

## **Tips for Having a Successful Visit**

### **Tips for Visiting Parent**

- Arrive on time
- Try to be natural and relaxed
- Focus on the relationship with your child/ren
- You don't have to spend a lot of money to have a nice visit. You can do arts and crafts, play board games, paint fingernails, talk, or shoot hoops.
- Ask your children where they might want to visit. You might be surprised at what their evolving interests are! Here are a few ideas:
  - Park
  - Playground
  - Museum
  - Nature Center
  - Miniature Golf
  - Painting, Crafts
  - Sidewalk Chalk
  - Make music
  - Ballgame
  - Restaurant
  - Mall
  - Indoor play place
- When the visit is over, remain upbeat and quick
- Remember SV / ME Guidelines and Monitor Neutrality

### **Tips for Custodial Parent**

- Remain positive about visit as day/ time approaches
- Explain to the child/ren where and when the visits will happen
- Do not drill your child/ren about the visit
- Remain positive at the conclusion of the visit
- If your child/ren want to discuss the visit, let them set the tone and pace
- Avoid negative comments or sarcasm

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- Instead, say things like, “I’m happy you had fun,” or “Wow, that’s neat!”
- Remember SV / ME Guidelines
  
- Remember SV / ME Guidelines and Monitor Neutrality