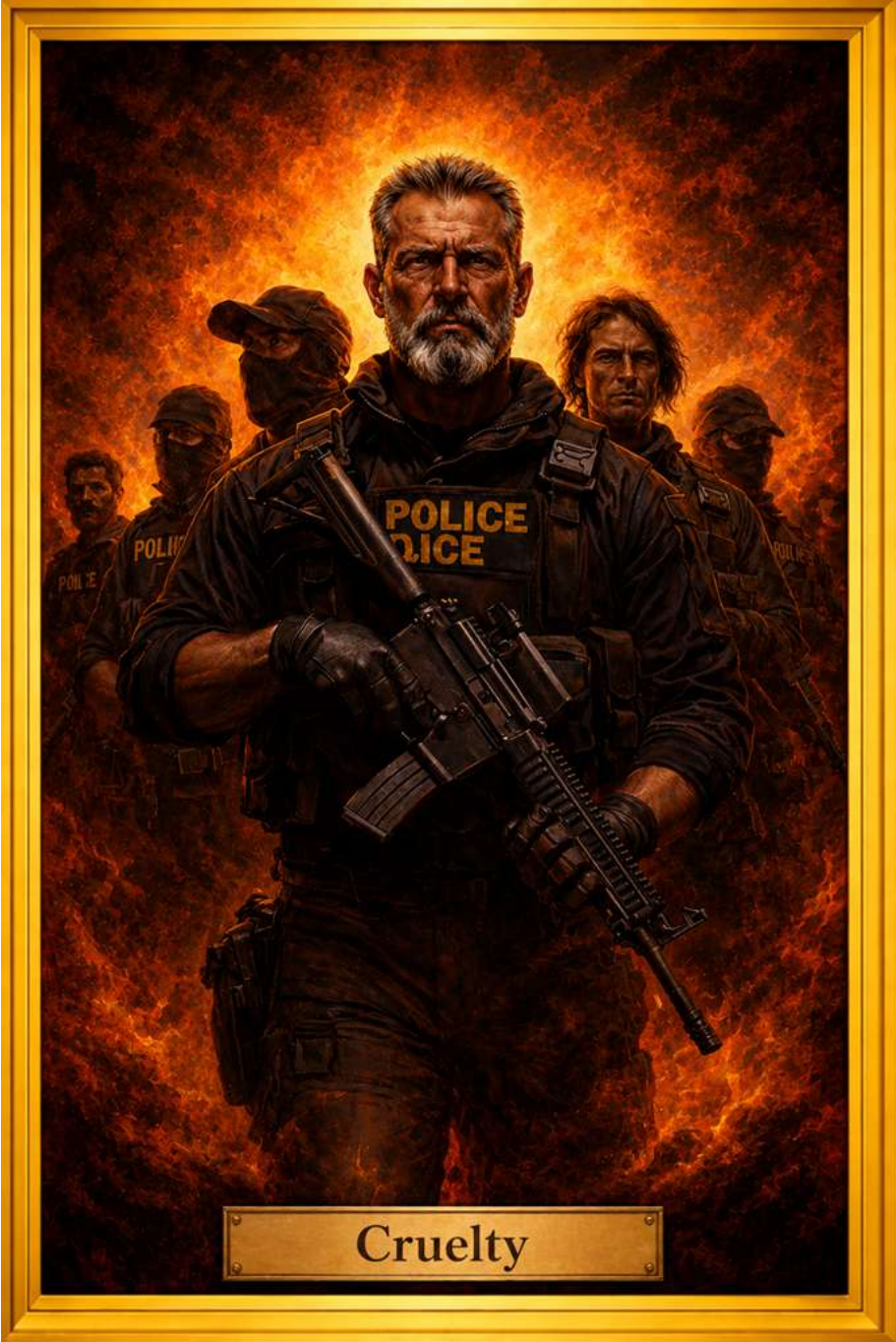
Key financial gains during Trump's second presidency:

Source of Wealth	Amount	Details
Total documented gains	At least \$3.4 billion	New Yorker report from August 2025; later estimates reach \$4 billion in revenue and paper wealth
Crypto ventures	~\$1.8–\$2.1 billion	World Liberty Financial token sales generated ~\$1.4 billion; meme coin launched before inauguration generated ~\$320 million
Net worth increase	~\$3–\$4.2 billion	Forbes reported Trump's net worth rose \$3 billion in one year (from \$4.3B to \$7.3B in 2025); Wall Street Journal estimates \$4.2 billion increase since 2024
Legal settlements	Part of \$1.4B	Trump pocketed over \$1.4 billion from settlements, gifts, and crypto deals alone
Real estate licensing	+\$400 million	Revenues jumped 580% to \$45M in 2024; new deals in Saudi Arabia, Vietnam, Romania, India, Qatar, UAE
Golf & clubs	+\$325 million	Profits jumped 30% in 2024
Net worth as of 2026	\$6.5–\$7.3 billion	Forbes estimates \$6.5B (Feb 2026); earlier estimate was \$7.3B after 1-year presidency boost

Bottom line:

Analysts characterize this as **the most lucrative presidency in American history** and **unprecedented graft**, with Trump turning the presidency into his own private fund-raising venture. His assets remain in a revocable trust managed by his children rather than a blind trust.

Phase 5 – Cruelty



Sadistic Behavior (Uses fear, cruelty, humiliation, or harshness to control others)

CRUELTY (Sadistic Behavior):

- Intimidates, humiliates, or bullies others
- Uses cruelty or harshness to maintain dominance
- Applies excessively harsh discipline
- Appears amused by others' suffering
- Lies to harm or inflict pain.

To enforce obedience, Trump has increased attacks against all those who oppose him. He demonizes a minority group (illegal immigrants) and is establishing a police state using ICE to jail or [deport them](#). The evilness and cruelty of his rule is steadily escalating. Trump uses cruelty to look strong and to intimidate others to obey and fear him. He justifies the suffering he causes as necessary. Trump delegates power to sadists who [derive pleasure from inflicting suffering](#) by unleashing a [reign of terror](#) or war.



Trump posting himself as a character from the film "[Apocalypse Now](#)" (this is SADISTIC)

Minnesota Gov. Tim Walz [in May 2025](#) stated: *“Donald Trump’s modern-day Gestapo is scooping folks up off the streets. They’re in unmarked vans, wearing masks, being shipped off to foreign torture dungeons, no chance to mount a defense, not even a chance to kiss a loved one goodbye, just grabbed up by masked agents, shoved into those vans, and disappeared.”*

*The budget and manpower of the US Department of Homeland Security is now **larger** than the budget and manpower of the US Marine Corps.*

War In Iran

Trump believes progress is achieved through conflict, not cooperation. Although Trump ran for election promising “no wars”, he has since attacked Venezuela and Iran. Like previous US presidents, [Trump now is being defeated](#) by an inferior military opponent he wholly misjudged. Thus, the war in Iran will prove to be yet another US military disaster like the wars in Vietnam and Afghanistan or the military debacle in Iraq.

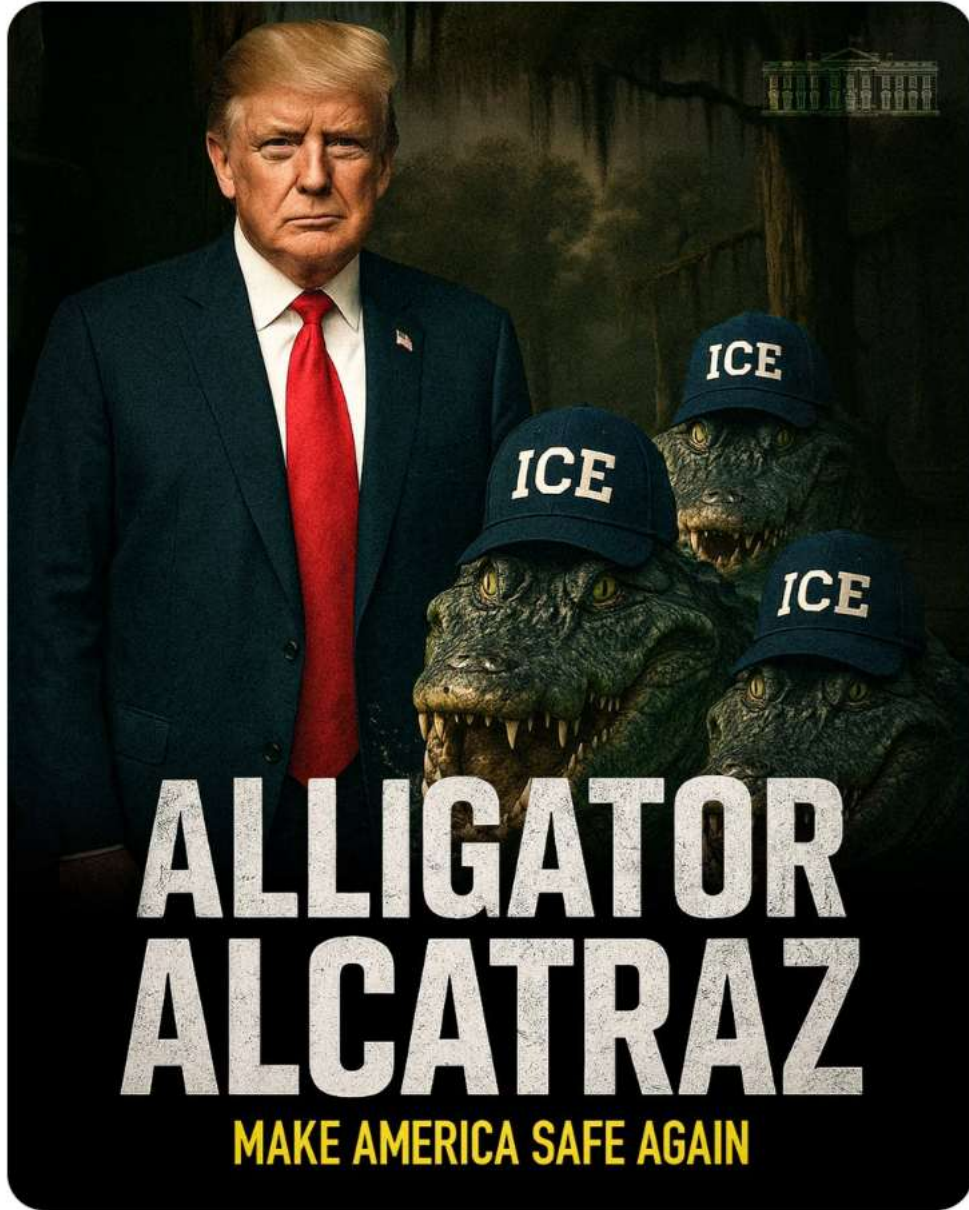
Trump’s illegal and reckless war in Iran will prove to be another example of a **superpower suicide** – like Russia’s war in Afghanistan which bankrupted the USSR and brought about its collapse in 1991.



The White House

@WhiteHouse

ALLIGATOR ALCATRAZ: MAKE AMERICA SAFE AGAIN! 🇺🇸



Phase 6 – Delusion



Delusional Grandiosity (Overestimates personal power, rejects correction, and blames others)

DELUSION (Delusional Grandiosity):

- Grossly overestimates personal power or influence
- Pursues grandiose self-glorification
- Rejects expert advice and constructive feedback
- Refuses to change position when proven wrong
- Blames others for own serious mistakes

Key Pattern

Convinced of his own infallibility, invincibility and power, Trump demands absolute obedience, ignores advice, and fosters an extreme personality cult.

He governs with [“a view that there’s nothing he can’t do. Nothing, zero, nothing.”](#)

Trump does everything he can to increase his reputation as the superman-savior of his nation.

Since [no one is allowed to question his decisions](#), Trump makes serious mistakes (e.g., starting the unnecessary war in Iran).

Trump consistently **rejects evidence** when it contradicts his beliefs. Even **overwhelming evidence** doesn't change his delusional views because they're [integral to his political identity](#).

As noted earlier, Trump shows pronounced histrionic, narcissistic, paranoid, sociopathic, and sadistic traits. In addition, he now appears to be developing [delusional grandiosity](#), also known as megalomania.

There are also strong signs that Trump may be developing [frontotemporal dementia](#). Unlike Alzheimer’s disease, which usually begins with major memory loss, frontotemporal dementia often first appears as severe impairment in judgment and impulse control. As a result, the individual may quickly become more impulsive, aggressive, paranoid, and confused.

It is alarming that Trump is **severely mentally ill** and could impulsively trigger a nuclear World War III due to his:

- **Severe personality disorders** (i.e., histrionic, narcissistic, paranoid, antisocial [sociopathic], and sadistic personality disorders)
- **Severe delusional grandiosity**
- **Rapidly worsening frontotemporal dementia**

Trumps Major Delusions (False Beliefs Firmly Held Against All Evidence) (For Scholars):

2020 Election Was “Rigged” and He Actually Won	
FINDING	DETAILS
63+ court cases dismissed or lost	Trump's legal team filed over 60 lawsuits challenging the 2020 election results; nearly all were dismissed for lack of evidence, and judges (including many appointed by Trump) rejected the claims.
Then-Attorney General William Barr	In December 2020, Barr stated: "To date, we have not seen fraud on a scale that could have effected a different outcome in the election".
Multiple audits/recounts	Hand recounts in Georgia, audits in Arizona (Cyber Ninjas), and partisan reviews in Maricopa County confirmed Biden's victory and found no widespread fraud.
Judge David Carter ruling	A federal judge found Trump signed legal documents containing voter fraud claims he knew were false, including inaccurate numbers about dead/felon voters in Georgia.
Special Counsel Jack Smith's case	Prosecutors detailed evidence that Trump was repeatedly told by advisers, Pence, and staff that there was no evidence of fraud, yet continued spreading false claims.
Cyber Ninjas audit	The Arizona audit that Trump supported concluded without substantiating his claims and actually found Biden received 360 more votes than initially counted.

Every major investigation, audit, and court case examining the 2020 election has found **no evidence of widespread fraud or rigging** that could have changed the outcome. Trump's claims have been repeatedly **debunked** by election officials (including Republicans), courts, and his own administration's Justice Department.

Jailed Supporters Who Stormed the Capitol in 2021 Were Innocent	
FINDING	DETAILS
Rallied the crowd	Trump spoke at a rally near the White House, telling supporters to “fight like hell” to stop Congress from certifying Biden’s victory.
Spread false claims	He claimed the election was "stolen" and was "rigged" despite no evidence of widespread fraud.

Pressured Pence	Trump repeatedly demanded Vice President Mike Pence reject the electoral votes, despite Pence having no constitutional authority to do so.
Mob stormed Capital	Supporters invaded the Capitol, injuring 140+ police officers, killing 4 participants + 5 officers, and forcing Congress to evacuate.

Over 1,200 people were charged for their actions on Jan. 6, 2021. Trump pardoned them all.

Climate Change Is a Hoax or Not Human-Caused	
WHAT HE BELIEVED	EVIDENCE AGAINST IT
Global warming is a "hoax" (attributed to Chinese)	97%+ of climate scientists agree Earth is warming and humans are causing it; NASA, NOAA, and every major scientific academy confirm this; record temperatures, melting glaciers, rising sea levels
Climate change is not a problem for federal government	\$2.65 trillion in climate-related damages in 2017-2023 alone; 10 of 11 hottest years on record occurred since 2010

He Graduated "First in His Class" at University	
WHAT HE BELIEVED	EVIDENCE AGAINST IT
Graduated "first in his class" from Wharton	Records show he was not in top 15%; GPA was 2.94 (notably average); Dean's List (top 15%) did not include his name; did not graduate with honors (required 3.40+ GPA); classmates dispute this claim

He Will Face No Consequences for His Actions	
WHAT HE BELIEVED	EVIDENCE AGAINST IT
Immunity from prosecution for official acts	Supreme Court ruled he has some immunity but not absolute immunity; 4 felony convictions in New York hush-money case; federal cases pending; civil fraud judgment of \$454 million
Past presidents cannot be prosecuted	Nixon, Clinton, and others faced legal consequences; Justice Department opinions both ways but no constitutional bar exists
Pardon himself for federal crimes	Never been tested; constitutional scholars say it's legally questionable

The Mueller Report Exonerated Him

WHAT HE BELIEVED	EVIDENCE AGAINST IT
"Despite the politically motivated witch hunt, I am totally innocent"	Mueller Report did NOT exonerate Trump; it identified 10 instances of potential obstruction of justice; it did not clear Trump of collusion; Mueller said he was not exonerated

He Has Never Lied

WHAT HE BELIEVED	EVIDENCE AGAINST IT
Implicitly believes his statements are true	Wikipedia tracks over 30,000 false or misleading claims ; fact-checkers document thousands of lies per year; his own aides have admitted to lying
Implicitly believes he's more honest than others	Pew Research found Trump has lowest trust among presidents; fact-check scores show highest false rate ; bipartisan surveys rank him least honest

The Deep State Is Out to Get Him

WHAT HE BELIEVED	EVIDENCE AGAINST IT
"Deep state" conspiring against him	No evidence of coordinated conspiracy; career professionals doing their jobs; FBI, CIA, and DOJ investigations were legally authorized and followed protocols

He Alone Can Save America

WHAT HE BELIEVED	EVIDENCE AGAINST IT
Only he can fix the country's problems	2020 and 2024 elections show he's not universally supported ; 53% of Americans disapprove of his performance; record-low approval ratings

China Stole the 2020 Election

WHAT HE BELIEVED	EVIDENCE AGAINST IT
China interfered to help Biden	ODNI report (2025) stated Russia likely did NOT influence U.S. election results; no evidence of China involvement; intelligence community found no credible evidence of foreign interference affecting outcome

Phase 7 – Disaster



DISASTER

Final Outcomes:

- **Socially**, most people feel unhappy or disconnected from their community.
- **Healthwise**, things are poor for most people.
- **Economically**, things are poor for most people.
- **Legally**, most people have limited freedom or justice.
- **Most people** live in an unstable, unsafe environment.

Trump's senseless foreign wars and erratic tariff policies may trigger a global financial crisis.

The interest payments on the US national debt are now larger than the total US defense budget. This massive national debt will cause uncontrolled inflation and impoverishment of most Americans.

Foreign central banks now are reluctant to loan US money by buying US Treasury Bonds. China is actively dumping its massive amount of US Treasury Bonds.

Trump's persistent attention-seeking, arrogance, distrust, lawlessness, cruelty, and delusional grandiosity finally will bring about his defeat.



One final catastrophic misjudgment will turn into a major fiasco that will bring about his defeat.

However, this disaster may pave the way for a new aspiring dictator, "Trump #2", to rise and potentially repeat the authoritarian cycle (phases 1 to 7).



Burning Iranian Oil Depot (US Bombardment April 2026)



Donald J. Trump  

@realDonaldTrump · 1h

TRUTH.

Iran can't get their act together. They don't know how to sign a nonnuclear deal. They better get smart soon! President DJT

NO MORE MR. NICE GUY! 



Picture posted by President Trump on Truth Social April 29th 2026

President Trump the King of Bankruptcy

BUSINESSES of DONALD TRUMP THAT WENT BANKRUPT

- Donald J. Trump Foundation
- Golden Nugget Atlantic City
- GoTrump.com
- Hard Rock Hotel & Casino Atlantic City
- New Jersey Generals
- Paradox Hotel Vancouver
- Plaza Hotel
- TD Trump Deutschland
- The Trump Network
- Trump Entertainment Resorts
- Trump Ice
- Trump Institute
- Trump magazines
- Trump Mortgage
- Trump Ocean Resort Baja Mexico
- Trump Plaza Hotel and Casino
- Trump Productions
- Trump Shuttle
- Trump Steaks
- Trump University
- Trump Vodka
- Trump World's Fair
- Trump: The Game
- Trumped!



The Best of Friends



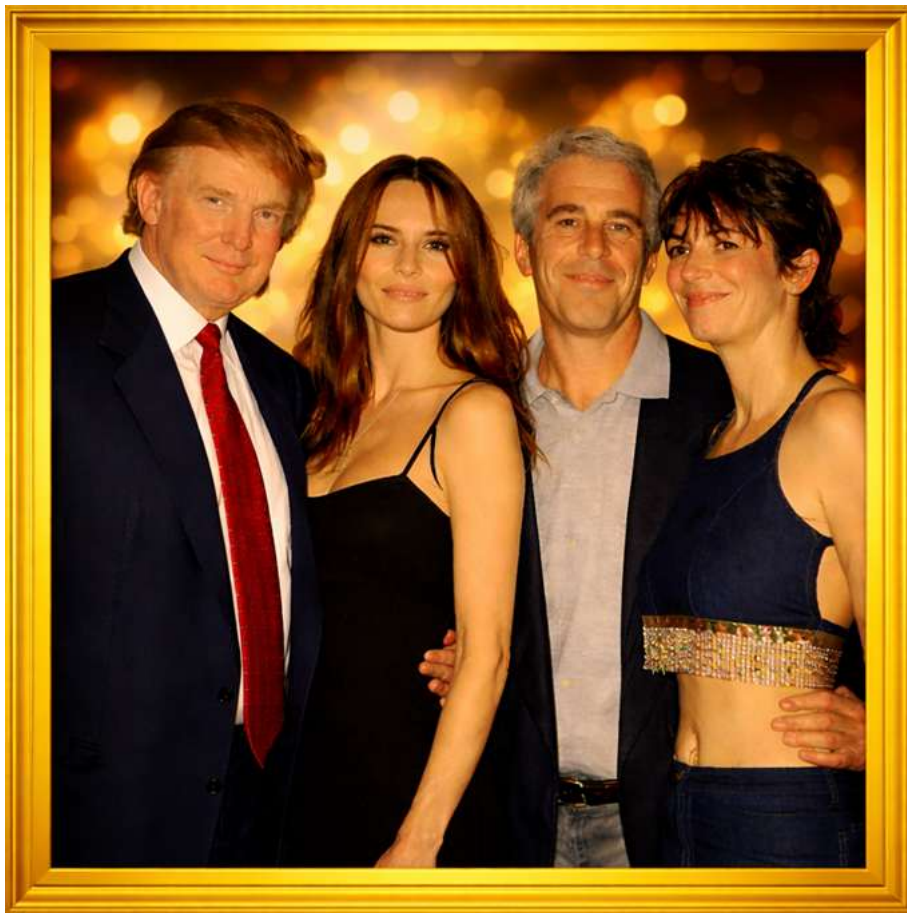
Elon Musk
@elonmusk



Time to drop the really big bomb:

[@realDonaldTrump](#) is in the Epstein files. That is the real reason they have not been made public.

Have a nice day, DJT!



El Salvador Extermination Prison



Thousands of Prisoners Forced to Sit for Hours in CECOT Prison in El Salvador

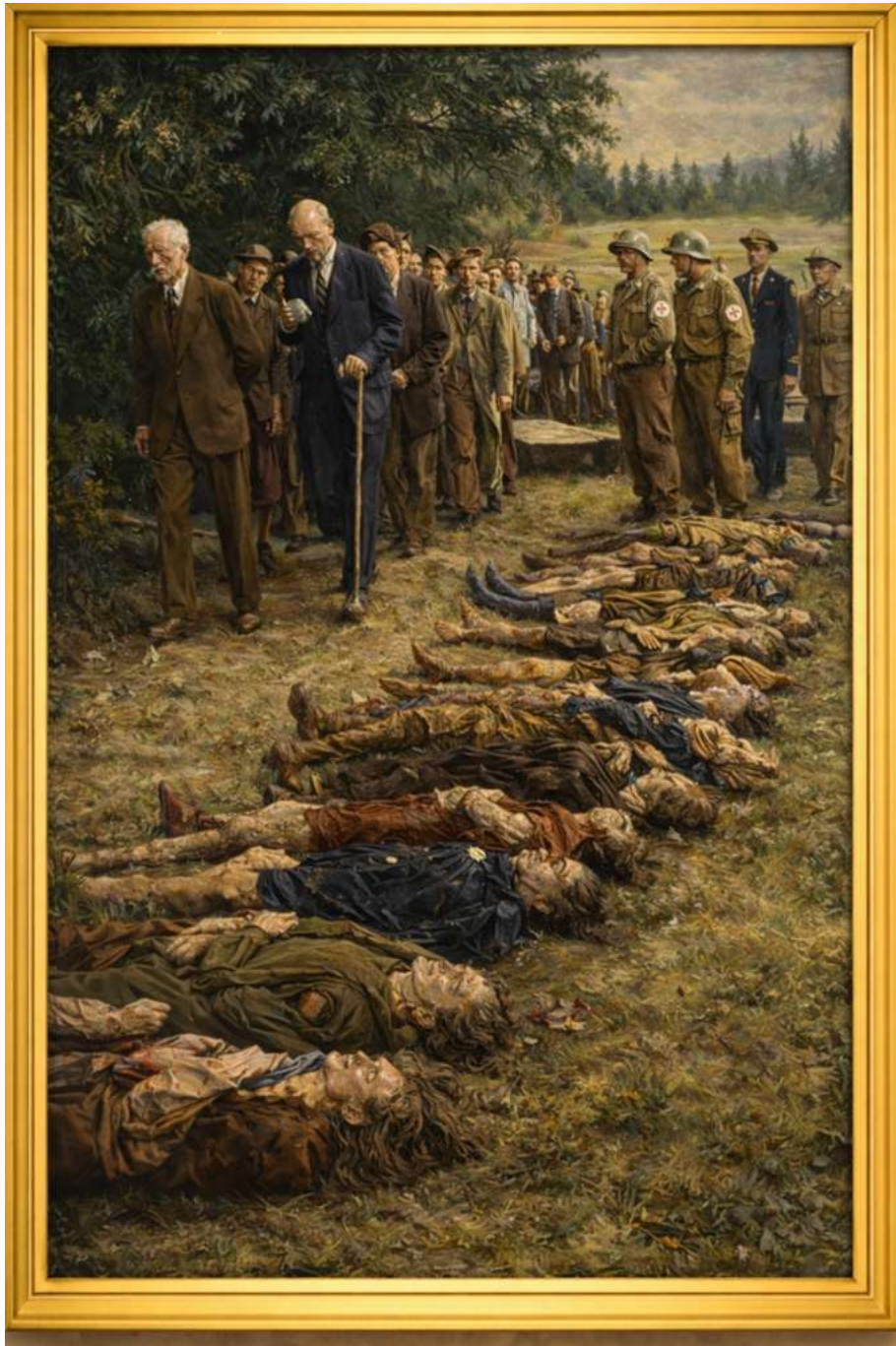
[Inside the Salvadoran mega-prison where US deportees live](#)

[CECOT Prison – Inside El Salvador’s Mega Jail | World’s Toughest Prison - YouTube](#)

CECOT Prison in El Salvador is an **extermination facility**. It is just a matter of time before most of its inmates die due to disease. The government knows this. This **extermination-by-disease** is their “final solution” to the problem of how to kill these prisoners. No firing squads, no gas chambers, no hangings - just waiting for a lethal epidemic to break out in this overcrowded, filthy prison.

CECOT Prison is one of many foreign prisons to where the US ICE (Immigration and Customs Enforcement) agency secretly deports its prisoners.

Remember what *Minnesota Gov. Tim Walz* [in May 2025](#) stated: “Donald Trump’s modern-day Gestapo is scooping folks up off the streets. They’re in unmarked vans, wearing masks, being shipped off to foreign torture dungeons, no chance to mount a defense, not even a chance to kiss a loved one goodbye, just grabbed up by masked agents, shoved into those vans, and disappeared.”



German civilians forced by US army to view corpses at Auschwitz prison

At the end of World War II, the US army liberated the extermination prison at Auschwitz. The German civilians living near Auschwitz said they didn't know what was happening inside this extermination prison.

Since all the German civilians claimed complete ignorance of the slaughter at Auschwitz, the US army made them line up and march past the corpses.

You are now like those World War II Germans who remained silent when the Nazis constructed hundreds of concentration camps and a dozen large extermination prisons.

In the USA today, ICE is constructing numerous concentration camps for internal imprisonment of Trump's enemies. Today, Trump's enemies are defenseless illegal immigrants. Tomorrow it will be for all those that oppose Trump.

Trump already is sending his defenseless illegal immigrants to the El Salvador CECOT extermination prison.



If you don't protest now, you will be exactly like those Germans in World War II that knew that there were concentration camps and extermination prisons – but did nothing.

Now that you have read this chapter, I'd like to quote my hero William Wilberforce:

"You may choose to look the other way, but you can never say again that you did not know."

Open Your Eyes

It is not normal in the USA:

- For people to be dragged into concentration camps and some sent to foreign torture or extermination camps.
- For peaceful American citizens to be publicly murdered by Gestapo-like police (i.e., ICE) who are above the law.
- For the US president to be lawless and repeatedly start wars without the consent of Congress and blunder into stopping 20% of the world's oil and fertilizer supply.
- For a totally lawless US president to be gaining hundreds of millions of dollars through bribery and corruption.
- For the US president to be closely and secretly allied with America's enemy (Putin).
- For the US president to want to dismantle NATO and alienate America's former allies.
- For the US president to massively increase the national debt and do nothing to prevent a catastrophic national debt crisis.
- For the US president to place punishing tariffs that taxpayers must pay.
- For the US president to have the worst personality traits that anyone could have (i.e., Histrionic, Narcissistic, Paranoid, Antisocial, and Sadistic traits) plus megalomania.
- For the US president to have rapidly worsening dementia and still have solo authority to start a nuclear war.



CECOT Prison
El Salvador