



### **Lisa Avery**

As a positive psychologist, coach and writer, Lisa helps individuals connect with the unique passion and purpose that drives their personal and professional success. She is fascinated by what propels a person to pursue their vocation, entwining their innate strengths, values and interests to serve both themselves and the rest of the world. She fuses the art of Coaching with the science of Positive Psychology to help individuals gain the clarity, confidence and courage to become all they aspire to be.