Advanced International Winter Symposium

Addictive Disorders, Behavioral Health and Mental Health

Sunday – Wednesday
January 27 - January 30, 2019
Hotel Eleganté
Conference & Events Center
Colorado Springs, Colorado
(719) 576-5900

Symposium Faculty Includes

Osvaldo Cabral, MA, LPC
New Health

Vicky Buethe, LCSW, LAC
New Health

Darlene Brace, LCSW, LAC
Peaks Recovery Centers

Brennon P. Moore, MS, CTT, CADC-II, LPC
Foundry Treatment Center

Jerry Moe, MA
Hazelden Betty Ford Center

Colin Ross, MD
Healing Springs Ranch

Robert Weiss, PhD, MSW
Psychotherapy Associates

Gary Forrest, EdD, PhD
Executive Director

Humor as Self Care in Health Care
Comedian Mark Lundholm
Supported by Burning Tree Programs

NEW HEALTH

PLATINUM SUPPORTER

GOLD SUPPORTERS

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Register Online
www.cspaws.com

Additional Faculty Online

45th
SUNDAY, JANUARY 27, 2019

10:00AM – 5:30PM EXHIBIT HALL AND BOOK STORE OPEN

11:00AM – 3:00PM EARLY REGISTRATION OPEN

1:00PM – 1:30PM Session I – Early Arriver

2:30PM – 5:30PM Hospitality Suite Open, Breckenridge Room, 2nd floor

Host: TBD

2:00PM – 3:30PM SESSION I – Early Bird

KEYNOTE I

A. When Dogs Make You Smile: Animal Assisted Therapy in Substance Abuse Treatment
Darlene Brace, LCSW, LAC, CSAT-C, ADS, RYT-200
Supported by: Peaks Recovery Centers

KEYNOTE II

B. “I Don’t Need Help. Other People Need Help. Well, Maybe I Need a Little Help.”
Robert E. Wubbolding, EdD, LPC, BCC
Supported by: Psychotherapy Associates

C. Non-Suicidal Self-Injury
Christy Allen-Osmera, LAC, LPC-MH

D. Lonely at the Top: When the Truth Destroys Executives and Colleagues
Mara Lehnert, Executive Director, CEO, The Recovery Choice, LLC

3:45PM – 5:15PM  SESSION II

KEYNOTE I

A. Images of the Self in Addiction
Michael B. Levin, MD

KEYNOTE II

B. *ETHICS: Promoting Risk Management in the Delivery of Telebehavioral Health in 2019
Mita M. Johnson, EdD, NCC, LPC, LMFT, LAC, MAC, SAP, ACS, AAMFT approved Clinical Supervisor

C. Moving From Annoyed to Impactful: Working with the Selfie Generation
Paulina Siegel, LCSW, MSW, CACII

D. Change Your Brain with Psychodrama
Bill Wysong, MA, LPC, EMDR-II, TEP
Supported by: Psychotherapy Associates

5:15PM – 7:00PM  LUNCH & LEARN: The Role of Self-Directed Learning (on your own)

7:00PM – 8:30PM  SESSION III

KEYNOTE I

A. Effective Collaboration Between Business Development and Admissions
Scott Kindel, Director of Admissions and Wesley W. Hooks, Director of Outreach
Supported by: Foundry Treatment Center

KEYNOTE II

B. Client-Centered Care...Access to Treatment and Accountability
Diane Sanders, Treatment Placement Specialist – Initiative of Acadia Health Care

C. ADHD and Substance Use Disorders in Adolescents: Creating the Question Mark
Christy Allen-Osmera, LAC, LPC-MH

D. Thinking with Speed Bumps, Feeling with Potheads: Understanding the Challenges of People with Traumatic Brain Injury
James J. Ungvarsky, PsyD, LMFT
Supported by: Healing Springs Ranch

8:35PM – 9:45PM  SESSION IV

Open Forum: Therapeutic Alliance Evidence-based Royal Road to Recovery and Successful Treatment Outcomes in Addictions-Focused Counseling, Psychotherapy and Behavioral Healthcare, Breckenridge Room, 2nd Floor
Gary G. Forrest, EdD, PhD
Supported by: Psychotherapy Associates

MONDAY, JANUARY 28, 2019

6:00AM – 7:00AM Gentle Yoga, Breckenridge Room, 2nd floor

A. Tutorial – How to use Event (optional) (mobile app, obtaining CE’s)

7:15AM – 8:15AM SESSION V – Early Bird
The Symposium Schedule

TUESDAY, JANUARY 29, 2019

7:00AM – 7:30AM
A. Tutorial – How to use Event (optional) (mobile app, obtaining CE credits)
Supported by: Foundry Treatment Center

7:15AM – 8:15AM
B. *ETHICS: When the Golden Rule is Not Enough
Supported by: Psychotherapy Associates

8:00AM – 11:45AM
SESSION XII – Early Bird
A. Tutorial – How to use Cvent
Supported by: Cvent

8:30AM – 5:30PM
EXHIBIT HALL AND BOOK STORE OPEN
Host: Recovery Village Palmer Lake

9:00AM – 10:00PM
A. Open AA/Self-Help Recovery Group
Supported by: CeDAR

10:15AM – 10:30AM
SOCIAL BREAK – Exhibit Hall

10:30AM – 12:00PM
SESSION XIV
A. Tobacco Use Disorder and Addiction Treatment
Supported by: CeDAR

11:45AM – 12:15PM
B. Rewired for Connection: Neuroscience, Attachment, and Foundations of Recovery
Supported by: Foundry Treatment Center

12:15PM – 1:15PM
C. The Elephant in the Room: What it Means to be a Professional Recovering from Mental Health and Substance Use Disorders (continued)
Supported by: Harmony Foundation

1:15PM – 2:15PM
D. Intervening and Placement of Eating Disorders Clients
Supported by: Harmony Foundation

2:15PM – 3:15PM
E. The Boys Left Behind: The Inadvertent Consequences of Feminism on the Male Psyche
Supported by: CeDAR

3:15PM – 4:15PM
SESSION XIII
A. Tobacco Use Disorder and Addiction Treatment
Supported by: CeDAR

4:15PM – 5:15PM
B. Families Navigating Addiction: Before, During and After Treatment
Supported by: CeDAR

5:15PM – 6:00PM
C. The Elephant in the Room: What it Means to be a Professional Recovering from Mental Health and Substance Use Disorders (continued)
Supported by: Harmony Foundation

6:00PM – 7:00PM
D. Intervention and Placement of Eating Disorders Clients
Supported by: Harmony Foundation

7:00PM – 8:30PM
E. The Boys Left Behind: The Inadvertent Consequences of Feminism on the Male Psyche
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8:30PM – 9:00PM
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A. Tutorial – How to use Event (optional) (mobile app, obtaining CE credits)
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9:00PM – 10:00PM
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Supported by: Harmony Foundation

2:00AM – 3:00AM
E. The Boys Left Behind: The Inadvertent Consequences of Feminism on the Male Psyche
Supported by: CeDAR
**The Symposium Schedule**

**WEDNESDAY, JANUARY 30, 2019**

1:00PM – 4:30PM

**Hospitality Suite Open**, Breckenridge Room, 2nd floor

Host: Peak View Behavioral Health

**SESSION XV**

**KEYNOTE I**

A. **Prodependence: Moving Beyond Codependency**
   Robert Weiss, PhD, MSW

**SESSION XIX**

**KEYNOTE II**

B. **“ETHICS: From the Ground Up**
   Brandon Burns, BA
   Supported by: Peaks Recovery Centers

C. **The Power of Big Data and Technology to Transform the Behavioral Health Industry**
   Steven Millette, MS, LAC, LMHC

D. **Meaningful Connections: Business Development Through the Lens of Advocacy**
   Rourke Weaver, Director of Business Development at Red Rock

E. **Which Way? The Impact of Trauma and Resilience on the Brain**
   Shari Simmons, MSW, LCSW

**SOCIAL BREAK – Exhibit Hall**

3:15PM – 3:30PM

3:30PM – 5:00PM

**SESSION XVII**

**KEYNOTE I**

A. **Ketamine Infusion Treatment: A Stunning Advance in Mental Health and Perhaps Addictions Treatment**
   John Fleming, MD, DLFAPA
   Supported by: Psychotherapy Associates

**SESSION XXI**

**KEYNOTE II**

B. **Diferencias Culturales y Aplicacion en el Servicio de salud Mental y Tratamiento Medico con la comunidad Latina**
   Vicky Buete, BA, CAC II and Osvaldo Cabral, MA, LPC, LAC
   Supported by: New Health

C. **“A Hard Pill to Swallow”: Communicating Difference Matters**
   Christopher T. Edge, MD

D. **Aging and the Brain**
   Kiera Shaffer, MSN, BA, RN-BC

E. **So addiction is an attachment disorder. What are we going to do with that?**
   James D. Thomas, LMFT and Stephen Wilkins, CPI

**DINNER BREAK (on your own)**

5:00PM – 7:00PM

5:30PM – 7:00PM

**B. “The Ripple Effect” film, Foothills Room**
   Presented by: Health Solutions
   Snacks will be served – limited to the first 125 attendees

6:30PM – 7:30PM

**8:00PM – 11:45AM**

**Gentle Yoga**, Breckenridge Room 2nd floor

Host: New Health

**EXHIBIT HALL AND BOOKSTORE OPEN**

8:30AM – 3:00PM

8:45AM – 10:15AM

**SESSION XX**

**KEYNOTE I**

A. **From Here to There, Changing How We Work with Offenders in Treatment**
   Rob Archuleta, MA, CACIII, CPSI, PhD candidate

**KEYNOTE II**

B. **How to Identify and Treat Comorbid Bipolar Disorder in Substance Use Disorders**
   Michael G. Pipich, MS, LMFT

C. **“ETHICS: How Charged Is Your Battery?**
   Exploring the Ethics of Therapeutic Alliance and Self-Care for Clinicians
   Libby Timmons, MEd, LISAC, CEAP, SAP
   Supported by: Psychotherapy Associates

D. **Developing an LGBTQ-Affirmative Practice: Start with Self**
   Matthew LeBauer, LCSW, LAC, and panel
   Social Break – Exhibit Hall

10:15AM – 10:30AM

10:30AM – 12:00PM

**SESSION XXI**

**KEYNOTE I**

A. **The Kids Are Not Alright: Inside the Colorado Suicide Epidemic**
   Leon Kelly, MD
   Supported by: Psychotherapy Associates

**KEYNOTE II**

B. **Live Your Greatest Story: Transforming Lives with the Power of Theater**
   Jesse Wilson, MA and Alan Henley, BS, Pharm

C. **Creating Balance in Recovery: Integrating Dialectics into Clinical Practice**
   Bari Platter, MS, RN, PMHCNS-BC
   Supported by: CTRAR

D. **“ETHICS: Making Ethics Stick**
   Anne Hatcher, EdD, RD (Ret.), CAC III, NCAC-II
   Supported by: Psychotherapy Associates

**LUNCH BREAK (on your own)**

12:15PM – 1:30PM

12:00PM – 3:00PM

**Hospitality Suite Open**, Breckenridge Room, 2nd floor

Host: Psychotherapy Associates

**SESSION XXII**

**KEYNOTE I**

A. **A Colorado Conversation: Testing New Claims About Teen Marijuana Use**
   Levon Hupfer, MA, MAC, LAC
   Supported by: Psychotherapy Associates

**KEYNOTE II**

B. **Experimental DBT: Facilitating Relapse Prevention Muscle Memory in Group Therapy**
   Fatima Cannon, LPC, MAC, LAC
   Final Symposium Closing (optional), Breckenridge Room, 2nd floor

Gary G. Forrest, EdD, PhD and staff
   Host: Psychotherapy Associates

3:15PM – 4:15PM
REGISTRATION INFORMATION

TUITION INCLUDES:
- Monday Night Welcome Reception Buffet
- Daily Coffee Breaks in Exhibit Area
- Exhibit area admission
- Symposium Diploma or confirmation of hours attended will be available online.

Please call for general Scholarship* information and Bernard Ryan Scholarships at (719) 594-9304

*Based on financial need

GENERAL INFORMATION

The 45th Annual Advanced International Winter Symposium is an exciting and fun educational experience held in Colorado Springs, Colorado. Each year this internationally recognized Symposium brings together a distinguished faculty to address the issues of treatment, recovery, and research in the addictions, mental health, and behavioral health fields. Over 1,500 participants attended the 2018 meetings and expo. The Symposium provides intensive, advanced clinical training as well as focused interaction between faculty and participants. The skill building and learning experiences that our faculty provides to attendees each year are truly exceptional.

CANCELLATIONS AND REFUNDS

Registration cancellation will be subject to a $95.00 fee. All cancellations after January 10, 2019 will be subject to loss of the entire registration fee.

BOOK STORE/BOOK SIGNING

MENTOR BOOKS will provide the Symposium Bookstore.
Danielle Miller
Cell: (951) 490-2576
Office: (951) 797-3468

SYMPOSIUM HOTEL

The Hotel Eleganté Conference and Events Center (located off of I-25 at exit 138 and Circle Drive) has been selected as the site for the 45th Annual Winter Symposium. The hotel amenities are exceptional:
- Luxurious rooms
- Indoor/outdoor heated swimming pools
- Exceptional restaurants
- Free parking
- And a complete line of services

ROOM RATES: Singles $102, Doubles $102
Please mention Psychotherapy Associates 45th Annual Winter Symposium. 2886 S Circle Dr., Colorado Springs, CO, 80906 Phone: (719) 302-9869 | Fax: (719) 576-0507 Email: hotelelegantesales@mcmelegante.com or hotelelegant.com
Reservation #219051

HOTEL RATE DEADLINE: January 10, 2019
Reservations made after January 10 will be honored on a space and rate available basis. Please make reservations directly with the Hotel Eleganté Conference and Events Center.

TAX DEDUCTIBILITY

IRS regulations permit tax deductions for travel, tuition, lodging, and meals, for events that improve or maintain professional skills. This conference is designed to comply with these regulations. For further information or advice, please contact your accountant or tax advisor.

REMAINING GREEN

Speaker handouts will be posted on the app and on the website www.cspaws.com for attendees only as we receive them. Please call for user name and password (719) 597-5959.

ACCREDITATION

This Symposium has been approved for 28 hours of Continuing Education Credit by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC), The Association For Addiction Professionals.

Behavioral Health Service Providers can complete this Symposium for Continuing Education Credits. Check with your professional regional, state or national credentialing association. Attendees can complete 10.5 hours of Ethics Focused Education and Training at the 2019 Winter Symposium.

NOTE: This brochure is based on the best available knowledge at the date of publication. Psychotherapy Associates, P.C. reserves the right to make changes in the dates, times and appearances of speakers as conditions may warrant. Check the website for program changes www.cspaws.com

An Invitation to Exhibit at 45th Annual Winter Symposium
Jan 27 - Jan 30, 2019
Exhibit Booths are available for a fee of $1200. Fee will include four complimentary admissions for the entire symposium.
Contact: Sandra Della-Giustina
addicteduc@aol.com
(719) 597-5959 or (719) 594.9304
www.cspaws.com

Please indicate if you have any need for auxiliary aids or special assistance services.
The purpose of the 45th Annual Winter Symposium includes improving health professional attendee’s evidence-based diagnostic/assessment, treatment, knowledge and practice skills specific to reducing and/or eliminating health care provider care gaps and facilitating integrative care related to a broad spectrum of addictive disorders, behavioral health and mental health disorders. Attendees completing the full Symposium will be able to identify 5 or more evidenced-based diagnostic/assessment measures, treatment interventions, practice gap reduction measures and integrative care interventions including psychotherapies, psychosocial treatments, medical and psychotropic care, self-help care and adjunctive care interventions for persons manifesting the broad spectrum of disorders and conditions included in this educational program.

**SYMPOSIUM PURPOSE AND CORE LEARNING OBJECTIVES**

**SYMPOSIUM REGISTRATION**

Name: ____________________________
(Please print your name and credentials as you wish it to appear on your name tag.)

Address: ____________________________________________________________

City: _____________________________ State: _______ Zip: ____________

Daytime Phone: (_____) ___________ E-mail: ____________________________

**Please check appropriate registration category:**

- Early Bird (before December 25, 2018) ____________________________ $385
- Symposium Tuition (after December 25, 2018) _______________________ $445
- Daily Registration *per day* ____________________________ $180
  - Sunday
  - Monday
  - Tuesday
  - Wednesday
- Student __________________________________________________________ $250
- All CAAP/NAADAC/LPC members and counselors ______________________ $275
- Military and Group Registrations of 3 or more Attendees *per person* _______ $295
- On Site Registration ______________________________________________ $485

**Send Registration and Payment to:**
Psychotherapy Associates
3208 N. Academy Blvd. Ste. 160
Colorado Springs, CO 80917
Call for information: 719-597-5959 or 719-594-9304
Use registration form in brochure or register online www.cspaws.com

**Tuesday Noon (12:15-1:30) Luncheon** (Lunch) $35.00

1 Credit Hour; $35 for Lunch; no audit-only option
Presenter: John Suthers, BS, JD, Former Colorado State Attorney General and current Mayor of Colorado Springs, CO: Marijuana in Colorado; the Verdict is Guilty on Some Counts and the Jury is Hung on Others
Preregistration & Prepayment for Lunch Required by noon Jan. 28. *Limited Lunch Seating

**20-20 Focusing on Clinical Supervision and Special Training**

Cynthia Moreno Tuohy, BSW, NCACII, CDCIII, SAP
Monday Jan 27, 2019

$50 pre-payment and pre-registration is required for this Special Training Event (no audit-only option), 6 Credit Hours, certificates will be provided by Psychotherapy Associates upon completion, session starts at 8:45AM and ends at 6:00PM (with lunch on your own and social breaks)

**REGISTER ONLINE** www.cspaws.com
Special Thanks to Our 2019 Educational Supporters!

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NEW HEALTH

GOLD

PEAKS RECOVERY CENTERS

THE FOUNDRY TREATMENT CENTER

SILVER

HEALING SPRINGS RANCH

CeDAR (Center for Dependency, Addiction and Rehabilitation)

CLASSIC

CEDAR SPRINGS HOSPITAL

COLORADO REHAB INSTITUTE

HARMONY "Recovery in the Rockies"

Access 2019 Educational Supporters and Exhibitors information at: www.cspaws.com
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