

Teacher & Staff Favorite Things

NAME Ricque Pekara

MY BIRTHDAY (month/day) November 22

DRINKS

COLD BEVERAGE Diet Rootbeer ; Diet Dr. Pepper

TEA/COFFEE ORDER Sugar free vanilla latte w/ coconut milk

TREATS

SWEET TREAT Atkins Keto Caramel Almond Clusters

SALTY TREAT lightly salted nuts - almonds, cashews, pistachios

GUM none

RESTAURANTS

FAST FOOD Sabod n Go

SIT-DOWN Blue 32, Red Robin, Spinatos

OTHER

GIFT CARDS Amazon, Target, Ulta, Bath+Bodyworks

COLORS purple UberEats

SCENTS citrus

FLOWERS tulips & lilies

HOBBIES Reading



*DIETARY RESTRICTIONS limited sugar/carb intake