



50 Ophir Road, Singapore 188690

## Connect With Us

**Rev Fr Michael Sitaram - Parish Priest**  
**Rev Fr Leo Justin - Assistant Priest**



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[ladylourdes.sg](https://www.instagram.com/ladylourdes.sg)

## Masses and Devotions

### Monday to Friday

Rosary	11:35am
(Except Tues)	
Divine Mercy	11:35am
(Tues Only)	
Mass in English	12:30pm
Mass in Tamil	7:00pm

### Saturday

Rosary	4:15pm
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Mass in English  
5:00pm | 6:15pm | 7:30pm

### Sunday

Mass in English  
8:00am | 11:00am | 12:30pm

Mass in Tamil  
9:30am | 6:30pm

*\*Sacrament of Reconciliation  
15mins before Weekend  
Masses*

### Public Holidays

Mass in English	9:00am
Mass in Tamil	10:00am

### Adoration Room

Monday - Sunday 8am to 8pm  
(Closed on Public Holidays)

### Parish Office

Mon - Fri	10am to 6pm
Saturday	2pm to 8pm
Sunday	9am to 2pm
(Closed on Public Holidays)	

### Bookshop

Saturday	4pm to 7:30pm
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## 2nd Sunday in Ordinary Time

1st Reading	2nd Reading	Gospel
Is 49:3,5-6	1 Cor 1:1-3	Jn 1:29-34

Today's readings show us how God calls people for a purpose. We hear about a servant in Isaiah, a faithful person who listens and obeys and we also hear how John the Baptist points to Jesus and calls him the Lamb of God. Each person has a part in God's plan.

In the Gospel, John the Baptist sees the Spirit come down on Jesus. He tells everyone that Jesus is the Son of God. This moment shows us who Jesus is and why he came. God chose him, and now he is ready to bring light and life to others.

Paul reminds the people in Corinth that they are holy and called. This message is for us too. We belong to God. He calls us to live in peace and to follow Jesus.

Today we are invited to listen to God's voice and follow where he leads. Like the servant, like Paul, and like John, we are sent to share hope with others.

*(Adapted from young-catholics.com)*

## Pastoral Statement on Dispensation from Fasting & Abstinence

The Catholic Bishops' Conference of Malaysia, Singapore and Brunei has issued a Pastoral Statement on the Dispensation from fasting and abstinence on Ash Wednesday 2026.

The tradition of celebrating the liturgy of Ash Wednesday, with the imposition of ashes, is to be maintained and we are encouraged to observe a day of fast and abstinence on another day in Lent except on Good Friday, which is already a day of fast and abstinence.



18 December 2025

Pastoral Statement for Dispensation  
from fasting and abstinence on Ash Wednesday 2026


Dear People of God,

Next year, the celebration of the second day of Chinese New Year falls on Ash Wednesday, 18 February 2026, being a day of fast and abstinence.

The Catholic Bishops' Conference of Malaysia, Singapore and Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore and Brunei hereby gives dispensation from fast and abstinence on Ash Wednesday, 18 February 2026. However, the tradition of celebrating the liturgy of Ash Wednesday on that day is to be maintained with the imposition of ashes.


All Catholic faithful are encouraged to perform their fast and abstinence on another day during Lent except on Good Friday, which is already a day of fast and abstinence.

Wishing you the Lord's abundant blessings.

  
H. E. William Cardinal Goh  
President  
Episcopal Regional Liturgy Commission

THE CATHOLIC BISHOPS' CONFERENCE OF MALAYSIA, SINGAPORE & BRUNEI (CNMB)  
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## **Around the Parish**



**HOLY HOUR**  
Wed 21 Jan 2026, 7.45pm

**ADORATION**  
OF THE BLESSED SACRAMENT

*Could you not spend one hour with Me?*  
*Conia lon uoi zbeud one hour with Me?*

### **ALTAR SERVERS NEEDED**

We are looking for boys aged 8 and above. Come participate more meaningfully in the life of the Church and grow closer to God.



### **BLESSING OF CANDLES** **FEAST OF THE PRESENTATION OF** **THE LORD**

Please bring your own candles for blessing during Mass.



**Monday 2<sup>nd</sup> February**  
**12:30pm**



*Triduum*

Day 1: Monday,  
9th February, 2026 - 8pm

Day 2: Tuesday,  
10th February, 2026 - 8pm

Feast Day: Wednesday,  
11th February, 2026  
Rosary at 7.30pm followed  
by Mass



**ASH WEDNESDAY**  
**18<sup>th</sup> February**

*Remember that you are dust*

**MASS TIMES**

**English 8.00AM**  
**11.30AM**

**Tamil 9.30AM**

*Place your old blessed palms in the bin at the church entrance by 15 February*

### **Chinese New Year** **Tuesday 17<sup>th</sup> February**

**Mass Times**  
**English: 9.00AM**  
**Tamil: 10.30AM**



## **Around the Diocese**

Week of Prayer for Christian Unity 2026 (18 – 25 Jan)

**Theme: There is ONE BODY and ONE SPIRIT,**  
**just as you are called to ONE HOPE of your calling. (Eph 4:4)**

All Christians are invited to these 4 prayers services for the **Week of Prayer for Christian Unity 2026**. Bring along a fellow Christian to attend!

Organised by ACCED, AIRDECS and Respective Hosts.



NEVER under any circumstances take a  
sleeping pill and a laxative on the same night!!  
~ Dave Barry ~