



Suzy Rosenstein

Suzy Rosenstein is a Master Certified Life Coach and holds a Master's Degree in Applied Social Psychology. As someone who had a great job on paper but wasted too many years feeling stuck herself, she loves helping midlife women who feel like life's passing them by and sense that they may have regrets if they don't make a change. She helps them get clear about what they want, start taking action and create a life they can get excited about!