

Symposium Faculty
Includes



Bennet E. Davis
MD



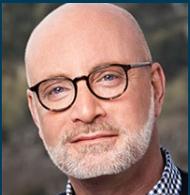
Lisa Marzilli
Pharm D, CDOE



Thomas D. Shanahan
PC, JD



Hans R. Watson
MD



Robert Weiss
PhD, MSW



Bill Wysong
MA, LPC, EMDRII, TEP



Up to 28 CEC Approved
Program Includes:
Ethics Education

46th Advanced International Winter Symposium

January 26 - January 29, 2020
Sunday – Wednesday



NEW Pre Symposium Training Workshop – Saturday, January 25, 2020

Addictive Disorders, Behavioral Health and Mental Health

Hotel Elegaté
Conference & Events Center
Colorado Springs, Colorado
(719) 576-5900

GOLD SUPPORTER



SILVER SUPPORTERS



What Lies Beneath: Treating the Young Adult

renowned author, international speaker and trainer
Claudia Black, PhD



REGISTER ONLINE

www.ADDICTIONANDMENTALHEALTH.org

Additional Faculty Online



THE SYMPOSIUM SCHEDULE



SUNDAY, JANUARY 26, 2020

11:00-2:00pm	REGISTRATION OPENS
11:15-5:30pm	EXHIBIT HALL and BOOKSTORE OPEN (Bookstore: <i>Central Recovery Press</i>)
11:30-12:30pm	A. Tutorial – Using the Event Mobile App
2:30-5:30pm	<i>Hospitality Suite Open</i> Breckenridge Room, 2nd Floor
2:00-3:30pm	SESSION I
	KEYNOTE
	A. Exercise and Nutrition as Relapse Prevention Tools in Addiction Recovery Thomas D. Shanahan, PC, New York Law School, JD, State University of New York, Cortland College, BA, Adult Psychopathology Institute, University of Southern Maine Sheena Archuleta, Co-founder Addict 2 Athlete
	B. Retreat Style Intervention for Clients with Severe and Enduring Eating Disorder Rebecca E. Taylor, EdD, LPC, CEDS
	C. “Serving 1st Responders: A Counseling Perspective” ML Grabill, MEd, LPC, LAC
3:30-3:45pm	SOCIAL BREAK – Exhibit Hall Special thanks to <i>Healing Springs Ranch</i>
3:45-5:15pm	SESSION II
	A. Shame and Addiction Michael B. Levin, MD Psychotherapy Associates
	B. Statewide Collaborative Approach to Alumni Engagement Michael Arnold, Megan White, Laura Burkhalter, James Rhoads, Brian Tierney Harmony Foundation, Inc.
	C. Nutritional Strategies for Improving Mental Health Mitch Liester, MD and Jenna Moore, RD Psychotherapy Associates
5:15-7:00pm	DINNER BREAK (on your own) or
6:00-7:30pm	SESSION III
	Dine and Learn Summit Room 4th floor Harm Reduction: Truly meeting the clients where they are Rob Archuleta, MS, CACIII, NCIP, PhD Student Crossroads’ Turning Points, Inc. Preregistration required by noon Jan. 24, 2020. Register on line. \$40 Dinner Pre payment required-no audit-only option
7:45-9:15pm	SESSION IV
	Politics, Politicians, Mass Media and the Manufacture of Madness in America and the World Breckenridge Room, 2nd floor Gary G. Forrest, EdD, PhD and Emily Rademan, PsyD (Discussant) Psychotherapy Associates

MONDAY, JANUARY 27, 2020

7:30- 8:30am	REGISTRATION OPENS
7:00- 8:00am	Complementary Gentle Yoga Poolside Atrium
7:30-8:30am	SESSION V Early Bird
	A. INCELS Part II: INCEL Subculture: From Toxic Masculinity to Domestic Terrorism Brian Bagwell, PsyD and Kelli Frank, MS
	B. Gambling Disorder and internet Gaming: The Reward Connection John Bundrick, LPC, LAC in Colorado Problem Gambling Coalition of Colorado
8:15-8:45am	A. Tutorial – Using the Event Mobile App (Mobile app, obtaining CE credits)
8:30-11:00am	<i>Hospitality Suite Open</i> Breckenridge Room, 2nd Floor Hosted by <i>PeakView Behavioral Health</i>
2:00- 5:30pm	<i>Hospitality Suite Open</i> Breckenridge Room, 2nd Floor
8:30-5:30pm	EXHIBIT HALL and BOOKSTORE OPEN (Bookstore: <i>Central Recovery Press</i>)
8:40-9:00	WELCOME AND OPENING REMARKS Summit Room 4th Floor Gary G. Forrest, EdD, PhD, Executive Director, Mayor John Suthers, BS, JD, Former Colorado State Attorney General and Current Mayor of Colorado Springs, CO, Robert Ochsner, MD, Medical Director Allison Forrest, MS, Director of Operations Sarah Forrest, MS, Administrator
9:00-10:30am	SESSION VI
	KEYNOTE: Summit Room 4th Floor What Lies Beneath: Treating the Young Adult Claudia Black, PhD
	B. Zero Suicide Applied Chris Leeman, LMFT, LAC, HpT Crossroads’ Turning Points, Inc.
	C. Recovery Connection-Stages of Nurturing for an Integrated Journey Michael Dinneen. LCSW, CSAT, CACIII, Executive Director, Valiant Living and Jonathan De Carlo, CACIII-C4 Consulting, Inc. (Part I)
10:30-10:45am	SOCIAL BREAK – Exhibit Hall <i>Special thanks to AspenPointe</i>
10:45-12:15pm	SESSION VII
	KEYNOTE: Summit Room 4th Floor Triple Diagnosis-Chronic Pain, Addiction and Trauma: Transcending The Bio-Medical Model Mel Pohl, MD, Jerry A. Boriskin, PhD Dr. Steven Grinstead, AD, LMFT, ACRPS
	A. Dialectical Leadership in Behavioral Health Annie Peters, PhD, Gina de Peralta Thorne, MS Harmony Foundation, Inc.



THE SYMPOSIUM SCHEDULE



	<p>B. The Power of IOP: Strong Women Treating Strong Women LaTisha L. Bader, PhD, CCO and Holly Wilson, MA, LPCC, CEO Women's Recovery</p> <p>C. Recovery Connection-Stages of Nurturing for an Integrated Journey Michael Dinneen, LCSW, CSAT, CACIII, Executive Director, Valiant Living and Jonathan De Carlo, CACIII-C4 Consulting, Inc (Part II)</p>		<p>B. The Recipe for Success: Love First Intervention Combined with Professional Case Management Empowering the Family Mara Lehnert, CACIII, Interventionist, Personalized Sobriety Services</p> <p>C. The Road to Recovery: Examining the Complicated Relationship between Science and the Sacred Patrick Hall, PsyD, MDiv, LP Valley Hope Association</p>
12:30-1:30pm	<p>LUNCH BREAK (on your own) or SESSION VIII</p> <p>Lunch and Learn Breckenridge Room, 2nd Floor 1 Hour Credit Recovery-Friendly MAT for Chronic Pain and Opioid Use Disorders Dr. Steven Grinstead, AD, LMFT, ACRPS (Limited to 25 attendees, includes complimentary brown bag lunch, must preregister on web site)</p>	4:45-5:30pm 5:30-6:45pm	<p>DINNER BREAK (on your own) MONDAY NIGHT OPENING RECEPTION, Exhibit Hall Meet and Greet Colleague and Exhibitors For all attendees, join Psychotherapy Associates for heavy hors d'oeuvres, beverages, and dessert in the Exhibit Hall Hosted by Psychotherapy Associates and Hotel Elegante' Conference and Events Center</p>
2:00-5:30pm	<p>Hospitality Suite Open Breckenridge Room, 2nd Floor</p>	7:00-8:30pm	<p>SESSION XI</p>
1:30-3:00pm	<p>SESSION IX</p> <p>KEYNOTE: Summit Room 4th Floor Best Practices: Understanding Why and How to Assess and Treat Co-Occurring Disorders: Sex and Drugs Robert Weiss, PhD, LCSW Psychotherapy Associates</p>		<p>KEYNOTE B. Outcomes Tracking, Measurement-Based Care and Technology Enablement – Essential Capabilities for Treatment and Recovery Organizations Steve Millette, MS, LAC, LMHC, Director Wellness & Recovery Service Line, Gloop</p>
	<p>A. How do we more impact fully work in our clients lives, reduce overdose death rates and start a sober revolution? Duke Rumely, Director of Business Development at New Outlook Recovery Services and Founder: Sober AF Entertainment</p>	7:00-8:30pm	<p>C. Flipping the kitchen-The power of truth telling Jill Krush, LPC, CACIII The Choice House</p>
	<p>B. Electroconvulsive Therapy- 80 years and Still the GOLD Standard Richard Marciniak, MD Peak View Behavioral Health</p>	9:00-10:00pm	<p>B. OPEN AA/SELF-HELP RECOVERY GROUP</p>
	<p>C. Intervention for Depression and Trauma in Substance Abuse Clients-use of sand tray and positive psychology along with CBT to create a successful treatment profile/case presentation(s). Barbara Flood, PhD Rose House</p>	7:30-8:30am	<p>SESSION XII Early Bird</p> <p>B. Ethics: When Abstinence is Unethical Debby Patz, PsyD, CACIII, E-RYT</p> <p>C. The Monogamy Myth Paul Gross. LPC</p>
3:00-3:15pm	<p>SOCIAL BREAK – Exhibit Hall</p>	8:30-5:30pm	<p>EXHIBIT HALL and BOOK STORE OPEN</p>
3:15-4:45pm	<p>SESSION X</p>	9:00-10:30am	<p>SESSION XIII</p>
	<p>KEYNOTE: Summit Room 4th Floor Neurobiology: How Treatment and use affects the Brain Hans Watson, MD Cedar Springs Hospital</p>		<p>KEYNOTE: Summit Room 4th Floor The Pain of Trauma, The Trauma of Pain. The Opiod Crisis is Not What You Think Bennet E. Davis, MD, Director of the Pain Recovery Program Sierra Tucson and Recovery Division Acadia Healthcare</p>
	<p>A. Developmental Trauma Approach to Treating Addiction Barry K. Weinhold, PhD Psychotherapy Associates</p>		<p>B. Including Families in Trauma Integrated Addiction Treatment: A Review of Family Focused Theory and Interventions to Promote Family Healing Michael Barnes, PhD, MAC, LPC Foundry Steamboat</p>

TUESDAY, JANUARY 28, 2020

Hospitality Suite Open
Breckenridge Room, 2nd Floor

Hospitality Suite Open
Breckenridge Room, 2nd Floor
Hosted by *Department of Corrections*



THE SYMPOSIUM SCHEDULE



C. Behavioral Treatment of Chronic Pain: Evidence-Based Tools that Work!
Martha Teater, MA, LMFT, LPC, LCAS

10:30-10:45am **SOCIAL BREAK** – Exhibit Hall
Special thanks to AspenPointe

10:45-12:15pm **SESSION XIV**

KEYNOTE

A. Historic and Current Trends: Methamphetamine and Cocaine Use Lisa Marzilli, PharmD, CDOE
Dominion Diagnostics

B. Resistance versus Noncompliance in Treatment Brandy Klingman, LCSW-BACS
St. Christopher’s Addiction Wellness Center

C. Taking the Plunge: Promoting an Ethical Private Practice Mita M. Johnson, EdD, LPC, LMFT, LAC, MAC, SAP

D. Retraining the Brain for Healing Adriana Balentine, LCSW, CACII, EMDR
Sandstone Care

LUNCH BREAK (on your own) or

12:15-1:30pm **SESSION XV**

LUNCH PRESENTATION

Summit Room 4th floor
Box Wine and Shake Mix
Join local radio personality Johnny Joy. 1.25 credit hours, Preregistration on line and \$35 prepayment required on web site. (no audit-only option)

1:30-3:00pm **SESSION XVI**

A. The Power of Peers in Recovery Peer Specialists
Health Solutions

B. The Common use of Psychiatric Drugs as a Medication Assisted Therapy Elliot Cohen, MD
Psychotherapy Associates

C. The Impacts of Sociopathy on The Family Bruce Carruth, PhD and Trisha Murphy-Rae, LCSW
San Miguel de Allende GTO Mexico Psychotherapy Associates

D. Recovering Your Voice Douglas Murphy, CACIII, NCAC-I
West Pines Behavioral Health

3:00-3:15pm **SOCIAL BREAK** – Exhibit Hall

3:15-4:45pm **SESSION XVII**

KEYNOTE: Summit Room 4th Floor
Addiction in the Workplace: Early Intervention Benefits and Opportunities
Ethan Castro, MEd, MBA, JD
Aspen Ridge Recovery

A. Implementing a Trauma-Informed System of Care: Leadership Strategies to Prevent and Mitigate Organizational Trauma in Behavioral Health Systems
Miguel Messina, PsyD, MS, LMHC, CDP
Psychotherapy Associates

B. Out of the Box and into the Community: The efficacy of the “Open Community Model” Stefan Bate, MA, LAC, CCTP and Will Crosswell, LCSW, LCDC
Jaywalker Lodge

C. Longevity, Passion, and Self-Care: How do we as Healthcare Professionals, find relief for “BURNOUT”? Aaron Van Dam, MSN, RN-BC
Highlands Behavioral Health

D. The Impact of Addiction and How Children and Families Heal Lindsey Chadwick, LPC and Kase Wille
Hazelden Betty Ford Children’s Program

DINNER BREAK (on your own)

Complementary Gentle Yoga
Special Thanks to The Phoenix

SESSION XVIII

B. AA Speaker Meeting Speaker: Mara Lehnert, CACIII, Interventionist, Personalized Sobriety Services “Come and Experience an open AA speaker meeting with the preamble, reading of steps and traditions, serenity prayer, etc...”

4:45-6:00pm

5:45-7:00pm

6:00-7:00pm

7:15-8:30pm

SESSION XIX

B. Chronic Pain: Moving into an Integrated Approach Ozzie Cabral, MA, LPC

C. Effective Treatment for Emerging Adults: Integrating Clinical Intervention, MAT, and the 12 Steps
Darrin Miller, MA, LAC, LPCC
Red Rock Recovery

WEDNESDAY, JANUARY 29, 2020

8:00-11:30am **Hospitality Suite Open**
Breckenridge Room, 2nd Floor

8:30- 1:00pm **EXHIBIT HALL and BOOKSTORE OPEN**

7:30-8:45am **SESSION XX**

B. How over-prescribing habits drove the Opioid epidemic, fuel Benzodiazepine and other medication abuse and can prompt another crisis.
Patrick Gallus, DO
Gallus Detox

D. Change Your Brain with Psychodrama
Bill Wyson, MA, LPC, EMDRII, TEP and Joann Wyson (Part I)
Psychotherapy Associates

9:00-10:30am **SESSION XXI**

A. Social Media and Its Impact on Teens
Christy Alten-Osmera, LAC, LPC-MH, QMHP
Keystone Treatment Center

B. The Intersection between Trauma Integration and addiction recovery Using Trauma Recovery and Empowerment as a Recovery Tool
Keith Colton, LCSW



THE SYMPOSIUM SCHEDULE



C. Transcranial Magnetic Stimulation and Ketamine for Depression Charles Weber, DO
Psychotherapy Associates

D. Change Your Brain with Psychodrama
 Bill Wysong, MA, LPC, EMDRII, TEP and Joann Wysong (Part II)
Psychotherapy Associates

10:30-10:45am **SOCIAL BREAK** – Exhibit Hall

10:45-12:15pm **SESSION XXII**

A. What the Hell Are We Thinking? We are presently living in the future history of addiction treatment-how will we be judged by future treatment?
 Dick Dillon, CEO, Innovasion
Psychotherapy Associates

12:15- 12:30pm **WRAP UP**

B. Bipolar Disorder in Children: Saving Young Lives through Better Diagnosis and Treatment Approaches Michael G. Pipich, MS, LMFT

C. Mental Health Work among Indigenous Peoples: A Year in Pine Ridge Steven Kidd, PhD and Anne Kidd, PhD, LCSW

D. Change Your Brain with Psychodrama
 Bill Wysong, MA, LPC, EMDRII, TEP and Joann Wysong (Part III)
Psychotherapy Associates

A. Gary G. Forrest PhD, EDD, Executive Director of Psychotherapy Associates and founder of the Winter Symposium



SYMPOSIUM INFORMATION



REGISTER ONLINE

www.ADDICTIONANDMENTALHEALTH.org

REGISTRATION INFORMATION

TUITION INCLUDES:

- Monday Night Welcome Reception Buffet
- Daily Coffee Breaks in Exhibit Area
- Exhibit area admission
- Symposium Diploma or confirmation of hours attended will be available online.

Please call for general Scholarship* information and Bernard Ryan Scholarships at (719) 594-9304

*Based on financial need

GENERAL INFORMATION

The 46th Annual Advanced International Winter Symposium is an exciting and fun educational experience held in Colorado Springs, Colorado. Each year this internationally recognized Symposium brings together a distinguished faculty to address the issues of treatment, recovery, and research in the addictions, mental health, and behavioral health fields. Over 1,300 participants attended the 2019 meetings and expo. The Symposium provides intensive, advanced clinical training as well as focused interaction between faculty and participants. The skill building and learning experiences that our faculty provides to attendees each year are truly exceptional.

ACCREDITATION

This Symposium has been approved for 28 hours of Continuing Education Credit by the National Association of Alcoholism and Drug Abuse Counselors (NAADAC), The Association For Addiction Professionals.

Behavioral Health Service Providers can complete this Symposium for Continuing Education Credits. Check with your professional regional, state or national credentialing association. Attendees can complete Ethics Focused Education and Training at the 2020 Winter Symposium.

An Invitation to Exhibit at 46th Annual Winter Symposium

Jan 26 - Jan 29, 2020

Exhibit Booths are available for a fee of \$1400

Fee will include four complimentary admissions for the entire symposium

Contact: Sandra Della-Giustina
 addicteduc@aol.com

(719) 597-5959 or (719) 594.9304

www.ADDICTIONANDMENTALHEALTH.org

CANCELLATIONS AND REFUNDS

Registration cancellation will be subject to a \$95.00 fee. All cancellations after January 10, 2020 will be subject to loss of the entire registration fee.

SYMPOSIUM HOTEL

The **Hotel Elegante Conference and Events Center** (located off of I-25 at exit 138 and Circle Drive) has been selected as the site for the **46th Annual Winter Symposium**. The hotel amenities are exceptional:



- Luxurious rooms
- Indoor/outdoor heated swimming pools
- Exceptional restaurants
- Free parking
- And a complete line of services



Please indicate if you have any need for auxiliary aids or special assistance services.



NOTE: This brochure is based on the best available knowledge at the date of publication 12-13.19. Psychotherapy Associates, P.C. reserves the right to make changes in the dates, times and appearances of speakers as conditions may warrant. Check the website for program changes at www.ADDICTIONANDMENTALHEALTH.org.

SYMPOSIUM PURPOSE & CORE LEARNING OBJECTIVES

The purpose of the 46th Annual Winter Symposium includes improving health professional attendee's evidence-based diagnostic/assessment, treatment, knowledge and practice skills specific to reducing and/or eliminating health care provider care gaps and facilitating integrative care related to a broad spectrum of addictive disorders, behavioral health and mental health disorders. Attendees completing the full Symposium will be able to identify 5 or more evidenced-based diagnostic/assessment measures, treatment interventions, practice gap reduction measures and integrative care interventions including psychotherapies, psychosocial treatments, medical and psychotropic care, self-help care and adjunctive care interventions for persons manifesting the broad spectrum of disorders and conditions included in this educational program.



SYMPOSIUM REGISTRATION



REGISTRATION CATEGORIES AND TUITION RATES

Full Symposium Registration

Sunday, January 26th - Wednesday, January 29th

Early Bird Registration

Register by Monday, December 23rd, 2019

\$385

Regular Registration

Register by Friday, January 24th, 2020

\$485

CAAP/NAADAC/LPC Member Registration

Must provide membership verification

\$275

Military Registration

Psychotherapy Associates is proud to honor our service members

\$295

Student Registration

Must provide student enrollment status

\$250

Single Day Symposium Registration

Any single day may be attended from Sunday, January 26th through Wednesday, January 29th

Sunday, January 26th

\$180

Monday, January 27th

\$180

Tuesday, January 28th

\$180

Wednesday, January 29th

\$180

Pre Symposium Trainings - SATURDAY, January 25th

All Pre Conference Trainings are EXCLUSIVE of regular registration fees

NAADAC Conflict Resolution for Recovery

see page 8

EMDR Extended Training

\$165

EMDR Basic Training required as a prerequisite

Motivational Interview Training

\$165

Special Thanks to Our 2020 Educational Supporters!

46th Annual
Advanced
International
Winter Symposium

Pre Symposium Training Workshop
Saturday, January 25, 2020
Jan 26 — Jan 29, 2020
Sunday — Wednesday

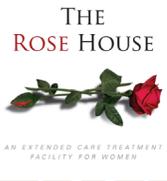
GOLD



SILVER



CLASSIC





NEW

PRE SYMPOSIUM TRAINING



46th

*Annual
Advanced
International
Winter Symposium*

January 25, 2020

Saturday

8:30am - 4:30pm



NAADAC Conflict Resolution for Recovery**

January 25 -27, 2020

Romancing the Brain: Conflict Resolution for Recovery

Cynthia Moreno Tuohy, BSW, NCACII, CDCIII, SAP
*Executive Director of NAADAC. She previously served as the
Project Director of Central East Addiction Technology*

Earn up
to
21
CEs!

Do you want to learn how to facilitate or to provide Conflict Resolution for Recovery? Join Cynthia Moreno Tuohy for either the Two Day Facilitator Training (January 25-27, 2020) or add the third day for the Train-the-Trainer Day. Already took the 2-day Training? Sign up for the one day Train the Trainer training on January 27th, 2020. Registrants must complete the two-day Romancing the Brain: Conflict Resolution for Recovery training to be eligible for the Train the Trainer training

	Cost: Member	Non-Member
3 Day (CRR Training + Train the Trainer) with Training Kit	\$475	\$525
2 Day (CRR Training)	\$275	\$325
1 Day (Train the Trainer Only) *Must Bring your kit & laptop	\$150	\$175

****Register by contacting: Cynthia@naadac.org.**

Cynthia Moreno Tuohy, BSW, NCAC II, CDC III, SAP, is the Executive Director of NAADAC. She previously served as the Project Director of Central East Addiction Technology Transfer Center and as the Program Director for Volunteers of America Western Washington. She has been the administrator of multi-county, publicly-funded alcohol/drug prevention/intervention/treatment centers. She has been an international, national and state trainer for over 25 years in a variety of topics. She has also served as President of NAADAC and has worked as a curriculum writer. Her book, Rein in Your Brain: from Impulsivity to Thoughtful Living in Recovery, was released in May 2014 by Hazelden Publishers. Moreno Tuohy holds a bachelor's degree in social work and advanced studies degrees in social work and public administration.



EDMR Extended Training

January 25, 2020

Treating Habits and Addictions with EMDR Therapy

Jan Schaad, LCSW, EMDR Certified Therapist
EMDR Consultant and Trainer

****EMDR Basic training required as prerequisite**



Motivational Interview Training

January 25, 2020

Motivational Interviewing

Michael Hunter
*Motivational Interviewing Network of Trainers
Hosted by Recovery Village at Palmer Lake, Executive Director*

REGISTER ONLINE

www.ADDICTIONANDMENTALHEALTH.org