



Dana V Adams

Dana V. Adams is the founder of the Life Mapping Institute, author of *Live Your Gift* and the *Live Your Gift Companion Guide*, professional keynote speaker, creator of the Life Mapping Workshops, and considered one of the country's top thought leaders on the life mapping process. For decades, Dana has inspired, empowered, and led thousands to embrace their gifts to live happy, abundant, and authentic lives.

Over the past 25 years, Dana built an award-winning and thriving real estate business. She credits her success to combining the power of the life mapping process with her caring attitude, responsiveness, professionalism, stellar customer service, and dogged determination.

A native of Southern California, Dana grew up around commercial fishing. She moved to Kirkland, Washington, with her family in 1979, and after high school worked in the Alaskan fishing industry. She is a graduate of the University of Washington with a degree in business management and marketing. Still living in her hometown of Kirkland, Dana loves taking long walks along the shores of Lake Washington and living a healthy, active lifestyle.

Aside from her four sons—James, Trent, Gage, and Michael—Dana's passions are a lifelong pursuit of personal development and community service. She currently sits on the EvergreenHealth Youth Mental Health Task Force and has written for *Kirkland Living* magazine.