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Tips for Having a Successful Visit

Tips for Visiting Parent

- Arrive on time
- Try to be natural and relaxed
- Focus on the relationship with your child/ren
- You don't have to spend a lot of money to have a nice visit. You can do arts and crafts, play board games, paint fingernails, talk, or shoot hoops.
- Ask your children where they might want to visit. You might be surprised at what their evolving interests are! Here are a few ideas:
 - Park
 - Playground
 - Museum
 - Nature Center
 - Miniature Golf
 - Painting, Crafts
 - Sidewalk Chalk
 - Make music
 - Ballgame
 - Restaurant
 - Mall
 - Indoor play place
- When the visit is over, remain upbeat and quick
- Remember SV / ME Guidelines and Monitor Neutrality

Tips for Custodial Parent

- Remain positive about visit as day/ time approaches
- Explain to the child/ren where and when the visits will happen
- Do not drill your child/ren about the visit
- Remain positive at the conclusion of the visit
- If your child/ren want to discuss the visit, let them set the tone and pace
- Avoid negative comments or sarcasm

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- Instead, say things like, “I’m happy you had fun,” or “Wow, that’s neat!”
- Remember SV / ME Guidelines
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