

## **Dr. Jeannelle Perkins-Muhammad**

Dr. Jeannelle Perkins-Muhammad is a Licensed Marriage and Family Therapist with more than 12 years of experience in relationship and life coaching.

A resident of Charleston, South Carolina, Jeannelle desires to assist the Lowcountry in removing the mental health stigma. She enjoys helping men and women create healthy and happy relationships in their lives overall. Jeannelle believes that mental wellness is vital to ensuring the health of the community. In spiritual, corporate, and secular environments, Jeannelle provides workshops that enrich relationships for couples and singles, bring harmony to parents and blended families, develop leadership skills (Four Lenses) and certifications through Mental Health First Aid classes for the community at large.