



eNews



JANUARY 2021 - WEEK OF JANUARY 4th

TABLE OF CONTENTS

eNews Quick Links

[PTSA President Remarks](#)

[Virtual Auction](#)

[Senior Spotlight](#)

[Computer Science Seminar](#)

[Princeton Review](#)

[Wegmans Grant](#)

[PTSA Fundraisers](#)

[Annual LBSS](#)

[Community Partners](#)

[January LBSS](#)

[Community Partners](#)

[Club Pilates](#)

[Annual LBSS](#)

[Community Partners](#)

[Bruins CARE Morse](#)

[Code Bracelets](#)

[Bruins Goodr](#)

[Sunglasses](#)

[Library Online Book Sale](#)

[Box Top\\$ For Education](#)

[Coca-Cola Gives Back](#)

[Student of the Month](#)

[Class OF 2021 Initiatives](#)

[Middle School Spelling Bee](#)

[Peer Tutoring](#)

[LBSS Livestreamed](#)

PTSA President Remarks - Bob Gaylord

Message from PTSA President

Welcome Back!!!

Yesterday, Today or Tomorrow? This is the time of year when we have a tendency to look back and assess the last year. We also have a tendency to make resolutions for the new year. I've never been big on either.

I see time as a continuum...days follow days. If we have a success, celebrate it in the moment. If we suffer a hardship or setback, we regroup, learn from it and move on. 2020 was filled with negatives; yet, each provided opportunities for learning and growth. I think we should look to each new day of 2021 with hope and optimism. Time moves on regardless.

In a few days, our students will be selecting courses for next year. Yet, we don't know how this year will continue to unfold. But they will make their choices and time will move on.

COVID numbers are high; yet, a great number of our students are currently scheduled to return to school this month. Whether they ultimately do or not, time will move on.

I encourage each of you to not lament the past, but celebrate what we have today, and look optimistically at tomorrow as our actions today shape it. Each of us can make a difference. Collectively, we are a powerful force and example for our youth. Let's look forward. After all, if we go rushing ahead looking in a rear-view mirror, we are likely to hurt ourselves and possibly others.

With appreciation and optimism, Bob

LBSS PTSA Virtual Auction

LBSS PTSA's Spring Virtual Auction
March 1- 26, 2021

[Sports](#)

[Football Fundraiser](#)

[Yearbooks](#)

[School Photos](#)

[Parent Academy](#)

[Parent Academy: Book Clubs](#)

[Staff Shoutout](#)

[Citizenship Essay Contest](#)

[Contest](#)

[Join or Donate to the PTSA!](#)

[PTSA Communications](#)

If viewing from a mobile device, the above links will not work.

LBSS CALENDARS

[Events Calendar](#)

[LBSS Parent Academy](#)

PTSA MEETINGS

2020-2021

via Zoom at 7 p.m.

January 21st

February 10th

QUICK LINKS

[LBSS PTSA WEBSITE](#)

[JOIN LBSS PTSA](#)

[LBSS WEBSITE](#)

[LBSS PTSA OFFICERS AND COMMITTEES](#)

[CLASS OF 2021 YARD SIGNS](#)

[BRUINS CARE BRACELETS](#)

[BRUINS GOODR SUNGLASSES](#)

[LBSS COMMUNITY PARTNERS](#)

[BOX TOPS FOR EDUCATION](#)

LBSS PTSA will be holding a Virtual Auction March 1-26, 2021. If you own, frequent, or know of a business or organization that may be willing to donate items for the auction (e.g., products or services, gym memberships, travel packages, sports memorabilia, gift cards) or have items to auction (e.g., handicrafts, gift baskets, etc.) and/or are interested in assisting with the auction, please contact [Carrie Holmes](#) or [Alice Chu](#)!

Some of the auction items already confirmed include:

- 4 Grounds Passes: **Mount Vernon**
- 2 Tickets: **Escape Room**
- 4 Tasting cards: **Paradise Springs Winery**
- 3 \$250 gift certificates towards estate planning with **The Geller Law Firm**
- Interactive experience with **Virginia Speaker of the House, Eileen Filler-Corn**
- **NBC4** Swag Bag and interactive experience with one of their news anchors
- **Principal** for a Day at **Lake Braddock SS**
- Sessions with **Roneyfield Photography**
- **Club Pilates**- 5 classes, socks, & water bottle
- **LBABC** Basket of Spiritwear
- **Oriental Trading** Gift Card
- **Fancy Nails** Pedicure
- College Essay Prep: **Julia Byrd Essay Coach**
- College Test Prep Classes and Materials: **Princeton Review** and **NOVASTAR Prep**
- Whiskey Barrel Adirondack Chair and Table
- Deluxe Yard Card: **No Guilt Yard Cards**

Senior Spotlight - Lidya Demilew

SENIOR SPOTLIGHT Lidya Demilew

This week we are excited to feature Senior Lidya Demilew! Born in Ethiopia, she and her family moved here when she was nine years old. In nominating her for the Senior Spotlight, Computer Science teacher Eva Anderson mentioned, "Lily participates in multiple STEM opportunities outside of school: hackathons, workshops, clubs, science fairs, robotics competitions, governors school, and more. She has won STEM awards, scholarships, and grants. Her interests are often centered around how to use technology to help other people. In computer science, my senior advanced class currently has 18 students. Lily is the first female ever to take the class."

COCA COLA GIVES

FCPS CARES

MIDDLE SCHOOL AFTER SCHOOL PROGRAMS

LBSS YEARBOOKS

SPECIAL ED SEPTA EVENTS

FCPS FREE MEALS

NEWS YOU CHOOSE SIGNUP

LBSS PTSA Social Media



Bruin Senior Spotlight on:
Lidya Demilew



My Favorite LBSS Memory: *was the 2019 International Night. Participating with the Ethiopian/Eritrean Student Association and making friends and connections was amazing!*

My Favorite Class is: *Computer Systems with Ms. Anderson. It is self-paced and gives us an opportunity to learn what we want. You have to keep yourself accountable and Ms. Anderson provides a lot of support.*

LBSS Extracurriculars: *Ethiopian-Eritrean Student Association (President), Model UN, Key Club, National Honor Society, Math Honor Society Computer Science Honor Society, Lake Braddock Chapter of STEM to Inspire (Director of Workshops)*

At Lake Braddock, Lidya serves as the President of the Ethiopian-Eritrean Student Association and is actively involved in Model UN, Key Club, National Honor Society, Math Honor Society, Computer Science Honor Society and is Director of Workshops at the Lake Braddock Chapter of STEM to Inspire.

Bruin Senior Spotlight on:
Lidya Demilew



Other Extracurriculars: *The Stem Impressionists, National Society of Black Engineers, STEM to Inspire, Chemistry Tutor, Technovation Challenge*

Inspirations: *My parents, my mentor Angela DeHart, and Beyonce are each sources of inspiration to me.*

Favorite Quote: *"It's handled!" Olivia Pope*

Advice to underclassmen: *"Have confidence that you deserve the things you are getting. Be prepared and don't internalize negativity. You're worth it and you deserve it."*

In the Fall, Bruin seniors Lidya and Hannah Lee, were named Coca-Cola Scholars Foundation Semifinalists. Only 1,609 Semifinalists were chosen among 99,403 applicants this year because of their outstanding leadership, academic achievements, and dedication to their community. Lidya and Hanna will now continue through the process with the opportunity of becoming a Coca-Cola Scholar.

Bruin Senior Spotlight on:
Lidya Demilew

Hobbies: *volleyball, basketball, violin, reading, spending time with friends*

Future Plans/Ambitions: *I will be attending Yale University and majoring in Computer Science. The niche I plan to focus on is tackling algorithm bias and making technology equitable for underserved women where there is an implicit bias.*



But, that barely begins to scratch the surface of Lidya's accomplishments. Inspired by her parents, Lidya has always worked hard and appreciates the sacrifices that her parents have made for her and her sister, Nardos (LBSS Class of '22). Her father is a computer science professional but Lidya didn't really think that computer science was for her until she was at Glasgow Middle School and met her mentor, Ms. Angela DeHart. Ms. DeHart encouraged her to join an after school club which led to a science fair that was such a powerful experience and changed everything for her.

Because of that, she encourages others to start early. "It gives you more time to explore and go deeper." Lidya wants underclassmen to "have confidence that you deserve the things you are getting. Be prepared and

don't internalize negativity." She continues, "when you accomplish great things know that you are worth it and you deserve it!"

Lidya, along with her mentor and four other students, founded [The Stem Impressionists](#) "an after-school sustained mentoring program that works with middle and high school minority girls that are interested in exploring STEM. The main objectives of this program are to ensure that the participants engage in STEM activities that are documented and can be showcased, to create an avenue of career exploration by introducing students to different STEM career paths and for participants to introduce STEM to other students and their peers." The STEM Impressionists are such an integral part of who Lidya is today.

Successfully serving as the project manager, planning and hosting STEM workshops, has been a big challenge and a great source of pride that has taught her so much as she has hosted panels and dealt with all aspects of event management. Her next big workshop will be held in March and she encourages all middle school and high school girls to enroll. There is more information about this, including a registration link, right below the Senior Spotlight.

Building on her strong foundation of knowledge about a range of computer science and robotics topics, Lidya has served as a judge for several robotics competitions and is a frequent guest speaker, panelist, and presenter at STEM conferences. Later this year, she will be a conference speaker at ITEEA.



She has applied for and received four grants, totaling \$5,500. Last year, adding to a wide array of previously earned recognition and awards including second place in the Intel Regional Science Fair, she received recognition at the Columbia University Engineering Experience (CE2), Virginia Governor's School for STEM, and NCWIT Aspirations in Computing.

Lidya has been accepted to Yale University where she will continue to focus on computer science. Specifically, the niche she is focused on is tackling algorithm bias and the implicit bias towards underserved women and making technology equitable. She will also continue to focus on service to others and will surely continue to

serve as an inspiration to everyone she encounters.

Congratulations, Lidya. We cannot wait to see how you continue to change the world as you lead by example and encourage others to do the same. We are so proud to have you as a member of the Lake Braddock Class of 2021!

Do you know of a senior who we should spotlight in a future eNews? Please email [eNews](#) and put Senior Spotlight in the subject. Please provide their name and a brief explanation about why you think they should be featured, highlighting some of their accomplishments. This weekly feature helps us each gain inspiration as we get to know the members of our senior class better and celebrate their accomplishments.

Special thanks to Michael Volkman, Carson Sturgeon, Jake Sizemore, McKenzie Shedd, Vivian Stewart, Karen Shrieves, Chandler Gallant, Anna Sydes, Charlotte Wagenblast, and Lidya Demilew for being our first ten spotlighted seniors! We can't wait to learn more about more of our seniors over the next six months!

Computer Science Seminar for Girls 7th - 12th Grades!

Inviting all Girls Grades 7-12! Artificial Intelligence/Cybersecurity Seminar

This week's spotlighted senior, Lidya Demilew, is co-hosting a virtual seminar, tentatively scheduled for March 6 -7th, that exposes middle and high school girls to computing through two of the fastest growing fields in technology, Artificial Intelligence (AI) and Cybersecurity, and addresses their implications. The girls will get to meet "Cyber-AI" professionals and will get access to resources to continue their tech journey.

[Register here!](#) There is no cost to participate as they do not want to inhibit participation. This is an invaluable opportunity that I hope many of our students will take full advantage of!

Princeton Review

Princeton Review Online Practice SAT and ACT Test January 23, 2021 Register Now!



LBSS PTSA is partnering with The Princeton Review to offer an online practice version of the SAT

and ACT exams for LBSS high school students (9th to 12th grade) on Saturday, January 23, 2021 from 9 a.m. to 12:30 p.m.

Students will receive a presentation at the beginning of the test with step-by-step directions on logging it, as well as a walkthrough of some important info about the test. Our liaison from Princeton Review will be live to help resolve login issues, and students will receive follow-up resources after the test from Princeton Review with a free score consultation option. On the morning of the test, students with testing accommodations will have the option to select Time and a Half or Double Time for the test.

Registration fees to take the online practice exams will be \$5 for current LBSS PTSA members and \$15 for non-PTSA members. It's not too late to join the PTSA and get the discounted rate - just [click here](#) !

To register for our Princeton Review online practice SAT and ACT exams [click here!](#)

Wegmans Awards Grant for LBSS Pantry

Wegmans Grant Awarded



We are so appreciative to Wegmans in Fairfax for awarding Lake Braddock PTSA with a \$250 grant to support our recently established LBSS Food Pantry! The LBSS PTSA is grateful to Wegmans for its generous donation, which will be used to purchase food, hygiene, cleaning and household supplies to support our students, staff and families.

PTSA Fundraisers - Help us help you!

Proceeds From LBSS PTSA Fundraisers

Unless otherwise stated, the proceeds from LBSS PTSA fundraisers will go towards scholarships; educational grants, events, and programs; teacher and student recognition; family engagement; and general school support.

TONIGHT: Subway Kings Park Spirit Night 5-9 pm

TONIGHT: Subway Spirit Night

[Subway in Kings Park](#) will be hosting Spirit Nights on the first Monday of each month from 5 - 9 pm, for the remainder of the school year. Make sure to mention you are part of the LBSS Community when you order and they will donate a percentage of your payment back to the LBSS PTSA!



Monday Nights at Subway

Kings Park Shopping Center
8960 Burke Lake Road
Springfield, VA
*This Location Only!

SUBWAY

Lake Braddock Secondary
PTSA
everychild.onevoice™

From 5 - 9 pm, on the first Monday of each month for the remainder of this school year, Subway in Kings Park will donate 10% of your purchase back to the LBSS PTSA!
Make sure to inform the cashier that you are part of the LBSS Community!

2021: January 4, February 1, March 1, April 5, May 3, June 7

<http://lbsptsas.org/programs/communitypartners>

January LBSS Community Partner

Club Pilates - Burke



Get healthy in the New Year! Club Pilates Burke is donating \$30 to LBSS PTSA for each person that joins in January. [Click here](#) to book a complimentary intro class to look and feel great inside and out from the #1 Pilates studio in Northern VA (Voted by NOVA magazine)

Getting fit & healthy is more important than ever to boost immunity. Pilates strengthens your core, increases bone density to fight osteoporosis, improves lower back pain and improves your flexibility. Experience the Reformer machine, Exo Chair, TRX and Barre risk free. Join the day of your intro class and save \$59 on enrollment.

Call them to hear about how they are keeping members safe with their EPA approved precautions. 703.691.5999.

Annual LBSS Community Partners

No-Guilt Yard Cards Can Help You Creatively Celebrate Someone Special!
Yard signs can be customized for any occasion!



No-Guilt Yard Signs is an LBSS Community Partner

Celebrate someone special with a yard sign!

no-guilt yard signs

to 28 YEARS! PAUL

to 28 YEARS! RYAN

to 28 YEARS! ANNIE

Mention that you are part of the LBSS Community and No-Guilt Yard Signs will donate \$10 of your payment back to the LBSS PTSA!

www.noguiltyardcards.com

For more information, visit: [No-Guilt Yard Cards](#)
No-Guilt Yard Cards is owned and operated by a LBSS Family!

**Are You Planning a Vacation?
Support our partner, No-Guilt Travel!**



Look no further than
No-Guilt Travel! They can help you with all of your travel
needs! Start planning your vacation now. Contact them [now](#) !

**In the mood for Pho?
Support our partner, Pho Saigon 75!**



Please visit Pho Saigon 75's [website!](#)

**Craving Sushi or Ramen?
Support our partner, Waraku!**



Please visit Waraku's [website!](#)

**Interested in learning
Cardio Kickboxing or Tae Kwon Do?**



All LBSS community members will receive one month of free
classes for the following programs,
with 50% of all future registration fees to be donated to LBSS
PTSA!

- Tiny Tigers (ages 3-5)
- Beginner Tae Kwon Do (ages 6 and up)
- Cardio Kickboxing (teens and adults)

For more information about the above programs, please visit: [World Karate Programs](#).

We are continuing to welcome more local businesses into our program. Contact [Alice Chu](#) with questions or to become a Partner!

Bruins CARE Morse Code Bracelets

Bruins CARE Morse Code Bracelets Available for Same Day Pickup



Have you ordered your limited edition Bruins CARE Morse code bracelet yet? Show your school spirit with this purple, gold, and white bracelet. The bracelet's pattern means "Bruins CARE" in Morse code and is an attractive reinforcement of our Lake Braddock school vision.

These bracelets make great gifts! Students, teachers, and parents all love this bracelet!!



Order yours today by clicking [here!](#)
Contact [Andrea Edelstein](#) with any questions.

Bruins GOODR Sunglasses

Bruins GOODR Sunglasses
Your Future is so Bright, You're Going to
NEED THESE SHADES!!
Same Day Pickup Available

Do you or your favorite Bruin have the custom Lake

Braddock branded GoodR sunglasses? These sunglasses feature polarized lenses, non-slip frames with a laser etched paw print and Lake Braddock Bruins on the inside of the frame. To order, [click here!](#) They are \$25 each. Five dollars from each pair sold will be donated to the PTSA and the rest of the proceeds will support the LB Crew team!



Library Online Book Sale

Library Online Bookstore

The LBSS Library is hosting an online bookstore through Bookworm Central that will continue throughout the entire school year. Students and teachers can purchase books and have them delivered to their house. Purchases over \$30 will be delivered for free. Stock up for the holidays and support the library.

Here is the [link](#) to the LBSS Library Bookstore. You can also access the Bookstore from Lake Braddock SS website by clicking the Library tab.

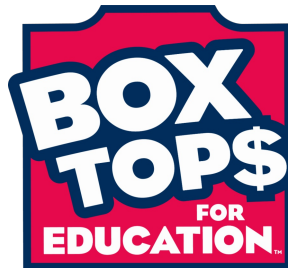
Contact the [LBSS Library](#) with any questions.

Please enjoy this promotional [video!](#)

Box Top\$ For Education

Box Top\$ for Education

No more clipping. No more sending Box Tops to school. All you need is your phone. Download the new Box Tops App and choose Lake Braddock! Shop as you normally would, then scan your store receipts to find participating products. The app will automatically credit LBSS PTSA Box Tops earnings online! [Sign up now!!](#)



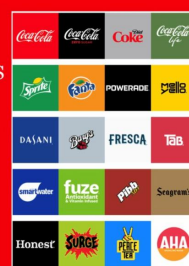
Coca-Cola Gives Back!

Coca-Cola Gives Back to LBSS

So... how does it work?

1. Go to Coke.com/give
2. Sign in and choose Lake Braddock SS
3. Scan or enter product codes from participating Coca-Cola products.

Every purchase of your favorite Coca-Cola products is an opportunity to give back to Lake Braddock!



When we started focusing on the Coca-Cola Give program, we set an initial goal to earn \$40.40 by the end of 2020. I am excited to share that we have exceeded our initial goal and earned \$44.92 last quarter!

Lake Braddock SS is excited to participate in the Coca-Cola Give program. This opens up Lake Braddock SS to new funding opportunities to help with special projects and student recognition. The best part? Donations don't come directly out of your pocket.

When you make purchases of Coca-Cola products you enter the product codes that are found under the cap or on the packaging [here](#) and our school receives a donation. Thank you to everyone who has taken time to enter their codes.

This works similar to the Boxtops program where you enter codes for things you are already purchasing. Brands like Dasani water, Powerade, Fuze, Mr. Pibb, Sprite, and Honest Tea may be some of the brands you didn't realize are part of this program.

We are not suggesting that you buy anything you're not already buying - just that you take the time to look for the codes and enter them if you have them. You can scan the codes from your phone or enter them manually on the website.





Help LBSS make the most of this program!

Student of the Month Award Winners!

Student of the Month Award Winners

Bruin Pride wants you to know that, despite our social distancing, we still want to celebrate and recognize our students and our staff. Each month, staff are able to recognize students who have demonstrated characteristics of our Shared Vision. The four main attributes of our theme #BruinsCARE are connected, adaptable, resilient, and engaged. Read more about them [here](#).

Student of the Month CARE Attributes

CARE	STUDENT CHARACTERISTICS
 CONNECTED	<ul style="list-style-type: none"> • Share group-work protocols, thinking routines, and discussion • Exhibit integrity by being connected to self • Exhibit compassion by being connected peers • Make connections from self to peer, self to content, and/or self to environment. • Contribute to the shared community or classroom with active participation • Contribute to the by making connections to real-world examples • Collaborate and communicate effectively • Understand other cultures and perspectives when considering issues • Aware of the feelings of others and am respectful of their point of view
 ADAPTABLE	<ul style="list-style-type: none"> • Think critically and interpret information to deepen understanding and awareness • Seek multiple entry points to engage with the content • Apply creative thinking to generate original ideas • Ask questions and looks for new solutions to solve problems • Creatively expresses thoughts, ideas, and emotions meaningfully • Demonstrate the ability to work interdependently within a group to promote learning, increase productivity, and achieve common goals
 RESILIENT	<ul style="list-style-type: none"> • Reflects and self-assesses to grow as a learner • Apply acquired knowledge to new scenarios • Exhibit a growth mindset • Self-advocate • Persist to accomplish difficult tasks • Persevere to overcome obstacles and set-backs • Model what successful learning looks like • Ask questions and looks for new solutions to solve problems
 ENGAGED	<ul style="list-style-type: none"> • Explore, question, and utilize real-life artifacts and authentic resources • Use their imaginations to create and innovate • Invest in learning • Take ownership of their education • Demonstrate responsibility and respect for others • Use technological skills and digital tools to explore and exchange ideas • Ensure all points of view are considered when exploring an issue • Participate in activities that benefit the community and/or classroom

Congratulations to the October and November Students of the Month!

October Student of the Month Winners - Adaptable:

7th grade: Alex Cardona-Bustamante
8th grade: Amando Arispe-Camacho
9th grade: Gabriel Salmeron
10th grade: Elissa Press
11th grade: Ieva Thackery
12th grade: Karen Shrieves

November Student of the Month Winners - Resilient:

7th grade: Logman Dawoud
8th grade: Catherine Mendoza-Lozano
9th grade: Reina Westhoff
10th grade: Jaisley Tibayan
11th grade: Jacob Rice
12th grade: Brady Croghan

December Student of the Month Winners will be announced in January. Stay tuned!

Class of 2021 Initiatives

Stay up to Date on Senior Events

Check [the LBSS Senior Page](#) often

Have your Seniors join the Class of '21 Google Classroom!

Senior Yard Signs

Order your **Class of 2021** Lake Braddock [Yard Sign](#)! Signs are 24 x 24 and look like the image below. We have a limited number of signs still available so if you want one, please order now. Don't miss out!!



Take a photo with your Senior Sign and upload it to the yearbook (see below for details)!

Celebrating Seniors Planning Committee

A committee has been formed to celebrate our seniors throughout the year. The committee co-chairs are Julie Shedd and Jeanne Weidinger.

Interested in learning more? Contact [Julie Shedd](#)

Order Your Senior Yearbook Now!

Help your senior remember the good times. You can upload photos at the same link! The discounted price has been extended until January 17th.

Go to www.yearbookordercenter.com and use school code 5061 to get started. Email [Mrs. Poquis](#) if you have questions or need assistance.

Middle School Spelling Bee

Virtual Middle School Spelling Bee Calling All 7th & 8th Grade Spellers...

Lake Braddock is registered for the 2021 Scripps National Spelling Bee, which is scheduled to take place in June 2021.

Before any speller represents Lake Braddock at the highest level, one must first prove themselves through a number of spelling challenges.

The first stop will be the Lake Braddock Middle School Virtual Spelling Bee, tentatively scheduled for the end of January 2021.



We are currently collecting sign-ups for the LBMS Spelling Bee. [Sign up for more information here!](#)

Only students who sign-up will receive further information on how to register for Scripps and receive the necessary study materials.

Certificates and other prizes will be awarded to the top 3 spellers and the 1st place winner will move on to represent Lake Braddock at the 2021 Fairfax County Spelling Bee, scheduled for March 2021.

The Lake Braddock Spelling Bee Champion will compete at the Fairfax County Spelling for the chance to move on to the 2021 Scripps National Spelling Bee in National Harbor, Maryland.

Learn more about the Scripps National Spelling Bee [here!](#)

Questions can be directed to:
After-School Specialist, [Jamaal Hines](#).

Peer Tutoring

Free Peer Tutoring



The LBSS Peer Tutoring program invites your student to be tutored by one of our student peer tutors. The Peer Tutoring Program is run by students who are taking the Peer Tutoring

class, and we are so excited to officially open! The Peer Tutoring Center opened on November 16th and will be open on Mondays from 9:15 - 11:15 , and yes, it is free! In the future we may be offering more times once we get the hang of things. [Click here](#) for more information on what we offer and to sign your student up to be tutored.

LBSS Livestreamed Winter Sports: SUBSCRIBE NOW!

Lake Braddock Athletic Leadership Livestreamed Winter Sports
Subscribe now to the [LB Athletic Leadership](#) YouTube Channel to watch our Bruins in action. We are looking for 1k people to subscribe!

LB Football Fundraiser - VIP Bonus Rewards Card

LB Football Fundraiser VIP Bonus Rewards Card

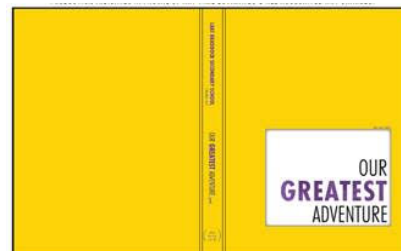
Your \$25 donation to the Lake Braddock Football team will get you twelve months of discounts at hundreds of local and national eating, shopping, entertainment and travel establishments! You can access deals on the "My Deals" app or at www.vipbonusrewards.com. Time is running out so don't delay! There are local deals throughout the country, not just in Fairfax County.



You can reach out to any of the Lake Braddock football players or coaches for details. [Click here to support this Lake Braddock Football fundraiser to purchase your VIP Bonus Rewards Card!](#)

ORDER YOUR YEARBOOK TODAY!

**High School Yearbook
Discounted Price Deadline Extended
to January 17th!**



The 2021 yearbooks are available for purchase. You

can [order here](#) and use school code **5061 for high school**. Yearbooks make great gifts! Do you have photos you want to share for the high school yearbook? [Click here!](#)

Middle School Yearbook

\$35

Middle School has a separate yearbook (grades 7 - 8). Their code is **13596 and can be ordered [here!](#)** To share photos for the LBMS yearbook, [click here!](#)

School Photos 7-11th Grades

ONE FINAL DATE TO TAKE UNDERCLASSMEN PHOTOS

January 11, 2021

[To Schedule HS Photos, Click Here!](#)

[To Schedule MS Photos, Click Here!](#)

Ordering HS (9th - 11th) Photos

High School student portraits are available to view and order online (orders placed online will ship home) at vosphoto.com/lakebraddockHS . Use your student's FCPS ID as the online code. Questions or concerns can be directed to underclass@vosphoto.com.

Ordering Middle School Photos

Middle School student portraits are available to view and order online (orders placed online will ship home) at vosphoto.com/lakebraddockMS . Use your student's FCPS ID as the online code. Questions or concerns regarding Middle School portraits can be directed to underclass@vosphoto.com.

Parent Academy

Parent Academy Series

Even though we are virtual, we are still here to support you! Various synchronous and asynchronous learning opportunities will be designed to help families support their student(s) and feel connected to and engaged with Bruin Nation. Parent Academy Sessions will be advertised on the LBSS website, twitter page, and emailed out in News You Choose each week. Check out the [2020-2021 Parent Academy Events Calendar](#)

UPCOMING EVENTS:

January 12, 21, and 26 at 7 pm

The Teenage Brain, Drug Trends, and Parent Tips Series

Hosted by Jessica Giffin, Substance Abuse Prevention Specialist (SAPS) & Office of Student Safety and Wellness

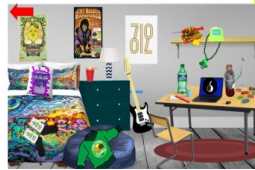
The Teenage Brain, Drug Trends, and Parent Tips

Provided by the Office of Student Safety and Wellness



Session #1: The Teenage Brain: Building Connections
January 12 @ 7PM

Session #2: Drugs & the Teenage Brain
January 21 @ 7PM



Session #3: Drug Trends in Teens: Identifying Common Household Substances and Drug Culture
January 26 @ 7PM

www.fcps.edu/resources/student-safety-and-wellness

Register today: <https://docs.google.com/forms/d/e/1FAIpQL5dPmpjR0Cf0x0R0LymazurFAKUjGm68ZuJubdgm6Gx5G6BQ/viewform>



Have you ever wanted to learn more about your teenager's brain and how it relates to substance use? Register today for a three-part series about the teenage brain, adolescence, and the effects of drug and alcohol on the teenage brain. This 3-part series is packed with valuable information for parents/guardians to understand what their children are experiencing, things to look for, parenting tips, and how to communicate with your children around these topics. In addition, the 3rd session will walk parents/guardians through virtual rooms to show parents what to look for in terms of new trends, paraphernalia and how youth can utilize household items for substance use. You may participate in one, two, or three of the sessions!

Session 1: The Teenage Brain: Building Connections - January 12, 2021 @ 7 PM

Session 2: Drugs & The Teenage Brain - January 21, 2021 @ 7 PM

Session 3: Drug Trends in Teens: Identifying Common Household Substances and Drug Culture - January 26, 2021 @ 7 PM

[Register Here!](#)

Questions? Please contact: [Jessica Giffin](#)

Parent Academy: Family Engagement Series

Family Engagement Series

LBSS Parent Academy Presents two Family Book Clubs for parents/guardians with middle school and/or high school students. Why join a family book club?

1. Book clubs are awesome, and even more awesome when you don't have to leave your living room!
2. Perfect for families to connect who are scattered around the world!
3. Provides fantastic dinner conversation!
4. A great way to show students how fun reading and talking about books can be!

5. A low-cost way to entertain an entire family!
6. An opportunity to learn something new about each other!

Middle School Family Reading Club: Here Be Dragons!

- January 13, 2020 at 7:00 PM
- Hosted by LBSS Middle School Librarians

Families and MS students, have you ever noticed that every culture has some kind of dragon? Are you a fan of Wings of Fire or Eragon, or even Smaug from The Hobbit? Join the Here Be Dragons Reading Club to explore why dragons fascinate people throughout time. Indulge your love of dragons! Come and explore this rich mythology and history with the LBSS Parent Academy and the Middle School Librarians. Students, parents, caregivers, teachers and all dragon enthusiasts are welcome! Start with a dragon book of your choice to read over the holidays for the January 13th meeting. Each month we'll explore other great stories about dragon lore. First Book Club Meeting is Wednesday, January 13th at 7:00 PM. Please click [HERE](#) to register and enter to win a book of your own choice! The virtual link will be sent to each member.

Register [HERE](#) to sign up and enter to win a book of your own choice!

Questions? Please contact [Carolyn Hilyard](#) or [Diane Rogers](#)

High School Family Book Chat

- January 21, 2021 from 7-8 PM
- Hosted by the LBSS High School Librarians

Families and HS students, please join us on January 21st from 7-8 PM for a dynamic discussion of your book of choice. Please select a book of your choice and be prepared to share your review of and thoughts on your book. Need help finding a book? The LBSS High School librarians have created Fiction and Non-Fiction book collections for you to browse. We will email you a link to those collections once you have registered and provided your contact information.

Register by January 13th here: [LBSS Book Chat Registration Form](#)

Questions? Please contact [Sarah Pevner](#) or [Laura Christadore](#)!

Staff Shoutout!

Staff Shoutout!

Has a staff member at Lake Braddock Secondary School gone above and beyond to support you or your student? Someone who is your student's champion? Is there someone that you would like to recognize for his/her hard work or dedication? Send a quick Staff Shout Out or Nominate an outstanding staff member who has made a difference! Please scan the QR Code

or use this [link to make a nomination!](#) Feel free to submit more than one nomination!



If you would like to complete a more formal nomination, FCPS Cares is also taking nominations [here!](#)

Thank you so much! Your kind words are appreciated! Stay well!

2021 Virginia PTA Citizenship Essay Contest

2021 Virginia PTA Citizenship Essay Contest Deadline: February 1, 2021

A red and white poster for the 2021 Virginia PTA Citizenship Essay Contest. It features the contest title, theme, deadline, and criteria. The criteria include requirements for word count, font, and margins for different grade levels, and a note that special writers may submit typed or handwritten entries. It also lists required PTA information for local, district, and council levels.

**2021 Virginia PTA
Citizenship Essay Contest**

Theme: "How can we stand together when we are so far apart?"
Deadline: February 1, 2021

CRITERIA:

- ◆ In all categories, references to the theme as it relates to CITIZENSHIP, originality, clarity, thought and skill in standard written English will be judged. The theme must be used as the essay title and may not be altered in any way.
- ◆ Students in grades 9 through 12 must write a minimum of 750 words, typed and double-spaced, in Times New Roman 12-point font with 1" margins.
- ◆ Students in grades 7 and 8 must write a minimum of 500 words, typed and double-spaced, in Times New Roman 12-point font with 1" margins.
- ◆ Special Writers may submit entries typed or handwritten.

Required PTA Information:
Local PTA Names enter "Lake Braddock Secondary School PTA"
District check the box "Northern Virginia (NOVA)"
Council PTA Names check the box "Fairfax"

Every year, the Virginia PTA promotes a sense of citizenship and responsibility by sponsoring an essay contest. This year's theme will be, "How can we stand together when we are so far apart?"

Deadline is February 1, 2021 Essays will be sent to the districts for local competition and then the first place recipients will be submitted to VA PTA by March 1, 2021 for state competition.

Who can enter?

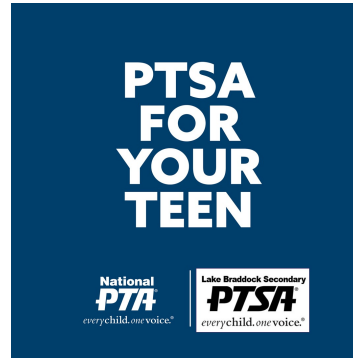
All Virginia students in grades K-12 presently enrolled in schools with active PTA/PTSAs in good standing may enter.

A non-graded Special Writer Division is available and limited to students whose physical, cognitive, or mental health challenges meet ADA guidelines. Qualifying students entering this division create their own essay but may receive non-artistic accommodation and assistance from an adult.

To apply, [click here!](#)

LBSS - Join and/or Donate to The PTSA

Join or Donate to Our PTSA Today!



We appreciate everyone who has already joined our PTSA this year! If you haven't joined yet, parents, students, teachers, staff, administrators and community members can [click here](#) to join the LBSS PTSA today!

The Lake Braddock PTSA is a 501c3 organization. If you wish to make a tax-deductible donation to our PTSA, click [here!](#)

Contact [Melissa McCarthy](#) with any questions.

LBSS PTSA COMMUNICATIONS

How to Stay in Touch!

To stay current on all that we are doing, bookmark our website, www.lbssptsa.org and visit frequently!

We have a social media presence on

[Follow us on twitter](#)



to join our private PTSA Facebook Group.



Like us on Facebook

to follow our public Facebook Page.

To contact our PTSA Board Members and Committee Chairs [click here!](#)

Our eNews is distributed on Mondays throughout the school year. We tried to highlight the things we felt were most important that you may not have seen elsewhere. We strongly encourage you to read the weekly "News You Choose" that the school sends out on Fridays to stay current on other LBSS news!

Have any eNews you would like published?

Please contact: [Andrea Edelstein](#)

enews@lbssptsa.org

