



NOV 2023

# NEWSLETTER

## ANNUAL GENERAL MEETING, 2023

Dear Sponsors, Donors, Fund raisers and Well-wishers,

We held our AGM on Sunday the 5th of November on Zoom.

A big 'Thank You' to every guest who graced the occasion.

Even if you could not join, we are simply grateful for all your support, sponsorship over the years, for the unwavering backing and the continued encouragement, which has enabled us to extend our humanitarian and charitable endeavours to numerous remote communities and areas with greatest need.

## ELECTED COMMITTEE 2023-24

### **PRESIDENT**

MR. JAYANTHA SILVA

### **VICE PRESIDENT**

DR. SAMAN PERERA

### **SECRETARY**

DR. JAYANTHA PERERA

### **JOINT TREASURERS**

MR. METHSIRI WIJERATNA AND MR. FELIX DE ALWIS JAYASINGHE

### **GENERAL COMMITTEE**

MR. LESLIE DEP, MR. ASOKA BOLLEGALA, DR. PALITHA SERASINGHE, MRS. IRIE PERERA, DR. JEEVANEE JAYAWARDENA, MR. ARUNA PERERA, DR. KANTHI JAYAWARDANA, MR. RUWAN WIJERATNA, MISS. SAYURI SERASINGHE, MR. NEVOMAL FERNANDO.

### **COORDINATORS FOR SRI LANKA**

MR LAKSHMAN WIJESEKARA , MR PL CHANDRASIRI, MRS DEVAKI GOMEZ

**THE COMMITTEE AND THE COORDINATORS ARE ALL VOLUNTEERS**



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# OUR MAIN PORTFOLIO AND ONGOING PROJECTS



## STUDENT EDUCATION GRANT

2023 73 students in the programme  
24 OL students.  
14 AL students.  
11 university students.  
4 students primary education  
20 secondary education  
pre OL

University students  
Rs 5000/month  
AL students  
Rs 3000/month  
OL students and under  
Rs 2000/month

Total cost for 2022-23  
Rs 203,500/month (£515/month)

University students  
£15/month  
AL students  
£10/month  
OL students and under  
£5/month

## BREAKFAST PROGRAMME

Breakfast for the renal  
dialysis patients at  
Anuradhapura hospital

Started as a pilot project for  
1 year. This is the 11 th Year as  
this has benefitted the  
patients immensely

We need help with  
providing a breakfast pack  
and clean water to very  
needy sick 30+ dialysis  
patients every day of the  
year in 2024

Cost per day £20. Annual cost  
£10,000. Please help!



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## BREAKFAST PROGRAMME AT ANURADHAPURA TEACHING HOSPITAL BREAKFAST & CLEAN WATER FOR DIALYSIS PATIENTS



**IT COSTS JUST £20 /DAY  
JOINS US TODAY  
TO SPONSOR FOR A DAY**

**ANNUAL COST FOR 2024  
£10,000  
TO PROVIDE BREAKFAST &  
CLEAN WATER  
TO 30 + DIALYSIS  
PATIENTS**

**TO SPONSOR  
CONTACT  
JAYANTHA : 07753 882138  
LESLIE : 07446 385850  
PALITHA : 07903 072453**



## METHSEVANA SCHOOL FOR THE DIFFERENTLY ABLED SRI PRIYADARSHANRAMAYA, KOBBEWELA, GAMPOLA



- Disabled are often overlooked or forgotten by society
- Problem for parents / carers, Little provision for over 18
- Funds are limited and provision for this group is poor
- Methsevana is a place for Differently Abled Children to learn life skills
- Reading, Writing, Basic numeracy, Personal care, Music /Drama / Dance, Cooking , Cleaning, Gardening etc.



### RUNNING COST/MONTH

- 2 full time teachers Rs 49,000
  - Part time music teacher Rs 4,000
  - School bus Rs 25000
- Total Rs 78,000 (£195)**





## METHSEVANA SCHOOL FOR THE DIFFERENTLY ABLED SRI PRIYADARSHANRAMAYA, KOBBEWELA, GAMPOLA



Cost of running the school per month

2 full time teachers Rs 49,000

Part time music teacher Rs 4000

School bus Rs 25000

Total Rs 78,000 (£195)





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# MEDICAL RELIEF TO HOSPITALS

ESSENTIAL MEDICINE FOR ICU, CARDIAC & DIABETIC PATIENTS,  
AND URINARY CATHETERS  
TO NEGOMBO HOSPITAL

**COST £4800**

PERITONEAL DIALYSIS SOLUTION BAGS  
TO PERADENIYA, ANURADHAPURA AND BADULLA HOSPITALS

**COST £7500**

REAGENTS FOR CANCER DIAGNOSIS  
TO THE COLLEGE OF PATHOLOGY

**COST £2050**

CLINICAL DIAGNOSTIC EQUIPMENT FOR  
PEDIATRIC CARDIAC CARE TO LADY RIDGEWAY HOSPITAL

**COST £3710**

ESSENTIAL CANCER DRUGS  
TO APEKSHA CANCER HOSPITAL

**COST £1500**

DRUGS & MEDICINES  
FOR TELDENIYA BASE HOSPITAL

**COST £1550**

VITAL INJECTIONS  
TO BADULLA HOSPITAL

**COST £500**

DONATION TO YMBA MAHARAGAMA WELFARE & CARE PROVISION  
TO CANCER PATIENTS AND IMMEDIATE FAMILIES

**COST £500**

**OUR TOTAL MEDICAL AID EXPENDITURE FOR 2022 WAS MORE THAN £22,500**







# MEDICINES FOR LADY RIDGEWAY HOSPITAL



SUPPLY OF RESPIRATORY MEDICINE





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# SHIPMENT OF DONATED BAXTER PERITONIAL DIALYSIS SOLUTIONS TO SRI LANKA

£500 HANDED OVER TO SYLVIA FOUNDATION FOR THE FREIGHT CHARGES.

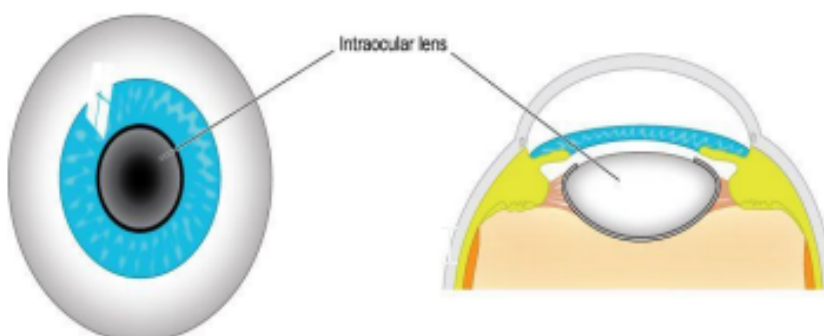
RAJAWELLE SOBITHA THERO FACILITATED THE DISTRIBUTION OF THE PERITONEAL DIALYSIS BAGS WITH THE HELP OF THE COLLEGE OF NEPHROLOGY.

THANK YOU SYLVIA FOUNDATION FOR FACILITATING THE ABOVE



**AIR CONDITIONERS TO  
HIGH DEPENDENCY UNIT  
COLOMBO NORTH  
TEACHING HOSPITAL  
RAGAMA**

## CATARACT SURGERY



**V & Eye Vision Center**  
No. 05, Hospital Road, Duhivala, Sri Lanka. Tel: +94 11 2721853, +94 11 2739094. Mobile: +94 77 7890600. vneyeyeclinics@gmail.com  
No. 49-52, Glen Aher Place, Colombo 03, Sri Lanka. (On Marina Drive) Tel: +94 11 7739590, +94 77 8255999. Mobile: +94 773 245900

**INVOICE** Date: 23/03/2023  
M/S: Helasarana charity

Qty.	DESCRIPTION	Rate	Rs	Cts
01	Optima IOL Hydrophobic	7800/-	7800/-	
			2198	
Total			7800/-	

Cheque to be written in favour of "V & Eye Vision Center"





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# METAL MEDICINE CUPBOARD TO PSYCHIATRIC UNIT – KANDY HOSPITAL



**TO PREVENT DAMAGE & LOSS OF MEDICINE & DRUGS FROM  
RODENT ATTACK**

## OTHER COMPLETED PROJECTS

MAHALLUPULLAMA VIDYALAYA (SUPPLY OF COMPUTER TABLES &  
CHAIRS)  
**£952.59**

MARADANMADUVA VIDYALAYA (REPAIR WORK FOR SCHOOL  
BUILDING)  
**£763.22**

CLIMATE CONTROL UNITS TO RAGAMA HOSPITAL  
**£1474.07**

APOSTOLIC SCHOOL (DIGITAL MEDIA EQUIPMENT)  
**£554.82**

CHILDREN'S DEVELOPMENT CENTRE FOR BOYS IN EHELEGAMA,  
GAMPAHA TILING THE FLOOR  
**RS 437,052 (£1092.63)**



# MARADANMADUWA VIDYALAYA CRITICAL BUILDING REPAIRS AND SCHOOL REFURBISHMENT PROJECT



TOTAL COST  
RS 330,000  
£ 763.22



# MAHA ILLUPPULAMA VIDYALAYA SUPPLY OF COMPUTERS, COMPUTER TABLES & CHAIRS





# DRY FOOD PROVISION TO 75 FAMILIES IN MILDENIYA - BANDARAGAMA ORGANISED THROUGH CINNAMON GROVE





# DRY FOOD PROVISION TO 75 FAMILIES IN GAMPOLA COORDINATED KOBBEWALA SUMANARATHANA THERO OF SRI PRIYADHARSHANARAMAYA, GAMPOLA



## CHILDREN'S DEVELOPMENT CENTRE FOR BOYS IN EHELEGAMA, GAMPAHA TILING THE FLOOR - COST RS 437,052



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# SUSTAINABLE COMMUNITY DEVELOPMENT PROJECTS

SOLAR VILLAGE PROJECTS  
HELASARANA COLLABORATED WITH APSL (ASSOCIATION OF PROFESSIONAL SRI LANKANS UK)



PROJECT INITIATOR PROF I M DHARMADASA SOLAR PANELS ARE SET UP IN VILLAGES AND ENERGY GENERATED IS SOLD TO THE GRID AND MONEY RAISED IS USED TO THE WELFARE OF THE VILLAGERS. KADURUWEWA , NOCHCHIYA , PULMUDE , PUTHIER , HELASARANA HAS BEEN INVOLVED WITH 3 SOLAR VILLAGES.

## THE IMPACT:

- SAVED A PRIMARY SCHOOL FROM CLOSURE
- IMPROVE PRIMARY SCHOOLS AND NURSERIES
- SCHOLARSHIPS TO STUDENTS
- ENHANCE INCOME BY SEEKING CLEAN DRINKING WATER
- BUILDING A NEW COMMUNITY HALL, LIBRARY AND A NEW SOLAR ROOF TO GENERATE MORE INCOME
- COMMUNITY PROJECTS SUCH AS BEE KEEPING, BRICK MAKING, TREE PLANTING, ORGANIC FARMING, MICRO CREDIT LOANS





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# ALEX AND ANIL'S SCORES FOR SCHOOLS 2023 GOLF TOURNAMENT

**RAISED £1445**

HOSTED BY



