

*Important Disclaimer: The AADSM Bed Partner Quiz is a model or guideline and is not intended to diagnose a medical condition. Answering the questions on this quiz will help the patient communicate with the dentist or physician to determine if further assessment is needed.*

## Bed Partner Quiz

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Does your partner?

Stop breathing while sleeping

☐ Yes

☐ No

Gasp while sleeping

☐ Yes

☐ No

Tend to fall asleep during the day

☐ Yes

☐ No

Snore loudly and disruptively while sleeping

☐ Yes

☐ No

Grind or clench their teeth while sleeping

☐ Yes

☐ No

Toss and turn while sleeping

☐ Yes

☐ No

**If you answered yes to any of these questions, your bed partner would benefit from a screening for sleep apnea! Call us today to schedule an appointment!**

**Riverview Dental Specialists of Sebastian**

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