

## JANUARY 2021 - WEEK OF JANUARY 11th

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### PTSA President Remarks - Bob Gaylord

#### Message from PTSA President

Is time flying or hardly moving! School has only been back in session for just one week, but it seems like it's been weeks! So much is going on it's hard to keep track of it all!! By the time you scroll through the LBSS Weekly News at the end of every week you have a pretty good snapshot of activities. And then you have this eNews email and you get another dose of activities and high interest items like the ever-popular Senior Spotlight. Events are happening every night. I follow the PTSA Facebook group and frequently check the PTSA website to keep on top of it all.

But with all of that, I often struggle to keep up with the planned events and requirements, let alone the schedule changes due to calendar and event conflicts and COVID-related schedule changes.

Flexibility, adaptability, humor, positive attitude and grace...those are watchwords to get us through the constant demands on our time. Every day is a new day filled with hope and optimism.

We are blessed to be in such a mutually supportive community. Thank you all!!

With appreciation, Bob

### Save the Date - next PTSA meeting and Town Hall

#### January 21, 2021: 7 pm

We will have a PTSA meeting and Town Hall with Dr. Smith and other Lake Braddock School Administrators.

We will be sharing a registration link soon but wanted you to be able to mark your calendar now!

### LBSS PTSA Virtual Auction

#### LBSS PTSA's Spring Virtual Auction March 1- 26, 2021

LBSS PTSA will be holding a Virtual Auction March 1-26, 2021. If you own, frequent, or know of a business or

[Staff Shoutout](#)

[Computer Science Seminar](#)

[Join or Donate to the PTSA!](#)

[PTSA Communications](#)

If viewing from a mobile device, the above links will not work.

## LBSS CALENDARS

[Events Calendar](#)

[LBSS Parent Academy](#)

## PTSA MEETINGS

**2020-2021**

via Zoom at 7 p.m.

January 21st

February 10th

## QUICK LINKS

[LBSS PTSA WEBSITE](#)

[JOIN LBSS PTSA](#)

[LBSS WEBSITE](#)

[LBSS PTSA OFFICERS AND COMMITTEES](#)

[CLASS OF 2021 YARD SIGNS](#)

[BRUINS CARE BRACELETS](#)

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[SPECIAL ED SEPTA EVENTS](#)

organization that may be willing to donate items for the auction (e.g., products or services, gym memberships, travel packages, sports memorabilia, gift cards) or have items to auction (e.g., handicrafts, gift baskets, etc.) and/or are interested in assisting with the auction, please contact [Carrie Holmes](#) or [Alice Chu](#)!

Some of the auction items already confirmed include:

- o 4 Grounds Passes: **Mount Vernon**
- o 2 Tickets: **Escape Room**
- o 4 Tasting cards: **Paradise Springs Winery**
- o 3 \$250 gift certificates towards estate planning with **The Geller Law Firm**
- o Interactive experience with **Virginia Speaker of the House, Eileen Filler-Corn**
- o **NBC4** Swag Bag and interactive experience with one of their news anchors
- o **Principal** for a Day at **Lake Braddock SS**
- o Deluxe Yard Card: **No Guilt Yard Cards**
- o Sessions with **Roneyfield Photography**
- o **Club Pilates**- 5 classes, socks, & water bottle
- o **LBABC** Basket of Spiritwear
- o **Oriental Trading** Gift Card
- o **Fancy Nails** Pedicure
- o College Essay Prep: **Julia Byrd Essay Coach**
- o College Test Prep Classes and Materials: **Princeton Review** and **NOVASTAR Prep**
- o Whiskey Barrel Adirondack Chair and Table
- o **Anytime Fitness** Gift Cards
- o **Trader Joe's** Gift Basket
- o **Unique Bakery** Gift Certificate
- **Paint Your Heart Out** Mosaic Take Home Kit

## Princeton Review

**Princeton Review**  
**Online Practice SAT and ACT Test**  
**January 23, 2021**  
**Register Now!**



LBSS PTSA is partnering with The Princeton Review to offer an online practice version of the SAT and ACT exams for LBSS high school students (9th to 12th grade) on Saturday, January 23, 2021 from 9 a.m. to 12:30 p.m.

Students will receive a presentation at the beginning of the test with step-by-step directions on logging it, as well as a walkthrough of some important info

FCPS FREE MEALS

NEWS YOU CHOOSE  
SIGNUP

LBSS PTSA Social Media



Follow us on **twitter**

about the test. Our liaison from Princeton Review will be live to help resolve login issues, and students will receive follow-up resources after the test from Princeton Review with a free score consultation option. On the morning of the test, students with testing accommodations will have the option to select Time and a Half or Double Time for the test.

Registration fees to take the online practice exams will be \$5 for current LBSS PTSA members and \$15 for non-PTSA members. It's not too late to join the PTSA and get the discounted rate - just [click here](#) !

To register for our Princeton Review online practice SAT and ACT exams [click here!](#)

## Senior Spotlight - Connor Hewlett

### SENIOR SPOTLIGHT Connor Hewlett

This week we are so excited to spotlight Senior, Connor Hewlett! After several military-related moves in elementary school, Connor has been able to call Fairfax Station home for the past several years and is entering his sixth and final year at Lake Braddock Secondary School.

**Bruin Senior Spotlight on:**  
**Connor Hewlett**

*My Favorite LBSS Memory:* Seeing friends in the morning before class, which I miss since Covid-19 has kept us all at home.

*My Favorite Class is:* AP Physics with Mr. Irelan

*LBSS Extracurriculars:* Varsity Swimming, National Honor Society, Science National Honor Society

*Other Extracurriculars:* Breast Cancer Awareness Fundraising, "Swim for the Cure", Virginia Space Coast Scholars, Swim Coach, Internships, Lorton Community Action Center Food Bank

Many people have inspired Connor throughout his high school career, none however have inspired him like his parents. He admires their ability to handle tough situations and he "hopes to one day become as determined and intelligent" as his folks.

**Bruin Senior Spotlight on:**  
**Connor Hewlett**

*Inspiration:* Parents

*Advice to Underclassmen:* Just relax, there's no need to push yourself

*Hobbies:* Skiing, scuba diving, traveling, taking naps

*Future Plans/Ambitions:* Going to college and pursuing a career in Aerospace Engineering

While at Lake Braddock, Connor has been an active member of the Varsity Swim team, National Honor Society and Science National Honor Society. He has also enjoyed competing, coaching, and lifeguarding at his neighborhood pool where he serves as an excellent role model to everyone in the community.

In addition to being an accomplished swimmer, Connor is an avid skier and also enjoys scuba diving and

traveling. Always looking out for others, Connor spends a lot of his time on community service, supporting important causes like breast cancer awareness and collecting food for organizations including the Lorton Community Action Center.



Connor is doing a research and analysis Internship through Looking Glass USA, where he analyzes the aerospace technology industry. His internship is focused on technology scouting in the Counter UAS (Unmanned Aerial Systems) space. This is giving him a strong foundation as he hopes to pursue a career in aerospace engineering after attending college.

Congratulations, Connor!! "Reach for the stars spread your wings and fly. You never know what you can do until you try!" We know you will continue to accomplish great things in the years ahead and wish you all the best!!!

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Do you know of a senior who we should spotlight in a future eNews? Please email [eNews](mailto:enews@bruinscare.com) and put Senior Spotlight in the subject. Please provide their name and a brief explanation about why you think they should be featured, highlighting some of their accomplishments. This weekly feature helps us each gain inspiration as we get to know the members of our senior class better and celebrate their accomplishments.

## Student of the Month Award Winners!

### Student of the Month Award Winners

Bruin Pride wants you to know that, despite our social distancing, we still want to celebrate and recognize our students and our staff. Each month, staff are able to recognize students who have demonstrated characteristics of our Shared Vision. The four main attributes of our theme #BruinsCARE are connected, adaptable, resilient, and engaged. Read more about them here.

Student of the Month CARE Attributes

CARE	STUDENT CHARACTERISTICS
 <p>CONNECTED</p>	<ul style="list-style-type: none"> <li>• Share group-work protocols, thinking routines, and discussion</li> <li>• Exhibit integrity by being connected to self</li> <li>• Exhibit compassion by being connected to peers</li> <li>• Make connections from self to peer, self to content, and/or self to environment.</li> <li>• Contribute to the shared community or classroom with active participation</li> <li>• Contribute to the by making connections to real-world examples</li> <li>• Collaborate and communicate effectively</li> <li>• Understand other cultures and perspectives when considering issues</li> <li>• Aware of the feelings of others and am respectful of their point of view</li> </ul>
 <p>ADAPTABLE</p>	<ul style="list-style-type: none"> <li>• Think critically and interpret information to deepen understanding and awareness</li> <li>• Seek multiple entry points to engage with the content</li> <li>• Apply creative thinking to generate original ideas</li> <li>• Ask questions and look for new solutions to solve problems</li> <li>• Creatively expresses thoughts, ideas, and emotions meaningfully</li> <li>• Demonstrate the ability to work interdependently within a group to promote learning, increase productivity, and achieve common goals</li> </ul>
 <p>RESILIENT</p>	<ul style="list-style-type: none"> <li>• Reflects and self-assesses to grow as a learner</li> <li>• Apply acquired knowledge to new scenarios</li> <li>• Exhibit a growth mindset</li> <li>• Self-advocate</li> <li>• Persist to accomplish difficult tasks</li> <li>• Persevere to overcome obstacles and set-backs</li> <li>• Model what successful learning looks like</li> <li>• Ask questions and look for new solutions to solve problems</li> </ul>
 <p>ENGAGED</p>	<ul style="list-style-type: none"> <li>• Explore, question, and utilize real-life artifacts and authentic resources</li> <li>• Use their imaginations to create and innovate</li> <li>• Invest in learning</li> <li>• Take ownership of their education</li> <li>• Demonstrate responsibility and respect for others</li> <li>• Use technological skills and digital tools to explore and exchange ideas</li> <li>• Ensure all points of view are considered when exploring an issue</li> <li>• Participate in activities that benefit the community and/or classroom</li> </ul>

**Congratulations to the December Students of the Month!**  
**December Student of the Month Winners - Engaged:**

- 7th grade: Daniel Fthenos
- 8th grade: Samarah Jahangir
- 9th grade: Riley Jane Caunter
- 10th grade: Jack Sander
- 11th grade: Jenna Mae Chanchu
- 12th grade: Ethan Feil

**7th Grader Manas Puri Wins Two FCPL Awards**

**7th Grade Student Wins Two Fairfax County Public Library Awards!**



Lake Braddock 7th grade student Manas Puri's essay, "Why Vote", was the silver award winner for Fairfax County Public Library's contest "For Love of Country: In My Own Words". See the [contest web page](#) for his award and other winners.

Manas Puri was the 1st Place winner of the Fairfax County Public Library's 2020 Teen Film Festival. His short film, "The COVID-19 Nightmare", is an action thriller with Manas in the lead role. The film and other competitors can be viewed on the [FCPL teen web page](#).

**Wealth Springs - Our newest LBSS Community Partner!**

**Wealth-Springs, Financial Coach**

We are excited to welcome seasoned financial coach, Wealth

Springs, as our newest LBSS Community Partner!

**New Year, New You!** Like Reading Elementary  
**PTSA**  
everychild, everyvoice!

Recovering from a holiday debt hangover?  
Looking to improve your credit score so you can  
refinance?  
Contact our newest LBSS Community Partner, Wealth-Springs,  
to meet with a seasoned financial coach for  
a financial wellness analysis!

Initial consultation and assessment is \$125 and 10 percent will be donated to LBSS PTSA.

**Active Duty Military:**  
Ask how you can get your complimentary assessment!

[wealth-springs.com/lbsscontact](http://wealth-springs.com/lbsscontact)

[Click here](#) to find out how to get your financial wellness analysis and assessment!

### January LBSS Community Partner

### Club Pilates - Burke



Is your New Year's resolution to get in shape? Did you take your complimentary intro class yet from Club Pilates Burke? They are donating \$30 to the LBSS PTSA for each person that joins in January. Pilates improves core muscles, flexibility, lower back pain and reduces stress. Book your class and watch the video. Join the day of your class and save \$59 on enrollment. [www.clubpilates.com/burke/ryan](http://www.clubpilates.com/burke/ryan)

Call them to hear about how they are keeping members safe with their EPA approved precautions. 703.691.5999. Voted #1 Pilates studio in Northern VA (by NOVA magazine).

### Annual LBSS Community Partners

**No-Guilt Yard Cards Can Help You Creatively Celebrate Someone Special!**  
Yard signs can be customized for any occasion!

**No-Guilt Yard Signs is an LBSS Community Partner!** Like Reading Elementary  
**PTSA**  
everychild, everyvoice!

Celebrate someone special with a yard sign!

Mention that you are part of the LBSS Community and No-Guilt Yard Signs will donate \$10 of your payment back to the LBSS PTSA!

[www.noguiltyardcards.com](http://www.noguiltyardcards.com)

For more information, visit: [No-Guilt Yard Cards](#)  
*No-Guilt Yard Cards is owned and operated by a LBSS Family!*

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**Are You Planning a Vacation?**  
**Support our partner, No-Guilt Travel!**



Look no further than  
 No-Guilt Travel! They can help you with all of your travel  
 needs! Start planning your vacation now. Contact them [now](#) !

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## In the mood for Pho? Support our partner, Pho Saigon 75!



Please visit Pho Saigon 75's [website](#)!

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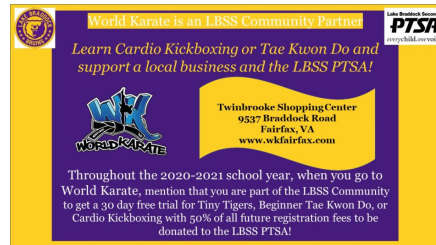
## Craving Sushi or Ramen? Support our partner, Waraku!



Please visit Waraku's [website](#)!

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## Interested in learning Cardio Kickboxing or Tae Kwon Do?



All LBSS community members will receive one month of free  
 classes for the following programs,  
 with 50% of all future registration fees to be donated to LBSS  
 PTSA!

- Tiny Tigers (ages 3-5)
- Beginner Tae Kwon Do (ages 6 and up)
- Cardio Kickboxing (teens and adults)

For more information about the above programs, please  
 visit: [World Karate Programs](#).

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**We are continuing to welcome more local businesses**

into our program. Contact [Alice Chu](#) with questions or to become a Partner!

## Box Top\$ For Education

### Box Top\$ for Education

No more clipping. No more sending Box Tops to school. All you need is your phone. Download the new Box Tops App and choose Lake Braddock! Shop as you normally would, then scan your store receipts to find participating products. The app will automatically credit LBSS PTSA Box Tops earnings online! [Sign up now!!](#)



## Coca-Cola Gives Back!

### Coca-Cola Gives Back to LBSS

So... how does it work?

1. Go to [Coke.com/give](http://Coke.com/give)
2. Sign in and choose Lake Braddock SS
3. Scan or enter product codes from participating Coca-Cola products.

Every purchase of your favorite Coca-Cola products is an opportunity to give back to Lake Braddock!



**We have earned \$47.57 so far!**

Lake Braddock SS is excited to participate in the Coca-Cola Give program. This opens up Lake Braddock SS to new funding opportunities to help with special projects and student recognition. The best part? Donations don't come directly out of your pocket.

When you make purchases of Coca-Cola products you enter the product codes that are found under the cap or on the packaging [here](#) and our school receives a donation. Thank you to everyone who has taken time to enter their codes.

This works similar to the Boxtops program where you enter codes for things you are already purchasing. Brands like Dasani water, Powerade, Fuze, Mr. Pibb, Sprite, and Honest Tea may be some of the brands you didn't realize are part of this program.

We are not suggesting that you buy anything you're not already buying - just that you take the time to look for the codes and enter them if you have them. You can scan the codes from your phone or enter them manually on the website.



## Class of 2021 Initiatives

### Stay up to Date on Senior Events

Check [the LBSS Senior Page](#) often

Encourage Seniors to join the Class of '21 Google Classroom!

### Senior Yard Signs

Order your **Class of 2021** Lake Braddock [Yard Sign](#)! Signs are 24 x 24 and look like the image below. We have a limited number of signs still available so if you want one, please order now. Don't miss out!!



Take a photo with your Senior Sign and upload it to the yearbook (see below for details)!

### Celebrating Seniors Planning Committee

A committee has been formed to celebrate our seniors throughout the year. The committee co-chairs are Julie Shedd and Jeanne Weidinger.

Interested in learning more? Contact [Julie Shedd](#)

### Order Your Senior Yearbook Now!

Help your senior remember the good times. You can upload photos at the same link! The discounted price has been extended until January 17th.

Go to [www.yearbookordercenter.com](http://www.yearbookordercenter.com) and use school code 5061 to get started. Email [Mrs. Poquis](#) if you have questions or need assistance.

## Middle School Spelling Bee

### Virtual Middle School Spelling Bee Calling All 7th & 8th Grade Spellers...

Lake Braddock is registered for the 2021 Scripps National Spelling Bee, which is scheduled to take place in June 2021.

Before any speller represents Lake Braddock at the highest level, one must first prove themselves through a number of spelling challenges.

The first stop will be the Lake Braddock Middle School Virtual

Spelling Bee, tentatively scheduled for the end of January 2021.



We are currently collecting sign-ups for the LBMS Spelling Bee. [Sign up for more information here!](#)

Only students who sign-up will receive further information on how to register for Scripps and receive the necessary study materials.

Certificates and other prizes will be awarded to the top 3 spellers and the 1st place winner will move on to represent Lake Braddock at the 2021 Fairfax County Spelling Bee, scheduled for March 2021.

The Lake Braddock Spelling Bee Champion will compete at the Fairfax County Spelling for the chance to move on to the 2021 Scripps National Spelling Bee in National Harbor, Maryland.

Learn more about the Scripps National Spelling Bee [here!](#)

Questions can be directed to:  
After-School Specialist, [Jamaal Hines](#).

## Peer Tutoring

### Free Peer Tutoring



LBSS PEER TUTORING

The LBSS Peer Tutoring program invites your student to be

tutored by one of our student peer tutors. The Peer Tutoring Program is run by students who are taking the Peer Tutoring class, and we are so excited to officially open! The Peer Tutoring Center opened on November 16th and will be open on Mondays from 9:15 - 11:15 , and yes, it is free! In the future we may be offering more times once we get the hang of things. [Click here](#) for more information on what we offer and to sign your student up to be tutored.

**LBSS Livestreamed Winter Sports: SUBSCRIBE NOW!**

## Lake Braddock Athletic Leadership Livestreamed Winter Sports

Subscribe now to the [LB Athletic Leadership](#) YouTube Channel to watch our Bruins in action.

**Library Online Book Sale**

## Library Online Bookstore

The LBSS Library is hosting an online bookstore through Bookworm Central that will continue throughout the entire school year. Students and teachers can purchase books and have them delivered to their house. Purchases over \$30 will be delivered for free. Stock up for the holidays and support the library.

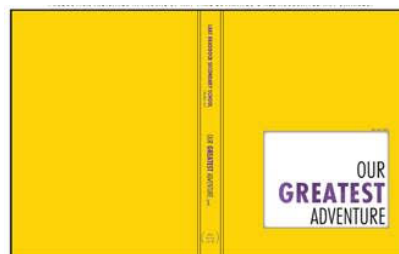
Here is the [link](#) to the LBSS Library Bookstore. You can also access the Bookstore from Lake Braddock SS website by clicking the Library tab.

Contact the [LBSS Library](#) with any questions.

Please enjoy this promotional [video](#)!

**ORDER YOUR YEARBOOK TODAY!**

## High School Yearbook Discounted Price Deadline Extended to January 17th!



The 2021 yearbooks are available for purchase. You can [order here](#) and use school code **5061 for high school**. Yearbooks make great gifts! Do you have photos you want to share for the high school yearbook? [Click here!](#)

## Middle School Yearbook \$35

Middle School has a separate yearbook (grades 7 - 8).

## Parent Academy

### Parent Academy Series

Even though we are virtual, we are still here to support you! Various synchronous and asynchronous learning opportunities will be designed to help families support their student(s) and feel connected to and engaged with Bruin Nation. Parent Academy Sessions will be advertised on the LBSS website, twitter page, and emailed out in News You Choose each week. Check out the [2020-2021 Parent Academy Events Calendar](#)

### UPCOMING EVENTS:

**January 12, 21, and 26 at 7 pm**

### The Teenage Brain, Drug Trends, and Parent Tips Series

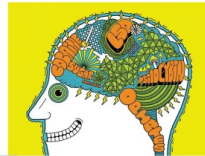
Hosted by Jessica Giffin, Substance Abuse Prevention Specialist (SAPS) & Office of Student Safety and Wellness

#### The Teenage Brain, Drug Trends, and Parent Tips Provided by the Office of Student Safety and Wellness



Session #1: The Teenage Brain: Building Connections  
**January 12 @ 7PM**

Session #2: Drugs & the Teenage Brain  
**January 21 @ 7PM**



Session #3: Drug Trends in Teens: Identifying Common Household Substances and Drug Culture  
**January 26 @ 7PM**

[www.fcps.edu/resources/student-safety-and-wellness](http://www.fcps.edu/resources/student-safety-and-wellness)

Register today: <https://docs.google.com/forms/d/ejFAjPDL5t8mpjK0Dfoz8OLymqazFAXUjGsm68CjUjbdgimmG6f5G6f5Q/viewform>



Have you ever wanted to learn more about your teenager's brain and how it relates to substance use? Register today for a three-part series about the teenage brain, adolescence, and the effects of drug and alcohol on the teenage brain. This 3-part series is packed with valuable information for parents/guardians to understand what their children are experiencing, things to look for, parenting tips, and how to communicate with your children around these topics. In addition, the 3rd session will walk parents/guardians through virtual rooms to show parents what to look for in terms of new trends, paraphernalia and how youth can utilize household items for substance use. You may participate in one, two, or three of the sessions!

Session 1: The Teenage Brain: Building Connections - January 12, 2021 @ 7 PM

Session 2: Drugs & The Teenage Brain - January 21, 2021 @ 7

## **[Register Here!](#)**

Questions? Please contact: [Jessica Giffin](#)

### **Parent Academy: Family Engagement Series**

## **Family Engagement Series**

LBSS Parent Academy Presents two Family Book Clubs for parents/guardians with middle school and/or high school students. Why join a family book club?

1. Book clubs are awesome, and even more awesome when you don't have to leave your living room!
2. Perfect for families to connect who are scattered around the world!
3. Provides fantastic dinner conversation!
4. A great way to show students how fun reading and talking about books can be!
5. A low-cost way to entertain an entire family!
6. An opportunity to learn something new about each other!

## **Middle School Family Reading Club: Here Be Dragons!**

- January 13, 2020 at 7:00 PM
- Hosted by LBSS Middle School Librarians

Families and MS students, have you ever noticed that every culture has some kind of dragon? Are you a fan of Wings of Fire or Eragon, or even Smaug from The Hobbit? Join the Here Be Dragons Reading Club to explore why dragons fascinate people throughout time. Indulge your love of dragons! Come and explore this rich mythology and history with the LBSS Parent Academy and the Middle School Librarians. Students, parents, caregivers, teachers and all dragon enthusiasts are welcome! Start with a dragon book of your choice to read over the holidays for the January 13th meeting. Each month we'll explore other great stories about dragon lore. First Book Club Meeting is Wednesday, January 13th at 7:00 PM. Please click [HERE](#) to register and enter to win a book of your own choice! The virtual link will be sent to each member.

Register [HERE](#) to sign up and enter to win a book of your own choice!

Questions? Please contact [Carolyn Hilyard](#) or [Diane Rogers](#)

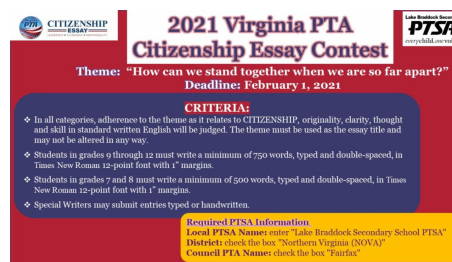
## **High School Family Book Chat**

- January 21, 2021 from 7-8 PM
- Hosted by the LBSS High School Librarians

Families and HS students, please join us on January 21st from 7-8 PM for a dynamic discussion of your book of choice. Please select a book of your choice and be prepared to share your review of and thoughts on your book. Need help finding a book? The LBSS High School librarians have created Fiction and Non-Fiction book collections for you to browse. We will email you a link to those collections once you have registered and provided your contact information. Register by January 13th here: [LBSS Book Chat Registration Form](#)  
Questions? Please contact [Sarah Pevner](#) or [Laura Christadore!](#)

## 2021 Virginia PTA Citizenship Essay Contest

### 2021 Virginia PTA Citizenship Essay Contest Deadline: February 1, 2021



Every year, the Virginia PTA promotes a sense of citizenship and responsibility by sponsoring an essay contest. This year's theme will be, "How can we stand together when we are so far apart?"

Deadline is February 1, 2021 Essays will be sent to the districts for local competition and then the first place recipients will be submitted to VA PTA by March 1, 2021 for state competition.

#### Who can enter?

All Virginia students in grades K-12 presently enrolled in schools with active PTA/PTSAs in good standing may enter.

A non-graded Special Writer Division is available and limited to students whose physical, cognitive, or mental health challenges meet ADA guidelines. Qualifying students entering this division create their own essay but may receive non-artistic accommodation and assistance from an adult.

To apply, [click here!](#)

## AVID

### AVID

Are you familiar with Lake Braddock's college-readiness course: Advancement Via Individual Determination, commonly known as AVID? The year-long elective course is offered in grades 7-12 and focuses

on student support with the goal of attendance and success in college and beyond.

They are now accepting applications for the 2021-2022 school year. The student-created infographic below has detail, including a QR code to the online application. More information on the course can be found on the middle and high school curriculum fair sites, listed under the AVID heading.

**Lake Braddock  
AVID**

**Advancement Via Individual Determination**

**AVID'S Mission**  
To close the achievement gap by preparing all students for college readiness and success in a global society.

**What is AVID?**  
Year-long elective course  
College readiness program  
Motivation, support, and educational guidance

**Skills focus:**

- Writing
- Inquiry
- Collaboration
- Organization
- Reading

**PROSPECTIVE AVID STUDENT**

**Some criteria consider are:**

- GPA
- Attendance and behavior
- First to attend college
- Underrepresented in 4-year colleges
- Economically disadvantaged
- Drive and determination
- Other special circumstances

**AVID CLASS ACTIVITIES**

- College field trips and career exploration
- Resources about colleges and scholarships
- Assistance from educated tutors
- Motivational and educational exercises (Fun Fridays!)
- Study skills, focused notes, binder checks

**TO ENROLL IN AVID**

- Complete the application
- Interview with an AVID site team member
- Check the AVID box on your course selection sheet

**SCAN THE QR CODE TO ACCESS THE ONLINE APPLICATION**

**Laura Kayajanian, Coordinator**  
lkayajanian@fcps.edu : 703-426-1236

**Allison Riley-Ryan, HS Elective Teacher**  
amrileyryan@fcps.edu : 703-426-1249

**Lynda Samek-Smith, HS Counselor**  
lsameksmith1@fcps.edu : 703-426-1053

**Lance Jackson, Administrator**  
ljackson@fcps.edu : 703-426-1120

**Josh Britton, MS Elective Teacher**  
jibritton@fcps.edu : 703-426-1276

**Beth Spille, MS Elective Teacher**  
esspille@fcps.edu : 703-426-1228

**Josh Miles, MS Counselor**  
jmmiles@fcps.edu : 703-426-1034

**AVID**  
Proven Achievement.  
Lifelong Advantage.

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## Choir News: Meet and Greet / VMEA

### Meet and Greet with Choir Directors

We know that selecting classes can be a stressful time for everyone! If you have questions about the choir program, we will be holding two info sessions with Mr. McClay (MS director) and Ms. Harmon (HS director) in the coming weeks! Please do not hesitate to reach out to

Ms. Harmon ahead of time, if she can be of help. More info can be found here: <https://lbchorus.org>

**LB MIDDLE SCHOOL CHORUS**

We participate in lots of fun activities and community events both inside and outside of school

- Annual trips to Kings Dominion and Busch Gardens
- A great place to find a home at Lake Braddock and make new friends

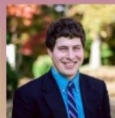



Virtual Winter Concert 2020

\_ 926012 Basso Chorus  
(For lower registered voices and anyone who identifies as male)

\_ 926011 Treble Chorus  
(For higher registered voices and anyone who identifies as female)

Our amazing directors Mr. McClay (MS) and Ms. Harmon (HS)




Meet and Greet with MS and HS choir directors at 7pm, January 19th for rising 7th graders and new MS Choir Members

Zoom link to the Meet and Greet can also be found on [lbchorus.org](http://lbchorus.org)

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**LB CHORUS**

Choir is such an amazing course to take and my favorite class! Not only do you make beautiful music, but you get to make it with the friends you make along the way!  
-LB Choir Student

There are always fun activities like virtual movie night and spirit days to participate in throughout the year! -LB Choir Student

"I really love the variety of songs and music provided through this program- the range of music really has something for everyone to enjoy." -LB Choir Parent

926016 Treble Chorus- Camerata- 8th Grade Women/Treble Voices

926017 Basso Chorus- Men's Choir- 9th-12th Men/Basso Voices

928516 Intermediate Treble Chorus- WWE- 10th-12th Women/Treble Voices (no audition required)

928915 Advanced Mixed Chorus- Singers- 10th-12th AUDITIONED Ensemble

928916 Advanced Treble Chorus- Select- 10th-12th AUDITIONED Ensemble


929615 Show/Swing Choir- not being offered for 2021-2022 school year

925515 Piano Lab 1- 9th-12th ALL levels of piano skill!!!




Meet and Greet with Mr. McClay/ Ms. Harmon January 12th 7pm. (Rising 8th/ 9th graders and all new HS Choir singers)

Zoom Links can also be found on [lbchorus.org](http://lbchorus.org)



**LB Chorus Website**

[lbchorus.org](http://lbchorus.org)

**Chorus Student Board Instagram**

[@lbchorus](https://www.instagram.com/lbchorus)

**Contact Information**

[aharmon@cps.edu](mailto:aharmon@cps.edu)

**4 LB Choir Students Achieve Honor**  
 Congratulations to Lake Braddock students Helen Do, Maggie Edwards, Elizabeth Meiners and Bella Thurgood who have been named to the 2020 Virginia Music Educators Association (VMEA) Senior Honors Choir!





## Ordering School Photos 7-11th Grades

### Ordering Underclassmen Photos

#### High School (9th - 11th) Photos

High School student portraits are available to view and order online (orders placed online will ship home) at [vosphoto.com/lakebraddockHS](https://vosphoto.com/lakebraddockHS). Use your student's FCPS ID as the online code. Questions or concerns can be directed to [underclass@vosphoto.com](mailto:underclass@vosphoto.com).

#### Middle School (7th-8th) Photos

Middle School student portraits are available to view and order online (orders placed online will ship home) at [vosphoto.com/lakebraddockMS](https://vosphoto.com/lakebraddockMS). Use your student's FCPS ID as the online code. Questions or concerns regarding Middle School portraits can be directed to [underclass@vosphoto.com](mailto:underclass@vosphoto.com).

## Staff Shoutout!

### Staff Shoutout!

Has a staff member at Lake Braddock Secondary School gone above and beyond to support you or your student? Someone who is your student's champion? Is there someone that you would like to recognize for his/her hard work or dedication? Send a quick Staff Shout Out or Nominate an outstanding staff member who has made a difference! Please scan the QR Code or use this [link to make a nomination!](#) Feel free to submit more than one nomination!



If you would like to complete a more formal nomination, FCPS Cares is also taking nominations [here!](#)

Thank you so much! Your kind words are appreciated! Stay

## Computer Science Seminar for Girls 7th - 12th Grades!

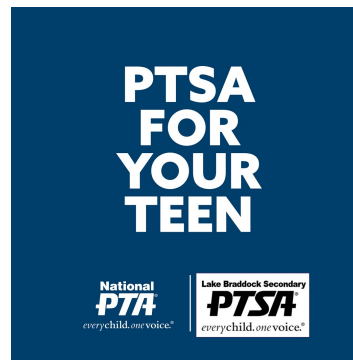
### Inviting all Girls Grades 7-12! Artificial Intelligence/Cybersecurity Seminar

Last week's spotlighted senior, Lidya Demilew, is co-hosting a virtual seminar, tentatively scheduled for March 6 -7th, that exposes middle and high school girls to computing through two of the fastest growing fields in technology, Artificial Intelligence (AI) and Cybersecurity, and addresses their implications. The girls will get to meet "Cyber-AI" professionals and will get access to resources to continue their tech journey.

[Register here!](#) There is no cost to participate as they do not want to inhibit participation. This is an invaluable opportunity that I hope many of our students will take full advantage of!

## LBSS - Join and/or Donate to The PTSA

### Join or Donate to Our PTSA Today!



We appreciate everyone who has already joined our PTSA this year! If you haven't joined yet, parents, students, teachers, staff, administrators and community members can [click here](#) to join the LBSS PTSA today!

The Lake Braddock PTSA is a 501c3 organization. If you wish to make a tax-deductible donation to our PTSA, click [here!](#)

Contact [Melissa McCarthy](#) with any questions.

## LBSS PTSA COMMUNICATIONS

### How to Stay in Touch!

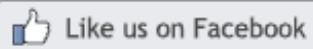
To stay current on all that we are doing, bookmark our website, [www.lbssptsa.org](http://www.lbssptsa.org) and visit frequently!

We have a social media presence on

Follow us on [twitter](#)



to join our private PTSA Facebook Group.



to follow our public Facebook Page.

To contact our PTSA Board Members and Committee  
Chairs [click here!](#)

Our eNews is distributed on Mondays throughout the school  
year. We tried to highlight the things we felt were most  
important that you may not have seen elsewhere. We strongly  
encourage you to read the weekly "News You Choose" that the  
school sends out on Fridays to stay current on other LBSS  
news!

**Have any eNews you would like published?**

**Please contact: Andrea Edelstein**

**[enews@lbssptsa.org](mailto:enews@lbssptsa.org)**

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