



Tamara Sims

Tamara joined the Center in 2016 as a Research Analyst. Tamara is a social-personality psychologist interested in the intersection of culture, aging, emotion, and well-being. Her research primarily investigates how culture shapes the emotional or affective states people value across the life span, and the implications these processes have for behavior, social judgment and decision making in medical settings. In her work, she uses a variety of methods (e.g., experience sampling, experimental, survey, behavioral coding) and statistical analyses (e.g., HLM, SEM) to test predictions among diverse samples in terms of ethnicity, age, and social class. The goal of her research is to leverage what we are learning about culture, aging, and emotional experience to ultimately reduce disparities in health care utilization, health care delivery, and general well-being. Tamara received a B.A. in Psychology from UCLA, an M.A. in Psychology-research from California State University Long Beach, and a PhD in Psychology (Affective Science) from Stanford.