

# Bangor Pest

## Bed Bug Treatment Preparation Sheet

### Conventional Treatment (No Heat)

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Proper preparation is extremely important for a successful bed bug treatment. Please complete the following steps prior to your scheduled service. Failure to properly prepare may reduce treatment effectiveness and could require additional services.

### Before Your Appointment

#### Reduce Clutter

- Remove unnecessary items from floors, closets, under beds, and furniture.
- Place loose belongings into sealed plastic bags or containers.
- Avoid moving items from infested rooms into non-infested areas.

### Bedding & Laundry

#### Wash & Dry All Fabrics

Wash and dry the following items prior to treatment:

- Bed sheets
- Pillow cases
- Blankets
- Comforters
- Clothing
- Curtains
- Stuffed animals
- Pet bedding

#### Important:

- Dry items on HIGH heat for at least 30 minutes.
- Place cleaned items into sealed plastic bags until after treatment.

### Beds & Furniture

#### Prepare Sleeping Areas

- Remove all bedding from mattresses and box springs.
- Pull beds at least 12 inches away from walls when possible.

- Remove all items stored underneath beds.
- Stand mattresses and box springs upright if instructed by your technician.

### **Furniture Preparation**

- Empty nightstands and dressers near sleeping areas if requested.
- Open drawers and closets to allow treatment access.
- Reduce clutter around furniture and baseboards.

## **Vacuumping**

Vacuum thoroughly before treatment, focusing on:

- Mattresses
- Box springs
- Bed frames
- Furniture seams
- Baseboards
- Carpet edges
- Cracks and crevices

### **After Vacuuming:**

- Immediately remove vacuum contents or bag.
- Seal contents in a plastic bag.
- Dispose of outdoors.

## **Electronics & Personal Items**

- Remove loose items around sleeping areas.
- Small electronics may remain unless otherwise instructed.
- Do not leave piles of clothing, blankets, or personal items on floors.

## **Pets & Aquariums**

- All people and pets must leave the property during treatment.
- Cover fish tanks and turn off air pumps during service.

## **Return Time After Treatment**

### **IMPORTANT:**

You may return to the treated areas approximately **4 hours after treatment** unless otherwise instructed by

your technician.

After returning:

- Open windows if desired for ventilation.
- Avoid washing treated surfaces immediately after service.
- Do not shampoo carpets or deep clean treated areas unless directed.

## **After Treatment Expectations**

- Some bed bug activity may continue for several days after treatment.
- Bed bugs may become more active before populations decline.
- Follow-up treatments may be necessary depending on infestation severity.
- Continue monitoring sleeping areas for activity.

## **Additional Recommendations**

- Mattress and box spring encasements are strongly recommended.
- Avoid bringing used furniture into the home without inspection.
- Continue reducing clutter to improve treatment effectiveness.
- Avoid moving untreated items between rooms.

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### **Questions?**

Bangor Pest

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