

Annual Report and Accounts:

Friends of Amani Tanzania

Registered Charity Number 1114281

Year Ending – 31 December 2019

Charity Registered Address

Jaycroft, Elm Lane

Lower Earley

Reading RG6 5UG

Trustees

Professor Ken Spours (Chair)

Leslie Green (Treasurer)

Bridget Green (Secretary)

Edward Holden

Catherine Swanson

Kathryn Tudor

Rachel Derry

John Bullock

Bank Details

Royal Bank of Scotland

Brunel House

17-27 Station Road

Reading RG1 1LG

Account No: 10201087

Sort Code: 16-29-25

Trustees' Report

The Board of Trustees of Friends of Amani Tanzania (the Charity) present their annual report for the year ending 31 December 2019 under the Charities Act 2011, together with the financial statements for that year which have been subject to independent examination.

Governance

The Charity was formed in 2005, made its Declaration of Trust on 24 March 2006 and obtained registered charity status on 18 May 2006.

The Trustees are obliged to hold at least two ordinary meetings a year. In 2019 the Trustees met on:

- 24 January
- 28 March
- 7 June
- 27 September
- 5 December

The Trustees apply the income of the charity in furthering the following objectives:

- The relief of financial hardship in Tanzania, in particular for supporting the work of the Amani Centre, Morogoro, for persons with mental disabilities.
- To advance the education of people in Tanzania, in particular those with disabilities.

Trustee and Associate Visits

There were four visits to Amani during the year:

- Feb/Mar 2019 (5 weeks) by Barbara Bristow (Associate member)
- May 2019 (10 days) by Ed Holden
- June/Jul 2019 (5 weeks) by Barbara Bristow (Associate member)
- Aug 2019 (18 days) by Leslie and Bridget Green.

About Amani

Located in the Chamwino area of Morogoro, the Amani Centre for Persons with Disabilities is a non-profit making organization that educates and empowers mentally and physically challenged children and youth. Established in 1992 by Josephine Bakhita, Amani has over the last 27 years grown to become a major social partner in the Morogoro area. It aims, with the support of its friends in the UK and The Netherlands, to become a model NGO promoting awareness about disability, services for the disabled and broader partnerships for education and care across Tanzania as a whole. In 2012 the Director, Father Beatus Sewando, began a programme of restructuring to ensure the future sustainability of the Amani Centre. He continues as Director of Amani, assisted by Emmanuel Mlegu.

Presently the Amani Centre:

- employs over 20 workers, most in a voluntary capacity, in a society suffering from structural unemployment and gains additional support from both international and local volunteers;
- has developed an infrastructure comprising three centres - Amani Centre in Morogoro (Chamwino), the Mvomero Residential School for the hearing impaired and Farm, and Mikese Farm and Vocational Centre;
- undertakes community-based rehabilitation for mentally and physically disabled children – over 5,000 persons currently receive either primary health care and education at the Amani Centre, at its outreach stations or in the wider community;
- seeks to improve the quality of life identified through the continued efforts of Amani awareness groups throughout the Morogoro District;
- educates the young members of staff who work at the Centre and supports the work of volunteers;
- supports the elderly in terms of both physical well-being and appropriate social activities.

What follows is a summary of achievements by Friends of Amani Tanzania for the financial year ending 31 December 2019.

Fundraising

The Charity made donations of £40,617 in its fourteenth year. This is a small decrease of £3,446 on the previous year. The charity saw an increased support from various Trust funds and received several very generous individual donations.

The Charity has five major strategies for fundraising and raising awareness:

1. Educational partnership and support.
2. Corporate donations and bids to charitable trusts
3. Regular giving and gift aid.
4. Harnessing the good will of UK Amani volunteers.
5. Events and initiatives.

Examples of each are given below:

1. Educational partnership and support

The Charity has developed a range of important partnerships with schools, colleges and universities. These initiatives, examples of which are outlined below, continued during 2019. Perhaps as importantly, the number of young people whose awareness of poverty and educational circumstances in Tanzania has been raised by the work of the Charity is significant. The hope is that those young people in the UK who are involved in either fundraising or visiting the Amani Centre will continue to be committed to its work in the future, having learned a great deal in the process. In addition, the links with schools, colleges and universities in the Morogoro and Mvomero regions of Tanzania will not only lead to better resourcing for these institutions, but also to visits for some to the UK.

All student volunteers have spoken highly of their experience on their return whilst offering valuable constructive feedback on how certain procedures may be organised with greater efficiency. A volunteer legacy for Amani Centre and FOAT is the regular giving by those who are able. One such previous volunteer, Rachel Derry, who has visited three times and provided excellent service to the physiotherapy suite, has since become a Trustee of the charity.

In the past a college in Bristol and Dame Alice Owen School, Hertfordshire, have sent groups of young people to the Amani Centre and have raised considerable funds. New relationships have been formed at Reading University and an independent school in Reading.

In 2018 Barbara Bristow agreed to join the board of Trustees as an Associate Member. Now retired, she has more time to fundraise for Amani in this country among her friends and colleagues in Bristol and also make more and longer visits to Amani. Barbara has agreed to take the lead for FOAT in progressing the new Agricultural Curriculum project at Mvomero.

2. Corporate donations and bids to charitable trusts

Trustees and volunteers have worked hard to present their work to companies and other charitable organizations who might be interested in donating to the charity. In 2019 the Charity received funds from:

1. St James' Place Foundation	£2,500
2. John Pitman Charitable Trust	£1,000
3. Fonthill Charitable Trust	£7,140

3. Regular giving and gift aid

This year we collected £8,395 from regular donations including the child sponsorship (a decrease of £600 on last year due to cessation of one school fee sponsor). We currently have 21 regular monthly givers and a further eight annual givers. The child sponsorship scheme raised £3,830, an increase of £605 on last year. The Trustees have tried to ensure that regular givers and as many donors as possible, sign gift aid declarations in order to maximize the income to the Charity. This year the Charity received a tax rebate of £3,928, an increase of £998 on last year. In addition further gift aid was received via Just Giving and Virgin Money amounting to approximately £705.

4. Harnessing the good will of UK Amani volunteers

Several of the former Gap Year students and other young people who have undertaken voluntary work at the Amani Centre have gone on to retain links with Amani and to fundraise for the Charity. Edward Holden and Rachel Derry serve as Trustees of the Charity and have been active in supporting the Amani volunteers' network and the Child Sponsorship scheme. Rachel's partner, John Bullock has also joined the Board of Trustees.

New volunteers and supporters, often with professional and medical skills, come forward each year either via the former volunteers' universities or places of work, or through the Facebook web pages of Friends of Amani and the Amani Centre itself. While this is something that the Charity is keen to support, we recognize the need both for the young people to play an active and constructive role, and for the Amani Centre to provide relevant project work for them to undertake. We have been fortunate to be supported in this work by Cathy Swanson, who until December

2018 was resident in Morogoro and regularly visited the Amani Centre, to provide an independent view of Amani activities and to act as an informal mentor and medical adviser to volunteers. The Charity is currently seeking alternative ways of fulfilling this role now that Cathy is living in Uganda.

5. Events and initiatives

The Trustees themselves have organized and/or participated in a range of fundraising initiatives and events, including coffee mornings, sponsored events, such as marathons, and encouraging friends and family members to become regular donors. Two thousand four hundred and sixty pounds £2,460 was raised through Just Giving and Virgin Money. There has been a slight increase in funds received through 'Giveasyoulive' via on-line shopping. This initiative raised £233, an increase of £41 on last year.

Projects supported in 2019

The following projects were supported during 2019.

1. Community-based rehabilitation work and economic sustainability projects at the Amani Centre.

A total of £40,617 was donated to the Amani Centre in 2019. This was primarily directed towards supporting the core mission of the Centre. General funds, including support for staff, Community Based Rehabilitation (CBR) and social and medical costs equating to £18,302 was sent for use at the discretion of the Director of the Amani Centre. In addition £4,700 was given to the Amani Centre through the Child Sponsorship Scheme.

There are currently 34 children who reside at Amani and are part of the child sponsorship scheme. A total of 19 of these children have regular sponsors; some sponsors support more than one child. Ten sponsors provide a Direct Debit every month and six provide an annual payment. Sponsorship averages £20/month per child. This provides a source of regular income to support the children who reside at Amani Centre. All monies from this are collated and used to purchase food, clothing and medicines for all 34 children. All sponsors are encouraged to gift aid their donations. Trustee Rachel Derry monitors the Child Sponsorship Scheme, communicates with the sponsors and takes the lead on seeking new sponsors. Rachel communicates frequently with a volunteer staff member at the Amani Centre in order to obtain regular updates about the children, ensuring the child information is maintained and kept up-to-date.

Each year the Friends of Amani Tanzania (FOAT) charity pays towards the costs of a large community Christmas Party at the Amani Centre which, not only raises awareness in the

community of issues of disability and the work of the Centre, but also serves as a way of thanking volunteers and the increasing number of local donors for their generosity. In 2019, £250 was donated for the party.

Funding is also provided to support a range of economic sustainability projects both agricultural and enterprise that involve members of the Amani staff developing their leadership capacities to provide sources of income that reduces dependency on overseas donors. Improvements to the Amani Hostel and Café, dormitories and well at Mvomero, and water pond and housing at Mikese were a few such initiatives.

This year the Helena Green Memorial Fund paid for further training for groups of families in the immediate vicinity of Amani to refresh their entrepreneurial skills and enhance their small businesses. A washing machine was also provided for the nursery at Chamwino

2. School Fees for young people

The Amani Centre provides a home for able-bodied young people from some of the most rural areas in the surrounding district and pays for their education. In return, these young people assist in the care of the disabled children at Amani. In 2019, supporters of Friends of Amani donated a total of £975 towards the education of some of these young people. A major donor is no longer able to support this initiative and FOAT is seeking future supporters through its networks.

3. Assistance for elderly people

£200 was made available to the Elders in Mvomero to support them in their social and educational activities at this Amani Outstation. The Charity has encouraged the elders to work more closely with the residential school to develop a market garden.

4. Mpapa-Msufini Dispensary

The ten rooms required under the new Government rules have now been built thanks to a very generous private donation and water tanks are ready to be installed in 2020. Registration can then begin.

5. Tailoring project

FOAT successfully bid for a grant from The Park Family Charitable Trust (£2,500) and in December 2018 donated £3,250 allowing for the establishment of a tailoring course at the Amani Centre, Chamwino. As a result, up to 15 disabled youth received training in 2019. Three students graduated in September and the remainder are to receive additional training. A further £750 was donated by FOAT in October to ensure the course was able to continue to the end of the year. A private donation of £2,350 was made so the project can continue in 2020.

6. School projects

The Special School at Mvomero was finally registered and officially opened in August 2018, although it had been in operation for three years before this. Exam results for the period 2018-19 placed it fourth out of 17 schools in the Mvomero district; a very encouraging start.

The bid for a grant to create a new curriculum environment for Life skills Development for pupils with special educational needs was received positively by The Fonthill Foundation and two grants totalling £7,800 have been received December 2019.

By developing the outside space, creating learning resources which cross reference the learning aims of the government curriculum with vocational experiences and ensuring a rounded and varied education, the new 'Fonthill Co-curriculum Project' is anticipated to improve students' chance of success and progression to secondary school and chance of a successful future.

7. Mvomero appeal

In December 2018 an unusually violent storm hit the Mvomero Centre, destroying the kitchen, the water tanks, the cowsheds, chicken-house and much more. A successful appeal to FOAT's wider network raised over £2,500 which was donated to Amani in early 2019 so that work could begin to repair the site. A further £1,155 was subsequently received and the funds have allowed Amani to complete the repairs.

8. Ecumenical Social Entrepreneurship Project

Leslie and Bridget Green have continued to work to bring together members of the Anglican and Roman Catholic Dioceses of Morogoro to support people with disabilities and orphans. Following the ecumenical outreach work in four remote villages in 2017 funded by a grant for the Oxford (Anglican) Diocese, funding of £10,000 was secured in 2018 from the Anglican Communion Fund to take this joint enterprise forward in two of the four villages – Tunguli and Chalinze.

In September 2018 Bridget and Leslie visited Tunguli and reviewed the progress of the project.

In August 2019 they visited Chalinze and were encouraged by the developments.

The outcomes include:

- 1 Families with disabled children have acquired entrepreneurship skills enabling them to use local resources to support their project for further development.
- 2 Families have learnt to work together to support their disabled children and have developed confidence in facing the challenges related to this support.
- 3 Members of groups have managed to establish projects that helped and will continue to help them to cover their small family needs.
- 4 Two groups in Chalinze had joined together, formed their own Vicoba and raised sufficient funds to register with the local government enabling the group to secure further loans from the National Banks and thus enhance their businesses.

This Economic Social Entrepreneurship project has identified the need for increasing resources at Amani to support the delivery of its mission. The Anglican and Roman Catholic Bishops have agreed to continue to work together to provide the support to the families with children with disabilities. The search for further funds continues.

Future Plans

The main objectives for 2020:

- FOAT will continue to support Amani's core mission of Community Based Rehabilitation for disabled children and young people through the work at Amani's three centres at Chamwino, Mikese and Mvomero including donating to the medical, social and travel fund. With the increasing number of children and families needing support from Amani as a result of the ecumenical outreach and social empowerment projects, it is imperative that further funds are sought to support Amani's core work. This will be done through funding bids to Charitable Trusts, in particular those which focus on work amongst disadvantaged communities.
- FOAT will continue to foster its partnership with the Fonthill Foundation to provide support and resources for developing the curriculum environment for life-skills development for pupils with special educational needs at Mvomero Special School. The first phase, which included learning how to and the setting up a vegetable garden, will be expanded to include the establishment of maize fields, chickens and cows. The project is not only enhancing the skills of the pupils but is also increasing Amani's level of self-sufficiency.

With regards to the remaining objectives FOAT will:

- Review the progress of the Tailoring Project at Amani Chamwino and will keep The Park Family Trust updated with a view to continuing their support for this and/or other projects at Amani.
- Seek funds (circa £13,500) from one or more Charitable Trusts to complete the building of phase one of new Amani Village at Magubike.
- Build on the initiative to encourage supporters to register with 'Give as you Live' to raise funds via on-line shopping.
- Continue to encourage volunteers to visit and work on projects at the Amani Centre.
- Consolidate the work that has been undertaken both by FOAT Trustees and volunteers at the Amani Centre, to widen the reach of the Charity through developing the website and other forms of social media.
- Continue to direct support for a range of small-scale and sustainable projects that both improve the nutrition of those living at the Amani Centre and also bring in much needed income.
- Continue to lobby local authorities and education institutions to expand links between schools, colleges and universities in the UK and Tanzania, to raise the profile of the educational and financial needs of the Tanzanian education and training system and to promote joint work and exchange visits.
- Encourage our contacts to become regular donors through direct debit/gift aid and to support the Child Sponsorship Scheme.

Financial Review for the Year

The financial position of the Charity at the end of its 14th year of operation is satisfactory when considering the economic situation worldwide. Interest in the work of the Charity has increased.

Grants were received from three new sponsors; the Fonthill Charitable Trust and two private individuals who donated a total of £7,260 towards specific projects. Barbara Bristow continues to work more closely with FOAT as an Associate Member. She raised £4,232, a 43 per cent increase on last year and made two trips to Amani during the year. Over £2,700 was also raised through sponsorship for the London Marathon. Once again the Trustees have been encouraged by the extent of charitable giving received from:

- Trustees' personal friends and family.
- Local organisations known to the Trustees.
- Young people who have been volunteers at the Amani Centre.
- A number of schools and colleges eager to support the work of the Amani Centre, and
- The Corporate sector.

Income for the year was **£43,111**.

Expenditure included:

- £40,617 which was distributed to the Amani Centre as summarised in the financial statement;
- Total expenses of £1,019 (2.4% of expenditure) included bank charges for transferring monies to Tanzania (£193), Just Giving costs and Conference calls for 2018 (£430) and London Marathon Fee of £396.
- Just Giving costs, Web Licences and Conference calls for 2019 totalling £246 are yet to be paid.

There was a surplus of income over expenditure of £2,055 for the year (deficit of income for the year 2018 was £3,920).

The Balance sheet at 31st December 2019 showed cash balances of £4,153 and net assets of £3,907. A total of £22,871 (compared to £14,253 in 2018) was donated by individuals who pay UK tax and under the gift aid scheme. This tax will be reclaimed on these donations in 2020.

Friends of Amani Tanzania Charity No: 1114281
Statement of Financial Activities for the year ended 31 December 2019

	2018			2019		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
INCOME						
Regular Giving (incl. school fees)	3,420	1,550	4,970	3,265	675	3,940
Child Sponsorship Scheme	0	3,225	3,225	0	3,830	3,830
Card & Cake Sales	600	0	600	460	0	460
Bristow Initiatives excl JG*	0	2,043	2,043	0	3,760	3,760
Charity Donation	1,816	2,950	4,756	5,274	4,117	9,391
London Marathon excl JG	784	0	784	2,347	0	2,347
Fonthill	0	0	0	0	7,140	7,140
Mpapa dispensary	0	0	0	0	4,910	4,910
Park Family Trust	0	2,500	2,500	0	0	0
Social Fund	0	600	600	100	600	700
Helena Green Memorial Fund excl JG	0	210	210	0	0	0
Giveasyoulive	192	0	192	233	0	233
Just Giving & Virgin Money	4,740	4,195	8,935	399	2,061	2,460
Ecumenical project (ACF**)	0	10,000	10,000	0	0	0
Tax Rebate	1,319	1,507	2,826	1,630	2,298	3,928
Interest	8	0	8	12	0	12
TOTAL INCOME	12,879	28,770	41,650	13,720	29,391	43,111
EXPENSES						
Sundry Expenses	1,222	0	1,222	246	0	246
Bank Charges	244	38	283	158	35	193
Donations	12,183	31,882	44,065	11,981	28,636	40,617
TOTAL EXPENSES	13,649	31,920	45,570	12,385	28,671	41,056
NET INCOME	(770)	(3,150)	(3,920)	1,335	720	2,055
Funds brought forward	860	4,913	5,772	90	1,762	1,852
TOTAL FUNDS CARRIED FORWARD	90	1,762	1,852	1,425	2,482	3,907

* Just Giving

** Anglican Community Fund

Friends of Amani Tanzania Charity No: 1114281
Balance sheet as at 31 December 2019

	2018 £	2019 £
ASSETS		
Cash and Bank Accounts:		
Friends of Amani Tanzania	2,678	4,153
Less: Creditors	826	246
TOTAL NET ASSETS	1,852	3,907
 FUNDS		
Unrestricted funds: general reserves	90	1,425
Restricted funds	1,762	2,482
TOTAL LIABILITIES & EQUITY	1,852	3,907

Friends of Amani Tanzania Charity No 1114281

Notes forming part of the Financial Statements

1 Accounting Policies

- (i) Income and expenditure is accounted for generally on a receipts and payments basis, modified by provision for year-end creditors.
- (ii) Funds accounting
- Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees
- Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity.
- Restrictions arise when specified by the donor, or when funds are raised for particular restricted purposes.

2 Grants Paid in the year to 31 December 2019

	£
Amani CBR	4,030
Amani General Funds	14,272
Child Sponsorship	4,700
Ecumenical and Sustainable Projects	3,680
Education Projects	7,800
Mpapa Dispensary	4,960
Mvomero Elders	200
School Fees	975
TOTAL	40,617

Approved by the Board of Trustees:

Ken Spours (Chairman)



Date 18 May 2020

Independent examiner's report to the trustees of Friends of Amani Tanzania

I report on the accounts of the Trust for the year ended 31st December 2019, which are set out on pages 13 to 15.

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity for the year ended 31st December 2019

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("The Act").

I report in respect of my examination of the charity's accounts varied out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nigel Gowing BSc BFP FCA MBA

Fellow of the Institute of Chartered Accountants in England and Wales

118 Netherton Road, Abingdon, OX13 5LA

7th June 2020