



NOVEMBER 2020 - WEEK OF NOVEMBER 16th

TABLE OF CONTENTS

eNews Quick Links

[PTSA President Remarks](#)

[PTSA Meeting Wednesday 11/18](#)

[Join the PTSA!](#)

[Senior Spotlight](#)

[Citizenship Essay Contest](#)

[PTSA Fundraisers](#)

[Proceeds from Fundraisers](#)

[Bruins CARE Morse Code Bracelets](#)

[Bruins Goodr Sunglasses](#)

[LBSS Community Partners](#)

[Box Top\\$ For Education](#)

[Coca-Cola Gives Back](#)

[Charleston Wrap](#)

[Sports Equipment Collection](#)

[NHS Deadline](#)

[Class OF 2021 Initiatives](#)

[Senior Yard Signs](#)

[Yearbooks](#)

[Underclassmen Photos](#)

[Student Entrepreneurs](#)

[PTSA Communications](#)

If viewing from a mobile

PTSA PRESIDENT REMARKS

Message from PTSA President

Another exciting week!!

Almost transparent to most of us was the beginning of a concurrent education pilot program with nine teachers and roughly 200 students back into the school! Regardless whether you are a proponent of virtual or in-person, this is good news because the insights and knowledge gained can help shape the way ahead.

And I know it seemed pretty easy from our "outside the building" perspective, but also know it took a Herculean total team effort from the staff, faculty and leadership! Again, we should all be extremely grateful we have the team we do working on behalf of our students...our children! Thank you Lake Braddock staff, faculty and leadership!

I personally invite you all to attend the Lake Braddock's PTSA General Membership Meeting this Wednesday, November 18th, at 7pm!! We will keep it to an hour but there is a lot to share and talk with you about. Your insight and thoughts are always welcomed and appreciated.

These indeed are interesting times, and navigating this ambiguous, uncertain, uncharted, socially distanced landscape takes all of us, parents, teachers, staff, students and community members, working together and setting an example for our youth!

We also will have a special presentation by Ms. Jacquie Naughton, LBSS Counselor, on Academic and Career Planning: The Journey Starts Here, and hear from our school leadership on current initiatives and activities. I encourage you to take the time to hear what they are doing and thank them!

device, the above links will not work.

LBSS CALENDARS

[Events Calendar](#)

[LBSS Parent Academy](#)

PTSA MEETINGS

2020-2021

via Zoom at 7 p.m.
November 18th
February 10th

QUICK LINKS

[LBSS PTSA WEBSITE](#)

[JOIN LBSS PTSA](#)

[LBSS WEBSITE](#)

[LBSS PTSA OFFICERS
AND COMMITTEES](#)

[CLASS OF 2021 YARD
SIGNS](#)

[BRUINS CARE
BRACELETS](#)

[BRUINS GOODR
SUNGLASSES](#)

[LBSS COMMUNITY
PARTNERS](#)

[BOX TOPS FOR
EDUCATION](#)

[COCA COLA GIVES](#)

[FCPS CARES](#)

[MIDDLE SCHOOL AFTER
SCHOOL PROGRAMS](#)

[LBSS YEARBOOKS](#)

[SPECIAL ED SEPTA
EVENTS](#)

[FCPS FREE MEALS](#)

[NEWS YOU CHOOSE
SIGNUP](#)

LBSS PTSA Social Media



Registration is required (see the details below).

These are times when understanding, empathy, grace and gratitude are most needed.

With appreciation,
Bob Gaylord, PTSA President

PTSA MEETING THIS WEDNESDAY!!

PTSA MEETING
Wednesday, November 18th
7 pm

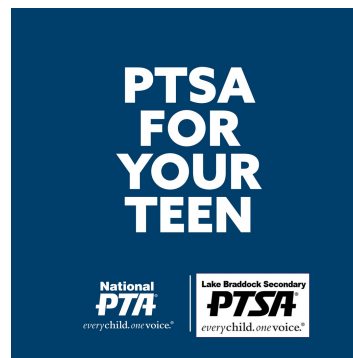
Please join us this Wednesday for Lake Braddock's PTSA General Membership Meeting! We have lots of exciting things to discuss and look forward to your input. We will also have a special presentation by Ms. Jacquie Naughton, LBSS Counselor, on Academic and Career Planning: The Journey Starts Here, and hear from our school leadership on current initiatives and activities. Advanced registration is required.

[Register for this meeting by clicking here!](#)

After registering, you will receive a confirmation email containing information about joining the Zoom meeting.

LBSS - JOIN THE PTSA

JOIN OUR PTSA TODAY!



We appreciate everyone who has already joined our PTSA this year! If you haven't joined yet, parents, students, teachers, staff, administrators and community members can [click here](#) to join the LBSS PTSA today!

Contact [Melissa McCarthy](#) with any questions.

SENIOR SPOTLIGHT: MCKENZIE SHEDD

SENIOR SPOTLIGHT
McKenzie Shedd



Follow us on [twitter](#)

Like many Bruins, Senior McKenzie Shedd has a variety of interests. As her high school career has developed her precision shooting has come to the forefront but there's a lot more to McKenzie than her shooting prowess. McKenzie played two seasons of Bruin soccer and currently also plays travel soccer for Arlington Soccer Association. A highlight of her soccer experience was when she got to travel to England the summer between her freshman and sophomore year with her SYC club team. They played English teams in Manchester and Liverpool and got to tour the stadiums. She loves to travel and has gone to Italy, Malta, Ireland, England, Romania, France, Canada and Greece. Last fall she got scuba certified in Malta.



She really enjoys sailing and started refereeing soccer when she was 12 to earn spending money and saved up to buy her own daysailer. She spends time every summer at her grandparents' house on a lake in New Hampshire and has become a successful slalom water skier.



She started shooting because her older brother had been on the LBSS air rifle team. She's lettered and made it to regionals all 3 years of high school. Sophomore year she joined the Acorns Club rifle team and began shooting .22 rifle as well as air rifle. The next summer she got to shoot in the Civilian Marksmanship Program (CMP) National Championships and CMP Junior Olympics in air rifle. Junior year she got a first round invite for the USA Shooting Junior Olympics and was 2nd in the State Championships shooting .22 rifle and qualified for the CMP National Championships in air rifle. The Covid-19 pandemic meant that both competitions were cancelled so she is looking forward to qualifying again this year.



Since the 2020 CMP Air Rifle National Championships couldn't be held CMP set up a set of matches around the country called the Home Range Appreciate Series and combined the scores into a National Match. As an individual, McKenzie won first in the nation with a score of 593 out of 600. Her team, including fellow Bruin, junior Victoria Leppert, won first place as a team and along the way set a **Junior National Record** for 3 position air rifle, with a 2362 out of 2400 points, only one point off the all ages record. This summer and fall she's been shooting whenever possible with her Acorns club team and just got back from Anniston, Alabama for a national match. She'll be shooting in USA Shooting's Winter Air competition in December back in Anniston. Locally, building on other successes, this fall she saw success in the Centreville Cup and is the Cup Champion, winning all three individual events and on both winning teams.

She took Tae Kwo n Do at World Karate and worked her first two summers of high school with martial arts summer camps. Junior year she was staff for the World Karate after school program until Covid hit. In March when everything shut down, she wanted to find something meaningful to fill the time, so she got a job at the Twinbrook Safeway and worked essentially full time from April to June to cover the additional staff that Covid required of the store. Over the summer she left Safeway and started at Not Your Average Joes' in Woodbridge as a host.



Through the summer and this fall she has enjoyed taking NOVA classes. McKenzie really enjoyed a special bond with her teammates. Her favorite Lake Braddock memory was team lunches after Saturday early morning rifle practices. AP European History was her favorite

class at Lake Braddock for a few reasons: she really enjoy learning about history and because it was not a required class, everyone in there wanted to take it and in her words, their teacher, "Mr. Henrich rocks!"



After graduating from Lake Braddock, McKenzie plans to attend either the US Coast Guard Academy or the US Naval Academy and shoot on their rifle team. Her balanced approach to life is reflected in her advice to underclassmen, "Have fun - it's not all about grades!"

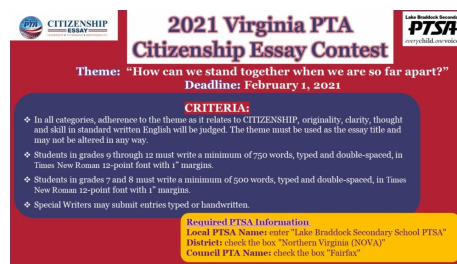
Congratulations, McKenzie! We know you will continue to work hard and accomplish great things! Never lose your sense of adventure!! We are proud of you and can't wait to see what you do next!

Do you know of a senior who we should spotlight in a future eNews? Please email [eNews](#) and put Senior Spotlight in the subject. Please provide their name and a brief explanation about why you think they should be featured, highlighting some of their accomplishments. We plan to make this a weekly feature so we can all gain inspiration as we get to know the members of our senior class better and celebrate their accomplishments.

Special thanks to Michael Volkman, Carson Sturgeon, Jake Sizemore, and McKenzie Shedd for being our first four spotlighted seniors! We can't wait to learn more about our other seniors in the upcoming months!

2021 Virginia PTA Citizenship Essay Contest

**2021 Virginia PTA
Citizenship Essay Contest
Deadline: February 1, 2021**



Every year, the Virginia PTA promotes a sense of citizenship and responsibility by sponsoring an essay contest. This year's theme will be, "How can we stand together when we are so far apart?"

Deadline is February 1, 2021 Essays will be sent to the districts for local competition and then the first place recipients will be submitted to VA PTA by March 1, 2021 for state competition.

Who can enter?

All Virginia students in grades K-12 presently enrolled in schools with active PTA/PTSAs in good standing may enter.

A non-graded Special Writer Division is available and limited to students whose physical, cognitive, or mental health challenges meet ADA guidelines. Qualifying students entering this division create their own essay but may receive non-artistic accommodation and assistance from an adult.

To apply, [click here!](#)

PTSA FUNDRAISERS - Help us help you!

PROCEEDS FROM LBSS PTSA FUNDRAISERS

Unless otherwise stated, the proceeds from LBSS PTSA fundraisers will go towards scholarships; educational grants, events, and programs; teacher and student recognition; family engagement; and general school support.

Bruins CARE Morse Code Bracelets

BRUINS CARE MORSE CODE BRACELETS



Have you ordered your limited edition Skylar Paige

Couture, Bruins CARE Morse code bracelet yet? Show your school spirit with this purple, gold, and white bracelet. The bracelet's pattern means "Bruins CARE" in Morse code and is an attractive reminder of our school vision. Same day pickup is available! Quantities are limited so don't delay! These bracelets make great gifts! Students, teachers, and parents all love this bracelet!!



Order yours today by clicking [here!](#)
Contact [Andrea Edelstein](#) with any questions.

Bruins GOODR Sunglasses

BRUINS GOODR SUNGLASSES

LBSS PTSA is proud to partner with the LB Crew Boosters to offer custom Lake Braddock branded GoodR sunglasses! These sunglasses feature polarized lenses, non-slip frames with a laser etched paw print and Lake Braddock Bruins on the inside of the frame. To order, [click here!](#) They are \$25 each. Five dollars from each pair sold will be donated to the PTSA and the rest of the proceeds will support the LB Crew team!

Questions? Contact [Sara Carlson](#)



LBSS Community Partners

LBSS COMMUNITY PARTNERS

This year, in an effort to try to help promote local businesses, we have launched our LBSS Community Partners program. **Currently we have five**

businesses who have committed to donate back a portion of the proceeds from your payment throughout this school year, any time you order from them and mention that you are part of the **LBSS Community!** We hope you will consider supporting them!

Phở Sài Gòn 75



LBSS Community Partners



Lake Braddock Secondary

PTSA

everychild.one voice.®

no-guilt Travel

Looking for a creative way to celebrate someone special? Support our partner, No-Guilt Yard Cards!

Surprise Someone for Thanksgiving!

The leaves are falling and the pumpkin spice is flowing.

Thanksgiving is just around the corner--- so let's

Gobble! Who's ready to talk turkey?

What's a Gobble, you ask? It's a Yard Card Rental we will set up for a day at the recipient's home. Purchase a Gobble to surprise your own family or another family in town. Gobble your bestie, your grandparents, your teachers, co-workers, or your coach! The fun happens when everyone passes it along.

[To learn more or to order your Gobble, click here!](#)

Gobble 'Til You Wobble, y'all!





Purchase a Yard Sign to surprise your family, friends, teachers, co-workers, or coaches!



For more information, visit: No-Guilt Yard Cards
No-Guilt Yard Cards is owned and operated by a
LBSS Family!

**Ready to plan your vacation?
Support our partner, No-Guilt
Travel!**



Look no further than
No-Guilt Travel! They can help you with all of your
travel needs! Start planning your vacation now.
Contact them [now](#)!

In the mood for Pho? Support our partner, Pho Saigon 75!



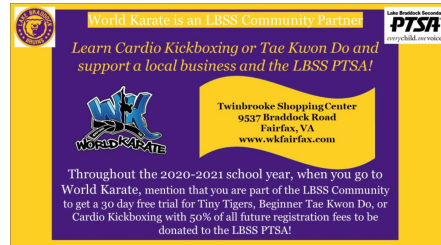
Please visit Pho Saigon 75's [website](#)!

In the mood for Sushi or Ramen? Support our partner, Waraku!



Please visit Waraku's [website](#)!

Interested in learning Cardio Kickboxing or Tae Kwon Do?



All LBSS community members will receive one month
of free classes for the following programs,
with 50% of all future registration fees to be donated to
LBSS PTSA!

Tiny Tigers (ages 3-5)

Beginner Tae Kwon Do (ages 6 and up)

Cardio Kickboxing (teens and adults)

For more information about the above programs,
please visit: [World Karate Programs](#).

First Monday of Every Month Subway Spirit Nights

In addition to our annual partners, we are pleased to announce
that [Subway in Kings Park](#) will be hosting Spirit Nights on the
first Monday of each month from 5 - 9 pm, for the remainder of
the school year. Make sure to mention you are part of the LBSS

Community when you order and they will donate a percentage of your payment back to the LBSS PTSA!



Monday Nights at Subway

Kings Park Shopping Center
8950 Burke Lake Road
Springfield, VA
*This Location Only!

From 5 - 9 pm, on the first Monday of each month for the remainder of this school year, Subway in Kings Park will donate 10% of your purchase back to the LBSS PTSA!
Make sure to inform the cashier that you are part of the LBSS Community!

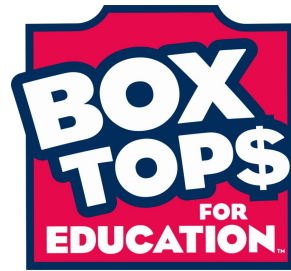
2020: November 9, December 7
2021: January 4, February 1, March 1, April 5, May 3, June 7
<http://lbssptsa.org/programs/communitypartners>

We are continuing to welcome more local businesses into our program. Contact [Alice Chu](#) with questions or to become a Partner!

Box Top\$ For Education

BOX TOP\$ FOR EDUCATION

No more clipping. No more sending Box Tops to school. All you need is your phone! Download the new Box Tops App and choose Lake Braddock! Shop as you normally would, then scan your store receipts to find participating products. The app will automatically credit LBSS PTSA Box Tops earnings online! [Sign up now!](#)



Coca-Cola Gives Back!

Coca-Cola Gives Back to LBSS



So... how does it work?

1. Go to Coke.com/give
2. Sign in and choose Lake Braddock SS
3. Scan or enter product codes from participating Coca-Cola products.

Every purchase of your favorite Coca-Cola products is an opportunity to give back to Lake Braddock SS!

We are excited to share that our school is part of the Coca-Cola Give program. This opens up Lake Braddock SS to new funding opportunities to help with special projects and student recognition. The best part? Donations don't come out of your own pocket. When you make Coca-Cola purchases, you simply enter the product codes [here](#) and our school receives a donation. We currently have **\$29.45** for this quarter. Thank you to all who contributed over the past week by entering their codes. Special thanks to Jackie Li who noticed someone donating caps with codes on a local Facebook group and she claimed them, picked them up and entered them to get us \$11.74. So, keep an eye out for opportunities to get codes from caps.

This works similar to the Boxtops program where you enter codes for things you are already purchasing. Brands like Dasani water, Powerade, and Honest Tea may be some of the brands you didn't realize are part of this program. We are not suggesting that you buy anything you're not already buying - just that you take the time to look for the codes and enter them if you have them.

Help LBSS make the most of this program!

CLASS OF 2022 FUNDRAISER
Deadline: November 20th

FINAL CHANCE TO SUPPORT THE CLASS OF '22 CHARLESTON WRAP FUNDRAISER

Help support Lake Braddock's Class of 2022 by shopping at Charleston Wrap for this year's fundraiser. 2500+ items from gift wrap, to tasty goodies, and home décor, there's something for everyone... shipped right to your door. Get your holiday shopping done early! Sales close November 20th.



[Click here](#) to go directly to the site!

Contact Class of 2022 sponsor, [Daniela Daniels](#), with any questions.

Sports Equipment Collection

New/Used Sports Equipment Collection



Lake Braddock Football
New/Used Sports Equipment Donation
 November 16-30

Collecting sports equipment for underprivileged children in DC, Baltimore, and Northern Virginia.

Locations of Drop Off Boxes

- Lake Braddock Secondary School, Entrance 14 by the playground
- 9714 Rolling Ridge Drive, Fairfax Station
- Burke Sporting Goods, 6816 Ox Rd, Fairfax Station

- 1 in 5 underserved families are not getting their kids involved in athletics because of the cost of sporting equipment
- Child obesity rates have more than tripled in the last 30 years
- Underprivileged youth are three times less likely to participate in sports/fitness than other children
- Kids who play sports are half as likely to drop out of school, resort to drugs/alcohol and/or become a teen parent

If you want to see who you are helping and how you are helping your community, you can visit <https://www.levelingthefield.org>

If you have any questions email hman01021@gmail.com

Lake Braddock Football is partnering with Hannah Smith to collect new and used sports equipment through the end of November.

There are three dropoff locations: LBSS near door 14, Burke Sporting Goods, and 9714 Rolling Ridge Drive Fairfax Station (in the South Run neighborhood). Click here for a list of [equipment that can or can't be donated](#). Please use your best judgment on the condition of the equipment before donating. If you wouldn't trust your kid using or wearing it, neither would they!



NHS DEADLINE: 11/22 at 5 pm!

**National Honor Society
 Application Deadline: 11/22 at 5 pm**

National Honor Society

Requirements to join include:

1. Must be a sophomore, junior or senior
2. Must have a 3.2 cumulative GPA
3. Application must be completed and submitted by November 22nd at 5 pm.

An invitation to join is not required!

Please contact Faculty Advisor:
Mr. Andrews at
rlandrews@fcps.edu with
questions.




The National Honor Society [Application](#) (a Google Form) is posted on the LBSS Website.

If you have any questions, please contact rlandrews@fcps.edu

CLASS OF 2021 INITIATIVES

SENIOR YARD SIGNS

Order your **Class of 2021** Lake Braddock [Yard Sign!](#) Signs are 24 x 24 and look like the image below. We have sold out of the initial order of 300 signs and are now accepting pre-orders so we know how many to order in the next batch. They will be delivered before Thanksgiving. Don't miss out!!



CELEBRATING SENIORS PLANNING COMMITTEE

A committee has been formed to celebrate our seniors throughout the year. The committee co-chairs are Julie Shedd and Jeanne Weidinger.

Interested in learning more? Contact [Julie Shedd](#)

Senior Portrait Deadline: November 18th

Choose your Senior Portrait by the November 18th deadline or the studio will choose for you which portrait will be used in the yearbook.

Senior Yearbook Ads

Help your senior remember the good times. Create a senior ad to be published in the 2021 yearbook! We've lowered the prices considerably this year, so take advantage of this offer! Ads will be available until Dec. 1 (or until we have sold out), so don't wait! Go to

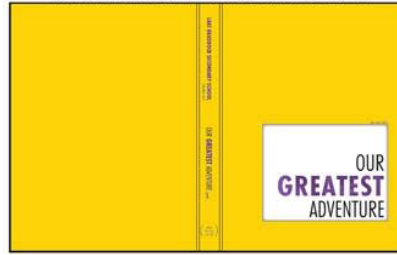
www.yearbookordercenter.com and use school

code 5061 to get started. Email Mrs. Poquis if you have questions or need assistance.

ORDER YOUR YEARBOOK TODAY!

HIGH SCHOOL YEARBOOK

Order in 2020 and get the discounted rate of \$65!



The 2021 high school yearbook (grades 9-12) is currently available for purchase. You can [order here](#) and use school code 5061. The discounted price of \$65 is only available until the end of 2020, so don't wait! Yearbooks make great gifts! Do you have photos you want to share for the yearbook? [Click here!](#)

MIDDLE SCHOOL YEARBOOK

\$35

Note: the Middle School has a separate yearbook for grades 7 - 8. Their code is 13596. To share photos for the LBMS yearbook, [click here!](#)

UNDERCLASSMEN PHOTOS - FINAL CHANCE!

HS Underclassmen Photos

High School student portraits are now available to view and order online (orders placed online will ship home) at vosphoto.com/lakebraddockHS. Use your student's FCPS ID as the online code. Questions or concerns can be directed to underclass@vosphoto.com.

Portrait retake day for high schoolers is scheduled on December 2, 3 and 7. Please note the following requirements for retakes:

Any student who was absent for the original photo session.

Any new enrollment or transfer student since the original photo session.

Any student who was dissatisfied with their original portrait package. Please be prepared to hand the old package to the photography staff. Students must return their old package to the photographer in order to receive a new package. Please communicate this information to

students.

Any student who did not purchase on the original session is welcome to purchase at this time.

Any student who did NOT receive an ID card at the original session.

Any student who has incorrect/missing data on their ID card from the original session.

Please use the following link to sign up for a time:

<http://pickatime.com/vos/lakebraddockhsmu>

Middle School Photos

Middle School student portraits are now available to view and order online (orders placed online will ship home)

at vosphoto.com/lakebraddockMS. Use your student's FCPS ID as the online code. Questions or concerns regarding Middle School portraits can be directed to underclass@vosphoto.com.

Portrait retake day for 7th and 8th grade only is scheduled on December 2, 3 and 7. Please note the following requirements for retakes:

Any student who was absent for the original photo session.

Any new enrollment or transfer student since the original photo session.

Any student who was dissatisfied with their original portrait package. Please be prepared to hand the old package to the photography staff.

Students must return their old package to the photographer in order to receive a new package.

Please communicate this information to students.

Any student who did not purchase on the original session is welcome to purchase at this time.

Any student who did NOT receive an ID card at the original session.

Any student who has incorrect/missing data on their ID card from the original session.

Please use the following link to sign up for a time:

<http://pickatime.com/vos/lakebraddockmsmu>

CALLING ALL STUDENT ENREPRENEURS

STUDENT ENTREPRENEURS

**Attention:
LBSS Student Entrepreneurs**

We would love to learn more about your entrepreneurial efforts to share in an upcoming PTSA eNews feature!

Please email enews@lbssptsa.org and write "student entrepreneur" in the subject.

Please include student's name and grade and any details you would like to share!

Thank you!! We can't wait to hear what you're doing!!

If you are a current LBSS student entrepreneur, we would love to learn more about you and your business for a future eNews feature!

[Send us an email!](#)

LBSS PTSA COMMUNICATIONS

HOW TO STAY IN TOUCH!

To stay current on all that we are doing, bookmark our website, www.lbssptsa.org and visit frequently!

We have a social media presence on

Follow us on 



to join our private PTSA Facebook Group.



Like us on Facebook

to follow our public Facebook Page.

To contact our PTSA Board Members and Committee Chairs [click here!](#)

Our eNews is distributed on Mondays throughout the school year. We tried to highlight the things we felt were most important that you may not have seen elsewhere. We strongly encourage you to read the weekly "News You Choose" that the school sends out on Fridays to stay current on other LBSS news!

Have any eNews you would like published?

Please contact: Andrea Edelstein

enews@lbssptsa.org

Lake Braddock SS PTSA | enews@lbssptsa.org | 9200 Burke Lake Road
Burke, VA 22015

Copyright © 2020. All Rights Reserved.