



## NOVEMBER 2020 - WEEK OF NOVEMBER 30th

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### PTSA President Remarks - Bob Gaylord

#### Message from PTSA President

Does it seem everything is getting crazy busy this time of year??

We are engulfed by the "Holiday Season" that should bring joy...but sometimes brings increased anxiety and stress. I encourage you to spend just a couple of minutes reading the eNews article by Betelhem Mekonnen, our PTSA Health and Safety Chair, on Stress and the Pandemic, and the Stress Management article she attached.

Or at the least, look out for each other. If you see signs of stress in others, offer help or at least let them know someone cares. If you see signs of stress in yourself, reach out to anyone you think can help. And with everything going on, put the stressors in perspective of what is really important to YOU.

If you are handling the pressure and stresses of the season well, then please reach out and spread your joy and love to others. We are a blessed community; please help those less fortunate.

There will be increased activity with the LBSS PTSA Food Pantry. Laurie Suson recently joined the LBSS PTSA leadership team as the Food Pantry chair and already has made a major impact.

Coming to LBSS with her family from Hillsborough, NC, she brings enormous energy to the Pantry, allowing Alice Chu to continue her much needed other work on behalf of the PTSA and community. We are extremely grateful to Alice for jumpstarting this program!!

In this holiday period, there are always many charitable drives and opportunities by a multitude of diverse organizations. Please remember Burke School. We included a short article on their needs

[Contest](#)

[Join the PTSA!](#)

[PTSA Communications](#)

If viewing from a mobile device, the above links will not work.

## LBSS CALENDARS

[Events Calendar](#)

[LBSS Parent Academy](#)

## PTSA MEETINGS

**2020-2021**

via Zoom at 7 p.m.

February 10th

## QUICK LINKS

[LBSS PTSA WEBSITE](#)

[JOIN LBSS PTSA](#)

[LBSS WEBSITE](#)

[LBSS PTSA OFFICERS  
AND COMMITTEES](#)

[CLASS OF 2021 YARD  
SIGNS](#)

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[NEWS YOU CHOOSE  
SIGNUP](#)

which are many; our PTSA is working in collaboration with them to help meet their needs. Our work is very much about community.

Give where you can...and don't always look for thanks. Our thanks should be in knowing we are trying to make a difference and do something meaningful. That's how we find meaning in life.

With appreciation to each of you,  
Bob Gaylord, PTSA President

## Stress and the Pandemic - Betelhem Mekonnen

### Stress and the Pandemic

We are under the national cloud of the COVID 19 pandemic and this is time we need to come together to support and encourage each other to remain persistent and determined in these difficult circumstances also to find the solution to most of the problems that appear to be upending our comfortable life. As a LBSS PTSA Health and Safety chair and a frontline nurse, I have learned so much from this pandemic on how to deal with the challenges. I would love to start sharing the information that I believe helpful to deal with the challenges and I strongly encouraged each and every one of you to join me in this effort so we can get through this unprecedented time and to come out stronger than ever.

Today, I am going to share you the information from the American Holistic Nurse Association (AHNA) about stress and the possible solutions. The message, though, is addressed to the nurses; I believe it is beneficial to all. The pandemic brought so many new responsibilities, worries and concerns in our lives which took a toll in our body. The stress that comes with this situation could cause many damages in our body unless we take an action to reduce the stress level. To reduce the level, first we should know what stress is and how does it affect us. Some of us may think we know but I found out many of us know nothing or too little. Here is a presentation about

#### [Stress Management](#)

from AHNA that explains it clearly and I hope it will be helpful to have us a basic understanding of stress and how it affects us as well as how we can manage stress.

Please share your comments and



Follow us on [twitter](#)

experience pertaining to this article. Thank you!

## Senior Spotlight: Karen Shrieves

### SENIOR SPOTLIGHT Karen Shrieves

Karen Shrieves is an innovative, enthusiastic, dedicated, and highly motivated member of the Class of '21. It is amazing to see how she does it all: a 4.1 GPA, science fairs, research, volunteering, flying, and spending time with family and friends.



Karen was nominated by her Government teacher, Mr. Ward. He wrote, "Karen is enrolled in my US Government Honors class -- her academic performance can only be described as superior. Her intellectual skills combined with her deep interest in government and politics make her the kind of student every government teacher would want in their classroom. I hope Karen will give serious consideration to a career in public service." He continued, "We want our students to think and act like real scientists and engineers. Karen Shrieves is at the heart of that mission. Her work has been recognized from the local to the national level of science and engineering organizations -- from Fairfax County to the National Aeronautics and Space Administration (NASA). "

Upon entering her first round of Science Fairs in 2020, with her project on "The Alterations of Wing and Winglet Designs on Commercial Passenger Aircrafts for the Reduction of Carbon Dioxide (CO<sub>2</sub>) Emissions and the Increase of Aerodynamic Efficiency" she not only improved the aerodynamic efficiency of aircrafts but also derived an alternative solution to Boeing's 737 Max oversized engines, which negatively altered the aerodynamic handling of this aircraft and ultimately caused two catastrophic crashes. Her project received a lot of commentary from

esteemed university faculty members at multiple universities at the 2020 Regeneron's Virtual International Science Fair as well as praise from organizations such as AIAA (American Institution of Aeronautics and Astronautics) and AFCEA NOVA (Armed Forces Communications & Electronics Association Northern Virginia Chapter) and was invited by NASA and AIAA to join the Mission Design Lifecycle Experience at NASA's Goddard Space Flight Center.

To make her research possible, Karen had engineered and constructed, an almost turbulence free 7 foot long wind tunnel with over 6,500 air flow straighteners. The construction of this wind tunnel was an amazing feat but combined with her research, it is no surprise that she was named a finalist at this prestigious world renowned Science and Engineering Fair. She continues to utilize this wind tunnel to research her upcoming 2021 Science Fair Project.



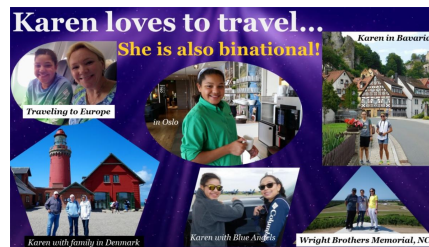
Karen has a calling: The cockpit of a commercial aircraft. It is her place in this world - an office with a view at 30,000 feet. Airplanes have fascinated her since she was very young. She is extremely knowledgeable about a wide range of commercial aircrafts.

Karen had her first flight lesson on December 28, 2019, a gift to her from her Pilot Buddy. She flew a Cessna 172 Sport and controlled the entire cockpit. She found her place! En route to Iceland three years ago, Karen had her most memorable moment at 30,000 feet - seeing the Midnight Sun north of the Arctic Circle!

Community service also brings Karen back to the airports. To benefit the Special Olympics, Karen participated in the Airplane Pull at Dulles Airport, where she and her team pulled a Boeing 757 weighing 64 tons!!



Karen greatly enjoys travel and spending time with family. She is binational (US/German) and bilingual and often travels to Germany to visit her grandparents, who reside in Berlin, and her uncle in Bavaria. Together they enjoy visiting Denmark, where they spend the summer on the beach and travel throughout Europe (each time about 6 weeks). She has had amazing adventures visiting Germany, Denmark, Czech Republic, Iceland, and Norway.



Karen highlighted three classes and teachers who have had a profound influence on her: U.S. Government Honors, Advanced Drawing and German. Karen said, "Mr. Ward is the best! Mr. Saunders is the most enthusiastic and inspiring aviator! Frau Zaniello is a language queen!" When asked what advice she would share with underclassmen, she said, "be yourself and be kind." Karen aims high in all she does. She plans to earn a Bachelor of Science in Aviation with flight certifications and become a commercial pilot.

Congratulations to Karen Shrieves on all she has accomplished and all she will continue to accomplish. I can't wait to hear more about her 2021 Science Fair project and her continued research in the wind tunnel. Her future is bright and we know she will continue to soar to new heights in the years ahead!!

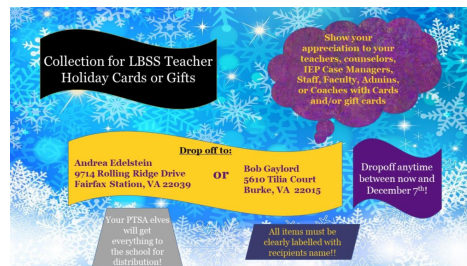
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Do you know of a senior who we should spotlight in a future eNews? Please email [eNews](#) and put Senior Spotlight in the subject. Please provide their name and

a brief explanation about why you think they should be featured, highlighting some of their accomplishments. This weekly feature helps us each gain inspiration as we get to know the members of our senior class better and celebrate their accomplishments. Special thanks to Michael Volkman, Carson Sturgeon, Jake Sizemore, McKenzie Shedd, Vivian Stewart, and Karen Shrieves for being our first six spotlighted seniors! We can't wait to learn more about more of our seniors in the upcoming months!

## Holiday Cards/Gift Cards for Teachers and Staff

### Spread Some Cheer to your Teachers Dropoff by December 7th



Many have expressed interest in sending cards and/or gifts to their teachers for the holidays or just general appreciation but weren't sure how that would work in this virtual environment.

We will be offering two drop off locations from now until December 7th where you can drop off cards, gift cards or small gifts for any LBSS teachers, counselors, staff, admins, and coaches.

We will then get them to the school for distribution before winter break. Please make sure all items are clearly labelled with the recipient's name on it.

Keeping in mind that we have over 400 faculty and staff and the pandemic, no homemade foods, perishable or fragile items will be accepted. To keep things from getting too cumbersome, if you plan to give a gift, gift cards would be preferred. A kind note of appreciation is always welcome.

For your convenience, we will have two drop off locations, now through December 7th:

9714 Rolling Ridge Drive  
Fairfax Station, VA 22039  
communications@lbspsa.org

and

5610 Tilia Court  
Burke, VA 22015

(ring the doorbell or email to let us know you've dropped something off so we make sure to bring it inside in a timely manner!)

Thank you for your consideration!  
Any questions, contact [us!](#)

## Burke School Angel Tree

### Burke School Angel Tree December 9th Deadline

This year has been a challenge for many of us with the pandemic regulations restricting so much of our daily lives. For many of the Burke School families, the pandemic has increased the daily struggle on several levels, many families are unable to meet their basic needs. They have established an Angel Tree in hopes the community can help make the holiday season less stressful and more joyous for their families. Any contribution will be appreciated.

There are two lists to choose from: the Amazon list is very specific and the Sign up Genius list contains more general items. You can choose a gift or gifts without being responsible for an entire family.

They have two delivery options to meet their December 9th deadline. You may drop off your donation(s) to the school by making an appointment calling 703.426.7300. All pandemic regulations (mask, temperature taking, hand sanitizer) will apply to anyone coming to the building. The school hours are from 8 - 3. The other option is to ship your donations. You may have your items delivered to Burke School C/O Dougherty 9922 Wooden Dove Court, Burke, VA 22015. This address will allow off hour (weekend and evenings) delivery.

Here is the link to the [Burke School Amazon Wish List](#)

Here is the link for the [Sign Up Genius](#)

If you have any questions, please contact [Mike Craven](#) or [April Dougherty](#). We appreciate your support of the Burke School family.

Click here for more information about the [Burke School](#)

## Proceeds From LBSS PTSA Fundraisers

Unless otherwise stated, the proceeds from LBSS PTSA fundraisers will go towards scholarships; educational grants, events, and programs; teacher and student recognition; family engagement; and general school support.

### PTSA Virtual Auction

## LBSS PTSA's Spring Virtual Auction

LBSS PTSA will be holding a Virtual Auction in Spring 2021 to raise funds for LBSS programs that benefit the entire students body and faculty. If you own, frequent, or know of a business or organization that may be willing to donate items for the auction (e.g., products, gym memberships, travel packages, sports memorabilia, gift cards) or have items to auction (e.g., handicrafts, gift baskets, etc.) and/or are interested in assisting with the auction itself, please contact [Carrie Holmes](#) or [Alice Chu](#)!

### Bruins CARE Morse Code Bracelets

## Bruins CARE Morse Code Bracelets



Have you ordered your limited edition Skylar Paige Couture, Bruins CARE Morse code bracelet yet? Show your school spirit with this purple, gold, and white bracelet. The bracelet's pattern means "Bruins CARE" in Morse code and is an attractive reminder of our school vision. Same day pickup is available! Quantities are limited so don't delay! These bracelets make great gifts! Students, teachers, and parents all love this bracelet!!





Order yours today by clicking [here!](#)  
Contact [Andrea Edelstein](#) with any questions.

### Bruins GOODR Sunglasses

#### **Bruins GOODR Sunglasses**

LBSS PTSA is proud to partner with the LB Crew Boosters to offer custom Lake Braddock branded GoodR sunglasses! These sunglasses feature polarized lenses, non-slip frames with a laser etched paw print and Lake Braddock Bruins on the inside of the frame. To order, [click here!](#) They are \$25 each. Five dollars from each pair sold will be donated to the PTSA and the rest of the proceeds will support the LB Crew team!

Questions? Contact [Sara Carlson](#)



### LBSS Community Partners

#### **LBSS Community Partners**

In an effort to try to help promote local businesses, we have launched our LBSS Community Partners program.

Our annual partners have committed to donate back a portion of the proceeds from your payment throughout this school year, any time you order from them and mention that you are part of the LBSS Community! Additionally Cup and Crown is partnering with us for a special holiday offering and Subway will be partnering with us on the first Monday (from 5-9) of each month.

Building on the success of our October partnership

with Jersey Mike's in Ravensworth, all day on Wednesdays and Thursdays in December, they will donate back a percentage of your order as long as you tell them you're part of the LBSS Community! Details regarding all partnerships can be found below. We hope you will consider supporting them!

Phở Sài Gòn 75



**LBSS Community Partners**



Lake Braddock Secondary  
**PTSA**  
everychild.one voice.®



## Cup and Crown is offering a Special-Tea Holiday Gift Box



We are super excited to announce our newest LBSS Community Partner! LB parent and entrepreneur, Nancy Rodriguez of Cup & Crown has partnered with Lake Braddock PTSA to offer a special-TEA holiday gift box. This boxed set includes 3 high-quality, loose-leaf festive blends chosen for the season.

It also includes a holiday-themed steeper & demi spoon, steeping instructions, plus British tea cookies, making this the perfect gift for both the avid tea drinker and the occasional sipper alike. Ten percent of each purchase will be donated back to the LBSS PTSA!

Cup and Crown is now an LBSS Community Partner!

Cup and Crown is offering a Holiday Special-Tea Gift Box and will donate 10 percent back to the LBSS PTSA!

[www.cupandcrown.com](http://www.cupandcrown.com)

- Three (3) high-quality, loose-leaf festive blends of tea\* to savor through the season:
  - Gingerbread Black Tea
  - Figgy Pudding Black Tea
  - Candy Cane Black Tea
- Holiday-themed infuser and demitasse spoon\*
- British tea cookies (pack of 2)

\*All teas contain caffeine. Style of infuser and spoon may vary.

**Looking for a creative way to celebrate someone special? Support our partner, No-Guilt Yard Cards! New this holiday season: Jingling!**



If you had fun with the Halloween BOOing & Thanksgiving Gobbles, then you'll love this Bevy of Bells for the holidays! Now booking "You've Been Jingled" packages for display December 1-31. Since we are not going to be getting together in our usual ways, consider ringing your friends & family with this group of jingle bells for the day. It's almost like "going Gnome" for the holidays with these cute little guys!

- A Jingle is a Yard Card Rental we will set up for a day at the recipient's home.
- Purchase a Jingle to surprise your own family or another family in town. Jingle your bestie, your grandparents, your teachers, co-workers, or your coach!
- There are limited Bells to be delivered by our Gnomes, so order now to start the fun.
- When families receive a Jingle, there will be a note explaining the Jingle and inviting them to Pass It On!
- The Jingle is No Contact and a COVID-friendly, completely easy way to celebrate the thankful season.
- Jingles will be a standard greeting, no personalization will be allowed for ease of placement.
- Jingles will be set up by 8 am & broken down the same night.
- Jingle bookings will be limited to Burke, Springfield, Fairfax Station, and West Springfield addresses.
- A Jingle Booking will cost \$35 and can include a small gift of candy and a door hanger of Jingle Bells (while supplies last). Please let us know on the order form if you'd like them included.
- **ORDER YOUR JINGLE!**

In addition to Jingles, you can purchase yard signs for any occasion from No-Guilt Yard Cards!

No-Guilt Yard Signs is an LBSS Community Partner

Celebrate someone special with a yard sign!

no-guilt Yard Cards

PTSA every child deserves!

Mention that you are part of the LBSS Community and No-Guilt Yard Signs will donate \$10 of your payment back to the LBSS PTSA!

[www.noguiltyardcards.com](http://www.noguiltyardcards.com)

For more information, visit: [No-Guilt Yard Cards](#)  
*No-Guilt Yard Cards is owned and operated by a  
LBSS Family!*

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## Ready to plan your vacation? Support our partner, No-Guilt Travel!



Look no further than  
No-Guilt Travel! They can help you with all of your  
travel needs! Start planning your vacation now.  
Contact them [now](#) !

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## In the mood for Pho? Support our partner, Pho Saigon 75!



Please visit Pho Saigon 75's [website!](#)

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## In the mood for Sushi or Ramen? Support our partner, Waraku!



Please visit Waraku's [website!](#)

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## Interested in learning Cardio Kickboxing or Tae Kwon Do?



All LBSS community members will receive one month

of free classes for the following programs,  
with 50% of all future registration fees to be donated to  
LBSS PTSA!

Tiny Tigers (ages 3-5)

Beginner Tae Kwon Do (ages 6 and up)

Cardio Kickboxing (teens and adults)

For more information about the above programs,  
please visit: [World Karate Programs](#).

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## First Monday of Every Month Subway Spirit Nights

In addition to our annual partners, we are pleased to announce that [Subway in Kings Park](#) will be hosting Spirit Nights on the first Monday of each month from 5 - 9 pm, for the remainder of the school year. Make sure to mention you are part of the LBSS Community when you order and they will donate a percentage of your payment back to the LBSS PTSA!



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## Jersey Mike's Gives Back All Day Every Wednesday and Thursday in December



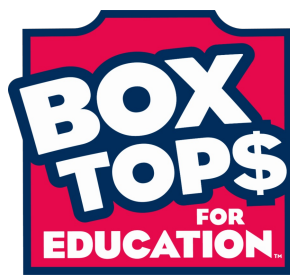
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We are continuing to welcome more local  
businesses into our program. Contact [Alice Chu](#) with questions or to become a Partner!

## Box Top\$ For Education

### Box Top\$ for Education

No more clipping. No more sending Box Tops to school. All you need is your phone. Download the new Box Tops App and choose Lake Braddock! Shop as you normally would, the scan your store receipts to find participating products. The app will automatically credit LBSS PTSA Box Tops earnings online! [Sign up now!](#)



## Coca-Cola Gives Back!

### Coca-Cola Gives Back to LBSS

So... how does it work?

1. Go to [Coke.com/give](http://Coke.com/give)
2. Sign in and choose Lake Braddock SS
3. Scan or enter product codes from participating Coca-Cola products.

Every purchase of your favorite Coca-Cola products is an opportunity to give back to Lake Braddock SS!

A graphic for the Coca-Cola Give program. It features the Coca-Cola logo and a "Coca-Cola GIVE" banner. Below the banner are several bottles of Coca-Cola products, including Dasani water, Powerade, and Honest Tea.

We are excited to share that our school is part of the Coca-Cola Give program. This opens up Lake Braddock SS to new funding opportunities to help with special projects and student recognition. The best part?

Donations don't come out of your own pocket. When you make Coca-Cola purchases, you simply enter the product codes [here](#) and our school receives a donation. We currently have **\$31.90** for this quarter. Thank you to all who contributed over the past week by entering their codes.

This works similar to the Boxtops program where you enter codes for things you are already purchasing. Brands like Dasani water, Powerade, and Honest Tea may be some of the brands you didn't realize are part of this program. We are not suggesting that you buy anything you're not already buying - just that you take the time to look for the codes and enter them if you have them.

Help LBSS make the most of this program!

## CLASS OF 2021 Initiatives

### Stay up to Date on Senior Events

Check [the LBSS Senior Page](#) often!

### Senior Yard Signs

Order your **Class of 2021** Lake Braddock [Yard Sign](#)! Signs are 24 x 24 and look like the image below. We have a limited number of signs still available so if you want one, please order now. Don't miss out!!



## **Celebrating Seniors Planning Committee**

A committee has been formed to celebrate our seniors throughout the year. The committee co-chairs are Julie Shedd and Jeanne Weidinger.

Interested in learning more? Contact [Julie Shedd](#)

## **Senior Yearbook Ads Due December 5th!!**

Help your senior remember the good times. Create a senior ad to be published in the 2021 yearbook! We've lowered the prices considerably this year, so take advantage of this offer!

Go to

[www.yearbookordercenter.com](http://www.yearbookordercenter.com) and use school code 5061 to get started. Email [Mrs. Poquis](#) if you have questions or need assistance.

### **Library Online Book Sale**

## **Library Online Bookstore Opens December 7th**

The LBSS Library is hosting an online bookstore through Bookworm Central that will continue throughout the entire school year. Students and teachers can purchase books and have them delivered to their house. Purchases over \$30 will be delivered for free. Stock up for the holidays and support the library.

Here is the [link](#) to the LBSS Library Bookstore. You can also access the Bookstore from Lake Braddock SS website by clicking the Library tab.

Contact the [LBSS Library](#) with any questions.

Please enjoy this promotional [video](#)!

### **Peer Tutoring**

## **Free Peer Tutoring**





# SCHOOL SPIRIT TASTES GREAT



Make dinner a selfless act by joining us for a fundraiser to support Lake Braddock Secondary School Class Of 2023. Come in to the Chipotle at **6230 Rolling Rd** in West Springfield on **Saturday, December 5th** between **4:00pm** and **8:00pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to Lake Braddock Secondary School Class Of 2023.

## NEW! ORDER ONLINE FOR PICKUP

Use code XW86ZXF before checkout in 'promo' field. Orders placed on Chipotle.com or through the Chipotle app for pickup using this unique code will be counted towards the fundraiser.



All online orders must be placed for pickup at the same time/location of the fundraiser. Delivery cannot be counted at this time. Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count. \$50 minimum event sales required to receive any donation.

Join us for a fundraiser to support Lake Braddock Secondary School Class Of 2023. Come in to the Chipotle at 6230 Rolling Rd in West Springfield on Saturday, December 5th between 4 pm and 8 pm. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to Lake Braddock Secondary School Class Of 2023.

## NEW! ORDER ONLINE FOR PICKUP

Use code XW86ZXF in 'promo' field before checkout. Orders placed online or through the Chipotle app for pickup using this unique code will be counted.

Remember, delivery orders or orders placed at a different time/location than the scheduled fundraiser will not count.

## WINTER SPORTS TRYOUTS

### Winter Sports Tryouts (Including Tryout Card Pickup)

#### Basketball

Tryouts begin on Monday, December 7th  
Tryout Card Pickup: December 2, 3, and 4  
3:30 - 5:30 pm  
Inside Door 14

#### All Other Winter Sports

(Girls Dance, Girls Gymnastics, Co-Ed Rifle, Boys/Girls Swim and Dive, Boys/Girls Indoor Track, Wrestling)

Tryouts begin on Monday, December 14th  
Tryout Card Pickup: December 9, 10, 11  
3:30 - 5:30 pm  
Inside Door 14

*It is requested that one parent accompany their child in case there is something missing (paperwork, signatures, commitment form, etc.)*

Please contact the Activities Office with any questions!

## LB Football Fundraiser - VIP Bonus Rewards Card

### LB Football Fundraiser VIP Bonus Rewards Card

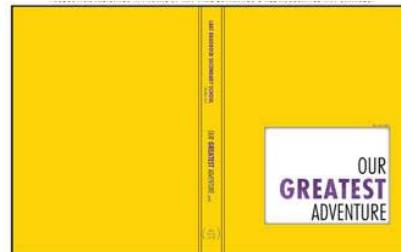
Your \$25 donation to the Lake Braddock Football team will get you twelve months of discounts at hundreds of local and national eating, shopping, entertainment and travel establishments!



You can reach out to any of the Lake Braddock football players or coaches for details. [Click here to support this Lake Braddock Football fundraiser to purchase your VIP Bonus Rewards Card!](#)

## ORDER YOUR YEARBOOK TODAY!

### High School Yearbook Order in 2020 and get the discounted rate of \$65!



The 2021 high school yearbook (grades 9-12) is currently available for purchase. You can [order here](#) and use school code 5061. The discounted price of \$65 is only available until the end of 2020, so don't wait! Yearbooks make great gifts! Do you have photos you want to share for the yearbook? [Click here!](#)

### Middle School Yearbook \$35

Note: the Middle School has a separate yearbook for grades 7 - 8. Their code is 13596. To share photos for the LBMS yearbook, [click here!](#)

## UNDERCLASSMEN PHOTOS - FINAL CHANCE!

### HS Underclassmen Photos

High School student portraits are now available

to view and order online (orders placed online will ship home) at [vosphoto.com/lakebraddockHS](http://vosphoto.com/lakebraddockHS) . Use your student's FCPS ID as the online code. Questions or concerns can be directed to [underclass@vosphoto.com](mailto:underclass@vosphoto.com).

Portrait retake day for high schoolers is scheduled on December 2, 3 and 7. Please note the following requirements for retakes:

Any student who was absent for the original photo session.

Any new enrollment or transfer student since the original photo session.

Any student who was dissatisfied with their original portrait package. Please be prepared to hand the old package to the photography staff. Students must return their old package to the photographer in order to receive a new package.

Please communicate this information to students.

Any student who did not purchase on the original session is welcome to purchase at this time.

Any student who did NOT receive an ID card at the original session.

Any student who has incorrect/missing data on their ID card from the original session.

Please use the following link to sign up for a time:

<http://pickatime.com/vos/lakebraddockhsmu>

## **Middle School Photos**

Middle School student portraits are now available to view and order online (orders placed online will ship home) at [vosphoto.com/lakebraddockMS](http://vosphoto.com/lakebraddockMS) . Use your student's FCPS ID as the online code. Questions or concerns regarding Middle School portraits can be directed to [underclass@vosphoto.com](mailto:underclass@vosphoto.com).

Portrait retake day for 7th and 8th grade only is scheduled on December 2, 3 and 7. Please note the following requirements for retakes:

Any student who was absent for the original photo session.

Any new enrollment or transfer student since the original photo session.

Any student who was dissatisfied with their original portrait package. Please be prepared to hand the old package to the photography staff. Students must return their old package to the photographer in order to receive a new package.

Please communicate this information to students.

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Any student who did NOT receive an ID card at the original session.

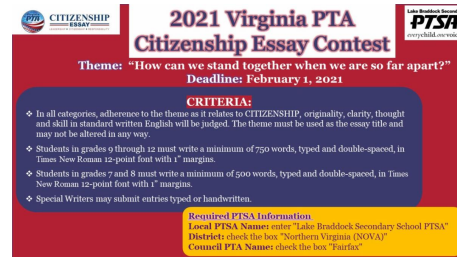
Any student who has incorrect/missing data on their ID card from the original session.

Please use the following link to sign up for a time:

<http://pickatime.com/vos/lakebraddockmsmu>

## 2021 Virginia PTA Citizenship Essay Contest

### 2021 Virginia PTA Citizenship Essay Contest Deadline: February 1, 2021



Every year, the Virginia PTA promotes a sense of citizenship and responsibility by sponsoring an essay contest. This year's theme will be, "How can we stand together when we are so far apart?"

Deadline is February 1, 2021 Essays will be sent to the districts for local competition and then the first place recipients will be submitted to VA PTA by March 1, 2021 for state competition.

Who can enter?

All Virginia students in grades K-12 presently enrolled in schools with active PTA/PTSAs in good standing may enter.

A non-graded Special Writer Division is available and limited to students whose physical, cognitive, or mental health challenges meet ADA guidelines. Qualifying students entering this division create their own essay but may receive non-artistic accommodation and assistance from an adult.

To apply, [click here!](#)

**LBSS - JOIN THE PTSA**

**Join Our PTSA Today!**

# PTSA FOR YOUR TEEN

National  
**PTA**  
everychild.onevoice.®

Lake Braddock Secondary  
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We appreciate everyone who has already joined our PTSA this year! If you haven't joined yet, parents, students, teachers, staff, administrators and community members can [click here](#) to join the LBSS PTSA today!

Contact [Melissa McCarthy](#) with any questions.

## LBSS PTSA COMMUNICATIONS

### How to Stay in Touch!


To stay current on all that we are doing, bookmark our website, [www.lbssptsa.org](http://www.lbssptsa.org) and visit frequently!

We have a social media presence on

Follow us on 



to join our private PTSA Facebook Group.

 Like us on Facebook

to follow our public Facebook Page.

To contact our PTSA Board Members and Committee Chairs [click here!](#)

Our eNews is distributed on Mondays throughout the school year. We tried to highlight the things we felt were most important that you may not have seen elsewhere. We strongly encourage you to read the weekly "News You Choose" that the school sends out on Fridays to stay current on other LBSS news!

Have any eNews you would like published?  
Please contact: [Andrea Edelstein](#)  
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