

Symposium Faculty
Includes



Bennet E. Davis
MD



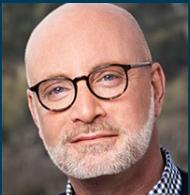
Lisa Marzilli
Pharm D, CDOE



Thomas D. Shanahan
PC, JD



Hans R. Watson
DO



Robert Weiss
PhD, MSW



Bill Wysong
MA, LPC, EMDRII, TEP



Up to 28 CEC Approved
Program Includes:
Ethics Education

46th Advanced International Winter Symposium

January 26 - January 29, 2020
Sunday – Wednesday



NEW Pre Symposium Training Workshop – Saturday, January 25, 2020

Addictive Disorders, Behavioral Health and Mental Health

Hotel Elegaté
Conference & Events Center
Colorado Springs, Colorado
(719) 576-5900

GOLD SUPPORTER



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What Lies Beneath: Treating the Young Adult

renowned author, international speaker and trainer
Claudia Black, PhD



REGISTER ONLINE

www.ADDICTIONANDMENTALHEALTH.org

Additional Faculty Online



THE SYMPOSIUM SCHEDULE



SATURDAY, JANUARY 25, 2020

8:30-4:30pm **A. NAADAC Executive Director Cynthia Moreno Tuohy, BSW, NCAC II, CDC III, SAP, will be presenting her Romancing the Brain:** Join Cynthia Moreno Tuohy for the full-day Train the Trainer training following the two-day CRR training. **Register for the Romancing the Brain: Conflict Resolution for Recovery (CRR) training by contacting Moreno Touhy at cynthia@naadac.org.**

SUNDAY, JANUARY 26, 2020

8:30-4:30pm **Romancing the Brain: Conflict Resolution for Recovery training.** Continued **Register at cynthia@naadac.org.
Freemont Room**

11:00-2:00pm **REGISTRATION OPENS**

11:15-5:30pm **EXHIBIT HALL and BOOKSTORE OPEN** (Bookstore: *Central Recovery Press*)

11:30-12:30pm **A. Tutorial – Using the Event Mobile App**

2:30-5:30pm **Hospitality Suite Open**
Breckenridge Room, 2nd Floor
Hosted by *UC Health*

2:00-3:30pm **SESSION I**

KEYNOTE

A. Exercise and Nutrition as Relapse Prevention Tools in Addiction Recovery
Thomas D. Shanahan, PC, New York Law School, JD, State University of New York, Cortland College, BA, Adult Psychopathology Institute, University of Southern Maine Sheena Archuleta, Co-founder Addict 2 Athlete

B. Retreat Style Intervention for Clients with Severe and Enduring Eating Disorder Rebecca E. Taylor, EdD, LPC, CEDS

C. Serving 1st Responders: A Counseling Perspective ML Grabill, MEd, LPC, LAC

3:30-3:45pm **SOCIAL BREAK – Exhibit Hall**
Special thanks to *Healing Springs Ranch*

3:45-5:15pm **SESSION II**

A. Shame and Addiction Michael B. Levin, MD
Psychotherapy Associates

B. Statewide Collaborative Approach to Alumni Engagement Michael Arnold, Laura Burkhalter, Brian Tierney
Harmony Foundation, Inc.

C. Nutritional Strategies for Improving Mental Health Mitch Liester, MD and Jenna Moore, RD
Psychotherapy Associates

5:15-7:00pm **DINNER BREAK** (on your own) or



6:00-7:30pm

SESSION III

Dine and Learn

Summit Room 4th floor

Harm Reduction: Truly meeting the clients where they are

Rob Archuleta, MS, CACIII, NCIP, PhD
Student

Crossroads' Turning Points, Inc.

Preregistration required by noon Jan. 24, 2020.

Register on line. \$40 Dinner Pre payment required-no audit-only option

7:45-9:15pm

SESSION IV

Politics, Politicians, Mass Media and the Manufacture of Madness in America and the World

Breckenridge Room, 2nd floor

Gary G. Forrest, EdD, PhD and Emily

Rademan, PsyD (Discussant)

Psychotherapy Associates

MONDAY, JANUARY 27, 2020

7:30- 8:30am

REGISTRATION OPENS

7:00- 8:00am

Complementary Gentle Yoga

Summit Room 4th floor

Hosted by *The Phoenix*

7:30-8:30am

SESSION V Early Bird

A. INCELS Part II: INCEL Subculture: From Toxic Masculinity to Domestic Terrorism Brian Bagwell, PsyD and Kelli Frank, MS

B. Gambling Disorder and internet Gaming: The Reward Connection
John Bundrick, LPC, LAC in Colorado
Problem Gambling Coalition of Colorado

8:15-8:45am

A. Tutorial – Using the Event Mobile App
(Mobile app, obtaining CE credits)

8:30-11:00am

Hospitality Suite Open

Breckenridge Room, 2nd Floor

Hosted by *PeakView Behavioral Health*

8:30-4:30pm

Join Cynthia Moreno Tuohy for the full-day Train the Trainer training following the two-day CRR training.
**Register at cynthia@naadac.org.
Freemont Room**

8:30-5:30pm

EXHIBIT HALL and BOOKSTORE OPEN (Bookstore: *Central Recovery Press*)

8:40-9:00

WELCOME AND OPENING REMARKS Summit Room 4th Floor

Gary G. Forrest, EdD, PhD, Executive Director, Mayor John Suthers, BS, JD, Former Colorado State Attorney General and Current Mayor of Colorado Springs, CO, Robert Ochsner, MD, Medical Director Allison Forrest, MS, Director of Operations Sarah Forrest, MS, Administrator

9:00-10:30am

SESSION VI

KEYNOTE: Summit Room 4th Floor What Lies Beneath: Treating the Young Adult

Claudia Black, PhD



THE SYMPOSIUM SCHEDULE



<p>B. Zero Suicide Applied Chris Leeman, LMFT, LAC, HpT Crossroads' Turning Points, Inc.</p> <p>C. Recovery Connection-Stages of Nurturing for an Integrated Journey Michael Dinneen, LCSW, CSAT, CACIII, Executive Director, Valiant Living and Jonathan De Carlo, CACIII-C4 Consulting, Inc. (Part I)</p>	<p>C. Intervention for Depression and Trauma in Substance Abuse Clients-use of sand tray and positive psychology along with CBT to create a successful treatment profile/case presentation(s). Barbara Flood, PhD Rose House</p> <p>3:00-3:15pm SOCIAL BREAK – Exhibit Hall</p> <p>3:15-4:45pm SESSION X</p>
<p>10:30-10:45am SOCIAL BREAK – Exhibit Hall <i>Special thanks to AspenPointe</i></p>	
<p>10:45-12:15pm SESSION VII</p> <p>KEYNOTE: Summit Room 4th Floor Triple Diagnosis–Chronic Pain, Addiction and Trauma: Transcending The Bio-Medical Model Mel Pohl, MD, Jerry A. Boriskin, PhD Dr. Steven Grinstead, AD, LMFT, ACRPS</p>	<p>KEYNOTE: Summit Room 4th Floor Neurobiology: How Treatment and use affects the Brain Hans Watson, DO Cedar Springs Hospital</p>
<p>A. Dialectical Leadership in Behavioral Health Annie Peters, PhD, Gina de Peralta Thorne, MS Harmony Foundation, Inc.</p> <p>B. The Power of IOP: Strong Women Treating Strong Women LaTisha L. Bader, PhD, CCO and Holly Wilson, MA, LPCC, CEO Women's Recovery</p> <p>C. Recovery Connection-Stages of Nurturing for an Integrated Journey Michael Dinneen, LCSW, CSAT, CACIII, Executive Director, Valiant Living and Jonathan De Carlo, CACIII-C4 Consulting, Inc (Part II)</p>	<p>A. Developmental Trauma Approach to Treating Addiction Barry K. Weinhold, PhD Psychotherapy Associates</p> <p>B. The Missing Link: Adding to your Practice “The Power of CASE MANAGEMENT with Loving Intervention Mara Lehnert, CACIII, Interventionist, Personalized Sobriety Services</p> <p>C. The Road to Recovery: Examining the Complicated Relationship between Science and the Sacred Patrick Hall, PsyD, MDiv, LP Valley Hope Association</p>
<p>12:30-1:30pm LUNCH BREAK (on your own) or SESSION VIII</p> <p>Lunch and Learn Breckenridge Room, 2nd Floor 1 Hour Credit Recovery-Friendly MAT for Chronic Pain and Opioid Use Disorders Dr. Steven Grinstead, AD, LMFT, ACRPS (Limited to 25 attendees, includes complimentary brown bag lunch, must preregister on web site)</p>	<p>4:45-5:30pm DINNER BREAK (on your own)</p> <p>5:30-6:45pm MONDAY NIGHT OPENING RECEPTION, Exhibit Hall Meet and Greet Colleague and Exhibitors For all attendees, join Psychotherapy Associates for heavy hors d'oeuvres, beverages, and dessert in the Exhibit Hall Hosted by Psychotherapy Associates and Hotel Elegante' Conference and Events Center</p> <p>7:00-8:30pm SESSION XI</p>
<p>2:00-5:30pm Hospitality Suite Open Breckenridge Room, 2nd Floor</p>	
<p>1:30-3:00pm SESSION IX</p> <p>KEYNOTE: Summit Room 4th Floor Best Practices: Understanding Why and How to Assess and Treat Co-Occurring Disorders: Sex and Drugs Robert Weiss, PhD, LCSW Psychotherapy Associates</p>	<p>KEYNOTE</p> <p>B. Outcomes Tracking, Measurement-Based Care and Technology Enablement – Essential Capabilities for Treatment and Recovery Organizations Steve Millette, MS, LAC, LMHC, Director Wellness & Recovery Service Line, Gloop</p> <p>7:00-8:30pm C. Flipping the Kitchen Table-The power of truth telling Jill Krush, LPC, CACIII The Choice House</p> <p>9:00-10:00pm B. OPEN AA/SELF-HELP RECOVERY GROUP</p>
TUESDAY, JANUARY 28, 2020	
<p>A. How do we more impact fully work in our clients lives, reduce overdose death rates and start a sober revolution? Duke Rumely, Director of Business Development at New Outlook Recovery Services and Founder: Sober AF Entertainment</p> <p>B. Electroconvulsive Therapy- 80 years and Still the GOLD Standard Richard Marciniak, MD Peak View Behavioral Health</p>	<p>7:30-8:30am SESSION XII Early Bird</p> <p>B. Ethics: When Abstinence is Unethical Debby Patz, PsyD, CACIII, E-RYT</p> <p>C. The Monogamy Myth Paul Gross, LPC</p>
	<p>8:00-4:00pm Hospitality Suite Open Breckenridge Room, 2nd Floor</p>



THE SYMPOSIUM SCHEDULE



<p>8:00-11:30am <i>Hospitality Suite Open</i> Breckenridge Room, 2nd Floor Hosted by <i>Department of Corrections</i></p>	<p>B. The Common use of Psychiatric Drugs as a Medication Assisted Therapy Elliot Cohen, MD Psychotherapy Associates</p>
<p>8:30-5:30pm EXHIBIT HALL and BOOK STORE OPEN</p>	<p>C. The Impacts of Sociopathy on The Family Bruce Carruth, PhD and Trisha Murphy-Rae, LCSW San Miguel de Allende GTO Mexico Psychotherapy Associates</p>
<p>9:00-10:30am SESSION XIII</p> <p>KEYNOTE: Summit Room 4th Floor The Pain of Trauma, The Trauma of Pain. The Opiod Crisis is Not What You Think Bennet E. Davis, MD, Director of the Pain Recovery Program Sierra Tucson and Recovery Division Acadia Healthcare</p>	<p>D. Recovering Your Voice Douglas Murphy, CACIII, NCAC-I West Pines Behavioral Health</p>
<p>B. Including Families in Trauma Integrated Addiction Treatment: A Review of Family Focused Theory and Interventions to Promote Family Healing Michael Barnes, PhD, MAC, LPC Foundry Steamboat</p> <p>C. Behavioral Treatment of Chronic Pain: Evidence –Based Tools that Work! Martha Teater, MA, LMFT, LPC, LCAS</p>	<p>3:00-3:15pm SOCIAL BREAK – Exhibit Hall</p> <p>3:15-4:45pm SESSION XVII</p> <p>KEYNOTE: Summit Room 4th Floor Addiction in the Workplace: Early Intervention Benefits and Opportunities Ethan Castro, MEd, MBA, JD Aspen Ridge Recovery</p>
<p>10:30-10:45am SOCIAL BREAK – Exhibit Hall <i>Special thanks to AspenPointe</i></p>	<p>A. Implementing a Trauma-Informed System of Care: Leadership Strategies to Prevent and Mitigate Organizational Trauma in Behavioral Health Systems Miguel Messina, PsyD, MS, LMHC, CDP Psychotherapy Associates</p>
<p>10:45-12:15pm SESSION XIV</p> <p>KEYNOTE</p> <p>A. Historic and Current Trends: Methamphetamine and Cocaine Use Lisa Marzilli, PharmD, CDOE Dominion Diagnostics</p>	<p>B. Out of the Box and into the Community: The efficacy of the “Open Community Model” Stefan Bate, MA, LAC, CCTP and Will Crosswell, LCSW, LCDC Jaywalker Lodge</p>
<p>B. Resistance versus Noncompliance in Treatment Brandy Klingman, LCSW-BACS St. Christopher’s Addiction Wellness Center</p> <p>C. Taking the Plunge: Promoting an Ethical Private Practice Mita M. Johnson, EdD, LPC, LMFT, LAC, MAC, SAP</p> <p>D. Retraining the Brain for Healing Adriana Balentine, LCSW, CACII, EMDR Sandstone Care</p>	<p>C. Longevity, Passion, and Self-Care: How do we as Healthcare Professionals, find relief for “BURNOUT”? Aaron Van Dam, MSN, RN-BC Highlands Behavioral Health</p> <p>D. The Impact of Addiction and How Children and Families Heal Lindsey Chadwick, LPC and Kase Wille Hazelden Betty Ford Children’s Program</p>
<p>LUNCH BREAK (on your own) or</p>	<p>4:45-6:00pm DINNER BREAK (on your own)</p>
<p>12:15-1:30pm SESSION XV</p> <p>LUNCH PRESENTATION Summit Room 4th floor Box Wine and Shake Mix Join local radio personality Johnny Joy. 1.25 credit hours, Preregistration on line and \$35 prepayment required on web site. (no audit-only option)</p>	<p>5:45-7:00pm Complementary Yoga for Recovery Summit Room 4th floor with Amy Emley Hosted by <i>The Phoenix</i></p> <p>6:00-7:00pm SESSION XVIIII</p>
<p>1:00-4:00pm <i>Hospitality Suite Open</i> Breckenridge Room, 2nd Floor Hosted by <i>Mindfulness in Recovery Institute</i></p>	<p>B. AA Speaker Meeting Speaker: Mara Lehnert, CACIII, Interventionist, Personalized Sobriety Services “Come and Experience an open AA speaker meeting with the preamble, reading of steps and traditions, serenity prayer, etc...”</p>
<p>1:30-3:00pm SESSION XVI</p> <p>A. The Power of Peers in Recovery Jessica Russell, MA, LPC, LAC, Director, Crestone Recovery Solutions, Teah Miller, MA, LPC, Director, Health Solutions Crisis Services, Alexis Rael, Health Solutions Recovery Services Coordinator Health Solutions</p>	<p>7:15-8:30pm SESSION XIX</p> <p>B. Chronic Pain: Moving into an Integrated Approach Ozzie Cabral, MA, LPC</p> <p>C. Effective Treatment for Emerging Adults: Integrating Clinical Intervention, MAT, and the 12 Steps Darrin Miller, MA, LAC, LPCC Red Rock Recovery</p>



THE SYMPOSIUM SCHEDULE



9:00-10:00pm **B. Open Narcotics Anonymous/Self-Help Recovery Group**

WEDNESDAY, JANUARY 29, 2020

7:30-8:45am **SESSION XX**

- A. A Multidisciplinary Approach to Treating Substance Use Disorders in Acute Care Settings.** Jessica Mars, LCSW, Sabrah Jean Collar, BSN, RN UC Health
- B. How over-prescribing habits drove the Opioid epidemic, fuel Benzodiazepine and other medication abuse and can prompt another crisis.** Patrick Gallus, DO
Gallus Detox
- D. Change Your Brain with Psychodrama** Bill Wysong, MA, LPC, EMDRII, TEP and Joann Wysong (Part I)
Psychotherapy Associates

8:00-11:30am **Hospitality Suite Open**
Breckenridge Room, 2nd Floor

8:30- 1:00pm **EXHIBIT HALL and BOOKSTORE OPEN**

9:00-10:30am **SESSION XXI**

- A. Social Media and Its Impact on Teens** Christy Alten-Osmera, LAC, LPC-MH, QMHP
Keystone Treatment Center
- B. The Intersection between Trauma Integration and addiction recovery Using Trauma Recovery and Empowerment as a Recovery Tool** Keith Colton, LCSW
Aspen Ridge Recovery

C. Transcranial Magnetic Stimulation and Ketamine for Depression Charles Weber, DO
Psychotherapy Associates

D. Change Your Brain with Psychodrama Bill Wysong, MA, LPC, EMDRII, TEP and Joann Wysong (Part II)
Psychotherapy Associates

10:30-10:45am **SOCIAL BREAK – Exhibit Hall**

10:45-12:15pm **SESSION XXII**

A. What the Hell Are We Thinking? We are presently living in the future history of addiction treatment-how will we be judged by future treatment? Dick Dillon, CEO, Innovasion
Psychotherapy Associates

B. Bipolar Disorder in Children: Saving Young Lives through Better Diagnosis and Treatment Approaches Michael G. Pipich, MS, LMFT

C. Mental Health Work among Indigenous Peoples: A Year in Pine Ridge Steven Kidd, PhD and Anne Kidd, PhD, LCSW

D. Change Your Brain with Psychodrama Bill Wysong, MA, LPC, EMDRII, TEP and Joann Wysong (Part III)
Psychotherapy Associates

12:15- 12:30pm **WRAP UP**

A. Gary G. Forrest PhD, EdD, Executive Director of Psychotherapy Associates and founder of the Winter Symposium



SYMPOSIUM INFORMATION



www.ADDICTIONANDMENTALHEALTH.org

GENERAL INFORMATION

The 46th Annual Advanced International Winter Symposium is an exciting and fun educational experience held in Colorado Springs, Colorado. Each year this internationally recognized Symposium brings together a distinguished faculty to address the issues of treatment, recovery, and research in the addictions, mental health, and behavioral health fields. Over 1,300 participants attended the 2019 meetings and expo. The Symposium provides intensive, advanced clinical training as well as focused interaction between faculty and participants. The skill building and learning experiences that our faculty provides to attendees each year are truly exceptional.

ACCREDITATION

This Symposium has been approved for 28 hours of Continuing Education Credit by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC), The Association For Addiction Professionals.

Behavioral Health Service Providers can complete this Symposium for Continuing Education Credits. Check with your professional regional, state or national credentialing association. Attendees can complete Ethics Focused Education and Training at the 2020 Winter Symposium.



Please indicate if you have any need for auxiliary aids or special assistance services.

CANCELLATIONS AND REFUNDS

Registration cancellation will be subject to a \$95.00 fee. All cancellations after January 10, 2020 will be subject to loss of the entire registration fee.



NOTE: This brochure is based on the best available knowledge at the date of publication 1.20.20. Psychotherapy Associates, P.C. reserves the right to make changes in the dates, times and appearances of speakers as conditions may warrant. Check the website for program changes at www.ADDICTIONANDMENTALHEALTH.org.

SYMPOSIUM PURPOSE & CORE LEARNING OBJECTIVES

The purpose of the 46th Annual Winter Symposium includes improving health professional attendee's evidence-based diagnostic/assessment, treatment, knowledge and practice skills specific to reducing and/or eliminating health care provider care gaps and facilitating integrative care related to a broad spectrum of addictive disorders, behavioral health and mental health disorders. Attendees completing the full Symposium will be able to identify 5 or more evidenced-based diagnostic/assessment measures, treatment interventions, practice gap reduction measures and integrative care interventions including psychotherapies, psychosocial treatments, medical and psychotropic care, self-help care and adjunctive care interventions for persons manifesting the broad spectrum of disorders and conditions included in this educational program.



SYMPOSIUM REGISTRATION



REGISTRATION CATEGORIES AND TUITION RATES

Full Symposium Registration

Sunday, January 26th - Wednesday, January 29th

Early Bird Registration

Register by Monday, December 23rd, 2019

\$385

Regular Registration

Register by Friday, January 24th, 2020

\$485

CAAP/NAADAC/LPC Member Registration

Must provide membership verification

\$275

Military Registration

Psychotherapy Associates is proud to honor our service members

\$295

Student Registration

Must provide student enrollment status

\$250

Single Day Symposium Registration

Any single day may be attended from Sunday, January 26th through Wednesday, January 29th

Sunday, January 26th

\$180

Monday, January 27th

\$180

Tuesday, January 28th

\$180

Wednesday, January 29th

\$180

Pre Symposium Trainings - SATURDAY, January 25th

All Pre Conference Trainings are EXCLUSIVE of regular registration fees

NAADAC Conflict Resolution for Recovery

see page 8

EMDR Extended Training

\$165

EMDR Basic Training required as a prerequisite

Motivational Interview Training

\$165

Special Thanks to Our 2020 Educational Supporters!

46th Annual
Advanced
International
Winter Symposium

Pre Symposium Training Workshop
Saturday, January 25, 2020
Jan 26 — Jan 29, 2020
Sunday — Wednesday

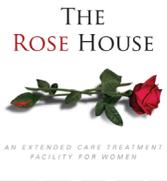
GOLD



SILVER



CLASSIC





NEW

PRE SYMPOSIUM TRAINING



46th

*Annual
Advanced
International
Winter Symposium*

January 25, 2020

Saturday

8:30am - 4:30pm



NAADAC Conflict Resolution for Recovery**

January 25 -27, 2020

Romancing the Brain: Conflict Resolution for Recovery

Cynthia Moreno Tuohy, BSW, NCACII, CDCIII, SAP
*Executive Director of NAADAC. She previously served as the
Project Director of Central East Addiction Technology*

Earn up
to
21
CEs!

Do you want to learn how to facilitate or to provide Conflict Resolution for Recovery? Join Cynthia Moreno Tuohy for either the Two Day Facilitator Training (January 25-27, 2020) or add the third day for the Train-the-Trainer Day. Already took the 2-day Training? Sign up for the one day Train the Trainer training on January 27th, 2020. Registrants must complete the two-day Romancing the Brain: Conflict Resolution for Recovery training to be eligible for the Train the Trainer training

Cost: Member Non-Member

3 Day (CRR Training + Train the Trainer) with Training Kit	\$475	\$525
2 Day (CRR Training)	\$275	\$325
1 Day (Train the Trainer Only) *Must Bring your kit & laptop	\$150	\$175

****Register by contacting: Cynthia@naadac.org.**

Cynthia Moreno Tuohy, BSW, NCAC II, CDC III, SAP, is the Executive Director of NAADAC. She previously served as the Project Director of Central East Addiction Technology Transfer Center and as the Program Director for Volunteers of America Western Washington. She has been the administrator of multi-county, publicly-funded alcohol/drug prevention/intervention/treatment centers. She has been an international, national and state trainer for over 25 years in a variety of topics. She has also served as President of NAADAC and has worked as a curriculum writer. Her book, Rein in Your Brain: from Impulsivity to Thoughtful Living in Recovery, was released in May 2014 by Hazelden Publishers. Moreno Tuohy holds a bachelor's degree in social work and advanced studies degrees in social work and public administration.



EDMR Extended Training

January 25, 2020

Treating Habits and Addictions with EMDR Therapy

Jan Schaad, LCSW, EMDR Certified Therapist

EMDR Consultant and Trainer

****EMDR Basic training required as prerequisite**



Motivational Interview Training

January 25, 2020

Motivational Interviewing

Michael Hunter

Motivational Interviewing Network of Trainers

Hosted by Recovery Village at Palmer Lake, Executive Director

REGISTER ONLINE

www.ADDICTIONANDMENTALHEALTH.org