



Hela Sarana Newsletter

This is a summary of all the projects completed and ongoing projects during the period 2019-2020

COVID-19 Relief Projects in Sri Lanka

May 2020

APSL UK and Hela Sarana (UK) made a donation of 200 x N95 masks to the District General Hospital in Chilaw



May 2020

APSL and Hela Sarana (UK) donated 200 KN 95 respirator masks to the Sri Lanka Police Hospital, Narahenpita, Colombo



May 2020

APSL and Hela Sarana (UK) donated 300 x KN 95 respirator masks to the National Institute of Infectious Diseases (NIID), Colombo





May 2020 - APSL UK and Hela Sarana (UK) donated 300 x KN 95 respirator masks to the Apeksha Cancer Hospital, Maharagama



May 2020 - APSL UK and Hela Sarana (UK) donated 300 KN 95 respirator masks to the Sri Lanka Navy General Hospital, Welisara

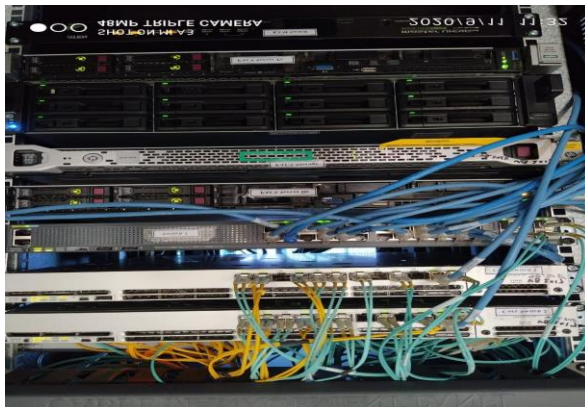
May 2020 - Dry ration distribution in collaboration with APSL (UK) to the families in Nagoda and Kandana.



Total value of Hela Sarana collaboration contributions to HS/APSL relief work - **£2400**

August 2020

Hela Sarana donated £2000 to Sri Lanka Leukaemia Foundation UK to purchase three Network Switches -24 port, for Apeksha cancer hospital.





July 2020

Hela Sarana donated dry rations to over 100 needy families in surrounding villages at Baddegama . These people were struggling due to the COVID-19 pandemic. Rev. Eardely Mendis who made the request can be seen handing out the goods

Donations from Hela Sarana was used to renovate a kitchen, to cook food for communities affected by recent floods

Total cost Rs 128,000

Hela Sarana Funded School Projects in Sri Lanka 2019 – 2020

School Projects - Florence De Silva Memorial Fund



1. SOS Herman G. School,
Piliyandala
Electrical installation of the
school
Rs 267,400

2. Batuwandara Junior School, Piliyandala
Repair works of entire electrical installation of the whole school
Value – Rs 238,800

3. Sivralumulla Primary School, Nedungamuwa. Gampaha
Donated one desk top computer including a screen and a laptop
computer with necessary software for both computers
Value- RS 174,000



4. Mampe Junior School, Piliyandala
Refurbishment of classrooms including water supply and drainage
system. **Value – Rs 439,520**



Other projects

1. Hela Sarana donated **Rs 600,000** to complete the centre for the mentally handicapped people at Kobbewela Temple Gampola. The money was raised by Imperial College London Sri Lankan Society



2. Completion of the Dhana Salawa roof at Kantale Mahaweli Viharaya, at a cost of **£4000**



3. Easter Sunday Disaster Relief fund - **£2500**
Money was donated to the fund set up by Cardinal Malcom Ranjith to help the victims of the Easter Sunday bomb blast

Our Ongoing Projects

Education Grant for academically able students from low income families: We support 110 students. The grant has been a great help to these students to achieve their goals and dreams in life. We have many success stories. Children stay in school to complete AL's. Some go to university. Others enter vocational training schools.

£5 - per School Child/month

£10 – per AL Student/month

£15– per University Student/month

The total cost of the project is £820/month

You can sponsor a student by setting up a monthly s/o or an yearly one off payment for the above amounts given for each child

Contact

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Please visit

<https://uk.virginmoneygiving.com/charities/helasarana>

A 'Big Thank You' to all our members who have supported us since this scholarship programme started in 2004.



During the peak of the COVID-19 pandemic when Sri Lanka was in total lock down, many people suffered as they lost their livelihoods. Specially the casual workers who depended on their day to day wages. We did not stop the grant although schools were closed. These families were struggling. Therefore we continued the grant which was a lifeline to them.



Hela Sarana Breakfast Programme for the Kidney Dialysis Patients

Over the last 8 years Hela Sarana has been providing breakfast packs and clean water to between 40-45 kidney dialysis patients, every day of the year (apart from Sundays when the dialysis machines are cleaned). Patients from the poorest regions of the North Central Province, travel long distances to get to Anuradhapura Base Hospital in the morning for dialysis. Vast majority of patients are malnourished. For the majority this breakfast provided is perhaps their only meal for the day. Breakfast programme has benefitted and greatly appreciated by every patient.

A 'Big Thank You' to all our generous donors who supported this meritorious act

It costs only £20 per day to provide breakfast and clean water up to 45 patients.

Please come forward and sponsor for one day's meal cost and help these patients.

Contact

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<https://uk.virginmoneygiving.com/charities/helasarana>



Hela Sarana UK registered charity now accepts donations online whether this is one off or on a monthly basis.

Please visit

<https://uk.virginmoneygiving.com/charities/helasarana>

September 2020

IDH Fundraising Event

Hela Sarana ExCo participated in a 10 day Marathon Walk from 01/09/20 to 10/09/20 to support Kandy Girls' High School OGA UK. This was to raise fund for the Infectious Diseases Hospital (IDH) Colombo, to repair the leaking roof of the ancillary staff accommodation. In total KGHS OGA UK and Hela Sarana raised over £6000. The work on the roof will be starting soon. The Sri Lankan army will be providing labour free of charge.

A big thank you to everybody who supported this worthy cause.

| HELASARANA 10 DAY WALKING MARATHON | |
|------------------------------------|----------|
| 1ST-10TH SEPTEMBER | |
| | Total KN |
| Iris Perera | 59.36 |
| Jeevani Jayawardena | 110.3 |
| Jayantha Perera | 75.5 |
| Shamalee Perera | 40.75 |
| Saman Perera | 41.77 |
| Mala Polpitiya | 75.63 |
| Wije Polpitiya | 75.63 |
| Jayantha Silva | 44.2 |



Hela Sarana Exco and supporting members walking for charity



The dilapidated roof. The staff patch it up to stop water leaking through



Thank you
from

Hela Sarana Ex Co and the
Youth Committee

<http://helasarana.org>

<https://www.facebook.com/helasarana>