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*Program Includes:
Ethics Education
Up to 33.5 CEs Awarded by NAADAC*

50th

Advanced International Winter Symposium

Addictive Disorders, Behavioral Health and Mental Health

January 26 - January 29, 2025 • Sunday - Wednesday

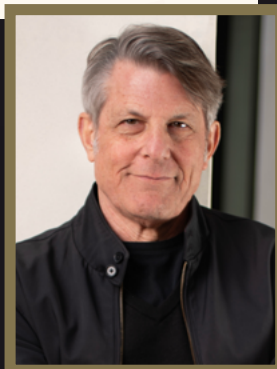
The DoubleTree by Hilton Hotel
1775 East Cheyenne Mountain Blvd.
Colorado Springs, CO 80906
719-576-8900

LUNCH PRESENTATION

Adam Nimoy

**Star Trek, the Road to
Recovery, and Reconciling
with My Father**

Tuesday, January 28th, 12:15-1:45pm | Pre-Registration Online Required (\$55)



PLATINUM SUPPORTER



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REGISTER ONLINE www.AddictionandMentalHealth.org



THE SYMPOSIUM SCHEDULE



SATURDAY, JANUARY 25, 2025



PRE SYMPOSIUM



8:30-4:30pm

**Elevating Ethical Practices:
Navigating the Intersection of Ethics,
Social Justice, and Personal Values**

Room-Three Creeks

Mita M. Johnson, EdD, NCC, LPC, ACS,
LMFT-S, LAC, MAC, SAP

8:30-4:30pm

**Suicide Prevention: A Practice
Improvement Workshop for Mental
Health Clinicians**

Room-Three Creeks

Michelle Wine, PsyD, LP

SUNDAY, JANUARY 26, 2025

1:30-5:30pm

EXHIBIT HALL OPEN

1:30-5:00pm

**REGISTRATION AND
INFORMATION OPEN**

2:00-3:30pm

SESSION I - Early Arriver

KEYNOTE

**Sharing Techniques to Incorporate
Narrative Group Therapy for
Processing Trauma**

Room-Windows

Matt Louzon, MA, LPC, CMiT

Men's Work for the Modern Era

Room-Academy

Marc Azoulay, LPC, LAC, CGP, ACS

**Cooking on a Hot Stove:
Neurobiologically Informed Family
Therapy**

Room-Pikes Peak

Bryn Jessup, PhD

**Integrating Trauma Modality
Treatment with Acu-Wellness**

Room-Three Creeks

Megan Chandler, PsyD, LAC, AAT
Kellyanne Achramowicz, MS, NCC, LPC

3:30-3:45pm

SOCIAL BREAK *Grand Ballroom*

3:45-5:15pm

SESSION II

KEYNOTE

**The Missing Piece: The Power of
Nutrition in Addiction Recovery**

Room-Windows

Sydney Greene, MS, RDN

**The Importance of Strengths-Based
and Trauma-Informed Training for
Coaches**

Room-Academy

Steven Millette, MS

**Beyond the Game: Understanding
Gambling and Gaming Addictions
and Clinical Guidance on Treatment
Interventions**

Room-Pikes Peak

Jamie Glick, LCSW, LAC, ICGC-I

**Making Room in Our Programs
for Those Who Have Intellectual
or Physical Challenges, as well as
Addiction and/or Mental Health Issues**

Room-Three Creeks

William Lundgren, M.Ed., LPC, ACC

6:15-10:00pm

50TH ANNIVERSARY GALA

Join us as we celebrate 50 years! (\$50)

***Must be pre-registered**

Room-Elevations

Buffet dinner, stand-up performance by
Second Chance Comedy, and live DJ
dance party

MONDAY, JANUARY 27, 2025

7:30-8:30am

SESSION III - Early Riser

**The Next Generation: Changing the
Family Legacy of Substance Use
Disorder**

Room-Academy

Lindsey Chadwick, MA, LPC, MFTC
Kase Wille, BA

**Motivational Interviewing
Fundamentals Club: How to
Champion Motivational Interviewing
Across Your Agency**

Room-Three Creeks

Mike Morrow, MS, LAC, LPC

Yoga- Restorative

Room-Windows

Tara Woodson, E-RYT 200

8:00-11:00am

HOSPITALITY SUITE *Room-288*

Hosted by Sober Is...

8:30-8:45pm

MORNING COFFEE *Grand Ballroom*

Hosted by Kipu

8:30-5:30pm

EXHIBIT HALL OPEN

8:30-5:30pm

**REGISTRATION AND
INFORMATION OPEN**

8:40-9:00am

**WELCOME AND OPENING
REMARKS**

Room-Elevations

Abbey Mobolade, First Lady of
Colorado Springs
Sarah Forrest, MS, MLA

9:00-10:30am

SESSION IV

KEYNOTE

**Self-care, Resiliency, and Wellness for
Mental Health Professionals: Mindful
Methods to Reduce Burnout and
Increase Fulfillment**

Room-Elevations

John Bruna, M.Ed, CADC

**Rainbow Connections: Coaching
Techniques for LGBTQ+ Individuals**

Room-Academy

Kate Bastedenbeck, CPFS

**Ethical Approaches to Empowering
Clients: Enhancing Autonomy While
Motivating Change**

Room-Pikes Peak

Tiffany Anschutz, LCSW





The Symposium Schedule



	Overview and Implementation of Clinical Practice Guidelines for Adult Patients at Risk for Suicide <i>Room-Three Creeks</i> Michelle Wine, PsyD, LP		Family Programming in Addiction Treatment: Best Practices, Technology, and Family Engagement <i>Room-Pikes Peak</i> Michael Barnes, PhD, LAC, LPC Annie Camacho, LPC, LAC Janna Brown, CAT
10:30-10:45am	COFFEE BREAK <i>Grand Ballroom</i> <i>Hosted by Men’s Therapy Online</i>		
10:45-12:15pm	SESSION V		Reframing Spirituality in Treatment <i>Room-Three Creeks</i> Chris ‘Cro’ Schutz, SMART facilitator, CAT candidate
	KEYNOTE Understanding Trauma Response: Working with Parts and Shadows <i>Room-Elevations</i> Terra Holbrook, LCSW, CSAT, CADC	3:30-3:45pm	SOCIAL BREAK <i>Grand Ballroom</i>
	Spore to Spirit: Harnessing Psilocybin in Colorado’s Natural Medicine Health Act <i>Room-Academy</i> Kevin Matthews Kevin Franciotti, MA, LAC Billy Wynne, JD	3:45-5:15pm	SESSION VIII
	The Sober Active Solution: Integrating Exercise & Nutrition into a Relapse Prevention Plan <i>Room-Pikes Peak</i> Rob Archuleta, PhD, LAC, CPSII Tom Shanahan, Author		KEYNOTE How AI Can Empower, Not Replace, Clinicians <i>Room-Elevations</i> Sarah Houy, MA, LPC, RYT
	The Trickle Down Economics of Shame Busting- It Starts With Us <i>Room-Three Creeks</i> Jill Krush, MS, LPC, NCC, CAS, CP, PAT		Neuroscience Informed Treatment of Trauma <i>Room-Academy</i> Jesse Viner, MD
12:15-2:00pm	LUNCH BREAK (on your own -OR- Lunch & Learn)		Moral Injury, Compassion Fatigue, Burnout, and First Responders <i>Room-Pikes Peak</i> Brian Bagwell, PsyD, LAC, MAC Daniel J. Crampton, PsyD
12:15-1:45pm	SESSION VI	5:15-7:00pm	Integrating Yoga into Addiction Treatment for Regulation <i>Room-Three Creeks</i> Darlene Brace, LCSW, LAC, ACS, ADS, RYT, EMDR Consultant
	LUNCH & LEARN: Mindscapes and Mountains: Psilocybin’s Role in Colorado’s Healing Ecosystem (\$35) *Must be pre-registered <i>Room-Windows</i> Sue Sisley, MD Will Van Derveer, MD Rose Moulin-Franco, LPF, CPG, CPC, CICMC	7:00-8:30pm	DINNER BREAK (on your own)
1:00-4:00pm	HOSPITALITY SUITE <i>Room-288</i> <i>Hosted by Colorado Association of Addiction Professionals</i>		SESSION IX
1:45-2:00pm	COFFEE BREAK <i>Grand Ballroom</i> <i>Hosted by Kindbridge Research Institute</i>		No Matter What: Documentary Film Screening and Post-Screening Panel Discussion <i>Room-Pikes Peak</i> Cassy Rathbun Lisa Allen
2:00-3:30pm	SESSION VII	8:30-9:30pm	Open AA/Self-Help Recovery Group <i>Room-Three Creeks</i>
	KEYNOTE Empowered Care: Strategies for Addressing Implicit Bias in Treatment <i>Room-Elevations</i> Marissa Prince, PhD, LPC	TUESDAY, JANUARY 28, 2025	
	When Eating Disorders and Addiction Collide: A Path to Integrated Recovery, Trauma-Informed Solutions for Complex Co-Occurring Disorders <i>Room-Academy</i> Rachel Goodwin, LCPC, LMHC, LCAC, CED Nikki Bishop, PsyD	7:30-8:30am	SESSION X - Early Riser Rewiring the Mind: How Psilocybin, Ketamine, and TMS Reshape Neuroplasticity and Ego Dissolution in Modern Mental Health Treatments <i>Room-Academy</i> Christopher Perez, CRNA, MSNA, APRN
		8:00-11:00am	Meditation with John Bruna <i>Room-Three Creeks</i> John Bruna, M.Ed, CADC
		8:30-8:45am	HOSPITALITY SUITE <i>Room-288</i> <i>Hosted by Axis Integrated Mental Health</i>
		8:30-5:30pm	MORNING COFFEE <i>Grand Ballroom</i> <i>Hosted by Boulder Community Health</i>
		8:30-5:30pm	EXHIBIT HALL OPEN REGISTRATION AND INFORMATION OPEN





THE SYMPOSIUM SCHEDULE



9:00-10:30am	SESSION XI		Exploring the Scope of Practice of CATs, CASs and LACs <i>Room-Academy</i> Mita M. Johnson, EdD, NCC, LPC, ACS, LMFT-S, LAC, MAC, SAP Mary McMahon
	KEYNOTE Gambling Addiction and the Looming Mental Health Crisis: What Therapists Need to Know <i>Room-Elevations</i> Harry Levant, LP.D, MA PCC, ICGC-I		Reframing Problematic Sexual Behavior: A Holistic Approach to Client Care and Case Conceptualization <i>Room-Pikes Peak</i> Amanda Jepson, LPC, CST, ACS, ABS
	Trauma Needs a Stage to Die On: How Experiential Therapies Foster Agency, Creativity, and Language to Process Trauma <i>Room-Academy</i> Corey Latta, LPC, MA, PhD	3:30-3:45pm	Addiction Healthcare: Improving Our Models of Care to Treat Addiction as a Chronic Disease <i>Room-Three Creeks</i> Shane Hudson, MS, MSHCT
	Codependency Through an Internal Family Systems (IFS) Lens <i>Room-Pikes Peak</i> Kimberley L. Berlin, LCSW, CSAC, MAC	3:45-5:15pm	SOCIAL BREAK <i>Grand Ballroom</i>
	Raising the Bar on Reporting Outcomes: Meaningful Utilization of Measurement-Based Care <i>Room-Three Creeks</i> Antoinette S. Giedzinska, PhD		SESSION XV
10:30-10:45am	COFFEE BREAK <i>Grand Ballroom</i> <i>Hosted by All Points North</i>		KEYNOTE Assessment and Treatment of Social Anxiety and Setting Avoidance Among Adolescents <i>Room-Elevations</i> Trevor Bixler, PhD
10:45-12:15pm	SESSION XII		“Who Must Do the Hard Things?” Increasing Antiracist Addiction Counseling Efficacy <i>Room-Academy</i> James Luttrall, PhD Candidate, LPC, LAC, NCC
	KEYNOTE Advancing Recovery Equity: Leveraging Data to Uncover and Address Inequities in Behavioral Health Care <i>Room-Elevations</i> Zina Rodriguez, MSW, MCAP, CDE Annie Peters, PhD, LP		Caring Compassionately for Patients Who Use Substances <i>Room-Pikes Peak</i> Andy Cruz, MD
	Blindsided by Kratom; The Accessible Opioid <i>Room-Academy</i> Honor K. Ashbaugh, MD		Addictive Intelligence- The Dangerous Safety of AI Companions <i>Room-Three Creeks</i> Rachel Wood, PhD Candidate, LPCC
	The Interaction Between Eating Disorders and Substance Use Disorders <i>Room-Pikes Peak</i> Leah Young, LCPC	5:15-7:00pm	DINNER BREAK (on your own)
	Applying the Carnes’ 30-Task Model for SUD treatment <i>Room-Three Creeks</i> Stephen A. Sbanotto, MS, LPC, CSAT-S, RAE, RACS	7:00-8:00pm	SESSION XVI The History and Misconceptions of PTSD <i>Room-Academy</i> Zack Kelemen Adam Rule
12:15-2:00pm	LUNCH BREAK (on your own -OR- Lunch Presentation)	7:00-8:15pm	Candlelight Slow Flow, Yin Yoga, and Sound Bathing <i>Room-Elevations</i> Malissa Fantanarosa, ERY-T 200
12:15-1:45pm	SESSION XIII		
	LUNCH PRESENTATION: Star Trek, the Road to Recovery, and Reconciling with My Father (\$55) *Must be pre-registered <i>Room-Windows</i> Adam Nimoy		
2:00-3:30pm	SESSION XIV		
	KEYNOTE Choosing Love: The Influence of Mental Health and Early Trauma on Partner Selection <i>Room-Elevations</i> Anat (‘Nati’) Geva, PsyD, LP		
		8:30-8:45pm	SESSION XVII - Early Riser Making Communities Safer and Stronger: Behavioral Health in Community Corrections <i>Room-Academy</i> Katara Harwood-Benge, MS, LMFT, LAC, ACS
		8:30-12:00pm	Yoga- Embodiment <i>Room-Elevations</i> Tara Woodson, E-RYT 200
			MORNING COFFEE <i>Grand Ballroom</i>
			EXHIBIT HALL OPEN





THE SYMPOSIUM SCHEDULE



8:30-1:30pm

REGISTRATION AND INFORMATION OPEN

9:00-10:30am

SESSION XVIII

KEYNOTE

Incels, Domestic Violence Offenders, and Misogynists: How They Differ and How They're Alike

Room-Windows

Brian Bagwell, PsyD, LAC, MAC

Kelli Frank, MS

Crisis Intervention Skills: Resetting the Nervous System

Room-Academy

Meredith Vasa, LPC, CAS

"Therapy in the Weeds" Addressing Medical THC use in Court Ordered Therapy Spaces

Room-Pikes Peak

Philippe Marquis, MA, LPC, LAC, DVCS

Ame Smith, MA, LPC, LAC DVCS

Alleviating Guilt and Shame through Self-Compassion

Room-Three Creeks

Justin Wolfe, LCPC, CADC, CRC, PCGC, CCTP

10:30-10:45am

COFFEE BREAK *Grand Ballroom*

Hosted by Kindbridge Behavioral Health

10:45-12:15pm

SESSION XIX

KEYNOTE

PULL YOURSELF TOGETHER!

An Introduction to Parts Work and Addiction

Room-Windows

Mark Blakeley, MS, LPC, LAC, CSAT

Phil Stone, LCSW

Integrating Therapeutic Writing into Treatment & Recovery Curriculum

Room-Academy

Tim Kelly, LCSW, MSW

Pathways to Recovery: Integrating Therapy and Coaching for Lasting Sobriety

Room-Pikes Peak

Teri Smith, CAC III, RCP

Mita M. Johnson, EdD, NCC, LPC, ACS, LMFT-S, LAC, MAC, SAP

Tim Kitchens, MA, LPC, LAC

Rachel Fowler, BA, MPP, RCP, SRCD

CRAFT: The Alternative Approach to Nagging, Pleading, and Shaming for Family Members

Room-Three Creeks

Jessica Triplett, BSW, CAS

Rebecca Cota, MA, NLC

12:15-1:30pm

LUNCH BREAK (on your own)

1:30-3:00pm

SESSION XX

KEYNOTE

Exploring and Confronting Racial and Ethnic Disparities in Mental Healthcare: What Is My Role?

Room-Pikes Peak

Jeannie Haubert, PhD

Prelicensed Counselor's Perspective of Clinical Supervision: A Qualitative Descriptive Study

Room-Academy

Melanie E Morris, MS, LPC, LAC, PhD

Candidate

Meeting Room and Exhibit Hall Network:

Double Tree Meeting

Password:

Winter1



HOSPITALITY SUITE (Guestroom 288)





Download the Event Mobile APP



THERE'S AN APP FOR THE 50TH ANNUAL WINTER SYMPOSIUM!



- Search for “Cvent” in the app store or download the Cvent Events app with the QR code on the left.
- Type “50th Annual Winter Symposium” in the app’s search bar and click to download the event.
- Once in the event, you can browse the app and Log In to update your personal schedule.

The Event Mobile App allows you to:



- View the Schedule
- Access Presentation Details
- View Maps and Locate Exhibitors
- Network
- Receive Notifications
- Evaluate Sessions and Presenters (required to obtain CEs)

Email jen@addictionandmentalhealth.org if you have any questions.



SYMPOSIUM REGISTRATION



REGISTRATION CATEGORIES AND TUITION RATES

Early Bird Registration Register by Tuesday, December 31st, 2024	\$450
Regular Registration Register after Tuesday, December 31st, 2024	\$500
On-site Registration	\$550
CAAP/NAADAC Member Registration Must provide membership verification	\$350
Military Registration Psychotherapy Associates is proud to honor our service members	\$350
Student Registration Must provide student enrollment status	\$300
Single Day Symposium Registration Any single day may be attended from Sunday, January 26th through Wednesday, January 29th, 2025	\$200
Pre Symposium Training - SATURDAY, January 25th, 2025 NOT INCLUDED in regular registration fees. Register by Friday, January 24th, 2025	\$125

GENERAL INFORMATION

The 50th Annual Advanced International Winter Symposium is an exciting and fun educational experience held in Colorado Springs, Colorado. Each year this internationally recognized Symposium brings together a distinguished faculty to address the issues of treatment, recovery, and research in the addictions, mental health, and behavioral health fields. 1,500 participants attended the 2024 meetings and expo. The Symposium provides intensive, advanced clinical training as well as focused interaction between faculty and participants. The skill building and learning experiences that our faculty provides to attendees each year are truly exceptional.

ACCREDITATION

This Symposium has been approved for 33.5 hours of Continuing Education Credit by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC), The Association For Addiction Professionals.

Behavioral Health Service Providers can complete this Symposium for Continuing Education Credits. Check with your professional regional, state or national credentialing association. Attendees can complete Ethics Focused Education and Training at the 2025 Winter Symposium.



Please indicate if you have any need for auxiliary aids or special assistance services.

CANCELLATIONS AND REFUNDS

Registration cancellation will be subject to a \$100.00 fee. All cancellations after December 31, 2024 will be subject to loss of the entire registration fee.

NOTE: This brochure is based on the best available knowledge at the date of publication 1.15.25. Psychotherapy Associates, P.C. reserves the right to make changes in the dates, times and appearances of speakers as conditions may warrant.



Check the website for program changes at www.AddictionandMentalHealth.org.

SYMPOSIUM PURPOSE & CORE LEARNING OBJECTIVES

The purpose of the 50th Annual Winter Symposium includes improving health professional attendee's evidence-based diagnostic/assessment, treatment, knowledge and practice skills specific to reducing and/or eliminating health care provider care gaps and facilitating integrative care related to a broad spectrum of addictive disorders, behavioral health and mental health disorders. Attendees completing the full Symposium will be able to identify 5 or more evidenced-based diagnostic/assessment measures, treatment interventions, practice gap reduction measures and integrative care interventions including psychotherapies, psychosocial treatments, medical and psychotropic care, self-help care and adjunctive care interventions for persons manifesting the broad spectrum of disorders and conditions included in this educational program.

❄️

Special Thanks to Our 2025 Educational Supporters!

❄️

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COLORADO
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SILVER



CLASSIC



50%

Psychotherapy Associates

Winter Symposium

NETWORK

Double Tree Meeting

PASSWORD

Winter!



PRE SYMPOSIUM WORKSHOPS

SATURDAY, JANUARY 25, 2025 | 8:30AM-4:30PM

Pre-Registration
Online Required
(\$125) 6 CE's



ELEVATING ETHICAL PRACTICES: NAVIGATING THE INTERSECTION OF ETHICS, SOCIAL JUSTICE, AND PERSONAL VALUES

Dr. Mita Johnson, EdD, NCC, LPC, ACS, LMFT, LMFT-S, LAC, MAC, SAP, BCTHP

Everything we think, feel, and do is influenced by ethics, values, morals, and culture. While we need to discuss the ethics around boundaries, confidentiality, and dual relationships, it is important to discuss the person of the counselor and what they value. What ethics are in the spotlight when working with socially vulnerable populations, organizational and institutional

discrimination, evolving practices, and other social justice conundrums? What about working with a client whose values are polar opposite to the clinician? What about situations where the provider feels personally attacked by the client? This will be a highly interactive workshop where we create a road map for navigating the intersection of ethics, social justice, and personal values. **6 Ethics Credits**



SUICIDE PREVENTION: A PRACTICE IMPROVEMENT WORKSHOP FOR MENTAL HEALTH CLINICIANS

Michelle Wine, PsyD, Licensed Clinical Psychologist

Over the past 20 years, prolific and significant research in suicide prevention and intervention has yielded promising results in our understanding of suicidal behavior, risk factors, and treatments. However, despite this attention, suicide rates continue to climb. This intensive workshop will provide a comprehensive look at theory and supporting research, integration of assessment and treatment models, and help clinicians develop brief intervention techniques

proven to help mitigate suicidal behavior. We will explore what is NOT effective in the screening and intervention process and discuss necessary practice shifts accounting for well-understood risk and protective factors.



50TH ANNIVERSARY GALA

SUNDAY, JANUARY 26, 2025 | 6:15PM-10:00PM

Room-Elevations

Join us as we celebrate 50 years! Dress to impress and reflect your favorite decade. Ticket includes buffet dinner, stand-up performance by Second Chance Comedy, and live DJ dance party! ***Must be pre-registered (\$50)**



LUNCH & LEARN

MONDAY, JANUARY 27, 2025 | 12:15PM-1:45PM

Pre-Registration
Online
Required (\$35)



MINDSCAPES AND MOUNTAINS: PSILOCYBIN'S ROLE IN COLORADO'S HEALING ECOSYSTEM

Room-Windows

Sue Sisley, MD

Will Van Derveer, MD

Rose Moulin-Franco, LPF, CPG, CPC, CICMC LPC, CAS



This panel will explore the current state and future potential of psilocybin as a therapeutic tool in Colorado's healthcare system. Key takeaways will include an overview of the most compelling research supporting psilocybin's clinical applications, methods to ensure rigorous and reliable scientific inquiry, and strategies for overcoming challenges in translating research into clinical practice. The panel will also delve into innovative and ethical approaches to using psilocybin in treating complex conditions, such as mental health conditions and chronic pain. Ethical concerns, including equitable access and patient safety, will be discussed alongside the transformative potential of psilocybin in redefining healthcare for treatment-resistant conditions. ***Must be pre-registered** Co-Sponsored by Peaks Recovery Centers



REGISTER ONLINE

www.AddictionandMentalHealth.org

