



Natures Harmony®

PRODUCT CATALOGUE

Solution from nature and science since 1936.



www.naturesharmony.com

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STOMACH & DIGESTIVE HEALTH

Selecting Blend of Natural, Plant-based Supplements to address specific digestive concerns and promote overall well-being.



STOMACH EASE

Acting as a gentle laxative to ease intestinal discomfort and bring safe relief from constipation.

ITEM#: 400484 / 400486
NPN: 80006732



HERBAL DIURETIC

Increase urine production, reduction of water retention, and promotion of urinary tract comfort.

ITEM#: 400340 / 400342
NPN: 80049484



PLANT ENZYMES

Efficient breakdown of carbohydrates, proteins, and fats, ensuring optimal nutrient utilization.

ITEM#: 400837
NPN: 80034053

SLEEP SOLUTIONS

Nature's Harmony® Sleep Tight™ Melatonin line was developed to address the common sleep issues brought on by today's stressful and fast-paced environment. This product line is designed to help relax the mind and support restful sleep.



1MG MELATONIN

Mild Sleep Issues

ITEM#: 400880
NPN: 80000738



2MG MELATONIN

Increase Sleep Time

ITEM#: 400885
NPN: 80006449



3MG MELATONIN

General Sleep Aid

ITEM#: 400870
NPN: 80000737



5MG MELATONIN

Stronger Support

ITEM#: 400105
NPN: 80002643



9MG MELATONIN

Maximum Strength

ITEM#: 400634
NPN: 80018720



3MG LIQUID MELATONIN

Quick Absorption

ITEM#: 400185
NPN: 80016996



PEACEFUL SLEEP

Natural plants help to promote sleep and relieve nervousness

ITEM#: 400131
NPN: 80034121

STRESS & MOOD MANAGEMENT

Nature's Harmony® Herbal Nerve may be used for periods of higher anxiety and nervousness. Provides a calming and sedative effect on the nervous system.



HERBAL NERVE

Provides a calming and sedative effect on the nervous system.

ITEM#: 400350
NPN: 02245157



5-HTP

Provides healthy sleep patterns, & overall proper nerve & brain function.

ITEM#: 400760
NPN: 80007051



MAGNESIUM BISGLYCINATE

Helps to manage muscle function and helps with energy metabolism.

ITEM#: 400151
NPN: 80025846



RELORA

Effectively reduces stress & stress-related symptoms by normalizing cortisol.

ITEM#: 400600
NPN: 80039502

DETOX & LIVER HEALTH

In today's fast-paced world, supporting your body's natural detoxification processes is essential for maintaining optimal health and well-being.



HM DTOX

Eliminates toxins, especially heavy metals. Promotes the production of glutathione

NPN: 80010791



LIV-TOX

Protects the liver and enhances bile excretion.

NPN: 80023723



MILK THISTLE EXTRACT FORMULA

Supports liver function and repair.

NPN: 80032414



DTX+

Supports detoxification systems and reduces oxidative stress.

NPN: 80038324

IMMUNE SUPPORT

Helps to maintain a strong immune system and overall health.



LIQUID B50

Helps to maintain the body's ability to metabolize nutrients. Helps in energy production and metabolism. Helps with immune function. calming and sedative effect on the nervous system.

ITEM#: 400688
NPN: 80094027



COLOSTRUM

Boosts the immune system, promotes gut health, and is packed with essential vitamins and minerals. It aids in tissue repair, muscle growth, and has anti-inflammatory properties that promote faster recovery

ITEM#: 400100
NPN: 80006044



NORWEGIAN COD LIVER OIL

A rich source of vitamins A and D, to help to maintain eyesight, skin, membranes and immune function.

ITEM#: 400172/400176
NPN: 80006731

BLOOD GLUCOSE MANAGEMENT

Helps to maintain normal blood glucose levels.



CHROMIUM PICOLINATE

Helps to maintain/support normal blood glucose levels. Provides support for healthy glucose metabolism.

ITEM#: 400894
NPN: 80016239



GR-PLEX

Provides support for healthy glucose metabolism. Helps the body to metabolize carbohydrates, fats and proteins. Helps normal growth and development.

ITEM#: 400925
NPN: 80013345

HERBAL HEALTHY & BEAUTY

Nature's Harmony® Treemenda® is a line of quality, naturally sourced Australian tea tree oil products manufactured in Canada. Tea Tree Oil is the essential oil steam distilled from the leaf of Australian plant *Melaleuca alternifolia*.



TEA TREE OIL
Healing the body

ITEM#: 725110
NPN: 02242689



TEA TREE SHAMPOO AND CONDITIONER
Cleanses and refreshes the hair while soothing scalp irritation, balances scalp oil production, and provides antimicrobial protection.

ITEM#: 725200/725211

