

## **Dr Dorian Mintzer**

Dr. Dorian Mintzer is a retirement transition/relationship/ executive coach; therapist; consultant; speaker; and writer. She weaves adult development, holistic life planning and positive psychology into programs that tap and shape clients' energies into roadmaps for wiser, more enhanced living. She hosts the popular monthly Revolutionize your Retirement Interview with Expert's Series on the 4th Tuesday of each month, open to professionals and the public. She provides presentations and facilitates workshops for professional and community groups.

Dorian is co-author of *The Couples Retirement Puzzle: The 10 Must-Have Conversations for Creating an Amazing New Life Together*, co-producer of *The Career Playbook: Second Half Plays* and has contributed to several other books. She has been featured in a variety of media, including the NY Times, WSJ, USA Today, CNN Money, Forbes, Next Avenue, The Financial Times, NPR, ABC Evening News and the Today Show and has given a Ted X talk focused on "Embracing your Bonus Years: A Time to Learn, Grow and Evolve."