

ALLERGENS		Milk	Egg	Lupin	Soya	Gluten	Fish	Crustaceans	Peanuts	Nuts	Sulphur	Celery	Mustard	Seesame	Molluscs
Breakfast															
	Hunter Gatherer	x	x		M	X				M	X		M		
Halal		x	x		M	X	M	M			X	M	M		M
GF		x	x		M						X		M		
Vegan	Breakfast of Eden				X	X				M	M		M	M	
GF					X						M		M	M	
	Beyond the Forest Bagel	x				X	X							M	
GF		x	x		X		X							M	
	Birds nest Bagel	x	x			X					X			M	
Halal		x	x		M	X	M	M			X	M	M	M	M
GF					X						X			M	
Vegan					X	X					M		M		
	Fire pit potatoes & eggs		x		M						X		X		
Halal		M	x		M	M	M	M			X	M	X		M
	Bubble & Squeak Fritters		x		M						M		M		
Halal		M	M		M	M	M	M			M	M	M		M
Vegan					X						M		M		
	Smashed Avocado		x			X				M	X		X		
GF			x								X		X		
	Fresh & Fungi	x	x			X									
GF			X												
	French toast	x	x			X									
	Add Hot Honey & Haloumi	x	x			X									
	Forest berries, bananas & syrup	x	x			X									
	Ice-cream, biscoff & choc sauce	x	x		M	X									
	Pork bacon, eggs & syrup	x	x			X									
	Turkey bacon, eggs & syrup	x	x		M	X	M	M			M		M		M
	Crispy chicken & syrup	x	x		M	X	M	M			M		M		M
	Better than Benedict		X		M	X				M	M		M		
Halal		M	X		M	X	M	M		M	M	M	M		M
GF			X		M						M		M		
	Really wild royale		X			X	X			M					
GF			X				X			M					
	Florentine		X			X				M					
GF			X												
	Sides/ Extras	Milk	Egg	Lupin	Soya	Gluten	Fish	Crustaceans	Peanuts	Nuts	Sulphur	Celery	Mustard	Seesame	Molluscs
	Hashbrowns				M						M		M		
	Potato puffs				M						M		M		
	Toast	M				X									
	Eggs	M	X												
	Haloumi	X													
	Turkey bacon	M	M		M		M	M			M		M		M
	Pork bacon														
	Pork sausage										X				
	Chicken sausage										X				
	Vegan sausage					X									
	Vegan bacon				X						M		M		
	Smoked salmon						X								

ALLERGENS		Milk	Egg	Lupin	Soya	Gluten	Fish	Crustaceans	Peanuts	Nuts	Sulpur	Celery	Mustard	Seasame	Molluscs
Lunch															
	Rustic roast														
	Woods steak	M			M						M		M		
	Fishermans find		X		M		X	M		M	M		X		M
GF			X		M		X	M			M		X		M
	Pioneers picnic	X								M				M	
GF		X		M	X								M	M	
	Lumberjacks Lunch				M					M	M		M	M	
Halal					M					M	M		M	M	
GF				M	X						M		M	M	
	Woodmans rest				M					M	M		M	M	
GF				M	X						M		M	M	
	Yorkshire wrap	x	x		M	x					M		M		
Veggie		x	x		M	x					M		M		
	Canopy & meadow									M				M	
	Really wild roots									M	M			M	
	Caser salad	X	X			X	X	M							M
	Hunters chicken Burger	M	M		M	X	M	M			M		X		M
Halal		M	M		M	X	M	M			M	M	X		M
GF		X			M		M	M			M		X		M
	Burger at the woods	X	M		M	X					M		X		
Halal		X	M		M	X					M		X		
GF		X			M						M		X		
Vegan	The Fun- Guy				X	X									
ALLERGENS		Milk	Egg	Lupin	Soya	Gluten	Fish	Crustaceans	Peanuts	Nuts	Sulpur	Celery	Mustard	Seasame	Molluscs
Sides/ extras															
	Fries				M						M		M		
	Pigs in blankets										X				
	Smoked salmon						X	M							M
	Parma ham										X				
	Chorizo										X				
	Haloumi	X	X				M	M					M	M	M
	Chicken breast														
	Salmon steak						X	M							M
	5oz rump														
	Gravy														
	Peppercorn sauce	X													
	Creamy mushroom sauce	X													
	Lemon buerre blanc	X													
	Red wine & plum										X				

	Creamy mushroom	X													
	Lemon Beurre blanc	X													
Halal	Meat gravy														
Vegan	Vegan gravy														
	Pigs in blankets										X		X		
	Yorkshire pudding	X	X			X									
	Chicken breast														
	Pork bacon														
	Turkey bacon	M	M		M	M						M	M		
	Steak														
	Venison														
	Pheasant														
	Salmon						X	M							M
	Seabass						X	M							M
	King prawns						X	X							X

[illegible]

	Milk	Egg	Lupin	Soya	Gluten	Fish	Crustaceans	Peanuts	Nuts	Sulphur	Celery	Mustard	Seasame	Molluscs
sticky toffee pudding	X	X						M	M					
Chocolate brownie					X					M				
Amaretto Crème brulee	X	X								M				
Honey and toffee icecream	X													
Terrarium dessert														
Cookie dough	X	X		X	X			M	M					
Prickles & pinecones					X									
Apple crumble	X													
Eat the earth	X				X									
Pancake tacos	X	X			X									
Pioneers picnic	X								M				M	