



Prince Rupert Optometry

Look Great. See Better.

Are you ready for your appointment?

Here is your checklist to ensure that you have arrived prepared for your Eye exam during COVID19

- ☐ You have your glasses, contact lens boxes, and medication list.
- ☐ You have completed COVID19 Screening. If not, please use the link below
 - ☐ <https://bc.thrive.health/covid19/en>
- ☐ Arrive alone (unless you require a guardian or caregiver)
- ☐ Arrive no earlier than 10 min before appointment time
- ☐ Washed your hands and used the bathroom before arrival
- ☐ Wearing your face mask (recommended)
- ☐ Ready for staff instruction for physical distancing in store

For our extensive COVID19 Phase 2 clinic policies, please visit our website at www.ruperteyes.ca

We appreciate your patience and cooperation during this unprecedented transition to the “new norm”

If you have any further questions regarding the appointment process, feel free to email us at www.ruperteyes.ca

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