



Rhoda Mills Sommer

Rhoda Mills Sommer has been in private practice as a psychotherapist for 37 years in Pittsburgh. She teaches workshops for other therapists at the University of Pittsburgh. Rhoda has been working with people since 1974 at African-American Settlement house, starting one of the first programs in the country to address incest & working with women in prison & jail. In 2003, she built a website with tons of free information on mental health. In 2009, she started a blog on relationships and, three years ago, she began her podcast, "What Healthy Couples Know That You Don't."