

HEALTH	FASHION	HOME	FOOD	LIVING	ENTERTAINMENT	MAMA BITE	

Chicago: Food And Bike Tours

Food and Bike Tours

On the Road Again

07.27.2009

The Bite:

Just can't wait to eat at places you've never been? Go down the highway, or in this case, local streets with Fork and the Road's new foodie bike tours. Join 14 other cyclists + two city-savvy guides for a 22-mile cruise to three to four restos (they go slow, but we reco saving the wine for postride). Each grub break's about an hour and each weekend tour's different (example: you might try a Puerto Rican *jibarito* - garlicky, plaintain-as-bread sandwich - during Unsung Chicago Classics or hit spots like Marion Street Cheese Market for the veg-head tour). Hurry, after September, you may never see again...until next May.



Why Care?:

Touring restaurants by bike is a fun way to experience local food - restos get a leg up, and you help save the gas you'd use if you explored these spots by car - about a gallon of it per person.

We weren't sure about biking around the city streets, but the charismatic guides, Sharon and Dimitra, took safe bike routes and saved the expert foodie talk for the stops.

Wanna Try:

Fork and the Road (773-610-2432). Local Vegetarian Chicago tours; Aug. 1 and Sep. 26, 10:30 am-3:30 pm; \$60/person. Unsung Chicago Classics tour; Aug. 30, 10 am-2 pm; \$50/person.

Small Changes Add Up

If 10,000 Chicago Biters use their bikes instead of their cars for a local food tour, we'll save enough gas to drive to Willie's hometown of Abbott, TX, and back 100 times.



Cocktail Fact

Willie Nelson began his career writing songs for other country stars in Nashville, including Patsy Cline's signature 1961 hit "Crazy."