

Annual Report and Accounts:

Friends of Amani Tanzania

Registered Charity Number 1114281

Year Ending – 31 December 2018

Charity Registered Address

Jaycroft, Elm Lane

Lower Earley

Reading RG6 5UG

Trustees

Professor Ken Spours (Chair)

Leslie Green (Treasurer)

Bridget Green (Secretary)

Edward Holden

Catherine Swanson

Kathryn Tudor

Rachel Derry

John Bullock

Bank Details

Royal Bank of Scotland

Brunel House

17-27 Station Road

Reading RG1 1LG

Account No: 10201087

Sort Code: 16-29-25

Trustees' Report

The Board of Trustees of Friends of Amani Tanzania (the Charity) present their annual report for the year ending 31 December 2018 under the Charities Act 2011, together with the financial statements for that year which have been subject to independent examination.

Governance

The Charity was formed in 2005, made its Declaration of Trust on 24 March 2006 and obtained registered charity status on 18 May 2006.

The Trustees are obliged to hold at least two ordinary meetings a year. In 2018 the Trustees met on:

- 9 February
- 12 April
- 28 June
- 13 September
- 10 November (informally, meeting not minuted)

The Trustees apply the income of the charity in furthering the following objectives:

- The relief of financial hardship in Tanzania, in particular for supporting the work of the Amani Centre, Morogoro, for persons with mental disabilities.
- To advance the education of people in Tanzania, in particular those with disabilities.

Trustee Visits

There were three visits to Amani during the year:

- Jun 2018 by Barbara Bristow (Associate member)
- Aug 2018 by Leslie and Bridget Green.
- Sept 2018 by Barbara Bristow (Associate member)

About Amani

Located in the Chamwino area of Morogoro, the Amani Centre for Persons with Disabilities is a non-profit making organization that educates and empowers mentally and physically challenged children and youth. Established in 1992 by Josephine Bakhita, Amani has over the last 26 years grown to become a major social partner in the Morogoro area. It aims, with the support of its friends in the UK and The Netherlands, to become a model NGO promoting awareness about disability, services for the disabled and broader partnerships for education and care across Tanzania as a whole. In 2012 the Director, Father Beatus Sewando, began a programme of restructuring to ensure the future sustainability of the Amani Centre. He continues as Director of Amani, assisted by Emmanuel Mlegu.

Presently the Amani Centre:

- employs over 20 workers, most in a voluntary capacity, in a society suffering from structural unemployment and gains additional support from both international and local volunteers;
- has developed an infrastructure comprising three centres - Amani Centre in Morogoro (Chamwino), the Mvomero Farm and Training Centre, which includes a residential school for the hearing impaired, and Mikese Farm and Vocational Centre;
- undertakes community-based rehabilitation for mentally and physically disabled children – over 5,000 persons currently receive either primary health care and education at the Amani Centre, at its outreach stations or in the wider community;
- seeks to improve the quality of life identified through the continued efforts of Amani awareness groups throughout the Morogoro District;
- educates the young members of staff who work at the Centre and supports the work of volunteers;
- supports the elderly in terms of both physical well-being and appropriate social activities.

What follows is a summary of achievements by Friends of Amani Tanzania for the financial year ending 31 December 2018.

Fundraising

The Charity made donations of £44,065 in its thirteenth year. This is an increase of £13,752 on the previous year. The increased donations were attributed to funds received from The Anglican Communion Fund (£10,000) and The Park family Trust (£2,500), both focusing on individual projects, and a disaster appeal following a severe storm at Mvomero in December (£2,687).

The Charity has five major strategies for fundraising and awareness raising:

1. Educational partnership and support.
2. Corporate donations and bids to charitable trusts
3. Regular giving and gift aid.
4. Harnessing the good will of UK Amani volunteers.
5. Events and initiatives.

Examples of each are given below:

1. Educational partnership and support

The Charity has developed a range of important partnerships with schools, colleges and universities. These initiatives, examples of which are outlined below, continued during 2018. Perhaps as importantly, the number of young people whose awareness of poverty and educational circumstances in Tanzania has been raised by the work of the Charity is significant. The hope is that those young people in the UK who are involved in either fundraising or visiting the Amani Centre will continue to be committed to its work in the future, having learned a great deal in the process. In addition, the links with schools, colleges and universities in the Morogoro and Mvomero regions of Tanzania will not only lead to better resourcing for these institutions, but also to visits for some to the UK.

All student volunteers have spoken highly of their experience on their return whilst offering valuable constructive feedback on how certain procedures may be organised with greater efficiency. A volunteer legacy for Amani Centre and FOAT is the regular giving by those who are able. One such previous volunteer, Rachel Derry, who has visited three times and provided excellent service to the physiotherapy suite, has since become a Trustee of the charity.

City of Bristol College and Dame Alice Owen School, Hertfordshire, both of which have sent groups of young people to the Amani Centre in the past and have raised considerable funds. New relationships are being formed at Reading University and an independent school in Reading.

This year Barbara Bristow agreed to join the board of Trustees as an associate member. Now retired, she has more time to fundraise for Amani in this country among her friends and colleagues in Bristol and also make more and longer visits to Amani. In September, Barbara took Val Williams, Professor [Emeritus] of Disability at Bristol University, to visit the Amani Centre. She was

able to give some very favourable feedback. Barbara has agreed to take the lead for FOAT in commencing a new project at Mvomero.

2. Corporate donations and bids to charitable trusts

Trustees and volunteers have worked hard to present their work to companies and other charitable organizations who might be interested in donating to the charity. In 2018 the Charity received funds from:

1. St James' Place Foundation	£1,000
2. John Pitman Charitable Trust	£250
3. The Park Family Charitable Trust	£2,500
4. The Anglican Communion Fund	£10,000

3. Regular giving and gift aid

This year we collected £8,795 (an increase of £1,115 on last year) from regular donations including the child sponsorship. We currently have 22 regular monthly givers and a further seven annual givers. The child sponsorship scheme raised £3,225, an increase of £675 on last year. The Trustees have tried to ensure that regular givers and as many donors as possible, sign gift aid declarations in order to maximize the income to the Charity. This year the Charity received a tax rebate of £2,826, although a decrease of £546 on last year, this was more than compensated by the gift aid received via Just Giving and Virgin Money amounting to approximately £1,200.

4. Harnessing the good will of UK Amani volunteers

Several of the former Gap Year students and other young people who have undertaken voluntary work at the Amani Centre have gone on to retain links with Amani and to fundraise for the Charity. Edward Holden and Rachel Derry serve as Trustees of the Charity and have been active in supporting the Amani volunteers' network and the Child Sponsorship scheme. Rachel's partner, John Bullock has also joined the Board of Trustees.

New volunteers and supporters, often with professional and medical skills, come forward each year either via the former volunteers' universities or places of work, or through the Facebook web pages of Friends of Amani and the Amani Centre itself. While this is something that the Charity is keen to support, we recognize the need both for the young people to play an active and constructive role, and for the Amani Centre to provide relevant project work for them to undertake. We have been fortunate to be supported in this work by Cathy Swanson, who until December was resident in Morogoro and regularly visited the Amani Centre, to provide an independent view of

Amani activities and to act as an informal mentor and medical adviser to volunteers. The Charity is currently seeking alternative ways of fulfilling this role.

Trustees held an informal tea party in November to which a number of existing supporters were invited. The purpose of this party was to bring these supporters up to date with developments at Amani and to encourage them to develop further support networks for the Charity.

3. Events and initiatives

The Trustees themselves have organized and/or participated in a range of fundraising initiatives and events, including cake sales, sponsored events, such as marathons, and encouraging friends and family members to become regular donors. There was further use of Just Giving this year, raising £6,262.

This year FOAT has registered with 'Giveasyoulive' to raise funds via on-line shopping. This initiative raised £191 for FOAT in its first year.

Projects supported in 2018

The following projects were supported during 2018.

1. Community-based rehabilitation work and economic sustainability projects at the Amani Centre.

A total of £44,065 was donated to the Amani Centre in 2018. This was primarily directed towards supporting the core mission of the Centre. General funds, including support for staff, Community Based Rehabilitation (CBR) and social and medical costs equating to £18,160 was sent for use at the discretion of the Director of the Amani Centre. In addition £3,450 was given to the Amani Centre through the Child Sponsorship Scheme.

There are currently 32 children who reside at Amani and are part of the child sponsorship scheme. A total of 17 of these children have regular sponsors who give a minimum of £15 per month. Ten sponsors provide a Direct Debit every month and seven sponsors provide an annual payment of between £180 and £240. This provides a source of regular income to support the children who reside at Amani Centre. All money from this is collated and used to support all 32 children, through food, clothing and medicines. All sponsors are encouraged to gift aid their donations. Trustee Rachel Derry monitors the child sponsorship scheme, communicates with the sponsors and takes the lead on seeking new sponsors. Rachel communicates frequently with a volunteer

staff member at the Amani Centre in order to obtain regular updates about the children, ensuring the child information is maintained and kept up-to-date.

Each year the Friends of Amani Tanzania (FOAT) charity pays towards the costs of a large community Christmas Party at the Amani Centre which, not only raises awareness in the community of issues of disability and the work of the Centre, but also serves as a way of thanking volunteers and the increasing number of local donors for their generosity. In 2018 £430 was donated for the party.

Funding is also provided to support a range of economic sustainability projects both agricultural and enterprise that involve members of the Amani staff developing their leadership capacities to provide sources of income that reduces dependency on overseas donors. Improvements to the Amani Café and tools for a Carpentry workshop at Mikese were two such initiatives.

This year over £4,655 was donated from the Helena Green Memorial Fund for six groups of families in the immediate vicinity of Amani to learn entrepreneurial skills and establish small businesses. Many chose to set up market gardens whilst others make handbags and cakes to sell.

2. School Fees for young people

The Amani Centre provides a home for able-bodied young people from some of the most rural areas in the surrounding district and pays for their education. In return, these young people assist in the care of the disabled youth at Amani. In 2018, supporters of Friends of Amani donated a total of £1,900 towards the education of some of these young people. This sum included a commitment to one child in particular (£875) who is sponsored through the Charity and for whom the Amani Centre received an administrative fee of £50.

3. Assistance for elderly people

£400 was made available to the Elders in Mvomero to support them in their social and educational activities at this Amani Outstation. The Charity has encouraged the elders to work more closely with the residential school to develop a market garden.

4. Mpapa-Msufini Dispensary

A further £1,000 was donated to complete the initial building. However the Government criteria for a dispensary has changed and before registration can occur a further six rooms are needed at a cost of over £5,000. A search for these funds continues.

5. Tailoring project

FOAT successfully bid for a grant from The Park Family Charitable Trust (£2,500) and in December donated £3,250 allowing for the establishment of a tailoring course at the Amani Centre, Chamwino. As a result, up to 15 disabled youth will receive training in 2019 and on successfully completing the course, will receive a sewing machine thus enabling them to set up their own small business.

6. School projects

The Special School at Mvomero was finally registered and officially opened in August. Exam results for this year placed it fourth out of 17 schools in the Mvomero district; a very encouraging start.

A bid for a grant to create a new curriculum environment for Life skills Development for pupils with special educational needs has been submitted to The Fonthill Foundation for consideration.

7. Mvomero appeal

In December an unusually violent storm hit the Mvomero Centre, destroying the kitchen, the water tanks, the cowsheds, chicken-house and much more. A successful appeal to FOAT's wider network raised over £2,500 to be donated to Amani in early 2019 so that work can begin to repair the site.

8. Ecumenical Social Entrepreneurship Project

Since 2015, Leslie and Bridget Green have continued working to bring together members of the Anglican and Roman Catholic Dioceses of Morogoro in their work to support people with disabilities and orphans. Following the ecumenical outreach work in four remote villages in 2017 funded by a grant for the Oxford (Anglican) Diocese, funding of £10,000 was secured this year from the Anglican Communion Fund to take this joint enterprise forward in two of the four villages – Tunguli and Chalinze - visited in Phase Two.

In September Bridget and Leslie visited Tunguli and reviewed the progress of the project.

The outcomes include:

- 1 Families with disabled children have acquired entrepreneurship skills enabling them to use local resources to support their project for further development.
- 2 Families have learnt to work together to support their disabled children and have developed confidence in facing the challenges related to this support.
- 3 Members of groups have managed to establish projects that helped and will continue to help them to cover their small family needs.

This Economic Social Entrepreneurship project has identified the need for increasing resources at Amani to support the delivery of its mission. The Anglican and Roman Catholic Bishops have agreed to continue to work together to provide the support to the families with children with disabilities. The search for further funds continues.

Future Plans

The main objectives for 2019:

- FOAT will continue to support Amani's core mission of Community Based Rehabilitation for disabled children and young people through the work at Amani's three centres at Chamwino, Mikese and Mvomero including donating to the medical, social and travel fund. With the increasing number of children and families needing support from Amani as a result of the ecumenical outreach and social empowerment projects, it is imperative that further funds are sought to support Amani's core work. This will be done through funding bids to Charitable Trusts, in particular those which focus on furthering ecumenical mission work amongst disadvantaged communities.
- At the time of writing, FOAT has learned that it has been successful in its bid to the Fonthill Foundation to provide support and resources for creating a curriculum environment for life-skills development for pupils with special educational needs at Mvomero Special School. While working with Amani to deliver on the first phase of this project in 2018/19 for which the funding (£4,140) has been given, FOAT hopes to enter into discussions with the Fonthill Foundation to consider Phase Two of the project which will consolidate on Year 1 and extend the extra-curricular projects to include cookery, animal husbandry, development of digital skills and a greater focus on social enterprise skills.

With regards to the remaining objectives FOAT will:

- Review the progress of the Tailoring Project at Amani Chamwino and will keep The Park Family Trust updated with a view to continuing their support for this and other projects at Amani.
- Seek funds (circa £5,000) from one or more Charitable Trusts to complete the building of the dispensary to serve the needs of the villagers at Mpapa-Msufini.
- Build on the initiative to encourage supporters to register with Giveasyoulive to raise funds via on-line shopping.
- Continue to encourage volunteers to visit and work on projects at the Amani Centre.
- Consolidate the work that has been undertaken both by FOAT Trustees and volunteers at the Amani Centre, to widen the reach of the Charity through developing the website and other forms of social media.
- Continue to direct support for a range of small-scale and sustainable projects that both improve the nutrition of those living at the Amani Centre and also bring in much needed income.
- Continue to lobby local authorities and education institutions to expand links between schools, colleges and universities in the UK and Tanzania, to raise the profile of the educational and financial needs of the Tanzanian education and training system and to promote joint work and exchange visits.
- Encourage our contacts to become regular donors through direct debit/gift aid and to support the Child Sponsorship Scheme.

Financial Review for the Year

The financial position of the Charity at the end of its 13th year of operation is satisfactory when considering the economic situation worldwide. Interest in the work of the Charity has increased. Grants were received from new sponsors; the Anglican Communion Fund and the Park Family Trust. Barbara Bristow agreed to be more closely involved with FOAT as an Associate Member. She raised £2,963, a 90 per cent increase on last year. Over £5,400 was also raised through

sponsorship for the London Marathon. Once again the Trustees have been encouraged by the extent of charitable giving received from:

- Trustees' personal friends and family.
- Local organisations known to the Trustees.
- Young people who have been volunteers at the Amani Centre.
- A number of schools and colleges eager to support the work of the Amani Centre, and
- The Corporate sector.

Income for the year was **£41,650**.

Expenditure included:

- £44,065 which was distributed to the Amani Centre as summarised in the financial statement;
- Total expenses of £1,217 (2.7% of expenditure) included bank charges for transferring monies to Tanzania (£283), Just Giving costs and Conference calls for 2016 and 2017 (£569) and London Marathon Fee of £396.
- Just Giving costs, Web Licences and Conference calls for 2018 totalling £826 are yet to be paid.

There was a deficit of income over expenditure of £4,488 for the year (deficit of income for the year 2017 was £145).

The Balance sheet at 31st December 2018 showed cash balances of £2,678 and net assets of £1,852. £14,253 (compared to £15,320 in 2017) was donated by individuals who pay UK tax and under the gift aid scheme this tax will be reclaimed on these donations in 2019.

Statement of Financial Activities for the year ended 31 December 2018

INCOME	2017			2018		
	Unrestricted	Restricted	Total	Unrestricted £	Restricted £	Total £
Regular Giving (incl. school fees)	3,630	1,500	5,130	3,420	1,550	4,970
Child Sponsorship Scheme	0	2,550	2,550	0	3,225	3,225
Card & Cake Sales	590	0	590	600	0	600
Bristow Initiatives excl. JG*	0	1,551	1,551	0	2,043	2,043
Charity Donation	2,089	300	2,389	1,816	2,950	4,756
London Marathon excl. JG*	766	0	766	784	0	784
Dame Alice Owen	3,930	3,700	7,630	0	0	0
Park Family Trust	0	0	0		2,500	2,500
Social Fund	0	700	700	0	600	600
Helena Green Memorial Fund excl. JG*	0	3,842	3,842	0	210	210
Giveasyoulive	37	0	37	192	0	192
Just Giving & Virgin Money	2,140	0	2,140	4,740	4,195	8,935
Ecumenical project (ACF**)	0	0	0	0	10,000	10,000
Gift Aid receipts	1,236	2,136	3,372	1,319	1,507	2,826
Interest	0	0	0	8	0	8
TOTAL INCOME	14,418	16,279	30,697	12,879	28,770	41,650
EXPENSES						
Sundry Expenses	0	0	0	965	0	965
Bank Charges	214	69	283	244	38	283
Donations	13,443	16,870	30,313	12,183	31,882	44,065
Movement in creditors	246	0	246	257	0	257
TOTAL EXPENSES	13,903	16,939	30,842	13,649	31,920	45,570
NET INCOME	515	(660)	(145)	(770)	(3,150)	(3,920)
Funds brought forward	345	5,573	5,917	860	4,913	5,772
TOTAL FUNDS CARRIED FORWARD	860	4,913	5,772	90	1,762	1,852

*Just Giving

** Anglican Communion Fund

Friends of Amani Tanzania Charity No: 1114281
Balance sheet as at 31 December 2018

	2017	2018
	£	£
ASSETS		
Cash and Bank Accounts:		
Friends of Amani Tanzania	6,342	2,678
Less: Creditors	569	826
TOTAL NET ASSETS	5,773	1,852
 FUNDS		
Unrestricted funds: general reserves	860	90
Restricted funds	4,913	1,762
TOTAL LIABILITIES & EQUITY	5,773	1,852

Friends of Amani Tanzania Charity No 1114281

Notes forming part of the Financial Statements

1 Accounting Policies

- (i) Income and expenditure is accounted for generally on a receipts and payments basis, modified by provision for year-end creditors.
- (ii) Funds accounting
Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees
Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity.
Restrictions arise when specified by the donor, or when funds are raised for particular restricted purposes.

2 Grants Paid in the year to 31 December 2017

	£
Amani CBR	3,333
Amani General Funds	14,827
Child Sponsorship	3,450
Ecumenical and Sustainable Projects	14,655
Education Projects	4,500
Mpapa Dispensary	1,000
Mvomero Elders	400
School Fees	1,900
TOTAL	44,065

Approved by the Board of Trustees:

Ken Spours
Chairman

Prof K. Spours

Date 15 May 2019

Independent examiner's report to the trustees of Friends of Amani Tanzania

I report on the accounts of the Trust for the year ended 31st December 2018, which are set out on pages 13 to 15.

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity for the year ended 31st December 2018

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("The Act").

I report in respect of my examination of the charity's accounts varied out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nigel Gowing

Fellow of the Institute of Chartered Accountants in England and Wales

118 Netherton Road, Abingdon, OX13 5LA

11th August 2019