



## North Shore School for Seniors Fall Classes

Mondays & Tuesdays, September 19, 2022 – November 8, 2022

Term 1 Dates:	Term 2 Dates:
Mondays, Sept 19 – Oct 10	Mondays, Oct 17 – Nov 7
Tuesdays, Sept 20 – Oct 11	Tuesdays, Oct 18 – Nov 8

### *Arts, Crafts and Skills*

#### **Acrylic Painting Studio** – Wendy Sostock

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	12:00 – 1:50	\$40.00
Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	12:00 – 1:50	\$40.00

Bring your acrylic or watercolor supplies and join us. We offer suggestions and encouragement in a friendly and fun environment, and we will help you start the painting or get it finished! Sign up for Term 1 or Term 2 or both.

#### **Apple iPhone Basics** – Andrew Brin

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	11:00 – 12:30	\$40.00
Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	11:00 – 12:30	\$40.00

Bring your iPhone to practice what you learn. Sign up for Term 1 or Term 2 or both.

#### **Knitting for Beginners** – Mary Wood

Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	2:00 – 3:00	\$40.00
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Learn to knit and purl while making a simple cowl or scarf with DK or worsted weight yarn. Also designed for those wishing to refresh basic skills. Bring your own yarn and matching-size needles.

### *Finding Memories*

#### **Genealogy, Basic Steps to Discover Your Family Tree** – James P. Young

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	10:00 – 10:50	\$40.00
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In this introduction to genealogy, we will cover basic genealogical principles, terminology, best practices to follow in searching records, tips to overcome challenges and software options to organize and build your family tree.

### **Memoir Writing** – Gail Thomas

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	11:00 – 12:30	\$40.00
Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	11:00 – 12:30	\$40.00

Everyone has their own life story. We will read about, discuss and share yours and others' memories that eventually can be molded into individual memoirs. Emphasis will be on using sensory images to tell your personal story. Sign up for Term 1 or Term 2 or both.

### **What Stories I Could Tell** – Joel Kriofske and Tad Kriofske Mainella

Term 2 on 2 Tuesdays:	Oct 25 – Nov 1	9:30 – 10:50	\$20.00
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Joel and son-in-law, Tad, will encourage you to consider personalities in your life, write down stories, or gather family histories for your children, grandchildren or other younger relatives. Also, we will cover how to encourage younger family members to ask relevant questions.

## ***Health and Wellness***

### **At Our Age? Sexuality for Older Adults** – Alie Kriofske Mainella

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	9:00 – 9:50	\$40.00
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Talking about sex and sexuality can be difficult and embarrassing. Yet sexuality is an important part of our human experience. This class on sexual health for older adults will include group discussions on the ways in which our upbringing influences our sex lives, sexual pleasure, accessibility, and sex with changing bodies. The aim of the class will be to put you at ease, and you might even have fun!

### **Enneagram** – Diana Otterbacher

Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	2:00 – 3:00	\$40.00
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"I have four kids and they are all different." – a parent. The ENNEAGRAM explains the 9 basic personalities around the world and around your dinner table. Enneagram (pronounced ANY-uh-gram) is a logical system of understanding yourself and those around you.

### **Fall Risk Prevention for Seniors** – Shawn McComb

Term 2 on 1 Tuesday:	Oct 25	10:00 – 11:50	\$10.00
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The goal of this session is to help Seniors reduce their risk of taking falls. Participants will learn a wide range of tips and risk factors using content from the National Council on Aging, the Milwaukee Fall Prevention Coalition, and nationally recognized organizations.

**Relax – Breathe – Meditate – Connie Popp**

Term 1 on 4 Mondays:	Sept 19 – Oct 10	12:00 – 1:00	\$40.00
Term 2 on 4 Mondays:	Oct 17 – Nov 7	12:00 – 1:00	\$40.00

These sessions provide students with relaxation techniques and exercises to help cope with stress, anger and sleep issues. Sign up for Term 1 or Term 2 or both.

**Tai Chi – Janae Kakulis**

Term 1 on 4 Mondays:	Sept 19 – Oct 10	11:00 – 12:00	\$40.00
Term 2 on 4 Mondays:	Oct 17 – Nov 7	11:00 – 12:00	\$40.00

This class will help you reduce stress and improve your balance and health by learning the ancient art of Tai Chi. We use the traditional Tai Chi forms as well as adaptations like Tai Chi for Health to provide participants with an opportunity to relax, recover and refocus their energy for a better life. Sign up for Term 1 or Term 2 or both.

**Gentle, Chair Yoga – Kari Foote**

Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	1:00 – 2:00	\$40.00
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Lift yourself up on Tuesday afternoons with a gentle chair yoga class. All experience levels are welcome. Mobility will include sitting and standing poses with the assist of a chair. The gentle movement and breath-work will allow for the release of tension in your mind and body, as you take a break in the middle of your day.

**Zumba Gold – Mimi Oxman**

Term 1 on 3 Mondays:	9/19, 9/26, 10/10	10:00 – 10:50	\$30.00
Term 2 on 4 Mondays:	Oct 17 – Nov 7	10:00 – 10:50	\$40.00

ZUMBA is a “feel-good,” fun and easy way to get some exercise and dance at the same time. The “steps” are simple, and the class is aimed at “older adults.” You can do Zumba sitting or standing. Come and have fun!

***History and Politics***

## **Buttons, Banners and Politics** – Roger Stafford

Term 1 on 2 Tuesdays:	Sept 20 – Sept 27	1:00 – 2:00	\$20.00
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Roger Stafford, a retired journalist and collector of political items, will lead this class on the history of campaign materials, run a quiz on “Sex Scandals and the Presidency” and hand out buttons of your choice upon “graduation.”

## **How the Iroquois Helped Create the U.S. Constitution** – Richard Gonzalez

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	11:00 – 12:30	\$40.00
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Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	11:00 – 12:30	\$40.00
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The Iroquois developed concepts of political consensus building participatory democracy, distribution of wealth and the development of a “strong mind”. Why did George Washington and Ben Franklin meet with the presenter’s Iroquois relatives? Why were these concepts incorporated into the U.S. Constitution? Why is there a life-size sculpture of the presenter’s 10th grandfather and George Washington in Washington D.C.? Come and find out!

## **RAND, Dr. Strangelove and Saving the World** – Christopher Hanks

Term 1 on 2 Tuesdays:	Sept 20 – 27	10:00 – 10:50	\$20.00
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What do “Think Tanks” (like RAND) do? Why do they exist? How do they work? Are they helping our world? Based on his experience as a “think tanker” at RAND, the instructor offers stories, experiences and “official facts.” (Think Stanley Kubrick’s film, “Dr. Strangelove.”)

## ***History and Politics and China***

### **Cixi – China’s Dowager Empress** – Rick Rocamora

Term 2 on 1 Tuesday:	Oct 11	2:00 – 3:00	\$10.00
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In 2013, the famous author Jung Chang published the book “Empress Dowager Cixi,” telling the story of the most important woman in Chinese history. Rick, who lived in Shanghai for 10 years, will discuss this book and 19<sup>th</sup> century China. Reading the book is not a requirement for this class.

### **Taiwan and China** – Rick Rocamora

Term 2 on 1 Tuesday:	Oct 18	2:00 – 3:00	\$10.00
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The tensions and conflict between Taiwan and China will be explored in this class. The People’s Republic of China’s (PRC) intention to reunify with Taiwan as a source of potential conflict with the U.S will also be explained.

### *Local Interest*

#### **Frank Lloyd Wright’s Forgotten House – Nick Hayes**

Term 1 on 2 Tuesdays:	Sept 20 – 27	11:00 – 11:50	\$20.00
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While researching their home’s history, Nick and his wife, Angela, uncovered an untold story. Their tiny 104-year-old Shorewood home is the site of a monumental fiasco that caused Frank Lloyd Wright to pause to rethink democratic architecture altogether. Nick will focus on his home’s place in Wright’s career and within the American System-Built Homes program, as well as the local drama, the cover-ups and the consequences.

#### **Lake Park and Olmsted’s Legacy – Anne Hamilton**

Term 1 on 1 Tuesday:	Oct 11	10:00 – 11:30	\$10.00
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As we celebrate Frederick Law Olmsted’s 200th birthday, this class considers his very positive legacy in Milwaukee.

#### **Milwaukee Art Museum – What’s New and On View**

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	1:00 – 1:50	\$40.00
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Term 2 on 4 Tuesdays:	Oct 18 – Nov 8	1:00 – 1:50	\$40.00
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Docents from MAM will show highlights from galleries you may not have seen before. Learn about new acquisitions and old favorites and preview upcoming exhibitions. Docent Suzie Hanks will introduce each presenter and topic. Sign up for Term 1 or Term 2 or both.

Presenters:	Topics/Titles	Date Scheduled
Ray Kehm	Mini Highlights Tour of Paintings and Sculptures at MAM	20-Sep
Mary Middleton	On-Site: Derrick Adams: Our Time Together	27-Sep
Gary Kampe	The Art of John Wilde and Other Wisconsin Artists	4-Oct
Peetie Basson	Friends and Lovers: How Proximity Leads to Progress, Kandinsky, Münter, Jawlensky, Werefkin	11-Oct

Bill Boles	Folk and Self Taught Art	18-Oct
Meta Zobec-Novak	Understanding Modern and Conceptual Art	25-Oct
Jee-Won Schally	Haitian Gallery	1-Nov
Peter Larson	Benjamin West's 'General Monck Receiving Charles II on the Beaches of Dover'	8-Nov

## ***Sports and Entertainment***

### **Baseball & Football & Beer, Oh My! – Greg Jenks**

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	10:00 – 10:50	\$40.00
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Sept 20 – History of Baseball in Milwaukee. Starting 150 years ago, we will focus on the first teams in our city, up to the arrival of the Brewers in 1970.

Sept 29 – Origins and Evolution of American Football. How the game has evolved over the last 150 years, and the critical philosophical changes and rule modifications that led it to become the beloved institution that it is today.

Oct 4 – Wild World of Sports: Mavericks, Pioneers & Trail Blazers. Learn about amazing athletes and sports figures, including some who you may never have heard of.

Oct 11 – Linking Sports with the History and Evolution of Brewing. Explore the origin of beer and how it is linked to world history, as well as football and baseball.

### **Famous Dancers: Astaire, Rogers and Gene and Lots of Dancers In-Between – Nancy Weiss McQuide**

Term 2 on 3 Tuesdays:	10/18, 11/1, 11/8	10:30 – 11:50	\$30.00
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Oct 18 – Dances Through the Decade. Discover the cultural history of famous dances such as the waltz, polka, Charleston, jitterbug, disco and others in their lively presentation, which includes videos of the dances in their eras. History and fun combined!

Nov. 1 – Mavericks of American Dance. Martha Graham (modern dance), Jerome Robbins (theater and ballet), Alvin Ailey (African American dance) and others are featured in this visual and narrative program about artists who forged new paths in American dance.

Nov 8 – Fred Astaire, Ginger Rogers and Gene Kelly – Their Stories. Get a behind-the-scenes look at the lives of these iconic dancers/actors through videos, photos and narration from their vaudeville beginnings and beyond. Their amazing life stories will be told!

### **Sixties and Seventies Pop Music – Greg Jenks**

Term 2 on 3 Tuesdays:	Oct 25 – Nov 8	10:00 – 10:50	\$30.00
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Oct 25 – The Beatles’ appearance on The Ed Sullivan Show forever altered the trajectory of popular music and opened the door for a battalion of musicians from across the Atlantic who quickly overran the Billboard charts. We will review the music history of the U.S. and the U.K. before, and after, the Fab Four’s arrival.

Nov 1 – We will play the songs and discuss the artists that filled the airwaves from 1964–1966.

Nov 8 – “The “One Hit Wonders of the 1970s” are the songs that we all know by heart, though we would be hard-pressed to name the artist that recorded it. We’ll reminisce and discuss some lesser-known details about many of these classic songs and the musicians that took them to the top of the charts. Oh yeah . . . we’ll be listening to a lot of music too!

## ***What’s Next?***

### **De-cluttering – Melissa Meier**

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	9:00 – 9:50	\$40.00
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Decluttering and downsizing can be daunting but is achievable when you approach it with confidence. Learn why you should declutter, delve into the “why” it’s hard to let go of certain items, know how to start, and walk away with tools to help.

### **Final Care: Having a Frank Talk with Your Adult Children –Phyllis Brostoff**

Term 1 on 1 Tuesday:	Oct 4	1:30 – 3:00	\$10.00
Term 2 on 1 Tuesday:	Oct 18	1:30 – 3:00	\$10.00

This class will explore an approach to having a frank, straightforward discussion with your adult children about your current health, concerns/issues about your health that may arise, access to your medical records, your health care directives, what happens to your personal property and your current and future financial situation. Come to one class or both.

### **Forgiveness: A Gift You Give Yourself – Pat Wisialowski**

Term 1 on 1 Tuesday:	Sept 20	10:00 – 10:50	\$10.00
Term 2 on 1 Tuesday:	Oct 18	10:00 – 10:50	\$10.00

Let’s help each other let go of old hurts, heal and move on to be our best self. Come to one class or both.

### **Selling Your Home: Preparing Yourself and Your Home For Sale – Mary Liner**

Term 1 on 4 Tuesdays:	Sept 20 – Oct 11	1:00 – 1:50	\$40.00
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Learn some of the secrets to make your home sell for top dollar in any market. We'll talk about how to get started, marketing tips to show your house in the best light, how to find a realtor and finding a new living space.

### **Senior Laws and Wills: Planning for the Big Change** – Sue Bronson

Term 1 on 1 Tuesday:	Oct 4	10:00 – 11:30	\$10.00
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Learn what decisions you need to make for your family in case of serious illness or death. What can you do on your own, and when is an attorney recommended? What can help the tasks become easier when the time comes?

### **NSSS Teacher–Instructor Brief Bios**

Andrew Brin: Apple computer user for over 30 years. iPhone user from the first day it was released to the public. Apple and iPhone enthusiast.

Sue Bronson: A pioneer in mediation since 1983, Sue is a retired psychotherapist. She is an instructor of mediation courses at UWM and is the lead trainer for elder caring coordinators nationally and internationally.

Phyllis Brostoff: Phyllis is a mostly retired social worker who co-founded Stowell Associates, a care management/in-home caregiving agency to assist elderly people and disabled adults and their families, which was sold at the end of 2017. She is now a virtual care coach to families concerned about their elderly or disabled adults.

Kari Foote: RYT-200 Yoga Alliance certified yoga instructor with training in integrative yoga, gentle and restorative yoga, yoga for cancer, and diverse ability yoga. She has seen first-hand the benefit of mindful movement as a powerful way to increase mobility, strength, flexibility, and mindfulness while reducing stress.

Richard Gonzalez: Richard is a member of the Iroquois Confederation, Oneida Tribe of Wisconsin, and Turtle Clan. He is a seasoned and informed lecturer and consultant on the origin of Iroquoian thought influencing the U.S. Constitution as well as Indian Boarding Schools, as his mother and maternal grandparents were subjected to this travesty. He holds advanced degrees in education and administration.

Anne Hamilton: Anne taught political science for 20 years at UW-Whitewater, but she is now turning her attention to more local issues. She currently serves as president of Lake Park Friends and is coordinating the Olmsted 200 celebration.

Christopher Hanks: A 1968 Bowdoin College grad, he served 2 years in the Army, then earned a Ph.D. in math at Northwestern University in 1975. He taught 2 years at Millikin University before working 30 years at RAND and 2 other think tanks.

Suzie Hanks: Suzie Hanks grew up in Milwaukee. She has been a docent at the Milwaukee Art Museum for more than 10 years.

Nick Hayes: With wife, Angela, Nick cares for the Elizabeth Murphy House, an historic American System-Built Home designed by Frank Lloyd Wright and built in 1917-18. During the day, Nick is the Program Director at the Milwaukee Community Sailing Center and writes for Sailing Magazine.

Greg Jenks: Greg retired from Franklin Public Schools in 2017 after 32 years as a school psychologist and has reinvented himself as a home brewer, amateur actor/singer and presenter on historical topics including those of his greatest passions: music and sports.

Janae Kakulis: Janae has been teaching water aerobics for 5 years and practicing Tai Chi for 3 years. She was certified in Tai Chi a year ago, and enjoys teaching participants how to slow down in their lives.

Alie Kriofske Mainella: Alie is a certified rehabilitation counselor with training in sexual health education, particularly accessible sexual health and sexuality for people with a wide variety of ability, access needs and comfort levels around discussing sexual health.

Joel Kriofske: Multiple award winning free-lance writer, journalist and marketing communications professional. Experienced in public relations, advertising copywriting, newsletters publishing, editing, design, production and photography. He served as Executive Director of the Promotional Products Association of Wisconsin for many years.

Tad Kriofske Mainella: Life-long Wisconsinite with a deep interest in individual stories, education, and the shared condition of being human. Professional work as writer, interviewer, educator and more keeps me curious about how Americans cultivate and develop empathy for themselves and for each other.

Mary Liner: As a Realtor for over 30 years, Mary enjoys helping sellers get the most money for their home and advising them on what will work best for them as they move on to their next living space.

Shawn McComb: Shawn is the owner, and Executive Director of Right at Home, an in-home, non-medical provider of personal, companion, and respite care, and also transportation assistance. He is a member of the Milwaukee County Fall Prevention Coalition, a community outreach organization.

Melissa Meier: Melissa has her master's degree in Gerontology and serves as Executive Director of Eastside Senior Services (ESS), a neighborhood outreach program serving the east side of Milwaukee and Shorewood.

Diana Otterbacher: Diane is a retired United Methodist Pastor from Illinois, as well as former social worker, teacher, journalist, and elected official. Currently volunteering with many local organizations, she finds teaching the Enneagram helps people to know themselves and others better.

Mimi (Michele) Oxman: She is a former MPS teacher, curriculum supervisor, and assistant principal. Since retiring in 2001, Mimi has spent time doing what she loves, needlework and dancing. She started teaching Zumba in 2008, and (before COVID) was teaching three classes a week at Alexian Village, Shorewood Senior Center and Milwaukee Catholic Home.

Connie Popp: Connie has led meditation classes at Alverno College, and taught Peace Studies at UWM. As Campus Minister at both colleges, she facilitated numerous retreats and prayer services. Her educational background includes a Master's Degree in Pastoral Ministry and a Doctorate in Education.

Rick Rocamora: A Power Systems Engineer at Cooper Industries for 41 years, Rick lived in Shanghai for 10 years and set up Cooper Power System's business in China. Rick and his wife Joan studied Chinese history and culture while in China.

Wendy Sostock: Wendy Sostock is an accomplished acrylic's artist. She has been a leader in this class for 6 years. She gives gentle, positive, thoughtful advice and will help you start or finish your painting.

Roger Stafford: Roger has been interested in politics since shaking hands with President Truman in 1952. He spent 20 years as a newspaper reporter, editorial writer and columnist, a decade in financial services marketing, and 20 years as publisher of KEY Milwaukee Magazine. A 3-term president of the Milwaukee Press Club, he was elected to the club's Hall of Fame in 2005.

Gail Thomas: Gail has taught writing classes at NSSS for ten years. She also has taught various English, journalism and writing classes at the high school and college levels.

Nancy Weiss-McQuide: Nancy is a professional actor, choreographer, mime artist, dance teacher, writer, and speaker. She also has been a teaching artist for the Milwaukee Repertory Theater for 14 years, and a dance teacher at UWM for 15 years.

Pat Wisialowski: Pat has a Master of Arts degree in Pastoral Studies. She has served in church ministry for over 30 years and ministered as a Home Hospice Chaplain.

Mary Wood: Mary learned to knit as a teen many years ago, and renewed her interest as she neared retirement. She loves the relaxing and meditative aspect of knitting.

James P. Young: His career spans over 40 years including senior management positions in mortgage finance, logistics supply chain and consulting. James completed his undergraduate degree in finance with highest honors and has an MBA degree from UWM. For the past decade, the study of genealogy has been his go-to hobby.

## **Fall 2022—Registration, Procedures, and Office Hours**

**We welcome all interested seniors to our Fall classes – there is no age limit. We hold our classes on the second floor of the United Methodist Church of Whitefish Bay. Our office is room 210.** You will also find cookies and refreshments in the office so please stop in anytime that we are in session.

**Office hours:** The North Shore School for Seniors office room 210, is open on Mondays from 10:00 – 1:00 and Tuesdays from 8:30 am to 3 pm while school is in session.

**Phone contact:** You can call and leave a message, and we will make every effort to get back to you within a day or two. Our phone number is **414.292-0960**.

**You Can Register for the Fall 2022 Sessions. Use one of the methods below:**

**Preferred method: Website:** Check out our website [www.nss4s.org](http://www.nss4s.org), to view our Fall classes, and you can also now register and pay online as well! Use the "Registration" link on the first page of the website.

**By mail:** Print and mail the website registration form provided on the website [www.nss4s.org](http://www.nss4s.org), Be sure to include your check for the classes you wish to attend with your registration form.

-OR-

**Pickup and Drop-off:** Pick up a registration form or drop it off with a check at the United Methodist Church of Whitefish Bay, 819 E. Silver Spring Drive. *For in-person registration, we do not accept credit or debit cards.*

-OR-

**First day of classes:** If space is available, you may register on the first day of class in the school office, Room 210, on the second floor (where the classes are held). Call ahead to be sure classes are still available: 414-292-0960.

**Refunds:** No refunds are issued for missed classes. If classes are cancelled because of weather or Instructor's illness, we will attempt to make them up. Refunds are issued if you cancel before classes begin or if the class is cancelled due to low enrollment.

**Closures:** We will use the procedures of the Milwaukee Public Schools if classes must be cancelled because of weather conditions.

**Security:** We are required to have a security system to protect the Nursery School children who share the second floor. When you enter the second floor, if no one is present to open the door, please use the wall phone and call 310. Someone will come and open the door for you.

**Catalogs:** Catalogs are available in the United Methodist Church of Whitefish Bay office where you can also register. A catalog may be requested by calling the school office at 414.292.0960 between 9 am and 3 pm, Mondays or Tuesdays when school is in session. Otherwise, please leave a message with your mailing address. You can also access the catalog at our website [www.nss4s.org](http://www.nss4s.org).

**Parking:** Street parking is available. Please be sure to heed the parking signs. There is also a parking lot behind Winkies.

**Preferred method for registration and payment: Please use our website “Registration” link for online registration and payment. [www.nss4s.org](http://www.nss4s.org)**

**For In-Person or mail registration:**

Please return this form as soon as possible with your check made out to NSSS at the address below. Include all requested information. Class sizes are limited. Your enrollment will be confirmed by e-mail or canceled check.

PLEASE PRINT CLEARLY IN INK.

YOUR NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY + ZIP CODE: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_

When registering, please fill in the total cost of each class, below.

Class Title (Cost for one Term)	Terms	Indicate Term: 1,2 or Both	Total Cost
Acrylic Painting \$40	1 + 2		
Apple iPhone \$40	1 + 2		
Knitting \$40	2		
Genealogy \$40	1 + 2		
Memoir Writing \$40	1 + 2		
Stories I Could Tell \$20	2		
Sexuality \$40	1		
Enneagram \$40	2		
Preventing Falls \$10	2		
Relax – Meditate \$40	1 + 2		
Tai Chi \$40	1 + 2		
Chair Yoga \$40	2		
Zumba \$30/\$40	1 + 2		
Buttons, Politics \$20	1		
Iroquois and U.S. \$40	1 + 2		
RAND \$40	1		
China – Cixi \$10	1		
China and Taiwan \$10	2		
Frank Lloyd Wright \$20	1		
Lake Pk + Olmsted \$10	1		
Mke Art Museum \$40	1 + 2		
Baseball + Beer \$40	1		
Famous Dancers \$30	2		
Pop Music \$30	2		
De-cluttering \$40	1		
Final Care Talk \$10	1 + 2		
Forgiveness \$10	1 + 2		
Selling Home \$40	1		
Senior Law \$10	1		

Total Amount Due:
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**To pay by mail, please return this form with your check to North Shore School for Seniors at the address below:**

North Shore School for Seniors  
 UMC of Whitefish Bay  
 819 E. Silver Spring Drive  
 Whitefish Bay, WI 53217

PHONE: 414.292.0960

<p><b>Closings:</b>  <i>INCLEMENT WEATHER: We close whenever Milwaukee Public Schools close.</i>  <i>COVID: We will notify you by email if we have to close. Please do not come to class if you are feeling unwell. Masks may be required.</i></p>
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