



Sterilising Policy & Procedure

- All feeding utensils (scoops, tongs, and bottles) must be sterilised for all children under one year old.
- Staff must consult with parents / carers when the child turns one to ensure they are happy for the nursery to stop sterilising. A child may have a health condition/ or other reason why sterilising must continue.
- The steriliser should have cold water added to cover the base before each use.
- Before sterilising bottles, they should be emptied and taken apart and washed thoroughly in hot soapy water with a bottle brush.
- Rinse all pieces in clean, cold running water.
- All pieces should then be placed in the steriliser and the lid placed on, ensuring it fits correctly.
- It should then be put in the microwave for the time allocated following manufacturer's instructions.
- Once finished the steriliser should be left for at least 6 minutes or until the bottle(s) are required.
- The work top should be cleaned with antibacterial spray and dried with white paper roll before a clean tea towel is placed on it.
- Staff should wash their hands before removing the lid and taking the bottles out and tongs should be used to take the smaller parts out and placed on the tea towel.
- Bottles should be assembled straight away.
- Once dry the staff member should wash their hands attach the name label.