



Stacy Brookman

Stacy Brookman wants to live in a world where everyone feels free to share their stories...and listeners gain wisdom from them. She knows that it feels much safer for someone to process words on paper than confront tough situations. Stacy interviews fascinating people on her Real Life Resilience podcast at stacybrookman.com. Her latest project - lifestorytelling.com - is taking off. This life story and memoir writing course is the culmination of years working to understand the psychology and the art of lifestory writing, and making it easy for others to write their stories. It's valuable to trace your trouble, transcribe your tale, and transform your life.